

DIVINE MERCY RADIO, INC.
ISSUES AND PROGRAMS SECOND QUARTER 2015

ISSUE Health

04 06 2015 at 1200 The Doctor is in 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is Eperson Monday, where Dr. Ray answers emails. A relative is planning a party and Joe wants to invite a large number of people. He is concerned that the party will be too big as they are a large Italian family. What should he do? Dr. Ray says that it is clear that Joe sees this major event more faithfully where the relative sees it more as a chance to have a party. He wants to celebrate, but does not want to blow things out of proportion. Dr. Ray wants to know who is planning the party. Depending on the person and how pushy they are, you can possibly take control of this situation. He wants to know how that person became in charge of the party, and how many people they exactly plan to invite. Dr. Ray says that Joe simply needs to sit down with the relative and discuss the plans and how the meaning of the Sacrament is being shadowed by this party. Joe needs to take control. Dr. Ray answered emails for the remainder of the hour.

04 10 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is look back Friday show where Dr. Ray goes further in depth on previously phone calls. He begins the show talking about how sometimes not having experienced certain things, like being in jail, does give you license to direct others who have been in those situations. As a therapist, Dr. Ray said sometimes not having the experience makes you the most qualified person to ask for help. Dr. Ray retakes a call from Pete about if thoughts in general can be sinful. Dr. Ray said it depends on what you do with the thoughts. You can act on them, which may be right or wrong depending on the act, or you may take the thoughts even further in your mind, which could also be right or wrong. It depends on how you handle the thoughts. Thoughts that are hateful, lustful, nasty, etc. that you entertain are wrong and sinful. If you have a bad thought and then work to correct it or make it go away, then you have not sinned. Dr. Ray says that the Lord knows your desire, whether it be to entertain the thoughts or to get rid of the thoughts. He will understand if you have a bad thought that you do not wish to have and will not punish you for it unless you continue to entertain the thought. Dr. Ray reflected on past calls for the remainder of the hour.

04 13 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is E person Monday, where Dr. Ray answers emails. Sarah said her daughter left the faith. Sarah and her husband have taken a long time to stop blaming themselves for this. Dr. Ray said that as long as Sarah and her husband continue to live the faith, they cannot blame themselves as it was their daughters decision to leave. A woman wrote in to say that she wants to donate more to the church but her husband does not want to. She does not want to go behind his back so she wants to know how to approach him about this topic. Dr. Ray said that first, she cannot give more than what her husband wants, but she can convey to him how strongly she feels about it. Second, men typically do not want to give more because they like the sense of security he has by not giving so much. Dr. Ray answered emails for the remainder of the hour.

04 22 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Frank from Massachusetts called to say that he suffered an affair in his marriage. He has since turned on God. He has put the blame on God for letting this happen and not stopping the two individuals from sin. Dr. Ray asks Frank if we are in Heaven. In Heaven, there is no sin, but on Earth there is. Frank is aware that we must have free will to choose God, though he still does not see how God could let this happen. Dr. Ray points out that God does not force anyone to do anything. He did not force those two individuals to sin. Dr. Ray said that the longer Frank puts the blame on God, the longer it will take to forgive his wife if she is asking forgiveness. Frank feels he wants to trust God, but has suffered some bad things that keep him from doing so. Dr. Ray said that those two things cannot be related. God did not make those two individuals cheat on him. God did not do anything to lose Franks trust. Frank must continue to trust and pray to God and work on forgiveness towards his wife who committed the sin. Dr. Ray took calls for the remainder of the hour.

05 18 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is Eperson Monday, where Dr. Ray answers emails. Carol wrote in to say that she occasionally passes on insightful articles online to extended family. This has posed problems as her family does not want what she is sending to them, and now ignore what she sends. Some still attend Mass but will bash the emails she sends. Dr. Ray said that she is sending stuff that they do not want. The emails are turning them off to her and the faith. He thinks they feel she is forcing things upon them with an attitude of she is better than them. They feel she is judging them and this is her way of preaching to them. The family is going to continue to reject her in these religious issues and if she keeps up the emails, they are going to start ignoring everything she sends, religious or not. If she wants to maintain peace in the family, she needs to stop sending the family things they do not want or she will continue to be cut out of the family picture. Dr. Ray answered emails for the remainder of the hour.

05 18 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is Eperson Monday, where Dr. Ray answers emails. Carol wrote in to say that she occasionally passes on insightful articles online to extended family. This has posed problems as her family does not want what she is sending to them, and now they ignore what she sends. Some still attend Mass but will bash the emails she send. Dr. Ray said that she is sending stuff they do not want. The emails are turning them off to her and the faith. He thinks they feel she is forcing things upon them with an attitude of she is better than them. They feel she is judging them and this is her way of preaching to them. The family is going to continue to reject her in these religious issues, and if she keeps up the emails they are going to start ignoring everything she sends, religious or not. If she wants to maintain peace in the family, she needs to stop sending the family things they do not want or she will continue to be cut out of the family picture. Dr. Ray answered emails for the remainder of the hour.

05 27 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opens the show discussing his career and solving peoples problems. We are called to help others the best we can. Matthew from Washington called in to say that there is a man who comes into a station asking for money for gas and turns around to buy alcohol and cigarettes. He wants to know where the line is between helping the poor and enabling the man. Dr. Ray answers that we need to be smart about who we help. Observe the person who is asking for money. Are they wearing nice things, have an iPhone, or anything that suggests that your money would not be put to good use? Dr. Ray suggests that you never donate money over the phone, or mail unless you check them out ahead of time and know they are a secure place to give money. When giving money, just use good judgement on whether you are going to help those you are donating to, or further hinder them from growing in their lives. Dr. Ray took calls for the remainder of the hour.

06 02 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opens the show discussing teachers and the impact they have on a child's life without even realizing it. Charles from Texas called in to ask if all Catholics have the same understanding on hell. When people go to hell, do they ever come out of hell? Dr. Ray answers saying no, people do not ever come out of hell once going in. Catholics understand that people choose hell because they do not choose God. God does not send people to hell to spite them. God does not choose hell. People choose hell when they reject God. Charles says that in the book of Revelation, it states that everyone stands in front of God, and whoever is not written in the book will be cast into the lake of fire. Dr. Ray responds saying that some other faiths believe that hell is not eternal, but Christians do not believe that. God talks about hell a lot saying that hell is eternal. Purgatory is temporary, used for purifying souls. At the end of time, purgatory will no longer be needed and everyone will be sorted into heaven or hell. This sorting is permanent for eternity. Mary from Houston, Texas called in to make a couple comments about a teacher who affected her life, similar to the teachers Dr. Ray described in his monologue. Dr. Ray took calls for the remainder of the hour.

06 04 2015 at 1200 The Dr. Is in 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray Guarendi opens the show discussing equality and what today's society says is okay. Mike in Rockford, Illinois called in to say that his wife had respiratory failure. She lost a lot of her memory in the process. Mike wants to know if there is anything he can do to stimulate her memory and try to bring it back. Dr. Ray said that once his wife's memory comes back, she is going to be frustrated as she will not remember details right away. The best thing Mike can do is to console

his wife and have patience. Let her know that this is normal and that her memory will come back slowly. He needs to be patient with her so as to not make her frustration worse. Todd from Utah called in to say he suspects his wife has a romantic infatuation with their parish priest. His wife has had two physical affairs and four emotional affairs. He has a meeting set up with his wife and the priest tomorrow to discuss his concerns. First, Dr. Ray suggests to wait and see what will come out of this meeting. He thinks the meeting will be good as it will make the priest aware and more alert of how the wife may act around him. Second, Dr. Ray said to let her deny it, as she will. Third, if she accuses Todd of past emotional affairs, he should correct her as she is false. Fourth, do not start putting words in her mouth. Lastly, do not tell the priest she has had a history of it. He does not need to know that. They need to only deal with the current issue. Dr. Ray took calls for the remainder of the hour.

06 08 2015 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today is Eperson Monday, where Dr. Ray answers emails. Carrie in Botavia, Illinois emailed to say that she has a 10 year old child who has anger issues that come out of nowhere. Dr. Ray suggests to look at their child's life. Has anything changed, like a new teacher or new kid on the block? These could be triggers. If there is no specific trigger or event, then Dr. Ray said that maybe this is just a new expression he has developed as he turns older. Chances are, he will outgrow it. Carrie also wrote that she and her husband have had disagreements about how to handle, punish the child. Her husband wants to spank the child, while Carrie feels the child is too old to be punished, and does not need to be punished. Dr. Ray answers that he agrees with Carrie, the child is too old to be spanked. Dr. Ray then disagrees with Carrie that the child needs no punishment. Dr. Ray said they respond firmly to their child. Teach him that being mad is okay, but getting nasty and throwing a fit is not permissible. If you do not punish the child, he will never learn. He answers a couple other emails to complete the show.

Certified by Donetta M Robben July 2, 2015