Townsquare Media Albany NY

Station- WQBK-FM

Quarterly Issues

Q4 October 1-December 31, 2018

Section 1: Compliancy Issues

The station has identified the following issues as significant issues facing our community this quarter.

A. Health Care and Heath issues- healthcare is a big employer in our region and residents face high cost of health insurance and care.

- B. Education/School Safety Beyond safety, students are facing bullying and social issues. Issues related to public school education in our community.
- C. Crime Prevention- Crime rate in the capital region has been an ongoing issue in the city of Troy. Local Police departments are working hard to fight crime.
- D. Opiod Epidemic The Capital Region has been hit hard with the Opiod Crisis.
- E. Diversity We are a very Diverse community in Albany that embraces all cultures.

PUBLIC ISSUES WOBK-FM FOURTH QUARTER 2018

THE FOLLOWING IS A LISTING OF SOME OF THE SIGNIFICANT ISSUES RESPONDED TO BY WQBK, ALBANY, NEW YORK, ALONG WITH TYPICAL ILLUSTRATIVE PROGRAMMING FOR THE PERIOD OF:

October 1, 2018 to December 31, 2018

THE FOLLOWING ORDER DOES NOT REFLECT ANY PRIORITY OR SIGNIFICANCE.

<u>ISSUE</u>	PROGRAM / EVENT	<u>LENGTH</u>	DESCRIPTION
Various	Public Service Announcements	Variable depending on time	WQBK airs Psa's daily telling of various events happening in the Capital Region of New York community.
Health	Radio Health Journal	28 minutes per week	WQBK airs a nationally produced program called Radio Health Journal once per week on Sunday mornings. See Separate entry with topics covered this quarter.
Local Traffic	Local Traffic	:20	WQBK airs local traffic updates in Mornings
			from 6am-10am Monday-Friday with six:20 second reports each morning and also weekday afternoons from 4p-6p with Four 20 second reports
Capital Region Sunday	Public Affairs Program	30 minutes	WQBK airs our locally produced Public Affairs Program Capital Region Sunday on Sunday mornings at 6am. See separate list of issues and topics covered.

Capital Region Sunday Q 4 2018
Townsquare Media Albany NY
Airs at 6am on WGNA, WQBK, WQBJ, WTMM
Airs at 730am on WQSH-HD2

Host: Jessica Simms

Airs

Sunday, October 1ST

Capital District YMCA/Troy Branch - Justin Atlas, Wellness Director [518-542-9112]

As the Wellness Director, Justin promotes the various programs they have available at specifically the Troy Branch of the YMCA. We discussed how all of the branches of the Capital District YMCAs work together to promote community and activity within that community. He also explained their upcoming event Trick-or-Trek 5K on October 28th at the Oakwood Cemetery in Troy.

JAtlas@CDYMCA.org

Sunday, October 8th

JDRF Northeastern New York Chapter - Rachel Kimmelblatt

We discussed the JDRF and the differences between themselves and the American Diabetes Association. Rachel had the event One Walk on October 14th and we talked about what an impact that has on raising money for the JDRF.

via Ed Parham ed@rueckertadvertising.com

Sunday, October 15th

REPLAY ADIRONDACK EXPERIENCE

Sunday, October 22nd

Hope 7 Community Center - Samantha Adkisson, Youth Director [518-272-8029]

We went into detail about reviewing what the community center does and their event "Giving Tuesday" and New York Gives Day on November 28th.

HOPE7.SAMANTHA@GMAIL.COM

Sunday, October 29th

REPLAY AFTER THE FIRE

Sunday, November 5th

REPLAY HABITAT FOR HUMANITY

Sunday, November 12th

Food Pantries of the Capital District - Natasha Pernicka, Executive Director [518-458-1167 ext 15] We discussed just how the Food Pantries affect the Capital Region: how many people are getting food pantry assistance and just how a little amount of food can help a whole family for a few days. It's strange to think that the people using the Food Pantries could be a neighbor, friend, or relative so Natasha went into how food pantries are different from what you may expect. We touched on Hunger Games and it coming to a close and their upcoming CANstruction event.

NATASHA@THEFOODPANTRIES.ORG

Sunday, November 19th

REPLAY HOPE 7 COMMUNITY CENTER

Sunday, November 26th

Things of my Very Own - Rayn Boncie, CEO/Founder [518-630-5143]

After Christmas tags from kids utilizing the organization went viral, we talked about just what Things of my Very Own does and some products they need. We went into detail about how kids can be a part of this organization and how people can adopt a child or family by picking up a Christmas gift tag. rboncie@tomvo.org

Sunday, December 3rd

REPLAY FRESH AIR FUND

Sunday, December 10th

REPLAY FOOD PANTRIES OF THE CAPITAL DISTRICT

Sunday, December 17th

Franklin Community Center, Inc.- Julie Slovic, Food Program Administrator [518-587-9826 x224] The Franklin Community Center is continuing to grow but more specifically is food pantry. They're expanding every day to being members of the Regional Food Bank, they can now house fresh meats, and more and more community awareness. The numbers of people in Saratoga County that they serve is rising and they're doing what they can to help every one of them. julie@franklincommunitycenter.org

Sunday, December 24th

Concerned for the Hungry – Larry Lewis, Secretary and Grant Writer [518-221-7577] What started as a small organization in Schenectady grew to one of the most well-known food donation events in the Capital Region. I volunteered for this organization before and mentioned seeing just how many people come to utilize their services, it shows the amount of hunger really is right in my own neighborhood.

larrylewisnotge@gmail.com

Sunday, December 31st

Saratoga Center for the Family – Rebecca Baldwin, Executive Director [518-587-8008 ext. 303]

Q4 2018 rhj text only.txt 2018-Q4 (October-December) Radio Health Journal Quarterly Report Airs on WQSH, WGNA, WQBK, WQBJ, WTMM Sunday's at 630am Airs on WQSH~HDZ Sunday's at 730am

Compliancy Issues covered this quarter:

Adoption

Aging

Air pollution

American society and culture

Business and industry

Child abuse and neglect

Child welfare system

Climate change

Consumerism

Dementia

Disabilities

Discrimination

Drug abuse and enforcement

Economics

Education

Elderly and senior citizens

Employment and unemployment

Environmental issues

Family and parenting issues

Food Safety

Government and regulation

Health care

Housing

Human development

Infectious disease

Insurance

Medical ethics

Mental health

Nutrition

Obesity

Online fraud

Pets and people

Police and justice system

Pop culture

PTSD

Public health

Public safety

Research and development

Science and engineering

Technology

Traffic safety

Treatment and prevention

Veteran's issues

Youth at risk

Women's issues

Workplace issues

Program 18-40 Producers Reed Pence, Ariana Kraft

Air Week 10/7 - 10/13/2018 Production Director Jason Dickey

Time Segment Dur.

2:01 SEGMENT 1: HEALTH CRISES AND FINANCIAL DISASTER 12:48

Synopsis: Medical bills have long been labeled the number one cause of bankruptcy in the US. A recent study has examined how medical crises produce personal financial disaster. Researchers say for the uninsured, medical bills are, indeed, a heavy burden. But for both insured and uninsured, illness or injury can cause disruption of employment that may linger for years, and from which family finances may never recover. Experts discuss causes and possible solutions to the problem.

Host: Reed Pence. Guests: Dr. David Himmelstein, Distinguished Prof. of Public Health, City Univ. of New York at Hunter College; Dr. Matthew Notowidigdo, Assoc. Prof. of Economics & Strategy, Northwestern Univ.

Compliancy issues covered: health care; economics; employment and unemployment; insurance; consumerism

Links for more information: https://www.commonwealthfund.org/person/david-u-himmelstein;

https://www.ipr.northwestern.edu/faculty-experts/fellows/notowidigdo.html

15:51 SEGMENT 2: POLYAMINES 6:59

Synopsis: Researchers have discovered a variety of components in foods that are essential to health but are low in quantity in most diets. One of these is a set of compounds called polyamines. Researchers explain what they are, how they work, and how people can replace those that are needed in the diet.

Host: Nancy Benson. Guests: Rick Bendera, Pres. And CEO, Nokomis Research; Dr. Brazos Minshew, Naturopath, Austin TX

Compliancy issues covered: consumerism; nutrition

Links for more information: https://skytreenaturals.com/press-kit-quotations-and-reviews/; http://soyoungamerica.com/?p=573

E Program 18-41 Producers Ariana Kraft. Reed Pence

Q4 2018 rhj text only.txt Air Week 10/14 - 10/202018 Production Director Jason Dickey

Time Segment Dur.

2:02 SEGMENT 1: DEMENTIA IN WOMEN 12:26

Synopsis: About two-thirds of people with dementia in the United States are women, and researchers are discovering it's not just because they live longer. Reproductive history also plays a role. Scientists are focusing on the role of estrogen as a potential protective factor against Alzheimer's disease. Several who are involved in this research explain.

Host: Reed Pence. Guests: Dr. Rachel Whitmer, Prof. of Epidemiology, Univ. of California-Davis; Dr. Heather Snyder, Senior Director, Medical and Scientific Operations, Alzheimer's Assn.; Dr. Pauline Maki, Prof. of Psychiatry and Psychology, Univ. of Illinois-Chicago

Compliancy issues covered: health care; women's issues; aging, elderly and senior citizens

Links for more information: https://www.alz.org/press/spokespeople/heather m_snyder_ph_d;
https://crwg.uic.edu/crwg-home/crwg-staff/pauline-maki-phd/

15:30 SEGMENT 2: HOMESICKNESS 7:35

Synopsis: What we now call "homesickness" used to be a medical diagnosis called "nostalgia," and it was considered life-threatening. Today many people consider homesickness to be a childish emotion, but an expert says it's nothing to be ashamed of. We all suffer from it sometime and need to know how to cope.

Host: Nancy Benson. Guests: Dr. Susan Matt, Prof. of History, Weber State Univ.; Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School

Compliancy issues covered: mental health; American society and culture

Links for more information: https://global.oup.com/academic/product/homesickness-9780195371857?cc=us&lang=en&;; http://drchristopherwillard.com

Q4 2018 rhj text only.txt Program 18-42 Producers Reed Pence, Ariana Kraft

Air Week 10/21 - 10/27/2018 Production Director Jason Dickey

Time Segment Dur.

2:03 SEGMENT 1: DOCTORS' OBESITY BIAS 13:08

Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

Host: Reed Pence. Guests: Dr. Rebecca Puhl, Prof. of Human Development and Family Studies, Univ. of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale Univ. and Founder, True Health Initiative; Kathy Kater, psychotherapist specializing in body image, eating and weight issues

Compliancy issues covered: health care; public health; discrimination; obesity; education

Links for more information:

http://www.uconnruddcenter.org/faulty-and-staff-rebecca-puhl;

http://www.yalegriffinprc.org;

http://bodyimagehealth.org

16:13 SEGMENT 2: GETTING RID OF THOSE OLD STYLE HOSPITAL GOWNS 6:45

Synopsis: Surveys show that hospital gowns are one of the things that most makes a hospital stay unpleasant. Finally hospitals may be moving to get rid of the old style gowns toward a less revealing, more dignified design that is still functional for healthcare workers. Experts discuss.

Host: Nancy Benson. Guests: Chat Razdan, co-founder and CEO, Care and Wear garment maker; Dr. Deborah Mullen, Assoc. Prof. of Health Care Administration, Univ. of Tennessee-Chattanooga and consultant, Health Partners-Park Nicollet Health System

Q4 2018 rhj text only.txt Compliancy issues covered: health care; consumerism

Links for more information: https://www.careandwear.com/pages/our-team https://www.utc.edu/college-business/profiles/management/rpp348.php

Program 18-43 Producer Reed Pence Air Week 10/28 - 11/3/2018 Production Director Jason Dickey

Time Segment Dur.

2:02 SEGMENT 1: EXPLODING MYTHS ABOUT THE FLU AND FLU VACCINES 12:40

Synopsis: About 40 percent of eligible people have been vaccinated against the flu in recent years, but many more might do so were it not for persistent myths about the disease and its vaccine. For example, a new survey shows that more than half of parents believe the flu shot can cause the flu. Experts explain why those myths aren't true and set the record straight.

Host: Reed Pence. Guests: Dr. William Schaffner, Prof. of Preventive Medicine & Infectious Diseases, Vanderbilt Univ. School of Medicine; Dr. Jean Moorjani, pediatric hospitalist, Arnold Palmer Children's Hospital, Orlando, FL; Dr. Michael Deem, Prof. of Ricensing Physics & Astronomy Price Univ. Bioengineering, Physics & Astronomy, Rice Univ.

Compliancy issues covered: health care; public health; infectious disease; youth at risk; senior citizens

Links for more information:

https://www.vumc.org/health-policy/person/william-schaffner-md; https://www.arnoldpalmerhospital.com/physician-finder/jean-siri-moorjani-md;

https://bioengineering.rice.edu/people/faculty/michael_deem

15:44 SEGMENT 2: NARCOLEPSY AND CATAPLEXY 8:18

Synopsis: Sleep disorders can be difficult to diagnose and treat. A science journalist discusses his efforts to overcome narcolepsy, which produces extreme daytime sleepiness, and cataplexy, which produces instant sleep-like paralysis, as well as the science behind sleep disorders.

Host: Nancy Benson. Guest: Henry Nicholls, author, Sleepyhead: The Neuroscience of a Good Night's Sleep

Compliancy issues covered: health care; consumerism

Link for more information: http://henrynicholls.com/sleepyhead/

Program 18-44 Producer Reed Pence

Air Week 11/4 - 11/10/18 Production Director Jason Dickey

Time Segment Dur.

2:02 SEGMENT 1: THE PSYCHOLOGY OF ADOPTED PEOPLE 12:40

Synopsis: People who are adopted have more psychological problems than others, yet they also tend to have other psychological strengths.

Experts, both themselves also adoptees, discuss the roots and outcomes of these issues as adopted children grow up.

Host: Reed Pence. Guests: Dr. Stephen Betchen, Clinical Asst. Prof. of Psychology, Thomas Jefferson Univ., Sr. Supervisor, Council for Relationships and author, Magnetic Partners; Dr. Joyce Maguire Pavao, adoption consultant and Lecturer in Psychiatry, Harvard Medical School

Compliancy issues covered: youth at risk; parenting issues; adoption; human development

Links for more information: http://www.pavaoconsulting.com/Site/Dr. Joyce_Maguire_Pavao.html; http://www.stephenbetchen.com

14:21 SEGMENT 2: THE SURPRISING IMPORTANCE OF TICKLING 7:37

Synopsis: Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Experts discuss the science and sociology of tickling.

Host: Nancy Benson. Guests: Dr. David Linden, Prof. of Neuroscience, Johns Hopkins Univ. School of Medicine and author, Touch: The Science of Hand, Heart and Mind; Dr. Robert Provine, Prof. of Psychology & Neuroscience, Univ. of Maryland, Baltimore County and author, Curious Behavior: Yawning, Laughing, Hiccuping, and Beyond

Compliancy issues covered: science and culture; human development

Links for more information: http://davidlinden.org/bio/; http://provine.umbc.edu

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Program 18-45 Producer Reed Pence, Heather Muno
Air Week 11/11 - 11/17/2018 Production Director Jason Dickey

Time Segment Dur.

2:01 SEGMENT 1: MDMA FOR PTSD 12:19

Synopsis: People suffering from post-traumatic stress disorder often can't face their trauma, which is necessary for psychotherapy to work. It is a big reason PTSD is so difficult to treat. Scientists are leading clinical trials into the use of the banned drug MDMA in connection with therapy to help break this hurdle, and the results so far have been outstanding in curing PTSD.

Host: Reed Pence. Guests: Dr. Michael Mithoefer, Clinical Asst. Pprof. Of Psychiatry, Medical Univ. of South Carolina and Medical Director, MAPS Public Benefit Corporation clinical trials; Charlotte Harrison, Senior Clinical Research Associate, MAPS Public Benefit Corporation

Compliancy issues covered: veterans issues; disability; mental health; drug abuse and enforcement

Links for more information: https://maps.org; https://maps.org/news/bulletin/articles/427-bulletin-winter-2017/6957-the-faces-of-phase-3-principal-investigators-in-maps'-clinical-trials-of-mdma-assisted-psychotherapy-for-ptsd

15:22 SEGMENT 2: LEPROSY IN THE MODERN ERA 7:34

Synopsis: Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists, and because it's now treatable, often the stigma is worse than the disease. An expert discusses.

Host: Nancy Benson. Guest: Dr. David Scollard, Director, National Hansen's Disease Program

Compliancy issues covered: health care; public health

Links for more information: http://www.hrsa.gov/hansensdisease/

Program 18-46 Producers Reed Pence, Polly Hansen

Air week 11/18 - 11/24/2018 Production Director Jason Dickey

Time Segment Dur.

2:01 SEGMENT 1: REPORTING "BAD PARENTS" 12:57

Symopsis: Just about anyone can report a parent to a child abuse hotline. It's meant Page 10

Q4 2018 rhj text only.txt to protect children, but all too often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. And though the world is actually safer for children than it used to be, some parents are reported for merely letting children play outside or walk to school without an adult in attendance, what was once thought of as normal. Some activists say this robs children of independence. An expert and a woman who went through an unjustified child abuse investigation discuss.

Host: Reed Pence. Guests: Corey Widen, mother reported to child abuse hotline, Wilmette, IL; Rachel Ruttenberg, Exec. Dir., Family Defense Center, Chicago

Compliancy issues covered: youth at risk; child abuse and neglect; child welfare system; police and justice system; child safety and public safety; family issues

Links for more information: https://www.familvdefensecenter.net/about-us/staff

16:00 SEGMENT 2: EMOTIONAL SUPPORT ANIMALS 6:55

Synopsis: A woman who suffered abuse as a child describes the mental health benefits of owning a dog, and an expert on the Americans with Disabilities Act discusses requirements for emotional support animals.

Host: Nancy Benson. Guests: Julie Barton, author, Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life; Vinh Nguyen, Project Director, Southwest ADA Center at Tirr Memorial Hermann, Houston.

Compliancy issues covered: disabilities; mental health issues; pets and people; housing issues

Links for more information: https://byjuliebarton.com

http://tirr.memorialhermann.org/research/independent-living-and-community-integratio
n/

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Program 18-47 Producer Reed Pence, Ariana Kraft

Air Week 11/25 - 12/1/2018 Production Director Jason Dickey

Time Segment Dur.

2:01 SEGMENT 1: SCHOOL BASED MENTAL HEALTH 12:02

Synopsis: Schools would be a good place for programs to screen for mental health issues in students, and to educate about mental health to lessen the pervasive stigma. Some states are making programs mandatory, but elsewhere schools and personnel may resist, seeing mental health as outside the normal role of teachers. Experts discuss how inventive programs are overcoming obstacles.

Host: Reed Pence. Guests: Dr. Kimberly Kendziora, Managing Researcher, American Institutes for Research; Dr. Michael Murphy, psychologist, Massachusetts General Hospital and Assoc. Prof. of Psychology, Harvard Medical School

Compliancy issues covered: youth at risk; education; mental health

Links for more information: https://www.air.org/person/kimberly-t-kendziora; https://www.michaelmurphypsychologies.com/aboutme.html

14:05 SEGMENT 2: OPEN OFFICES 7:42

Synopsis: Companies instituting open offices without walls often claim they improve
Page 12

Q4 2018 rhj text only.txt collaboration and interaction. Studies now show that the opposite is true—that workers put on headphones and interact via email rather than in person in order to shut out distractions and stress. Experts discuss.

Host: Nancy Benson. Guests: Dr. Ethan Bernstein, Assoc. Prof. of Leadership and Organizational Behavior, Harvard Business School; Ashley Dunn, Director of Workplace, Dyer Brown Architects, Boston

Compliancy issues covered: employment and workplace issues

Links for more information:

https://www.hbs.edu/faculty/Pages/profile.aspx?facId=17441;

http://dyerbrown.com/team/ashley-dunn

Program 18-48 Producer Reed Pence, Polly Hansen

Air Week 12/2 - 12/8/2018 Production Director Jason Dickey

Time Segment Dur.

2:02 SEGMENT 1: FUNGAL SINUSITIS 11:59

Synopsis: Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Two experts and a patient explain.

Host: Reed Pence. Guests: Erin Porter, fungal sinusitis patient and founder, EatPrayGetWell.com; Dr. Donald Dennis, ear, nose & throat surgeon, Atlanta; Dr. Joseph Han, Prof. of Otolaryngology~Head & Neck Surgery, Eastern Virginia Medical School

Q4 2018 rhj text only.txt Compliancy issues covered: consumerism; health care; air pollution and environment

Links for more information: http://www.sinusitiswellness.com/donald-p-dennis-m-d-f-a-c-s-bio/;http://www.evms.edu

15:03 SEGMENT 2: DROWNING: IMPLICIT BIASES IN SCIENCE 7:35

Synopsis: Most people think of science as fact-based and not as subject to bias as the rest of the world. However, studies show that gender bias is rampant in science, and that women are not taken as seriously as men, even with identical qualifications. Experts discuss the problem and possible solutions.

Host: Nancy Benson. Guests: Dr. Hannah Valentine, Chief Officer for Scientific Workforce Diversity, National Institutes of Health, and Senior Investigator, National Heart, Blood and Lung Institute; Dr. Nancy Hopkins, Prof. of Biology Emeritus, Massachusetts Institute of Technology

Compliancy issues covered: employment discrimination; employment and workplace issues

Links for more information: https://biology.mit.edu/profile/nancy-hopkins/;; https://implicit.harvard.edu/implicit/

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Program 18-49 Producer Reed Pence

Air Week 12/9 - 12/15/2018 Production Director Jason Dickey

Time Segment Dur.

2:04 SEGMENT 1: ICU INEFFICIENCY 12:26

Synopsis: With monitors surveying every part of patients' bodies, hospital intensive care units appear to be a model of high tech. But systems engineers say ICU's are actually models of inefficiency because few of those high tech devices talk to each other. Experts discuss how ICU's could be improved to save lives.

Host: Reed Pence. Guests: Dr. Peter Pronovost, Senior Vice President for Patient Safety and Quality, Johns Hopkins Medicine and Director, Armstrong Institute for Patient Safety and Quality; Dr. Brian Pickering, intensive care anesthesiologist, Mayo Clinic, Rochester, MN

Compliancy issues covered: health care; technology; science and engineering; economics; business and industry

Links for more information:

http://www.hopkinsmedicine.org/armstrong_institute/about/peter_pronovost.html; http://www.mayo.edu/research/faculty/pickering-brian-w-m-b-b-ch/bio-00096469

15:32 SEGMENT 2: PARTY FOOD SAFETY 7:21

Synopsis: During the holidays, party foods are a prime source of food-borne illness. Two food scientists discuss common ways foods become contaminated, some of the myths of food contamination, and ways to keep foods safe when you have guests to protect.

Host: Nancy Benson. Guests: Dr. Brian Sheldon, Prof. Emeritus of Food Microbiology, North Carolina State Univ. and co-author, Did You Just Eat That? Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Sciences, Clemson Univ. and co-author, Did You Just Eat That?

Compliancy issues covered: public health; food safety

Links for more information: http://books.wwnorton.com/books/Did-You-Just-Eat-That/

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Program 18-50 Producer Reed Pence

Air Week 12/16 - 12/22/2018 Production Director Jason Dickey

Time Segment Dur.

2:02 SEGMENT 1: THE GOOD AND BAD OF MEDICAL CROWDFUNDING 12:15

Synopsis: Medical campaigns account for a third of monies raised on crowdfunding sites like GoFundMe, and many people who've fallen through the holes of the safety net have been helped this way. But new studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who all too eager to take money for worthless treatment. Experts discuss these issues and the need for regulation.

Host: Reed Pence. Guests: Dr. Jeremy Snyder, Prof. of Health Sciences, Simon Fraser Univ.; Dr. Art Caplan, head, Division of Medical Ethics, New York University School of Medicine; Dr. Nora Kenworthy, Asst. Prof. of Nursing and Health Studies, Univ. of Washington-Bothell

Compliancy issues covered: health care; consumerism; consumer protection; online fraud; federal government and regulation; medical ethics

Links for more information: https://www.sfu.ca/fhs/people/profiles/jeremy-snyder.html;

Q4 2018 rhj text only.txt https://med.nyu.edu/faculty/arthur-1-caplan; https://www.uwb.edu/nhs/facultyandstaff/faculty/nkenworthy

15:19 SEGMENT 2: AVOIDING FOOD WASTE 7:35

Synopsis: During the holidays, leftovers from gatherings and parties may threaten to take over the refrigerator. An expert discusses consumer-friendly how-to's, including how to read labels, that can lengthen food life and help avoid food waste.

Host: Nancy Benson. Guest: Karen Bakies, registered dietitian and Vice President of Nutrition Affairs, American Dairy Assn. Mideast

Compliancy issues covered: public health; food safety; environment; consumerism

Links for more information: https://www.nationaldairycouncil.org/our-story/local-dairy-council/ohio

Q4 2018 rhj text only.txt Air Week 12/23 - 12/29/2018 Production Director Jason Dickey

Time Segment Dur.

2:02 SEGMENT 1: AMNESIA 12:22

Synopsis: It's a rare thing for people to lose their memory of past events. An expert discusses why doctors believe it may occur, and a woman to whom it happened recounts her experience.

Host: Reed Pence. Guests: Naomi Jacobs, amnesia victim and author, Forgotten Girl; Dr. Jason Brandt, Prof. of Psychiatry and Neurology, Johns Hopkins Univ. School of Medicine

Compliancy issues covered: health care; family issues; pop culture

Links for more information: http://www.hopkinsmedicine.org/profiles/results/directory/profile/0009953/jason-brandt

15:26 SEGMENT 2: LITTLE PEOPLE, DISABILITY AND THE PROSPECT OF "CURE" 7:41

Synopsis: Many people with dwarfism also face skeletal abnormalities which can lead to disability. Experts, and little people themselves, discuss major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare.

Host: Nancy Benson. Guests: Dr. Jennifer Arnold, co-star, TLC's The Little Couple and co-author, Think Big; Ericka Okenfuss, licensed genetic counselor, Kaiser Permanente, Sacramento, CA; Gary Arnold, President, Little People of America and Public Affairs Manager, Access Living, Chicago

Compliancy issues covered: health care; disabilities; youth at risk; parenting issues; discrimination

Links for more information: http://jenniferarnoldmd.com

Program 18-52 Producer Reed Pence

Air Week 12/30 - 1/5/2019 Production Director Jason Dickey

Time Segment Dur.

2:03 SEGMENT 1: SMART ROADS 12:55

Synopsis: In the near future, cars will be able to provide data as well as receive it, and a variety of methods are being researched to tap into this. Experts explain how cars can communicate with roads, traffic signals and central computers, and how roads themselves may collect data on the cars they carry. In the future, autonomous cars may use these links to greatly speed travel and make it much safer.

Host: Reed Pence. Guests: Andrew Bremer, Managing Director of Local Affairs, Drive Ohio; Tim Sylvester, Founder and CEO, Integrated Roadways Co.

Compliancy issues covered: technology; traffic safety; public safety and police; economics

Links for more information:

https://smartregionsconference2018.sched.com/speaker/andrew_bremer.1yltrq28; http://integratedroadways.com/#Team

16:00 SEGMENT 2: EPILEPSY MYTHS 6:53

Synopsis: Epilepsy affects 3.5 million Americans, yet stigma prevents many from speaking out, which in turn prolongs the stigma. An award-winning writer who has epilepsy describes the discrimination faced by people with seizure disorders and dispels the many myths many people hold about them.

Host: Nancy Benson. Guest: Kurt Eichenwald, author, A Mind Unraveled Compliancy issues covered: health care; disabilities; discrimination

Links for more information:

https://www.nytimes.com/2018/10/15/books/review/kurt-eichenwald-mind-unraveled.html