

# KHMS Issues & Programs List

## 2<sup>nd</sup> Quarter 2022

4/1/2022 – 6/30/2022

During the 2<sup>nd</sup> quarter of 2022, the following issues were addressed in the corresponding programs listed:

### **JOBS/the ECONOMY**

4/1/2022 8:40 am Scott Herrold spoke with Jon Ponder from Hope For Prisoners about job training for ex-felons, a second chance job fair, counseling, and help for people coming out of prison. The Billy Walters Center for Second Chances opened on this day. 8 min.

4/18/2022 10:05 am Therese Main talked about achieving breakthrough in applying for jobs in 2022. She pointed out that research shows that hiring managers say sending a thank you note grabs their attention, as well as other suggestions. She gave a list of additional suggestions on how to stand out in searching for a job. 2 min.

4/20/2022 8:55 am Scott Herrold talked about the challenges of finding good jobs in today's online world. He shared information about the "Second Chance Job Fair" that Hope for Prisoners was hosting on this particular day, about where to look for work, how to grab a hiring manager's attention and help for people with felony on their record. He also talked about current specific openings at Kolay Manufacturing. 2 min.

6/15/2022 6:35 am Scott Herrold had a discussion with artist Dan Bremnes about taking the time to figure out your purpose and focus on your career. They talked about the role adventure and service plays in helping certain personality types recharge. Dan talked about serving in orphanages and with relief projects in Indonesia, Australia and Japan. 5 min.

### **CHILDRENS ISSUES**

4/18/2022 7:55 am Scott Herrold talked with Troy Martinez about an organization called "Dads in Schools." This is an organization that is calling men to step up and volunteer in their kids' schools to help prevent violence and serve our local principals. 3min.

4/21/2022 6:10 am Scott Herrold had a discussion with author Brant Hansen about [dadsinschools.com](http://dadsinschools.com). Brant talked about the role dads play in the life of kids and families. He also talked about what it means to lead a family and how to be a protector in our community. He also talked about tangible ways men can volunteer and mentor in our community in schools and sports. 10 min.

4/21/2022 7:10 am Scott Herrold talked with Troy Martinez, who spearheads a new organization called "Dads in Schools." He is also part of "Rebuilding Every City Around Peace" (RECAP). They discussed a new plan to prevent school violence through the presence of fathers who volunteer to be on campus at their kids' schools. Troy challenged listeners to get involved and volunteer a few hours a week in our schools by connecting through "DadsInSchools.com." 10 min.

5/3/2022 6:45 am Scott Herrold interviewed Dawn Prendes from Henry's Place. Dawn is the widow of Las Vegas Metro Police Officer Henry Prendes who was shot and killed in the line of duty in 2006. Dawn talked about being the wife of a police officer and the challenges that come with that. She told the story of "Henry's Place" camp for at-risk youth in Southern Utah, and the need for camp counselors to devote six weeks this summer to mentoring kids and doing outdoor activities with them. 5 min.

Adventures in Odyssey – 25 min program airs every Saturday at 8:30 am. It’s an award-winning weekly dramatization of a story that teaches a useful lesson to help young people deal with the challenges of life and learn useful lessons in character building.

During the 2<sup>nd</sup> ¼ of 2022, the following topics were the subject of the program for the date shown:

- 4/2/2022 A story dealing with the value of relationships & family togetherness.
- 4/9/2022 A show about how we can keep our emotions in control and refuse to be judgmental.
- 4/16/2022 A story on taking responsibility for our behavior, character and, honesty.
- 4/30/2022 A lesson on heroes, maturity, & responsibility
- 6/4/2022 A story on the importance of friendships and family.
- 6/11/2022 A lesson about handling our emotions and dealing with jealousy.
- 6/18/2022 The importance of treasuring relationships.

6/6/2022 6:53 am Scott Herrold had a conversation with artist Brandon Heath about his experience as a teenager with the Young Life youth organization. He talked about the role that summer camp plays in the life of troubled and at-risk students. Brandon told the story of his troubled family life, and how he was headed in a self-destructive direction when the mentors at Malibu Club (a Young Life Camp) reached out to him and his life changed. This discussion re-aired on 6/10/2022 at 7:40 am. 8 min.

6/15/2022 8:07 am Scott Herrold talked with author Brian Tome, who challenged men to step up to help serve at-risk kids who don't have fathers present in their life. He challenged guys to volunteer with organizations like DadsInSchool.com in August, and Hope For Prisoners, who’s also looking for volunteers. Scott and Brian pointed out that men can also volunteer to coach flag football, soccer or baseball, and to serve with the Police Athletic League. 5 min.

6/17/2022 7:10 am Scott Herrold talked with author and musician Michael W. Smith about the pivotal role that fathers play in the life of kids. Michael shared lessons from his dad and his childhood, and he talked about finding healing from broken family situations. 6 min.

## **ADDICTION**

4/4/2022 6:35 am Scott Herrold spoke with author, pro baseball player and recovered addict Darryl Strawberry about beating addiction, recovery and healing from physical abuse. He leads Strawberry Ministries and “FindingYourWay.com” addiction recovery centers around the country. 9 min.

## **NEWS/Information**

KHMS is an affiliate of the SRN Network News.

The News schedule is as follows:

### **Monday – Friday**

12 am midnight - 3 min  
5:55 am - 3 min  
7 am - 3 min  
8 am - 3 min  
11 am – 3 min  
12 pm – 3 min  
3 pm – 3 min  
6 pm – 3 min  
9 pm – 3 min

### **Saturday**

12 am - 3 min  
5 am - 3 min  
6 am - 3 min  
7 am - 3 min  
12 pm – 3 min  
3 pm – 3 min  
5 pm – 3 min

### **Sunday**

Noon – 3 min

## **MARRIAGE**

FOCUS ON THE FAMILY – Drawing on the lessons she’s learned from her 35 year marriage, author Lucille Williams offered young couples practical advice for building a strong marital foundation in a discussion based on her book, “From Me to We: A Premarital Guide for the Bride-and Groom-to-Be.”

Aired 4/4/2022 at 8 pm 30 min.

4/20/2022 8:04 am Scott Herrold invited listeners to call and join a discussion sharing their experiences in how to “fight fair” in marriage. They discussed how to set ground rules so you can work through conflict resolution. Scott referenced information from The Gottman Institute that explained that criticism, contempt, defensiveness, and stonewalling are four immediate barriers to effective conflict resolution. 15 min.

FOCUS ON THE FAMILY – In a lighthearted look at marriage, Dr. Greg Smalley offered advice on how to nourish and cherish your spouses’ heart – an essential ingredient for marital satisfaction. This discussion was based on Dr. Smalley’s book, “Crazy Little Thing Called Marriage: 12 Secrets for Lifelong Romance.”

Aired 4/27/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion, authors and counselors Milan and Kay Yerkovich offered helpful insights on learning how you show love to others, particularly your spouse, and explained what steps you can take toward loving unconditionally and breaking negative patterns to create a deeper, richer marriage in a discussion based on their book, “How We Love: Discover Your Love Style, Enhance Your Marriage.”

Aired 5/3/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of the previous days two-part discussion, authors and counselors Milan and Kay Yerkovich offered more helpful insights on learning how you show love to others, particularly your spouse, and explained what steps you can take toward loving unconditionally and breaking negative patterns to create a deeper, richer marriage in a discussion based on their book, “How We Love: Discover Your Love Style, Enhance Your Marriage.”

Aired 5/4/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Authors Dave and Ashley Willis offered tips for you and your spouse to get healthy — mind, body, and spirit. With personal stories about Ashley’s journey through anxiety and depression and Dave’s health issues, you’ll see how your overall well-being affects your relationship in a discussion based on their book, “Naked & Healthy: Uncover the Lifestyle Your Mind, Body, Spirit, and Marriage Need.”

Aired 5/12/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Authors Howard and Danielle Taylor described how to build your relationship on rock-solid principles. They shared relatable communication mishaps, encouragement for managing expectations, and ideas for reigniting fun and friendship in marriage in a discussion based on their book, “The Fundamentals of Marriage: 8 Essential Practices of Successful Couples.”

Aired 6/6/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Amy Carroll shared how her perfectionism led to her being discontent in her marriage for over a decade. She also shared practical ways everyone can accept the messiness of marriage and of life in a discussion based on her book, “Breaking Up With Perfect: Kiss Perfection Good-Bye and Embrace the Joy God Has in Store for You.”

Aired 6/14/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion, author Gary Chapman explained how couples go through four seasons of marriage, and how couples can thrive through each of those seasons. This discussion was based on his book, “The 4 Seasons of Marriage: Secrets to a Lasting Marriage.”

Aired 6/15/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion, author Gary Chapman explained how couples go through four seasons of marriage, and how couples can thrive through each of those seasons. This discussion was based on his book, “The 4 Seasons of Marriage: Secrets to a Lasting Marriage.”

Aired 6/16/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In this broadcast, Dr. Kevin Leman explained how birth order affects your relationships with your spouse and offered advice on managing challenges in your marriage that stem from your placement in your family of origin. This discussion was based on his book, “The Birth Order Book: Why You Are the Way You Are.”

Aired 6/24/2022 at 8 pm 30 min

FOCUS ON THE FAMILY – Authors Jason and Tori Benham struggled with conflict until they realized marriage is sometimes a battle. In this conversation, Jason and Tori talked about practical tips on working through conflict and overcoming challenges to connect with your spouse. This discussion was based on their book, “Beauty in Battle: Winning in Marriage by Waging a War.”

Aired 6/29/2022 at 8 pm 30 min

## **PARENTING**

FOCUS ON THE FAMILY – In a discussion about the power of gracious words, author Bill Smith helped listeners guide their child and build deeper relationships. This discussion was based on his book, “Parenting with Words of Grace: Building Relationships with Your Children One Conversation at a Time.”

Aired 4/14/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Dr. Gary Chapman gave some insight into the teen years and explained how teens are developing the ability to think logically and are learning to process anger. Dr. Chapman shared methods to help teens apologize and forgive. This discussion was based on Dr. Chapman’s book, “Things I Wish I’d Known Before My Child Became a Teenager.”

Aired 4/20/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In the first part of a two-part discussion with Pastor and best-selling author Mark Batterson, who offered his insights on what it looks like for a father to raise a boy to become a good man. This discussion was based on his book, “Play the Man: Becoming the Man God Created You to Be.”

Aired 4/25/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Conclusion of the discussion with Pastor and best-selling author Mark Batterson who offered his insights on what it looks like for a father to raise a boy to become a good man. This discussion was based on his book, “Play the Man: Becoming the Man God Created You to Be.”

Aired 4/26/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Chris and Julie Reuschel shared their story of losing their newborn baby girl only 45 minutes after she was born. Following the birth of their first son Elliot, they founded a ministry called Faith45 to help families through pregnancy and infant loss.

Aired 4/28/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Cheri Fuller discussed the important role grandparents play in their grandchildren’s lives. She offered ideas and tips for engaging the grandkids in fun ways and methods to stay in touch with children who are far away in a discussion based on her book, “Connect with Your Grandkids: Fun Ways to Bridge the Miles.”

Aired 4/29/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Ted Cunningham brought hilarious encouragement to moms by urging them to stop stressing out over non-essential decisions and start actively seeking out a more lighthearted approach to life in a discussion based on his book, “A Love That Laughs: Lighten Up, Cut Loose, and Enjoy Life Together.”  
Aired 5/6/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion on saying the right thing when your child misbehaves, authors Amber Lia and Wendy Speake offered parents practical suggestions for responding with patience and wisdom to their children’s misbehavior. This discussion was based on their recent book, “Parenting Scripts: When What You’re Saying Isn’t Working, Say Something New.”  
Aired 5/9/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In part two of a two-part discussion on saying the right thing when your child misbehaves, authors Amber Lia and Wendy Speake offered parents more practical suggestions for responding with patience and wisdom to their children’s misbehavior. This discussion was based on their recent book, “Parenting Scripts: When What You’re Saying Isn’t Working, Say Something New.”  
Aired 5/10/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Jamie Finn emphasized the importance of families becoming involved in foster care and shared how we need to be supportive of both the kids in foster care and their biological parents. This discussion was based on her book, “Send a suitcase, teddy bear and bible to a child in foster care!”  
Aired 5/11/2022 at 8 pm 30 min.

5/16/2022 6:05 am Scott Herrold talked with Mack Brock about foster Care and healing from trauma. Mack talked about being a foster parent and what that experience has taught him and his wife. They talked about organizations like Fostering Hope that help resource foster parents in So. Nevada. 9 min.

FOCUS ON THE FAMILY – Author Becky Harling offered practical ways you can intentionally listen to your child, such as learning to give them a voice to the importance of non-verbal communication to teaching them how to make wise decisions in a discussion based on her book, “How to Listen So Your Kids Will Talk: Deepen Your Connection and Strengthen Their Confidence.”  
Aired 5/18/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Carol Kuykendall and her daughter-in-law Alexandra described feelings such as anticipation, excitement, turmoil, grief, and how you can work through those. With personal stories and some practical tips, they looked at the homestretch to prepare your child—and yourself—for their launch in a discussion based on their book, “Give Them Wings: Preparing For the Time Your Teen Leaves Home.”  
Aired 5/23/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – Author Lauren Reitsema experienced divorce first-hand when her parents separated after almost 20 years of marriage. Drawing from her own experience, Lauren offered help to parents and stepparents as they uncover common points of grief and loss for children after divorce. This discussion was based on her book, “In Their Shoes: Helping Parents Better Understand and Connect with Children of Divorce.”  
Aired 6/3/2022 at 8 pm 30 min

FOCUS ON THE FAMILY – Author Julie Lyles Carr offered insights on how you can cultivate and encourage the special, distinct qualities of your child’s personality in a discussion based on her book, “Raising an Original: Parenting Each Child According to Their Unique God-Given Temperament.”  
Aired 6/20/2022 at 8 pm 30 min.

6/28/2022 6:10 am Scott Herrold spoke with author and therapist Kathleen Edelman about understanding the personality and wiring of our kids. She discussed parenting strategy ideas for summer with the kids home so much and sometimes bored, based on a better understanding our kid's individual temperament. She shared from the concepts in her books, including "A Grown Ups Guide to Kids Wiring." 6 min.

## **PHYSICAL & MENTAL HEALTH**

FOCUS ON THE FAMILY – Author Deborah Pegues offered advice to help listeners get out from under the weight of insecurity. She described symptoms of insecurity, like envy and people pleasing, and discussed the importance of overcoming perfectionism. This conversation was based on her book, "30 Days to a Stronger, More Confident You: Secrets to Bold and Fearless Living."  
Aired 4/11/2022 at 8 pm 30 min

4/19/2022 6:05 am Scott Herrold had a discussion with authors N.T. Wright and Sandi Brown about how we deal with pain and suffering when life just feels impossible. They shared encouragement and strategy to bounce back. They invited listeners to call in with stories about what they've learned about perspective when dealing with serious suffering in their life. 20 min.

4/20/2022 6:12 am Scott Herrold had a discussion with Dr. Michael Brown from the Fire School of Ministry. Dr. Brown talked about how to process suffering when your life and family feels simply dysfunctional. They delved into the philosophy of ethics and the problem of evil in our world. 12 min.

4/25/2022 7:05 am Scott Herrold talked with author John Eldredge from "Wild At Heart" about recharging when we're physically and emotionally exhausted. They discussed the "one-minute pause app" for better mental health, about healing our short attention span & recognizing the difference between relief and restoration in our mental health. 8 min.

4/28/2022 6:06 am Scott Herrold spoke with Chris Brown about transforming the pain of your past into purpose for today. They talked about healing from trauma, PTSD, depression, and suicidal thoughts. Mr. Brown also encouraged listeners to seek out counseling, including being ready to help others walk through their challenges with these struggles. 6 min.

4/28/2022 3:40 pm Chalmer Harper spoke with Jim Hicks from Hope Rescue Mission about how the pandemic and the stimulus checks really exacerbated addiction and relapse. He said that one of the solutions that has received national attention is called, "Temporary Safe Outdoor Space," to provide shelter, case management, security, photo ID's, and more. People are allowed to be a part of the program without being clean first. 4 min.

FOCUS ON THE FAMILY – Author Levi Lusko shared about living your best life, overcoming worry, fear and anxiety. He encouraged us to strategically take the high ground to combat the enemy of our souls in the right way. He challenged us to have courage in the face of life's storms. This discussion was based on his book, "Take Back Your Life: A 40-Day Interactive Journey to Thinking Right So You Can Live Right."  
Aired 5/2/2022 at 8 pm 30 min.

5/3/2022 3:40 pm Chalmer Harper talked with Heather Flint from REBOOT Recovery, a safe, confidential 12-week group recovery course that started out by serving veterans and first responders, but now serves anyone in need. This discussion re-aired on 5/10/2022 at 3:09 pm 3 min.

5/12/2022 6:05 am Scott Herrold talked with author Judah Smith about emotional health and the importance of better listening on our part. He said that connection and respect is shown through taking the time to listen more than we talk. He discussed the value of listening, for your emotional, spiritual, and mental health. He gave insight into how we deal with legitimate pain and where we focus to find healing. 4 min.

FOCUS ON THE FAMILY – Raul Ries grew up with an alcoholic father who physically abused him and his mother. He became a very angry and violent young man himself, and after his wife threatened to leave him, he intended to kill her. In this broadcast, Raul shared his fascinating story of transformation.  
Aired 5/20/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In a discussion on breaking free from unhealthy eating habits, author Amber Lia examined internal and external food triggers—things like boredom, community or event gatherings, shame, stress, and emotions that drive us to eat. She gave tips on how to navigate your food triggers and exchange them for healthier habits. This discussion was based on her book, “Food Triggers: Exchanging Unhealthy Patterns for God-honoring Habits.”  
Aired 5/25/2022 at 8 pm 30 min.

5/26/2022 6:10 am Scott Herrold talked with artist David Crowder as they discussed depression, despair, and finding healing from pain. He also addressed how to find hope when we see so much suffering in our world. 9 min.

5/26/2022 8:33 am Scott Herrold interviewed Dr. Gregory Jantz from “The Center – A Place of Hope,” which is in Seattle. He talked about recovery from trauma, addressing feelings of depression and anxiety. He talked about finding healing when anxiety manifests itself with physical symptoms. 4 min.

FOCUS ON THE FAMILY – In a discussion about finding healing after a suicide loss, author Rita Schulte and Jean Daly shared about losing a loved one and how they processed their grief with others and sought help to be able to move forward in life. This discussion was based on Rita’s book, “Surviving Suicide Loss: Making Your Way Beyond the Ruins.”  
Aired 5/26/2022 at 8 pm 30 min.

6/29/2022 6:10 am Scott Herrold spoke with author Patrick Morley, founder of Man in the Mirror Ministries. They discussed mental and emotional health, and talked about the voices that speak into our life and shape our mental and emotional responses to life. 9 min.

6/28/2022 7:40 am Scott Herrold spoke with author and therapist John Eldredge of Wild at Heart Ministries about suffering and healing from pain. He discussed relief vs. restoration, anger management, and rethinking resilience. 9 min.

FOCUS ON THE FAMILY – In part one of a two-part discussion on giving up people pleasing, Dr. Mike Bechtle helped listeners recognize & avoid the trap of people pleasing in order to develop healthier relationships with others in a discussion based on his book, “The People Pleaser's Guide to Loving Others Without Losing Yourself.”  
Aired 6/1/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion on giving up people pleasing, Dr. Mike Bechtle helped listeners avoid the trap of people pleasing in order to develop healthier relationships with others in a discussion based on his book, “The People Pleaser's Guide to Loving Others Without Losing Yourself.”  
Aired 6/2/2022 at 8 pm 30 min.

## **WOMEN**

4/19/2022 5:15 pm Chalmer Harper talked with Robin Smith from Refuge for Women. They discussed mental Health, personal identity, worthiness, and being able to let go of the past to move forward into a job, career, and in her case, life outside of the sex industry. 2 min.

4/27/2022 4:57 pm Chalmer Harper spoke with Robin Smith from Refuge for Women. Robin talked about her organizations' preparedness for large sporting events. She said that Refuge for Women partners with other organizations, who rescue women out of sex trafficking situations, for care after rescue. Refuge for women has emergency housing for those women and programs that allow women to break the cycle of human trafficking. 3 min.

5/13/2022 4:47 pm Chalmer Harper spoke with artist Darren Mulligan about his story of connecting with his birth mother. They talked about how you can love someone even though you have never met them. Darren brought up what is needed to help women make an educated decision if they are facing an unplanned pregnancy, and he challenged listeners to step up & provide emotional, spiritual, physical, and financial support during these pregnancies. 6 min.

5/18/2022 6:35 am Scott Herrold talked with author Lysa TerKeurst from Proverbs 31 Ministries about healing when it's hard to forgive and when people have genuinely hurt you. She talked about how to re-build trust, and where to learn boundaries. She also talked about women's issues related to breast cancer and medical challenges. 9 min.

5/19/2022 4:57 pm Chalmer Harper talked with Lesah Handford from Proverbs 31 Ministries about the need to take times of rest and relaxation. She talked about a one-day retreat for women at the Apple Valley Conference Center in California scheduled to take place on 6/25/2022. 2 min.

FOCUS ON THE FAMILY – Amy Ford shared her testimony of having an unplanned pregnancy and feeling shunned by her church. She explained how that experience motivated her to become an advocate for women with unplanned pregnancies, and shared stories of women she's helped through her organization, "Embrace Grace."  
Aired 5/24/2022 at 8 pm 30 min

## **HOMELESSNESS – POVERTY – HUMAN SUFFERING**

4/18/2022 3:06 pm Chalmer Harper talked about an organization called Broken Chains Ministry. When Sam was 11 years old, he knew he wanted to help the homeless. So, instead of receiving gifts for his birthday, he asked others to get necessities for those who were living without a roof over their heads. This has ignited a passion for serving the homeless for several years. He created Broken Chains Ministry where community members can purchase a pre-made bag full of supplies and encouragement to be given to those on the streets. 4 min.

6/29/2022 8:05 am Scott Herrold talked with author Mark Batterson about rethinking our view of generosity and service to our cities. He shared how the DC Dream Center developed out of an assessment of social needs around his church location. Today they have an entire city block in Washington DC that offers free tutoring, free legal counsel, after school programs for at risk kids, and counseling. 4 min.

## **GENERAL / MISCELLANIOUS**

FOCUS ON THE FAMILY – In part one of a two-part discussion on living at peace with difficult people, author Brian Noble, who is the CEO of Peacemaker Ministries, brought his experience in conflict coaching and mediation and shared how reconciliation is possible. This discussion was based on his book, "Living Reconciled: 7 Ways to Bring Peace to Your Most Difficult Relationships."  
Aired 4/5/2022 at 8 pm 30 min.

FOCUS ON THE FAMILY – In conclusion of a two-part discussion on living at peace with difficult people, author Brian Noble, who is the CEO of Peacemaker Ministries, brought his experience in conflict coaching and mediation and shared how reconciliation is possible. This discussion was based on his book, "Living Reconciled: 7 Ways to Bring Peace to Your Most Difficult Relationships."  
Aired 4/6/2022 at 8 pm 30 min.