# PUBLIC AFFAIRS REPORT for WPXK-TV JELLICO, TENNESSEE for FIRST QUARTER ENDING MARCH 31, 2016

In accordance with Section 73.3526(e)(11)(i) of the Federal Communications Commission's rules, the following, in the opinion of WPXK-TV, are the problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is identified by significant public affairs and/or public service programming in response to these needs.

### Issues:

- 1. Asian Style in the Home
- 2. Best Wine Preservation Methods
- 3. Baby Proofing a Home
- 4. Tapa Style Dining
- 5. Testing Cookbook "The Chinese Kitchen" by Eileen Yin-Fei Lo
- 6. Testing Cookbook "Alinea" by Grant Achatz
- 7. Trying Recipes from "Gourmet Magazine"
- 8. Turning a Home from Low and Modest into Upscale and Eclectic
- 9. Cooking for a Crowd
- 10. Low-fat versus High-fat Mother/Daughter Cookie War

A detailed summary of each program's content, including guests, affiliations and date of broadcast is included in this report.

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go", "Anna & Kristina's Grocery Bag", "Fresh with Anna Olson" and "Loving Spoonfuls".

Program: Living Well Episode # 319

Air Date: Tuesday, January 5, 2016 & Thursday, January 7, 2016 6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition
Guests: Home To Go Host: Peter Fallico
Guests: Larissa Giroux, Mimi Pineau

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Neil Ingram, Michaela Morris, Ingo Grady

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### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

Larissa has lived in Paris, travelled in Thailand, and likes to keep a global sense of style in her home. Imagine a combination of contemporary sensibilities, touches of faded luxury, new Asian influences, and unexpected color combinations. The makeover includes a facelift for the kitchen, a new unifying look for the furniture, and a TV console built by Peter.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna & Kristina have been known to enjoy a glass of wine from time to time, but cooking a meal where every recipe contains alcohol might be too much even for them especially when they have two wine experts over for dinner. The two hosts also test different preservation methods to find out the best way to store leftover wine.

Program: Living Well Episode # 320

Air Date: Tuesday, January 12, 2016 & Thursday, January 14, 2016 6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition
Guests: Home To Go Host: Peter Fallico

Guests: David & Alexandra Altrow, Beth Halstead

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Chef Jonathan Chovancek, John van der Lieck

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### Description:

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David and Alexandra have a one year-old son, a house on the horizon maybe in a couple of years. In the meantime they're in their apartment with a LOT of hand-me-down furnishings. Peter designs a tray to convert an ottoman into a coffee table, a dining room is given a dramatic look and is reorganized for both entertaining and working, and the entire house gets baby-proofed for a child on the verge of toddling.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Tapa style dining is all the rage, but will recipes from a cookbook full of Small Bites be able to substitute a full course meal? Better yet, will it impress Chef Jonathan who happens to be a master of hors d'oeuvres? In this episode Anna and Kristina tackle this challenge and also follow the old adage: "when life gives you lemons, test lemon juicers."

Program: Living Well Episode # 321

Air Date: Tuesday, January 19, 2016 & Thursday, January 21, 2016 6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Renters Julie & T.J., Designer Teresa MacDonell, Mark

Wedman

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Chef Martin Yan

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### Description:

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Roommates Julie and T.J. entertain out of town guests on a regular basis in their small two bedroom apartment. They are looking for a change in color and furniture arrangement. Peter Fallico and Designer Teresa MacDonnel along with Julie's brother Mark work together as team to rearrange and update Julie's and T.J.'s apartment so they and their guests can enjoy the space much more.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

In this episode Anna and Kristina learn about traditional Chinese cooking and test the cookbook "The Chinese Kitchen" by Eileen Yin-Fei Lo. They prepare recipes from the book such as Hot and Sour Soup, Beggar's Chicken and Shrimp with Green Tea Leaves. Can their creations impress Chef Martin Yan? They also visit a Chinese tea shop and learn about the best way to brew and serve Chinese tea. They also test out four different types of chopsticks and four different types of bagged green teas.

Program: Living Well Episode # 322

Air Date: Tuesday, January 26, 2016 & Thursday, January 28, 2016 6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Renter Heather Libby, Designer Virginie Martocq.

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Chef Warren Geraghty, Executive Chef Grant Achatz, Physicist Dr. Robbin Coop, Bison Farmer Dalton Henrich, Ralph

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### Description:

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Heather is a busy professional who loves cottage life. She would like to turn her two bedroom "plain-Jane" apartment into an elegant and relaxing city college. Peter Fallico and Designer Virginie Martocq will show how simple projects, a change of colors and rearrangement of furniture can give Heather's apartment the desired Cape Cod cottage feel.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

In this episode Anna and Kristina take on the cookbook ALINEA by Grant Achatz, which is based on the recipes of the ALINEA Restaurant in Chicago. The ALINEA restaurant is famous for food that is a total sensory experience. They fly to Chicago and visit the ALINEA Restaurant to learn more about the preparation involved in recreating such complex food. Back home they will recreate dishes for Chef Warren Geraghty to taste. The girls will visit bison farmer Dalton Henrich to learn more about bison meat and will learn more about bison cooking methods from Ralph Sposito of IslandBison.com. They also meet with Physicist Robbin Coop to test out four different types of vacuum sealers. Will they be able to master the techniques to recreate such complex dishes such as Black Truffle Explosion with Romaine and Parmesan or Bison with Braised Pistachios, Potato and Sweet Spices?

Program: Living Well Episode # 323

Air Date: Tuesday, February 2, 2016 & Thursday, February 4, 2016 6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Glenn McCoy and Chantel deRaucourt,

Christina Song

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Chef Pino Posteraro, Ingo Grady

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### Description:

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For these outdoorsy types, living indoors in a one-bedroom can be a tight squeeze, but great ideas for storage and function have to be portable and inexpensive. Solutions include making room for a home office, building secret nooks for storage and even re-inventing a kitchen.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina put Gourmet Magazine to the test in this episode. While the magazine features intricate dishes the hosts will also see if the quickie meals hold up. Not only are they making mozzarella from scratch, but they are looking to impress high maintenance Chef Pino Posteraro.

Program: Living Well Episode # 324

Air Date: Tuesday, February 9, 2016 & Thursday, February 11, 2016 6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Marcus & Michelle Tateishi, Sabrina Linn

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Chef Terry Chandler

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### Description:

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Michelle and Marcus, are our HGTV winners of a makeover for their charming house that's only got one problem: the charmless kitchen. Since they plan to move to a bigger home soon, affordable and portable solutions are the order of the day. This episode provides fantastic tips on how to add charm through architectural details and a select few personality pieces.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina mosey on down to the ranch to cook up some cowboy cuisine for a real Texas chuck wagon chef. With the help from some cowboys they figure out which grade of beef is best. They also take on a pecan pie recipe, but can it hold up to Chef Terry's beloved grandma's recipe?

Program: Living Well Episode # 325

Air Date: Tuesday, February 16, 2016 & Thursday, February 18, 2016

6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Guests: Home To Go Host: Peter Fallico

Guests: Michelle Leduc, Designer Beth Halstead

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Executive Chef Robert Clark, Brian Yip

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### Description:

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One space that must act as living area, dining area and home office can be challenging but not impossible. In this episode we meet Michelle, a young aspiring actor who has a great sense of style but the house she is about to rent is quite the opposite. Can low and modest be turned into upscale and eclectic?

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

In this episode Anna and Kristina take on the challenge of cooking with sustainable seafood by testing out recipes in the book "A Good Catch" by Jill Lambert. Executive Chef Robert Clark will taste their recreations such as "Shaved Geoduck Salad with Sesame Soy Vinaigrette", "Ginger Cantaloupe Soup with Spiced Crab and Spot Prawns" and "Fanny Bay Oyster Pie". They also visit an oyster farm where they learn about picking out oysters. They also show us how to pick out salmon and go out on a boat to try to catch their own.

Program: Living Well Episode # 326

Air Date: Tuesday, February 23, 2016 & Thursday, February 25, 2016

6:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Guests: <u>Home To Go Host</u>: Peter Fallico

Guests: Clare Preuss, Stuart Swing

Anna & Kristina's Grocery Bag Hosts: Anna Wallner & Kristina

Matisic

Guests: Chef Daniel Boulud, Chef Stephane Istel, Chef Dale McKay

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### Description:

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In this episode Peter takes on the ultimate "Home To Go" challenge of a small attic apartment in a very old house. Renter Clare is looking to be more organized as well as have a sense of more spaciousness and light. We will learn simple tricks that will add charm and character to this small apartment.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

In this episode Anna and Kristina test out the cookbook "Chef Daniel Boulud Cooking In New York City" by Triple Michelin Chef Daniel Boulud, who will also be their guest chef tasting their recreations from the book along with two other chefs. They will also learn about which hobby greenhouse is the best to grow vegetables in and they test four brands of Dijon mustard. Will Anna and Kristina be able to impress these chefs and successfully make "Warm White Asparagus with Poached Egg Dressing", "Open Lobster Ravioli and Pea Puree" and "Coconut Rocher?

Program: Living Well Episode # 401

Air Date: Tuesday, March 1, 2016 & Thursday, March 3, 2016 6:00am

Title/Topic: Fresh with Anna Olson

**Loving Spoonfuls** 

Duration: 58:30 minutes Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy and local food cooking. Culturally diverse cooking.

Guests: Juanita Berry

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### Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Cooking for a crowd can be a fun and gratifying task, it just takes a little planning, choosing your menu, and organizing tasks ahead of time. Watch as Anna takes us through the essentials of throwing a great dinner party. For her guests, Anna prepares a Mediterranean Potato Salad, juicy BBQ Back Ribs, and tops tender greens and grilled apricots with her Marinated Flank Steak. The table is set, the company is great and the food is delicious.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. Juanita Berry, a "Grandma from Alabama" cooks up Sweet Potato Pie, Southern Fried Rabbit and teaches David how to play 'ball and jacks'.

Program: Living Well Episode # 402

Air Date: Tuesday, March 8, 2016 & Thursday, March 10, 2016 6:00am

Title/Topic: Fresh with Anna Olson

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.

Guests: Fresh With Anna Olson: Host Anna Olson

Guests: Karen Whitty of Whitty Farms, Welland Fire Dept.

Loving Spoonfuls: Host David Gale

Guests: Sylvia Evans

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### Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Cooking for a crowd can be a fun and gratifying task, it just takes a little planning, choosing your menu, and organizing tasks ahead of time. In this episode Anna makes a healthy meal for a group of firefighters that tastes great served warm or cold. Anna makes Salmon Chickpea Toss, Sweet Potato Soup and Peach Oatmeal Griddle Cookies.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Sylvia Evans who is an English grandmother. Sylvia teaches David how to prepare a proper English tea and they make English Sherry Trifle and Scones.

Program: Living Well Episode # 403

Air Date: Tuesday, March 15, 2016 & Thursday, March 17, 2016 6:00am

Title/Topic: Fresh with Anna Olson

**Loving Spoonfuls** 

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy and local food cooking. Culturally diverse cooking.

Guests: Mary Finson, Rose Reisman

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### Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Anna's good friend Jennifer is getting married and Anna's gift is a wedding cake, not just a wedding cake, but a fabulous 4 tier White Chocolate Wedding Cake filled with local fresh berries and topped with green fondant. In this episode Anna also makes time to deliver three hors d'oeuvres to the bridal party before the event: Artichoke Asiago Squares, Devilled Eggs, and Champagne Shrimp on Endive.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode we meet Jewish grandmother Mary Finson and her daughter, cookbook author Rose Reisman. They go head to head in a low-fat vs. high-fat mother/daughter cookie war!

Program: Living Well Episode # 404

Air Date: Tuesday, March 22, 2016 & Thursday, March 24, 2016 6:00am

Title/Topic: <u>Fresh with Anna Olson</u>

Loving Spoonfuls

Duration: 58:30 minutes Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy and local food cooking. Culturally diverse cooking.

Guests: Charlotte de Neve

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### Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

It's beautiful outside, so why not join Anna and her friends for an impromptu beach party. Anna prepares Roasted Pepper and Eggplant Salad and Three-Bean Salad before heading over to Minors Fisheries to pick up fresh local fish for her pièce de résistance: Lakeside Paella. Her friends enjoy helping her cook on the beach- roasting their Potato Prosciutto Kebabs in an open fire and stirring the slow cooking Lakeside Paella to perfection right on the beach.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. Indo-Dutch grandmother Charlotte de Neve makes Gado-Gado Salad and tells stories of her Grandfather, the former Governor of Borneo.

Program: Living Well Episode # 405

Air Date: Tuesday, March 29, 2016 & Thursday, March 31, 2016 6:00am

Title/Topic: <u>Fresh with Anna Olson</u>

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.

Guests: Fresh With Anna Olson: Host Anna Olson

Guests: N/A

<u>Loving Spoonfuls:</u> Host David Gale Guests: Eva and Peter Ouzas'

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## Description:

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Cooking for a crowd can be a fun and gratifying task, it just takes a little planning, choosing your menu, and organizing tasks ahead of time. In this episode Anna prepares a relaxed lunch for friends at home before heading off to the racetrack. Her casual menu includes triple chocolate brownies, pea meal sandwiches with red cabbage slaw, slow roasted BBQ pea meal pork loin and french-fries with caesar dressing.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Eva Ouzas' who along with her husband shows David how to make Greek cuisine. They make spanakopita, lamb and stuffed grape leaves.