QUARTERLY REPORT FOR OCTOBER, 2023 CREATED BY: JESSICA (HALVERSON) WIVODA FILED BY: ROLLIE DETHLOFF (SEAN MULL)

DATES: 10/01/23 - 10/31/23

TIME SLOTS SCHEDULED TO AIR: 0950 1150 1650 1850

**LENGTH: :15-20 SECONDS** 

ISSUES ADDRESSED: SUICIDE AWARENESS, COMMUNITY HALLOWEEN EVENTS, MENTAL

ILLNESS,

WMFG-FM WNMT-AM WTBX-FM WUSZ-FM WEVE-FM WMFG-AM WDKE-FM

- The public is invited to the Hibbing Memorial Building in the Labor Quarters on Tuesday, October 10<sup>th</sup> at 6:30 for a suicide prevention and awareness program presented by the Keys-slur Wellness Center. This program hopes to provide awareness and bring education to the public about suicide and the impact it has on families and communities. There will be guest speakers sharing their stories, information, and resources if you or someone you know is struggling with thoughts of suicide. If you have questions or are looking for resources contact Mike Garner 218-256-5739.
- Bring your family and friends to the Star of the North, Iron Range Fall Gala Comedy event on Saturday, October 14<sup>th</sup> featuring Comedic Duo "Slap Happy Comedy". You can bid on silent auction items and enjoy dinner by Valentini's. Tickets are available at Casey Drug (located in Chisholm), both Baron's Pharmacies in Hibbing, or online at star of the north maternity home dot org. This gala comedy night is a family friendly event and fundraiser to support Star of the North maternity Home in Hibbing on October 14. Doors will open at 5pm.To participate, donate or sponsor, please call 218-206-1931.
- Jim's Sports Club invites you to play Cash Bingo **every Monday** at 6pm. Proceeds benefit the Eveleth Elks Club. Enjoy the fun game of Bingo with a chance to win cash while helping to support the programs of the Eveleth Elks Club.
- Virginia Family Dental will be hosting Freedom Day USA on Thursday, October 12th. This is their seventh year participating in this national event. On this day, Virginia Family Dental will provide dental services at no cost for veterans. The services in the past have included: cleanings, exams, x rays, fillings, crowns, extractions, and root canals. You must pre-register for this event by calling 218-741-0405.
- The Gilbert Knights of Columbus Council 5031 will be hosting the last Cash Bingo of the Fall season at St. Joseph's Catholic Church downstairs social hall in Gilbert on Sunday, October 15<sup>th</sup> at 2pm. 20 games will be played, with the 20th game being a blackout. Bingo in 57 numbers called, or less, will win \$500. After 57 numbers are called, the prize is still worth \$100. Enjoy free coffee, tea, goodies and more. All proceeds go right back to the community. It's just \$5 dollars a card. Special pricing for the blackout game. Public welcome. Bring a friend.
- The American Legion Press Lloyd Post 247 invites you to the Legion Memorial Fundraiser on **Thursday, October 5**<sup>th</sup> from 11 am to 6pm at the Chisholm Senior Center. Just \$10 dollars for the Legion's famous pasta, sauce, meatballs, bread, and butter. All proceeds go to the Legion's Memorial Fund. Dine in, take out or delivery is available. Call Jamey at 218-966-2219 for details.

- Join the Hibbing Rec Department for the second annual Sweets on the Streets Hibbing Halloween 5K and Kids Fun Run **Saturday**, **October 28th**. Round up your most festive costume group themes are encouraged! During the course you'll enjoy some festive music, and loads of candy. As the 5K wraps up the Kids Fun Runs starts where they can collect candy as they go. There will have prizes for costumes and overall winners in both the 5K and the Kids Fun Run. There is a new course this year two loops around city of Hibbing passing by the high school and city hall. Halloween 5K starts at 10am followed by the Kids Fun Run at 11 am Saturday, October 28<sup>th</sup>.
- If you are an adult living with a mental illness and would like to have a support circle, you are invited
  to the peer led NAMI support group of the Iron Range. They meet **Thursdays** from 5:30-7 at the
  red door church in Virginia 231 3rd St South. The National Alliance on Mental Illness is a nonprofit
  organization founded by family members of people diagnosed with mental illness. Find NAMI Iron
  Range on Facebook for more information.
- The Hibbing Parkinson's Support Group meets the first Wednesday of the month at 10:30am at the Open Door Church, located at 12025 Corey Tracts Rd in Hibbing. This group is for people with Parkinson's, caregivers, and family members. For more information, contact Heather at (218)966-7405.
  - Memorial Blood Centers encourages all eligible donors to consider donating blood. The process takes less than an hour, costs nothing and could save a life. Every donor gets free snacks, a pop, water or juice to enjoy after donating. Go to MBC dot Org or call 1-888-GIVE BLD to schedule a donation today.
  - United Way of Northeastern Minnesota is proud to offer the Imagination Library program to local
    children under the age of five. There are no income requirements to enroll children to receive free
    monthly books delivered to their home. Enroll a child, or sponsor a child at <u>united way ne mn dot</u>
    org/imagination-library or call Sarah at 218-254-3329.
  - You Matter Bags MN provides backpacks with Pj's hygiene essentials and comfort items to children in foster type situations. Licensed foster care providers, or family members raising a non-biological child birth to 18 can request a bag as well as teens couch hopping or without a stable home environment. To request a bag or to nominate a family to receive one, email you matter bags mn at gmail dot com or message you matter bags mn on facebook.
  - The 2<sup>nd</sup> annual empty bowls event to bring awareness to hunger event **is November 3**<sup>rd</sup> from 5pm to 7:30pm at the Chisholm Elementary Cafeteria. Cost is \$20 to purchase a bowl of your choice to take home. All proceeds will be donated to United Way, Chisholm Food Shelf, and the Chisholm Art Department.
  - Chisholm Kids Plus invites area children and families to Trunk-or-Treat at the Chisholm High School parking lot on Sunday, October 29<sup>th</sup> from 1 until 3pm. Enjoy the decorated vehicles and lots of candy and treats for the little werewolves and goblins! That's Sunday, October 29<sup>th</sup> from 1 until 3 – Trunk-Or-Treat in the Chisholm High School Parking lot.
  - Bring your little ghosts and ghouls down to Hibbing City Hall for some spooky fun and yummy treats! Kids will love all the decorated vehicles and the safe and fun trick or treating! Don't miss Trunk or Treat Saturday, October 28th from noon until 2pm.
  - The Wesley United Methodist Church at 303 East 23<sup>rd</sup> Street in Hibbing invite area children and families to their Trunk or Treat event Sunday, October 29<sup>th</sup> from 1 until 3pm in the parking lot across from the church. Enjoy games, candy, and a light lunch!

- The Hibbing Elks Lodge is holding a Rigatoni fundraiser on Sunday, **October 29th** from 4-7 at the memorial building dining hall. Tickets are \$8.00 Dine in or take out available.
- Wear your dancing shoes on Saturday, November 4th to the Do You at 214 E Howard for
  Hibbing's second barn dance of the season. All levels and abilities are welcome at this fun-filled
  event. No partner or experience is needed to participate, all dances are taught before the music
  starts. Dancing begins at 7:00pm with caller Julie Young and live music by Sugar on the Roof.
  For more information, go to Hibbing barn dance dot org.
- The St. Louis County Sheriff's Office and Virginia Police Department are partnering with Legacy Church, Legacy's Celebrate Recovery ministry, and Recovery Alliance Duluth (RAD) to host a Trunk or Treat Saturday, October 28, from 2-4 p.m., in the Plaza 53 parking lot, 5465 Mountain Iron Drive. The event is free and open to the public. Area businesses and community members will be decorating vehicles with kid-friendly Halloween displays in the trunks, and will be handing out treats.
- United Way of Northeastern Minnesota Lunch Buddies mentoring program is looking for a few
  more lunch buddies to provide elementary school students with additional positive adult role
  models. The program matches first and second grade students with volunteer mentors to share
  one lunch break each week during the school year. To apply to be a lunch buddy mentor visit
  united way ne mn dot org slash lunch buddies or call 218-215-2570.
- Cherry Scouts BSA Troop 116 invite you to their Annual Chili Feed Fundraiser on Monday,
   October 30<sup>th</sup> 4pm to 7pm at the Clinton Hall on Highway 37 in Iron. Bottomless Chili Bowls are
   \$12.00; 10yr and under \$6.00 with take-out Available. ½ gallon take outs: \$24.00. Let the Cherry
   Scouts BSA serve you up a bowl of tasty Chili, on Monday October 30th.
- Foster, Adoptive, pre-adoptive, and kinship caregivers are invited to join Lutheran Social Service
  of Minnesota for a free in-person training on self-care. Learn techniques to help you improve your
  well-being while caring for others the way you do. The Training is Wednesday, November 1<sup>st</sup>
  from 5:30pm to 7:30pm at the LSS Family Resource Center in Virginia. To register visit foster
  care mn dot org slash training.