

Quarterly Issues for Station-FM 90.3 WJTL  
April 01, 2017-June 30, 2017  
Placed in the Public File July 05 2017

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Helping someone in an emotional crisis-An interview with Phil Haven on the Get Up and Go Show.
- B. Financial Advice for College Graduates-Financial tips for college graduates as they face increased financial responsibilities.
- C. Pornography-A discussion of different types of pornography, their addictive qualities and effects on society.
- D. Care For The Environment-Kids Cookie Break broadcast, drawing attention to responsible management of resources.
- E. Medical Marijuana-A series of programs updating listeners on the Pennsylvania laws regarding use of medical marijuana.
- F. Verbal Abuse-A series of programs discussing the characteristics and forms of verbal abuse, and how it can be confronted.

## Section II Responsive Programming

### A. Emotional Crisis:

Get Up and Go Show-On May 23<sup>rd</sup>, two mental health education coordinators and a volunteer from Phil Haven/Wellspan talked about classes being offered on crisis prevention and intervention. The free classes would address “what to do when someone is going through an emotional crisis.” One of the coordinators explained that this is like CPR First Aid, offering skills and resources for helping someone in an emotional crisis. Discussion also mentioned that the class would address the signs and symptoms to identify when something goes wrong so that people can seek early prevention.

The mental first aid class would cover topics such as: Depression, Anxiety, Panic Attacks, Traumatic events, and suicide behaviors.

One of the goals of these classes is to reduce stigma related to those with mental health disorders. One of the education coordinators said that more than 1 million people in U.S. were trained last month on mental health first aid classes. The conversation stressed that these classes give friends and family members skills and resources for helping someone in an emotional crisis until they get professional help. Dates for classes were announced, and an invitation was extended to listeners to attend.

Two conversations took place that morning at 7:20 (five minutes) and 7:50 (seven minutes in length.)

### B. Financial Advice for College Graduates:

Stewardship for Life-Daily 3 minute program, Monday-Friday at 1:20 p.m. With increased financial responsibilities, college graduates face rent, car payments, job searches, and student loan repayments. This series examined financial suggestions for managing money responsibly in the midst of these challenges. Host Amanda

Rock offered these suggestions for recent college graduates:

- 1) Develop a budget or spending plan-allows you to make sure that the money is spent or saved on items most important to you.
- 2) Carefully study employee benefits-Research and understand options.
- 3) Start a rainy day fund-think through “what if” scenarios to prepare for possible emergencies or unexpected expenses.
- 4) Make a Plan to Repay Student Loans-Know who you owe and how much you owe. Learn about repayment options.
- 5) Have a Plan for Credit. Establish good credit history by paying debt as agreed.
- 6) Watch Credit Report (at least once a year).
- 7) Walk away from Marketing pitches. Don’t buy into offers that sound too good to be true.
- 8) Think about retirement. The more you invest and the earlier you start, the greater the potential for that investment to grow.
- 9) Protect yourself with insurance.

(Feature aired May 15-18)

### C. Pornography:

Probe-Daily 3 minute feature (Monday-Friday at 11:20 a.m.) Feature cited statistics underscoring the pervasive influence of pornography in society. By a 2 to 1 ratio, revenue from Internet porn exceeds the combined revenues of ABC, CBS, and NBC. Average age of first exposure to internet pornography is 11 years old.

Feature described various types of pornography such as adult magazines, video, TV, and cyberporn.

Feature examined the process of addiction and how someone might advance to deeper levels of addiction from exposure to acting out. Findings in some studies (such as by the Duke Law Journal) linked use of porn with an increase in rapes and sexual violence in society. Other harmful effects were identified, such as comparison mentality, increased guilt, and obsessive thinking.

Host Kirby Anderson made the case for staying away from porn and working to remove porn from society. (Feature aired May 29-June 2)

#### D. Care For The Environment:

Kids Cookie Break-(Kids Music Programming that uses songs and themes to educate children) Feature aired April 22 from 9 a.m. to Noon, featuring reports from the Sahn Metal Recycling Earth Day event. Host Lisa Landis interviewed vendors on site who talked about how they managed resources in environmentally-friendly ways.

Some of the vendors interviewed include:

Matt Sullivan of the Buck Company, whose company recycles metal, by turning it into liquid form using a microwave and turning it into something useful. (3 minutes in length at 9:40 a.m.)

Ben at North Museum, whose company teaches kids about the diversity of animals and what we need to do to protect them. (3 minutes in length at 10:23 a.m.)

Steve and Dan at Solar City, whose company installs solar panels and helps people to save money, using sun and rain to power houses. (4 minutes in length at 10:44 a.m.)

Allison from Lancaster County Solid Waste Management Authority, whose company makes enough energy from burning trash to power 30,000 Lancaster County homes every year. She stressed the importance of recycling as much as possible, and getting rid of batteries, electronics and cleaner at their Household Hazardous Waste Facility site. (3 minutes in length at 11:15 a.m.)

Justin at High Efficiency Solutions, whose company enables customers to use cell phones to control thermostats at home, and use a ductless heat pump for efficient heating or cooling. (2 minutes in length at 11:49 a.m.)

Branden at Cleanworks, whose company cleans blinds, carpets, windows, and upholstery. He explained why carpets need regular cleaning, because of dust mites, which are not good for the immune system. (2 minutes in length at 11:51 a.m.)

#### E. Medical Marijuana:

Law For Life: 5 minute weekly program (Saturday at 3:20 p.m.). A series of three episodes discussing the Medical Marijuana Act May 06, 13, and 20.

On May 17, 2016, Pennsylvania's Governor signed the Medical Marijuana Act into law with intentions to help patients suffering from seizures, cancer, and other illnesses. This series examined the details of this law.

Part One on May 06, Attorney Michael Zappitella discussed how medical marijuana gets prescribed by a doctor to a patient. Those parties involved include: **Dispensaries**, who have permits to dispense medical marijuana to patients. **Growers**, who have permits by state to grow marijuana. **Physicians or Pharmacists**, who must be trained on the risks and benefits of dispensing marijuana to their patients.

Part Two on May 13 discussed who is eligible for medical marijuana. Attorney Michael Zappitella mentioned only those suffering a serious medical condition. Cancer, Parkinson disease, epilepsy, or some kind of immune deficiency were cited as examples. The patient's physician must be qualified and be on a registry of doctors who can prescribe medical marijuana. Or the patient may have a qualified caregiver with an ID card. The physician must determine whether patient has something that falls in the category of a serious medical condition.

Medical marijuana is usually administered in the form of pills, liquid, gells or creams. Minors can get medical marijuana if they have a qualified caregiver.

Part Three on May 20 discussed the information that is on an ID Card and how someone might be penalized for not complying with the laws. Penalties are issued for falsification of ID Cards, giving people medical marijuana to someone not eligible, or giving wrong amounts.

#### F. Verbal Abuse:

Probe-Daily 3 minute feature (Monday-Friday at 11:20 a.m.)

The host, Kirby Anderson cited this topic as the one generating more response from listeners than any other topic in an earlier series. This series emphasized the importance for the verbally abused to recognize when it is happening in order for abusers to potentially change. Otherwise, abusers go on living in denial.

Characteristics of verbal abuse were listed, including:

1. Hurtful-attacks the nature and abilities of partner.
2. Manipulative or Controlling-Disparaging comments disguised as concern.

3. Unpredictable-leaving the victim shocked and thrown off balance.
4. Usually escalates over time-starting as put downs disguised as jokes and escalating into physical abuse.

Categories of verbal abuse were identified, including:

1. Withholding of information and feelings in a marriage relationship.
2. Countering-Constantly correcting the other person.
3. Discounting-Denying the reality of the other party.
4. Verbal Jabs disguised as jokes.
5. Accusing and Blaming.
6. Judging and Criticizing-Expressing lack of acceptance.
7. Name-calling.
8. Making threats to leave the relationship.

The host recommended several principles for responding to verbal abuse:

1. Deal with feelings of false guilt.
2. Work through feelings of shame.
3. Confront the verbal abuser (if possible)
4. Seek out support of others who will offer encouragement.

(Feature aired June 26-30)

