

Quarterly Issues for Station: FM 90.3 WJTL

January – March 2024

The station has identified the following as significant issues facing our community in this quarter:

- A. Shelters/Support
- B. Organizations Meeting Specialized Needs
- C. Scams and Cyber Attacks
- D. Public Health Related Concerns
- E. Special Weather Alerts and Restrictions
- F. Recalls and Safety Alerts
- G. Election
- H. Tax Season
- I. Health Tips
- J. Parenting Tips
- K. Recognizing Abusive Churches/Bible Based Cults

A. Shelters/ Support

LCCM (Lebanon County Christian Ministries) was our guest on the Morning Show for 2 breaks each lasting 4:35 minutes. Brian Smith from LCCM talked about how they share the love of Jesus by providing emergency food, clothing, shelter, and guidance towards personal sustainability. They are located at 7th and Locust Streets in Lebanon plus they have a new shelter space at 6th and Chestnut at Chestnut St Community Center. LCCM.us as well as Facebook and Instagram

Local News on 1/3/24 at 705 lasting 28 seconds - the United Way of Franklin County will be holding their "Winter Warmth Drive". The drive will run from Jan. 15 to Feb. 12. It is in place to support the needs of families in the local community by making sure residents stay warm, clean, and well-fed during the winter. People can donate things such as personal care items such as hand soap, shampoo, dish soap, and paper towels as well as gloves, winter hats, and socks. Food can also be donated such as whole grains, cooking oils, and shelf-stable milk. ABC27.COM.

Local News on 1/18 lasting one minute 9 seconds - A Veterans center in York is one of many shelters helping those who are unhoused or need a place to come in from the cold. Mr. Sandy's Homeless Veterans Center on West King St was the dream of Vietnam Vet Mr. Sandy. His daughter is the president the West King Street center. Mr. Sandy's dream was to open a drop-in center for veterans. The shelter offers clothes, food, hot showers and free laundry services. This shelter and others are offering a warm place to those who need it. WGAL has this story and a listing of some other Susquehanna Valley Resources including Water Street Mission, Good Samaritan Services, and several others. People who need assistance can also call the United Way's 211 service to be put in contact with an organization that meets their needs. WGAL.com

Local News on 1/22/24 at 605 and 735 lasting 30 seconds - Pack the park starts Monday at clipper magazine stadium. You can join the barnstormers and the Lancaster community by donating to pack the park this week Monday through Friday 9-5 and Saturday 9-noon. They are seeking donations of nonperishable items like canned goods, pastas, and rice, as well as clothes and toiletry products. In addition to food donations, you can purchase a breakfast ticket for Saturday the 27th and support local nonprofits. Tickets are \$12 and can be found online. To

purchase tickets and see the full list of donation items see
lancafterbarnstormers.com

Local News on 2/6/24 at 605, 805 and noon and 2/7/24 at 1535 and 1735 lasting 20 seconds A new shelter in downtown York is keeping families together. LifePath Christian Ministries says the Code Blue Family Shelter opened last week on west market street. . It will provide temporary housing for up to 34 individuals or 12 families through the end of March. Lifepath Christian ministries also operates a men's shelter and a woman's shelter. wgal.com

Local news on 2/20/24 at 705 lasting 30 seconds Pennsylvania Furniture Mission provides free donated gently used furniture to families in need. Amanda Reilly-Sokoli and her husband Pashk Sokoli started their nonprofit in June 2023 because they both experienced financial hardships. So far, the nonprofit has fully furnished over 150 homes across Lancaster, Dauphin, Lebanon, York, Berks and Cumberland counties. The nonprofit is a furniture bank meaning they collaborate with existing nonprofits in the area, and they have saves 170 tons of furniture form landfills. abc27.com

Local News on 2/23/24 at 635, 705 and noon lasting 30 seconds Abc27 announced that Lancaster County is purchasing climate-controlled portable emergency shelters. Each shelter will have twelve cots, light, and HVAC. Lancaster County commissioners approved the use of American Rescue Plan Act Funds to buy the tents and generators designed for them. The cost of the shelters is \$206,000. the county commissioner wants to be prepared in case of emergency situations and to help support other agencies including emergency management, EMS, fire, hospitals, and the coroner's office. See Abc27.com

B. Organizations Meeting Specialized Needs

Local News on 1/19/24 at 605 and 835 and 1/22/24 at 635, 805 and noon lasting 29 seconds - Rase Project , a recovery community organization, is hosting a free Narcan training class on Tuesday at Bosler Memorial Library in Carlisle. Narcan is a nasal spray to reverse an opioid overdose. The training will last about an hour and attendees will be given free Narcan to take home. Race project education advocacy coordinator, Jessica Miller, will provide educational trainings on the

disease of addiction, how the disease of addiction affects the family, the benefits of medication assisted treatment. The training takes place at 6pm. You can find more details at abc27.com.

Our Morning Show guest on Thursday February 8 was Alicia Ernesty with Reagan's Journey (during the 7:00 hour with breaks lasting 6 minutes 2 seconds and 7 minutes 10 seconds). Reagan's Journey is a nonprofit striving to make life better for families/children with special needs. They host a closet with free durable medical supplies and equipment. They also host special fun and inclusive events and an online community. The org started in Freeport, PA and has grown since 2017. Families were driving hours to get resources. They have recently started a Lancaster branch which opened in September 2023. Over 700k worth of equipment already sent out from the Lancaster location. They are located inside Manor Church on Central Manor Rd. They have hours on Mondays and Thursdays and one Saturday a month and appointments are also available. Donations are also received from people who have extra. Supplies/ Equipment inventory and registration options are listed online ReagansJourney.org

Our Morning Show Guest on February 6 was Lanny Millette with Potters House (breaks lasting 3:50 and 4:09) This Addiction recovery and discipleship ministry of 20 + years has a faith-based component believing that changing the heart is important to changing behavior. Program – Trauma Informed Healing – going to roots of issues and inviting Jesus to heal the heart and move forward from there. They receive referrals from prisons, families, other treatment centers, etc. Potters House of Ruth is a similar program for women. Tuesday Feb 27 6:00 Launched for Legacy Banquet at Shady Maple to share stories about impact and raise funds for the ministry. Register at ThePottersHouseLancaster.com 717-615-0296

Our Morning Show Guest on January 4th was Julie Baum from Align Life Ministries. (breaks lasting 4:10 and 4:06) Julie is Director of Supporter Relations. Align Life Ministry aligns with God to proclaim the gospel of Jesus and champion the sacredness of life. Pregnancy Services Ministries, Strategic partnerships and equipping resources. 4 pregnancy centers Columbia, Ephrata, Lancaster and Lebanon. Serve Pregnant, parenting and post abortive clients. Celebrating 40 years next year. Equip clients with truth to make decisions. Ultrasounds.

Sanctity of Human Life Sunday – day to commemorate the sacredness of Human Life. Resources for churches – speakers, bulletin inserts, graphics, video, Baby Bottle Boomerang fundraiser – physical plastic bottles piggy bank or virtual bottle online. Send back to Align. AlignLifeMinistries.org

The Morning Show guest on Tuesday February 13th was Cathie Rosado representing Feed My Starving Children (during 2 breaks in the 7:00 am hour lasting 3 minutes 47 seconds and 4 minutes 27 seconds). This is an organization that provides and coordinates food distribution to feeding programs in schools and elsewhere overseas. A Mobile Food Packing event is taking place Apr 4 – 7 at Willow Street Mennonite Church. They are seeking 1,500 volunteers ages 5 and up to commit to 2-hour blocks of time. They will help create and package 300,00 food packets. Meals consist of rice, soy, vegetables, and vitamins. Registration opens Feb 23 at FSMC.org to sign up.

Our Morning Show guest on March 5 was Allie Weber from 4 Girls on a Mission (breaks lasting 4 minutes 28 seconds and 4 minutes 48 seconds– a nonprofit organization. It's made up of 4 girls who come together to raise money to help people in the community with rental assistance, needs for homeless and help others needing support. They want to offer hope and show care and comfort to people in need. They take a hot meal, bags full of hygiene products, snacks, and clothing. They often learn of people in need via word of mouth. Mainly focused on Lancaster and Berks counties. They have a fundraising 5K (Whoopie Pie 5K) at the Cocalico High School on November 30th. (7th Annual - Always the Saturday after Thanksgiving). 4girlsOnAMission.org or on Facebook info@4girlsOnAMission.org

Our Morning Show guest on March 7 was Audrey Shallerf Director of Development with Hope Within Ministries (Lasting 4 minutes 50 seconds and 5 minutes 4 seconds. Hope Within is a Christ Centered nonprofit with a mission to share God's love by providing primary medical care and prescriptions, dental care and counseling. They serve people in up to 250 % of the poverty level. They serve people in Dauphin, Lancaster and Lebanon Counties assisting people that are medically uninsured and financially eligible. No eligibility requirements for counseling. They also serve people waiting for federal refugee benefits. Offer prayer to people. They have 40+ licensed medical providers volunteering time. Rely on churches to refer people to them for assistance. Fundraising Events

coming up – Spring Pop Up Shop, preordered flowers, Highmark Walk for a Healthy Community event. They also take in kind donations. HopeWithin.org

Our Morning show guest on March 14th was Lee Deremer with Lifecycles. Life Cycles is celebrating 10 years of service to people from Lancaster, York, Perry and other counties. It's a bike riding mentorship ministry – connecting boys and girls with leaders who care, where they can learn and grow in bike riding and self-confidence. They ride 2 nights a week (Tuesday/Thursday). April 23 through August for weeknight rides. A Hot meal is included. Currently serving 50 - 60 teens. Free. All welcome, no hurdles to entry. In addition to weeknight rides, ride on Saturdays during the summer into the fall. Summer Challenge ride for those ready for a longer ride event. Mentoring opportunities also available. LifeCyclesTeam.org 717-586-2511

Local News on 1/2/24 at 1635 and 1835 and 1/3/24 at 605 lasting 30 seconds - Blue Ridge Communications is kicking off of its 11th Annual Touch A Heart campaign, to inspire individuals to create handmade Valentine cards for distribution to nursing home residents, veterans, soldiers, and those in need. Handmade Valentine cards can be sent to: Blue Ridge Communications Attn: Cindy Mellinger 804 Academy Heights Ave., Ephrata. Blue Ridge is accepting cards now through February 3rd. More information at BRCTV.COM/heart

Local News on 2/23/24 at 705, 835 and noon lasting 30 seconds ABC 27 announced that York County is expanding wi-fi access. It's part of its urban wireless program. It will help build infrastructure for rural areas that don't have internet and will help underserved populations in York County. It's a free wireless network anyone can use. They have begun installation at several of their feeder sites and will then go through quality tests. There are 15 feeder sites. The county doesn't have a current finish date. Abc27.com 0

C. Scams and Cyber Attacks

Local News on 1/4/24 at 7 35, 1635 and 1835 lasting 31 seconds – Yesterday officials in Lancaster County received reports of numerous phone scams where callers impersonated officers from two local police departments. Police say that the callers identified themselves by name as specific officers from the Lititz Borough and Northern Lancaster County Regional Police Departments. The callers were also able to "spoof" the police department's phone numbers, so it

appears that victims are actually receiving calls from the department. Anyone who receives one of these calls should immediately hang up without providing any person information. LOCAL21NEWS.COM.

Local News on 1/19 lasting 30 seconds a scam happening in the area. Emails are going around that appear to be from a friend or clergy asking for you to buy a gift card for them as a favor and then share the PIN or send a photo of the back of the card. Once you give that information out you are actually giving the money away to the scammer. Make certain that any similar requests are coming from your friend at a trusted number, especially if the request is out of the ordinary. Wgal.com

Local News on 2/5/24 at 1535 and 1735 lasting 25 seconds - A cyberattack today is affecting the Pennsylvania state court's website. Pennsylvania Chief Justice Debra Todd tells LNP, portions of the website are blocked off in a "denial of service" cyberattack, which is when an attacker intentionally keeps legitimate users off a website. She says at this time, there is no indication that any court data was compromised, and the courts will remain open and accessible to the public. LANCASTERONLINE.COM

Local News on 2/13/24 at 1535 and 1735 lasting 37 seconds - The Pennsylvania court system's online operations are fully functional again after a cyberattack last week disrupted some services. According to LNP, the attack disabled access to online dockets and the Guardianship Tracking System, among other disruptions. State Supreme Court Chief Justice Debra Todd tells LNP, the online portal was crippled by a denial-of-service attack, which is designed to keep legitimate users off a website. The Cybersecurity and Infrastructure Security Agency, U.S. Department of Homeland Security and FBI are investigating. More at LANCASTERONLINE.COM.

Local News on 2/15/24 at 1635 and 1835 lasting 23 seconds As Cyber-attacks become more and more frequent, officials are warning it's most likely to get worse so you need a plan. Officials say it's imperative that people work on their online safety hygiene and one of the top ways to do that is to ensure passwords to all of your accounts are strong. PENNLIVE.COM has the story with tips to help you do just that.

Local News on 2/19/24 at 1535 and 1735 lasting 31 seconds The Cumberland County Sheriff's office is warning you about an ongoing phone scam. Officials tell ABC27, the scammers claim to be the Deputy Crown asking for payment for unpaid citations. The Sheriff's Office is reminding you that the office and its deputies will never ask for money to be paid over the phone for any reason. Please notify local police if you receive a similar scam. More at ABC27.COM.

D. Public Health Related Concerns

Local News on 1/4/24 at 1535 and 1735 lasting 30 seconds The American Red Cross of Greater Pennsylvania needs volunteers. More than 3-thousand volunteers last year responded to more than 1-thousand five-hundred disasters across the Commonwealth. The Red Cross says they're responding to nearly twice as many large disasters as they did a decade ago. This, along with a growing blood shortage across the country, the Red Cross needs more people to help. 90% of their workforce is made up of volunteers. Information on volunteering at REDCROSS.ORG/volunteer.

Local News on 1/29/24 at 1635 and 1835 lasting 37 seconds Red Cross officials say the nations' blood supply is dropping to levels that haven't been seen in 20 years. Winter weather has also affected donations being shipped to medical facilities. The Red Cross is continuing to offer a variety of incentives to help bring up the numbers. For the next three days, they are running a Super Bowl sweepstakes. Those who donate have a chance to win a trip for two to the Super Bowl. The Red Cross also launched an all-new blood donor rewards program where donors can earn points that can be redeemed for electronic gift cards, or Red Cross merchandise. Details at REDCROSSBLOOD.ORG

Local News on 1/8/24 at 1635 and 1835 lasting 35 seconds - Penn Medicine has reinstated some masking requirements due to a recent increase in the number of COVID and flu cases. All Penn Medicine Healthcare workers are required to wear a mask while caring for patients. Patients and visitors are highly encouraged to wear a mask in all facilities. Patients who tested positive for COVID in the past 10 days or have symptoms of COVID or the flu must wear a mask. Visitors who tested positive in the past 10 days or have symptoms are not allowed entry into any

facility even with a mask. Masking is required for patients AND visitors 2 and older in the Emergency Department and Urgent Care waiting rooms. WGAL

Local News on 1/23/24 at 1635 and 1835 lasting 27 seconds Capital Region Water issued a boil water advisory today for nineteen Harrisburg properties. CBS21 reporting the advisory, which requires tap water to be boiled before it can be used, applies to residents on parts of South 15th Street and 15-hundred Berryhill Street. Capital Region Water says it experienced a "loss of positive water pressure" because of an emergency repair. More information at CAPITALREGIONWATER.COM. LOCAL21NEWS.COM has the story.

Local News on 2/28/24 at 1535 at 1735 lasting 33 seconds Penn Medicine Lancaster General Health has announced dates and locations for its March blood drives. LGH officials remind you that blood donations collected stay in the county to benefit members of the local community. Appointments are encouraged, but walk-ins are also accepted. More information at FOX43.COM and lghblooddonors.org/donorportal. Everyone who donates will receive a \$10 Sheetz gift card, OR one movie ticket to Regal, or Penn Cinemas.

Local News on 3/11/24 at 1835 lasting 18 seconds Lancaster Bible College | Capital Seminary & Graduate School will host a community blood drive in conjunction with Penn Medicine Lancaster General Health from 10 a.m. to 3 p.m. March 21 in the Multi-Purpose Room of the Student Center. Those both on and off Lancaster Bible College's main campus at 901 Eden Road are welcome to give blood to help care for their Lancaster County neighbors. lghblooddonors.org/donorportal

E. Special Weather Alerts and Restrictions

Local News on 1/9/24 at 1535 and 1735 As heavy rain storms move through the region today and tomorrow, Amtrak has canceled several of its Keystone Service

trains between Harrisburg and Philadelphia. LNP reporting, the line includes stations in Elizabethtown, Mount Joy and Lancaster. Trains 618 and 622 are canceled in their entirety today, while trains 653 and 657 are not operating between Harrisburg and Philadelphia. Three Wednesday trains are also canceled: 601, 607 and 622. And several trains are not running between Harrisburg and Philadelphia. Amtrak reminds passengers to check their mobile app, or AMTRAK.COM for the latest.

Local News on 1/10/24 at 1535 and 1735 lasting 41 seconds - Some roads across the region are closed due to flooding conditions. Officials remind you that it is illegal to go around the barricades to drive through the closed streets. According to Pennsylvania code, drivers can be cited and fined if they are caught doing so. If a driver is caught driving around a barricade that is closing a road, that driver is committing a summary offense and can be given a maximum fine of \$250. Additionally, if a driver drives around a barricade and needs the services of a first responder or emergency medical or rescue personnel, including towing services, that fine can be increased to \$500. ABC27.COM has the report.

Local News on 1/15/24 at 605 and 805 lasting 29 seconds- As we experience winter weather and strong wind, some areas have already seen some power outages. Some things to remember if your power goes out is that you may have to contact your local power provider to report an outage or get an estimated restore time. Do not call 911 to report the outage. Some utility companies provide an online outage map, and you can find those at the website of your provider. It's always good to be prepared in case of outages with an emergency kit including water, flashlights, first aid, and portable phone chargers can be useful. For more tips see wgal.com

Local News on 1/17 lasting 35 seconds Wind chills this afternoon and clear skies tonight bring frigid air to the area. We're looking ahead to another storm system arriving Friday morning. WGAL reporting that we may see similar accumulations to yesterday's storm. Remember during wintry weather to take extra time to clear off your windshields, give yourself plenty of time and distance between the cars in front of you, have extra socks, gloves and a blanket available in case of emergency. WJTL will keep you updated with current weather and the latest in closures and delays.

Local News on 1/17 at 1635 and 1835 lasting 19 seconds - The USPS reminds the public to help keep our letter carriers safe and able to offer consistent service. Be sure to clear snow and ice from sidewalks, stairs, porches and mailboxes. Delivery of mail may be affected when streets or walkways create hazardous conditions or when snow is plowed against curbside mailboxes. local21news.com

Local News on 1/19 at 605 and 735 lasting 41 seconds PennDOT is imposing vehicle restrictions on major highways and warning drivers to stay off the roads if possible. Lancaster County is forecasted to receive 2-4 inches of snowfall. Extended sub-freezing temperatures have left many sidewalks and side streets still covered with snow and ice. Partial melting and refreezing is also conducive to the formation of black ice on road surfaces. Starting at 3 a.m. Friday, PennDOT is restricting motorcycles, motorhomes busses and other large vehicles from traveling on the turnpike (I-76) between the Ohio border and Carlisle as well as placing restrictions between Carlisle and New Jersey. PennDOT said it is preemptively salting the roads. The agency cautioned drivers to maintain six car lengths behind plow trucks and to avoid passing or driving next to them. Lancasteronline for more information on restrictions.

Local News on 1/19 lasting 34 seconds Another winter storm is on the way and a Winter Weather Advisory is in effect for portions of central PA. Snow is expected to develop in the overnight hours and continue through Friday so there is a potential for both the AM and PM commutes to be slow with a potential for 2-4 inches of snow accumulation. Stay with WJTL for your latest in weather and check Storm Crew at wjtl.com for the latest in delays and closures.

Local News on 2/12/24 at 1635 and 1835 lasting 31 seconds - PennDOT and the Pennsylvania Turnpike Commission are advising people to avoid unnecessary travel as a winter storm is expected to drop several inches of snow early Tuesday. The agencies say there will be speed and vehicle restrictions throughout the snowstorm. Rain changing to snow and some sleet between 2 and 6 a.m. with snow moderate to heavy at times during the Tuesday morning commute. The snow ending from west to east between 10am and noon. Vehicle restriction details at WGAL.COM.

Local News on 2/13/24 at 635 and 735 lasting 27 seconds In light of this morning's inclement weather, PennDOT has issued speed restrictions for major highways in South Central Pennsylvania. The speed limit has been reduced to 45mph on all major state routes and highways, including interstates 81, 83 and 283. PennDOT also reminds drivers not to pass plow trucks, and to leave plenty of space when driving near the trucks. Though PennDOT urges drivers to stay off the roads, if possible, those needing to travel can check road conditions on PennDOT.

Local News on 3/11/24 at 635 and 805 lasting 23 seconds - With the extreme wind we are seeing until 6pm tonight we could see some gusts up to 55mph. Be aware of gusty winds blowing around unsecured objects, tree limbs being blowing down as well as power outages. Over 1,000 Penn Electric and PPL customers are experiencing outages. Users can see and report outages to the ppl website but do not call 911 to report the outage. Please stay safe and cautious on the roads this morning.

F. Recalls and Safety Alerts

Local News on 1/16/24 at 1635 and 1835 lasting 30 seconds The Quaker Oats Company is expanding its December recall of various granola bars and cereal products due to the risk of salmonella contamination. The expanded recall now includes additional cereals, bars, and snacks. The FDA is telling consumers to check their pantries for any of the products and dispose of them. ABC27.COM has a list of recalled products or go to QuakerRecallUSA.com for more information.

Local News on 1/17 at 1635 and 1835 lasting 24 seconds Some spinach is being recalled that may be contaminated with listeria. Bright Farms has issued a recall for spinach supplied by a farm in New Jersey. The company has also recalled some salad kits due to the potential for some cross-contamination. The recalled spinach and salad kits were distributed to retailers in Pennsylvania and several other states. PennLive has the story and specific product details and related UPC codes. PennLive.com

Local News on 1/24/24 at 1635 and 1835 lasting 43 seconds Ford is recalling nearly 1.9 million Explorer SUVs because a trim piece can fly off and create a hazard for other drivers. According to NEWS8, the recall covers Explorers from 2011-2019. Officials say that clips holding the trim that covers the roof supports close to the windshield can come loose. Company officials encourage owners to contact dealers for an inspection when parts are available. The company says it's aware of just over 5-hundred consumer complaints and more than 14-thousand warranty reports alleging that the parts were missing or detached. They are not aware of any crashes or injuries from the problem. Owners will be notified starting March 13. Details at WGAL.COM.

Local News on 2/6/24 at 1635 and 1835 lasting 48 seconds Honda is recalling more than three quarters of a million vehicles in the U.S. because a faulty sensor may cause the front passenger air bags to inflate when they're not supposed to. The recall covers certain Honda Pilot, Accord, Civic sedan, HR-V and Odyssey models from the 2020 through 2022 model years, as well as the 2020 Fit and Civic Coupe and several other models. Officials say that the front passenger seat weight sensor may crack and short circuit and fail to turn off the air bag as intended. Dealers can replace the seat sensors at no cost. Owners will be notified starting March 18th. More information at FOX43.COM and nhtsa.gov/recalls.

Local News on 1/30/23 at 1535 and 1735 lasting 44 seconds - York County firefighters have a warning about lithium-ion batteries as fires caused by the batteries are becoming more common. Last month, a fire appeared to have been sparked by a lithium-ion battery inside a cordless drill after the batteries blew up inside a house being renovated. Officials warn you, "Don't overcharge the battery. When the battery is fully charged, take it out of the charger". Some manufacturers will say that the charger will shut down when the battery is full. Don't take that for granted. Firefighters also want to remind you of proper disposal. Lithium-ion batteries should be taken to separate recycling or household hazardous waste collection points, not placed in your regular trash. More at WGAL.COM.

Local News on 1/19 lasting 28 seconds - Emergency test sirens are planned to sound at Muddy Run next Thursday January 25. The test at the Muddy Run Pumped Storage Facility in Drumore Township is scheduled for 10 am and is part

of normal testing. No action is required from the public or local authorities.
LancasterOnline.com for the details

Local News on 3/7/24 at 1635 and 1835 lasting 28 seconds Ground cinnamon sold by U.S. discount retailers is contaminated with high levels of lead and should be discarded. NEWS8 reporting, the U.S. Food and Drug Administration says cinnamon sold by stores including the Dollar Tree and Family Dollar contains lead at levels that could be unsafe for people, particularly children, with prolonged exposure to the spice. Get the details on the cinnamon recall at WGAL.COM.

Local News on 3/14/24 at 1635 and 1835 lasting 43 seconds Thousands of air fryers and air fryer ovens sold at Best Buy stores nationwide are being recalled due to fire, burn, and laceration hazards. According to the Consumer Product Safety Commission, some Insignia® Air Fryers and Air Fryer Ovens sold in the United States and more sold in Canada are affected. The devices can overheat, causing the handles or glass door to break or melt. There have been 24 reports of “overheating/melting or glass shattering, including six reports of air fryers catching on fire.” If you have one, immediately stop using it and contact Best Buy for a refund. ABC27.COM has all the details.

G. Election

Local News on 1/24/24 at 605, 705, 805 and noon lasting 46 seconds Lebanon County Commissioners voted two to one to remove the ballot drop box outside the municipal building. It has been used for elections since 2020, when mail-in balloting went into effect. Republican Commissioners Bob Phillips and Mike Kuhn voted in favor of eliminating the box, citing security concerns. Democratic Commissioner Jo Ellen Litz voted to keep it for convenience and cited a lack of proof of any illegal ballot stuffing. There was a camera on the box and two on the building, but Commissioners Kuhn and Phillips say if someone did illegally drop off more than one mail-in ballot, it would be difficult to determine the invalid ballot inside the box. Residents can still use the U.S. Postal Service to mail their ballots or drop them off in person at the election’s office. For more information, visit WGAL.com

Local News on 2/16/24 at 705 and 835 lasting 30 seconds On Thursday, Lebanon County commissioners affirmed a previous decision to discontinue its drop box for mail and absentee voters while also advancing plans to open a manned drive-thru drop-off area for people to return their ballots. The board of commissioners said they wanted to remove the drop box because it was not always monitored while available to the public, and not enough safeguards were in place to prevent someone from illegally putting someone else's ballot in the box — whether by accident or on purpose. The plans for the drive thru drop off area will be placed on the agenda for the March 7th meeting. See wgal.com for the full story.

Local News on 3/8/24 at 605 and 805 lasting 23 seconds The Lebanon County Board of Elections voted Thursday to set up a kiosk where voters can return their mail-in and absentee ballots. The elections director said the kiosk will be in a "remote voter office" in the county courthouse parking lot. The office will open April 1, which is when ballots become available statewide. It will be manned from 8:30 a.m. to 4:30 p.m. on regular courthouse days until the election. Wgal.com

H. Tax Season

Local News on 1/23/24 at 1635 and 1835 lasting 39 seconds - This Monday, January 29th, is the official start date of the 2024 tax season, when the IRS will begin accepting and processing 2023 tax returns. This year, Tax Day is back on April 15, and more than 1-hundred 28.7 million individual tax returns are expected to be filed by that deadline. For taxpayers living in Maine or Massachusetts, you have until April 17th due to the Patriots and Emancipation Day holidays. If a taxpayer resides in a federally declared disaster area, they also may have additional time to file. More at PENNLIVE.COM.

Local News on 1/29/24 at 1535 and 1735 And Tax Season starts today. Unless you file for an automatic six-month extension, the filing deadline for most people is back to April 15th. Tax filers in Maine and Massachusetts, have until April 17th

to file and pay, due to the states holiday observance of Patriots' Day and Emancipation Day.

Local News on 2/1/24 at 1635 and 1835 lasting 26 seconds Tax season is underway, and the state Department of Revenue is reminding residents that they can use the free myPATH tax filing website to file their personal income tax returns. The myPATH works on desktop computers, tablets, and smart phones, in both English and Spanish, at MYPATH.PA.GOV. Users can make a payment, respond to department requests for information, file their Pennsylvania Personal Income Tax Return (PA-40) and check the status of refunds through myPATH. Phone assistance is available for taxpayers' weekdays. Details at LANCASTERONLINE.COM.

I. Health Tips

Aired on Family Health Check Up – a one minute feature airing weekdays at 12:05 pm:

- 1.1.24 Simple Ways to Boost Immune System
- 1.3.24 Being Prepared for Sub Zero Weather
- 1.4.24 Tips for Dealing with Dry Winter Skin
- 1.5.24 Ways to Commit to Health
- 1.8.24 Benefits and Tips for Healthy Shoveling
- 1.9.24 Small health Changes that can have big results.
- 1.10.24 Tips for Outdoor Winter Exercise Health Benefits
- 1.26.24 Nutrient Rich Foods
- 1.29.24 Best Nutrition for Gut Health
- 1.30.24 Importance of Healthy Fats
- 1.31.24 Importance of healthy balance of sodium/salt to nutrition
- 2.1.24 Things to Do to avoid February health slump.
- 2/2.24 Good Uses of Vinegar
- 2.5.24 Reducing Risks of Heart Disease for Women
- 2.6.24 Recognizing Signs of Heart Attack for Women
- 2.7.24 Techniques to help with Insomnia.
- 2.8.24 Never too late to get Active.

- 2.9.24 Importance of/Types of Health Screenings
- 2.12.24 Taming the Sweet Tooth
- 2.13.24 Listening to your body for signs of nutrient shortages.
- 2.14.24 Food Allergy Awareness
- 2.15.24 Impact of Music on our Lives
- 24. igraine

J. Parenting Tips

Aired on Parenting Today's Teens - a feature that airs weekdays at 8:52 am

2.2.24 – Parents move from constant correction to encouraging independent thought. Goal to train kids to think for themselves, act with discernment in navigating the world. Opportunities for relationship to teen to grow as it changes.

2.5.24 – Overprotective Parenting – the importance of backing off during teen years, especially moms to sons.

2.6.24 – Remember the adjustments your teens are going through in becoming comfortable in their own skin. Give grace and compassion.

2.7.24 – Make sure your teen feels value and accepted at home. They desperately need to feel a sense of worth and acceptance from you.

2.8.24 – Choose to be loving even when you don't feel loving. Act apart from your feelings.

2.12.24 – 5 Parenting Tips: Rules without relationship causes rebellion, discipline is all about building character, let them experience consequences, focus energy on training not enforcing, choose your battles wisely.

2.14.24 – Not everything needs to be a teachable moment. Look for the right moments.

2.15.24 – Understanding why your child has chosen to hang out with the crowd they are with. What are they looking for in that group?

2.16.24 – Don't be over the top in instruction. Truth with judgement pushes kids away. Truth with relationship draws them in.

2.19.24 – Influence of Friends – take some time to ask them about their friends and wait for answers. Make your home the place kids like to hang out. NO better link to your child's heart than through their friends

2.22.24 – Kids will make mistakes. Your child is human and fallible. Let your child make some choices and talk through missteps.

2.26.24 – Independence is healthy. Don't miss the opportunity to affirm that.

2.27.24 – Set and follow through as needed with the consequences when you have set rules, and they are broken.

2.28.24 – Recognize your child's emotional growth. Ask open ended questions and listen for answers. Celebrate it.

K. Recognizing Abusive Churches/Bible Based Cults

Aired on Probe - a 3-minute weekday feature that airs at 11:22 am

2.12.24 – Abusive churches/Bible Based cults – 1. Control oriented style of leadership, 2 use manipulation to gain complete submission from members. 3. Rigid legalistic lifestyle requiring minute details for daily life. 4. Denouncing other churches 5. Tend to change names often, especially once exposed. 6. Persecution complex. 7. Specifically target young adult. 8. Difficulty members have left those churches – social/psychological/emotional pain. Abusive churches can affect mental state of members. Know Bible and recognize traps.

2.13.24 Control Oriented Leadership – Leader is dogmatic, self-confident, arrogant and a spiritual focal point in the lives of its followers. Claims special insight/revelation that can't be questioned. Individual thinking is prohibited. Leader tends to be accountable to no one or only those close to them. Use of

manipulation tactics like guilt, peer pressure, intimidation, and threats of divine judgement for disobedience. Public harsh discipline. Shepherding philosophy – causing people to share personal information that is used to control. Isolation – may cut off contact between a new member and anyone not associated with the church.

2.14.24 Rigid Legalistic Lifestyles of Abusive Churches – Require unwavering devotion that is priority over allegiance to God/family or anything else. Required evangelism, services, timecards, etc. Guidelines for dress, dating, finances, etc. People lose personal identity. Pressure and demands can cause mental strain. Often denounce all other Christian Churches seeing themselves as spiritually elite.
Churches That Abuse Dr Ron Enroth

2.15.24 Abusive churches Constantly changing name due to unfavorable press. Expect persecution in the world and even feed on it. Though their actions may invite some criticism. Tend to target young adults 18-25, immature Christians looking for a cause to give their lives to. Leaders take role of surrogate parents.

2.16.24 Abusive Churches have painful/difficult exit process. Intimidation, pressure, threats of divine judgement. Former members publicly ridiculed/humiliated/shunned. To reach someone involved in abusive church: prayer, lovingly confront and surface biblical issues or theological errors, may open the individual's mind. Share articles or literature. Remind them to ask questions.