

Quarterly Report of Compliancy Issues & Programs List 2022-Q1 (January - March) Radio Health Journal

- 911
- Agriculture
- Air Pollution
- Animal Health
- Auto/Traffic Safety
- Automated Vehicles
- Charitable Organizations
- Child Development
- Children & Youth at Risk
- Climate Change
- Clinical Research
- Consumerism
- Covid-19 Pandemic
- Criminal Justice System
- Depression
- Diamond Industry
- Diversity
- Eating Disorders
- Economic Sanctions
- Economics
- Education
- Emergency & First Responders
- Environment & Environmental Impact
- Ethics
- Family & Parenting
- Federal Government, Policy & Regulations
- Fitness Apps
- Fitness Industry
- Food, Diet & Nutrition
- Free Speech
- Global Politics
- Gun Legislation
- Gun Violence
- Hazardous Materials
- Health & Fitness
- Health & Wellness
- Health Care
- Human Rights
- Infectious Disease
- Invasive Species
- Jails & Prisons
- Kidney Disease
- Local Government
- Manufacturing & Industry
- Mass Shooting
- Mental Health
- Mental Illness
- Military & War
- National Security
- Natural Disasters
- Organ Donors & Transplants
- Organ Shortage Crisis
- Patient Safety
- Pets & People
- Physical Health
- Police & Law Enforcement
- Political Strategy
- Pollution
- Ponds & Lakes
- Pregnancy & Expecting Mothers
- Prevention
- Prosecution
- Public Health
- Public Safety
- Recycling
- Rehabilitation
- Research & Research Funding
- School Shooting
- Social Media
- Sociology
- Sports & Safety
- State Government
- Technology
- Vaccination
- Vulnerable Populations
- Waste Disposal & Landfills
- Xenotransplantation

Air Week:
1/2/22

Production Manager: Jason Dickey

SEGMENT 1: HOARDING DISORDER: MORE THAN JUST TOO MUCH JUNK

Time Duration

Synopsis: Hoarding disorder affects at least five percent of Americans, and despite TV programs showing its effects, it is still widely misunderstood. Experts discuss the danger hoarding poses to others, including neighbors, children, and first responders; why those with the disorder are so attached to things; and the right and wrong ways to address the problem. 1:50 12:20

Host & Producer: Reed Pence

Guests: Dr. Carolyn Rodriguez, Associate Professor of Psychiatry and Behavioral Sciences, and Associate Dean for Academic Affairs, Stanford University School of Medicine; Elaine Birchall, social worker specializing in hoarding disorder and co-author of *Conquer the Clutter: Strategies to Identify, Manage and Overcome Hoarding*

Compliance issues: Children and Youth at Risk, Mental Health, First Responders, Family Issues, Public Safety

Links:

SEGMENT 2: DEALING WITH LIFELONG DISEASE

Time Duration

Synopsis: Life-threatening, lifelong chronic diseases from infancy are at the top of the list of medical challenges. A woman who has dealt with cystic fibrosis her entire life discusses how mindset is often the biggest factor in living a full life with such a disease, and sets out her recipe for shoring up one's approach. Developing a chronic disease in your 30s or 40s strikes a lot of people as unfair. The deck seems stacked against someone like that. But what happens when you're diagnosed with a lifelong chronic disease almost at birth? That's what happened to Mary Elizabeth Peters, a theater artist and patient advocate in Boston. 15:12 7:43

Host: Nancy Benson

Producer: Bridget Killian

Guests: Mary Elizabeth Peters, author of *Don't Let Them Kill You: 10 Rules for Navigating Chronic Illness In the Age of Infinite Intervention*

Compliance issues: Mental Health, Consumerism, Health Care, Children and Youth at Risk, Public Health

Links:

Air Week:

1/9/22

Production Manager:

Jason Dickey

SEGMENT 1: SEGMENT 1: CAN 911 RESPOND TO MENTAL HEALTH CRISES?

Time Duration

Synopsis: Up to 15% of calls to 911 involve people having a mental health breakdown, yet many call centers, especially in rural areas, have no one with any training on what to do or who to dispatch in those cases. Typically they send police, who may also have no training on how to handle mental health crises and may inflame the situation. Experts discuss why this happens and how communities can respond better. **1:50 12:15**

Host & Producer: Reed Pence

Guests: Dr. Adam Vaughan, Assistant Professor of Criminal Justice and Criminology at Texas State University; Tracy Velazquez, Manager, Public Safety Research, Pew Charitable Trusts

Compliance issues: Police, Criminal Justice System, Mental Illness, Emergency and First Responders, Economics, 911, Mental Health, Local Government, Public Safety, Jails and Prisons

Links:

SEGMENT 2: CHILDREN'S "PSYCHOTIC-LIKE EXPERIENCES"

Time Duration

Synopsis: Children and young adolescents may experience perceptual distortions or strange thoughts, but if they become frequent and disruptive, they can be an early tip-off to serious future mental health distress. An expert discusses this new field of mental health research in adolescents. **15:07 7:53**

Host: Nancy Benson

Producer: Polly Hansen

Guests: Dr. Nicole Karcher, Instructor, Department of Psychology, Washington University, St. Louis

Compliance issues: Education, Public Health, Mental Health, Children and Youth at Risk

Links:

Air Week:
 1/16/22

Production Manager: Jason Dickey

SEGMENT 1: WEATHER DISASTER CLEANUP: COSTLY & INEFFICIENT, BUT NECESSARY

Time Duration

Synopsis:	Severe life-threatening weather, such as the rare December tornadoes that tore through Kentucky and other states in December 2021, will likely become more frequent with climate change. Experts discuss the difficulties in cleaning up large scale disasters and how planning could improve the results cheaply.	1:50	12:05
Host & Producer:	Reed Pence		
Guests:	Dr. Sybil Derrible, Professor of Urban Engineering, University of Illinois at Chicago; Dr. Nazli Yesiller, Director, Global Waste Research Institute, California Polytechnic State University		
Compliance issues:	Waste Disposal and Landfills, Natural Disasters, Pollution, Hazardous Materials, Climate Change, Local and State Government, Environment, Recycling		
Links:			

SEGMENT 2: THE LINK BETWEEN OBESITY AND CANCER

Time Duration

Synopsis:	Studies are finding that obesity significantly increases a person's risk for a variety of cancers. However, not all forms of fat carry equal risk. An expert discusses who is more at risk and why.	14:55	7:26
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Anthony Perre, Chief, Department of Outpatient Medicine, Cancer Treatment Centers of America		
Compliance issues:	Health Care, Public Health, Consumerism		
Links:			

Air Week:
1/23/22

Production Manager: Jason Dickey

SEGMENT 1: THE SLEEPIEST WORKERS? YOUR LOCAL POLICE **Time** **Duration**

Synopsis: Studies show that law enforcement is the most sleep deprived of all professions, with potentially damaging and even fatal consequences for decision-making and reaction time, as well as long-term health damage. Experts discuss the unique challenges in having a poorly rested police force and in fixing it. 1:50 12:54

Host & Producer: Reed Pence

Guests: Dr. Jagdish Khubchandani, Professor of Health Science, Ball State University; Dr. John Violanti, Research Professor Of Epidemiology and Environmental Health, University at Buffalo

Compliance issues: Police and Law Enforcement, Local Government, Public Safety, Police, Public Health

Links:

SEGMENT 2: PET FOOD: NOT AS SIMPLE AS MOST PEOPLE THINK **Time** **Duration**

Synopsis: A growing number of pet owners are tempted to put their dog or cat on vegan, gluten-free or raw diets. An expert pet nutritionist and veterinarian discusses what pets should and shouldn't eat to be healthy. 15:46 6:28

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Valerie Parker, Associate Professor of Veterinary Clinical Sciences, The Ohio State University Veterinary Medical Center

Compliance issues: Diet and Nutrition, Pets and People, Food and Nutrition

Links:

Air Week:

1/30/22

Production Manager:

Jason Dickey

SEGMENT 1: KIDS WHO'VE LOST PARENTS TO COVID

Time Duration

Synopsis:

New estimates show that more than 167,000 children under 18 (a number growing rapidly) have lost a parent or major caregiver to Covid-19. Psychologists say deaths under such circumstances are also much more difficult for survivors to adjust to and will have a major impact on the US. Experts discuss how these "forgotten grieverers" are coping and what actions might help ease the impact on them and to the nation.

1:50

11:23

Host & Producer:

Reed Pence

Guests:

John Bridgeland, co-founder and CEO, Covid Collaborative; Dr. Dan Treglia, Associate Professor of Practice, University of Pennsylvania School of Social Policy and Practice

Compliance issues:

Charitable Organizations, Health Care, Diversity, Federal Government, Children and Youth at Risk, Federal Government and Policy, Education, Family and Parenting, Economics

Links:

SEGMENT 2: HOW WARFARE DESTROYS HEALTHCARE

Time Duration

Synopsis:

According to the Geneva Convention and other agreements, health facilities and workers are supposed to be protected from the violence of war. However, they're targeted much more often than most people know. A noted expert in the field discusses how this violence happens, its consequences, and how international organizations may be able to turn this trend around.

14:15

8:12

Host:

Nancy Benson

Producer:

Reed Pence

Guests:

Leonard Rubenstein, Professor of the Practice, Johns Hopkins Bloomberg School of Public Health and author of *Perilous Medicine: The Struggle to Protect Health Care From the Violence of War*

Compliance issues:

Charitable Organizations, Military and War, Health Care

Links:

Air Week:
2/6/22

Production Manager: Jason Dickey

SEGMENT 1: PUNISHING COVID-LYING DOCTORS		Time	Duration
Synopsis:	There's a growing number of complaints to state medical boards regarding doctors lying about Covid-19 and vaccines. The doctors spreading misinformation are not always reprimanded by state medical boards and are allowed to continue voicing the misinformation. They cite freedom of speech as a defense, but other doctors say licensed professionals have an obligation to the truth. Experts explain the controversy.	1:50	13:17
Host & Producer:	Reed Pence		
Guests:	Dr. Brian Castrucci, President and CEO, De Beaumont Foundation; Dr. Humayun Chaudhry, President and CEO, Federation of State Medical Boards		
Compliance issues:	Charitable Organizations, Children and Youth at Risk, Education, Public Health, Free Speech, Health Care, Federal Government and Policy		
Links:			
SEGMENT 2: NEEDLE PHOBIA		Time	Duration
Synopsis:	Some people who have not yet gotten the Covid vaccine are simply afraid of the needle. Bad childhood experience can keep people from receiving necessary medical treatments. A needle-phobic and a physician explain how parents should discuss injections with their children from a young age.	16:08	6:47
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Gary LeRoy, family physician and former president of the American Academy of Family Physicians; Laura Munoz, needle phobic		
Compliance issues:	Public Health, Mental Health, Consumerism, Health Care, Children and Youth at Risk, Family and Parenting		
Links:			

Air Week:

2/13/22

Production Manager:

Jason Dickey

SEGMENT 1: CLIMATE CHANGE & NATIONAL SECURITY

Time Duration

Synopsis:

The future of climate change impacts a lot more than our crops. Natural disasters and mass migrations of people threaten the health and safety of populations and governments around the world. Experts discuss how climate change creates economic, sociological, political, and military issues.

1:51 13:26

Host & Producer:

Reed Pence

Guests:

Sherri Goodman, Senior Strategist, Center for Climate and Security and former First Deputy Undersecretary of Defense for Environmental Security; Dr. Teevrat Garg, Assistant Professor of Economics, School of Global Policy and Strategy, University of California, San Diego

Compliance issues:

Children and Youth at Risk, Political Strategy, Public Health, Sociology, Economics, National Security, Federal Government and Policy, Military, Climate Change

Links:

SEGMENT 2: THE VEGAN FUTURE

Time Duration

Synopsis:

Some experts believe that the future of food is vegan. With the increasing effects of global warming, changes to farms are inevitable. Experts talk about why eating animals is inefficient, and why our planet won't be able to support it in the future.

16:19 6:09

Host:

Nancy Benson

Producer:

Reed Pence

Guests:

Dr. Roanne van Voorst, President, Dutch Futures Society and author of *Once Upon A Time We Ate Animals*

Compliance issues:

Agriculture, Climate Change, Children and Youth at Risk, Public Health, Health and Wellness, Consumerism, Environmental Impact

Links:

Air Week:
2/20/22

Production Manager: Jason Dickey

SEGMENT 1: CHILD DEVELOPMENT IN PANDEMIC

Time Duration

Synopsis: New research suggests the pandemic negatively affects child development. Many children born after the start of the pandemic score lower in child development than children born before. Researchers explain possible theories for these children's slower development scores. **1:50 12:07**

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Rebecca Jackson, Vice President of Programs and Outcomes for Brain Balance, Board Certified Cognitive Specialist; Dr. Morgan Firestein, Postdoctoral Research Fellow, Department of Psychology at Columbia University Medical Center; Kasey Baiter, mother

Compliance issues: Public Health, Pregnancy and Expecting Mothers, Health Care, Family and Parenting, Charitable Organizations, Children and Youth at Risk, Education, Child Development

Links:

SEGMENT 2: SEASONAL AFFECTIVE DISORDER

Time Duration

Synopsis: Seasonal Affective Disorder can occur any time of year but is most prevalent during the winter months. SAD can develop into non-seasonal major depression if left untreated. An expert gives advice on how to combat SAD and reduce the risk of getting it next year. **14:59 8:06**

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Elias Shaya, Regional Medical Director for Behavioral Health Services, MedStar Health Kaelyn Adams, suffers with Seasonal Affective Disorder, Owner, Barre Evolution Fitness

Compliance issues: Public Health, Mental Health, Depression, Consumerism, Physical Health, Health Care, Health and Fitness, Children and Youth at Risk

Links:

Air Week:
2/27/22

Production Manager: Jason Dickey

SEGMENT 1: WHYOMICRON COULD END THE PANDEMIC

Time Duration

Synopsis: Although the Omicron variant accounts for 99% of Covid cases in the U.S., it's far less lethal. Experts say this is the perfect combination that could bring us back to normalcy. It's likely that life with Covid will start to resemble how we handle the flu. **1:50 13:55**

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. William Schaffner, Professor of Infectious Diseases and Preventative Medicine, Vanderbilt University Medical School; Dr. Iahn Gonsenhauser, Chief Quality and Patient Safety Officer, Ohio State University Wexner Medical Center

Compliance issues: Covid-19 Pandemic, Children and Youth at Risk, Public Health, Infectious Disease, Consumerism, Vaccination, Patient Safety, Prevention

Links:

SEGMENT 2: HOW LATER SCHOOL START TIMES AFFECT PARENTS AND STUDENTS

Time Duration

Synopsis: Sleep deprivation affects about three out of four teenagers in America. Inadequate sleep has been linked to depression, anxiety, weight gain, and worsened heart functioning. An expert shows through a case study how implementing later school start times allows students and parents to get more sleep. **16:47 6:23**

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Lisa Meltzer, Pediatric Psychologist, National Jewish Health

Compliance issues: Family Issues, Prevention, Children and Youth at Risk, Public Health, Mental Health, Physical Health, Schools and Education

Links:

Air Week:
3/6/22

Production Manager: Jason Dickey

SEGMENT 1:	PIG ORGANS COULD SOLVE THE ORGAN SHORTAGE CRISIS	Time	Duration
Synopsis:	Thousands of people die each year due to the organ shortage crisis. Recently, doctors successfully transplanted pig kidneys into a brain-dead human for the first time in history. An expert discusses how pigs could be the future of human organ transplants.	1:50	13:03
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. Jayme Locke, Abdominal Transplant Surgeon and Director of the Comprehensive Transplant Institute, University of Alabama at Birmingham		
Compliance issues:	Organ Transplants, Organ Donors, Vulnerable populations, Kidney Disease, Patient Safety, Xenotransplantation, Public Health, Ethics, Organ Shortage Crisis, Consumerism		
Links:			

SEGMENT 2:	CAN WE TRUST COMPUTERS TO DRIVE OUR CARS?	Time	Duration
Synopsis:	Self-driving cars seem to be our future, but how safe are they? Researchers have identified 32 major impacts automated cars could have on public health, and 17 of them are negative. Experts discuss what a possible future of self-driving cars will look like.	15:56	7:04
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Soheil Sohrabi, Post-Doctoral Researcher, Texas A&M Transportation Institute; Dr. Dominique Lord, Professor of Civil and Environmental Engineering, Texas A&M		
Compliance issues:	Automated Vehicles, Public Health, Physical Health, Traffic Safety, Air Pollution, Auto Safety, Public Safety		
Links:			

Air Week:

3/13/22

Production Manager:

Jason Dickey

SEGMENT 1: HOW FITNESS APPS CONTRIBUTE TO EATING DISORDERS

Time Duration

Synopsis: Fitness apps can be helpful, but for some people, obsessive meal tracking helped them develop an eating disorder. Experts talk about the slippery slope of the fitness industry and discuss proper recovery methods. **1:50 12:12**

Host: Reed Pence

Producer: Kristin Farrah

Guests: Dr. Kimberly O'Brien, Licensed Independent Clinical Social Worker, Boston Children's Hospital Female Athlete Program, Assistant Professor, Harvard Medical School; Dr. Miriam Rowan, Clinical Psychologist, Boston Children's Hospital Female Athlete Program, Instructor in Psychology, Harvard Medical School; Julia Maple, Fitness Influencer

Compliance issues: Mental Health, Social Media, Consumerism, Rehabilitation, Sports and Safety, Patient Safety, Fitness Industry, Diet and Nutrition, Fitness Apps, Public Health, Technology, Eating Disorders

Links:

SEGMENT 2: WHY YOU SHOULD FLUSH YOUR GOLDFISH DOWN THE TOILET

Time Duration

Synopsis: Spring is a popular time for fish owners to get rid of their goldfish. Most people think that letting them loose in a pond is the best option, but you may want to rethink that. Experts discuss why goldfish should be flushed down the toilet instead of thrown into a neighborhood pond. **15:04 7:27**

Host: Nancy Benson

Producer: Kristin Farrah

Guests: Randy Anhorn, District Administrator for the Nine Mile Creek Watershed District, Minnesota; Jordan Wein, Environmental Scientist, WSB; Julie, former goldfish owner

Compliance issues: Environment, Consumerism, Ponds and Lakes, Invasive Species, Animal Health, Ethics

Links:

Air Week:

3/20/22

Production Manager:

Jason Dickey

SEGMENT 1: A LOOK AT THE BLOOD DIAMONDS HELPING FUND RUSSIA'S INVASION OF UKRAINE

Time Duration

Synopsis: Russia produces one-third of the world's rough diamonds. The Russian government owns 33% of Alrosa, a Russian company that owns 90% of Russia's diamonds. An expert discusses how a global embargo of Russian diamonds would send a strong economic message to its leaders. **1:50 11:05**

Host: Reed Pence

Producer: Kristin Farrah

Guests: Ian Smillie, Conflict Diamonds Expert, International Development Consultant, and author

Compliance issues: Political Strategy, Manufacturing and Industry, Human Rights, Federal Government and Regulation, Global Politics, Children and Youth at Risk, Economic Sanction, Consumerism, Diamond Industry

Links:

SEGMENT 2: WHY ASPD IS STILL A MYSTERY: THE DISORDER FORMERLY KNOWN AS SOCIOPATHY

Time Duration

Synopsis: Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research. **13:56 9:15**

Host: Nancy Benson

Producer: Kristin Farrah

Guests: Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental Health (NIMH)

Compliance issues: Public Health, Clinical Research, Mental Health, Research, Public Safety, Children and Youth at Risk, Mental Illness, Research Funding

Links:

Air Week:
3/27/22

Production Manager: Jason Dickey

SEGMENT 1:	WHO'S RESPONSIBLE FOR A MASS SHOOTING?	Time	Duration
Synopsis:	Even as many students switched to virtual learning, school shootings didn't stop. One recent school shooter used his parents' gun, and now they are facing charges for their role in the incident. Experts discuss how the accountability of mass shootings doesn't always just fall on the shooter.	1:50	12:18
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Shavaun Scott, psychotherapist, author; Dr. Joyce White Vance, Professor, University of Alabama School of Law, Former U.S. Attorney, Northern District of Alabama		
Compliance issues:	Ethics, Gun Legislation, Mass Shooting, Gun Violence, Criminal Justice System, Children & Youth at Risk, Prosecution, Prevention, Public Safety		
Links:			

SEGMENT 2:	THE PROBLEM WITH A NEW ROAD PHENOMENON CALLED 'SUPER SPEEDING'	Time	Duration
Synopsis:	Less congested roads during the pandemic gave room for drivers to increase their speed, creating a whole new type of driving called 'super speeding'. The issue is that there's also been the largest number of car crash deaths since 2006. Experts talk about the dangers of speeding and how we can slow drivers down.	15:10	7:55
Host:	Nancy Benson		
Producer:	Kristin Farrah		
Guests:	Dr. Nichole Morris, Director, Human-First Research Lab, University of Minnesota; Dr. Colleen Peterson, Assistant Research Scientist, University of Michigan Transportation Research Institute		
Compliance issues:	Public Safety, Speeding, Consumerism, Auto Safety and Highways, Prevention, Road Design, Public Health, Car Crash, Traffic Safety		
Links:			