

DIVINE MERCY RADIO, INC.
ISSUES AND PROGRAMS SECOND QUARTER 2016

ISSUE Health

04 13 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray Guarendi opens the show discussing Lent and the attitudes and motives we have behind our sacrifices. Kathleen from New Jersey called in about her son who has fallen away from the church. He has a daughter with Down Syndrome who they refuse to baptize. Kathleen baptized the child and wants to know if that was okay. Dr. Ray said that first, Kathleen should not tell her son that she did this. Second, he said that the baptism may not be valid and she should check. Third, a baptism verbalizes that faithful parents will raise their children in the faith and that is not what this child's parents will be doing. Also, because of her disability, she may go straight to heaven anyway. To sin, we must willingly turn away from God, which the child may not ever reach a level to understand that. In another call, Rebecca from Texas called in about her daughter who is filing for a divorce. The husband has a substance abuse problem and Rebecca's daughter is unsure whether to stay in what may be a harmful situation down the road. She wants the divorce no matter what, but she hopes that it will straighten him out too. Dr. Ray said Rebecca cannot stop her daughter from divorcing, but she should advise her to get spiritual guidance and start the process of an annulment. If the son in law tries to straighten up, tell the daughter she needs to make him show her the progress. Dr. Ray took calls the remainder of the hour.

04 20 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opens the show discussing a child's right to express themselves and how parents should go about that. Karen called in about her 22 month old daughter who has taken to biting people. Dr. Ray said that her daughter has found her main weapon is her mouth. He said that grownups in her life need to be aware that she bites and need to recognize the warning signs from her. Be ready for that bite to react instantly. Then, if it happens, she needs to discipline her daughter with a strong discipline to let her know she is not messing around. In another call, Ron from Los Angeles called in about his heart conditions that cause strain on his life while he also has to take care of his disabled parents. His parents often make comments to him that really bother him as he is also dealing with his own health issues. Dr. Ray said that there is not a way to change how his parents act towards and speak to him. He recommends Ron needs to try and not let these things get to him. God sees what Ron is doing for his parents and the sacrifices he has made, and that is what really matters. Dr. Ray took calls the remainder of the hour.

04 29 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is look back Friday where Dr. Ray reviews calls that he previously answered and expands on his advice. Dr. Ray discussed a call from Gayle who previously called in about her wonderful husband of 46 years who passed away, and she is concerned as to why she is not crying more about it. Dr. Ray said that there is nothing wrong with Gayle. He believes that because Gayle and her husband were so close and she loved him so much, that she is pretty happy that her husband is in a better place and is at peace with the many years they had together. Dr. Ray further explains the different methods people cope with death, the different rates at which people move on, and how Catholics have a leg up when we believe our loved ones are going to a better place. In another discussion, Dr. Ray discussed a call from Beth who grounded her daughter for 37 days, and believes she grounded her for too long. Dr. Ray said that the grounding was not unreasonable, but that Beth wanted to change it because she felt bad. Dr. Ray said parents often will change a discipline after it was made, which is fine if there is a good reason like good behavior to reduce the discipline. Dr. Ray discussed previous calls for the remainder of the hour.

05 02 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is look back Friday where Dr. Ray reviews calls that he previously answered and expands on his advice. Today is Monday and Dr. Ray will answer emails that have compiled over the last few months. Julietta wrote that she is a single mom with a 7 year old son. She wants to know how to make her mom understand that she is grateful for her help in caring for her son while she is at work, but that she is overbearing. She believes her mom treats her like a child when it comes to dating. Dr. Ray said that Julietta needs to confront her mother about what her motives are for her dating. He also informed Julietta to quit explaining herself. Reassure her mother that she will never forget or abandon her son and

quit explaining herself as she is an adult. He points out to Julietta that she has options despite the fact that she does not think so. He suggests she look for another place outside of her mothers house and find a balance of still having her mother in her life. Her mother will continue to watch her son and help her because she feels responsible for the child. He said Julietta needs to accept that her mother is overprotective and that that is just who she is. Dr. Ray went over look back calls for the remainder of the hour.

05 11 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray Guarendi opens the show discussing difficult children and how society views these children as misunderstood instead of just troublesome. He also points out that parents will look everywhere for an answer as to why their child is the way they are, except at themselves and their parenting. An anonymous woman called in about an argument she had with her husband that involved her parents. Her parents heard the argument and her dad emailed her his concerns about their arguments. She tries to explain to her parents that they are in love, and they do not fight as often as her parents think. However, the parents think their daughter is brainwashed. Dr. Ray informs the woman to tell her parents that she loves her marriage and to reassure them that her husband is a good man. Tell them that she does not want to stand between her husband and her parents, but if they make her, she will choose her husband. If no good comes of this conversation, at least her husband will have some peace knowing that his wife sees him as a good man and that he does not have to defend himself to her parents. He also advises that they keep their arguments to a minimum when her parents are around. Dr. Ray took calls the remainder of the hour.

05 24 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray Guarendi opens the show discussing forgiveness. Jan from Fort Wayne called in to say she and her husband use some of their childrens money they have worked for to help make ends meet. She feels guilty using her childrens money and wants to know Dr. Rays thoughts on the issue. She said her children do not hold resentment towards them for this. Dr. Ray said that, in his opinion, if the family needs it and uses it responsibly then they have the right to do so. He suggests maybe they work out a percentage with the working children on how much will go to them, the bank, and to the family. Tell them how every child younger than them will also follow this same plan when they get old enough to work. He said that the children who feel like their parents owe them are entitled children. The parents do not owe them anything. Dr. Ray took calls the remainder of the hour.

06 02 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray Guarendi opens the show discussing people who are offended. Gabby called in about being pregnant with her fourth child. She is discouraged about the comments people are making about her growing family. Dr. Ray said that people nowadays are allowed to do whatever they want sexually except have a more than two children family. He tells Gabby not to worry about what others say. Most people do not think about the soul and gift from God that a child is. Something Gabby could say back to them in return is do not you like kids? This will often put the accuser on the defensive instead of Gabby. He reminds Gabby to not take any of these comments personal as society today has a very twisted thinking about children and families. Ed called in about his separation from his wife, and how he often cries when he gets to see his children. He can only see his children two hours a week because of a false accusation from his wife. Dr. Ray said Ed needs to find out what he needs to do with the attorneys, whether that be counseling or anything, to regain his parental rights. The attorney has told him he needs to stop crying around his kids. Dr. Ray said that Ed needs to simply leave the room so he can calm down before returning to his children. Dr. Ray took calls the remainder of the hour.

06 08 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Paul called in saying he met a woman online, fell in love, ended up moving in with her. He got her to convert to the Catholic faith. After 11 years, he found out she has cheated on him with her half uncle, and both she and his girlfriend have alcohol issues. Dr. Ray said it turns out Paul did not know his wife at all and that his wife is not going to change. He recommends Paul make a decision to live with the situation or to move away from the situation. In another call Bob called in about his daughter who was married to her female partner. He did not attend the civil union. His daughter has now cut him out of her life. This has driven a wedge between him and his wife who understands where Bob comes from but she disagrees with the Church. Dr. Ray said Bob should tell his wife that his stance has nothing to do with the love he has for his daughter, but he will not go against the Church and Jesus teachings. To his daughter, Bob should

tell her that she wants him to respect how she chooses to live but yet she will not respect how he chooses to live. Make her explain instead of Bob always have to explain his stance to her. Dr. Ray took calls the remainder of the hour.

06 13 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is Monday and Dr. Ray will answer emails that have compiled over the last few months. Ray wrote in about his recently widowed sister. He sent her a birthday gift in which the sister sent him a text to say she received the gift, but he never received a thank you. His other sister said she has been dealing with this for years. His second sister has confronted the widowed sister about saying thanks when receiving a gift. Ray wants to do the same but does not know if it is worth his time. Dr. Ray said that the thankless sister is 68. By now, this is just how this sister is, and she is not going to change no matter who confronts her. Dr. Ray suggested Ray let it go and not bring it up. Next time Ray wants to send a gift, than he needs to do so without expecting a thank you in return. Dr. Ray answered emails the remainder of the hour.

06 22 2016 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray takes calls from listeners. Anne called in about her 25 year old son who met a woman. This woman has been nothing but trouble for him. They are now married and her son has completely cut his family out of his life. Dr. Ray said the girlfriend knows that Anne and her husband do not approve of her. The girlfriend is probably highly insecure and sensitive. She has gotten their son to write off his family so that she can have him all to herself. Dr. Ray said there are most likely marriage issues between the two. He tells Anne to continue to send cards, nice thoughts, and prayers to her son. The daughter in law will not change her heart, but their son might soften and come around to see that Anne and his father have done nothing to deserve his shunning. In another call, Janet asked about a personal challenge she has in being friendly to strangers who are nice to her. Some are patient with her but others are not as they do not realize she has a slight brain injury and confusion. She is 54 years old. Dr. Ray said Janet should thank the people who are nice from the start to her. To those who get frustrated with her, she needs to realize that this was not her fault and that she needs to let the defeated feelings that she has afterwards go. Dr. Ray took calls the remainder of the hour.

Certified by Donetta M Robben June 30, 2016