

ISSUES/PROGRAMS

WJMM-FM

January 1, 2014



ISSUE ONE

Customers of Kentucky-American Water Company in central and eastern Kentucky have seen a significant increase in their water bills.

RESPONSIVE PROGRAMMING

WJMM "Focus"—14 min. 11/9/13 12:15 p.m. and 4:30 p.m. & 11/10/13 7:15 a.m. and 10:45 a.m.

We spoke with Kentucky-American Water Company spokesperson Susan Lancho, who said most of the 17-percent rate increase request is made up of recent expenditures for infrastructure improvements totaling approximately \$20 million. If the PSC doesn't give approval for the entire 17-percent increase, Lancho said the utility will credit water customers' bills for the difference. According to Lancho, the request has noting to do with the construction several years ago of a new water treatment plant in Owen county. That facility, she said, has already been paid for. She went on to stress the utility's efforts to use technology in finding and fixing any water leaks in their some 2,000 miles of water line. Lancho also pointed to the utility's measures to encourage conservation and to be more efficient in their operations so as to keep their customers' bills as low as possible.



ISSUE TWO

Human trafficking is an issue that many Kentuckians would assume is not a problem in the commonwealth, but the head of a local non-profit agency argues otherwise.

RESPONSIVE PROGRAMMING

WJMM "Focus"—14 min. 11/16/13 12:15 p.m. and 4:30 p.m. & 11/17/13 7:15 a.m. and 10:45 a.m.

We spoke with Von Hanshaw, the director of Rescue Alliance Network, about his group's main points of emphasis. Hanshaw said the illegal trade of labor and sex affects Kentucky as well as the U.S. and foreign countries. Girls as young as five years old can be auctioned off as sex slaves and, he added that boys are victims as well. According to Hanshaw, the U.S. is one of the top three destinations for human trafficking victims. Hanshaw said his group was formed in March of 2013 after his five years as a police chaplain. He went on to describe how a 12-year-old girl was soliciting truck drivers and police discovered she was being prostituted by a couple. The girl had been kidnapped at three years of age from a California mall. Hanshaw said many of the victims in Kentucky are Hispanic and horse farms, motels and gas stations are often where these victims wind up. According to Hanshaw, 41% of human traffickers in Ky. are employers and many of those places of employment are horse farms. The average age for a human trafficking victim in Ky. is 18, according to Hanshaw. Sadly,he shared that the average life expectancy of a child prostitute is only seven years and they often die of A.I.D.S.



ISSUE THREE

Many people are experiencing the after effects of exposure to trauma, often manifest in problems with alcohol or drugs, anger, rage and other reactions. Often, they don't associate their issues with the cause...trauma.

RESPONSIVE PROGRAMMING

WJMM "Focus"—14 min. 10/5/13 12:15 p.m. and 4:30 p.m. & 10/6/13 7:15 a.m. and 10:45 a.m.

We spoke with Dan Pugel, a Licensed Clinical Professional Counselor with Journey Counseling in Lexington. Pugel described trauma...and Post Traumatic Stress Disorder...as exposure to, or witnessing, things that are extreme or life-threatening. An example would be someone seeing a family member being abused. Pugel traced the term P.T.S.D. to soldiers returning from Vietnam in the 1960s, but said the concept goes back to the World War One term "shell shock." He explained the trauma can be either brief or sustained and each individual processes it much differently. Pugel went on to explain the "fight, flight, or freeze" automatic protective responses of our bodies due to intense stressors. Victims often have issues they can't explain and they can manifest up to 6 months after the event. Pugel said just sharing about the trauma can make it easier to deal with effectively, describing it as potentially a "huge variable" in a person's outcome.

WJMM "Focus"—14 min. 10/12/13 12:15 p.m. and 4:30 p.m. & 10/13/13 7:15 a.m. and 10:45 a.m.

Dan Pugel recapped the previous week's program for listeners. He also added that the body "carries" many of the markers of trauma and P.T.S.D. Pugel said the anger and rage can split families and can have its' roots in accidents, death of a loved one, divorce, or other events viewed as "life threatening". He explained that the "danger" can be either real or perceived, but it doesn't matter since it produces the same reaction either way. As far as treatment, Pugel said he first uses prayer as a way to help tap into peoples' desire to find truth. Cognitive and behavioral therapies can also help. He explained that the use of drugs may help with the results, but not the causes, of the problem. Pugel also outlined somatic treatments, which look at where the reaction typically manifests in the body. He added that deep breathing and other relaxation techniques are often teamed with other visual and emotional treatments to lessen the hold of the events on patients. Pugel said an initial 5-10 minute assessment tool can quickly indicate whether someone is dealing with trauma or P.T.S.D. issues.

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ISSUE FOUR

During the Christmas holiday season people need to be even more aware of their surroundings and their activities in order to have a safe holiday period.

RESPONSIVE PROGRAMMING

WJMM "Focus"—14 min.

12/14/13 12:15 p.m. and 4:30 p.m. & 12/15/13 7:15 a.m. and 10:45 a.m.

We interviewed Sgt. Scott Harvey, Nicholasville Police Dept. spokesperson, who said people need to be aware of their situation while shopping, etc. and not be distracted by mobile devices, music, etc. while walking to or from their car while Christmas shopping Otherwise, you're making yourself a more attractive target for a thief. Harvey also said you need to be careful with how you store packages in parking lots during the season. He added that women should be very careful with their purses and men should be with their wallets. Harvey also had some hints for staying safe at home, including proper lighting and getting to know your neighbors who can watch your property while you're gone.



ISSUE FIVE

A facility which for nearly 30 years has provided a "home away from home" for families with children being treated at Lexington hospitals will be closing for about two-and-a-half months for a complete renovation.

RESPONSIVE PROGRAMMING

WJMM "Focus"—14 min. 12/14/13 12:14 p.m. and 4:30 p.m. & 7:15 a.m. and 10:45 a.m.

We spoke with Sarah Lister, the director of Ronald McDonald House Charities of the Bluegrass. She explained that the organization's board had been planning this project for the past 18 months and took it very seriously. Lister said those needing the services of the Ronald McDonald House will be helped by The Campbell House hotel. Lister described what the non-profit does and how they've had guests from all over the U.S. and from Japan among other foreign countries. The work on the facility will be more study than the original, which was built to residential standards not commercial. Lister encouraged listeners to help them meet the remainder of their fundraising goal to fully fund the project.

