2019-Q2 (April - June) Radio Health Journal Quarterly Report - Compliancy Issues & Programs List:

KFMQ-FM Q2 2019

Program 19-17 Producers	Reed Pence, Polly Hansen
Air Week 04/28 - 05/04/2019 Studio ProductionJason Dickey	
Time Segment D	
SEGMENT 1: PENICILLIN ALLER 15:25	GY: NOT REALLY, MOST OF THE TIME
· -	ey are allergic to penicillin. However, most of them are wrong. open and what results when so many of us avoid the most effective
	Prof. of Medicine, Univ. of Texas Southwestern Medical Center; laryngologists, North Shore Ear, Nose and Throat Associates,
Compliancy issues covered: health care; e	economics; youth at risk
Links for more information: http://profiles.utsouthwestern.edu/profile/13 http://www.nsent.us/meet.html	3860/david-khan.html
SEGMENT 2: UNRAVELING THE	MYSTERY OF THE FLU 15:2
Synopsis: The flu's unique ability to mutate vaccines and treatment. It also has a deadly	MYSTERY OF THE FLU 15:2 e makes it one of the toughest diseases to solve, as it evades history, which prompts fears each flu season. A noted expert
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Program 19-23ProducerReed Pence, Polly Hansen, Annie KrallAir Week 06/09 - 06/15/2019Studio ProductionJason Dickey

Time Segment

SEGMENT 1: LONELINESS IN THE ELDERLY 16:57

Synopsis: Loneliness is increasing across all ages, but it's especially noteworthy among seniors, and it can dramatically affect health. An expert geriatrician who has studied the effects of loneliness and the leader of an organization that provides friendly visitors to the isolated elderly discuss causes of increasing loneliness, its impact, and the effectiveness of visitor programs.

Host: Reed Pence. **Guests:** Dr. Carla Perissinoto, Assoc. Chief for Clinical Programs in Geriatrics, Univ. of California, San Francisco; Janet Seckel-Cerrotti, Exec. Director, FriendshipWorks, Boston

Compliancy issues covered: health care; elderly and senior citizens; social isolation, volunteer organizations

Links for more information: https://profiles.ucsf.edu/carla.perissinotto http://www.fw4elders.org https://mahealthyagingcollaborative.org/member-spotlight-janet-seckel-cerrotti/

SEGMENT 2: WHY GOOD HEALTH CARE DOESN'T EQUAL GOOD HEALTH 14:51

Synopsis: Many Americans believe if they have good health care, they'll have good health. But many factors beyond medicine contribute to our level of health. A noted public health expert explains these factors, and why our own health is much more than an individual concern.

Host: Nancy Benson. **Guest:** Dr. Sandro Galea, Dean, Boston Univ. School of Public Health and author, *Well: What We Need to Talk About When We Talk About Health*

Compliancy issues covered: health care; public health; economics; individual rights

Links for more information: https://www.bu.edu/sph/profile/sandro-galea/ https://www.sandrogalea.org/about-meet Dur.

Program 19-24 Producer Air Week 06/16 - 06/22/2019 Reed Pence, Regan Huston Studio Production Jason Dickey

Time Segment

SEGMENT 1: LUNG CANCER AND ITS STIGMA

13:57

Synopsis: Most forms of cancer have a built-in constituency of patients, loved ones, and concerned others. Lung cancer patients, instead, are often blamed for their own disease because of its frequent connection with smoking. Patients are often isolated, and research dollars lag behind other, less common cancer killers.

Host: Reed Pence. **Guests:** Donna Fernandez, lung cancer patient; Carly Ornstein, National Director of Lung Cancer Education, American Lung Assn.

Compliancy issues covered: health care; public health; discrimination

Links for more information: http://www.curetoday.com/articles/the-american-lung-association-seeks-to-end-stigma http://www.lung.org

SEGMENT 2: TASTY FOOD VS. HEALTHY FOOD: FINDING A BALANCE 15:59

Synopsis: Many Americans believe that healthy food doesn't taste good, and tasty food isn't healthy. A chef who is also a cardiologist discusses how to find a balance by seeking out healthy ingredients rather than whole categories of foods.

Host: Nancy Benson. **Guest:** Dr. Michael Fenster, Prof. of Health Professions and Biomedical Sciences, Univ. of Montana and author, *Food Shaman: The Art of Quantum Food*

Compliancy issues covered: health care; public health; consumerism

Links for more information: https://chefdrmike.com/home-page-tvdesign/about/ Dur.