

## TELEVISION QUARTERLY ISSUES-PROGRAMS REPORT

Station: WFGX-TV  
Location: Fort Walton Beach, FL  
Quarter ending: March 31, 2015

ISSUE/description: 4. HEALTH and HEALTHCARE. Planning, costs, special needs of the elderly and Handicapped, indigent care, mental health, medical trends and breakthroughs.

### How Issue was treated (Program, PSA, etc.):

<u>Title</u>	<u>Date</u>	<u>Time/Duration</u>	<u>Program type</u>	<u>Description</u>
1. Channel 3 News at 9PM On WFGX	01/05/15	09:00PM/2 minutes	News	*

\* Adults should eat about 2 cups of fruits and up to 3 cups of vegetables each day. That's the recommendation from health experts. We often go for those fruits and veggies rich and deep in color. The winter months offer other produce options that may not be as flashy, but are still good for our health. We often hear, the more colorful your produce, the healthier. But winter whites - fruits and vegetable that are pale in color - are packed with healthy nutrients as well. Veggies such as white potatoes, cauliflower, turnips, onions, garlic and even parsnips - which look a lot like a white carrot, are highly nutritious. We interviewed Marisa Moore, a Registered Dietitian, about the benefits of winter whites.

2. Channel 3 News at 9PM On WFGX	01/08/15	09:00PM/2.5 minutes	News	**
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\*\* Superbugs are considered a threat to public health according to the Centers for Disease Control. Every year, 2 million Americans become sick from superbugs, and 23,000 die. A new medical breakthrough may now make it possible to get rid of certain drug resistant superbugs once and for all. Scientists have discovered a new antibiotic that can kill drug resistant superbugs including Tuberculosis and the staph bacteria, MRSA. In an article published in 'Nature', a science and medical journal, Microbiologist Kim Lewis of Northeastern University in Boston found one antibiotic called Teixobactin, and it's managed to kill superbugs like MRSA, Staph Infections and Tuberculosis. Pace pharmacist David Winkles says the new discovery is welcome news especially in Northwest Florida. "In this area, since hurricane Ivan, we've seen a large number of MRSA infections which is methicillin-resistant Staphylococcus". So far, research has shown no signs of bacteria developing resistance to the new powerful antibiotic. At this time, Teixobactin has only been tested in mice. If human tests prove successful, Teixobactin could be on the market in 2020.

3. Channel 3 News at 9PM On WFGX	01/21/15	09:00PM/2 minutes	News	***
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\*\*\* Autism is a life-changing diagnosis for a family, and more children than ever are being diagnosed with the condition. In 2014, the CDC said 1 in 68 children have Autism. A researcher from MIT predicts that 1 in 2 children could have Autism by the year 2025. Okaloosa County reporter Laura Hussey: "When the Emerald Coast Autism Center was founded in 2009, there were five students and five instructors. Now, six years later, there are seventy students and more than fifty teachers." The increase in students mirrors the growing rate of Autism diagnosis. The Emerald Coast Autism Center was co-founded by Heidi Blalock, who says many kids at the center are making progress with a method called "ABA Therapy". It uses positive reinforcement to change behavior, and requires a one-on-one student teacher ratio. Executive Director Staci Berryman says despite best intentions, giving the kids what they need in public schools is impossible.

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4. Channel 3 News at 9PM On WFGX	02/16/15	09:00PM/2.5 minutes	News	****
**** February is American Heart Month. This month hospitals are working to raise awareness about the leading cause of death in the United States, coronary heart disease. This month Baptist Hospital is promoting a new kind of procedure that lessens the risk of atrial fibrillation (A-Fib). Right now, a new kind of treatment at Baptist Hospital is helping people all around the Gulf Coast reduce their risk of A-Fib. Evan Giedrimas M.D., with Baptist Health Care, says this new treatment "Cryo" is a much more preferred therapy than the tradition method. He says he feels the procedure can be much shorter and can be done in a safer fashion. This month Baptist Hospital is hosting free health care wellness events. We gave viewers the information and locations for the events.				
5. Channel 3 News at 9PM On WFGX	02/18/15	09:00PM/2 minutes	News	*****
***** Seeing a specialist may become more difficult over the next few years. A new study performed by the Teaching Hospital Council and Safety Net Hospital Alliance says Florida is in critical need of doctors. By 2025 we could be at least 7,000 doctors short in the state of Florida. In our area we are already seeing shortages in Thoracic Surgery, Nephrologist, Endocrinology, Ophthalmology, Cardio, and Oncology. But, what does this mean for us as patients? Doctor Ellen McKnight has specialized in Rheumatology for more than 20 years. Like many specialists, Doctor McKnight went through eight years of school plus internships and fellowships before she started practicing medicine. She says a major problem in the state is there are not enough slots for potential doctors in post residency training programs. Doctor McKnight says state legislatures will have to fund post residency training programs to help fix the problem. She says another reason we're seeing a statewide shortage of physicians is the massive amount of insurance paperwork doctors are expected to fill out. This causes physicians to leave what they love to do for less stressful occupations. The shortage is also affecting patients locally by limiting their access to health care.				
6. Channel 3 News at 9PM On WFGX	02/20/15	09:00PM/3 minutes	News	*****
***** Fish: It's one of the most confusing topics among health-conscious eaters. On one hand, fish is a great source of protein and healthy fat, and eating it has been linked to lower rates of several illnesses, including heart disease and Alzheimer's. Then again, some types are full of mercury or other pollutants. It seems like one day we're told to eat less fish, and the next, to eat more. And in the last few weeks, the news gave us two more reasons to think twice about eating it at all: first, a study hinted at a link between mercury and autoimmune disorders in women. And before that, another report found that mercury contamination of yellowfin tuna (also known as ahi) is growing far faster than previously thought. So, what are we supposed to do? Keep it on the menu, but do it strategically. In general: "The rule of thumb for seafood is to mix it up. Eat it 2 to 3 times per week, but don't eat the same type more than 2 to 3 times per month," explains Timothy Harlan, MD, an internist and editor of Dr. Gourmet.				

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7. Channel 3 News at 9PM On WFGX	02/23/15	09:00PM/3 minutes	News	*****

\*\*\*\*\* If you had an accident in the Okaloosa County area that threatened life or limb, and it was deemed you needed trauma care, you'd have to be flown to another part of the region to receive it. But Ft. Walton Beach Medical Center is working towards receiving its trauma center verification, and if they receive it, it could mean a shorter flight for patients in the area. The nearest trauma centers to Okaloosa County are nearly fifty miles in either direction, in Escambia and Bay counties. That makes it tough for patients who need care quickly, and their families. Much of the equipment needed and facilities required are already in place. Other changes, like increasing the size of the ambulance to handle multiple vehicles, are on the way. The hospital announced today that verification would be delayed until June first, to make sure all trauma related personnel are fully trained and ready to ensure a smooth certification process. They've put 120 nurses through the trauma nursing core courses; it is a requirement that they have trauma certifications. In November, they'll request their verification from the American College of Surgeons. When they receive that, they can request recognition from the state

8. Channel 3 News at 9PM On WFGX	03/26/15	09:00PM/2 minutes	News	*****
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\*\*\*\*\* We reported on a study dealing with the effects on a fetus of a mother who smokes. Smoking has long been known to cause complications in pregnancy but the new study aims to show how the unborn baby of a smoking mother reacts differently. A small pilot study published earlier this week found that fetuses of smoking moms touch their face and mouth much more than fetuses of nonsmoking mothers. The extra-movements made by the fetuses of smoking pregnancies could indicate that nicotine or other toxins from the smoke are having an effect on a fetus' development. Smoking during pregnancy has been connected a number of complications, including low birth weight, miscarriage, or premature birth.

9. Channel 3 News at 9PM On WFGX	03/26/15	09:00PM/2 minutes	News	*****
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\*\*\*\*\* Mold at the Pensacola Federal Courthouse...Chief District Judge Casey Rogers said it's been an ongoing issue and something needs to be done. She said federal courts are legally required to rent from the General Services Administration. Rogers says over 60% of court employees are suffering with symptoms consistent with mold...runny nose, sinus congestion and pressure, nasal congestion airway sensitivity including broncho-spasms, coughing and shortness of breath. Dr. Layla Lundquist-Smith of Baptist Medical Group said exposure to mold can also cause headaches and memory issues. "You don't have a mold problem, you have a water problem," said Steve Anderson, owner of SERVPRO Santa Rosa County. It isn't a new problem at the Federal Courthouse. Rogers said water intrusion has been an issue since the building first opened its doors in 1997. That means 18 years of moisture. Based on a study from National Institute for Occupational Safety and Health, Rogers was told that she and employees needed to relocate. She is now set up in a different federal building down the street. Rogers wants the water intrusion fixed once and for all and she wants courthouse occupants relocated during the mold removal. But so far, GSA is planning to remediate the mold in several phases while court employees continue to occupy the building. Rogers also said that GSA hasn't indicated any plans to fix the water intrusion before beginning mold remediation. "The mold is just a byproduct of the water problem so if you're not going to fix the water problem, it's pointless."