

**MINNESOTA PUBLIC RADIO NEWS AND INFORMATION SERVICE**  
**FCC QUARTERLY PROGRAMMING REPORT OF OCTOBER — DECEMBER, 2022**  
 KNCM~KNSE~KNBJ~KBPN~WIRN~WSCN~KNSR~KLNI~WIRC~ KNWF~WLSN~KGRP  
 WINH~WGGL~KITF~ KXLC~KNOW~KCCD~KRFI~KZSE~KRXW~KAUR~KNGA~KNTN~KNSW

Start Time	Duration min: sec	Issue Addressed	Title and Narrative
			<b>MONDAY OCTOBER 3, 2022</b>
9:06	47:06	People and Places	<b>MPR News with Angela Davis: The return of dream vacations and bucket list travel.</b> MPR News host Angela Davis talks with a travel writer and a travel consultant about what it means to take that dream vacation. They talk about ways to plan an excursion across the world, the rejuvenating feeling you gain from your experience and what's changed with travel in the last few years. Guests: Elaine Glusac is the Frugal Traveler columnist for The New York Times.
	8:05	Medicine	<b>Minnesota Now with Cathy Wurzer: Investigation: Mayo provides significantly less 'charity care' than others.</b> But an investigation from the Rochester Post Bulletin found that Rochester's Mayo Clinic provides significantly less charity care than other top hospitals across the U.S. That means Mayo patients who are eligible for financial assistance may not know it — and are instead going into debt. Molly Castle Work is one of the authors behind that investigation — she's an investigative reporter for the Post Bulletin. She joined host Cathy Wurzer to talk about what she found.
12:06	8:09	Social Psychology	<b>Minnesota Now with Cathy Wurzer: The debate over debates: what's lost in not debating?</b> It also seems refraining from debating is gaining popularity with candidates in other states either doing just one debate or skipping debates altogether. What gives? To help contextualize this political strategy, Brian McClung joined Cathy. He served as press secretary, director of communications and deputy chief of staff for former Minnesota Gov. Tim Pawlenty. He's now with Park Street Public, a lobbying and political strategy group.
	11:18	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: If you're in the mood for 'palpable joy,' don't miss Minneapolis duo The OK Factor.</b> On the heels of their joint Swedish tour in the summer of 2021, Olivia Diercks and Karla Colahan of The OK Factor will kick off a Midwest tour with Swedish folk quintet JAERV. Producer Ellen Finn spoke with Colahan and Diercks about their music, upcoming 10th anniversary album and other musicians that inspire them.
	12:10	Sports	<b>More women are getting into archery and hunting thanks to one woman.</b> Archery is an ideal sport for beginners of all ages — you don't have to be particularly strong, athletic or fast to hit a target. It just takes a lot of focus. At least, that's what Dana Keller teaches her students at A1 Archery in Hudson, Wis. Keller is a Level 3 USA archery coach and bow hunter. And she's been instrumental in training a growing number of women archers and hunters how to work a bow. As Minnesota's deer archery hunting season continues, Keller joined Minnesota Now to share tips for new archers.
			<b>TUESDAY, OCTOBER 4, 2022</b>
9:06	46:38	Education	<b>MPR News with Angela Davis: Tutoring boosts students after the pandemic 'teaching loss'</b> MPR News host Angela Davis talks with the directors of two free Minnesota tutoring programs about what they do and how tutoring can make a difference. Guests: Brooke Rivers is executive director of Reading Partners Twin Cities, the regional branches of the national nonprofit literacy organization. The local program places reading tutors in eight metro

			schools. Lesa Clarkson is an associate professor of mathematics education in the College of Education and Human Development at the University of Minnesota. She's also the founder of the math tutoring program Prepare2Nspire.
12:06	9:17	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: Minneapolis Community Safety Commissioner Cedric Alexander on his vision for the city.</b> Cedric Alexander took over in August as the first Minneapolis community safety commissioner. Last week he helped Mayor Jacob Frey announce Newark, N.J., deputy mayor Brian O'Hara as his candidate to be the next Minneapolis chief. O'Hara's nomination is expected to be formally introduced to the council when it meets Thursday. The nomination will then go through the committee process which will include a public hearing. A spokesperson for the mayor says they hoping the council will vote on O'Hara's nomination in November. If approved, he and Alexander will be the new faces of Minneapolis policing, safety and accountability. Alexander spoke with MPR News host Cathy Wurzer about how he is steering the new Minneapolis public safety operation and how O'Hara fits into that vision.
	10:07	Race/ Social Media	<b>Minnesota Now with Cathy Wurzer: Addressing the damaging impact of digital media on Black adolescents.</b> Dr. Brendesha Tynes is a Professor of Educational Psychology at the University of Southern California. She is a former teacher who studies the toll digital media takes on young people of color. She was in Minnesota the week of Sept. 28 to give a lecture at the annual Nobel Conference. She spoke with MPR News Reporter Catharine Richert about the online lives of Black adolescents and the less-talked about ways it relates to mental health.
	9:55	Military	<b>Minnesota Now Amy Johnson believes an under-tapped market is Minnesota's military community.</b> Veterans face a number of challenges transitioning into the civilian workforce, even when companies are eager to hire them. Amy is a 15 year military spouse and the founder and president of a workforce solutions business for greater Minnesota called Cardinal Consulting Solutions. She speaks with host Cathy Wurzer about her work training employers how to understand how to effectively manage military vets who are looking for civilian work. with Cathy Wurzer: Matchmaking: what it takes to connect military veterans with open jobs.
	10:14	Arts and Culture/ Race	<b>The Minnesota Orchestra celebrates rarely-heard Black classical composers.</b> A first-of-its-kind concert from the Minnesota Orchestra will spotlight rarely-heard music by Black composers. Dubbed "The Listening Project," the performance happening Oct. 7. It will include works from composers both contemporary, like Eleanor Alberga and Hale Smith, and historic, like Margaret Bonds. Louise Toppin, performer, scholar and professor and host of Friday's performance speaks with host Cathy Wurzer about the composers being highlighted.
<b>WEDNESDAY OCTOBER 5, 2022</b>			
9:06	47:21	Health	<b>MPR News with Angela Davis: Are you worried about excessive drinking?</b> Here's what to do. MPR News host Angela Davis talks with two longtime alcohol and addiction treatment specialists about addressing excessive alcohol use and how to reduce drinking. Guests: Dr. Joseph Lee is the president and CEO of the Hazelden Betty Ford Foundation. Peter Hayden is the founder of Turning Point, a north Minneapolis clinic that provides culturally specific substance use disorder treatment. He has a Ph.D. in co-occurring disorders.
12:06	10:49	People and Places	<b>Minnesota Now with Cathy Wurzer: For decades, former anchor Pat Miles shared your stories. Now, she's sharing her own.</b> For more than 25 years, Pat Miles was an TV news anchor. Her new book is "Before All Is Said and Done: Practical Advice on Living and Dying Well."
	5:19	Environment	<b>Minnesota Now with Cathy Wurzer: Huttner: Cooler temperatures on the way.</b> The skies have been calm and temperatures warm. Paul Huttner has our forecast.
	7:27	Science	<b>Minnesota Now with Cathy Wurzer: Rare meteor crash site discovered in Minnesota.</b> The meteor crash site, in Inver Grove Heights, is the first in the state.

	8:09	Arts and Culture	<b>Duluth artist Jonathan Thunder on his inspirations, influences.</b> Jonathan Thunder is a citizen of the Red Lake Nation who was recently honored with the Jim Denomie Memorial Scholarship.
	9:34	Health	<b>Osterholm: 'Substantial' number of COVID infections in Minnesota.</b> President Joe Biden declared the pandemic 'over' in September. Epidemiologist Michael Osterholm told host Cathy Wurzer it's not that simple.
			<b>THURSDAY OCTOBER 6, 2022</b>
9:06	46:29	Race/ Politics	<b>MPR News with Angela Davis: White House correspondent April Ryan on her new book 'Black Women Will Save The World'.</b> MPR News host Angela Davis speaks with April Ryan about her new book, and her unique perspective on American politics from the White House. Guest: April Ryan is a White House correspondent, CNN analyst and author. Her latest book "Black Women Will Save The World" is out on Oct. 18.
12:06	7:53	Politics	<b>Minnesota Now with Cathy Wurzer: What happens after a congressional candidate dies less than a month from Election Day?</b> Paula Overby, the Legal Marijuana Now candidate for U.S. Congress in Minnesota's 2nd District, died on Wednesday.
	11:04	Race/ Sports	<b>Minnesota Now with Cathy Wurzer: The mysterious death of a Black football player.</b> The discovery of the story behind a small, dusty plaque honoring the son of a buffalo soldier spawned a decades long campus movement to honor a forgotten football hero who helped break racial boundaries and may have died because of them.
	10:02	Mental Health	<b>Minnesota Now with Cathy Wurzer: Overcoming barriers to improving the mental health of Minnesota farmers.</b> Monica Kramer McConkey grew up on a farm and is one of two mental health professionals hired through the state to provide free mental health support for farmers. Monica owns Eyes on the Horizon, an agriculture mental health consulting business and she talks with host Cathy Wurzer about the work.
	9:06	Sports	<b>The Twins, the Wild and the Loons: Sports news for Oct. 6.</b> The Twins limp into the end of the season while the pucks are about to drop in the NHL plus the Minnesota Loons wrap up their play. All the sports news you need to know for Thursday, Oct. 6. Wally Langfellow and Eric Nelson of 10,000 Takes Sports Talk Program dish it with Cathy Wurzer.
			<b>FRIDAY OCTOBER 7, 2022</b>
11:06	51:19	Arts and Culture	<b>MPR News with Kerri Miller: The best of Minnesota writers on stage for Talking Volumes.</b> For this special edition of Big Books and Bold Ideas, host Kerri Miller takes a look back at some of her favorite on-stage conversations with Minnesota writers. They include Dessa, who appeared at Talking Volumes in 2018 to talk about her memoir, "My Own Devices," William Kent Krueger, who was the finale guest in 2021, and Kate DiCamillo, who also appeared in 2021 and brought the house down several times with her witty banter.
			<b>MONDAY OCTOBER 10, 2022</b>
9:06	34:54	Economics	<b>MPR News with Angela Davis: Managing your money during inflation, rising interest rates and uncertainty.</b> MPR News host Angela Davis talks with two financial experts about how to manage inflation, debt and more in the months to come. Guests: Chris Farrell is senior economics contributor at Marketplace, American Public Media's nationally syndicated public radio business and economic programs. He's also a senior economics contributor at Minnesota Public Radio. Kim Miller is a financial counselor with LSS Financial Counseling, a service of Lutheran Social Service of Minnesota based in St. Paul.
12:06	7:45	Education	<b>Minnesota Now with Cathy Wurzer: Minnesota schools will soon be able to apply for federal grants to address school safety.</b> MPR News education reporter Elizabeth Shockman joined host Cathy Wurzer for a look at the grants that were passed following the mass shooting at Robb Elementary School in Uvalde, Texas in May.

	9:28	Arts and Culture/ Race	<b>Minnesota Now with Cathy Wurzer: Anishinaabe author Marcie Rendon previews latest book.</b> Twin Cities-based writer Marcie Rendon joined MPR News senior producer Melissa Townsend to preview the latest book in her Cash Blackbear series, “Sinister Graves.”
<b>TUESDAY OCTOBER 11, 2022</b>			
9:06	36:49	Arts and Culture	<b>MPR News with Angela Davis: Three rising music stars talk Minnesota music, concerts and what's next.</b> MPR News host Angela Davis talks with three rising stars on the Twin Cities music scene: hip-hop artist Nur-D; singer, songwriter and dancer XINA; and indie-pop musician Miloe.
12:06	10:17	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: Judge Peter Cahill reflects on high-profile trials, allowing cameras in courtroom.</b> Minnesota does not routinely allow cameras in the courtroom, but the Supreme Court is considering changing that following the trial of former Minneapolis police officer Derek Chauvin.
	7:59	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Kate DiCamillo's popular book comes to life on stage with the Minnesota Opera.</b> There's a new way for fans of local author Kate DiCamillo to enjoy her work — on stage with the Minnesota Opera.
	10:34	Health/ Gender	<b>Minnesota Now with Cathy Wurzer: No longer just a kid thing: more women diagnosed with ADHD later in life.</b> October is National ADHD Awareness Month and while the National Institute of Mental Health says the average age for ADHD diagnosis right now is six, more adult women have been diagnosed with ADHD over the past few years.
<b>WEDNESDAY OCTOBER 12, 2022</b>			
9:06	39:55	Arts and Culture	<b>MPR News with Angela Davis: In an competitive streaming era, how do you decide what TV shows to watch?</b> MPR News host Angela Davis talked with the Star Tribune columnist Neal Justin about a competitive streaming world and what shows are worth a weekend binge.
12:06	13:47	Social Issues	<b>Minnesota Now with Cathy Wurzer: Following Minneapolis encampment evictions and protests, experts discuss solutions to homelessness.</b> The renewed call for added support for Minneapolis' unhoused community follows two recent evictions of large tent encampments in northeast and north Minneapolis.
	5:18	Environment	<b>Minnesota Now with Cathy Wurzer: An October weather reality check with Paul Huttner.</b> In the midst of a weather week that will deliver a little bit of everything, MPR News chief meteorologist Paul Huttner delivered an October reality check on what we can expect for the next stretch of fall.
<b>THURSDAY OCTOBER 13, 2022</b>			
9:06	36:49	Journalism	<b>MPR News with Angela Davis: Angela Davis goes behind the scenes with MPR News journalists.</b> MPR News host Angela Davis talks with four new faces in the MPR News newsroom about their paths into journalism, how they do their work and details behind some of their recent stories. Guests: Michelle Wiley is a senior reporter covering health at MPR News. She was previously a reporter and senior editor at KQED in San Francisco. Kerem Yücel is a senior visual journalist at MPR News. He's been featured in Time magazine, The New York Times, Wall Street Journal, The Guardian, The Washington Post, BBC.com, CNN.com and Agence France-Presse. Ben Hovland is a visual journalist for MPR News. His photo and video reporting has appeared in The Washington Post, Agence France-Presse, BBC and Sahan Journal. Jacob Aloi is an arts reporter for MPR News. He was previously involved in the performing arts, podcasting and community radio in the Twin Cities.
12:06	54:00	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: January 6th hearing special</b>
<b>FRIDAY OCTOBER 14, 2022</b>			

11:06	52:23	Arts and Culture	<b>MPR News with Kerri Miller: Fresh takes on American history from three authors.</b> On this week’s special edition of Big Books and Bold Ideas, host Kerri Miller replayed portions of conversation she’s had with writers who’ve drawn indelible portraits of American history. You’ll hear Stacy Schiff, whose 2015 book “The Witches” delves into what really happened during the Salem Witch Trials. There’s also David Wright Faladé, who novelized the true story of an all-Black brigade during the Civil War that was commanded by a formerly enslaved man. And finally, the incomparable Ron Chernow, who was at Talking Volumes in 2017 to talk about his book, “Grant” — but Miller couldn’t resist asking about “Hamilton,” his book that inspired Lin Manuel Miranda’s hit musical.
12:06	51:47	Politics	<b>Minnesota Now with Cathy Wurzer: Politics Friday: The Attorney General debate.</b> The candidates for Minnesota Attorney General — incumbent DFLer Keith Ellison and Republican challenger Jim Schultz — debate on MPR News.
<b>MONDAY OCTOBER 17, 2022</b>			
9:06	46:59	Economics	<b>MPR News with Angela Davis: Social Security recipients will see the biggest cost-of-living boost in 40 years.</b> MPR News host Angela Davis talks about the payment increase and the history and future of Social Security. Guests: Chris Farrell is senior economics contributor at Marketplace, American Public Media's nationally syndicated public radio business and economic programs. He’s also a senior economics contributor at MPR News. Joe Gaugler is a professor in the School of Public Health at the University of Minnesota where he holds the Robert L. Kane Endowed Chair in Long-Term Care & Aging and directs the Center for Healthy Aging and Innovation. Cathy McLeer is the state director for AARP Minnesota.
12:06	7:29	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Fall book recommendations from BookTok with Zoe Jackson.</b> Zoe reviews books on TikTok @zoes_reads, and on Instagram @libraryofzoe.
	9:35	Politics	<b>Minnesota Now with Cathy Wurzer: New poll shows that Walz has a slight lead over Jensen in tight Minnesota governor race.</b> Walz has a slight lead with 47 percent compared to Jensen’s 42 percent.
	9:00	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: A look back on Minneapolis' Phyllis Wheatley Community Center.</b> Wheatley is one of the best-known poets of 18th-century America, and the first African-American author to publish a book of poetry.
	9:01	Immigration	<b>Unaccompanied minors from U.S. border bring hopes, challenges to Worthington.</b> This year alone, more than 130 unaccompanied migrant children were sent to Nobles County in southwestern Minnesota from the U.S. southern border.
<b>TUESDAY OCTOBER 18, 2022</b>			
9:06	47:12	Mental Health	<b>MPR News with Angela Davis: Therapist Corey Yeager wants you to ask “How Am I Doing?”</b> That’s the question Minneapolis therapist Corey Yeager wants you to ask. It’s the title of his new book, which is structured as a series of 40 questions to ask yourself. It’s meant to get readers thinking about their life, the way they cope with stress and anxiety and how to better take care of themselves during difficult times. MPR News host Angela Davis talks with Yeager about his new book, working with athletes as a sports psychotherapist and the current state of mental health.
12:06	8:16	Education/ Race	<b>Minnesota Now with Cathy Wurzer: Diversity a strength on U's Morris campus, student leader says.</b> University of Minnesota Morris student body president Dylan Young spoke with MPR News host Cathy Wurzer Tuesday about regent Steve Sviggum’s recent comments suggesting that racial diversity was hurting Morris’ enrollment, and if he feels Sviggum should resign.
	7:58	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Bao Phi on his watching his award winning children's book come to the stage in Hopkins.</b> Bao Phi’s children’s book “In a Different Pond” won the Caldecott Medal in 2018 and has

			now been adapted for theater and is currently playing at Stages Theatre in Hopkins. Bao Phi talks with host Cathy Wurzer about his work and watching it come alive on stage.
	8:51	Leadership/ Race/ Politics	<b>Minnesota Now with Cathy Wurzer: Leaders on Black communities' top issues in the midterm elections.</b> Classie Dudley, President of the NAACP, Duluth Branch and Adair Mosley, CEO of the state-wide African American Leadership Forum, speak on the issues they care most about and how they are getting out the vote for the Nov. 8 midterm elections.
	8:04	Sports/ Education	<b>The 2022 Minnesota high school girls wrestling champ goes to college.</b> Last spring, host Cathy Wurzer talked with Edison High School senior Nari Miller about becoming the first Minnesota high school girls wrestling champ. Cathy reconnects with Nari who is now a first generation college student in Texas wrestling under a superstar coach.
	9:17	Journalism	<b>Local sounds, voices and haikus: celebrating one year of Minnesota Now.</b> As of today — this little show has been on the air for one full year! That's more than 700 conversations about what's happening in Minnesota now. Host Cathy Wurzer shares some of her favorite moments from the past year.
<b>WEDNESDAY OCTOBER 19, 2022</b>			
9:06	51:36	Mental Health/ Race	<b>MPR News with Angela Davis: Searching for Mental Health Providers of Color.</b> Call to Mind specials are hosted by Kimberly Adams, senior correspondent for APM's Marketplace who covers mental health, politics, business and the economy from Washington, D.C. Guests: Christine Catipon is vice president of the Asian American Psychological Association and a psychologist at Stanford University Counseling and Psychological Services. James Rodriguez is senior director of clinical initiatives at New York University's McSilver Institute for Poverty Policy and Research. Ruth Shim is a professor in cultural psychiatry in the Department of Psychiatry and Behavioral Sciences and an associate dean at University of California, Davis School of Medicine. Cheryl D. Wills is a member of the Presidential Task Force on Structural Racism, of the American Psychiatric Association. She's also vice chair of Inclusion, Diversity and Equity and chief of child psychiatry at The MetroHealth System in Cleveland and associate professor of psychiatry at Case Western Reserve University.
12:06	12:24	Environment	<b>Minnesota Now with Cathy Wurzer: What you need to know about this fall's historic drought.</b> Late fall is a critical time to get moisture into the ground for plants. But it hasn't happened in Minnesota yet — and it is effecting tree health.
	8:33	Arts and Culture/ Criminal Justice	<b>Minnesota Now with Cathy Wurzer: Michael Kleber-Diggs on why some of Minnesota's best poets happen to be in prison.</b> The Minnesota Prison Writing Workshop lets incarcerated people tell their own stories- beyond bars and stereotypes.
	5:18	Environment	<b>Minnesota Now with Cathy Wurzer: Huttner on weather: warm weekend ahead after midweek cold snap.</b> It's gotten downright frosty out there.
	9:46	Arts and Culture	<b>Twin Cities Film Fest will focus on changemakers.</b> The Twin Cities Film Festival opens Thursday for its 13th year with more than 140 films.
	5:56	Economics/ Race/ Gender	<b>Report: MnDOT fails to meet contracting goals with women-owned and minority-owned businesses.</b> A Minneapolis St. Paul Business Journal reports shows the state transportation agency fails to meet contracting goals.
<b>THURSDAY OCTOBER 20, 2022</b>			
9:06	54:00	Politics	<b>MPR News with Angela Davis: Ballot Box 101: How to get first-time voters to the polls.</b> Angela Davis hosts a special In Focus discussion that took place live at MPR News on Wednesday, Oct. 19, with a panel of voting experts. They tackle the most common questions new voters ask. They also talk about how to make voting more accessible to new Americans and share how Minnesota's colleges and universities are getting students registered to vote.

			Guests: Secretary of State Steve Simon oversees elections in Minnesota. Ali Tomashek is the president of Lead-MN, an organization that advocates for the 100,000 two-year college students in Minnesota. Ryan Pérez is a political campaign manager at COPAL, a grassroots statewide organization whose mission is to unite Latinos in Minnesota.
12:06	54:00	Journalis,	<b>Minnesota Now with Cathy Wurzer: Memorable Reflections Special</b>
			<b>FRIDAY OCTOBER 21, 2022</b>
11:06	51:40	Race/ Military	<b>MPR News with Kerri Miller: 'Should I sacrifice my life to live half American?'</b> On Big Books and Bold Ideas, host Kerri Miller spoke with Delmont about how Black men and women fought for that double victory, why Black Americans saw World War II coming before white Americans did, and how what we acknowledge — or ignore — in history shapes our world today. Guest: Matthew Delmont is the Sherman Fairchild Distinguished Professor of History at Dartmouth College and an expert on African American history and the history of civil rights. His new book is “Half American: The Epic Story of African Americans Fighting World War II at Home and Abroad.”
			<b>MONDAY OCTOBER 24, 2022</b>
9:06	47:45	Economics	<b>MPR News with Angela Davis: Your Vote: Economic worries are on voters' minds as Election Day nears.</b> MPR News host Angela Davis talks about how the economic conditions historically influence elections, how inflation might influence votes this year and what impact politicians actually have on prices, jobs, wages and more. Guests: Jessica Washington is a senior reporter for The Root covering race and gender justice. David Schultz is a professor of political science, legal studies and environmental studies at Hamline University and a law professor at the University of Minnesota. Chris Farrell is senior economics contributor at Marketplace, American Public Media's nationally syndicated public radio business and economic programs. He's also a senior economics contributor at MPR News.
12:06	7:20	Health	<b>Minnesota Now with Cathy Wurzer: Abortion will be on the minds of Minnesota voters, UMN law professor says.</b> Minnesota voters won't see specific abortion questions in November, but the issue is still likely to galvanize supporters and opponents as they pick candidates for the Legislature and the governor's office, a University of Minnesota professor told MPR News Monday.
	10:33	Social Issues	<b>Minnesota Now with Cathy Wurzer: As cold creeps in, older adults find creative ways to stay socially connected and physically active.</b> Isolation for older adults is a public health issue.
	9:06	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: 'Freague' wants his 'funky,' 'swampy' music to stay vulnerable. The</b> Minneapolis musician released an album this month called 'Victim of a Rose.'
	5:49	Criminal Justice	<b>Ex Minneapolis police officers won't have jury trial for George Floyd's murder.</b> Former officer J. Alexander Kueng accepted a plea deal that will require him plead guilty to one charge. And instead of a jury trial, former officer Tou Thao's case will now be decided by a judge.
	11:15	International Politics	<b>Investigation: Family who died near Minnesota-Canada border were victims of human smuggling.</b> A new Canadian Broadcasting Corporation investigation looks into how this happened — and asks if their deaths could have been prevented.
			<b>TUESDAY OCTOBER 25, 2022</b>
9:06	47:30	Health/ Politics	<b>MPR News with Angela Davis: Your Vote: Abortion is top of mind for many voters heading into the election.</b> MPR News host Angela Davis talks with a legal historian and a political scientist about how abortion has emerged as one of the top issues for many voters and how it might influence the midterm election. Guests: Mary Ziegler is a professor of law at the University of California, Davis and the author of several books about social movements surrounding reproduction and abortion rights, including “Dollars for Life: The Anti-Abortion

			Movement and the Fall of the Republican Establishment.” Kathryn Pearson is an associate professor of political science at the University of Minnesota.
12:06	8:57	Education	<b>Minnesota Now with Cathy Wurzer: 5 things to know about Minnesota's low test scores.</b> Plummeting test scores in Minnesota aren't new. What solutions are out there?
	8:09	Politics	<b>Minnesota Now with Cathy Wurzer: Candidate profile: Incumbent DFL Governor Tim Walz.</b> Take a look back at the incumbent’s record.
	8:04	Politics	<b>Minnesota Now with Cathy Wurzer: Candidate profile: Republican challenger Scott Jensen.</b> Take a listen to Jensen’s track record here.
<b>WEDNESDAY OCTOBER 26, 2022</b>			
9:06	47:20	Criminal Justice/ Politics	<b>MPR News with Angela Davis: Your Vote: Crime is a top concern in the midterm election.</b> MPR News host Angela Davis talks about public safety and the role it might play as Minnesotans cast their ballots on Election Day. Guests: James Densley is a professor and chair of the department of criminal justice at the Brooklyn Park campus of Metropolitan State University. He has done research on criminal networks, violence, and policing and is the author of the book, “The Violence Project: How to Stop A Mass Shooting Epidemic.” Matthew Horace is the Chief Security Officer at Mayo Clinic in Rochester. He has 28 years of law enforcement experience on the federal and local level, including time at the Bureau of Alcohol, Tobacco and Firearms. He’s also the author of the book “The Black And The Blue: A Cop Reveals The Crimes, Racism and Injustice in America’s Law Enforcement.”
12:06	11:07	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: Nina Moini on the work history of Brian O'Hara, Minneapolis police chief nominee.</b> MPR News senior reporter Nina Moini joined Cathy Wurzer to share what she learned about Brian O’Hara during her time in Newark, New Jersey, their conversation taking place shortly before a Minneapolis city council hearing for Mayor Frey’s nominee.
	9:35	Family Life/ Health	<b>Minnesota Now with Cathy Wurzer: How local foster care advocates are changing hospital stay protocol.</b> Foster care advocates are raising awareness on a commonly used — but rarely talked about — protocol that has left a 10-year-old in a hospital emergency room for the last seven months.
	8:38	History	<b>Minnesota Now with Cathy Wurzer: Olmsted County's creepy dolls are back — and they know what you did last summer.</b> Since 2019, the History Center of Olmsted County in Rochester has been getting Halloween fans in the spirit of the season with its Creepy Doll contest and exhibit. The dolls are out, and polls are open now for most disturbing specimen of 2022.
	6:37	Family Life/ Health	<b>Foster care children are stuck in hospitals across the state: Do we have a solution?</b> Concerns are growing over protocol in the foster care system that has left a ten year-old boy in a hospital emergency room for the last seven months.
<b>THURSDAY OCTOBER 27, 2022</b>			
9:06	47:31	Politics	<b>MPR News with Angela Davis: Your Vote: What's the future of recreational marijuana legalization in Minnesota?</b> MPR News host Angela Davis talks about the future of marijuana legalization in Minnesota, what Minnesota can learn from other states and how the issue of marijuana legalization is influencing politics. Guests: Dasheeda Dawson is the founding chair of the Cannabis Regulators of Color Coalition and the founding director of Cannabis NYC. Beau Kilmer is the McCauley Chair in Drug Policy Innovation and director of the RAND Drug Policy Research Center in Santa Monica, California. David Gang is the director of the Washington State University Center for Cannabis Policy and Outreach, in Pullman, Washington.



12:06	11:11	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: The man who may be the next chief of police in Minneapolis answers our questions.</b> Minneapolis police chief nominee Brian O'Hara talks with Cathy Wurzer about his past police work in Newark, New Jersey, his record and his plans for the Minneapolis force.
12:06	9:14	Science	<b>Minnesota Now with Cathy Wurzer: This scientist is working with NASA to send astronauts with physical disabilities into space.</b> Dr. Pablo de León, director of the Human Spaceflight Laboratory at the University of North Dakota, is working with NASA to find ways to help astronauts with physical disabilities go into space. He talks with Cathy Wurzer about his work.
	5:26	Social Issues	<b>Minnesota Now with Cathy Wurzer: National 4-H winner from Minnesota turns toy cars into mobility devices for kids.</b> 20 year old Nicole Cash from Farmington, Minnesota just won a national 4-H award for her robotics invention that helps toddlers. She talks with Cathy Wurzer about the device and the magic of urban 4-H.
	8:48	Sports	<b>All the sports news you need to know: 10-27-22 edition.</b> The hockey season is kicking off as the baseball season is winding down, and some Minnesota football fans are feeling cautiously optimistic. Sports reporters Wally Langfellow and Eric Nelson talk with Cathy Wurzer about the latest pro sports news.
<b>FRIDAY OCTOBER 28, 2022</b>			
11:06	54:00	Arts and Culture	<b>MPR News with Kerri Miller: Talking Volumes: Celeste Ng on 'Our Missing Hearts'.</b> This week, on Big Books and Bold Ideas, you'll hear Ng on stage at the Fitzgerald Theater with host Kerri Miller for the second Talking Volumes event of 2022. They were joined by musical guest, Meghan Kreidler. Guest: Celeste Ng is an award-winning novelist. Her latest book, which published October 2022, is "Our Missing Hearts."
12:06	59:01	Politics	<b>Minnesota Now with Cathy Wurzer: Politics Friday: The Gubernatorial Debate.</b> With less than two weeks before Election Day, the DFL and Republican candidates for Minnesota governor met for their third and final debate on MPR News. Listen to the full debate here.
<b>MONDAY OCTOBER 31, 2022</b>			
9:06	46:59	Arts and Culture	<b>MPR News with Angela Davis: What can horror movies teach us about ourselves and our society?</b> People have been telling stories about monsters, ghosts and the supernatural for centuries. But why does horror appeal to us? What do we get out of scary stories? And what can they teach us about ourselves and our society? To answer those questions, MPR News host Angela Davis talks with a folklore professor. Guests: Jeffrey Tolbert is an assistant Professor of American Studies and Folklore at Penn State Harrisburg. He teaches courses on American horror movies and monsters, aliens and the supernatural.
12:06	9:32	Economy	<b>Minnesota Now with Cathy Wurzer: How a potential railroad strike could affect Minnesotans and our economy.</b> Kyle Goldschmidt, associate professor of operations and supply chain management at the University of St. Thomas speaks with guest host Melissa Townsend about the impact of a potential railroad workers strike on Minnesota.
	21:30	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: After fatal car crash, restorative justice brings peace for Maple Grove man.</b> When Johnny Palka's wife, Yvonne, was hit by a car and killed in November 2019, he had a choice: pursue traditional criminal prosecution for the driver, or something else.
	9:30	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Scrap metal and recycled materials are winning combo for Hastings artist.</b> His most recent exhibition has 14 life-size statues on display at the Lewis and Clark Interpretive Center in Sioux City, Iowa.
<b>TUESDAY NOVEMBER 1, 2022</b>			
9:06	47:01	Race/ Mental Health	<b>MPR News with Angela Davis: Penumbra Theatre takes on new role as center for racial healing.</b> MPR News host Angela Davis talks with members of Penumbra's leadership team about what it means to become a center for

			racial healing and what racial healing looks like for themselves and the community. Guests: Sarah Bellamy is president of Penumbra Theatre. Camille Cyprian is director of wellness at Penumbra Theatre. Christine Smith is equity director at Penumbra Theatre
12:06	5:54	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: Axel Henry named new St. Paul Chief of Police by Mayor Carter.</b> If approved by the St. Paul City Council, Henry will be the permanent replacement for retired Police Chief Todd Axtell.
	9:42	Politics	<b>Minnesota Now with Cathy Wurzer: Can political candidates actually follow through on their inflation promises? We find out.</b> Some state political candidates are campaigning on promises to curb inflation. Akshay Rao, a professor of Marketing at the University of Minnesota, breaks down the cause of inflation right now and what a candidate can and can't do about it.
	9:05	People and Places	<b>Minnesota Now with Cathy Wurzer: The little library that could: the story behind the Little Falls Carnegie Library.</b> A library funded by Andrew Carnegie in 1905 for \$10,000 still stands in the town of Little Falls, Minn. Mike Worcester, executive director of the Morrison County Historical Society, tells the story of this library and it's role in building the community of Little Falls.
<b>WEDNESDAY NOVEMBER 2, 2022</b>			
9:06	46:34	Health	<b>MPR News with Angela Davis: Just 20 minutes a day: The benefits of movement and physical activity.</b> MPR News host Angela Davis talks about the research into how regular physical activity benefits your body and mental wellness, why so many of us don't exercise and tips to help you start. Guests: Gretchen Reynolds is a health columnist who writes about exercise science and fitness for The Washington Post. She is the author of "The First 20 Minutes: Surprising Science Reveals How We Can Exercise Better, Train Smarter, Live Longer." Jennifer Holbein is an assistant professor of kinesiology at St. Olaf College. Steve Boring is the fitness director at the Rochester Athletic Club in Rochester.
12:06	8:19	Climate Change	<b>Minnesota Now with Cathy Wurzer: Climate change concerns fueling many Minnesota voters this year.</b> It may not be apparent from recent polling but climate change is a big concern for many Minnesota voters ahead of next week's election.
	9:18	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Reflecting on careers of Jimmy Jam, Terry Lewis ahead of Hall of Fame induction.</b> The music duo met in high school in Minneapolis before finding themselves atop the Billboard charts, thanks to collaborations with Janet Jackson and Usher.
	8:42	Politics	<b>Minnesota Now with Cathy Wurzer: 4 takeaways from Minnesota's spendiest congressional race.</b> The political race between Angie Craig and challenger Tyler Kistner in Minnesota's Second Congressional District is one of the most competitive in the nation.
	9:56	Health Care	<b>As RSV surges in Minnesota, journalist Jana Shortal shares her son's story.</b> KARE 11 journalist Jana Shortal got a firsthand look recently at the challenges faced by an overwhelmed health care system when her young son came down with RSV. She spoke to MPR News about the experience.
<b>THURSDAY NOVEMBER 3, 2022</b>			
9:06	49:49	Sports	<b>MPR News with Angela Davis: Soccer star Briana Scurry's 'greatest save' was herself.</b> Briana Scurry joined MPR News host Angela Davis to share stories about growing up in Minnesota, rising to the top as a professional soccer player, and then watching her life fall apart after a head injury ended her soccer career. Guest: Briana Scurry is a women's soccer player and a two-time Olympic gold medalist who graduated from Anoka High School.

12:06	9:34	Sports	<b>Minnesota Now with Cathy Wurzer: Latest in sports news from Wally Langfellow and Eric Nelson.</b> Wally, Eric, and Melissa talk about a recent Vikings win and mid-week trade. They also talk University of Minnesota Gophers football and Minnesota Wild hockey.
	9:25	Journalism	<b>Minnesota Now with Cathy Wurzer: Iron Rangers launch a news site to fill a gap in northern Minnesota.</b> Journalists Leah Ryan and Jerry Burnes hope their newly launched site Iron Range Today will sharpen the focus on issues critical to northern Minnesota residents. Local news voids have become increasingly common in the country as newspapers fold.
<b>FRIDAY NOVEMBER 4, 2022</b>			
11:06	54:00	Arts and Culture	<b>MPR News with Kerri Miller: Talking Volumes: Dani Shapiro on 'Signal Fires'</b> Dani Shapiro knows a thing or two about family secrets. Those same themes anchor the discussion she and MPR News host Kerri Miller had at Talking Volumes. Shapiro was on stage at the Fitzgerald Theater on Oct. 28 for a thoughtful and insightful conversation about regret, shame, seasons of life — and how she has become a beacon for secrets of all kinds.
12:06	51:15	Politics	<b>Minnesota Now with Cathy Wurzer: Politics Friday: 3rd District debate and the campaign for Minnesota Senate.</b> Minnesota's 3rd Congressional District was once a solidly Republican district, but since 2019 it's been represented by Democrat Dean Phillips. In this episode of Politics Friday, Phillips debates his Republican challenger Tom Weiler. Mike Mulcahy moderates a debate about what Congress can do about abortion, inflation, public safety, social security and more. Later in the hour, Mike talks to Minnesota Senate Majority Leader Jeremy Miller (R-Winona) and Sen. Erin Murphy (DFL-St. Paul) about next week's election.
<b>MONDAY NOVEMBER 7, 2022</b>			
9:06	46:40	Employment	<b>MPR News with Angela Davis: The future of work: Is a 4-day workweek achievable?</b> Would a shorter workweek improve workers' quality of life? Could companies cut employee's hours without changing wages? MPR News host Angela Davis talks about work-life balance and the challenges behind the four-day workweek. Guests: John Crea is the author of "Recalibrating the Labor Market: How to have your cake and time to eat it too." Chris Farrell is senior economics contributor at Marketplace, American Public Media's nationally syndicated public radio business and economic programs. He's also a senior economics contributor at MPR News.
12:06	9:12	Politics	<b>Minnesota Now with Cathy Wurzer: Conservative groups may be training Minnesota poll workers to gather data, potentially break the law.</b> Election judges are the temporary employees who process voter registrations, hand out ballots and report vote totals at the end of the night. But some are planning to do more than that.
	8:11	Environment	<b>Minnesota Now with Cathy Wurzer: 'Blood moon' expected Tuesday morning: When to see it in Minnesota.</b> If you're staying up really late Monday, or getting up really early Tuesday, don't forget to look up. An eerie red 'blood moon' lunar eclipse is expected, and it might be a while before we'll get to see one like it again.
	10:01	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: Could crime prevention begin with addressing childhood trauma? An expert weighs in.</b> Policing and crime are hot issues for most politicians running for office this fall. That conversation is mostly about how we treat people after they have committed a crime.
	9:11	People and Places	<b>'The Call of Antarctica: How a Rochester, Minn. man became first Black man on the continent.</b> He kept diaries — and those diaries are fodder for a new book by his daughter.
<b>TUESDAY NOVEMBER 8, 2022</b>			
9:06	47:03	Arts and Culture	<b>MPR News with Angela Davis: Twin Cities comedians on finding humor in stressful times.</b> The Twin Cities are known for a vibrant comedy scene. MPR News host Angela Davis talks with three local comedians about how they keep finding ways to make people laugh. Plus, we talk with MPR News digital editor Kaila White about what you need to know as you get ready to vote on Election Day. You can find more of MPR's election coverage here.

			Guests: Maggie Faris is a stand-up comedian. Ali Sultan is a stand-up comedian. Shyloh Blake is a stand-up comedian.
12:06	8:57	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Remembering Mimi Parker, co-founder of Low.</b> Remember Mimi Parker, co-founder of Low, an influential Duluth-based rock band.
	5:16	Politics	<b>Minnesota Now with Cathy Wurzer: Outside a polling place in South St. Paul, reporter Tim Nelson finds out what's driving voters this year.</b> MPR News reporter Tim Nelson spent several hours speaking to voters outside the Kaposia Education Center, an elementary school in South St. Paul.
	16:28	Immigration	<b>Minnesota Now with Cathy Wurzer: How Minnesotans are helping Ukrainian refugees settle in their new communities.</b> As the unrest in Ukraine nears the nine-month mark, Minnesotans continue to work to help refugees find places to live abroad.
	8:33	Gastronomy	<b>Meat lovers have a new way to find high quality products from across the state.</b> Based in Mankato, The Meatery MN is an online community focused on connecting meat lovers with high quality products from small businesses across the state.
<b>WEDNESDAY NOVEMBER 9, 2022</b>			
9:06	47:35	Politics	<b>MPR News with Angela Davis: Having fearless and curious conversations in politically divided times.</b> MPR News host Angela Davis talks about how divisive and contested elections stress communities and how we can reconnect through fearless and curious conversations with people with different political views. Guests: Joi Lewis is a coach, consultant and community healer. “Dr. Joi,” as she’s known to many, is founder of The Healing Justice Foundation and CEO of Joi Unlimited. She’s also the author of the book “Healing: The Act of Radical Self-Care.” Mónica Guzmán is a senior fellow for public practice at Braver Angels, a nonprofit working to depolarize America. She’s also author of the book “I Never Thought of It That Way: How to Have Fearlessly Curious Conversations in Dangerously Divided Times.” Ryan Pérez is a political campaign manager for COPAL, a grassroots statewide organization whose mission is to unite Latinos in Minnesota.
12:06	21:46	Politics	<b>Minnesota Now with Cathy Wurzer: Reelected Minnesota Gov. Tim Walz outlines second term priorities.</b> Tim Walz has been elected to his second term as governor of Minnesota. We hear his address to the state and get analysis from MPR Political Editor Mike Mulcahy and MN Now host Cathy Wurzer.
	9:56	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: 'Finding Her Beat' spotlights female Taiko drummers.</b> Minnesota filmmakers Dawn Mikkelson and Keri Pickett collaborated on the new documentary, which will show in Minneapolis this Friday.
	7:40	Politics	<b>Minnesota Now with Cathy Wurzer: How well did polls predict the midterm winners?</b> The pre-election polling and punditry pointed to strong Republican gains both nationally and here in Minnesota. That did not materialize. Host Cathy Wurzer talks with Craig Helmstetter, head of the APM Research Lab, which is part of the MPR News parent company, American Public Media Group.
<b>THURSDAY NOVEMBER 10, 2022</b>			
9:06	47:21	Health	<b>MPR News with Angela Davis: Are you feeling sleepy? Here’s how to get a better night’s rest.</b> MPR News host Angela Davis talks with two sleep experts about why rest is so important for your body and your mind, and how to deal with common sleep problems. Guests: Dr. Michael Howell is a neurologist who specializes in sleep disorders. He is the program director of the Clinical Sleep Medicine Fellowship at Hennepin Healthcare and the University of Minnesota, as well as the medical director of the Fairview Sleep Center-Edina. Dr. Virend Somers is a Mayo Clinic cardiologist with expertise in the metabolic and cardiovascular aspects of sleep.

12:06	7:08	Politics	<b>Minnesota Now with Cathy Wurzer: MN Attorney General Keith Ellison on his narrow win and his priorities moving forward.</b> Minnesota Attorney General Keith Ellison speaks with host Cathy Wurzer about his tight election and priorities moving forward into his second term.
	8:31	Politics	<b>Minnesota Now with Cathy Wurzer: Knock on a stranger's door to talk politics? These Minnesotans say sure!</b> Krista Gomez and Aaron Farris spent long afternoons door-knocking for their parties (DFL and GOP respectively) in the run up to the midterm elections. They talk with host Cathy Wurzer about how they're treated at the doors, how they try to get out the vote and how they feel about the outcome.
	9:17	Politics	<b>Minnesota Now with Cathy Wurzer: Now that the DFL controls the MN state government - what will they do with their power?</b> Host Cathy Wurzer talks with Erik Eskola, journalist and political observer and Brian Bakst, MPR News political reporter about what they are watching for when lawmakers convene this winter.
	10:31	Sports	<b>Vikings still lead NFC North, but Sunday could shake things up.</b> You're probably sick of political news by now. Let's talk sports.
<b>FRIDAY NOVEMBER 11, 2022</b>			
11:06	54:00	Arts and Culture	<b>MPR News with Kerri Miller: Talking Volumes: Ross Gay on 'Inciting Joy'.</b> Gay was in St. Paul in early November to talk with MPR News host Kerri Miller for the finale of the 2022 Talking Volumes season. The evening also featured music from Minneapolis artist MAYYADDA. Guest: Ross Gay is a poet, an essayist, a gardener and a professor. His new book is "Inciting Joy."
12:06	51:10	Politics	<b>Minnesota Now with Cathy Wurzer: Politics Friday: What will the DFL do with its (small) majorities?</b> Mike Mulcahy puts that question to the party's legislative leaders and Secretary of State Steve Simon. And he recaps the election with our political analysts.
<b>MONDAY NOVEMBER 14, 2022</b>			
9:06	46:44	Arts and Culture	<b>MPR News with Angela Davis: Dance performance that bridges communities.</b> Twin Cities dance artists Aparna Ramaswamy and Karen Charles talk with MPR News host Angela Davis about how the language of movement communicates deep emotion and builds bridges between people.
12:06	10:53	Immigration	<b>Minnesota Now with Cathy Wurzer: Minnesotan in Ukraine: Attacks continue as country braces for winter.</b> Brian Bonner is a former journalist for the St. Paul Pioneer Press and the former editor of the Kyiv Post, Ukraine's premiere English language newspaper.
	9:45	Religion/ People and Places	<b>Minnesota Now with Cathy Wurzer: In new memoir, Elisa Bernick on growing up Jewish in 1960s New Hope, Minnesota.</b> Elisa Bernick grew up with her share of family drama in suburban New Hope, Minnesota. But in a new book, she explores the roots of that drama and comes to some astounding and healing revelations.
	10:21	Law and Justice	<b>Minnesota Now with Cathy Wurzer: Confused about Minnesota's THC edibles law? This cannabis attorney has answers.</b> In July Minnesota legalized edibles containing small amounts of hemp-derived THC. This is the biggest step the state has taken in legalizing marijuana but after six months, there is still a lot of confusion on sale regulations leading to cities to make it up as they go.
	5:46	History	<b>Remembering writer Meridel Le Sueur, two decades after her death.</b> In Mondays installment of Minnesota Now and Then - we remember Meridel Le Sueur who died today, Nov. 14, in 1996. She was 96 years old.
	7:01	Arts and Culture	<b>'A Serious Man' gets the spotlight at Twin Cities Jewish Film Festival.</b> A Serious Man is getting some serious attention from the Twin Cities Jewish Film Festival, which is running through Saturday.
<b>TUESDAY NOVEMBER 15, 2022</b>			

9:06	49:08	People and Places	<b>MPR News with Angela Davis: Obama’s former speechwriter reflects on time White House in new book ‘Grace’.</b> Cody Keenan served as former President Barack Obama’s chief speechwriter during the president’s time in the White House. In his new book, Keenan takes readers inside a pivotal 10-day period in Obama’s presidency.
12:06	8:56	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: 30 years after murder of Minneapolis police officer, killer could be released.</b> Amwati Peppi McKenzie, one of four convicted in Jerry Haaf's death, was 19 years old at the time. He's now 49 years old.
	9:35	Environment	<b>Minnesota Now with Cathy Wurzer: Winter driving tips from a longtime driver's education teacher.</b> Cathy Wurzer talked to Jim Hudspeth, who teaches driver's education in Shakopee and New Prague.
	9:50	Environment	<b>Minnesota Now with Cathy Wurzer: 'Weather' caucus? Two meteorologists elected to Minnesota Senate.</b> The two are likely the first meteorologists who will be Minnesota senators.
	10:44	Government	<b>'City of Hustle:' New anthology explores history of Sioux Falls.</b> Sioux Falls, South Dakota is known as the Queen City. A new anthology offers another nickname.
<b>WEDNESDAY NOVEMBER 16, 2022</b>			
9:06	43:12	Social Issues	<b>MPR News with Angela Davis: What to know when you’re going through a 'quarterlife crisis'.</b> MPR News host Angela Davis talks about how people in their 20s and 30s can get through this pivotal time in life, and what going through a quarterlife crisis can teach us about ourselves through this period of intense soul searching. Guests: Satya Doyle Byock is a psychotherapist and the author of “Quarterlife: The Search for Self in Early Adulthood,” which was published July 2022. Sierra Grandy is a volunteer with National Alliance on Mental Illness (NAMI) Minnesota.
12:06	12:59	Health Care	<b>Minnesota Now with Cathy Wurzer: Reactions to merger plan of two healthcare giants, Sanford and Fairview.</b> Sanford Health, based in Sioux Falls, and Fairview Health Systems in Minneapolis want to join forces. Host Cathy Wurzer gets reactions from Cara Hetland, the Director of Radio and Journalism Content for South Dakota Public Broadcasting, and Laurie Swanson, former Minnesota Attorney General who dealt with a similar merger plan in 2013.
	8:57	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: 'Bring Her Home' filmmaker elevates stories of Native women lost but not forgotten.</b> MPR News host Cathy Wurzer spoke Wednesday with filmmaker Leya Hale about “Bring Her Home,” Hale’s award winning documentary on the plight of missing and murdered Indigenous women. Twin Cities Public Television is streaming the film on its website this month.
	5:49	Environment	<b>Minnesota Now with Cathy Wurzer: Snow and cold: Weather news with Paul Huttner.</b> Mother Nature is always full of surprises here in Minnesota. We’ve gone from above average temps to below average temps with lots and lots and lots of snow! What's in store next? Host Cathy Wurzer ask MPR Chief Meteorologist Paul Huttner.
	11:47	Arts and Culture	<b>Ellen Stanley celebrates 20 years of her 'Womenfolk' show with an epic concert.</b> Host Cathy Wurzer talks with Ellen Stanley, musician and host of KFAP’s show "Womenfolk” about music, her 20-year run on the radio, and the event celebrating it all happening on Nov. 20 at the Parkway Theater in Minneapolis.
<b>THURSDAY NOVEMBER 17, 2022</b>			
9:06	47:32	Philanthropy	<b>MPR News with Angela Davis: How Bill and Penny George became a power couple in Minnesota philanthropy.</b> Bill George led Medtronic with heart and soul. His wife Penny George is a breast cancer survivor whose treatments led her to champion holistic healthcare for everyone. MPR News host Angela Davis talks with this Twin Cities power couple about how their experiences and values shape their philanthropy.
12:06	7:47	People and Places	<b>Minnesota Now with Cathy Wurzer: 100 countries and counting: Gail Shore on a lifetime of travel.</b> She spoke with host Cathy Wurzer about what she’s learned from 50 years of travel.

	4:48	Health Care	<b>Minnesota Now with Cathy Wurzer: Minnesota nurses will vote on new strike, two months after walkout.</b> 15,000 nurses in the Minnesota Nurses Association union will vote Nov. 3 on whether to strike — again.
	7:25	Sports	<b>Minnesota Now with Cathy Wurzer: Reflecting on that big Vikings win, plus a preview of Minnesota vs. Iowa.</b> Our sports experts Wally and Eric are back.
	10:50	People and Places	<b>Jan Malcolm reflects on tenure as health commissioner.</b> After nine years, Jan Malcolm says she plans to retire after a long career in public service. She led the state through the COVID-19 pandemic as health commissioner.
	5:17	Social Issues	<b>Transgender Day of Remembrance kindles sadness, celebration.</b> Transgender Day of Remembrance on Nov. 20 honors the memory of those killed in acts of anti-transgender violence. On Thursday, Cathy Wurzer spoke with Alex Iantaffi, a Minneapolis family therapist who works with transgender people about the day, and its importance.
			<b>FRIDAY NOVEMBER 18, 2022</b>
11:06	56:02	Arts and Culture	<b>MPR News with Kerri Miller: Jessie Burton returns to family secrets in Amsterdam with 'The House of Fortune'.</b> This Friday on Big Books and Bold Ideas, host Kerri Miller sat down with Burton and talked about what it's like to write a sequel and how looking back is often the key to moving forward. Guest: Jessie Burton is an award-winning novelist of four books, including "The Miniaturist" and its new companion novel, "The House of Fortune."
			<b>MONDAY NOVEMBER 21, 2022</b>
9:06	47:24	Employment	<b>MPR News with Angela Davis: Life after layoff: Surviving job loss and picking up the pieces.</b> For workers, losing your job can trigger shock, anger, sadness and shame. It can impact your identity and sense of self, in addition to your money. So how do you recover from the devastating loss of a job, or a career built over time? MPR News host Angela Davis talks about life after getting laid off. Guests: Avery Bardell is a workforce development manager with Goodwill-Easter Seals Minnesota. Bonnie Gross is the executive vice president of talent services Ovative Group. Chris Farrell is senior economics contributor at Marketplace, American Public Media's nationally syndicated public radio business and economic programs. He's also a senior economics contributor at MPR News.
12:06	5:59	Politics	<b>Minnesota Now with Cathy Wurzer: Ilhan Omar responds to Kevin McCarthy's vow to remove her from House committees.</b> House Republican Leader Kevin McCarthy threatened to make the move over what he called anti-Semitic comments on Sunday.
	8:35	Economics	<b>Minnesota Now with Cathy Wurzer: How to avoid long lines, high prices during Thanksgiving travel.</b> Pack your patience because more than 32,000 passengers are expected to clear security checkpoints over the next few days.
	10:24	Family Life	<b>Minnesota Now with Cathy Wurzer: 'Defining Diego' podcast explores the complexity of international adoption.</b> One Guatemalan adoptee and his mother, a reporter who documented their journey from his earliest steps, try to understand how international adoption boomed and busted.
	8:05	Social Issues	<b>Report finds Somali Muslim families may be targets for risky home ownership deals.</b> A new investigation found that local real estate investors are targeting Somali Muslim families to engage in risky financial deals.
	8:46	Gender	<b>Minnesota Now and Then: American Indian Women's Caucus member looks back on the first ever National Women's Conference.</b> Bonnie Wallace joined Cathy Wurzer to talk about the first and only women's conference approved of and funded by the federal government, 44 years ago this month.
			<b>TUESDAY NOVEMBER 22, 2022</b>
9:06	47:59	Gastronomy	<b>MPR News with Angela Davis: Chef Gavin Kaysen on his new restaurant and fine dining in the Twin Cities.</b> MPR News host Angela Davis talks with Kaysen about why he still believes in downtown Minneapolis, the importance of hospitality, his role with the new Iron Chef season and balancing family and work. Guest: Gavin Kaysen is an award-winning chef. He is the owner and chef of the Minneapolis restaurants Mara, Spoon and Stable and Demi.

12:06	8:17	Environment	<b>Minnesota Now with Cathy Wurzer: Minnesota startup aims to permanently remove carbon dioxide from atmosphere.</b> Host Cathy Wurzer spoke with Andrew Jones, CEO and co-founder of Carba.
	10:42	Environment	<b>Minnesota Now with Cathy Wurzer: Efforts to restore white pine to Minnesota's Northwoods are taking root.</b> The number of white pines in the Northwoods is a fraction of what it was in the late 1800s. But that number is slowly growing.
	7:05	History	<b>Minnesota Now with Cathy Wurzer: Why shark teeth are some of Minnesota's most common fossils.</b> More than 80 million years ago when dinosaurs walked the earth, a sea covered much of Minnesota.
	7:53	Gastronomy	<b>Farm to table tips for your Thanksgiving table.</b> Gardener Meg Cowden will use everything she's gotten from her harvest this fall.
			<b>WEDNESDAY NOVEMBER 23, 2022</b>
9:06	47:29	Social Issues	<b>MPR News with Angela Davis: Why hunger is rising in Minnesota and what can be done to help.</b> Allison O'Toole, is the CEO of Second Harvest Heartland, a food bank that distributes food to about 400 food shelves in Minnesota and Wisconsin. Deisy De Leon Esqueda, is the manager of the ECHO Food Shelf in Mankato. Rob Williams is the founder and president of Every Meal, a nonprofit organization based in Roseville which works in schools to distribute food directly to students. MPR News host Angela Davis led a conversation about rising food insecurity in Minnesota and possible solutions.
12:06	8:36	Politics	<b>Minnesota Now with Cathy Wurzer: Minnesotans walk to D.C., calling to free Leonard Peltier in 'Walk to Justice'.</b> The group made it to Washington last week.
	11:02	Environment	<b>Minnesota Now with Cathy Wurzer: Documentary highlights designated Dark Sky Places in Northern Minnesota.</b> Our star-bright northern skies are beckoning.
	6:07	Environment	<b>Minnesota Now with Cathy Wurzer: Mild Thanksgiving weather weekend in store, but storms possible next week.</b> MPR Chief Meteorologist Paul Huttner gave Host Cathy Wurzer an update.
			<b>THURSDAY NOVEMBER 24, 2022</b>
			<b>Thanksgiving</b>
			<b>FRIDAY NOVEMBER 25, 2022</b>
			<b>Day After Thanksgiving</b>
			<b>MONDAY NOVEMBER 28, 2022</b>
9:06	47:20	Economics	<b>MPR News with Angela Davis: Stressed about money this holiday season? It doesn't have to be so expensive.</b> MPR News host Angela Davis talks with two financial experts about the importance of frugality and how to practice mindful spending. Guests: Chris Farrell is the senior economics contributor for MPR News. Jennifer Garbow is an educator with the University of Minnesota Extension Center for Family Development in Duluth.
12:06	7:28	Criminal Justice	<b>Minnesota Now with Cathy Wurzer: What's the deal with the new Minneapolis police oversight proposal?</b> Host Cathy Wurzer talks with Rachel Moran about the city of Minneapolis' plan to replace the city's long-criticized police civilian review process with a new Community Commission on Police Oversight. Moran is a professor at St Thomas School of Law and an expert on police accountability and oversight boards.
	20:56	Gastronomy	<b>Minnesota Now with Cathy Wurzer: Stephanie Hansen dishes on the recipes in her new cookbook 'True North Cabin Cookbook'.</b> Stephanie Hansen, from FM 107 and The Jason Show talks with host Cathy Wurzer about her new cookbook "True North Cabin Cookbook" and winter cooking with a summer cabin feel.
	9:12	Politics	<b>Minnesota Now with Cathy Wurzer: How government action encouraged shock jocks and talk radio that changed the political game.</b> Host Cathy Wurzer talks with Minneapolis-based independent journalist Katie



			Thornton just came out with a new 5-part series on WNYC's show "On the Media" about how the the American right came to dominate talk radio, and how one company is launching a conservative media empire on the airwaves.
	7:23	Arts and Culture	<b>The sound of the Wild: John deCausmeaker reflects on singing to hockey fans.</b> The national anthem is one of the first things Wild fans hear at their hockey games. The man belting out that song has a story of his own. John deCausmeaker talks with host Cathy Wurzer about his career and his current gig.
			<b>TUESDAY NOVEMBER 29, 2022</b>
9:06	49:32	Gender/ Politics	<b>MPR News with Angela Davis: 3 questions for the 3 Black women about to make Minnesota Senate history.</b> MPR News host Angela Davis spoke with senators-elect Erin Maye Quade, Clare Oumou Verbeten and Zaynab Mohamed about what drew them to politics, their goals for the upcoming term and what they'll bring to the chamber starting Jan. 3.
12:06	4:36	Environment	<b>Minnesota Now with Cathy Wurzer: Dacey afternoon commute in store for Twin Cities.</b> MPR Meteorologist Sven Sundgaard is here for more details.
	10:08	Sports	<b>Minnesota Now with Cathy Wurzer: For Iranian Minnesotans, the World Cup looks different this year.</b> The Minnesota Committee in Support of a Democratic Iran has been protesting against the Iranian government.
	8:18	Education	<b>Minnesota Now with Cathy Wurzer: What will school funding look like in Minnesota in 2023?</b> Host Cathy Wurzer talked with Becky Dernbach, an education reporter with the Sahar Journal.
	9:35	People and Places	<b>How a Rochester, Minn. archaeologist became a go-to expert in Herculaneum.</b> Host Cathy Wurzer talks with Jane Bisel, the daughter of archaeologist Sara Bisel.
			<b>WEDNESDAY NOVEMBER 30, 2022</b>
9:06	47:17	Medicine	<b>MPR News with Angela Davis: New approaches to managing type 2 diabetes.</b> MPR News host Angela Davis talks with two doctors about new developments in lifestyle interventions, medicines and how to better manage type 2 diabetes. Guests: Dr. Iesha A. Galloway-Gilliam is an internal medicine physician and obesity medicine director of the Comprehensive Weight Management Center at Hennepin Healthcare. Dr. Rozalina McCoy is an associate professor of medicine at the Mayo Clinic and a primary care physician, endocrinologist and medical director of the Mayo Clinic Ambulance Community Paramedic Program.
12:06	6:07	Environment	<b>Minnesota Now with Cathy Wurzer: After the second snowiest November in 25 years, more snow is on the way.</b> Get our weekly weather update here.
	8:52	History	<b>Minnesota Now with Cathy Wurzer: A new map is restoring Native names to places in Northern Minnesota.</b> A partnership between the Bois Forte Band of Chippewa, the non-profit Ely Folk School, and volunteer artists is restoring erased Indigenous names to their rightful places.
	7:46	Employment	<b>Minnesota Now with Cathy Wurzer: Why has the U.S. House voted to block railroad workers from negotiating a new contract?</b> Host Cathy Wurzer talks with Louis Johnston, professor in the Economics department at Saint John's University about a possible strike among railroad workers and the U.S. House of Representatives vote on stopping it.
	9:21	Gender	<b>Monthly live women's cabaret amplifies women's voices on a new podcast.</b> After being cast aside from A Prairie Home Companion, Sue Scott started new monthly live cabaret highlighting a wide variety of women's voices.
	9:17	Arts and Culture	<b>Anishinaabe author Linda LeGarde Grover on the power of stories to connect.</b> Anishinaabe author Linda LeGarde Grover, Bois Forte Band, talks with host Cathy Wurzer about the power of stories to strengthen families and cultural connections. LeGarde is professor emeritus of American Indian Studies at the University of Minnesota Duluth and her latest book is called "Gichigami Hearts."
			<b>THURSDAY DECEMBER 1, 2022</b>

9:06	44:59	Race	<b>MPR News with Angela Davis: Adair Mosley’s vision for racial equity in Minnesota.</b> Adair Mosley opened a grocery store and launched a scholarship program while he led the Minneapolis nonprofit Pillsbury United Communities. MPR News host Angela Davis talked with Adair Mosley about his work in the community, why humility is central to leadership and what he hopes to do in his new job.
12:06	6:58	Labor	<b>Minnesota Now with Cathy Wurzer: Minnesota nurses authorize December strike.</b> Host Cathy Wurzer talks with MPR News reporter Michelle Wiley about what comes next.
	10:07	Medicine	<b>Minnesota Now with Cathy Wurzer: How medical advancements have changed AIDS treatment in Minnesota.</b> Today, on this World AIDS Day, there are more than 9,000 people living with HIV in Minnesota.
	10:08	Health Care	<b>Minnesota Now with Cathy Wurzer: Questions about RSV and kids? This Minnesota pediatrician has answers.</b> “Many of the kids who were born over the pandemic years and have not seen RSV or flu are being impacted more significantly, Dr. Sameer Gupta, Chief Medical Officer for University of Minnesota Masonic Children’s Hospital, told MPR News Thursday.
	6:55	Sports	<b>US Soccer plays Netherlands Sunday in World Cup, and other sports news.</b> Our sports guys Wally Langfellow and Eric Nelson are back.
<b>FRIDAY DECEMBER 2, 2022</b>			
12:06	53:26	Arts and Culture	<b>MPR News with Kerri Miller: David Treuer’s first novel, “Little,” was republished by Graywolf Press in November.</b> What does Treuer think of his inaugural work now, almost 30 years after it was first released? And how has he grown as both a writer and a person? That’s the conversation on this week’s Big Books and Bold Ideas with host Kerri Miller.
<b>MONDAY DECEMBER 5, 2022</b>			
9:06	46:58	Labor	<b>MPR News with Angela Davis: Stay interviews, office perks: How employers are trying to get workers to stay.</b> MPR News host Angela Davis talks with two guests about what’s happening to improve worker retention. Guests: Mary Zellmer-Bruhn is the chair of the Work and Organizations Department at the University of Minnesota’s Carlson School of Management. Chris Farrell is MPR News’ senior economics contributor.
12:06	54:00	Social Issues	<b>Minnesota Now with Cathy Wurzer: Jonathan Reckford on Service: The Antidote to Polarization.</b> Healing our divides starts at home. Building community and serving others is a pathway to better understanding and deeper appreciation across our divides. That’s the message of Jonathan Reckford, chief executive officer of Habitat for Humanity International. He will speak to how we each of us serving others and the greater good can start healing our divisions.
<b>TUESDAY DECEMBER 6, 2022</b>			
9:06	46:48	Education	<b>MPR News with Angela Davis: Why Minnesotan kids lag in their reading level and what can be done to help.</b> One in three Minnesota fourth graders can’t read at a basic level. Is there a better way to teach reading? MPR News host Angela Davis talked with APM reporter and producer Emily Hanford about the new podcast “Sold a Story: How Teaching Kids to Read Went So Wrong.”
<b>WEDNESDAY DECEMBER 7, 2022</b>			
9:06	47:16	Social Relationships	<b>MPR News with Angela Davis: What it means to practice forgiveness and why it should be a part of your routine.</b> MPR News host Angela Davis talks with Mary Hayes Grieco about forgiveness and why forgiving the people who hurt you the most is beneficial to your health. Guest: Mary Hayes Grieco is the author of “Unconditional Forgiveness: A Simple and Proven Method to Forgive Everyone and Everything” and the director of The Midwest Institute for Forgiveness Training in Minneapolis.

12:06	54:00	People and Places	<b>Minnesota Now with Cathy Wurzer: Westminster Town Hall Forum - A Conversation with Eric Holder.</b> Eric H. Holder, Jr. made history in 2009 when President Obama appointed him as attorney general, the first African American to hold that position. During his tenure, he championed hallmark legislation on voting rights, immigration law, national security, and same-sex marriage. Since leaving office, he has continued his pursuit of for civil rights. His highly anticipated first book, <i>Our Unfinished March: The Violent Past and Imperiled Future of the Vote-A History, a Crisis, a Plan</i> (May 2022), co-authored with Sam Koppelman, is a dramatic history of the vote in America and an urgent summons to protect and perfect our democracy.
<b>THURSDAY DECEMBER 8, 2022</b>			
9:06	46:47	Education	<b>MPR News with Angela Davis: The best books to give kids this holiday season, from a bookseller and librarian.</b> MPR News host Angela Davis talked to a bookseller and a librarian about some of the best books for kids and teens this holiday season. Guests: Holly Weinkauff is the owner of the Red Balloon Bookshop in St. Paul. Lisa Von Drasek is a librarian and curator of the Children's Research Collection, home of the Kerlan Collection, at the University of Minnesota Libraries.
<b>FRIDAY DECEMBER 9, 2022</b>			
11:06	54:00	Social Issues	<b>MPR News with Kerri Miller: Annie Duke on how to get better at quitting.</b> On this week's Big Books and Bold Ideas: Why success means quitting more often. Annie Duke writes that we often stay at a job that makes us unhappy or hang onto a relationship that's going nowhere because we associate quitting with failure. That's wrong!
<b>MONDAY DECEMBER 12, 2022</b>			
9:06	46:27	Labor	<b>MPR News with Angela Davis: 'It's a human rights issue': The year of Minnesota strikes and union organizing.</b> MPR News host Angela Davis talks to a labor journalist and a labor historian about how more workers are turning to collective bargaining in our tight labor market to deal with inflation, low staffing and growing discontent with workplace demands and income inequality. Guests: William Jones is a professor of history at the University of Minnesota. He studies and writes about organized labor, unions, racial inequality and the history of the Civil Rights movement. Lauren Kaori Gurley is the labor reporter for The Washington Post. She previously covered labor and tech for Vice's Motherboard.
12:06	10:30	Health Care	<b>Minnesota Now with Cathy Wurzer: A pediatrician answers your COVID, RSV questions.</b> Host Cathy Wurzer talked with Angela Mattke, a pediatrician at Mayo Clinic.
	9:37	Education	<b>Minnesota Now with Cathy Wurzer: How Kwanzaa became a calling for a Minnesota teacher.</b> Titalayo Bediako first introduced her sixth-grade students to Kwanzaa back in 1996.
	8:05	Environment	<b>Minnesota Now with Cathy Wurzer: Messy weather week ahead for much of Minnesota.</b> This winter storm produced heavy snow in the Sierra Nevada over the weekend. This week it will be in Minnesota.
	10:33	History	<b>Remembering LGBTQ activist Jean Tretter.</b> Jean Tretter passed away on Friday. But his legacy lives on at the University where he found so little support in the 1970s.
<b>TUESDAY DECEMBER 13, 2022</b>			
9:06	47:07	Religion	<b>MPR News with Angela Davis: Three perspectives on the 'high tide of American antisemitism'.</b> MPR News host Angela Davis talked with three guests about what is behind the rise in antisemitism and how we can address it. Guests: Pamela Nadell is a professor of women's and gender history and the director of the Jewish studies program at American University in Washington, D.C. She is currently working on a book about the history of antisemitism. Yair Rosenberg is a writer at The Atlantic. He writes the Deep Shtetl newsletter and covers the intersection of politics, culture, and religion. Rabbi Marcia Zimmerman has been senior rabbi at Temple Israel in Minneapolis for 20 years.

12:06	9:58	Arts and Culture	<b>Minnesota Now with Cathy Wurzer: Minnesota Now and Then: Judy Garland's life in Grand Rapids, Minn.</b> Judy Garland performed for the first time ever in Grand Rapids on Dec. 26, 1924.
	7:44	Education	<b>Minnesota Now with Cathy Wurzer: Ask a science teacher with Jill Jensen.</b> Ever wondered if humans will ever go to the moon again? Or what bumblebees are thinking? You've come to the right place.
	5:43	Sports/ Race	<b>Minnesota Now with Cathy Wurzer: First ever Indigenous games day bands together northern Minnesotan students of all abilities and backgrounds.</b> Learn more about the indigenous games Mighty Rabbit Hunter and Catch the Lizards Tail.
	6:11	Environment	<b>3 earth-friendly tips to slash salt, keep icy sidewalks safe.</b> Road salt contamination is a serious environmental problem in Minnesota, but there are ways to keep yourself safe and environmentally sound, a key state expert told MPR News Tuesday as an icy winter storm spread across the state.
			<b>WEDNESDAY DECEMBER 14, 2022</b>
9:06	46:27	Social Issues	<b>MPR News with Angela Davis: Embracing solitude.</b> MPR News host Angela Davis talks with two guests about how and why we should make short moments of solitude and longer retreats alone a regular part of our routine. Guests: Thuy-vy Nguyen is an assistant professor in the Department of Psychology at Durham University in the United Kingdom. Thuy-vy is co-authoring "Solitude: The Science and Power of Going At It Alone" with Netta Weinstein and Heather Hansen. the book will be published in 2023. Tim Drake is the executive director of Pacem in Terris, A Minnesota Hermitage Retreat Center.
12:06	17:00	Environment	<b>Minnesota Now with Cathy Wurzer: Ice, rain and thunder snow, oh my! The latest on the system passing through Minnesota.</b> Cathy Wurzer talks with two meteorologists about the latest weather details about the storm system moving across Minnesota.
	9:56	Education	<b>Minnesota Now with Cathy Wurzer: How to pick the best books for the kids in your life (and their parents).</b> Minnesota Now producer Melissa Townsend talks with UMN Children's Literature expert about how to select a good book for the children in your life (and their parents).
	7:20	Education	<b>Minnesota Now with Cathy Wurzer: Why is Minnesota failing to draw BIPOC teachers from out-state?</b> Host Cathy Wurzer talks with Markus Flynn from Black Men Teach about ways to draw BIPOC teachers to Minnesota schools.
	10:32	Arts and Culture	<b>A Twin Cities holiday classic: Black Nativity is a must-see show.</b> Want to see something besides A Christmas Carol at the theater this year? Here's an idea.
			<b>THURSDAY DECEMBER 15, 2022</b>
9:06	56:33	Education	<b>MPR News with Angela Davis: COVID learning loss in Minnesota schools: Five things you should know.</b> A group of education professionals shared what they are seeing at school with MPR News host Angela Davis. Together they explored what to do to confront the challenges. Guests: Josh Crosson is the executive director of Ed Allies, an organization that works to ensure that all Minnesota students, especially those most underserved, have access to a great education. Rachel Pearson is a parent advocate and trainer at the PACER Center, a nonprofit that champions youth with disabilities and their families. Brenda Cassellius has spent three decades as an educator – most recently as the superintendent of Boston Public Schools, and before that, as Minnesota's Commissioner of Education.
12:06	5:31	Environment	<b>Minnesota Now with Cathy Wurzer: Minnesota's winter storm isn't letting up yet.</b> Keep your shovels at the ready.
	9:14	Gastronomy	<b>Minnesota Now with Cathy Wurzer: Christmas Lutefisk: Love it or leave it? Orders are dwindling, but still big.</b> This controversial traditional dish might (finally!?) be waning in popularity.

	9:46	Sports	<b>Minnesota Now with Cathy Wurzer: This week in sports news with Wally and Eric.</b> Listen for Vikings season outlook, Twins players leaving the team, Gophers heading to New York City and the latest on the World Cup.
<b>FRIDAY DECEMBER 16, 2022</b>			
11:06	51:15	Arts and Culture	<b>MPR News with Kerri Miller: Canine psychologist Alexandra Horowitz on her book 'The Year of the Puppy'.</b> Dog week continues on Big Books and Bold Ideas with a conversation about what canine researcher Alexandra Horowitz learned by observing and then adopting a puppy. What happens during that critical first year of a dog's life — and how can learning about it help us become better companions and caretakers?
<b>MONDAY DECEMBER 19, 2022</b>			
9:06	47:00	Politics	<b>MPR News with Angela Davis: Housing Commissioner Jennifer Ho has big plans to get more Minnesotans into homes.</b> MPR News host Angela Davis talks with Jennifer Ho, Commissioner of the Minnesota Housing Finance Agency about what's driving higher housing costs and why she thinks its time for government to "go big" to help more people into homes. Plus, MPR News senior economics contributor Chris Farrell brings us the latest financial news. Guests: Jennifer Ho is the commissioner of Minnesota Housing Finance Agency, which provides the state's housing finance agency.
<b>TUESDAY DECEMBER 20, 2022</b>			
9:06	47:02	Family Life	<b>MPR News with Angela Davis: Gifting a DNA test? You might reveal a life-changing family secret.</b> MPR News host Angela Davis spoke with a writer who discovered her previously unknown biological father through a home DNA test and a family therapist on how to process big family secrets that may change your life. Guests: Leeanne R. Hay is a freelance writer in north Texas and is the author of "NPE* A Story Guide For Unexpected DNA Discoveries." NPE stands for non-paternity event. Kirsten Lind Seal is a licensed marriage and family therapist practicing in Minneapolis.
12:06	11:45	Health	<b>Minnesota Now with Cathy Wurzer: A drastically different life: Minneapolis woman shares her continued COVID struggle.</b> MPR News host Cathy Wurzer caught up with Savannah Brooks after nearly 10 months of serious long COVID symptoms.
	14:58	Journalism	<b>Minnesota Now with Cathy Wurzer: Here are MPR News reporters favorite stories from this year.</b> Take a look back at our faves from across the state.
	10:01	People and Places	<b>Minnesota Now with Cathy Wurzer: Want to check out holiday lights in your area? Find the complete guide here.</b> KSTP's Mike Marcotte creates a yearly guide for holiday light displays across the state.
<b>WEDNESDAY DECEMBER 21, 2022</b>			
9:06	46:31	People and Places	<b>MPR News with Angela Davis: Share your winter holiday traditions with us.</b> MPR News host Angela Davis talks with three guests about the many unique holiday traditions in our state, where they came from and why they are important to us. Guests: Mee Vang is the president of The United Hmong Family Inc. Anton Treuer is a professor of Ojibwe at Bemidji State University. He specializes in tribal sovereignty and history and Ojibwe language and culture. Alex Weston is the program associate at the Minnesota Historical Society.
12:06	7:37	Environment	<b>Minnesota Now with Cathy Wurzer: Huttner: Winter storm will make for tough holiday travel.</b> This is just the start. Ground blizzard conditions could make visibility rough.
	5:48	Environment	<b>Minnesota Now with Cathy Wurzer: One week after investigation, Minnesota-based 3M will stop making 'forever chemicals'.</b> Host Cathy Wurzer talked with Minnesota Reformer reporter Deena Winter behind the investigation.
	6:26	International Politics	<b>Minnesota Now with Cathy Wurzer: Ukrainian Minnesotan shares hopes, fears 10 months after invasion of Ukraine.</b> Liliya Kacharova is a Ukrainian American chemistry professor in Duluth.

	7:29	People and Places	<b>The Minnesota lake you won't find on any map.</b> Jim Cotter, geology professor at the University of Minnesota Morris, is back with us on Minnesota Now to give us the next chapter in his geologist's tour of Minnesota history.
<b>THURSDAY DECEMBER 22, 2022</b>			
9:06	46:37	Education	<b>MPR News with Angela Davis: Can Minnesota schools do better at teaching kids to read?</b> A new investigative podcast from American Public Media explores how a common way of teaching reading fails students. Earlier this month, MPR News with Angela Davis talked with Emily Hanford, lead producer of "Sold a Story: How Teaching Kids to Read Went So Wrong." Guests: Katie Pekel is executive director of educational leadership at the University of Minnesota where she heads up the Minnesota Principals Academy and other programs to train and inform school system leaders. She's a former teacher and elementary and middle school principal. Athena Goff is a WINN literacy teacher at Phalen Lake Hmong Studies Magnet School in St. Paul Public Schools where she teaches reading to small groups of kindergarten through third grade students. Katharine Campbell is a former special education teacher and director of literacy partnerships with Groves Learning Organization. The literacy partnership program offers literacy training and reading curriculum to elementary schools in the Twin Cities.
12:06	5:12	Social Issues	<b>Minnesota Now with Cathy Wurzer: In bitter cold, public transit becomes a refuge for some.</b> For homeless people in the Twin Cities, keeping warm in subzero temperatures is a constant struggle. Metro Transit buses and light rail trains often serve as a respite. MPR News reporter Feven Gerezgiher hopped on the Green Line in Minneapolis Thursday to gather stories.
	5:10	Environment	<b>Minnesota Now with Cathy Wurzer: Sundgaard: Winter storm could put a wrench in your travel plans.</b> Blizzard warnings, winter storm warnings or wind chill advisories are in effect across the state.
	15:54	Social Issues	<b>Minnesota Now with Cathy Wurzer: 'Tears and heaviness:' Dealing with grief during the holidays.</b> Carolyn Lange knows immeasurable grief all too well. This is her second Christmas without her son, Andrew.
	8:50	Politics	<b>Top stories of 2022: Roe v. Wade's fall and its impact on Minnesota.</b> Hours after that June decision, host Cathy Wurzer talked with University of Minnesota law professor Jill Hasday about the impacts of the ruling.
	8:46	Sports	<b>After that comeback win, where do the Vikings go from here?</b> The Vikings will face off against the New York Giants in Minneapolis on Saturday.
<b>FRIDAY DECEMBER 23, 2022</b>			
11:06	51:22	Arts and Culture	<b>MPR News with Kerri Miller: Jane Smiley on her new novel, 'A Dangerous Business'</b> This week, on Big Books and Bold Ideas, MPR News host Kerri Miller talked with Smiley about the California landscape that so often gives shape to her books, how her discovery of the an obscure religions group influenced this story, and how movement unknots problems, both in writing and in life. Guest: Jane Smiley is the author of numerous novels, including "A Thousand Acres," which was awarded the Pulitzer Prize. Her new book is "A Dangerous Business."
<b>MONDAY DECEMBER 26, 2022</b>			
<b>Christmas Day (Observed)</b>			
<b>TUESDAY DECEMBER 27, 2022</b>			
9:06	51:34	Journalism	<b>MPR News with Angela Davis: The best of 2022 with producer Samantha Matsumoto.</b> All this week, we're listening back to some of the conversations we've had on this show over the past year. Associate producer Samantha Matsumoto joined MPR News host Angela Davis to share some of the shows that have stood out to her.
12:06	6:42	Tourism	<b>Minnesota Now with Cathy Wurzer: Southwest Airlines is cancelling 2,500 flights a day! What's going on?</b> MSP International Airport is reporting nearly all Southwest Airlines flights to and from the Twin Cities are canceled Tuesday, that's more than 30 flights in all. Host Cathy Wurzer talks with travel reporter Gunnar Olson from Thrifty Traveler.

	8:28	Social Issues	<b>Minnesota Now with Cathy Wurzer: Minnesota-based collective supports transgender Christians worldwide.</b> Austen Hartke at Transmission Ministry Collective is working to foster a more welcoming space in Christianity for transgender folks.
	10:34	Health Care	<b>Minnesota Now with Cathy Wurzer: What to do if you notice signs of memory loss in your older relatives.</b> As families gather for the holidays, you may notice worrying signs of memory problems in your older relatives. Karla Hult, the founder of So Many Goodbyes, joined host Cathy Wurzer this time last year with advice on how to take action to support the older adults in your family.
<b>WEDNESDAY DECEMBER 28, 2022</b>			
9:06	49:12	Journalism	<b>MPR News with Angela Davis: The best of 2022 with producer Maja Beckstrom.</b> All this week, we're listening back to some of the conversations we've had on this show over the past year. Producer Maja Beckstrom joined MPR News host Angela Davis to share some of the shows that have stood out to her.
12:06	7:43	Health	<b>Minnesota Now with Cathy Wurzer: COVID-19 isn't done with us yet, U's Osterholm warns.</b> COVID-19 cases are exploding in China while U.S. health officials worry holiday gatherings may reignite the virus here. Epidemiologist Michael Osterholm joined MPR News host Cathy Wurzer Wednesday to lay out the current state of the pandemic.
	5:40	Environment	<b>Minnesota Now with Cathy Wurzer: Sundgaard: December has been 12th snowiest on record.</b> We've been warming up pretty steadily since last week, and our forecast looks a lot different.
	8:35	People and Places	<b>Minnesota Now with Cathy Wurzer: Minnesota trucker Gerald Popp up for driver of the year after a life on the road.</b> Minnesota farm kid Gerald "Red" Popp has been a trucker for most of his life and now he is among 12 drivers up for driver of the year.
	9:16	Arts and Culture	<b>Carbon Sound's Julian Green on his favorite music of the year.</b> Lots of good songs to add to your playlist.
<b>THURSDAY DECEMBER 29, 2022</b>			
9:06	48:24	Journalism	<b>MPR News with Angela Davis: Best of 2022 with producer Matthew Alvarez</b> All this week, we're listening back to some of the conversations we've had on this show over the past year. Associate producer Matthew Alvarez joined MPR News host Angela Davis to share some of the shows that have stood out to him.
12:06	10:53	Agriculture	<b>Minnesota Now with Cathy Wurzer: Soaring land prices pinch Minnesota farmers and consumers.</b> Two-thirds of farm fields are rented out to farmers, not owned by them. These days, those fields cost a pretty penny.
	7:20	Sports	<b>Minnesota Now with Cathy Wurzer: This week in sports news with Wally and Eric.</b> Listen to news about the Vikings coming off of another dramatic win on Christmas Eve over the Giants, the Gophers at the Pinstripe Bowl, the Wilds vs. Dallas hockey and the Timberwolves.
	8:13	Health	<b>Minnesota Now with Cathy Wurzer: Want to live longer? A local National Geographic journalist found four American diets that could help.</b> Can your diet really determine how long you live? Dan Buettner thinks diet alone can add more than 10 years to your life.
	5:50	Arts and Culture	<b>Minnesota Now and Then: Chuck Berry played with St. Paul's newest British wannabe band.</b> In a frosty 1964 New Year's Eve at the old Armory, Chuck Berry rocked out with St. Paul's newest band ... from England.
<b>FRIDAY DECEMBER 30, 2022</b>			
11:06	54:00	Arts and Culture	<b>MPR News with Kerri Miller: Formative characters: Three Minnesota authors share their favorites.</b> For the last Big Books and Bold Ideas of 2022, MPR News host Kerri Miller asked three Minnesota writers — Peter Geye, Shannon Gibney and Benjamin Percy — to talk about their favorite literary characters. Their choices were unexpected and delightful.