

WGGY-FM-HD1 Public Service Programming QUARTER 1 2016 (Jan-Mar)

Special Edition Airs Sundays at 6:00am Quarterly Issues Report

January 2 and 3: Interviews with Dr. Kent Brantley, who was treated for the Ebola virus, Joan Lunden regarding her book on breast cancer, Kimberly Guilfoyle about her job at Fox News, Jamie Tworkowski, the founder of the organization "To Write Love on Her Arms;" former Sen. Gary Hart; former Alaska Gov. Sarah Palin and former U.S. Senator and presidential candidate Gary Hart.

January 9 and 10: An interview with Rich Perry, an empowerment coach, author and trainer who discusses keeping New Year's resolutions; interviews with new Wilkes-Barre City Council members Tony Brooks and Beth Gilbert and Lackawanna County Commissioner Lauren Cummings; an interview with outgoing Luzerne County Commission member Rick Morelli and a discussion with Joe Peters, a Lackawanna County man who is contemplating running for Pa. Attorney General.

January 16 and 17: A visit to Merit Badge College, hosted by the NEPA Boy Scouts of America, a discussion about terrorism around the world with Lackawanna County author Paul Williams and an interview with Pennsylvania Speaker of the House Mike Turzai about Pennsylvania's 2015-2016 budget, which isn't settled yet.

January 23 and 24: A discussion with David Brocca about his film on the Knox Mine Disaster, an interview with former U.S Senate Majority leaders Trent Lott and Daschle about their new book, "Crisis Point" and a discussion with Hazleton's new mayor and police chief, Jeff Cassat and Jerry Speziale.

January 30 and 31: An interview with Pa. U.S. Sen. Pat Toomey about the State of the Union speech, a discussion with ABC-TV news personality John Quinones about his show, "What Would You Do?" and a discussion about curbing alcohol consumption with Annie Grace, author of "The Naked Mind."

February 6 and 7: Coverage of an active shooter seminar offered by Officer Daniel Miner given to members of the Wilkes-Barre Crime Watch; an interview with Baz Dresinger, professor of criminal justice and author of "Incarceration Nation: A Journey to Justice in Prisons Around the World" and a discussion with hypnotist John Morgan.

February 13 and 14: An interview with State Rep. Aaron Kaufer and State Sen. John Yudichak about the budget address by Gov. Tom Wolf; a discussion with Jenny Jenkins of the Internal Revenue Service about changes in federal tax filing due to the implementation of Obamacare, as well as tips to avoid IRS scams and a chat with Dr. Joyce Knudsen about her website, "Refusing to Quit: Women Over 60."

February 20 and 21: An interview with local author Max Furek about his book, "Sheppton: The Myth, The Miracle and the Music," detailing a tragic 1960s mine collapse; a discussion with internationally known mentalist Kreskin about his new book, "In Real Time" and a discussion with Dr. Teresa Ghilarducci, author of "How to Retire With Enough Money."

February 27 and 28: An talk with Misericordia University professor Okla Elliot, author of “Bernie Sanders: The Essential Guide;” an interview with Father John Jenkins, president of the University of Notre Dame about the work of Pope Francis and The Year of Mercy and an interview with U.S. Congressman Lou Barletta.

March 5 and 6: A discussion with University of Scranton Professor Dr. Jean Harris about the upcoming “Ready to Run” seminar, which will encourage women to become political candidate; a preview of CASUAL Day, bringing attention to colon cancer awareness and an interview with author and columnist Jeff Selingo about the cost of college.

March 12 and 13: An interview with Hazleton’s Michele Rhoads of Passion For Paws Dog training about a safety seminar; a preview of the annual Big Brothers/Big Sisters Bowl for Kids Sake; a discussion with Mary Fisher, who delivered the 1992 speech, “A Whisper of AIDs” and is coming to Wilkes University and a talk with Pa. Sen. Lisa Baker about Pennsylvania’s new and overdue budgets.

March 19 and 20: A profile of the ARC of Luzerne County, which works to improve the lives of those with intellectual disabilities and a preview of International Down Syndrome Day; a discussion with Dr. Alexander Prokhrov of The University of Texas MD Anderson Cancer Center about teen smoking and a discussion with Dr. Andrew Newberg on his book, “How Enlightenment Changes Your Brain.”

March 26 and 27: A discussion with members of the Pennsylvania Gaming Commission about gambling in the state/problem gambling; an interview with the production team and band Cat Saturday that are behind a songs that will be included in an NEPA indie film slated for showing at the Tribeca Film Festival in New York City and a discussion with a budget analyst from the Commonwealth Foundation about Pennsylvania’s 2016-2017 budget, which became law this week without Gov. Tom Wolf’s signature.

**American Radio Journal
Airs Sundays at 7:00am
Quarterly Issues Report**

Air Date: March 24, 2016

(March 26, 2016 - April 1, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Robert Pondiscio** of the Thomas B. Fordham Institute about whether standards and testing are leading to student achievement; **Andy Roth** of the Club for Growth has the *Real Story* on the club's first ever endorsement of a presidential candidate; **Eric Boehm** and **Matt Kittle** have a *Watchdog Radio Report* on the dark side of normalizing relations with Cuba; And, **Colin Hanna** has an *American Radio Journal* commentary on the chaotic nature of the presidential race.

Air Date: March 17, 2016

(March 19 - March 25, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **David Beckwith** of the Mercatus Center at George Mason University about what recent Fed action says about the U.S. economy; **Andy Roth** of the Club for Growth has the *Real Story* on how voter discontent in the presidential race is not affecting congressional primaries; **Eric Boehm** and **Jason Hart** have a *Watchdog Radio Report* on the impact of Governor John Kasich remaining in the presidential race; And, **Col. Frank Ryan**, USMC (Ret.) has an *American Radio Journal* commentary on oil production quotas.

Air Date: March 10, 2016

(March 12, 2016 - March 18, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Jeff Lord** of the *American Spectator*/CNN about remembering Nancy Reagan; **Andy Roth** of the Club for Growth has the *Real Story* on possible Vice Presidential candidates; **Eric Boehm** and **Matt Kittle** have a *Watchdog Radio Report* on President Obama rallying support for Obamacare; And, **Dr. Paul Kengor** from the Center for Vision & Values at Grove City College has an *American Radio Journal* commentary on Nancy Reagan.

Air Date: February 29, 2016

(March 5, 2016 - March 11, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Phil Kerpen** of American Commitment about how the drug industry is becoming the scapegoat for rising health care costs; **Andy Roth** of the Club for Growth has the *Real Story* on the battle for control of the U.S. Senate; **Eric Boehm** and **Dustin Hurst** have a *Watchdog Radio Report* on illegal haircuts in Idaho, And, **Colin Hanna** from Let Freedom Ring, USA has an *American Radio Journal* commentary on the crack-up of the GOP.

Air Date: February 25, 2016

(February 27, 2016 - March 4, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Curt Levey** of Freedom Works about the process of filling the Scalia vacancy on the Supreme Court; **Andy Roth** of the Club for Growth has the *Real Story* on what issues face congress; **Eric Boehm** and **Matt Kittle** have a *Watchdog Radio Report* on how Democrats handled past Supreme Court vacancies; And, **Col. Frank Ryan**, USMC (Ret.) has an *American Radio Journal* commentary on why the U.S. should look to Japan for what not to do to spur the economy.

Air Date: February 18, 2016

(February 20, 2016 - February 26, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Hans von Spakovsky** Senior Legal Fellow at the Heritage Foundation about the legacy of the late Supreme Court Justice Antonin Scalia; **Doug Sachtleben** of the Club for Growth has the *Real Story* on the political impact of Justice Scalia's death; **Eric Boehm** and **Mark Lisher** have a *Watchdog Radio Report* on the economics of high speed rail; And, **Dr. Paul Kengor** from the Center for Vision & Values at Grove City College has an *American Radio Journal* commentary on the risk of sanctuary cities.

Air Date: February 11, 2016

(February 13, 2016 - February 19, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Stephen Moore** of Freedom Works and Fox News about President Obama's proposed oil tax; **Andy Roth** of the Club for Growth has the *Real Story* on why the president's budget is dead on arrival in congress; **Eric Boehm** is joined by **Nathan Benefield** of the Commonwealth Foundation for a *Watchdog Radio Report* on Pennsylvania's budget crisis; And, **Colin Hanna** of Let Freedom Ring, USA has an *American Radio Journal* commentary on Donald Trump and the Republican Presidential Nomination.

Air Date: February 04, 2016

(February 6, 2016 - February 12, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **John Gizzi** of *Newsmax.com* about the impact of the Iowa Caucuses; **Andy Roth** of the Club for Growth has the *Real Story* on where the candidates stand on pro-growth issues; And, **Col. Frank Ryan**, USMC (Ret.) has an *American Radio Journal* commentary on the velocity of money.

Air Date: January 28, 2016

(January 30, 2016 - February 5, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Nicole Kaeding** of the Tax Foundation about their new report on state and local tax burdens; **Doug Sachtleben** of the Club for Growth reviews the club's white papers on the presidential candidates; **Eric Boehm** has a *Watchdog Radio Report* with **Ryan Young** of the Competitive Enterprise Institute on cutting federal regulations; And, **Dr. Paul Kengor** from the Center for Vision & Values at Grove City

College has an *American Radio Journal* commentary on the Left and radical Islam.

Air Date: January 21, 2016

(January 23, 2016 - January 29, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Jim Phillips** of the Heritage Foundation about implications of the Iran nuclear accord; **Doug Sachtleben** of the Club for Growth has the *Real Story* on the Iowa Caucuses; **Eric Boehm** and **Ken Ward** have a *Watchdog Radio Report* on sky high property taxes in Texas; And, **Colin Hanna** of Let Freedom Ring, USA has an *American Radio Journal* commentary on the latest developments in the Clinton e-mail server scandal.

Air Date: January 14, 2016

(January 16, 2016 - January 22, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Veronique de Rugy** from the Mercatus Center at George Mason University about President Obama's State of the Union address; **Andy Roth** of the Club for Growth has the *Real Story* on the presidential primary schedule; **Eric Boehm** talks with **Bruce Parker** for a *Watchdog Radio Report* inside a Donald Trump rally; And, Col. **Frank Ryan**, USMC (Ret.) has an *American Radio Journal* commentary on what happens when a nation loses its core values.

Air Date: January 07, 2016

(January 9, 2015 - January 15, 2015) This week on *American Radio Journal*: **Lowman Henry** talks with former Congressman **Phil English** of Arent-Fox about bipartisan solutions to preserve the American Dream; **Andy Roth** of the Club for Growth has the *Real Story* on how the anti-establishment mood in the presidential race will affect congressional races; **Eric Boehm** and **Matt Kittle** have a *Watchdog Radio Report* on President Obama's gun control executive orders; And, **Dr. Paul Kengor** from the Center for Vision & Values at Grove City College has an *American Radio Journal* commentary on the growing Muslim population in Europe.

Air Date: December 29, 2015

(January 2, 2016 - January 8, 2016) This week on *American Radio Journal*: **Lowman Henry** talks with **Col. Frank Ryan**, USMC (Ret.) about his new book *Life Lessons Learned: Amazing Stories of My Walk Across America for Children*; **Andy Roth** of the Club for Growth has the *Real Story* on the status of key U.S. Senate races in 2016; **Eric Boehm** is joined by **Chris Koopman** of the Mercatus Center at George Mason University for a *Watchdog Radio Report* on state regulations driving up the cost of health care; And, **Colin Hanna** of Let Freedom Ring, USA has an *American Radio Journal* commentary on the race for the Republican Presidential nomination.

Radio Health Journal Airs Sundays at 7:30am Quarterly Issues Report

2016-Q1 (January – March) Radio Health Journal Quarterly Logs

Compliancy Issues Covered

abortion
consumerism
consumer safety
crime
developmental disorders
disabilities
drugs & medications
economics
education
emergency response
employment and workplace safety
environment and pollution
environment and weather
ethics & medicine
family issues
federal government and food regulation
federal government and regulation
food additives
food safety
government regulation and oversight
health care
infectious disease
insurance
mental illness
mosquito abatement
politics
prevention
psychology
public health
public safety
sports and recreation
technology
technology and society
travel and tourism
volunteerism
women's issues
workplace violence
youth at risk

See weekly logs below for segment dates, titles, topics, guests & duration

Program **16-01** **Producer** **Reed Pence**
Air Week **01/03/16-01/09/16** **Production Director** **Sean Waldron**

Time Segment Dur.

2:03 SEGMENT 1: HOW WEATHER CAUSES PAIN 11:52

Synopsis: Millions of Americans suffer pain as a result of weather changes. Experts discuss different conditions affected by weather, why pain responds to weather changes and possible remedies to some of these maladies.

Host: Reed Pence. Guests: Deni Cantrall, retired teacher and arthritis sufferer; Dr. Robert Jamison, Prof. of Anesthesia and Psychiatry, Brigham and Women's Hospital and Harvard Medical School; Bob Smirbeck, Expert Senior Meteorologist, AccuWeather.com; Dr. David Borenstein, Clinical Prof. of Medicine, George Washington Univ. School of Medicine and Health Sciences; Dr. Vincent Martin, Prof. of Medicine and Director, Headache and Facial Pain Program, Univ. of Cincinnati.

Compliance issues covered: health care; public health; consumerism; environment and weather; prevention

Links for more information: <http://www.healthsciences.org/robert-jamison>; <http://www.accuweather.com>;
<http://www.arapc.com/our-physicians/david-g-borenstein-md-macp-facr/>;
<http://intmed.uc.edu/contact/directory/profile.aspx?epersonID=martinvt>

14:57 SEGMENT 2: TOXIC CHEMICALS IN PRODUCTS 7:54

Synopsis: The average American is exposed to more than 100 potentially toxic synthetic chemicals every day, and there is little oversight of their safety. A noted expert discusses the vast amount that we don't know about these chemicals, how the US might regulate them better, and how tougher regulation in other countries could help keep Americans safer.

Host: Nancy Benson. Guest: Ken Geiser, Emeritus Prof. of Work Environment, Univ. of Massachusetts, Lowell, and author, Chemicals Without Harm: Policies for a Sustainable World.

Compliance issues covered: environment and pollution; consumerism; consumer safety

Links for more information: <https://mitpress.mit.edu/authors/ken-geiser>

Program **16-02** **Producers** **Reed Pence & Polly Hansen**
Air Week **01/10/16-01/16/16** **Production Director** **Sean Waldron**

2:03 SEGMENT 1: VIOLENCE AGAINST HEALTHCARE WORKERS 12:23

Synopsis: Healthcare workers are about four times more likely than workers in any other field to be attacked on the job, usually by patients or family members, and most often in the emergency department. Experts discuss how and why attacks occur and how hospitals and health care workers can do a better job preventing them.

Host: Reed Pence. Guests: Lisa Wolf, Director, Institute for Emergency Nursing Research, Emergency Nurses Assn.; Dr. Christopher Michos, Connecticut emergency medicine physician; Dr. Ronald Wyatt, Medical Director, Division of Healthcare Improvement, The Joint Commission

Compliance issues covered: health care; workplace violence; employment and workplace safety; prevention; education

Links for more information: <https://www.ena.org/practice-research/research/Pages/Default.aspx>;
<http://www.jointcommission.org>

15:28 SEGMENT 2: ANKLE REPLACEMENT 7:54

Synopsis: Hip and knee replacements are common, and doctors now say ankle replacements have become technically good enough to make fusion obsolete for arthritis patients in pain. A doctor & patient discuss.

Host: Nancy Benson. Guests: Dr. Simon Lee, foot & ankle surgery specialists, Rush Univ. Medical Center & Midwest Orthopedics, Chicago; Robert Corwin, ankle replacement patient and judo instructor, Yorkville, IL.

Compliance issues covered: consumerism; technology; health care; disabilities

Links for more information: <http://www.rushortho.com>

Program **16-03** **Producers** **Polly Hansen & Reed Pence**
Air Week **01/17/16-01/23/16** **Production Director** **Sean Waldron**

2:03 SEGMENT 1: GENE EDITING 12:30

Synopsis: Scientists have developed the technology to edit single genes, which could eventually eliminate some inherited diseases. If the technology is used on embryos or egg and sperm cells, it could eliminate some diseases from succeeding generations. However, doctors don't know how such "germline editing" or errors in execution of it would affect other genes for generations to come, calling the practice into question.

Host: Reed Pence. Guests: Dr. Debra Mathews, Asst. Director for Science Programs, Johns Hopkins Berman Institute of Bioethics and Assoc. Prof. of Pediatrics, Johns Hopkins School of Medicine; Alta Charro, Warren P. Knowles Prof. of Law and Bioethics, Law and Medical Schools, Univ. of Wisconsin-Madison

Compliance issues covered: technology; ethics; public health; economics; federal government and regulation

Links for more information: <http://nationalacademies.org/gene-editing/consensus-study/faq/index.htm>;
<http://www.bioethicsinstitute.org/people/debra-mathews-4>; <http://law.wisc.edu/profiles/racharro@wisc.edu>;

Synopsis: Many women who can't or don't want to breastfeed their newborns are pressured into trying anyway. An expert and author discusses the political forces creating unusual unanimity behind the issue, and the truth of health claims on breastfeeding's benefits.

Host: Nancy Benson. Guest: Dr. Courtney Jung, Prof. of Political Science, Univ. of Toronto and author, *Lactivism: How Feminists and Fundamentalists, Hippies and Yuppies, and Physicians and Politicians Made Breastfeeding Big Business and Bad Policy*

Compliance issues covered: women's issues; youth at risk; family issues; health care; politics; consumerism

Links for more information: http://www.nytimes.com/2015/12/20/books/review/lactivism-by-courtney-jung.html?_r=0

Program **16-04** **Producer** **Reed Pence**
Air Week **01/24/16-01/30/16** **Production Director** **Sean Waldron**

2:03 SEGMENT 1: ICU PTSD 12:47

Synopsis: A surprisingly high percentage of people who've been treated in intensive care units later suffer from post-traumatic stress disorder, often including hallucinations recalling horrible ICU incidents. This has led to coining a new syndrome--PICS, or post intensive care syndrome. Experts discuss why the syndrome appears to occur and what's being done to treat and prevent it.

Host: Reed Pence. Guests: Dr. Joe Bienvenu, Assoc. Prof. of Psychiatry, Johns Hopkins Univ.; Dr. James Jackson, Asst. Prof. of Medicine, Vanderbilt Univ.

Compliance issues covered: health care; consumerism; mental illness

Links for more information: <http://icudelirium.org>

15:52 SEGMENT 2: SILENT REFLUX 7:12

Synopsis: Millions of people who think they have allergies, asthma, and sinus problems may actually have "silent reflux" which can travel up the esophagus all the way to the throat and head. An expert discusses telltale symptoms and the dietary triggers that can cause the disorder.

Host: Nancy Benson. Guest: Dr. Jamie Koufman, Director, Voice Institute of New York, Prof. of Clinical Otolaryngology, New York Medical College and author, The Chronic Cough Enigma.

Compliance issues covered: health care; consumerism; federal government and food regulation

Links for more information: <http://www.voiceinstituteofnewyork>.

Program 16-05 **Producer** Reed Pence
Air Week 01/31/16-02/06/16 **Production Director** Sean Waldron

2:03 SEGMENT 1: SILENT HEART ATTACK 12:38

Synopsis: Heart attacks that produce few if any symptoms may be mistaken for indigestion or simple malaise, but they can be more serious than heart attacks that bring crushing pain because they often don't bring a victim to the hospital for lifesaving help. Experts discuss.

Host: Reed Pence. Guests: Dr. Martha Gulati, cardiologist, Univ. of Arizona and Editor-in-Chief, American College of Cardiology patient education initiative, Cardiosmart. org; Dr. Robert Vogel, Prof. of Medicine and Cardiology, Univ. of Colorado and co-author, The Pritikin Edge.

Compliance issues covered: health care; consumerism; public health

Links for more information: <https://www.cardiosmart.org>; <http://books.simonandschuster.com/The-Pritikin-Edge/Robert-A-Vogel/9781416580911>

15:43 SEGMENT 2: HARMFUL INFLAMMATION 7:12

Synopsis: Low-level systemic inflammation is being tied to many disorders including heart disease, and now research has even tied inflammation to intermittent explosive disorder, a syndrome of repeated rage. Experts discuss these findings and how inflammation can be combatted through diet and supplementation.

Host: Nancy Benson. Guests: Dr. Melina Jampolis, nutrition specialist physician and author, The Calendar Diet; Dr. Emil Coccaro, Prof. and Chairman of Psychiatry and Behavioral Neuroscience, Univ. of Chicago.

Compliance issues covered: health care; public safety; prevention

Links for more information: <http://www.drmelina.com>; <http://cnpru.bsd.uchicago.edu/coccaro.html>

Program 16-06 **Producer** Reed Pence
Air Week 02/07/16-02/13/16 **Production Director** Sean Waldron

2:00 SEGMENT 1: NEW FINDINGS ON STUTTERING 11:39

Synopsis: Stuttering has been blamed even fairly recently on parenting, but new research has several new findings: a structural deficiency in the brain's wiring in stutterers; an inability to perceive rhythms; and a much more successful way to treat stuttering. Experts discuss the new advances.

Host: Reed Pence. Guests: Dr. Roger Ingham, Prof. of Speech and Hearing Sciences, Univ. of California, Santa Barbara; Dr. Scott Grafton, Prof. of Psychological and Brain Sciences, Univ. of California, Santa Barbara; Dr. Devin McAuley, Prof. of Psychology and Neuroscience, Michigan State Univ.

Compliance issues covered: youth at risk; developmental disorders; education

Links for more information: <http://www.speech.ucsb.edu/clinic/>;
<https://www.nri.ucsb.edu/people/researchers/grafon>; <http://taplab.psy.msu.edu>

14:41 SEGMENT 2: DOUBLE DIPPING & THE FIVE-SECOND RULE 8:17

Synopsis: Super Bowl party snacks are prime territory for contamination via cross contamination and being dropped on the floor. A scientist who has studied both phenomena discusses the truth (or lack of truth) in two old myths.

Host: Nancy Benson. Guest: Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Science, Clemson Univ.

Compliance issues covered: food safety; consumer safety; sports and recreation

Links for more information: <http://www.clemson.edu/academics/programs/creative-inquiry/projects/spotlight/food-myth.html>

Program **16-07** **Producer** **Reed Pence**
Air Week **02/14/16-02/20/16** **Production Director** **Sean Waldron**

2:00 SEGMENT 1: INDUSTRY FUNDING OF CLINICAL TRIALS 13:30

Synopsis: Clinical trials are much of the basis for the practice of medicine. Funding of trials has dramatically shifted so that today, trials paid for by pharmaceutical and device makers outnumber publically funded trials 6-to-1. Some studies indicate this makes bias in trials more likely, jeopardizing public health. Experts discuss.

Host: Reed Pence. Guests: Jocelyn Ullrich, Asst. Vice President of Science and Regulatory Advocacy, Pharmaceutical Research and Manufacturers of America (PhRMA); Dr. John Abramson, Lecturer in Healthcare Policy, Harvard Medical School; Dr. Joel Lexchin, emergency medicine physician and Prof. of Health Policy, York Univ.

Compliance issues covered: public health; consumerism and consumer safety; federal government; government regulation and oversight; economics; ethics

Links for more information: <http://health.info.yorku.ca/health-profiles/index.php?mid=9198>;
<http://www.overdosedamerica.com>; <http://www.phrma.org>

16:32 SEGMENT 2: FIXING THE HEALTHCARE COST SPIRAL 7:32

Synopsis: American healthcare is the most expensive in the world. An expert author details some of the causes and possible solutions now being established.

Host: Nancy Benson. Guest: Dr. John Patrick, author, Health Attitude: Unraveling and Solving the Complexities of Healthcare

Compliance issues covered: consumerism; economics; insurance; technology

Links for more information: <http://www.attitudellc.org>

Program **16-08** **Producers** **Reed Pence & Polly Hansen**
Air Week **02/21/16-02/27/16** **Production Director** **Sean Waldron**

2:00 SEGMENT 1: ZIKA VIRUS 13:17

Synopsis: Mosquito-transmitted Zika virus has arrived in Central and South America, and while most people are not affected by it, the virus has been linked to microcephaly, a severe birth defect. Experts discuss the virus, how it's transmitted, its spread to the US, and how to protect yourself from it.

Host: Reed Pence. Guests: Dr. Uriel Kitron, Prof. and Chair of Environmental Sciences, Emory Univ.; Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Diseases, Vanderbilt Univ. Medical Center; Dr. Anna Durbin, Assoc. Prof. of International Health, Johns Hopkins Bloomberg School of Public Health

Compliance issues covered: public health; public safety; infectious disease; youth at risk; women's issues; abortion; travel and tourism; mosquito abatement

Links for more information: <http://hub.jhu.edu/2016/01/29/zika-virus-public-health-expert>;
<http://www.livescience.com/53566-how-zika-spreads-chain-of-events.html>; <http://www.dailymail.co.uk/health/article-3428938/Game-changing-Zika-virus-scary-gets-warns-expert.html>

16:19 SEGMENT 2: THYROID DISEASE 6:15

Synopsis: Thyroid disease affects millions of Americans, many of whom have not been diagnosed. Experts discuss symptoms, causes, and treatments.

Host: Nancy Benson. Guests: Dr. Jordan Geller, endocrinologist, Beverly Hills, CA; Shannon Rosen, thyroid disorder patient, Cincinnati, OH; Dr. Jeffrey Garber, Chief of Endocrinology, Harvard Vanguard Medical Assoc., Associate Prof. of Medicine, Harvard Medical School and lead author, Clinical Practice Guidelines for Hypothyroidism in Adults.

Compliance issues covered: healthcare; food additives

Links for more information: <http://www.jordangeller.com/index.html>; <http://www.amazon.com/Harvard-Medical-Overcoming-Thyroid-Problems/dp/0071444718>

Program	16-09	Producer	Reed Pence	
Air Week	02/28/16-03/05/16		Production Director	Sean Waldron

2:00 SEGMENT 1: THE BYSTANDER EFFECT 11:55

Synopsis: It's a psychological paradox that the greater the number of people present when a person needs help, the less likely help will be rendered. Experts discuss reasons why this effect occurs, how it can be broken by technology, and the background of intense research into the effect sparked by the first internationally famous "bystander effect" crime.

Host: Reed Pence. Guests: Kevin Cook, author, *Kitty Genovese; the Murder, the Bystanders, the Crime That Changed America*; Dr. Jan-Willem van Prooijen, Assoc. Prof. of Social and Organizational Psychology, V-U Univ., Amsterdam, Netherlands and Senior Researcher, Netherlands Institute for Criminology; Dr. James Strickland, psychologist in private practice, Comack, NY.

Compliance issues covered: psychology; crime; volunteerism; technology and society; public safety

Links for more information: <http://books.wwnorton.com/books/Kitty-Genovese/>; <http://www.janwillemvanprooijen.com>; <http://cbtpsychologicalassociates.com>

14:57 SEGMENT 2: THE PSYCHOLOGY OF EGG DONATION 8:08

Synopsis: Egg donation can solve infertility, but it can be a minefield of emotional risks, especially if the donor and recipient are family or friends. An author/journalist who has donated twice with vastly different results discusses the technology and what to look out for when approaching egg donation.

Host: Lynn Holley. Guest: Alicia Young, author, *Two Eggs, Two Kids: An Egg Donor's Account of Friendship, Infertility and Secrets*

Compliance issues covered: healthcare; family issues; technology

Links for more information: <http://www.twoeggstwokids.com>

Program	16-10	Producer	Reed Pence	
Air Week	03/06/16-03/12/16		Production Director	Sean Waldron

2:01 SEGMENT 1: CONCIERGE MEDICINE IN PRIMARY CARE 12:20

Synopsis: Many primary care doctors are unhappy with the "factory medicine" they have to practice. Some are creating "concierge medicine" practices in response, cutting patient roles and asking for retainer fees from those that remain. Patients receive much longer appointments, greater access, and more personal care for these higher fees. Two concierge doctors and a patient discuss.

Host: Reed Pence. Guests: Dr. Uday Jani, internist, Lewis, DE; Dr. Jeffrey Puglisi, Glenville Medical Concierge Care, Greenwich, CT; "Suzy," concierge patient

Compliance issues covered: health care; economics

Links for more information: <http://udayanimd.com>; <http://glenvillemedicalconciergecare.com>

15:23 SEGMENT 2: RESTLESS LEGS SYNDROME 8:08

Synopsis: Restless legs syndrome, a neurological condition, strikes people at night, creating some of the worst sleep conditions known by any patients. Experts discuss identifying and treating the syndrome.

Host: Lynn Holley. Guests: Karla Dzienkowski, Executive Director, Restless Legs Syndrome Foundation and parent of daughter with restless legs syndrome; Dr. William Ondo, Prof. of Neurology, Univ. of Texas Health Science Center, Houston and advisory board member, Restless Legs Syndrome Foundation

Compliance issues covered: healthcare; family issues; technology

Links for more information: <http://www.rls.org>

Program **16-11** **Producers** **Pat Reuter, Tori Bokios, Reed Pence**
Air Week **03/13/16-03/19/16** **Production Director** **Sean Waldron**

2:04 SEGMENT 1: ADVENTURES OF A PARAMEDIC 11:46

Synopsis: Paramedics and EMTs are the first responders of the health system and often find violent, confusing situations on their arrival. A former paramedic describes the "inside story" of the job, its dangers and rewards.

Host: Reed Pence. Guests: Kevin Hazzard, author, A Thousand Naked Strangers: A Paramedic's Wild Ride to the Edge and Back

Compliance issues covered: health care; emergency response; public safety

Links for more information: <http://udayjanimd.com>; <http://glenvillemedicalconciergecare.com>

14:52 SEGMENT 2: KEEPING SECRETS FROM YOUR DOCTOR 7:32

Synopsis: Patients often keep lifestyle secrets from their physicians even though it may be harmful to their health. Experts discuss the most common reasons for secret-keeping and the consequences that may result.

Host: Nancy Benson. Guests: Dr. Daphne Miller, family physician, San Francisco; Karen Giblin, President, Red Hot Mamas menopause management program

Compliance issues covered: health care; public health; consumerism; youth at risk

Links for more information: <http://drdaphne.com>; <http://redhotmamas.org>

Program **16-12** **Producer** **Reed Pence**
Air Week **03/20/16-03/26/16** **Production Director** **Sean Waldron**

2:00 SEGMENT 1: INCIDENTAL GENETIC FINDINGS 11:24

Synopsis: Genetic testing has become a widespread reality in the past five years, but doctors are struggling with what many genetic findings really mean. Should patients should be told about the presence of genes that might be either dangerous... or perfectly harmless? Experts discuss.

Host: Reed Pence. Guests: Dr. Dan Roden, Prof. of Medicine, Pharmacology and Biomedical Informatics and Asst. Vice Chancellor, Personalized Medicine, Vanderbilt Univ. Medical Center; Dr. Gerald Feldman, Prof. of Molecular Genetics in Medicine, Pediatrics and Pathology, Wayne State Univ. and President, American College of Medical Genetics and Genomics; Dr. Ellen Wright Clayton, member, Center for Biomedical Ethics and Society and Prof. of Pediatrics and Law, Vanderbilt Univ.

Compliance issues covered: health care; ethics; technology and society; public health; economics

Links for more information: <http://oates.mc.vanderbilt.edu/rodenlab/>; <https://www.acmg.net>;
<http://law.vanderbilt.edu/bio/ellen-clayton>

14:26 SEGMENT 2: THE HIGH HEALTH COST OF SUGAR 7:24

Synopsis: Many experts disagree over the roots of the obesity crisis some 40 years ago. One well-known expert describes why he believes sugar is to blame, and the changes in the market and government advisories that made sugar a much heavier part of our diets.

Host: Nancy Benson. Guest: Dr. Robert Lustig, pediatric endocrinologist, Univ. of California, San Francisco, President, Institute for Responsible Nutrition and author, Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity and Disease

Compliance issues covered: health care; public health; consumerism; economics; federal government

Links for more information: <http://www.responsiblefoods.org>

Program **16-13** **Producers** **Reed Pence and Polly Hansen**
Air Week **03/27/16-04/02/16** **Production Director** **Sean Waldron**

2:00 SEGMENT 1: BIOFILM 11:51

Synopsis: Doctors often deal with bacterial infections, but they are less familiar with infections involving several different kinds of bacteria in a matrix. This form, known as biofilm, is surprisingly common, resistant to many antibiotics, and gaining new attention as a source of hard to eradicate infections. Experts discuss.

Host: Reed Pence. Guests: Dr. Phil Stewart, Prof. of Chemical and Biological Engineering, Montana State Univ.; Dr. Randall Wolcott, Medical Director, Southwest Regional Wound Care Center, Lubbock, TX; Bill Soukup, President, Scientific Biofilm Solutions and Healthy Household Cleansers

Compliance issues covered: health care; public health; consumerism

Links for more information: <http://southwestwoundcare.com>; <http://www.biofilm.montana.edu>;
<http://ohyuk.com>

14:53 SEGMENT 2: OTC DRUGS AND 'TWEENS 7:24

Synopsis: Young adolescents often are allowed to take over the counter drugs on their own, but many OTC medicines, especially acetaminophen, can be dangerous. Experts discuss how to educate 'tweens on taking OTC drugs safely.

Host: Nancy Benson. Guests: Dr. Tanya Altman, Asst. Clinical Prof. of Pediatrics, Mattel Children's Hospital, UCLA and spokesperson, American Academy of Pediatrics; Dr. Janet Engle, Exec. Assoc. Dean, Prof. and head of Dept. of Pharmacy Practice, Univ. of Illinois at Chicago College of Pharmacy; Sharon Mielke, mother of victim of OTC drug death.

Compliance issues covered: health care; consumerism; youth at risk; consumer safety; drugs & medications

Links for more information: <http://www.knowyourdose.org>; <http://www.scholastic.com/otcmedsafety/>