

DIVINE MERCY RADIO, INC.
ISSUES AND PROGRAMS THIRD QUARTER 2014

ISSUE Health

07 08 2014 at 1200 The Doctor is in 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray begins the show by discussing teenagers and their characteristics. Maria from Canada called to tell us about her children having tumors and cancer. Even though these bad things are happening she tells her children to put things into perspective. She does not like telling people her story because people think she is overreacting or telling a story. How does she respond to them? Dr. Ray responds that most people today are self absorbed. They do not really care about other peoples problems. She should pick and choose who she share things with. Dr. Ray advised not to tell everyone, but only the people she knows truly cares. Randal calls in and says that his daughter is exactly like what Dr. Ray explained in his monologue. She is grumpy, argumentative, and never satisfied. He wants to know how to handle her. Dr. Ray responds that he should assess the friends his daughter hangs around. Dr. Ray also gave some book titles as resources and encouraged the father to sit down and talk with his daughter. Dr. Ray took calls for the rest of the hour.

07 14 2014 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray is not taking calls on this day, but instead answering emails. Sarah, a grandma, emailed to ask advice about a step granddaughter who is in her 20s and keeps living with boyfriends. She used to live with her biological grandma, the caller, but her mom lives there too and they do not get along. The caller wants to know how to direct her onto a more solid, good path without having her living with her because she can not afford it. The Dr. advises grandma to talk to her. If she is not listening then she is not going to listen. Dr. Ray said it would be good to find a way for the young girl to live with the caller and have a good surrounding, but first find out *why* she wants to live there. Another email explains a mother with 4 children. The daughters share a room and the youngest constantly destroys her older sisters things. She has tried taking away things and punishing her, but it does not work. The caller wants to know what to do to make her listen? The mother says she has tried to take away toys, but her daughter finds something else to play with. Nothing is really *valuable* to her. Therefore, this punishment technique does not work. Dr. Ray advised getting rid of some of those possessions. This is likely the root of some of the callers problems.

07 24 2014 at 1200 The Dr. Is In 6 0 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray begins the show by discussing how people today justify things. We say, well sometimes she yells at me, but overall she is a really good kid, etc. This is a justification. Really good kids do not yell at their parents, but we just think this is okay. We need to stop justifying bad behavior. Rachel from Buffalo called in to about how she is feeling protective over her husband as his mother puts him down. It makes him upset and discouraged and things do not seem to be getting better. She needs advice on what to do. She has encouraged her husband to call his Mom more and talk things out a little so that hurt does not build up. Dr. Ray suggests that if things are going to get better it has to come through the son. The wife will not be able to change much except through the husband. An anonymous caller said her sister in law is an alcoholic. How is she and her husband supposed to deal with her? Dr. Ray asks, How does the alcohol effect the family? She responds that it has damaged family relationships. Dr. Ray advises not just leaving her because she will be abandoned and not straighten up, but to give her love, but tough love. Dr. Ray took calls the remainder of the hour.

07 30 2014 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Today Dr. Ray talks about lies and childrens stories. Children often lie to make a story more grandeur. They do this for attention, not because they want to lie. Anne called in to talk about a job offer she has. She needs more money to survive, but the job would entail her selling something that she believes is unhealthy and bad for people. Is it wrong to take the job even though she does not support it? Dr. Ray said she just answered her own question. If she knows it is wrong to mislead people to buy a bad product, then it would be wrong to take the job. She would be lying. Despite the fact that she knows that the shakes work, but she still does not support it. So no, do not justify anything and do not take the job if it is risking your moral stance. Dr. Ray took calls the remainder of the hour.

08 01 2014 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners ask questions regarding family problems or behavioral issues. Dr. Ray will be having a look back Friday where he plays calls from previous shows and expands on these calls. Today Dr. Ray talked about listening to children. Parents are always being accused by their children of not listening to them when this is not usually the case. Children only see it as parents listening to them if you give in to what they want. Parents *do* listen by showing reasons for their response. Dr. Ray said parents to stick to their guns and not feel guilty. He reflects on a call from Nancy about apologizing to her children. She said when she apologized to her son he accused her of poor parenting. Dr. Ray praises Nancy for being humble enough to admit her fault to her child and saying she was sorry, but she should be more specific on what exactly she is sorry for and things may clear up. He continued to reflect on former calls regarding this topic for the remainder of the hour.

08 13 2014 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners asked questions regarding family problems or behavioral issues. Dr. Ray took phone calls today. Nancy, from Indiana calls in to say that her parenting is not what her children think it should be. They do not understand her old ways. She does not allow them to have electronics. The one shared laptop is for school only. Dr. Ray suggests that living in todays culture, having no electronics will cause her to get flak from her children, but someday they will learn to appreciate her ways, and she needs to see that what she is doing now is right and be confident. She will probably have to do more on the end of time spent together, and being personal with her children. She needs to explain to them that she trusts them and loves them and someday they will understand. Dr. Ray continued to take calls the reminder of the hour.

08 22 2014 at 1200 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners asked questions regarding family problems or behavioral issues. Today is look back Friday where Dr. Ray takes calls from former shows and analyzes them in more depth. Dr. Ray was a past guest on the Jerry Springer show and was confronted by the rule of thumb theory, if you have not experienced it, you cannot offer advice. Dr. Ray said this is not true. He said sin has a binding effect on people. People should seek out those who have avoided troubles to find out how to avoid problems. A call Dr. Ray analyzes is regarding anxiety, stress and panic therapy. What is anxiety, what is causing anxiety to first understand where it is coming from. The person needs to as themselves, Why am I afraid of being afraid?

09 18 2014 at 1:00 The Dr. Is In 60 minutes Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners asked questions regarding family problems or behavioral issues. Today Dr. Ray took a phone call from a lady who has a 39 year old brother who comes to her for money. She said he has bad luck, but he does not listen to her advice when times are good. She feels that if she gives more money to her brother, she will be enabling his lifestyle, but at the same time he might not have anywhere else to go. Dr. Ray reminded her of what St. Paul said that if you do not work, you do

not eat. He believes that the caller is asking, Is this her Christian and family obligation? Dr. Ray asked her to consider, if she gave her brother more money, would it help him in the long run? If not, do not do it. Dr. Ray took calls for the remainder of the hour.

09 23 2014 at 1200 The Dr. Is In 60 minutes_Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners asked questions regarding family problems or behavioral issues. Carol from Nebraska called to ask about friends that go out and party knowing God will forgive them. Dr. Ray said, you cannot just commit a sin and say, I will be sorry letter. Shows presumption on Gods mercy. In addition, there is no sorrow, no contrition. From a psychological perspective why would they do this? They are practicing a form of psychological justification. On one hand, it is childish thinking. On the other hand it is badly mistaken about who God is and what He asks of us. They probably do not fully understand what Christianity is. Dr. Ray suggests Carol ask them, Can you be sorry for something that you fully intend to do again? Dr. Ray took calls for the remainder of the hour.

09 25 2014 at 1200 The Dr. Is In 60 minutes_ Host Dr. Ray Guarendi is a clinical psychologist hosting a live call in show where listeners asked questions regarding family problems or behavioral issues. Father called about teenage daughter, 15, who is always on her phone and does not communicate with the family even when on family outings the Dad chooses that should interest her. She will not even eat with the family. Dr. Ray asked if he wanted to raise a virtuous daughter. The caller replied, Yes. Dr. Ray said that he should require family activities, whether she likes it or not, she goes. If she is sulky and moody, then take the phone away. If you are asking if she will like it, Dr. Ray said he does not know how to answer that. However, Dr. Ray thinks the father should make her. Dr. Ray took calls for the remainder of the hour.

Certified by: Donetta M Robben Oct. 2, 2014