

**DIVINE MERCY RADIO, INC.**  
**ISSUES AND PROGRAMS FOURTH QUARTER 2017**

***ISSUE Health***

**10 03 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about the recent shooting tragedy in Las Vegas, the motive behind the killer and what we should tell our children about it. Ken from Ohio was the first caller. He is a cradle Catholic in his 70s and said Dr. Ray struck a chord with him when he was saying we need to shelter our children from the disturbing tragedies in the media. He remembers in 1954 at the age of 6 when his mother had his father turned the radio off when the Sam Shephard trial was on the radio. Dr. Ray said that it is a flawed philosophy to think that since you cannot totally protect your children from hearing things, parents should not try to shield their children at all. Dr. Ray and Ken also discussed whether or not families should have a television in their homes. Dr. Ray also pointed out that it is a lot harder today go against the mainstream thinking today than it was decades ago. Dr. Ray took calls from other listeners for the remainder of the hour.

**10 10 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about his recent trip to Disney World and how he observed parents ineffective discipline of their children. His first caller was Tammy from Nebraska. Her son was 17 when she converted to Catholicism and feels like she is a traitor. His father is an atheist and she raised her children Lutheran. Tammy and her husband have tried to show them the love of the faith, but her son rejects her beliefs. Dr. Ray suggests she casually ask him how he concluded that God does not exist. If he shuts her down, she should back down, but should attempt to get inside his head. Dr. Ray also suggests trying to talk with her daughter in law by asking how they make decisions for their family and decide what is good. Dr. Ray said that she needs to be delicate if she approaches it this way. Dr. Ray took calls from other listeners for the remainder of the hour.

**10 18 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how in todays culture people are very easily offended and we have to be careful what we say. He said that we need to have an attitude where we say, *So . . . and not get so insulted over other peoples comments.* After a break, Dr. Ray spoke with his first caller, Anita, from Florida. She saw Dr. Ray on tv talking about how ones soul is their *being*. Her brother was in an accident and is now living in a vegetative state and wants to know if his soul is still in his body. Dr. Ray answered that his soul will remain in his body until death occurs. God knows his soul is still there and God knows who he is. Dr. Ray suggested Anita hug and kiss her brother because only God knows what he can perceive in his current state. If her brother goes to heaven, he will be the brother she remembers here on this Earth. Dr. Ray also told Anita that it may be possible that because of his suffering here that his soul may go straight to heaven. After consoling Anita Dr. Ray took calls from other listeners for the remainder of the hour.

**10 24 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about the law of reciprocity, how you treat another affects how they will in turn treat you. His first caller was Mary from North Dakota. Her oldest child is married and has children. Her daughter complains to her that she does not take the time to keep in touch with her, but Mary feels like her daughter has a *woe is me* attitude and could be better about communicating with her. Dr. Ray told Mary that the law of reciprocation does not work at this time in their lives. Her daughter is busy with her family and Mary should reach out to her when she feels necessary and not feel guilty when her daughter accuses her of not communicating with her enough. Dr. Ray answered calls from other listeners for the remainder of the hour.

**11 02 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about parents often blame sugar for their childrens behavior when it has not been proven that sugar really affects ones behavior. He said studies have shown that people behave or perform how others expect them to. His first caller was anonymous from New York. He feels haunted from a past sin that he has confessed but cannot seem to forgive himself. He said he does tend to overthink things, may have OCD and has confessed it profusely to the Lord, but this sin continues to bother him. Dr. Ray said that whether he feels forgiven or not is irrelevant. The problem then is that he does not *feel* forgiven. He commented that anonymous is not trusting the Lord because he has already been forgiven of this. He also explained that since the caller did not realize his sin was even a sin when it was committed, it may not have been a sin to begin with. In addition to not trusting God, Dr. Ray accused anonymous of being prideful. He also reminded him that St. Paul persecuted Christians, was forgiven, and went on to write books of the bible. For the remainder of the hour Dr. Ray answered questions from other callers.

**11 07 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how a high percentage of men, according to his observations, do not participate in Mass, yet, at major league baseball games, almost all males will partake emotionally. In order to close the gap between the level of excitement at events such as concerts and sporting events and Mass, Dr. Ray said he tries to bring his enthusiasm down at the former events. He feels we should not give more emotionally at these secular events than we do the Mass. His first caller is Patrick from Virginia who said that he sings at Mass at a level that is respectful. At a concert there is a higher emotion because the songs may bring back memories. Dr. Ray told Patrick that he is actually making his point. After discussing mens participation in Mass for a few minutes and agreeing with each other, Dr. Ray proceeded to his next caller. He answered calls from other listeners for the remainder of the hour.

**11 14 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how kids tell them they have it so bad compared to their friends. His first caller was Nichole from Michigan. She describes her two year old daughter as strong willed and firey. She understands her behavior is age appropriate, but always ends up yelling at her daughter. She wants to affirm her emotions, but wants to avoid her fits. She is tired of the negative interactions between her and her daughter. Dr. Ray said Nicholes daughter is two and is simply asserting herself. He also said he could tell she does not discipline her daughter and proceeded to give her advice on effective discipline. Dr. Ray answered calls from other listeners for the remainder of the hour.

**11 21 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about dealing with difficult relatives over the holidays. His first caller was Andrew from Lancaster, Pennsylvania. He pointed out that he has noticed a parallel between the increase of absent fathers and priests who are too soft in regards to speaking the truth. He asked Dr. Ray if he agrees that these two are related. Dr. Ray began by saying he could not say that there is a correlation between the two although he agrees that there is a lack of priests who preach on difficult issues such as chastity and abortion. Dr. Ray voiced his opinion that the younger generation needs to hear *the real stuff*, and, as a psychologist, he believes the churchs moral teachings are the best way to live. While he does not necessarily think one is reflective of the other, Dr. Ray said these two incidences demonstrate an overall societal trend. Dr. Ray answered questions from other listeners for the remainder of the hour.

**12 05 2017 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how we should not get upset when people in our lives predictably, repetitively do things that that irritate or upset us when they have acted in the same manner for years. We should decide not to let these people get to us, especially since we know their personalities. His first caller was Bill from Cincinnati, Ohio. His child is giving his mother so many problems that his mother wishes she had not had him. He is 9 years old and has been diagnosed with ADHD. He is on medication and is extremely busy and talkative which is the opposite personality of Bill's wife. Bill explained that he won't stay in the corner when given a time out as a punishment. Dr. Ray explained that defying discipline is not ADHD. Bill said that if his son were sent to his room as a punishment that within a few minutes he would have a hole in the wall. Dr. Ray said his child may be misdiagnosed, but he feels this

is a parenting issue, not an ADHD issue. Bill explained that at school, after a period of adjustment at the beginning of the year, the teacher gains control over his son. Dr. Ray explained that this fact proves that the reason they cannot seem to enjoy their son at home is due to a lack of authority, and he recommended Bill take charge over the discipline at home. After also recommending his book on parenting, Dr. Ray moved on to his next call and continued to take calls for the remainder of the hour.

**12 12 2017 at 1200 The Dr. Is In 60 minutes** Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about curses and blessings and how we are too quick to label the outcome of a situation when we do not know Gods plan and the long term outcome. Jay from Houston is Dr. Rays first caller. He explained that he has a very intelligent wife who talks a lot and seems to dominate every conversation with him and in group situations. When he tells her to allow other people to speak as well, she gets mad and storms off. Dr. Ray advised to not call her out on this in front of others anymore because she is feeling like he has putting her down. He asked Jay if she turns people away, and he explained that she does not and seems to have a lot of friends. He added that his wife is very outgoing and he has more introverted and has only a handful of friends. Dr. Ray explained that Jay cannot change his wife when she does not feel she has a problem. He recommended that Jay work on being less irritated with his wife is talking. Dr. Ray answered calls from other listeners for the remainder of the hour.

Certified by Donetta M Robben January 5, 2018