

KHMS Issues & Programs List

1/1/2022 – 3/31/2022

During the 1st quarter of 2022, the following issues were addressed in the corresponding programs listed:

HOMELESSNESS – POVERTY – HUMAN SUFFERING

1/26/2022 6:05 am - Scott Herrold talked with Jack Alexander from Re-Imagine Group about re-thinking generosity and mercy when it comes to helping fix our community and breaking the patterns of poverty. Mr. Alexander challenged us to re-think how mercy applies to the way we see the vulnerable. 8 min.

3/1/2022 8:35 am - Scott Herrold spoke with Debi Walsh from Children’s Miracle Network about their fundraising campaign in partnership with IHOP’s International Pancake Day. 2 min.

3/25/2022 8:40 am - Scott Herrold talked about an organization called, “Food for the Poor.” They were partnering up with “Feed My Starving Children” to serve the hunger needs in Ukraine. Together they distributed desperately needed food through “Mission Eurasia,” a trusted network of 3,500 pastors based in Ukraine. 2 min.

JOBS/the ECONOMY

FOCUS ON THE FAMILY – In part one of a two-part discussion on getting a handle on your family finances, author and radio host Dave Ramsey explained how couples can avoid conflict by negotiating a budget, and how they can teach their children wise financial principles. This discussion was based on his book, “Total Money Makeover; Smart Money, Smart Kids.”
Aired 1/4/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion on getting a handle on your family finances, author and radio host Dave Ramsey explained how couples can avoid conflict by negotiating a budget, and how they can teach their children wise financial principles. This discussion was based on his book, “Total Money Makeover; Smart Money, Smart Kids.”
Aired 1/5/2022 at 8 pm 30 min.

ADDICTION

FOCUS ON THE FAMILY – In part one of a two-part discussion on establishing healthy boundaries with adult children, author Allison Bottke shared a dramatic story of raising an adult son who struggled with drug addiction, multiple arrests, and imprisonment. She talked about recognizing her mistakes of enabling her son over the years. She also shared stories of other parents who have unwittingly crossed the line of “helping” to enabling their adult children. This discussion was based on her book, “Setting Boundaries with Your Adult Children: Six Steps to Hope and Healing for Struggling Parents.”
Aired 2/28/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion on establishing healthy boundaries with adult children, author Allison Bottke shared more of her story of raising an adult son who struggled with drug addiction, multiple arrests, and imprisonment. She talked about recognizing her mistakes of enabling her son over the years. She shared more stories of other parents who have unwittingly crossed the line of “helping” to enabling their adult children. This discussion was based on her book, “Setting Boundaries with Your Adult Children: Six Steps to Hope and Healing for Struggling Parents.”
Aired 3/1/2022 at 8 pm 30 min.

3/30/2022 7:05 am - Scott Herrold interviewed Joshua Havens and Matt Fuqua from the band The Afters who talked about helping his brother who was struggling with a drug addiction and wrestling with the thought of giving him a second chance. Joshua's brother wound up in prison and he shared how he was able to never give up on him. 10 min.

FOCUS ON THE FAMILY – The first part of a two-part discussion with author Dimas Salaberrios who shared his story of how he spiraled out of control after he became a drug dealer, his life was consumed by addiction, violence and crime. This discussion was based on his book, “Street God: The Explosive True Story of a Former Drug Boss on the Run from the Hood – and the Courageous Mission that Drove Him Back.”
Aired 3/17/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In the second part of a two-part discussion, author Dimas Salaberrios shared more of the story of how he spiraled out of control after he became a drug dealer, his life was consumed by addiction, violence and crime. This discussion was based on his book, “Street God: The Explosive True Story of a Former Drug Boss on the Run from the Hood – and the Courageous Mission that Drove Him Back.”
Aired 3/18/2022 at 8 pm 30 min.

RACIAL DIVISION, INEQUALITY, INJUSTICE

1/17/2022 7:35 am - Scott Herrold aired an interview with Dr. Alveda King from Priests for Life. Dr. King, niece of Dr. Martin Luther King Jr., talked about civil rights and how to deal with feelings of hate and learn to forgive. She talked about working toward reconciliation in racial tension. 5 min.

1/19/2022 8:15 am - Scott Herrold talked with author Miles McPherson from The Rock Church in San Diego, California about breaking down racial barriers, honoring our similarities rather than looking at our differences, and honoring people who come from a different worldview than we do. Miles was raised in a bi-racial family, and he shared stories about growing up in such circumstances. 4 min.

3/8/2022 7:12 am - Scott Herrold spoke with former NFL player Derwin Gray about discerning the difference between race and ethnicity, racial reconciliation, healing racial tension and learning to come together. 7 min.

NEWS/Information

KHMS is an affiliate of the SRN News.

The News schedule is as follows:

Monday – Friday

12 am midnight - 3 min
5:55 am - 3 min
7 am - 3 min
8 am - 3 min
11 am – 3 min
12 pm – 3 min
3 pm – 3 min
6 pm – 3 min
9 pm – 3 min

Saturday

12 am - 3 min
5 am - 3 min
6 am - 3 min
7 am - 3 min
12 pm – 3 min
3 pm – 3 min
5 pm – 3 min

Sunday

Noon – 3 min

CHILDRENS ISSUES

Adventures in Odyssey – 25 min. program airs every Saturday at 8:30 am. It’s an award-winning weekly dramatization of a story that teaches a useful lesson to help young people deal with the challenges of life and learn useful lessons in character building.

During the 1st ¼ of 2022, the following topics were the subject of the program for the date shown:

- 1/11/2022 A lesson on friendship & truth.
- 1/15/2022 This story explained the value of family.
- 1/22/2022 A lesson on maturity, respecting authority & taking responsibility.
- 1/29/2022 The value of character & integrity.
- 2/5/2022 This story focused on the value of family, togetherness & relationships.
- 2/19/2022 A lesson on jealousy & deceit.
- 2/26/2022 The importance of having good character & being truthful.
- 3/12/2022 A story about fear, heroism & new beginnings.
- 3/19/2022 Family Togetherness, Relationships
- 3/26/2022 A story about family, togetherness & relationships.

PARENTING

1/3/2022 7:40 am - Scott Herrold talked with author Danny Gokey about parenting strategy and how to set priorities when you have a myriad of responsibilities. 9 min.

FOCUS ON THE FAMILY – Author Julie Lavender shared some fun ways to build lasting memories from small moments. From exercising your imagination while running errands to celebrating silly minor holidays, you’ll pick up some great tools to enjoy your child and help them feel loved. This discussion was based on her book, “365 Ways to Love Your Child: Turning Little Moments Into Lasting Memories.” Aired 1/6/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Sandra Peoples talked about what life looks like for many special needs families and how the Church community can better reach out and minister to these families in a discussion based on her book, “Unexpected Blessings: The Joys & Possibilities of Life in a Special-Needs Family.”

Aired 1/18/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In a discussion about embracing hope and love after a loss, authors Dr. Gary Chapman and Candy McVicar described the grief process and offered practical help and comfort to couples who have experienced infant loss. This discussion was based on Dr. Chapman and Candy’s book, “Holding on to Love After You’ve Lost a Baby: The 5 Love Languages for Grieving Parents.”

Aired 1/19/2022 at 8 pm 30 min.

1/24/2022 6:05 am - Scott Herrold talked with author and artist Francesca Battistelli about homeschooling and why she and her husband made that choice. She talked about raising 5 kids under the age of 10, with a 6th on the way, and about strategies for motivating kids. 8 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion on recognizing your son’s need for respect, author Dr. Emerson Eggerichs explained how they can give such respect to their sons. This discussion was based on Dr. Eggerichs book, “Mother & Son, The Respect Effect.”

Aired 2/24/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part two of a two-part discussion on recognizing your son’s need for respect, author Dr. Emerson Eggerichs explained how they can give such respect to their sons. This discussion was based on Dr. Eggerichs book, “Mother & Son, The Respect Effect.”

Aired 2/25/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Dr. Josh and Christi Straub described how to help your young child identify their emotions and navigate fear in a healthy way in a discussion based on their book, “What Do I Do with Worry?”

Aired 3/8/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In the first part of a two-part discussion on surviving divorce and single parenthood, author Susan Birdseye shared her story of learning about her husband’s affair after 17 years of a happy marriage. She described the devastating effects of her husband’s decisions on her family and her struggles navigating her eventual separation and divorce. Susan also shared some of the challenges she is facing now as a single parent. This discussion was based on her book, “When Happily Ever After Shatters: Seeing God in the Midst of Divorce and Single Parenting.”

Aired 3/15/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion on surviving divorce and single parenthood, author Susan Birdseye shared her story of learning about her husband’s affair after 17 years of a happy marriage. She described the devastating effects of her husband’s decisions on her family and her struggles navigating her eventual separation and divorce. Susan also shared some of the challenges she is facing now as a single parent. This discussion was based on her book, “When Happily Ever After Shatters: Seeing God in the Midst of Divorce and Single Parenting.”

Aired 3/16/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In 2005, Shauna Amick was surprised to learn during her third pregnancy that her child would have Down Syndrome and a life-threatening heart defect. Shauna’s doctors immediately recommended termination, but she refused to do. This discussion was based on her book, “Real Families, Real Needs: A Compassionate Guide for Families Living with Disability.”
Aired 3/21/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion on nurturing your child’s personality, author Hettie Brittz outlined the four main personality types of children and how parents can better nurture, communicate with, and discipline them. She explained what to do when your child is a hybrid of the types and when your personality clashes with your child’s. This discussion was based on her book, “Growing Kids With Character.”
Aired 3/22/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part two of a two-part discussion on nurturing your child’s personality, author Hettie Brittz talked more about the four main personality types of children and how parents can better nurture, communicate with, and discipline them. She explained what to do when your child is a hybrid of the types and when your personality clashes with your child’s. This discussion was based on her book, “Growing Kids With Character.”
Aired 3/23/2022 at 8 pm 30 min.

MARRIAGE

FOCUS ON THE FAMILY – Author and speaker Alexandra Kuykendall described a nine-month experiment she undertook to renew her appreciation for daily life with her husband. She encouraged married listeners to embrace life with their spouse by finding joy and contentment in everyday moments. This discussion was based on her book, “Loving My Actual Life: An Experiment in Relishing What’s Right in Front of Me.”
Aired 1/7/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion on saving your marriage from divorce, author Dr. David Clarke shared that if you are struggling in your marriage, you are not alone and there is hope. He discussed the three bad marriage types: “We’re unhappy but willing to work on it,” “My marriage is stuck but my spouse won’t work on it,” and, “My spouse committed a big sin.” This discussion was based on Dr. Clarke’s book, “I Don’t Want a Divorce.”
Aired 1/12/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion on saving your marriage from divorce, author Dr. David Clarke shared that if you are struggling in your marriage, you are not alone and there is hope. He discussed the three bad marriage types: “We’re unhappy but willing to work on it,” “My marriage is stuck but my spouse won’t work on it,” and, “My spouse committed a big sin.” This discussion was based on Dr. Clarke’s book, “I Don’t Want a Divorce.”
Aired 1/13/2022 at 8 pm 30 min.

1/20/2022 8:05 am - Scott Herrold spoke with author Carol Kent from Speak Up Ministries about anger management, finding healing and unity when life throws our marriage continuous curveballs. They also talked about how to build better communication in marriage. 5 min.

FOCUS ON THE FAMILY – Author Dr. Randy Schroeder described practical habits to help couples navigate expectations in marriage, build emotional closeness, and resolve disagreements in a discussion based on his book, “Simple Habits for Marital Happiness: Practical Skills and Tools That Build a Strong Satisfying Relationship.”

Aired 1/24/2022 at 8 pm 30 min.

1/25/2022 6:35 am - Scott Herrold spoke with Kimberly Malloy, Marriage and Family Therapist from the Center for Relational Health, about a marriage conference coming up at Cornerstone Christian Fellowship on 1/28 & 29. She talked about achieving better communication between couples and what to do when communication breaks down. She also discussed the value of pre-marital counseling for couples planning to get married. 6 min.

2/10/2022 8:12 am - Scott Herrold talked with authors Jeff and Sarah Walton about navigating the tough seasons of marriage and grabbing onto hope, walking with each other in the context of marriage. They also addressed handling grief in marriage. 5 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion, author Dave Carder provided over a dozen “red flags” that warn of inappropriate intimacy in a friendship. He encouraged spouses to stay within judicious boundaries in a discussion based on his book, “Anatomy of An Affair: How Affairs, Attractions, and Addictions Develop, and How to Guard Your Marriage Against Them.”

Aired 2/22/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion, author Dave Carder talked more about the “red flags” that warn of inappropriate intimacy in a friendship. He encouraged spouses to stay within judicious boundaries in a discussion based on his book, “Anatomy of An Affair: How Affairs, Attractions, and Addictions Develop, and How to Guard Your Marriage Against Them.”

Aired 2/23/2022 at 8 pm 30 min.

2/24/2022 8:06 am - Scott Herrold talked with author and artist Matt Hammit about finding the balance between providing for your family and investing in your marriage as a husband. Matt Hammit talked about stepping away from his career in 2016 to fully invest in his family. Scott and Matt discussed re-prioritizing things at home and the importance of healthy communication as a couple. 4 min.

2/24/2022 8:42 am - Scott Herrold spoke with author and therapist Leslie Parrott about the danger of building intimacy with another person before you become whole yourself and the consequences that come with this. She said that people cannot fill that gap in another person's soul that we must work on filling ourselves. She quoted a statistic that said about 70 percent of us have negative self-talk and how to go about changing that. She also talked about being married to a negative person, and what the core of a good fight is. 5 min.

FOCUS ON THE FAMILY – In a discussion about understanding the hot buttons in your marriage, Dr. Bob Paul, and his wife Jenni, explained how seemingly innocent disagreements can spiral into major arguments because of unidentified personal hot buttons that trigger primal reactions that are out of proportion to the issue at hand. This discussion was based on Dr. Paul's book, "9 Lies That Will Destroy Your Marriage: And the Truths That Will Save It and Set It Free."

Aired 3/7/2022 at 8 pm 30 min.

3/24/2022 7:35 am - Scott Herrold talked with Mattie Montgomery of the Altar Men's Conference, challenging men and encouraging them to step up to be mentors, coaches, fathers, and leaders. The Altar Men's Conference was talked about during this discussion. 3 min.

PHYSICAL AND MENTAL HEALTH

1/27/2022 8:05 am - Scott Herrold spoke with author Sandi Brown about what self-sabotage looks like and how to silence those negative voices in our head. She also explained how to deal with past pain, so you can put it in its place and be emotionally in the present. This conversation was based on Sandi's book, "Healing Out Loud: How To Embrace God's Love When You Don't Like Yourself." 8 min.

1/4/2022 6:42 am - Scott Herrold spoke with Vanessa Hartsell, Executive Director and blogger at Ignite Life LV about issues that working moms face on a daily basis. She also talked about parenting and creating a strategy for quality time and mentorship for kids. 2 min.

FOCUS ON THE FAMILY – Author Wendy Speake explained how she overcame a sugar addiction, which she had been turning to for comfort in the face of life's difficulties. She challenged listeners to pursue spiritual transformation by overcoming their own addictions in a discussion based on her book, "The 40-Day Sugar Fast: Where Physical Detox Meets Spiritual Transformation."

Aired 1/3/2022 at 8 pm 30 min.

1/18/2022 8:45 am - Scott Herrold talked with author and therapist John Eldredge from Wild at Heart Ministries about how smart phones are rewiring our brains and our attention span, and suggestions on what we can do to get back some peace and sanity from our smart phone addiction. 3 min.

2/01/2022 7:06 am - Scott Herrold spoke with author Vance Pitman about dealing proactively with the stress we experience, and what the physical and emotional effects of stress can be on our bodies. They talked about how stress not only affects you, but also the people around you, and the various types of worry and how they ignite the fear centers in our brain. 8 min.

2/10/2022 7:06 am - Scott Herrold interviewed author and artist Mike Weaver from Big Daddy Weave as Mike shared what he's learned about the grief process after losing his brother to COVID-19. He talked about navigating the complexities of loss and moving forward. 7 min.

2/16/2022 7:44 am - Scott Herrold talked with author and journalist Richard Lui about caring for aging parents, how to rethink the power of selflessness and being humble. He also discussed how to cultivate relationships and communication with co-workers as a source of strength. 9 min.

2/25/2022 8:52 am - Scott Herrold spoke with author and artist Bart Millard from MercyMe about learning the difference between forgiveness and rebuilding trust when it comes to people who have hurt you in the past, and the need to find reconciliation. 3 min.

3/7/2022 6:35 am - Scott Herrold interviewed author Carey Nieuwhof as they discussed identifying burnout and learning to prevent it. They talked about the symptoms of burnout and how to climb back after you've been burnt out. Nieuwhof also addressed discerning the difference between the emotion of happiness and the mental state of joy. 7 min.

3/17/2022 6:06 am - Scott Herrold spoke with artist Darren Mulligan about what he learned dealing with the complexities of moving his family across the world, dealing with anger issues, and navigating the issues of dating when each person has baggage. 10 min.

3/22/2022 6:05 am - Scott Herrold spoke with author Laura Story about defining a work-life balance. She talked about the idea of normalcy and how the idea of a normal life is unattainable. She also talked about the doors of opportunity that have opened because of painful seasons she and her husband have walked through. 5 min.

FOCUS ON THE FAMILY – Counselor Debra Fileta answered some general questions on mental and emotional health, covering topics like toxic people, co-dependency, anxiety, depression, and getting professional help. This discussion was based on her book, “Are You Really OK? Getting Real About Who You Are, How You’re Doing, and Why It Matters.”

Aired 3/24/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Alexandra Kuykendall explored ways we can love while interacting with others. She shared ways to find truth and moral courage in the tough moments and encouraged listeners to lead with grace in a discussion based on her book, “Seeking Out Goodness: Finding the True and Beautiful All Around You.”

Aired 3/31/2022 at 8 pm 30 min.