First Quarter Issues/Programs List

The following is a list of issues that were covered during the fourth quarter of 2016 **(January - March)** on WAFX -FM, WJOI-AM and WNOR-FM "Hampton Roads Focus." This weekly half hour public service program airs each Sunday at 6:30AM. It is hosted by Mike Arlo, Public Affairs Director of Tidewater Communications, Inc.

Wags for Warriors Virginia

Our guests were Adam Mayo, Founder Wags for Warriors and Phyllis Mahalas, Partner and Program Associate and fund raiser. WAGS is a no kill animal shelter that places animals with military personnel and at no cost for qualified disabled veterans. We discussed there fund raising efforts and gave out their website info number (Air Date: January 3 and 17)

Special Olympics VA Polar Plunge

Our guest Meghan Massie, director of development for Special Olympics Va. We talked about the programs Special Olympics offers and their upcoming fund raiser in February the Polar Plunge. (Air Date: 1/10/2016 and 1/10/2016)

Connect With a Wish

Our guests were Joy Rics, Founder and President of Connect a Wish and her assistant Hannah Chander. We talked about the camp programs, prom events, yoga classes, field trips and all the wishes they have granted seventy over all from a new suit to boxing classes to braces and even a re-decorated bedroom. We also discussed their upcoming fund raiser 5k to benefit foster children. (Air Dates: 1/31/2016 and 2/14/2016)

Your Second Amendment Rights and the How they are effected by Bills before the VA. Legislature

Our guests were Jay Agustin, General Manager Colonial Shooting Academy, Skhyler Thomas, Licensed Tactile Shooting Instructor, and Tony Keller, a firearms retail manager. We discussed the facts and myths of VA gun laws and the legislation that's before the VA house and Senate and the federal gun control act of 1968 and how it affects firearm sales nationwide and here in the Commonwealth. (Air Dates: 2/07/2016)

Saint Baldrick's Foundation

Our guest was Larry Woods, Event organizer Hampton Roads Shave to Raise Funds. This years event will be held in the Westin Town Center in March with a silent auction and the annual shave to raise funds. Last years event saw 196 people shave their heads along with 61 volunteers for a total of \$146,000. Larry hopes this year will raise more funds. (Air Dates: 2/21/2016 and 3/06/2016)

Girl Scouts of America

Our guest was Lily Tomlinson, Cookie Enterprise Officer for the Hampton Roads Girl Scouts. We talked about not only the scouts cookies sales, and all the dozens of programs that program funds. (Air Dates: 2/28/2016 and 3/13/2016)

Lady's Grace

Our guests were Dr. Kara Von Dresner, Clinical Director Lady's Grace and Kelly O'Claire, Executive Director. Lady's Grace provides counseling and financial support for military families and raises funds to provide food for their pets. We talked about how our listeners can make a contribution to this caring organization. (Air Dates: 03/20/2016)

The National Kidney Foundation

Our guests were Susan Herzick, National Kidney Foundation Development Manager and Shey Maheau, Volunteer Ambassador. We talked about National Kidney Month and how difficult kidney disease is to detect before it is too late. We discussed life style modifications our listeners can male to lessen the chance of kidney disease. (Air Date: 3/27/2016)