

Public Interest File
January 1, 2015 – March 31, 2015
The Faith Middleton Show

Thursday, JANUARY 15, 2015

Faith hosts a regular show on innovation and invention. Her regular guest is Rich Hanley from Quinnipiac University. On this show they look at the latest in technological advances influencing everything from cars and phones to the environment and future transportation.

Issues discussed: Business, Consumer services, Environment, etc.

MONDAY, JANUARY 26, 2015

Faith talked with Benedict Carey, author of *How We Learn*. The book looks at research by cognitive scientists dispelling myths such as, learning is all self-discipline, and that we should confine ourselves to designated study areas. Research suggests things like frequent breaks and distractions might actually help the process of learning.

Issues Discussed: Education, Professions, Recreation, etc.

TUESDAY, FEBRUARY 17, 2015

Travel + Leisure magazine's Trip Doctor, Amy Farley, joined Faith for a call-in on the newest travel tips: the best apps and websites for saving time and money, the scoop on hidden fees and surcharges on both airlines and at hotels, up-and-coming destinations, responsible eco-conscious travel, and more.

Issues Discussed: Business, Consumer services, Recreation, etc.

WEDNESDAY, FEBRUARY 18, 2015

Faith hosts a weekly food show where she and her guests talk about great places to eat, culture, cookbooks, kitchen tips, and food products. On this show cookbook author Nancy Harmon Jenkins joined the conversation to talk about her latest book, *Virgin Territory*, which presents more than 100 dishes that showcase olive oil, ranging from soups to seafood to sauces to sweets.

Issues Discussed: Agriculture, Business, Education, etc.

Thursday, FEBRUARY 19, 2015

Faith hosts a regular book show with a panel of guests who describe and recommend books in all categories. Callers are encouraged to join the conversation with their own recommendations.

Issues Discussed: Culture, Education, Recreation, etc.

Thursday, FEBRUARY 26, 2015

Barking, fleas, Lyme disease, pet food, biting, housebreaking, shyness, pet insurance, and animal rescue are a few of the topics discussed by veterinarian Dr. Todd Friedland, who's a regular guest on the show. Dr. Friedland also answers listeners' questions about animal behavior, health, and some of the latest pet related products on the market.

Issues Discussed: Consumer services, Public safety, health and welfare, etc.

Monday, MARCH 9, 2015

Faith talked with Nina Teicholz, the author of "*The Big Fat Surprise*," She's an investigative journalist who documents how the low-fat nutrition advice of the past sixty years has amounted to a vast uncontrolled experiment on the entire population, with disastrous consequences for our health. She gets into probing questions about low-fat diets and looks at obesity, diabetes, and heart disease.

Issues Discussed: Consumer services, Education, Public safety, health and welfare, etc.