

PUBLIC AFFAIRS  
2ND QUARTER 2023  
APRIL-JUNE  
WTUK FM/WFSR AM/WHLN AM

APRIL

DO NOT FORGET, APRIL 3, BEGINS SPRING CLEANUP IN HARLAN. THE CITY OF HARLAN AND THE HARLAN STREET DEPARTMENT IS OFFERING A BIG OPPORTUNITY TO ASSIST IN SPRING CLEANING IN OUR NEIGHBORHOODS. EACH WEEK, OUR STREET DEPARTMENT WILL VISIT A DIFFERENT NEIGHBORHOOD AND WILL HAUL OFF LARGER ITEMS THAT USUALLY REQUIRE MORE WORK. FOR MORE INFORMATION WHEN THE SPRING CLEANUP WILL BE IN YOUR AREA, CALL HARLAN CITY HALL AT 606-573-2602 OR 606-573-4495 TO ARRANGE FOR PICKUP. IN ADDITION TO THE CLEANUP INITIATIVE, THERE WILL ALSO BE TWO DUMPSTER LOCATIONS FOR GENERAL USE. THESE WILL BE LOCATED BEHIND THE BOYS & GIRLS CLUB ON THE CORNER OF NORTH MAIN STREET AND WALNUT STREET NEAR THE FLOOD GATES.

KINGDOM COME STATE PARK WILL HAVE A EASTER EGGSTRAVAGANZA APRIL 8, FROM 6 TO 9 PM. BRING YOUR EASTER BASKETS AND JOIN EVERYONE FOR THIS EGG-STRA SPECIAL, ONE NIGHT ONLY. YOU CAN WALK OR GOLF THROUGH THE DECORATED MINI GOLF COURSE FEATURING LIGHTS, MUSIC, AND MORE! COLLECT TREATS OR GIFTS THROUGHOUT THE COURSE AND BE SURE TO KEEP AN EYE OUT FOR THE SPECIAL FRIENDS HOPPING AROUND, THE EASTER BUNNY! EVERYONE IS INVITED TO JOIN IN THE FUN ON APRIL 8, FROM 6 TO 9 PM.

THE ANNUAL HARLAN CHOWS DOWN EVENT IS APRIL 12, OFFERING FOLKS THE CHANCE TO WIN PRIZES WHILE SAMPLING SOME OF HARLAN COUNTY'S BEST FOOD OFFERINGS FROM THE PARTICIPATING RESTAURANTS. FOR MORE INFORMATION, INCLUDING A COMPLETE LISTING OF PARTICIPATING RESTAURANTS, VISIT THE HARLAN COUNTY FACEBOOK PAGE AT VISIT HARLAN COUNTY OR GO TO UPCOMING EVENTS ON [www.harlancountytrails.com](http://www.harlancountytrails.com).

HARLAN COUNTY, THE STATE AND NATION HAVE RECOGNIZED APRIL AS CHILD ABUSE PREVENTION MONTH. HARLAN COUNTY JUDGE-EXECUTIVE AND MOSLEY SIGNED A PROCLAMATION, DESIGNATING APRIL AS CHILD ABUSE PREVENT MONTH IN HARLAN COUNTY. THE PROCLAMATION STATES CHILD ABUSE AND NEGLECT CAN BE REDUCED BY ENSURING FAMILIES HAVE THE MEANS TO RAISE CHILDREN IN A HEALTHY ENVIRONMENT. ALL CITIZENS SHOULD BECOME INVOLVED IN STRENGTHENING FAMILIES TO RAISE THEIR CHILDREN IN A SAFE AND NURTURING ENVIRONMENT, STATES THE PROCLAMATION.

APRIL 17, IS THE DEADLINE TO REGISTER TO VOTE IN KENTUCKY'S PRIMARY ELECTION. THE PRIMARY ELECTION IS TUESDAY, MAY 16 AND GENERAL ELECTION TUESDAY, NOVEMBER 7. REGISTERING CAN BE COMPLETED ONLINE, VIA MAIL OR BY RETURNING VOTER REGISTRATION CARDS TO YOUR COUNTY CLERK'S OFFICE. ACCORDING TO THE STATE ELECTION CALENDAR, ONLINE REGISTRATIONS MUST BE COMPLETED BY 4 PM LOCAL TIME, MAILED REGISTRATIONS MUST BE POSTMARKED BY

APRIL 17, TO BE COUNTED AND APPLICATIONS CAN BE ACCEPTED BY COUNTY CLERK'S OFFICE UNTIL THE CLOSE OF BUSINESS ON APRIL 17. TO COMPLETE A NEW OR UPDATED VOTER REGISTRATION, REQUEST AN ABSENTEE BALLOT OR LEARN MORE INFORMATION ABOUT VOTING IN KENTUCKY, VISIT [govote.ky.gov](http://govote.ky.gov).

KINGDOM COME STATE PARK RAVEN ROCK 5K TRAIL RUN WILL BE APRIL 15. JOIN EVERYONE FOR A RUN ALONG AND OVER SOME OF THE MOST EXTRAORDINARY ROCK FORMATIONS IN THE STATE, INCLUDING RAVEN ROCK. RAVEN ROCK IS A GIANT ROCK EXPOSURE THAT SOARS 290 FEET INTO THE AIR AT A 45-DEGREE ANGLE. 9 AM REGISTRATION AT THE PARK GIFT SHOP AND RACE BEINGS AT 10 AM. PRE-REGISTER BEFORE APRIL 7 TO GUARANTEE A T-SHIRT. YOU MAY REGISTER AT <https://secure.kentucky.gov/formservices/KingdomCome/Events>

NATIONAL VOLUNTEER WEEK IS APRIL 16-22. DURING THIS IS A GREAT TIME TO LET YOUR COMMUNITY KNOW ABOUT THE VOLUNTEER OPPORTUNITIES WITH THEIR LOCAL FIRE DEPARTMENT. MANY FIRE DEPARTMENTS NEED VOLUNTEERS TO THEY CAN CONTINUE TO PROTECT THEIR COMMUNITIES SAFELY AND EFFECTIVELY. FIND TIME TO CALL OR VISIT YOUR LOCAL FIRE DEPARTMENTS AND SEE HOW YOU CAN HELP.

CAR CRASHES ARE A LEADING CAUSE OF DEATH FOR CHILDREN AGES 1-14. ALL PARENTS AND CAREGIVERS ARE ENCOURAGED TO CORRECTLY BUCKLE UP THEIR CHILDREN IN THE RIGHT SEAT FOR THEIR AGE AND SIZE. PARENTS AND CAREGIVERS ARE URGED TO GET THE BIG STUFF, LIKE CAR SAFETY, RIGHT.

THE AMERICAN LUNG ASSOCIATION, WISHES TO HELP EDUCATE AMERICANS WITH ASTHMA AND COPD ABOUT PERTUSSIS, ALSO KNOWN AS WHOOPING COUGH. WHILE ANYONE CAN GET WHOOPING COUGH, ADULTS LIVING WITH ASTHMA AND AT FOUR TIMES GREAT RISK OF INFECTION AND COMPLICATIONS. VACCINATION IS THE BEST WAY TO HELP PROTECT AGAINST THIS SERIOUS CONTAGIOUS RESPIRATORY ILLNESS. ASK YOUR HELP CARE GIVER IS A VACCINATION IS BEST FOR YOU.

MORE PEOPLE UNDER AGE 50 ARE GETTING COLORECTAL CANCER. COLORECTAL CANCER IS ALMOST ALWAYS TREATABLE IF CAUGHT EARLY AND CAN EVEN BE PREVENTED THROUGH TIMELY SCREENING. THE AMERICAN CANCER SOCIETY RECOMMEND SCREENING FOR COLON CANCER STARTING AT AGE 45 WHICH INCLUDES VIRTUAL COLONOSCOPY. DON'T DELAY..CHECK WITH YOUR PHYSICIAN ABOUT TESTING FOR THIS DISEASE.

THERE WILL BE A FOOD GIVEAWAY, FRIDAY, APRIL 21, FROM 2 TO 4 PM, AT THE LOYALL METHODIST CHURCH. EVERYONE IS WELCOME TO PARTICIPATE.

THURSDAY, APRIL 27, FOOD CITY WILL BE HOSTING A COMPANY-WIDE HIRING EVENT TO INCLUDE BOTH FULL-TIME AND PART-TIME POSITIONS. THE COMPANY IS PLANNING TO HIRE 1,200 IN KEY CUSTOMER AND FOOD SERVICE POSITIONS AT STORE LOCATIONS THROUGHOUT THEIR OPERATION AREA AND DISTRIBUTION CENTER.

INTERESTED CANDIDATE, CAN APPLY ONLINE AT [FoodCity.com](http://FoodCity.com), text FCJOBS TO 85000, OR VISIT ANY FOOD CITY STORE TO COMPLETE AND APPLICATIONS.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS ANNOUNCED THREE TIMES PER DAY. ALL ANNOUNCEMENTS OF EVENTS, FOR HARLAN, ELL, LESLIE, LEE AND SURROUNDING COUNTIES ARE UPDATED. OBITUARIES ARE ANNOUNCED DAILY, AS RECEIVED, FOR ALL COUNTIES.

MAY

HARLAN COUNTY EXTENSION SERVICE WILL BE HAVING A FREE NON-CERTIFIED HANDS ONLY 60 MINUTE CLASS WITH THE KENTUCKY CHAPTER OF THE AMERICAN RED CROSS MONDAY, MAY 8 AT 6 PM AT THE EXTENSION DEPOT. TO LEARN MORE OR SIGN-UP FOR THE FREE CLASS, PLEASE CONTACT HARLAN COUNTY EXTENSION SERVICE AT 606-573-4464.

TO CELEBRATE THIS BEAUTIFUL TIME OF YEAR, PINE MOUNTAIN SETTLEMENT SCHOOL IS HOSTING ITS ANNUAL SPRING NATURALIST WEEKEND MAY 12-14. DURING THIS PROGRAM, FOLKS OF ALL AGES WILL PARTICIPATE IN GUIDED HIKES ALONG THE FORESTED TRAILS, VISITS TO THE MAGNIFICENT LUCY BRAUN STATE NATURE PRESERVE, FORAGE OF MEDICINAL AND EDIBLE PLANTS AND YOU CAN ENJOY SPRING TIME IN THE MOUNTAINS. FOR MORE INFORMATION, CONTACT PINE MOUNTAIN SETTLEMENT SCHOOL AT:  
[www.pinemountainsettlementschool.com](http://www.pinemountainsettlementschool.com)

ARTS AT THE PARK FESTIVAL AT KINGDOM COME STATE PARK IN CUMBERLAND, KENTUCKY, WILL BE FRIDAY MAY 12 AND SATURDAY MAY 13 FROM 10 AM TO 8 PM. THERE WILL BE CRAFT VENDORS, DEMONSTRATIONS, FOOD TRUCKS, LIVE MUSIC AND KID ACTIVITIES. FOR ADDITIONAL INFORMATION, CALL 606-589-2478; 606-589-4138 OR EMAIL [ARTSATTHEPARKFEST@GMAIL.COM](mailto:ARTSATTHEPARKFEST@GMAIL.COM)

MAY IS MENTAL HEALTH AWARENESS MONTH. IN RECENT YEARS, THE SUICIDE RATE AMONG VETERANS WAS 57% HIGHER THAN NON-VETERAN ADULTS. NOW THERE IS HOPE - RESOURCES ARE AVAILABLE AND SUICIDE IS PREVENTABLE. THE "DON'T WAIT, REACH OUT" CAMPAIGN ENCOURAGES VETERANS TO REACH OUT FOR HELP BEFORE THEIR CHALLENGES BECOME OVERWHELMING OR REACH A CRISIS POINT. EVERYONE NEEDS TO ENCOURAGE VETERANS TO PROACTIVELY SEEK HELP FOR LIFE'S CHALLENGES.

THE PAST FEW YEARS HAVE TAKEN A TOLL, LEAVING MANY OF US WITH STRESS AND ANXIETY. MENTAL HEALTH HAS NEVER BEEN MORE IMPORTANT, THAT'S WHY THE RECREATIONAL BOATING & FISHING FOUNDATION "TAKE ME FISHING" CAMPAIGN ENCOURAGES AMERICANS TO LEAVE STRESS IN THEIR WAKE AND EXPERIENCE THE RESTORATIVE POWER OF BOATING AND FISHING. JOIN YOUR FRIENDS..GO FISHING AT ANY OF THE MANY LAKES SURROUNDING OUR LISTENING AREA. WEAR A LIFE JACKET AND BE SAFE.

WHENEVER A DRIVER TAKES THEIR EYES OFF THE ROAD, THEIR HANDS

OFF THE WHEEL AND THEIR MIND OFF OF DRIVING, EVEN FOR A MOMENT, THEY ARE DRIVING DISTRACTED AND PUTTING THEMSELVES AND OTHERS AT RISK. WHILE TEXTING IS THE PRIMARY FOCUS OF MANY STATE LAWS, ANY ACTIVITY THAT TAKES A DRIVER'S EYES/MIND OFF THE ROAD IN FAVOR OF THEIR MOBILE SCREEN IS A DISTRACTION. THE PERCENT OF DRIVERS MANIPULATING HAND-HELD ELECTRONIC DEVICES, TEXTING, APP USE, ETC., INCREASED 127% FROM 2012-2021. BE SMART...BE SAFE...KEEP YOUR EYES AND MIND ON YOUR DRIVING, FOR YOUR SAFETY AS WELL AS OTHERS.

OSTEOPOROSIS IS A MAJOR HEALTH THREAT TO 54 MILLION AMERICANS. OVER 2 MILLION PEOPLE SUFFER AN OSTEOPOROTIC FRACTURE EACH YEAR IN THE U.S. THE GOOD NEWS IS WE KNOW THE RISK FACTORS AND CAN DIAGNOSE OSTEOPOROSIS AND LOW BONE MASS ACCURATELY WITH A SAFE AND SIMPLE BONE DENSITY TEST, ALSO CALL A DUAL-ENERGY X-RAY ABSORPTIOMETRY. MORE GOOD NEWS IS ALL MEDICARE RECIPIENTS ARE ENTITLED TO A FREE BONE DENSITY TEST EVERY TWO YEARS. TALK TO YOUR HEALTHCARE PROVIDER FOR MORE INFORMATION.

THE 2023 KENTUCKY PRIMARY ELECTION WILL BE ON TUESDAY, MAY 16. THERE WILL BE THE GOVERNOR'S RACE; AUDITOR OF PUBLIC ACCOUNTS; STATE TREASURER AND COMMISSION OF AGRICULTURE WITH SEVERAL CANDIDATES FOR EACH RACE. REGISTERED VOTERS WHO WISH TO CAST THEIR VOTES EARLY OR CANNOT MAKE IT TO THE POLLS HAVE OPTIONS AVAILABLE. EARLY VOTING IS AVAILABLE AT THE HARLAN CENTER FROM 8:30 AM UNTIL 4:30 PM FROM MAY 11-13. YOU ALSO HAVE UNTIL MAY 2, TO CALL IN AND REQUEST AN ABSENTEE BALLOT AND UNTIL MAY 16 AT 6 PM TO TURN BALLOT IN. IF YOU MAIL THEM IN, THEY MUST BE MAIL STAMPED ON OR BEFORE MAY 16 OR YOU CAN USE THE DROP BOX, WHICH IS LOCATED RIGHT OUTSIDE THE HARLAN COUNTY SHERIFF'S OFFICE IN THE MAIN LOBBY OF THE COURTHOUSE. EVERYONE NEEDS TO EXERCISE THEIR RIGHTS AND VOTE.

JACKIE INTERVIEWED DAN MOSLEY, JUDGE EXECUTIVE THIS MORNING REGARDING THE JOB FAIR THAT WILL BE HELD IN HARLAN TODAY. DAN EXPLAINED ABOUT THE PROCESS AND HOW ANYONE CAN COME TO THE HARLAN CENTER AND FILL OUT APPLICATION FOR EMPLOYMENT.

DURING THE RECENT MEETING, THE HARLAN COURT HEARD AN UPDATE ON PLANS FOR A SECTION OF US-421 WHICH RUNS FROM THE VIRGINIA STATE LINE THROUGH THE CRANKS AREA OF HARLAN COUNTY. MAGISTRATE LEO ROBERT MILLER STATED HE HAS BEEN MADE AWARE A CONTRACT HAS BEEN AWARDED FOR \$28 MILLION (FOR US-421) AND CONSTRUCTION TO BEGIN WORK IN THE FALL.

FROM MAY 15-21ST VISIT PARTICIPATING RESTAURANTS, IN THE CITY OF HARLAN, THAT WILL PARTICIPATE IN HARLAN'S FIRST DESSERT WEEK. EACH OF THE PARTICIPATING RESTAURANTS WILL HAVE A FEATURED DESSERT FOR YOU TO TRY. PICKUP YOUR PASSPORT AT THE HARLAN CENTER AND GET A DESSERT STAMPS FROM EACH RESTAURANT. AFTER YOU RECEIVE 5 STAMPS YOU CAN RETURN TO THE HARLAN CENTER FOR A FREE TEE. FOR MORE INFORMATION, CALL 606-573-4156 OR VISIT [HarlanTourism.com](http://HarlanTourism.com)

HIGH BLOOD PRESSURE AFFECTS MILLIONS OF AMERICANS, AND BLACK AND HISPANIC ADULTS ARE TWICE AS LIKELY TO DEVELOP HIGH BLOOD PRESSURE, WHICH MEANS INCREASED RISK OF HEART ATTACK AND STROKE. KNOW YOUR NUMBERS...SELF-MONITORING IS POWER.

IN THE U.S., CANCER IS THE SECOND-LEADING CAUSE OF DEATH. CANCER RESEARCH PROVIDES HOPE AND HAS HELPED SAVE LIVES. THE CANCER IN THE U.S. HAS DECLINED BY 33% SINCE 1991. THIS YEAR, THE V FOUNDATION IS CELEBRATING THEIR 30TH ANNIVERSARY WITH THE THEME OF "TODAY'S CANCER RESEARCH IS TOMORROW'S VICTORY." BE SAFE - HAVE ANNUAL CHECKUP WITH YOUR HEALTHCARE PROVIDER.

PESTS CAN CARRY A NUMBER OF DANGEROUS DISEASES THAT CAN CAUSE SERIOUS HEALTH ISSUES AND THREATEN OUR WELL-BEING. TICKS FOUND IN TALL GRASS AROUND THE HOME CAN SPREAD LYME DISEASE AND OTHER ILLNESSES WHICH CAN LEAD TO CHRONIC HEALTH ISSUES. BE AWARE OF YOUR SURROUNDINGS WHEN OUTSIDE. CHECK YOUR SKIN FOR ANY UNUSUAL SIGNS AND IF NECESSARY CONTACT YOUR HEALTHCARE PROVIDER.

RECREATIONAL BOATING AND FISHING IS A STRESS AND ANXIETY MENTAL HEALTH RELEASE. WITH THE PAST FEW YEARS TAKING A TOIL, LEAVING MANY OF US TO NEED RELAXATION AND OUTDOOR ACTIVITIES. SO TO LEAVE STRESS IN THEIR WAKE AND EXPERIENCE THE RESTORATIVE POWER OF BOATING AND FISHING VISIT YOUR NEAREST LAKE...JUST REMEMBER...WEAR YOUR LIFE JACKET AND BE SAFE.

THE COMMONWEALTH TOUR OF THE LOUISVILLE ORCHESTRA IS COMING TO HARLAN COUNTY ON FRIDAY, MAY 19, TO HARLAN COUNTY SCHOOL FOR A FREE CONCERT FEATURING SPECIAL SOLOS BY TESSA LARK. THE CONCERT WILL BE FROM 7:30 TO 9:30 PM. TO RESERVE YOUR FREE TICKET TO TO: [louisvilleorchestra.org/inharmony\\_tour](http://louisvilleorchestra.org/inharmony_tour).

MONDAY MAY 15 AND THURSDAY MAY 18TH FROM 4:30-5:30 PM AT THE HARLAN CENTER WILL BE THE OPEN AUDITIONS FOR POKE SALLET IDOL. THE GRAND PRIZE IS \$1000 TO THE OVERALL WINNER DURING THE POKE SALLET FESTIVAL JUNE 1ST-3RD.

KIDS FUN DAY WILL BEE WEDNESDAY, MAY 31, FROM 10 AM TO 2 PM AT HARLAN HUFF PARK. FUN DAY IS SPONSORED BY UK COOPERATIVE EXTENSION SERVICE. THERE WILL BE FUN AND GAMES..PRIZES FOR EVERYONE AND FREE T SHIRTS TO FIRST 1100 IN ATTENDANCE!! EVERYTHING IS FREE...COME OUT..ENJOY IN THE FUN FOR A DAY OF ACTIVITIES.

THE 68TH ANNUAL POKE SALLET FESTIVAL IS SET TO KICK OFF IN DOWNTOWN HARLAN ON JUNE 1, BRINGING SEVERAL DAY OF FUN, FOOD, LIVE ENTERTAINMENT, VENDORS AND MULTIPLE ATTRACTIONS FOR ALL AGES. FOR FURTHER INFORMATION AND UPDATES, GO TO THE POKE SALLET FESTIVAL FACEBOOK PAGE OR <https://www.pokesalletfestival.com>

THE KENTUCKY TRANSPORTATION CABINET IS REMINDING KENTUCKIANS TO BUCKLE UP AND PROPERLY SECURE CHILDREN IN CAR SEATS OR BOOSTERS DURING THE ANNUAL CLICK IT OR TICKET CAMPAIGN, WHICH RUNS MAY 22-JUNE 4, INCLUDING THE LONG MEMORIAL DAY HOLIDAY WEEKEND.

THE HARLAN COUNTY COMMUNITY ACTION AGENCY (HCCAA) WILL ONCE AGAIN OFFER THEIR SUMMER FEEDING PROGRAM, WHICH WILL BE AVAILABLE IN MULTIPLE LOCATIONS THROUGHOUT HARLAN COUNTY OVER THE SUMMER. FOR MORE INFORMATION CALL SIERRA FOSTER AT THE HARLAN COUNTY COMMUNITY ACTION AGENCY AT 606-573-5335, EXT. 234.

THERE WILL BE A FREE SOUP BOX FOR ANYONE THAT COMES TO THE LOYALL METHODIST CHURCH, FRIDAY FROM 2 TO 4 PM. EVERYONE IS WELCOME.

THE HARLAN CHRISTIAN CHURCH IS SPONSORING THE 7TH ANNUAL SUMMER UNDER STARS MAY 26TH ON THE COURTHOUSE LAWN IN DOWNTOWN HARLAN. MOVIE WILL BEGIN ROUGHLY AT 9:00 PM. POPCORN, HOTDOGS, DRINKS ALL FREE. THE MOVIE "JESUS REVOLUTION" WILL BE SHOWN. EVERYONE IS WELCOME TO ATTEND AND ENJOY THE FELLOWSHIP.

MEMORIAL DAY HOLIDAY IS MAY 29. EVERYONE IS ASK TO NOT DRINK AND DRIVE; BE ALERT TO OTHER DRIVERS; BE SURE TO FASTEN YOUR SAFETY BELT AND IF YOU ARE GOING TO THE LAKE, BOATING OR SWIMMING, BE SURE TO WEAR YOUR LIFE JACKET. THE LIFE YOU SAVE COULD BE YOUR OWN.

POKE SALLET BEGINS THURSDAY, JUNE 1 THROUGH SATURDAY, JUNE 3. THERE WILL BE RIDES, VENDORS, MUSIC AND ENTERTAINMENT FOR ALL AGES. COME OUT...ENJOY THE DAY AND EVENING ENTERTAINMENT. FOOD AND HAVE A SAFE GOOD TIME.

JACKIE DID LIVE INTERVIEW WITH RAYMOND COX, TUESDAY, MAY 30. RAYMOND DISCUSSED KIDS DAY AT POKE SALLET FESTIVAL FOR WEDNESDAY, MAY 31 FOR ALL CHILDREN. THE 4H CLUB SPONSORS THE DAY WITH GAMES, FOOD AND FREE TSHIRTS. ALL CHILDREN ASK INVITED TO ATTEND.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS ANNOUNCED THREE TIMES PER DAY. ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES ARE UPDATED DAILY. OBITUARIES ARE ANNOUNCED DAILY, AS RECEIVED, FOR ALL COUNTIES.

#### JUNE

THURSDAY, JUNE 1, JACKIE INTERVIEWED DAN MOSLEY, JUDGE EXECUTIVE REGARDING THE 68TH ANNUAL POKE SALLET FESTIVAL THAT START TODAY IN DOWNTOWN HARLAN. DAN SAID THERE WILL BE FOOD VENDORS; PET SHOW; CAR SHOW; INFLATABLES; CARNIVAL AND MANY OTHER VENDORS WITH A VARIETY OF ITEMS. LIVE MUSIC WILL BE

PROVIDED THROUGH THE DAY AND EVENING FOR EVERYONES ENJOYMENT. THE FESTIVAL WILL BE FROM TODAY JUNE 1 THROUGH SATURDAY, JUNE 3. EVERYONE IS INVITED TO COME OUT..ENJOY IN THE FUN AND GOOD FOOD.

NOAH THOMPSON, FEATURED PERFORMER SATURDAY NIGHT AT THE POKE SALLET FESTIVAL, WAS INTERVIEWED TODAY, FRIDAY, JUNE 2, BY JACKIE. NOAH TALKED ABOUT HIS LIVE PERFORMANCE SCHEDULE AND TOLD ABOUT BEING THE WINNER OF THE 2022 AMERICAN IDOL. NOAH SAID HE IS LOOKING FORWARD TO PERFORMING AND MEETING THE PEOPLE.

DUE TO WEATHER CONDITIONS THE HARLAN HIGH SCHOOL BASEBALL CAMP HAS BEEN CANCELLED FOR JUNE 7, AND RE-SCHEDULED FOR JUNE 8 AND 9TH. THE CAMP IS LOCATION IS HARLAN HIGH SCHOOL BASEBALL FIELD. THE CAMP WILL BE FOR ANYONE IN GRADES KINDERGARDEN THROUGH 6TH GRADE.

THE NATIONAL FOUNDATION OF THE BLIND, SAYS PEOPLE WHOSE VISION IS CHANGING DUE TO AGING OR OTHER HEALTH FACTORS CAN BENEFIT FROM SOLUTIONS THAT BLIND PEOPLE HAVE FOUND THROUGH LIFES EXPERIENCE. HOWEVER, THESE INDIVIDUALS DO NOT CONSIDER THEMSELVES BLIND AND SIMPLY DON'T REACH OUT FOR HELP. THIS IS BECAUSE BLINDNESS STILL CARRIES STIGMA AND IS VIEWED AS A TRAGEDY BY THE GENERAL PUBLIC. THE FOUNDATION ENCOURAGES THOSE WITH CHANGING VISION TO REACH OUT TO AN OPHTHALMOLOGIST FOR A COMPLETE CHECK OF YOUR VISION.

CROHN'S DISEASE AND ULCERATIVE COLITIS (COLLECTIVELY KNOWN AS INFLAMMATORY BOWEL DISEASES OR IBD), ARE DANGEROUS FOR A PATIENT'S LONG-TERM HEALTH AND NEED CAREFUL MEDICAL MANAGEMENT. UNFORTUNATELY, COUNTLESS PEOPLE EXPERIENCE DELAYED DIAGNOSES BECAUSE THEY ARE UNAWARE OF IBD. EVEN THOSE DIAGNOSED WITH IBD CAN SETTLE FOR NOT FEELING 100% BECAUSE THEY AREN'T AWARE OF NEWER TREATMENTS. SPEAKING TO AN IBD SPECIALIST CAN HELP ANYONE FEEL BETTER.

LUNG CANCER IS THE NATION'S LEADING CANCER KILLER, BUT CAN BE CURED WHEN DIAGNOSED EARLY. FORMER SMOKERS, THAT WHILE QUITTING SMOKING WAS HARD, GETTING A LOW-DOSE CT SCAN IS EASY AND CAN BE LIFESAVING. DON'T LET YOUR HEALTH SUFFER, CHECK WITH YOUR LOCAL DOCTOR.

CHILDREN ARE PLACED IN FOSTER CARE AFTER ENDURING ABUSE, NEGLECT, PARENTAL DRUG USE OR OTHER ISSUES, AND MANY HAVE EXPERIENCED COUNTLESS LAYERS OF TRAUMA, GRIEF AND LOSS IN THEIR LIVES. THE PRIORITY OF THE FOSTER CARE SYSTEM IS TO KEEP FAMILIES TOGETHER. HOWEVER, WHEN A JUDGE HAS RULED THAT IT IS UNSAFE FOR A CHILD TO RETURN TO THEIR FAMILY ORIGIN, THEY NEED SOMEONE TO STEP FORWARD TO ADOPT THEM. CALL YOUR LOCAL AGENCIES AND SEE HOW YOU CAN HELP.

WARRIOR'S CHALLENGE, JUNE 17, WILL BE AT KINGDOM COME STATE PARK. IF YOU WANT IT TAKES TO COMPLETE THE WARRIOR'S

CHALLENGE OBSTACLE RUN, YOU CAN PRE-REGISTER NOW AT <https://secure.kentucky.gov/formservices/kingdomcome/events>. THE CHALLENGE BEINGS AT 10 AM JUNE 17.

GEARS AND BEERS CRUISE IN THURSDAY, JUNE 22, FROM 6-8 PM ON 1ST STREET DOWNTOWN HARLAN IN FRONT OF THE COURTHOUSE. ALL CARS AND TRUCKS, CLASSIC CARS, HOT RODS, RAT RODS, IMPORTS, ETC. ARE WELCOME. THIS EVENT WILL BE EVERY 4TH THURSDAY IN THE MONTH THROUGHOUT THE SUMMER, SPONSORED BY HARLAN TOURISM & HARLAN COUNTY BEER COMPANY. THERE IS NO ENTRY FEE. THERE WILL BE PRIZES, MUSIC AND MORE FOR THOSE IN ATTENDANCE TO ENJOY. IT DOESN'T MATTER WHAT KIND OF CAR YOUR DRIVING, JUST COME OUT AND SPEND AN EVENING TOGETHER ON FIRST STREET AND ENJOY THE CAR COMMUNITY WE HAVE HERE LOCALLY. FOR MORE INFORMATION GO TO [WWW.HARLANTOURISM.COM](http://WWW.HARLANTOURISM.COM).

PESTS CAN CARRY A NUMBER OF DANGEROUS DISEASES THAT CAN CAUSE SERIOUS HEALTH ISSUES AND THREATEN OUR WELL-BEING. TICKS FOUND IN TALL GRASS AROUND THE HOE CAN SPREAD LYME DISEASE AND OTHER ILLNESSES WHICH CAN LEAD TO CHRONIC HEALTH ISSUES. THE CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) ESTIMATES THAT NEARLY HALF A MILLION PEOPLE ACROSS THE COUNTRY ARE DIAGNOSED WITH LYME DISEASE EACH YEAR. ALLERGENS LEFT BEHIND BY DUST MITES, ROACHES AND RODENTS ARE A MAJOR DRIVER OF ASTHMA ATTACKS, ESPECIALLY IN CHILDREN. MOSQUITOES SPREAD WEST NILE VIRUS AND MANY OTHER DISEASES. BE ALERT WHEN OUTSIDE, NOT ONLY FOR YOURSELF, BUT OTHERS.

THE AMERICAN LUNG ASSOCIATION, WHICH HELPS EDUCATE AMERICAN ABOUT PREUMOCOCCAL PNEUMONIA, POTENTIALLY SERIOUS BACTERIAL LUNG DISEASE THAT CAN DISRUPT YOUR LIFE FOR WEEKS. VACCINATION IS CRITICAL FOR PEOPLE 65 AND OLDER, AS WELL AS ADULTS WITH CERTAIN UNDERLYING MEDICAL CONDITIONS SUCH AS ASTHMA OR DIABETES. TALK TO YOUR PRIMARY CAREGIVER ABOUT VACCINATIONS THAT WILL HELP YOUR HEALTH.

CHILDREN ARE PLACED IN FOSTER CARE AFTER ENDURING ABUSE, NEGLECT, PARENTAL DRUG USE OR OTHER ISSUES, AND MANY HAVE EXPERIENCED COUNTLESS LAYERS OF TRAUMA, GRIEF AND LOSS IN THEIR LIVES. THE PRIORITY OF THE FOSTER CARE SYSTEM IS TO KEEP FAMILIES TOGETHER. HOWEVER, WHEN A JUDGE HAS RULED THAT IT IS UNSAFE FOR A CHILD TO RETURN TO THEIR FAMILY OF ORIGIN, THEY NEED SOMEONE TO STEP FORWARD TO ADOPT THEM. CONTACT YOUR LOCAL AGENCY OR VISIT [davethomasfoundation.org](http://davethomasfoundation.org) TO LEARN MORE.

WITH THE 4TH OF JULY HOLIDAY SOON, REMEMBER, WHENEVER A DRIVER TAKES THEIR EYES OFF THE ROAD, THEIR HANDS OFF THE WHEEL AND THEIR MIND OFF OF DRIVING, EVEN FOR A MOMENT, THEY ARE DRIVING DISTRACTED AND PUTTING THEMSELVES AND OTHERS AT RISK. DRIVE SMART NOT ONLY DURING HOLIDAYS, BUT AT ALL TIMES. THE LIFE YOU SAVE COULD BE YOUR OWN.

THE PAST FEW YEARS HAVE TAKEN A TOLL, LEAVING MANY OF US WITH

STRESS AND ANXIETY. MENTAL HEALTH HAS NEVER BEEN MORE IMPORTANT. THAT IS WHY THE RECREATIONAL BOATING AND FISHING FOUNDATION (RBFF) TAKE ME FISHING CAMPAIGN IS ENCOURAGING AMERICANS TO LEAVE STRESS IN THEIR WAKE AND EXPERIENCE THE RESTORATIVE POWER OF BOATING AND FISHING. EVERYONE IS ENCOURAGED TO TAKE THEIR MENTAL HEALTH INTO THEIR OWN HANDS AND LEARN TO RELAX AND ENJOY LIFE. TALK WITH YOUR PRIMARY HEALTHCARE GIVER FOR WAYS TO IMPROVE YOUR HEALTH.

REMINDERS FOR THE 4TH OF JULY SAFETY: BE ALERT OF YOUR SURROUNDINGS; IF ON THE WATER, WEAR A LIFE JACKET; DO NOT DRINK AND DRIVE; IF DISPLAYING FIREWORKS, HAVE WATER AT HAND AND IF YOU ARE GOING TO IN THE WATER SWIMMING, IF YOU HAVE EATEN, GIVE YOURSELF TIME FOR FOOD TO DIGEST. BE SAFE..NOT ONLY FOR YOURSELF BUT FOR THOSE AROUND YOU. HAVE A GREAT 4TH!

IN ADDITION TO THESE ANNOUNCEMENTS, VACATION BIBLE SCHOOL HAS BEEN ANNOUNCED DURING MORNING, NOON AND AFTENON. COMMUNITY CALENDAR IS ANNOUNCED THREE TIMES PER DAY. ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES. THESE ANNOUNCEMENTS ARE UPDATE DAILY. OBITUARIES ARE ANNOUNCED DAILY, AS RECEIVED FOR ALL COUNTIES.