

**FOCUS ON THE FAMILY BROADCAST  
FCC ISSUES REPORT  
(For Radio Station's Public File)  
January, February, March 2024**

Date 01/02/24

Title How to Take Your Family Through a Digital Fast

Length 28 minutes

Like most parents of children born after 2010, Molly DeFrank embraced the new digital technologies of smart phones and tablets for her kids. But she grew increasingly alarmed as she observed detrimental effects of “zombified kids,” emotional outbursts, loss of other interests, etc. And she discovered alarming research that the average child spends more than 7 hours per day on a screen for entertainment purposes! As a result, Molly realized she and other parents needed to take control of the technology impact upon her children and instituted a 2-week digital fast – no phones, no tablets, no computer games, no TV, etc. Within few days, Molly’s kids were transformed and found plenty of other creative activities to explore. Molly recommends a “U-N-D-O” strategy for families — “Unplug” from digital tech, “Notice” your kids (and their interests), “Develop” screen-free alternatives, and “Open” the books (eg... rediscover the joy of reading). Molly is not anti-tech; she simply wants to equip families to put technology in its proper place as a tool for our families.

Date 01/24/24

Title When Your Money and Marriage Clash

Length 26 minutes

Money is one of the top reasons why couples experience conflict in marriage. Taylor and Megan Kovar believe the conflict isn’t about money but about a lack of communication about money. Most couples the Kovars have counseled have a form of “financial infidelity” where they have hidden accounts or fail to tell their spouse about their spending. The Kovars review the five money personalities — saver, spender, risk taker, security seeker, and flyer. They explain how to be more content with financial situation and trust God for the future. They share how couples can get on the same page, financially, through a “money dump” — a once per year discussion of money fears and dreams, and through a “money huddle,” where couples do a monthly assessment of their financial situation.

Date 02/08/24 & 08/09/24

Title Leading Your Family as a Single Mom I-II

Length 56 minutes

If you're a single parent, you've got the job of two people and doing all you can to keep your family afloat! On this two-day Focus on the Family broadcast, Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make—things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent!

Date 02/27/24 & 02/28/24

Title When Lives Collide: Navigating Remarriage and Stepfamily I-II

Length 56 Minutes

Sabrina Beasley McDonald and her husband Robbie became widowed by the death of their first spouses. Bringing children from their previous marriages into the relationship, they found that merging their two families was less like the Brady Bunch and more like the Montagues and Capulets from Romeo and Juliet. Together though they were able to build something beautiful from the pain of the past. In this interview, Sabrina will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies.

Date 03/05/24 & 03/06/24

Title God's Amazing Grace in a Transgendered Person's Life I-II

Length 55 minutes

Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents and other believers. Laura and Dr. Meg Meeker, a pediatrician, speak compassionately about the issues surrounding gender confusion in today's culture, offering practical insights, hope and help.

Date 03/15/24

Title Becoming Screen Savvy as a Family

Length 25 minutes

What we consume entertainment-wise shapes who we are and what we believe. On this one-day Focus on the Family broadcast, Adam Holz and Paul Asay from Focus on the Family's Plugged In team equips you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to engage with and teach your kids discernment when it comes to what they are watching and playing. It's a great conversation you won't want to miss!