

**KVDM – 88.1 – Hays, Kansas
DIVINE MERCY RADIO, INC.
ISSUES AND PROGRAMS FOURTH QUARTER 2018**

ISSUE Health

10 03 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how marriage can be hard work but after years of having a good marriage it gets easier and spouses do not get upset over things they would have when they were first married. His first caller was Lois from Columbus Ohio who disagreed with something Dr. Ray said in a previous show about multiple personality disorder otherwise known as dissociative identity disorder. She said that there is no way to incur false memories and that it occurs from traumatic childhood events. Dr. Ray said he pointed out that you have to be careful because certain therapists diagnose dissociative identity disorder at a much higher rate than other therapists. He said therapists need to be careful that they are not planting ideas in their clients heads and suggesting things that would lead to a specific diagnosis. For the remainder of the hour Dr. Ray answered calls from other listeners.

10 09 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how our culture today is often not tolerant of the views of others and if they do not like what you have to say they want you to shut up. His first caller was Cindy from Bismark North Dakota. She asked Dr. Ray if there is an element of the will in controlling reactions. Dr. Ray said that many people live by the mantra that if good things happen to them they will be happy if not they will not be happy. He said that most people are not unaware of what they are thinking when a situation arises. When people think and are aware of the situations occurring around them they will have more control over their reaction. Dr. Ray explained that the will is only so strong but if we can reinterpret the situation in a better way it will be easier to control the will. For the remainder of the hour Dr. Ray answered questions from other callers.

10 17 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how with the current generation if parents do not celebrate their childrens sinful behavior they are shunned. It is not good enough for parents to simply keep their mouth shut. Parents are expected to celebrate this behavior. His first caller was Laura from Nebraska. Laura and her husband have been raising their grandchild for the past 15 months since her daughter suddenly passed away from a rare virus. The father of the child has been uninvolved for the past eight years since the child was born. Lauras grandson has begun asking about his father and she is asking Dr. Ray if he thinks it is okay for her to allow him to write a letter to his father. Dr. Ray said there is a possibility that he will not write back so she needs to talk with her grandson about his expectations and she needs to emphasize that if he does not write back it does not indicate that he is not loved. If she prepares him in advance Dr. Ray thought it would be alright to allow him to go ahead and send a letter. For the remainder of the hour Dr. Ray answered calls from other listeners.

10 23 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about the thought that children are readily and generally willful to get along with others. His first caller was Cindy from Bismark North Dakota who wants to know if there is such a thing as Working Parent Syndrome. Dr. Ray said technically there is not but colloquially there is. He said there are millions of lay people diagnoses. In his experience Dr. Ray said what he has noticed is a relationship between working mothers and slack discipline. For the remainder of the hour Dr. Ray answered calls from other listeners.

11 01 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. He began the show by talking about how parents today do not struggle with love. They struggle with discipline. Brian from Chicago was Dr. Rays first caller and wanted to know how to be a better husband and father. Dr. Ray advised him to live like Christ and

said everything else would fall into place. He also shared some information about his latest book on living like Christ. In addition Dr. Ray said that people self improve when they are willing to look at themselves. Then they will begin to apologize more and let go of their pride. When people ask him how to do something he says it is as easy as the Nike slogan. Just do it. For the remainder of the hour Dr. Ray answered calls from other listeners.

11 06 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about disciplining children and advice parents should ignore. Bill from Grand Rapids called to say in response to Dr. Rays opening dialogue that for a time out to stick there needs to be beer involved. Dr. Ray asked him to elaborate on his thoughts. Bill said that there needs to be a fear of eternal torment in children. They need to understand that there is a God and a heaven and hell. Dr. Ray disagreed in a sense that a young child of four years old for example does not have a formed conscience. Bill explained that he himself has always struggled with a belief in God but a fear of eternal punishment keeps him scared straight. Dr. Ray shared with Bill that if you look at the evidence it would prove in a court of law that there is a God. Bill told Dr. Ray that he feels like he is talking to himself when he prays to which Dr. Ray said that you have to be careful not to tell God how to reveal himself. Dr. Ray advised him on a short prayer he could say after the Our Father asking God to show himself. For the remainder of the hour Dr. Ray answered calls from other listeners.

11 13 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about a personality test given to college students where the participants were given identical generic results and nearly all reported that the results were accurate. His first caller was Allen from Missouri who explained that he is very hard headed and was considering counseling but being hard headed he thinks he does not need it. Dr. Ray asked why he may need counseling to which Allen explained that he made a few mistakes in a relationship but he does not want to burden another person with his problems. Dr. Ray said that if he does not want to go to counseling he does not need to go. He said that if Allen assesses his life and feels that he could benefit from counseling he should go. Dr. Ray said that people who are hard headed and stubborn lack confidence. A confident person will be flexible in certain situations and open to what others have to say. For the remainder of the hour Dr. Ray answered questions from other listeners.

11 20 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how Jesus warned us not to brag about our spirituality when he told us to pray behind closed doors. His first caller was Patti from Boise Idaho who explained that she is in a predicament because every Christmas her children receive a gift from baby Jesus but now that she is in school she does not know what to tell her daughter about this gift because the culture is very Santa Clause centered. Dr. Ray told her to explain to her daughter that it was her putting these gifts under the tree because all things come from Jesus and everything we have is a gift from Him. For the remainder of the hour Dr. Ray answered calls from other listeners.

12 04 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about disciplining children and consequences. His first caller was Jane from Pennsylvania who wanted to know how to give a family member one of Dr. Rays books without this family member getting offended. She would like to give them Discipline Lasts a Lifetime to help with their unruly child. Dr. Ray said not to do anything unless they express frustration. Then is a good time to say that she read a really good book that gave her a lot of insight with kids. She explained that they are seeing a counselor but she is in her twenties. Dr. Ray interrupted and told Jane that he suspects that they are getting advice that will not work because a lot of young counselors today have an enlightened view which involves not really disciplining children. For the remainder of the hour Dr. Ray answered calls from other listeners.

12 18 2018 at 12:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray opened his show by talking about how the real reason people get so upset when someone says hurtful things is that it wounds their pride. Cindy from Bismark North Dakota who wants to know if children can resist yet still want authority at the same time. Dr. Ray said that children do want discipline but just not when it is happening. In the long run they appreciate that their parents enforced rules but when they are being punished as a child they are too immature to

recognize the importance of having limits. For the remainder of the hour Dr. Ray answered calls from other listeners.

Certified by **Donetta M Robben** December 21, 2018

Tried uploading Jan. 3, 2019, but was unable due to the United States government shutdown.