

Quarterly Issues for Station-FM 90.3 WJTL
April 01, 2021-June 30, 2021
Placed in the Public File July 06 2021

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Drug Abuse Among Teens-A series discussing five steps for parents to take when they learn their teen is abusing drugs or alcohol.
- B. Restoration for those Addicted to Drugs and Alcohol-A conversation with a representative from the Way Recovery Houses about their work in the community.
- C. Outdoor Health Tips-With summer approaching, Family Health Checkup aired a series of features devoted to health-related issues of outdoor activity.
- D. Grief-A conversation with Alisa Bair about “Grief Is A Dancer”, a book she wrote about grief, and what she has learned in her journey.
- E. Adoption-A series examining the legal steps of adoption in Pennsylvania.
- F. Move Over Law-News stories informing listeners of the new Move Over Law in Pennsylvania and the expectations of drivers when approaching emergency situations.

Section II Responsive Programming

A. Drug Abuse Among Teens-

Youth Culture Today-Daily 1-minute feature (Monday-Friday at 12:20 p.m.)

This series examined five steps for parents to take when they learn that their teen is abusing drugs or alcohol.

1. Take a deep breath-Don't panic. Avoid temptation to feel guilty. First priority is to eliminate the influence of substance abuse of the teen. Wallowing in guilt, shame, and self-pity can paralyze parents or keep them from taking necessary steps. Love the teen unconditionally.
2. Confront the teenager about the problem. Keep three objectives in mind.
 - a. Don't confront teen while under the influence.
 - b. Don't confront teen until parent is calm.
 - c. Goal is to get the teen to admit the problem and desire to get help.
3. Secure the help of a qualified counselor. Find a competent individual

- or program with a track record of successfully handling teenage substance abusers.
4. Determine the depth of the problem. There are 4 common types of adolescent drug users.
 - a. Experimenter-uses drugs or alcohol to gain acceptance by peer group or satisfy curiosity as to what the “high” is all about.
 - b. Recreationist-uses drugs to share pleasurable experiences with friends.
 - c. Seeker-pursues an altered state of consciousness and uses regularly.
 - d. Addict-cannot live without drugs.

 5. Get treatment-A qualified professional will work with parents to prescribe a course of treatment appropriate to the severity of substance abuse problem. Out-patient Care-Addresses substance abuse problem in a cost-effective way allowing the teen to continue with regular activities of life.
In-Patient Care-Addresses substance abuse problems in a comprehensive approach recommended for teens who need constant support, supervision, and education. A counseling program should have a good follow-up plan that addresses the possibility of a relapse.

(Feature aired April 5-9).

B. Restoration for those Addicted to Drugs and Alcohol:

Morning Show-On the morning of June 15th, there was a conversation with Pastor Greg Funk, a representative from the Way Recovery Houses about their work in the community.

Pastor Funk explained that this ministry reaches out to those who are

suffering addiction. He shared the story of a woman who had relapsed after going through the program, but then returned to the program is now doing well with a regular job.

The conversation also included information about the impact of COVID on those seeking recovery from addiction. During COVID, there has been a 30 to 38% increase in deaths and relapse. This was a time of isolation. The statistics stress the need for community, among those struggling with addiction.

There are currently 6 houses. Some are recovery houses with tighter restrictions. Others are sober living houses, with less rules.

The Outreach of Way Recovery Houses includes sponsorship from local churches, who invest in the people living in the houses. They help to develop relationships and build community. Pastor Greg Funk explained that many in the houses need mother-father figures. They need people to walk with them through painfully deep situations. Pastor Greg emphasized the importance of the local church to be a selfless community to invest in people's lives. An opportunity for listeners was provided for them to learn more about the Way Recovery Houses and how to assist them in their work.

(There were two conversations on this topic. The first conversation happened at 7:05 in the morning and lasted 3 minutes. The second conversation occurred at 7:20 and was also 3 minutes in length.)

C. Outdoor Summer Safety Tips:

Family Health Checkup-Daily 1-minute feature (Monday through Friday at 12:02 p.m.) With summer approaching, Family Health Check-up, hosted by Doug Chamberlain, aired a series of features devoted to health-related issues of outdoor activity.

April 20-Outside Playtime-This is an important part of a child's development, fostering creativity and independence; promoting physical

well-being and better sleep; building social skills.

Safety Tips-

1. Use helmets for activities involving wheels.
2. Use sunscreen even on cloudy days.
3. Use bug spray, especially around grassy or wooden areas.
4. Have plenty of hydrating drinks on hand.
5. Be alert to hazards like poison ivy, standing water, or sharp objects.

April 21-Getting rid of weeds safely-Skip chemical-loaded herbicides and pesticides that are harmful to physical health and try natural weed fighting tools instead. Use a pot of boiling water over the leaves and stems of weeds. For heartier weeds, fill a spray bottle with white vinegar and spray the leaves and stems. Add a few drops of liquid dish soap to the vinegar for an added knockout.

May 18-Benefits of Sunlight Exposure-Our bodies can use the sunlight to make our own Vitamin D. It's important for calcium absorption, strengthening teeth and bones, and for supporting the immune system. It takes 15 minutes of sunlight exposure to trigger vitamin D in the body.

May 25-Treating Painful Bee Stings-Inspect sting site. If sting is visible, gently remove the stinger and wash the area with soap and water. Then, try home remedies if there is pain swelling. Put a small amount of honey on the affected area and cover it with a bandage for up to an hour. A paste of baking soda and water will also help neutralize the effects. Also, a clean cloth soaked in apple cider vinegar can help.

June 09-Health benefits of Running-Running can lead to weight loss and maintenance of a healthy weight. As a cardio activity, running is good for the heart, and is one of the most effective ways to reduce blood pressure and high cholesterol. Running boosts the immune system and increases energy levels. Use good posture and proper running shoes to avoid injury. Hydration and nutrition are important before, during, and after running. Wear brightly colored clothing.

June 24-Soaking up the sun-Avoiding harmful effects of too much exposure to the sun. Apply sun screen and lip balm with at least SPF-15. Avoid midday sun when the ultra-violet rays are strongest. Wear a white brim hat that shades the face and sun glasses that block UV rays. Seek shade if visiting beach or sporting event.

D. Grief:

Morning Show-On the morning of June 16, there was a conversation with Alisa Bair on the subject of grief, author of a book about grief, called “Grief Is A Dancer.” She lost her daughter 25 years ago. Her daughter died at the age of 8 from brain cancer. She was often asked the question about grief, “Does it ever get better?” She would say, “It takes time.” Alisa sees grief as a life-long partner. At first, we fight grief, and then, as we embrace it, grief becomes a partner that helps us get through the sorrow of loss.

Alissa explained why she wrote the book.

1. She wanted to be a companion for grieving people, who need validation for complicated feelings. They also need reassurance that people don't have to get over grief in a designated time line.
2. She wrote this book for anyone wanting to be a friend for someone going through excruciating circumstances.
3. As a resource for professionals who deal with people who are grieving.
4. She wanted to help people to grieve and cry, not seeking to stop the flow of grief, but helping others to choose to face the love in grief over the loss in grief.

(There were two conversations about grief. The first conversation took place at 7:05 a.m. and lasted 4 minutes. The second conversation was 5 minutes in length.)

E. Adoption:

Law for Life-5-minute weekly program (Saturday at 3:20 p.m.) A three-part series discussing the legal steps involved in the adoption process in Pennsylvania.

Attorney Josh Bodine explained that when a child is adopted into a family in Pennsylvania, the child is treated as a natural child of the parents, and those rights cannot be taken away by divorce or death. An adopted child will inherit the same way that a biological child would, and can receive social security and pension death benefits as well.

Adoption agencies deal directly with assisting parents in adoption children. These agencies can match a child with an adopted family. Some families can choose to adopt children from outside the U.S. If a parent chooses to adopt internationally, they need to satisfy the requirements not only of the foreign country where the child lives, but also the U.S. and the state where the parent resides.

General categories of adoption include those children who live outside the U.S. and those who live inside the U.S. Basic rules and procedures of adoption process are similar from county to county in Pennsylvania. However, each judge and each county have their own particular way that they want the adoption information to be presented.

The adoption process varies in length from six months to longer, depending on various circumstances. An adoption involving biological parents not willing to terminate parental rights may lengthen the process. Finding and serving notice of the parent whose rights might be terminated is probably the biggest issue in determining the length of adoption process. The courts do not want children being adopted without the biological parents having a meaningful opportunity to raise objections.

If biological parent objects to having rights terminated, then there is a

hearing. If the biological parent shows up at the hearing and voices an objection, the court generally gives a lot of deference to that parent as long as they are sincerely trying to be a good parent.

However, there are situations when even if the parent objects, the court may still terminate his or her parental rights, paving the way for adoption. The most common situation where parental rights are terminated is when the biological parent has abandoned the child, meaning a total or near total lack of contact with the child for six months or more. The second most common situation is incapacity abuse or negligence.

There are two phases of adoption that typically bring the adopted parent to the courtroom. The first phase is the termination of parental rights. The second phase is the adoption itself.

There are occasions when a parent signing consent to give up parental rights can revoke their consent-30 days after a child's birth or up to 30 days after signing consent. When an adopted child is 13 years of age or older, their consent is required for an adoption to be granted.

(Feature aired May 01, May 08, and May 15.)

F. Move Over Law:

Pennsylvania's Move Over Law took effect on April 27th. WJTL featured information about the law to increase awareness of what is expected of drivers when they approach an emergency situation.

The law requires drivers to steer clear of emergency scenes. This means safely merging into a lane further away from the response area. If a driver is unable to safely do this, the driver is required to slow down at least 20 miles per hour less than the posted speed limit. 55 emergency vehicles were hit last year on the side of the road. Emergency response areas are classified as an area where an emergency vehicle has its lights flashing, or where road crews or emergency responders have lighted flares, posted signs or try to

warn travelers. The fine for the first offense is \$500. The amount increases to \$1,000 for the second offense. The penalties for third and subsequent offenses include a \$2,000 fine and a 90-day license suspension.

(Reports were 30 seconds in length on April 26, airing at 3:35 p.m., 5:35 p.m., and 6:35 p.m.)

(Reports were 55 seconds in length on April 27th, airing at 6:34 a.m. and 8:09 a.m.)

