DIVINE MERCY RADIO, INC. ISSUES AND PROGRAMS FIRST QUARTER 2017

ISSUE Youth Programming

01 15 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. This show is hosted by Doug Keck. This week Fr. Spitzer answers listeners questions about exorcism. Fr. Spitzer was asked if there really could have been a battle in heaven with angels rebelling, which resulted in God chasing the rebellious angels out of heaven and into hell. Fr. Spitzer said given free will with a little pride and a dose of narcissism, it is likely this could and did happen. Fr. Spitzer advised praying to St. Michael the Archangel as he battled for God and he will battle for us also. Another question was could demons occupy the soul. Fr. Spitzer said demons can occupy the body and push the s deep and aside using the body to speak and act, but no, the demons cannot occupy a persons soul. The devil likes to hassle real holy persons, but the more we frequent the sacraments, pray the rosary the more we are protected. Fr. Spitzer said the devil likes to create fear in a person; he likes to go deep and make you think that you do not deserve Gods love and mercy because you have too many imperfections. The last stage is to create despair in a person, thinking God will never love them and often this will result in suicide. God never does this, Fr. Spitzer said. When we turn to God He uses our faults to bring us to perfection. Another question was by a woman wanting to know how to protect her children and family. Fr. Spitzer suggested using images in the home, the Sacred Heart, Crucifixes and Holy Water and particularly effective. Fr. Spitzer answered listeners questions for the remainder of the hour.

01 22 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. This show is hosted by Doug Keck. This week Fr. Spitzer answers questions regarding the Holy Eucharist. Fr. Spitzer went into detail as to why Scripture proves what Jesus meant when he said, *This is my body*. Fr. Spitzer talked about the difference between substance verses accident. After the priest consecrates hosts during Mass, the bread and wine take on a spiritual nature, the reality is changed. He said to fully understand it a person would need a course in metaphysics. Fr. Spitzer answered questions that came in via email for the remainder of the hour.

01 26 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. Todays topic is the Philosophy of the ProLife Movement. An person who emailed wanted to know if Catholics can believe in evolution. Fr. Spitzer said they could as long as they believe a soul continues to live after the body dies. Fr. Spitzer went into lengthy explanations about what early Church fathers had to say about the topic including St. Augustine and Thomas Aquinas. Fr. Spitzer answered emails and phone calls for the remainder of the hour.

02 03 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. Fr. Spitzers topic is the five pillars of the spiritual life part two. Fr. Spitzer begins by answering email. There was an email from one person that wanted to know if she was forgiven from her abortion since she went to confession prior to Pope Francis Year of Mercy announcement. During this year of Mercy, Pope Francis gave priests the power to forgive those who have had or been involved in an abortion. Fr. Spitzer said this was not new in the United States as priests have always had this power. However, in some areas of the world it was only the Bishop who could forgive the sin of abortion until Pope Francis issued this statement. Fr. Spitzer assured her that her sin was forgiven. Another question by email was from a man who wanted to know where in the Bible does it say we should not be using birth control. Fr. Spitzer said that there is nothing about birth control as we know it today. There are several incidents of people avoiding pregnancy such as a man spilling his seed on the ground. However, since God told us from the beginning to go forth and multiply, anything artificially stopping this from happening when a man and woman comes together in the marital act, is stopping the Holy Spirit and is sinful. Another man wrote in about how the Eucharistic can be deemed a miracle when it is still water and wine. Fr. Spitzer went into a lengthy explanation about physical substance versus actual substance, how time transcends and tapped into some proven Eucharistic miracles. Fr. Spitzer answered callers and emails for the remainder of the hour.

02 10 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. Today Fr. Spitzer talks about authentic spontaneous prayer. He said authentic spontaneous prayer involves short prayers that the minute you need it, you can recall it quickly. He wrote some starter prayers, and if anyone wants them, they can email magiscenter.com. Examples of prayers Fr. Spitzer wrote are, Help, Help Lord, Lord make some resurrection come out of this cross, Lord, push back this darkness, and I give up. You take it. A question came from Dave. He said his favorite prayer is the Memorare. Is it OK to use that as a spontaneous prayer? Fr. Spitzer said this was OK, however, the Memorare is a longer prayer. The problem with it is when someone needs spontaneous prayer they are usually in a higher anxiety state or fearful. Shorter prayers are great for conquering fear. The longer prayer makes it difficult to concentrate. If you really like the longer prayer take the first line of the prayer and repeat it over and over until the fear or anxiety level comes now. It's the grace that comes from these prayers that make it work. Fr. Spitzer answered emails for the remainder of the hour.

02 17 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including, Reason, Faith, Suffering, Virtue, and the Existence of God. The topic this week is Spontaneous Prayer Part II. A lady inquiring by email asked how does fasting relate to prayer? Does it turbo charge the prayer? Fr. Spitzer said, yes that it did turbo charge the prayer in a way. Even the apostles asked Jesus why they could not drive out the demon, and the Lord responded that some kind can only come out with prayer and fasting. Fr. Spitzer said that basically fasting works because it is a matter of prioritizing. It is a way of saying, The Lord is more important to me than food. It is putting faith in the Lord and it gives us discipline to put the Lord in first place. Fasting also helps us in our spiritual battles. Fr. Spitzer wants people to know that God does have some criteria in answering our prayers. First, the Lord will do nothing to undermine your salvation. Secondly, the Lord will not do anything to undermine that which can touch someone elses life and help with their salvation. That is the reason for suffering. Thirdly, The Lord will not alleviate suffering that compromises our freedom. Fourthly, the Lord will not alleviate suffering if it compromises someone elses freedom. Fr. Spitzer answered emails, twitter and facebook messages for the remainder of the hour.

02 24 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. This show is hosted by Doug Keck. The topic of this weeks show is The Examen Prayer: What is it and why is it important? A listener wrote in and said that the power of prayer was greater when combined with fasting. Fr. Spitzer agreed with the writer, but said to fast within reason. We should not fast to the point of not being able to concentrate. A second letter was read in which a woman asked if fasting and prayer would help her daughter who is an addict. Fr. Spitzer said that it would certainly help. He also said her daughter. He also talked about how God loves her daughter as she loves her daughter, and no matter how bad her addiction is, He wants to save her. A third letter was read from a woman named Gail who said that she is in a nursing home and has M.S. She asked what redemptive suffering is and asked if she should be taking her pain medication, God does not want her to be in pain. God does not want her to be lead into discouragement. He wants her to be filled with hope and love, and for Gail to be able to help others in their salvation. The devil wants us to be discouraged, thats not what God wants for us. Father Spitzer answered questions for the remainder of the hour.

03 03 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. This weeks topic is The Examen Prayer Part II. Fr. Spitzer went through the prayer in how one asks for Light, has a prayer of thanksgiving, moving into the beatitudes and ending by asking for a blessing. He said the Examin Prayer focuses on what you want to be for the future – helps with the interior transformation. Fr. Spitzer took emails for the remainder of the hour.

03 10 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including: Reason, Faith, Suffering, Virtue, and the Existence of God. This week Fr. Spitzer talks about the Holy Spirit and Discernment. A question came in that asked Fr. Spitzer, How do we know that the Holy Spirit is talking to us? Fr. Spitzer said in the Ignatius way of prayer there is a two week process. The first week is

people enter into their own desolation and darkness realizing their sing. The Holy Spirit leaves them there to feel the pain, the absence of consoling. The devil comes in and tries to console the soul with things like, Look how smart you are, you are important and everything you are doing is right on, don't worry about pride or anger, etc. Fr. Spitzer said the relationship is false consolation and the person is going to experience doubts. In the second week, the dynamic changes. It is the opposite. The person is on the road to conversion, moving away from the seven deadly sins. The Holy Spirit will come in and fill that person with consolation and peace. Fr. Spitzer answered emails, twitter and FB inquiries for the remainder of the hour as well as talk about moral conversion.

03 22 2017 at 1900 Father Spitzers Universe 60 minutes Father Robert Spitzer answers questions on a wide range of subjects, including, Reason, Faith, Suffering, Virtue, and the Existence of God. This show is hosted by Doug Keck. The topic of this weeks show is *Contemplation*. Fr. Spitzer explained that Christians think of contemplation as being in relation to God. It is a deep, empathetic relationship with our Lord. The closer we grow to God, the more we share in his heart. Fr. Spitzer says that we can begin a contemplative life through daily prayer and praising the Lord. Secondly, we can thank the Lord for all of our blessings. He said we should begin by acknowledging that we know the Lord is with us and loves us. Doug read a question from a listener: What do you think of transcendental meditation and holistic therapy and do you recommend it? Fr. Spitzer said that Christian contemplation does not have self in the center. It is not a prayer to purge yourself of something. He said he does not recommend it. He said that we have a grace that we receive with prayer and that we don't need to use other methods to get closer to God and attain the peace and freedom that we desire. He is the source of all wisdom and mystery. Transcendental meditation does not involve God. It involves self deception and relies on our own powers which is not a good idea. Fr. Spitzer also said that when we turn off our unconscious mind, we open up our minds to negative things. Fr. Spitzer answered questions for the remainder of the hour.

Certified by Donetta M Robben April 3, 2017