

**Better Life Television**  
TV Issues/Programs lists 73.3526 e 11 i -  
January 2018 - March 2018

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**1. Issue: Is the Bible the Best Self-Help Book?**

**The Carter Report Aired Mondays at 3pm, Tuesdays at 3:00am, Thursdays at 8:30am and Saturdays at 5:30pm**

**How you can be Ten Times Better in Every Way p. 1.** Aired week of 02/04/18 – Using God's word will bring healing and help on all levels – emotional, spiritual, intellectual, physical and relational.

**How you can be Ten Times Better in Every Way p. 2.** Aired week of 02/11/18 - Using God's word will bring healing and help on all levels – emotional, spiritual, intellectual, physical and relational.

**Recovery from Humiliation Insanity and Financial Disaster p. 1.** Aired week of 03/18/18 – Using God's word will bring healing and help on all levels – emotional, spiritual, intellectual, financial and relational.

**Recovery from Humiliation Insanity and Financial Disaster p. 2.** Aired week of 03/25/18 -- Using God's word will bring healing and help on all levels – emotional, spiritual, intellectual, financial and relational

**2. Issue: Health & Wellness**

**It Is Written – Sundays at 5AM, Tuesdays at 4am, Thursdays at 5:30pm and Saturdays at 11:00am**

What is Depression Aired weekly throughout the first quarter, 2018.

What are the treatments for Depression Aired weekly throughout the first quarter, 2018.

Stress and Anxiety Aired weekly throughout the first quarter, 2018.

**Lifestart Seminar – Mondays at 8:30am and Fridays at 12:30pm**

Lifestart Seminar covers a wide range of health risks, its causes and treatments. The health conditions range from colds and flus to dementia, heart disease, arthritis, cancer and addictions. Programming aired weekly throughout the first quarter of 2018.

### **3. Issue: Drug Abuse & Recovery**

**Drug Alternative Program – Sundays at 5:30am, Mondays at 4:30pm, and Thursday at 2:30am**

Aired 01/07/18, 01/14/18, 01/28/18, 02/11/18, 02/18/18, 03/11/18, 03/18/18, **Drug Alternative Program** – An assortment of interviews with supporters, participants or graduates of the Drug Alternative Program as well as doctors, psychologists and families of those dealing with drug abuse and the recovery process.

**Celebrating Life in Recovery – Sundays at 11:00pm and Wednesdays at 12:00am (midnight)**

Celebrating Life in Recovery aired weekly throughout the first quarter of 2018. The programs are hosted by Cheri Peters of True Step Ministries who interviews a series of individuals who have successfully recovered from addictions and also has guests who support those recovering from addictions.

### **4. Issue: Parenting Skills**

**Help! I am a Parent – Program airs on Mondays at 4:00pm, Tuesdays at 10:00pm and Fridays at 8:30am**

**Help! I am a Parent** aired weekly at the times mentioned above during the months of January, February and March, 2018. The program addresses the many joys and challenges that Christian parents face as they raise their children. Skills that relate to better parenting are taught and issues that require special care in parenting are addressed.

**Better Life Today** – typically airs Mondays through Saturdays at 2:00am, 8:00am and 2:00pm and on March 12<sup>th</sup>, aired a program called: Building a Strong Christian Home. The program deals with parenting related challenges and tips on how to go about building a strong and loving family.

### **5. Creation vs. Evolution**

**Creation Case** airs weekly on Sundays at 5:00pm, Mondays at 11:00am and Fridays at 3:30am. The program covers a diverse range of scientific facts as found in our natural world which support the view of creation.

**Origins** aired in March on Sundays at 4:00 AM and Thursdays at midnight. The Program covers a wide range of scientific facts as found in our natural world which support the Biblical account of creation.