Quarterly Public Interest Report July 1, 2014 – September 30, 2014 The Faith Middleton Show

THURSDAY, AUGUST 7

On this show Faith looked at the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities. Shattering decades of dogma, scientists began publishing studies in 2008 showing that "fluid intelligence"— the ability to learn, solve novel problems, and get to the heart of things — can be increased through training. But is it all just hype? We talked with Dan Hurley about his new book *Smarter*. Issues discussed: Culture, Education, Professions, etc.

Friday, August 8

Remembering great books nobody reads anymore. Gina Barreca, author and Professor of Feminist Theory at the University of Connecticut, joined us to talk about the books many of us have forgotten about.

Issues discussed: Culture, Education, Recreation, etc.

MONDAY, SEPTEMBER 1

Faith Middleton looked at true and compelling stories about intelligent, capable teens and adults who have gotten "stuck" at school, work, and/or in social relationships because of their ADHD. Dr. Thomas Brown joined us to highlight the often unrecognized role that emotions play in this complex disorder. He explains why even very bright people with ADHD get stuck because they can focus well on some tasks that interest them, but often can't focus adequately on other important tasks and relationships. Drawing on the latest research findings, Dr. Brown's book *Smart but Stuck* describes strategies and treatments for getting "unstuck" to move on to a more rewarding and productive life.

Issues discussed: Culture, Environment, Public safety, health and welfare, etc.

Monday, September 22

A brilliantly starry night is one of nature's most thrilling wonders. Yet in our world of nights as bright as day, most of us no longer experience true darkness. Eight out of ten Americans born today won't ever live where they can see the Milky Way. And exposure to artificial light at night has been cited as a factor in health concerns ranging from poor sleep to cancer. In his book, *The End of Night*, Paul Bogard travels the globe to find the night, blending personal narrative, natural history, health, science, and folklore to shed light on darkness. Showing exactly what we've lost, what we have left, and what we might hope to regain, he attempts nothing less than a restoration of how we see the spectacularly primal, wildly dark night sky. Bogard joined us for the hour.

Issues discussed: Environment, Government, Recreation, etc.

Wednesday, September 24Faith hosts a weekly food show called The Food Schmooze. The show celebrates food and offers interesting information about the flavors of other cultures, cooking techniques and new products. Each week the show features different cookbook authors who talk about their latest inventions. This week we talked with cookbook author Silvana Nardone about her latest book, *Silvana's Gluten-Free and Dairy-Free Kitchen*. Issues discussed: Culture, Education, Recreation, etc.

Thursday, September 25

We are now standing at the precipice of the next transformative development: the Internet of Things. Soon, connected technology will be embedded in hundreds of everyday objects we already use: our cars, wallets, watches, umbrellas, even our trash cans. These objects will respond to our needs, come to know us, and learn to think on our behalf. David Rose calls these devices—which are just beginning to creep into the marketplace—*Enchanted Objects*. Rose and Rich Hanley joined Faith to talk the Internet of Things. Issues discussed: Business, Consumer services, Recreation, etc.