

2023 Q1 (01/01/2023 - 03/31/2023)

HORIZON Quarterly Issues Programs List

Horizon Broadcasting Group is involved in their communities. Management and staff regularly attempt to ascertain the most pressing issues and needs of the community, and then to present programming which addresses those issues and needs. The following list shows some of the significant issues responded to by the station notes along with examples of programming aired to treat those issues during the quarter noted. The listing is by no means exhaustive and the order in which the issues appear does not reflect any priority or significance

RADIO STATION: KBNW

VARIOUS (PUBLIC AFFAIRS)	PUBLIC SERVICE ANNOUNCEMENTS	EVERYDAY	ALL HOURS	15 to 60 SECONDS	SEVERAL ROTATING PUBLIC SERVICE ANNOUNCEMENTS, EVERYDAY.
VARIOUS (PUBLIC AFFAIRS, NEWS AND INFORMATION)	INSIDE CENTRAL OREGON	SUNDAYS	9:30 AM	30 MINUTES	PUBLIC AFFAIRS PROGRAM COVERING ISSUES THAT AFFECT CENTRAL OREGON AND BEYOND. (SCHEDULE ATTACHED). HOSTED BY DAVE CLEMENS
VARIOUS (NEWS & INFORMATION)	WHAT'S TRENDING FROM THE KBNW NEWS ROOM	WEEKDAYS	6:00 AM to 10:00 AM	1 MINUTE	NEWSCAST THAT INCLUDES NATIONAL, STATE, REGIONAL AND LOCAL NEWS, AS WELL AS WEATHER, FIRE REPORTS, SCHOOL CLOSURES AND DELAYS AND ROAD CONDITIONS.
VARIOUS (NEWS & INFORMATION)	ABC NEWS AND ALERTS	DAILY	HOURLY @ :00 & :30 AND VARIOUS	5 MINUTES, 90 SECONDS, AND VARIOUS	ABC NEWS AND ALERTS
VARIOUS (NEWS & INFORMATION)	LOCAL NEWS ALERTS	VARIOUS	VARIOUS	VARIOUS	LOCAL NEWS ALERTS INCLUDING WILDFIRES, SCHOOL CLOSERS, WEATHER ALERTS, TRAFFIC SAFETY AND OTHER EMERGENCIES AFFECTING OUR COMMUNITIES.

INSIDE CENTRAL OREGON 2023 - QUARTER 1

01/01/2023	REPEATS Brian Dunning Joshua Savage	Science Writer & Podcaster Author, 100 Things to Do in Bend	Local guy making movie about aliens 100 Things to Do in Bend
01/08/2023	Ray Solley	Executive Director, Tower Theatre	Community Theatre, Upcoming Events
01/15/2023	REPEATS Joy Christiansen Staley Micklen Diana Fischetti	Founder, Choose Joy Foundation Development Director, Mountain Star Executive Director, Street Dog Hero	Support for children affected by substance abuse. Child abuse prevention International Dog Rescue
01/22/2023	Aaron Switzer Ali Burke Riley Sheets	Publisher, The Source Weekly Development Director, Healing Reins Development Manager	Charity (Central Oregon Gives) Therapy, Upcoming Events, Volunteerism New facility, Fund Raising
01/29/2023	Christian Moller-Andersen Molly Honea	Executive Director, A Smile for Kids Development & Communications Director	Orthodontic care for kids Support for local wildlife, events, volunteers
02/05/2023	Michelle Duff Laura Gringsby	Comm. Relations Mgr, Rim Rock Trails Treatment Director of Development, C.O. Veterans Ranch	Mental Health, Fundraising Events Veteran support, Plant sale, Contact Info, Needs
02/12/2023	Nancy Childers REPEAT: Joy Christiansen Dave Clemens	C.O. Regional Director, Sparrow Clubs Founder, Choose Joy Foundation Radio Host, Inside Central Oregon	Children's Health and Community Projects Support for children affected by substance abuse. Public Service Announcements

02/19/2023	Kim Gammond Bess Goggins Dave Clemens	Executive Director, City Club of Central Oregon CEO, Boys & Girls Club of Bend Host, Inside Central Oregon	Civics, Upcoming Forums Youth Development, recent projects, fundraiser Public Service Announcements
02/26/2023	REPEAT: DeeDee Johnson REPEAT: Melissa Kamanya Dave Clemens	VP of Homeowner Services, Habitat for Humanity Director of Grants Management, Habitat for Humanity Host, Inside Central Oregon	Habitat for Humanity Listening sessions Public Service Announcements
03/05/2023	Melissa Williams Scott Douglas Amanda Joe Luelling	Executive Director, Every Child Central Oregon CEO, Cascade Relays Events Director, Redmond Chamber of Commerce	Fostering Children Charity Run (St. Patrick's Day Dash) Commerce, Community, Upcoming Events
03/12/2023	Gwenn Wyslimg Dave Clemens	Executive Director, Bethlehem Inn Host, Inside Central Oregon	Homelessness Public Service Announcements
03/19/2023	Cathie Coe Sipe Taylor Moe Carmen Parmelee	Founding Director, New Each Morning Director. 13 Crosses Queen, Rodeo Champions of America	Post Recovery Support Wildland Firefighting Rodeo, Youth Development
03/26/2023	Stuart Schmidt Maureen Dooley Monique Garza	Program Manager, The Center Foundation Communications Director, Partners In Care General Manager, Ben & Jerry's – Bend	Youth Health (Bicycle Helmets) Hospice Community, Charity

PUBLIC SERVICE ANNOUNCEMENTS

HORIZON BROADCASTING GROUP 2023 Q1

[End 01/10] **Sleep in Heavenly Peace** wants to make sure that every child in Central Oregon has their own bunk bed and mattress. The national organization has provided more than 100,000 beds across the country, including 380 purchased, assembled and delivered to children in Central Oregon in just the last two years. SHP has free beds available and is looking for families who need them. You can apply for a bed for a child, donate, or sign up to volunteer at shpbeds.org

[End 01/12] **Central Oregon Partnerships for Youth (COPY)**, a program of the Deschutes County Sheriff's Office, is offering a class to prepare volunteers to become mentors for children with an incarcerated parent on Saturday, January 14th. For more information, go to sheriff.deschutes.org/copy

[End 01/15] In honor of Martin Luther King, Jr. Day and to increase recreational access to public land, the Bureau of Land Management is waiving recreation standard amenity and day-use fees for visitors on Jan. 16th. This marks the first of the **BLM's fee-free days** of 2023. Get more information at BLM.gov and click on Permits and Fees.

[End 01/15] The Deschutes County Sheriff's Office will be hosting a two night **Community Academy** in Sisters, on January 18th and 19th [Wed/Thu] from 6:00 p.m. to 9:00 p.m. at the Sisters Community Hall. The Deschutes County Sheriff's office encourages you to bring a friend or neighbor to learn more about your Sheriff's Office. If you have questions, direct them to the Sisters substation at 541-549-2302.

[End 01/20] The Redmond Senior Center is partnering with Redmond School District and Meta to offer **Tech Zoomers**, a technology support program targeted at helping older adults with technology challenges and training. The Redmond Senior Center will host two sessions this spring. The first will be in February and March, and the second will be in April and May. Sign up deadline is Friday. Contact the Redmond Senior Center if you are interested

[End 01/22] Parents and community members are invited to learn more about how to protect and support youth in the digital age. Local professionals will share insight on online safety, how to engage youth in conversations, local perspectives and real-world examples of online risk and exploitation. The free program, called “**Digital Safety and Response: Empowering Parents & Our Community to Keep Youth Safe Online**” takes place on Tuesday, January 24th at Redmond High Desert Music Hall. Get more information at at-project.org/events/

[End 01/ 23] Local experts from the **Anti-Trafficking Project** will be doing a free 1-hour training to expand your knowledge of sex trafficking, indicators, myths vs. reality, and how you can help respond. The program is called Understanding and Addressing Sex Trafficking in Our Community and will take place at the East Bend Library on Thursday, January 26th. Get more information by going to at-project.org/events/

[End 01/31] High school students across Oregon are being encouraged to let their video or graphic design skills shine by engaging in a competition held for increasing awareness about workplace safety for young workers. The 2023 media contest, organized by the **Oregon Young Employee Safety Coalition** is now open for submissions. The deadline for submissions is in February. Go to youngemployee.com/safety.org/contest for more information.

[End 02/02] Thursday, February 2, **Think Wild** will host a Volunteer Open House event at Worthy Brewing from 5:30 to 7:30 pm. The goal of this event is to provide current and potential volunteers with information about all of the different ways to get involved with Think Wild and help native wildlife. Get more information at [Think Wild CO.org](http://ThinkWildCO.org)

[End 02/03] **Sleep in Heavenly Peace** will celebrate a new location with the construction of 50 beds for kids who don't have a bed of their own on Friday at EXPION360 on Lake St in Redmond. The public is welcome to attend the grand opening at 9:30 a.m. on Friday. For more information about the organization, go to shpbeds.org

[End 02/12] **Rimrock Trails' Treatment Services** will hold a mental health awareness and fundraising event on February 16th, at Aspen Hall in Bend, called “Harvesting Hope”, presented by Finding My True North. Guests will enjoy a wine pairing with wines by Janes Family Wine Club and cuisine by Bowtie Catering. Entertainment will be provided by Christy Collins and

Jayson Berray and there will be live and silent auctions. Tickets are limited and can be purchased for \$50 at rimrocktrails.org.

[End 02/12] Bend Chamber says the goal of **Bend 101** is to provide a channel for helping new(ish) residents better understand where Bend has come from, what it's facing today, how to get involved and make new connections, and, ultimately, have an impact. The next quarterly Bend 101 session will be at the Tower Theatre on Thursday, February 16. Space is limited at the Tower, so registration is required at bend101.org.

[End 02/15] On Thursday, February 16th, the **City Club of Central Oregon** is presenting Help Wanted: connecting talent to opportunity. Learn some of the creative ways local organizations are fast-tracking training programs to get workers qualified and into jobs that serve our community. This is an in-person event at the Riverhouse Convention Center. Get more information and register at [City Club C O.org](http://CityClubCO.org)

[End 02/15] The **High Desert Droids High School Robotics Club** is raising funds to build their robot, which will help them to have experiences that will last a lifetime. Go to team753.org to learn more, and support by clicking on the dropdown, choosing "Donation Page".

[End 02/15] **The American Red Cross** says that the start of the new year is one of the most challenging times to collect enough blood products, despite the constant demand. *One in 7 patients entering a hospital will need a blood transfusion – yet only 3% of the public gives blood.* Don't wait until there's a crisis to donate. To book a time to give blood or platelets, visit [Red Cross Blood.org](http://RedCrossBlood.org), download the Red Cross Blood Donor App, or call 1-800-RED CROSS.

[End 02/18] Donkey Basketball is coming to Culver High School on Saturday to benefit **Culver Future Farmers of America**. Sponsored by the Culver FFA Alumni this event promises family fun, thrills and spills and lots of laughs. Halftime is a meet and greet with the Donkeys. Get your tickets at the door...doors open at 5 pm with tip off at 6 pm.

[End 02/19] **Healing Reins** will benefit from you having a great time at Not Cho' Grandma's Bingo at Silver Moon Brewing on Sunday, February 19th! The fun starts 10:30am and you can get more information at healingreins.org/events

[End 02/20] In honor of Washington's Birthday and to increase recreational access to public land, the Bureau of Land Management is waiving recreation standard amenity and day-use fees for visitors on February 20th. Get more information about **BLM's fee-free days** at BLM.gov and click on Permits and Fees.

[End 02/25] The Virginia Riggs Children's Concert named after a former **Central Oregon Symphony** cellist with a passion for educating young people, is a 45-minute concert that's fun, educational, and open to all. It takes place on Saturday, February 25 at 10 AM at the Bend High School Auditorium. The Musical Instrument Petting Zoo begins at 9 AM and you can get more information at c o symphony.com

[End 02/25] Visitors will get free admission to the **High Desert Museum** on Saturday, February 25th. Winter hours are daily from 10:00 am – 4:00 pm. Learn more about all the Museum's permanent and temporary exhibits at highdesertmuseum.org/exhibitions. Free Family Saturdays are made possible by Mid Oregon Credit Union.

[End 02/28] Voices Against Trafficking has announced the release of the digital version of its first edition of **Voices of Courage magazine**, dedicated to honoring the "everyday" heroes who selflessly fight to protect human rights and has a special focus on those who fall prey to human trafficking and sexual exploitation, and features their brave rescuers. There's more information at [voices of courage.media](http://voicesofcourage.media)

[End 03/02] **The League of Women Voters** of Deschutes County are presenting a free public informational meeting about reducing gun violence in Oregon on Thursday, March 2 from 12:00 pm - 1:00 pm at Unitarian Universalist Fellowship of Central Oregon in Bend. Learn more at L W V Deschutes.org

[End 03/02] If you'd like to do something meaningful for teens while making Central Oregon a safer place to live, become a part-time certified **driver education instructor**. Get paid to train, enjoy a flexible schedule and earn \$24 per hour. Instructors provide both classroom and behind the wheel instruction. To learn more, call (541) 693-5697 or visit HD driver ed.org.

[End 03/15] There's a **City Club of Central Oregon** forum focused on how we talk about gun safety coming up. Kim Gammond, the Executive Director of CCCO says this is not a forum promoting gun ownership or gun restrictions. She said that the hope is that we can lay the groundwork for having meaningful conversations about gun safety. The forum takes place on Thursday, March 16th at the Riverhouse Convention Center. Register and get more information at cityclubco.org

[End 03/15] **Every Child Central Oregon** is inviting community members to join in a conversation about what it takes to be a foster parent on Wednesday (March 15th) at The Haven in Bend at noon. Get more information and register at everychildcentraloregon.org

[End 03/16] **Deschutes Children's Foundation** has office space available, to nonprofit organizations that specifically serve children and families, at their Becky Johnson Community Center in Redmond. Learn more at deschuteschildrensfoundation.org.

[End 03/17] The **Mt. Bachelor Rotary Club St. Patrick's Day Dash** is Saturday, March 18th, sponsored by Kobold (cobe-old) Brewery! And don't miss the Miller Lumber Post Dash Bash after the race, featuring live music, food and beverage! This year's dash benefits Neighbor Impact. Register online at bendsaintpatsdash.com.

[End 03/17] **Envision Bend's Bend Vision Project** launched an online poll asking residents which potential strategies designed to ensure Bend remains livable in the future are the highest priority for the community. The poll results will be utilized by four community Action Teams this spring as they develop a five-year Action. Share your thoughts by taking the poll at envisionbend.org. [Poll closes on March 17th]

[End 03/18] The Deschutes County Sheriff's Office is hosting a free community **shred event and drug disposal** with the assistance of Republic Services on Saturday, from 10:00 AM to 12:00 PM at the Deschutes County Sheriff's Office in Bend. This is a residential free shred event and is not intended for business shredding. Medications accepted are prescription, patches, ointments, over the counter, vitamins, samples, and medications for pets. Food donations are also accepted during the event, which will go to a local foodbank.

[End 03/18] Celebrate the St. Patty's Day weekend in true Central Oregonian style - with fitness, beer, live music, and more! After a four-year hiatus, the Mt Bachelor Rotary Club has partnered with Cascade Relays Foundation to bring the **Saint Patrick's Day Dash**, better than ever. This family-friendly fun run now takes place in the Old Mill District along the scenic Deschutes River Trail, this Saturday at noon. Get more information at cascade-relays.com

[End 03/18] In honor of **The Museum at Warm Springs'** 30th anniversary, a Spring Clean-Up has been planned for Saturday, March 18th from 1 to 5pm, with a reception for participants to follow. Please bring your own rakes. Garbage bags, water and snacks will be provided. For more information, go to [museum at warm springs.com](http://museum-at-warm-springs.com)

[End 03/19] **Healing Reins** will benefit from you having a great time at Not Cho' Grandma's Bingo at Silver Moon Brewing on Sunday, March 19th! The fun starts 10:30am and you can get more information at healingreins.org/events

[End 03/31] **The Oregon Office of the State Fire Marshal** is accepting nominations for the 2023 Golden and Silver Sparky Awards. These awards honor and recognize people for their outstanding achievements in fire prevention and safety education. The Golden Sparky acknowledges a member of the Oregon fire service, and the Silver Sparky recognizes a member of the public. Learn more at the Oregon Office of the State Fire Marshal website at Oregon.gov

[End 03/31] Oregon schools are on Spring Break this week, and **Deschutes County law enforcement** agencies are reminding everyone to be safe over Spring Break. Spring Break means an increase in travelers on the road. Law enforcement reminds all roadway users to make safe driving choices – put the phone away, buckle up, and slow down! Enhanced enforcement will focus on speeding vehicles, distracted drivers, seat belt usage, and impaired drivers

[End 04/01] The **Rotary Club of Crook County** is asking for your help to raise funds for local scholarships through their online auction, today. From hay, fishing trips, and gravel, to artwork and shopping experiences. Check

out their website, Crook County Rotary.org or their Facebook Page, Rotary Club of Crook County, for a link to the Auction site and their scholarship applications.

[End 04/01] Oregon State Parks will host **Spring Whale Watch Week** in person along the Oregon Coast Tuesday, March 28 through Sunday, April 2. Every year thousands of gray whales pass through Oregon's waters in the spring on their journey home from the calving lagoons in Mexico and trained volunteers will be stationed at 17 sites to help visitors spot whales, share information and answer questions from 10 a.m. to 1 p.m. each day. Get more information at Oregon State Parks.org

[End 04/01] The **City of Bend Police Department** is hosting its 39th Community Academy from April 4 through May 30th. The goal of the program is to inform and educate participants about the Bend Police Department and the various ways police officers carry out the Department's mission. The class will meet once a week for nine consecutive weeks, from 6 p.m. to 9 p.m. on Tuesday evenings. There is no charge to participate in the Community Academy. For more information, visit the Bend Police Department's webpage.

[End 04/03] After a 4-year hiatus, Ben & Jerry's in the Old Mill is doing their **Free Cone Day** from noon to 8pm on Monday April 3rd. Neighbor Impact & Boys and Girls Club will be accepting donations as well. Come celebrate Spring with a cup or cone of Ben & Jerry's!

[End 04/06] Thursday, April 6th, the exhibit, "An Eye for the Rez: Edward Heath Photography," becomes part of **The Museum at Warm Springs'** 30th anniversary lineup of exhibit, public programs and special events. Support for "An Eye for the Rez" is provided by a grant from The Ford Family Foundation. Get more information at museum at warm springs.com

[End 04/14] Registration is now open for the 2023 **Deschutes County Sheriff's Office Community Academy**, to be held at their Bend office. It's a 2-week course provides attendees with an in-depth look at the different divisions of the Sheriff's Office and educates the community about what your Sheriff's Office does and is responsible for. There is no cost to attend this academy, which is scheduled for the beginning of May. The deadline for receiving applications is April 14, and you can get the application and

more information at deschutes.org/sheriff. (Click on “Community” then “Community Programs” and then select “Community Academy”).

[End 04/15] **Thrive** Central Oregon is holding a fundraiser at the Tower Theatre on Sunday, April 16th that includes a movie screening, food & drink and raffles to support housing assistance in Central Oregon. Get more information at [Thrive Central Oregon.org](https://ThriveCentralOregon.org)

[End 04/15] The **Oregon Department of Revenue** announced that all Oregon resident taxpayers preparing their own returns in 2023 can file electronically at no cost using one of Oregon’s free file options. Go to the Oregon Department of Revenue’s website to learn more: oregon.gov/dor

[End 04/17] **Thrive** Central Oregon is holding a fundraiser at Gold & Coffee Company in Prineville on Monday, April 17th that includes a movie screening, food & drink available for purchase from Fresco & Fried food cart and raffles to support housing assistance in Central Oregon. Get more information at [Thrive Central Oregon.org](https://ThriveCentralOregon.org)

[End 04/18] **Thrive** Central Oregon is holding a fundraiser at Grace & Hammer in Redmond on Tuesday, April 18th that includes a movie screening, food & drink and raffles to support housing assistance in Central Oregon. Get more information at [Thrive Central Oregon.org](https://ThriveCentralOregon.org)

[End 04/19] **Thrive** Central Oregon is holding a fundraiser at New Basin Distilling in Madras on Wednesday, April 19th that includes a movie screening, food & drink and raffles to support housing assistance in Central Oregon. Get more information at [Thrive Central Oregon.org](https://ThriveCentralOregon.org)

[End 04/20] Oregon taxpayers can check the **Where’s My Refund** tool online to see the status of their refund. To do that, you will need your Social Security Number, your filing status; and the exact refund amount shown on: Line 46 of Form OR-40, or Line 71 of Form OR-40-N, or Line 70 of Form OR-40-P. The Department of Revenue recommends that taxpayers wait one week after they have electronically filed their return to use the Where’s My Refund tool. Taxpayers can check the status of their federal tax refunds on the IRS website.

[End 04/21] The Totally 80’s Throwback Prom is a fundraiser for **Boys & Girls Club of Bend** and happens on Saturday, April 22nd. It’s going to be

totally rad, and you can get more information about this 21 and up bodacious dance party at [B G C Bend.org](http://BGC Bend.org). Tubular, man.

[End 04/22] **High Desert Christian Academy** is having their Auction and Gala Saturday, April 22nd. Doors open at 5pm for silent auction, dinner at 6pm with Live auction to follow. All proceeds go to the renovation of their new school building. Get more information at My Central Oregon.com when you click on events.

[End 05/01] Tickets for the 17th Annual **Redmond Kiwanis Vintner's Dinner** and Auction are available via PayPal on the Redmond Kiwanis website: Redmond Kiwanis.org. The event will be at St. Thomas Catholic Church on Friday, May 19th. The major beneficiary of the event will be the Redmond Area Park and Recreation District. Proceeds will be designated as operating funds for the new pool and recreation center approved by voters in November.

[End 05/19] If you're looking for a free family friendly activity, **Saving Grace's annual Heroes Celebration** is May 20th, from 9AM to 2 at Riverbend Park. Enjoy a day full of fun activities, food trucks, libations, great music and more! Learn more at Saving-grace.org and click HEROES.

[End 05/20] The Deschutes County Sheriff's Office is hosting a free community **shred event and drug disposal** with the assistance of Republic Services on Saturday, May 20th from 10:00 AM to 12:00 PM at the Deschutes County Sheriff's Office in La Pine. This is a residential free shred event and is not intended for business shredding. New to the shred event and drug disposal is a flag disposal. If anyone has an old tattered American flag, they would like properly disposed, that's a service they are offering as well.

[End 05/25] The Center Foundation's **Train Your Brain** program, thanks to 1st Interstate Bank, Summit Health and TDS Telecom, teaches elementary students to wear a helmet to protect their brain and prevent head injuries. Go to Center Foundation.org for more information!

[End 06/19] In honor of Juneteenth National Independence Day and to increase recreational access to public land, the Bureau of Land Management is waiving recreation standard amenity and day-use fees for visitors on June

19th. Get more information about **BLM's fee-free days** at [BLM.gov](https://www.blm.gov) and click on Permits and Fees.

[End 07/22] The Deschutes County Sheriff's Office is hosting a free community **shred event and drug disposal** with the assistance of Republic Services on Saturday, July 22nd, from 10:00 AM to 12:00 PM at the Deschutes County Sherriff's Office in Sisters. This is a residential free shred event and are not intended for business shredding. Medications accepted are prescription, patches, ointments, over the counter, vitamins, samples, and medications for pets. Food donations are also accepted during the event, which will go to a local foodbank.

[End 08/04] In honor of Great American Outdoors Day and to increase recreational access to public land, the Bureau of Land Management is waiving recreation standard amenity and day-use fees for visitors on August 4th. Get more information about **BLM's fee-free days** at [BLM.gov](https://www.blm.gov) and click on Permits and Fees.

[End 09/16] The Deschutes County Sheriff's Office is hosting a free community **shred event and drug disposal** with the assistance of Republic Services on Saturday, September 16th, from 10:00 AM to 12:00 PM at the Deschutes County Sherriff Office in Terrebonne. This is a residential free shred event and is not intended for business shredding. New to the shred event and drug disposal is a flag disposal. If anyone has an old tattered American flag, they would like properly disposed, that's a service they are offering as well.

[End 09/30] In honor of National Public Lands Day and to increase recreational access to public land, the Bureau of Land Management is waiving recreation standard amenity and day-use fees for visitors on September 30th. Get more information about **BLM's fee-free days** at [BLM.gov](https://www.blm.gov) and click on Permits and Fees.

[End 11/11] In honor of Veterans Day and to increase recreational access to public land, the Bureau of Land Management is waiving recreation standard amenity and day-use fees for visitors on November 11th. Get more information about **BLM's fee-free days** at [BLM.gov](https://www.blm.gov) and click on Permits and Fees.

[TFN] **Voices Against Trafficking** seeks justice for all victims of human trafficking and child exploitation. A collective voice for the voiceless, they are committed to ending human bondage and sexual slavery. Their national and international partners include individuals, corporations, survivors, nonprofits, law enforcement agencies, legislators, media outlets and human rights advocates. Learn more and help in the fight by going to [voices against trafficking.com](http://voicesagainsttrafficking.com)

[TFN] The **Council on Aging of Central Oregon** is seeking volunteers interested in helping support seniors. They need Meals on Wheels drivers in Bend and people interested in helping them connect volunteers with isolated tri-county seniors over the phone in their Caring Connections program. Get more information at [Council On Aging.org](http://CouncilOnAging.org)

[TFN] 1 in 8 children in the U.S. live in a household with a parent with a substance abuse disorder. **The Choose Joy Foundation** provides children in Central Oregon with basic needs, and they need your help. To learn more and support their ongoing effort, go to [Choose Joy Foundation.org](http://ChooseJoyFoundation.org).

[TFN] **Heart of Oregon Corps** is looking for 16-24-year-olds that need work, are looking for a place to gain real-life skills or want to get their GED or High School diploma while earning a stipend and meeting amazing friends? Heart of Oregon Corps has 6 programs hiring youth from all over Central Oregon. Visit [heart of oregon.org](http://heartoforegon.org) to find out more. Heart of Oregon Corps, Training Tomorrow's Workforce Today.

[TFN] **Every Child Central Oregon** advocates and supports local children and families impacted by foster care; committing to finding safe, nurturing homes where they can flourish during their time in care. To learn more about ECCO, how to become a resource provider, donate, or volunteer, please visit [every child central oregon.org](http://everychildcentraloregon.org)

[TFN] **CASA of Central Oregon** is looking for volunteers to help children in foster care. If you'd like to learn more about becoming a Court Appointed Special Advocate, go to [CASA of Central Orgon.org](http://CASAofCentralOregon.org).

[TFN] If you have a local event or information you'd like to share, tell us about it at **My Central Oregon.com**. My Central Oregon.com, click on events and select submit an event!

[TFN] **What If We Could.com** is a website for you to connect with over 100 local nonprofits with new opportunities every month to volunteer, give with in-kind donations, or participate in a small fundraising project. Get a co-worker or grab a family member to check it out and get involved at what if we could dot com

[TFN] If you care for someone with Alzheimer's, you are not alone. **The Alzheimer's Association** is here to help. Visit alz.org. Or contact the 24/7 Helpline at 800-272-3900.

[TFN] **Street Dog Hero** serves dogs in need around the world and their communities through rescue, adoption, wellness, spay/neuter, and education. They also offer low-cost and free sterilization, advocacy, education, and outreach that makes lasting positive change in the lives of dogs (and cats) and their humans. To learn more about SDH, to foster or adopt, to volunteer, and to donate, go to streetdoghero.org.

[TFN] **Sleep in Heavenly Peace** wants to make sure that every child in Central Oregon has their own bunk bed and mattress. The national organization has provided more than 100,000 beds across the country, including 380 purchased, assembled and delivered to children in Central Oregon in just the last two years. SHP has free beds available and is looking for families who need them. You can apply for a bed for a child, donate, or sign up to volunteer at shpbeds.org

[TFN] Think Wild's mission is to inspire the high desert community to care for and protect native wildlife through education, conservation, rescue and rehabilitation. Check out **Think Wild's volunteer calendar** at [Think Wild CO.org](http://ThinkWildCO.org) to learn about different ways that you can help native wildlife and their habits in Central Oregon.

[TFN] The mission of **Rimrock Trails Treatment Services** is to provide comprehensive, evidence-based treatment services to improve the lives of individuals and families affected by mental health and substance use concerns. Learn more at rimrocktrails.org.

[TFN] The **HIGH DESERT MUSEUM** brings together wildlife, cultures, art, history, and the natural world to convey the wonder of North America's High Desert. The Museum is a 501(c)3 nonprofit organization, and you can learn more about it at highdesertmuseum.org

[TFN] **City Club of Central Oregon** is here to build a civic minded community through dialog that results in responsible civic engagement. To learn more, got to [City Club C O.org](http://CityClubCO.org)

[TFN] **Sparrow Clubs** provides financial and emotional support for children in medical need, they also empower kids of all ages to help others through charitable service in their communities. The Sparrow Clubs Program teaches life lessons in compassion and selflessness through building relationships between a Sparrow family, a school student body and our community. Learn more at [sparrow clubs.org](http://sparrowclubs.org).

[TFN] **Boys & Girls Clubs of Bend** provides youth opportunities for growth that inspire and empower them to reach their full potential in the classroom, at home and in our community. To learn more go to [B G C Bend.org](http://BGC Bend.org)

[TFN] **New Each Morning** is post-recovery support for women graduates of local recovery treatment programs. They need what you have to offer in supporting connection and hope. To volunteer or donate, go to [New Each Morning.org](http://NewEachMorning.org)

[TFN] **Partners In Care** is a community-based non-profit that has been serving Central Oregon for over forty years with compassionate end of life care. Learn more about the services they at Partners Bend.org