Date Aired: 3-18-18 Time Aired: 6:30am Length: 28 Min.

1. Max Boot, Senior Fellow at Council on Foreign Relations

He discussed his book "The Road Not Taken" about the legacies of the Vietnam war. He also commented on the economic consequences of the war.

Issues covered:

- 1. Vietnam War
- 2. Economy
- 2. Mitch Margo, Attorney and Author

He talked about his book that deals with racism in America. He also discussed the need for better education on race issues.

Issues covered:

- 1. Racism
- 2. Education
- 3. Nicholas Tampio, Prof. of Political Science at Fordham University

He detailed the current state of the common core program. He also talked about how national standards hurt local education efforts.

- 1. Education
- 2. Youth

Date Aired: 3-25-18 Time Aired: 6.30am Length: 28 Min.

1. Ned Johnson, Tutoring Mentor and Author

He discussed the importance of giving kids responsibilities in order for them to grow. He also talked about depression in youth.

Issues covered:

- 1. Education
- 2. Depression
- 2. Alise McGregor, Founder of Little Newtons Pre-School

She detailed why pre-school is so important for kids. She also discussed the need for strong academics for young children.

Issues covered:

- 1. Education
- 2. Youth
- 3. Sarah Guzman, Senior Director of Frito-Lay

She talked about a promotion to help the Operation Smile program. She also discussed the need for more aid programs.

- 1. Youth
- 2. Health

Date Aired: 4-1-18 Time Aired: 6.30am Length: 28 Min.

1. Dr. Joshua Estrin, School Safety Expert

He detailed ways schools can be safer. He also talked about how communities have to coordinate efforts better.

Issues covered:

- 1. School Shootings
- 2. Youth
- 2. Timothy Kephart, Founder of Graffiti Tracker

He discussed the growing problem of graffiti in communities. He also talked about his app that helps to track graffiti criminals.

Issues covered:

- 1. Graffiti
- 2. Crime
- 3. Dr. Alitta Kullman, Psychtherapist and Eating Disorder Specialist

She described the symptoms of eating disorders. She also talked about practical ways to fight the disorder.

- 1. Eating Disorders
- 2. Health

Date Aired: 4-8-18 Time Aired: 6:36am Length: 28 Min.

1. Joel Allenbaugh, Foundation for Government Accountability

He described the new healthcare options that will soon be available to small businesses. He also talked about possible ways individuals will be able to change plans as well.

Issues covered:

- 1. Health
- 2. Small Business
- 2. Carolin Hauser-Carson, Psychotherapist and Author

She detailed how women can heal from sexual abuse and harassment. She also talked about the need for better education on the subject.

Issues covered:

- 1. Sexual Abuse
- 2. Women
- 3. Rick Haltermann, Author of "Curriculum of the Soul"

He discussed the importance of spiritual ideas in each life. He also noted the overuse of drugs in this country because of depression.

- 1. Depression
- 2. Drug Abuse

Date Aired: 4-15-18 Time Aired: 6:30am Length: 28 Min.

1. Rusty Humphries, Major Podcaster and Columnist

He discussed current issues. He also talked about his experiences in visiting Guantanamo.

Issues covered:

- 1. Gun Control
- 2. Terrorism
- 2. Dr. Ken Redcross, Physician and Author

He discussed the advantages of taking Vitamin D on a daily basis. He also talked about how to have better health habits.

Issues covered:

- 1. Health
- 2. Depression
- 3. Michael Godfrey, Author of "Put Stress to Work"

He detailed how to make stress a positive thing. He also talked about how to improve communication.

- 1. Stress
- 2. Communication

Date Aired: 4-22-18 Time Aired: 6:30am Length: 28 Min.

1. Gary Kennedy, Former General Counsel of American Airlines and Author

He talked about airline service problems and how social media has affected them. He also commented on the new bumping rules.

Issues covered:

- 1. Airline Safety
- 2. Consumerism
- 2. Kathy Fettke, Co-CEO of Real Wealth Network

She gave a forecast of the future real estate market. She also talked about how proposed rent control laws will affect the market.

Issues covered:

- 1. Economy
- 2. Rent Control
- 3. Dr. John West, Breast Cancer Expert

He detailed the treatment options for those with breast cancer. He also talked about prevention.

- 1 Health
- 2. Women

Date Aired: 4-29-18 Time Aired: 6:30am Length: 28 Min.

1. Eric Tyson, Financial Expert and Author

He detailed some financial tips for millennials. He also talked about the need for more protection for on-line accounts from cyber hacking.

Issues covered:

- 1. Health
- 2. Obesity
- 2. Dr. John Poothulil, Physician and Author

He talked about the worsening problem of obesity and how it affects Diabetes. He also gave some advice on how to eat the right foods.

Issues covered:

- 1. Health
- 2. Obesity
- 3. Mic Shannon, Marine Corps. Vet and Musician

He discussed how to bring the country back together. He also talked about the need for more dialogue on social media.

- 1. Youth
- 2. Social Media

Date Aired: 5-6-18 Time Aired: 6:30am Length: 28 Min.

1. Chris Erskine, Syndicated Columnist and Author

He discussed the rigors of parenthood. He also talked about his experience in losing his oldest son.

Issues covered:

- 1. Parenting
- 2. Youth
- 2. John Lawrence, Historian and Visiting Professor at UC Washington Center

He detailed reasons why the country has become so divided. He also discussed the need for better history education in the schools.

Issues covered:

- 1. Divided Country
- 2. Education
- 3. Heidi Harris, Talk Show Host and Author

She talked about the decline of free speech in the country. She also talked about immigration.

- 1. Free Speech
- 2. Immigration

Date Aired: 5-13-18 Time Aired: 6:30am Length: 28 Min.

1. Bonnie Jane Hall, Juvenile Justice Advocate

She discussed why laws that allow juveniles to be tried as adults need to be changed. She also talked about the need for better youth detention facilities.

Issues covered:

- 1. Justice System
- 2. Youth
- 2. Jennifer Fitzpatrick, Founder of Jenerations Health Education

She gave some tips for those who are caring for seniors. She also talked about prevention of cyber crimes against seniors.

Issues covered:

- 1. Seniors
- 2. Crime
- 3. Whitney Ellenby, Author of "Autism Uncensored"

She commented on the growing diagnosis of autism in young kids. She also offered tips for parents who have recently-diagnosed children.

- 1. Youth
- 2. Parenting

Date Aired: 5-20-18 Time Aired: 6.3am
Length: 28 Min.

1. Jon Taffer, Cost of Bar Rescue and Author

He discussed why people make so many excuses and how to be more successful by taking responsibility for actions. He also talked about how to have better personal relationships.

Issues covered:

- 1. Consumerism
- 2. Economy
- 2. Franklin Shaw, Partner of Leger and Shaw Law Firm

He discussed the growing problem of opiate addiction. He also talked about parenting in the modern world.

Issues covered:

- 1. Drug Abuse
- 2. Parenting
- 3. Derick Carver, Disabled American Vet Spokesperson

He detailed some issues that are common to vets. He also talked about the need for more medical funding.

- 1. Vets
- 2. Health

Date Aired: <u>5-27-18</u> Time Aired: <u>6.30am</u>

Length: 28 Min.

1. Harry Campbell, Rideshare Guy

He discussed the present and future of transportation. He also talked about the need for more research into self-driving cars.

Issues covered:

- 1. Transportation
- 2. Economy
- 2. Jeff Hunt, Chairman of Western Conservative Summit

He commented on current issues including big government. He also talked about the need for better ethics in Washington.

Issues covered:

- 1. Big Government
- 2. Ethics
- 3. Dr. Michael Murphy, President and CEO of M Power USA

He detailed treatment options for PTSD. He also talked about growing stress from patients.

- 1. Stress
- 2. Veterans Issues

Date Aired: 6-3-8 Time Aired: 6:30am Length: 28 Min.

Dylan DeThomas, VP of Industry Collaboration, The Recycling
 Partnership

He detailed the present and future of recycling in the U.S. He also discussed the positive effects on the environment.

Issues covered:

- 1. Environment
- 2. Recyling
- 2. Gordon Newton, President of Newton Group Transfers

He gave some tips on how consumers can get rid of their timeshares. He also commented on growing fraud in the industry.

Issues covered:

- 1. Consumerism
- 2. Crime
- 3. Florence Ann Romano, Windy City Nanny

She discussed why it is important to keep kids busy with educational activities throughout the summer months. She also talked about why kids should turn off the smart phones and play more outside.

- 1. Youth
- 2. Education