

## **WQCB 1<sup>st</sup> Quarter Community Issues Report**

**January 1-March 31, 2019**

The **Q 106.5 News Department** covers a variety of topics and issues through its news coverage Monday through Friday, with additional focus on issues and community concerns covered during weekend programming with the Sunday morning show ***Maine Concerns***. Our News Director is in regular contact with local, county, state and federal officials. In addition, community leaders and nonprofit organizations are contacted to determine what issues are of greatest concern to our listening audience.

**The Q 106.5 newscasts air Monday-Friday at 6:00, 7:00, and 8:00 a.m. It's also important to note many of our news stories are also posted on line on our website at [q1065.fm](http://q1065.fm).**

**Stories covered generally fall into the following categories:**

**Crime-** Q106.5 covers stories we think are important to Maine residents from drug trafficking to scams and security related issues. When necessary, we support efforts of law enforcement by releasing names and information pertaining to missing person's cases or searches. We're in regular contact with the Maine Public Safety spokesman, Maine Emergency Management Agency, and Maine Drug Enforcement Agency. We also cover marine crime related stories with information provided by U.S. Coast Guard and Marine Patrol.

**Public Safety-**Q106.5 covers stories that impact the public safety of community which can run the gamut from natural disasters to police emergencies like shootings or standoffs.

**Health-** Q106.5 covers a wide variety of health related stories and work with regional hospitals, the Maine CDC, and other organizations to get the word out about conferences, medical developments, viruses, and seasonal concerns like Lyme Disease or flu. Many of our stories dealing with public safety can be considered health related as well, citing our warnings about CO poisoning during power outages as one example.

**Economy-**The economic struggles faced by Maine and the nation continue to dominate our news coverage. We continue to report on laws and initiatives affecting the economy as it relates to municipal, state and federal programs and services. We report on training and development opportunities in the state as well as job fair activities.

**Environment-**Our environmental coverage spans a wide variety of stories to promoting public hearings such as the DEP hearings for the Juniper Landfill in Old Town, or the public hearings on the DCP Midstream proposed liquid propane tank in Searsport, to stories about necropsies on whales.

**Education-**Q 106.5 covers stories in Maine from school budgets to school safety initiatives. Stories about innovative college studies and research are also covered.

**Community-**Q 106.5 recognizes the work of community non-profit groups who utilize volunteers to promote the general welfare of Maine citizens. From food drives to help feed those struggling seniors

Downeast, to matching grant challenges to serve single mothers, to charity runs and concerts, Q 106.5 provides a lot of coverage for these kinds of events.

**If the situation warrants, the News Director will include stories of national significance and those stories might include anything from National Security, Natural Disasters, Congressional activities or Presidential declarations.**

**The following is an extensive sampling of our newscast content during the first quarter of 2019:**

#### **1-2-19**

Minimum Wage employees are getting a raise with the New Year. Now, employees who were making 10 dollars per hour are getting 11 dollars, and tipped employees wage has increased from 5 to 5-50 an hour. (:10 Economy 6, 7)

An evening of music, dancing, raffles, and food will be held at Le Club Calumet in Augusta on January 19<sup>th</sup>, to benefit Honor Flight Maine. The organization that provides free trips for veterans to view their national memorials in Washington DC will start selling tickets for the event on Friday. Find more information on the Facebook page for Honor Flight Maine Talent Showcase. (:10 Community 6, 7)

#### **1-3-19**

A new food pantry in Bucksport will provide food for students to take home on the weekends. Parents can sign up for the program that is a partnership between Bucksport Community Concerns, Good Shepherd Food Bank, and Hannaford and will run out of the elementary and middle schools. Organizers say they set up the program because hunger doesn't end on Friday. (:15 Community 6, 7)

Volunteers are needed to act as English Conversation partners for international students from the University of Maine. Training is free for this opportunity that will help the students improve their English and understanding of American culture and will be held from 10 to noon January 10<sup>th</sup> in Stodder Hall on the Orono campus. Find more information at LV Bangor dot org. (:15 Education, Community 6, 7)

#### **1-4-19**

It's peak season for carbon monoxide poisoning in Maine, so health officials are warning residents to take precautions, like keeping generators outside in well-ventilated areas and never working on any sort of engine inside a garage or shed, and having working CO detectors. Hear more tips on avoiding CO poisoning on our Sunday morning program, Maine Concerns. (:15 Health 6, 7)

The city of Ellsworth is getting a ten thousand dollar grant to help fill its empty storefronts. The Maine Community Foundation grant is going to the Heart of Ellsworth, a group that works to promote the growth of the downtown area. The money will give the group more creative freedom to encourage the community to get involved. (:10 Economy 6, 7)

#### **1-7-19**

Bangor residents are encouraged to keep their vehicles locked after a car burglar was caught on surveillance video in the Fruit Street area. Police say these burglars rarely 'break into' cars, but instead rely on unlocked doors and valuables, like wallets, credit cards, and electronics, that are left out in the open. The best defense is to remove valuables when getting out of a vehicle, and keep it locked at all times. (:15 Crime, Public Safety 6, 7)

Despite the winter weather, folks can still enjoy a Farmer's market with fresh produce in Bangor. The market is held in the banquet room of the Sea Dog Brewery on the 1st and 3rd Sundays of each month. Find more information on the Bangor farmer's market Facebook page. (:10 Community 6, 7)

#### **1-8-19**

The bus driver shortage in Maine forced the Kermit Nickerson elementary school in Swanville to cancel classes Monday, after several drivers were unable to work. Buses were also unavailable for Belfast High School, and Troy Howard Middle School, but students could attend classes if they were dropped off and picked up. Bus contractors say poor pay and benefits, and the lengthy licensing process are all affecting hiring new drivers. (:15 Education, Economy 6, 7)

January is blood donor month, and the Red Cross is encouraging residents to consider donating a pint. A Red Cross app will remind folks when they're eligible to donate again, about upcoming blood drives, and will let them know when their donation is being used. Find more information at Red Cross blood dot org. (:10 Health 6, 7)

#### **1-9-19**

One of Franklin County's largest employers announced this week that it will shut down its Wilton call center on March 31<sup>st</sup>, leaving 227 employees without a job. Town officials said they learned of the Barclay Card call center closure just before it was announced publically and plan to meet tonight to discuss providing services to those who will be laid off. (:15 Economy 6, 7)

A Hancock County group is offering grief support groups for folks who have lost a loved one. Janice Ronco of Hospice Volunteers of Hancock County told WVII-TV that winter can be a hard time for anyone who's grieving, but encourages them to accept invitations, get out of the house, and do things like exercising to keep their spirits up. Find more information about the weekly groups at Hospice of Hancock dot org. (:15 Health 6, 7)

#### **1-10-19**

A free training session will be held in Bangor next week to bring awareness to human trafficking. The meeting will be hosted by Penquis Sex Trafficking Action Response Team, Partners for Peace, and Rape Response Services, and will include an overview of human trafficking and how to respond to it. The event will be held from 5 to 7 Monday night at the Bangor Public Library. (:15 Crime 6, 7)

#### **1-11-19**

Four lawmakers are floating bills that would seal or expunge the records of people with past marijuana convictions. The move comes as Maine continues its transition into a legal marijuana state. Supporters say prior offenders shouldn't have to carry a criminal history for something that's no longer illegal. (:10 Crime 6, 7)

A fundraiser next week at Ellsworth High School will offer up a simple meal of homemade soups, chili, and chowders, served up in handmade bowls, all to benefit the high school's food pantry. Each attendee gets to take home their bowl that was made by one of the art students. Find more information about the event that will be held next Wednesday on the Ellsworth Empty Bowls Supper Facebook page. (:15 Education, Community 6, 7)

#### **1-14-19**

Wardens are reminding snowmobile riders to operate at a safe speed after multiple crashes over the weekend, many of which involved driving too fast and resulted in injuries. In one instance, it was a calf moose that caused the accident when three riders encountered the animal on a trail in Greenville. The moose was killed in the resulting collision and one of the riders ended up with a broken leg. (:15 Public Safety, Environment 6, 7)

The federal government is giving Maine's Department of Health and Human Services more than 800 thousand dollars to improve maternal and child health services. The money will be used to improve access to quality, regular care and a variety of specialized treatment options. In addition, the funds will help support services for children with special needs. (:10 Economy 6, 7)

#### **1-15-19**

The Maine Children's Home for Little Wanderers is looking for sponsors to help them continue their early child care and education program. Currently, parents who can't afford the full tuition are subsidized, but that money is rapidly running out, which will force administrators to reduce the program and lay off some of the staff. Find information on how to donate at Maine Children's Home dot org. (:15 Education 6, 7)

Mainers who are part of the SNAP program will be able to get their February benefits on January 17th, because of the partial government shutdown. No other allotment will be available in February. SNAP is the supplemental nutrition assistance program that served over 180 thousand residents last year. (:10 Economy 6, 7)

#### **1-16-19**

With the partial government shutdown continuing, many federal employees are scrambling to pay their bills and support their families. The United Way of Eastern Maine encourages those folks to contact 211 Maine about available resources in their area, including banking institutions that are offering temporary financial help. Find more information at 211 Maine dot org. (:15 Economy 6, 7)

The Holden Police Department is holding Warm Up Wednesday today, offering items like thick socks, hand warmers, gloves, scarves, and even teddy bears to anyone who needs them. The items were left over from the department's twenty-five days of kindness and some were donated by Saint Patrick's Church in Brewer. Anyone can stop by the Holden Police Department today and pick up what they need. (:15 Public Safety, Community 6, 7)

#### **1-17-19**

A massive ice disk, that has become world-famous, has stopped moving. The circle of ice in the Presumpscot River in Westbrook has been twirling in the current but is now lodged against a riverbank. Pictures and videos of the ice disk, that resembles the moon when filmed from above, have been featured in the New York Times, USA Today, and CNN. (:15 Environment 6, 7)

A Dodge Ball tournament in Orono later this month will benefit the Courageous Steps Project that helps children and young adults with developmental challenges. The registration deadline is Saturday for the Dodge for a Cause tournament that will be held at Orono Middle School on January 26<sup>th</sup>. Find more information at the courageous steps project dot org. (:15 Community 6, 7)

#### **1-18-19**

Police are warning residents of scam calls that are showing the Social Security Administration phone number on caller ID. The callers ask for personal information and sometimes say that your social security number is at risk. Officials say the SSA would never call asking for information over the phone and, if someone receives one of these calls, they should hang up and report it to the Inspector General. (:15 Crime, Public Safety 6, 7)

This weekend's storm is expected to dump a lot of snow across the state, prompting a reminder about staying safe from carbon monoxide poisoning. Make sure all generators and alternative heat sources are installed properly and adequately vented. In addition, shovel snow away from any heating or dryer vents around the house, to allow CO fumes to escape. (:10 Environment, Health 6, 7)

#### **1-22-19**

Frozen pipes can cost thousands of dollars in damage, so, fire officials remind residents to make sure their pipes are insulated and, in the case of mobile homes, that the skirting is intact. And if the pipes do freeze, use a hairdryer to thaw them instead of anything with an open flame. The hairdryer should never be aimed directly at the pipe and it should be thawed slowly, to avoid causing it to break. (:15 Environment, Public Safety 6, 7)

A Bangor facility that promotes STEM learning is offering an unusual way to spend Valentine's evening. Challenger Learning Center will offer a Partner Paint Night, where residents are invited to bring their partners, friends, or come alone to paint a woods scene. Find more information about the event that will help support the center's educational programs at astronaut dot org. (:15 Education, Community 6, 7)

**1-23-19**

Governor Janet Mills has told federal regulators that the state won't continue with Paul LePage's plan to require certain Medicaid recipients to work or volunteer. Instead, she says will maximize federal funding for job training efforts. (:10 Economy, Health 6, 7)

A local organization is working to feed Maine's seniors, through the Eastern Area Agency on Aging. Volunteers with Feeding Bangor hand out 30-pound boxes of food at Joe's Market on Garland Street, every third Wednesday of the month, with similar efforts in other communities. Seniors can sign up by calling the Eastern Area Agency on Aging. (:10 Community 6, 7)

**1-24-19**

The last video in a series focused on youth mental health issues and produced by Northern Light Acadia Hospital is completed. The first six videos dealt with bullying, suicide, depression, anxiety, eating disorders, and problems facing the LGBTQ community, while the last addresses a young person's resiliency. Find all seven videos on the Northern Light Acadia Hospital YouTube channel. (:10 Education, Health 6, 7)

The Together Place in Bangor is looking for volunteers, as it continues its work providing programs and services for people with substance use disorders and mental health challenges. Currently, they're looking for everything from artists and cleaners to electricians and carpenters. Find more information on the Facebook page for the Together Place Peer Run Recovery Center (:10 Community, Health 6, 7)

**1-25-19**

Eastern Maine Community College will host its biggest fundraiser of the year this weekend, in the form of Sno-cross races at Speedway 95 in Hermon. Tickets are 12 dollars per day or 20 dollars for a weekend pass for the event that will be held both Saturday and Sunday. Find more information on the Dysart's Sno-x 2019 Facebook page. (:10 Education, Community 6, 7)

**1-28-19**

The Eastern Area Agency on Aging is offering advice for seniors on how to protect their medical information. Some warning signs of scams include callers asking for personal information, who threaten to shut off benefits, or who are offering something for free. Anyone who thinks they've been scammed should call 1-800-Medicare to request a new card, and report it to local police. (:10 Health, Crime 6, 7)

LifeFlight of Maine has issued a request to landowners to create clear, open fields in remote areas to be used as possible landing pads, since rescues in remote areas often prove challenging. Find more information at Life Flight Maine dot org. (:10 Health, Environment 6, 7)

**1-29-19**

State officials are advising residents to test their homes for radon every three to five years, because levels of the invisible, odorless gas can change. The Maine CDC says breathing air that contains radon

gas can damage lung tissues and is the leading cause of lung cancer in non-smokers. Find more information at [Maine dot gov](http://Maine.gov). (:10 Environment, Health 6, 7)

A Maine task force that reviewed police officers' use of deadly force says Maine needs to provide expanded access to inpatient mental health care and crisis stabilization. The report released this week says police are increasingly called to deal with people in crisis involving mental health issues and substance use. (:10 Public Safety, Crime, Health 6, 7)

### **1-30-19**

Penobscot Valley Hospital in Lincoln has filed for bankruptcy protection, citing the loss of the local paper mill and commercial health insurance coverage for residents, many of whom have decided to move away. Hospital officials told WABI that they've also been hurt by the lack of Medicaid expansion and cuts to reimbursements. They say the hospital will stay open during the process and no layoffs are expected. (:15 Health, Economy 6, 7)

Anyone wishing to access the Bangor City Forest will need to use the entrance on Tripp Drive, after public works closed the Kittredge Road entrance. Officials say significant ice buildup has made the Kittredge Road entrance too dangerous, so it's been closed until crews can get it cleared. (:10 Environment 6, 7)

### **1-31-19**

The Maine Science Festival is looking for volunteers for the five day event that starts on March 31<sup>st</sup>. Organizers of the event that draws scientists and STEM presenters from all over the state say they need about 30 volunteers to cover jobs like checking people in and other behind-the-scenes work. Find more information at [Maine Science Festival dot com](http://MaineScienceFestival.com). (:10 Education, Community 6, 7)

The popularity of seal pup selfies is causing concern for the National Oceanic and Atmospheric Administration. Officials say people and pets should stay at least 50 feet away from the seals. Gray Seal pupping season is going on now and will be followed by harbor seal pupping in May. (:10 Environment 6, 7)

### **2-1-19**

Drug treatment experts have unveiled some wide-ranging recommendations to combat the opioid crisis, including establishing safe injection sites and decriminalizing drug possession. The report comes just weeks before Governor Mills plans to announce a comprehensive opioid plan. (:10 Health 6, 7)

A snowmobile ride-in Saturday to benefit the Pine Tree Camp will kick off with a Breakfast at the Hungry Hollows 76ers snowmobile club in Levant, along with a vintage snowmobile show and silent auction at the Penobscot Snowmobile Club. A community lunch will follow at Dysart's truck stop in Hermon with proceeds from all the events helping send children and adults with disabilities to summer camp. Find more information on the Pine Tree Camp Facebook page. (:15 Community 6, 7)

## **2-4-19**

The Maine Center for Disease Control and Prevention is putting its public health alerts on its website, to make them more accessible to residents. The first alert of 2019 announced that influenza has officially reached widespread levels in the state. Find more information at [Maine dot gov](http://Maine.gov). (:10 Health 6, 7)

Maine health authorities have ordered that edible products containing CBD, a non-psychoactive compound found in cannabis plants, be removed from stores, because the product is not a federally approved food additive. Officials say CBD products that can be smoked, vaped, worn as a patch, or applied as lotion is still acceptable, and medical marijuana patients can still buy oral CBD's from licensed dispensaries. (:15 Health 6, 7)

## **2-5-19**

Lawmakers are considering a proposal that would require teachers to notify parents before using books with explicit material in their lessons. The bill was introduced after Representative Amy Arata's son was given the book 'Kafka on the Shore' for class. Opponents say the bill is unnecessary because there is already a process in place for parents to challenge educational materials. (:15 Education 6, 7)

A former State Legislator, who was also a radio morning announcer, has been nominated by the Governor to serve on the Board of Environmental Protection. Bob Duchesne served on the legislature for six terms and has headed many charitable organizations. He has his own guiding business and has chaired the Environment and Natural Resources Committee, as well as the Inland Fisheries and Wildlife Committee. (:15 Environment 6, 7)

## **2-6-19**

The leaders of Bangor area food pantries met on Wednesday to discuss how to provide for an influx of clients who got their February food stamps early, due to the government shutdown, and are now running out of food. Bill Rae of Manna Ministries says donations are needed at all area food pantries. Our radio stations will be collecting pasta between 10 and 2 this Saturday at Hannaford stores in Brewer, Ellsworth, Old Town, and on Union Street in Bangor. (:15 Community 6, 7)

Penquis is requiring all its Foster Grandparent program volunteers to be fingerprinted, as part of a required background check. The program pairs volunteers over 55 years of age with children in schools, head-starts, and childcare centers, to give them some undivided attention. Find more information at [Penquis dot org](http://Penquis.org). (:10 Community 6, 7)

## **2-7-19**

Governor Mills has signed an executive order to address the state's opioid problem, which calls for buying and distributing 35 thousand units of naloxone across the state. The measure would also support the training of 250 recovery coaches and more medication-assisted treatment for inmates. Mills says it will be paid for through existing state funds as well as federal money. (:15 Health 6, 7)



Public comment was heard Wednesday on a bill that would require all EMS transports in Maine to record video of patients and paramedics in ambulances. Supporters say the main goal is to improve patient care, and that all videos would be kept private under HIPPA regulations. A decision on the measure is expected as early as next week. (:10 Health 6, 7)

## **2-8-19**

The Maine Warden Service is warning snowmobile drivers to keep their distance from moose and deer who wander onto the trails. Corporal John MacDonald says drivers should just stop their sleds and let the animals walk off on their own. Seeing people on the trails stresses the animals enough, and so trying to drive by them or engage with them could cause them to get hurt. (:15 Environment, Public Safety 6, 7)

The U.S. National Toboggan Championships are being held at Camden Snow Bowl this weekend. Participants will compete for the best time as they slide down the 440 foot chute at speeds of up to 40 miles per hour. The event that includes a costume parade at noon on Saturday has a record number of more than 400 teams registered this year. (:10 Community 6, 7)

## **2-11-19**

Lawmakers got their first look at Governor Mills proposed 8 billion dollars, two-year state budget last week. Some of the highlights include fully funded Medicaid through June of 2021, five-point-five million dollars dedicated to battling the opioid crisis, and more than 126 million in funding for public education. Supporters agree with the governor that there's no need to increase taxes, while detractors wonder where the money will come from. (:15 Economy 6, 7)

Maine is accepting applications for the annual moose hunt, which expanded by hundreds of permits last year. The state uses a lottery system to distribute the coveted permits in June. Permits can only be submitted online this year and the deadline is a minute before midnight on May 15<sup>th</sup>. (:10 Environment, Community 6, 7)

## **2-12-19**

Northern Light Eastern Maine Medical Center has instituted its flu season policy to protect patients from the spread of the virus. All visitors to EMMC must be at least 12 years old, answer questions to determine if they have the flu, and each patient is limited to only two visitors at a time. (:10 Health 6, 7)

Camp Capella, that serves children and adults with disabilities, is getting closer to their goal of raising 600 thousand dollars to build two new camper cabins at the Dedham location. So far, they've raised 423 thousand in funds, with help from the Sunshine Lady Foundation. Community members can help them get another grant now by voting online through the Community Matters More Program. (:15 Economy, Community 6, 7)

## **2-13-19**

Maine's waterways will be open to fishing this weekend, even to those who don't have a fishing license. The Department of Inland fisheries and Wildlife has named February 16<sup>th</sup> and 17<sup>th</sup> as Free Family Fishing Days, when a license is not required, but all existing rules and regulations are still in effect. Find more information at ME Fish Wildlife dot com. (:15 Environment, Community 6, 7)

Welcome to Housing's annual Winter White-Out Paper Drive will be held this Saturday in Bangor. Folks are encouraged to drop off donations of paper goods, like paper towels and toilet paper, between 10 and 3 at Shaw's Supermarket on Main Street. All the donations will be distributed to formerly homeless people moving into permanent housing. (:10 Community 6, 7)

## **2-14-19**

Fire officials are urging residents to stay out of burning buildings once they escape safely, after two homeowners have died in a week, while trying to save their dogs. In Dedham yesterday, Jerry and Phyllis Bishop got out when smoke detectors alerted them to a fire, but Jerry went back in to save their husky and succumbed to the smoke. A nearly identical case happened last week in Orland. (:15 Public Safety 6, 7)

It was an unusual snow day for students in Camden, as they tried out the system for a remote school day. The process will be used on snow days, so that it can still be counted as an academic day. Elementary through high school students communicated with teachers through their laptops and worked on lessons throughout the day, from home. (:10 Education, Environment 6, 7)

## **2-15-19**

Flu Season is in full swing, and health experts say it's not as severe as last year. Almost 300 Mainers have had to go to the hospital this season and thirteen people have died from the flu, but last year's numbers were nearly triple that. Health officials urge residents who are sick to stay home and avoid spreading their virus. (:10 Health 6, 7)

Registration is open for Pathfinders a 10-week support group that helps children who are grieving the loss of a loved one. The program uses stories, games, drawings, and other activities to help children express their feelings and learn how to cope with them. Find more information at Northern Light Home Care Hospice dot org slash pathfinders. (:10 Community 6, 7)

## **2-19-19**

A public forum will be held in Brewer next week that will offer an open discussion about how to implement the items listed in a recent report about Sensible Drug Policy. The recommendations include things like primary prevention, harm reduction, and criminal justice. That meeting will be held on the evening of February 27th at the BARN in Brewer. (:10 Community, Health 6, 7)

Families who are having a tough time paying to heat their homes are urged to see if they're available for assistance. DHHS and the Maine State Housing Authority have agreed to transfer 3 million dollars in

federal funding to Maine's Home Energy Assistance Program. Residents should check with their local social service agency, like Penquis or KVCap to see if they're eligible. (:10 Economy 6, 7)

## **2-20-19**

Maine lawmakers are considering the future of e-cigarettes, with proposals to ban the sale of nicotine liquid containers, like vape and Juul, altogether, or to better regulate their sales. The bill's supporters say are too appealing to young people, with a variety of flavors. Opposition to the proposal claims that the methods are effective as tools to help quit smoking. (:10 Health 6, 7)

A free car safety seat check is being offered this weekend in Bangor. Northern Light Eastern Maine Medical Center is teaming up with Safe Kids Maine and Quirk to evaluate whether children's car seats are properly installed and check for any recalls. The clinic is being held Saturday from 10 to 1 at Quirk Chevrolet on Hogan Road. (:10 Public Safety, Community 6, 7)

## **2-21-19**

Folks who receive SNAP benefits will get their funds a little early next month, with the money added to their accounts on March 3<sup>rd</sup>. In addition, anyone who is working at least 30 hours a week, or 20 hours if they have a child under the age of 6, will get an increase in their supplemental benefits...from 15 to 50 dollars per month. The bump comes from existing unspent TANF funds. (:15 Economy 6, 7)

Lawmakers are considering a bill that would more than triple the money paid to residents when they serve jury duty. The proposal would raise the pay from 15 dollars per day to 50 dollars per day. The Legislature's judiciary committee has endorsed a raise, but is undecided how large that increase should be. (:10 Economy, Community 6, 7)

## **2-22-19**

All but one of the firefighters on the Thorndike volunteer fire department resigned Wednesday night after a town select board meeting, due to what they say is the town's refusal to replace outdated and unsafe equipment. Town officials say they have mutual aid agreements with other communities in case of emergencies. (:10 Public Safety 6, 7)

Governor Janet Mills has thrown her support behind a 145 mile transmission line across Western Maine that would supply Canadian hydropower to electricity consumers in Massachusetts. Supporters say it will lower carbon emissions and reduce electricity costs across the region, while critics point to the destruction of vast tracts of wilderness. (:10 Environment, Economy 6, 7)

## **2-25-19**

The Maine Warden Service is once again urging snowmobile riders to slow down on the trails after another weekend that saw several person injury accidents. In addition, wardens say riders should allow plenty of space between sleds, when riding in a group, to allow time to stop in case of an incident. Find more safety tips at ME snow dot com. (:10 Public Safety, Community 6, 7)

A group of comedians will perform in Pittsfield this weekend, to help raise money for the local community theater. The town has cut funding for the building and so the Cemetery Theater company is working to keep it running. The March 2<sup>nd</sup> show will feature comedy for ages 17 and up and costs 10 to get in. (:10 Community 6, 7)

## **2-26-19**

A bill that would have established a spring bear hunt in Maine has failed to gain support from legislators. The joint standing committee on inland fisheries and wildlife voted unanimously against the establishment of a spring bear hunt that opponents said may interfere with mothers who are providing for their cubs. (:10 Environment 6, 7)

New England's largest fisherman's trade show is set to kick off in Rockport this Friday. The Maine Fishermen's Forum consists of seminars, meetings and other events about fishing, including covering topics like warming oceans and uncertainty in the lobster market. The event runs through Saturday at the Samoset Resort. (:10 Environment, Community, Economy 6, 7)

## **2-27-19**

The wind and extreme cold have caused headaches in Northern Maine, where the Aroostook County Sheriff's Office has closed many roads to traffic. The wide open fields have prompted lots of blowing snow to drift into the roadways and freeze, making travel treacherous. Drivers can find updated road conditions at New England 511 dot org. (:10 Public Safety, Environment 6, 7)

There's been an increase, recently, in the number of scam calls or fake pop-ups on computers, that claim the computer has a virus and giving options on how to fix it. The Better Business Bureau says tech companies will never call and offer to help, and residents should never allow someone to gain remote access to their computer. (:10 Crime 6, 7)

## **2-28-19**

Governor Janet Mills wants to change the purpose of a psychiatric center being built on the Dorothea Dix campus in Bangor. Former Governor LePage wanted the building to be used as a step-down center for certain patients as they made the transition from hospital care to release. But Mills says she wants it to serve a wider variety of patients, from those deemed incompetent to stand trial to inmates awaiting mental health care. (:15 Health 6, 7)

The Bangor Region YMCA has opened a new Teen Center, which will offer local teenagers a safe place to grow and learn, as well as interact with other teens. The center is located on Second Street in Bangor and will be open to kids 12 to 18 years old. Find more information at Bangor Y dot org. (:10 Community 6, 7)

## **3-1-19**

The City of Bangor is encouraging people with three or outstanding parking tickets to pay their fines during the month of March because, starting in April, efforts will be increased, including the towing of their vehicles. Parking tickets can be paid in person at the Pickering Square Garage ticket office on Broad Street, or online at [payvats.com](http://payvats.com). (:10 Public Safety, Economy 6, 7)

Parents in Ellsworth may be eligible for a little help with their diaper bill, thanks to the Fill the Bus Diaper Drive. The folks at Downeast Community Partners will be collecting donations of diapers all month, which will then be distributed to several organizations, like WIC and the EMMAUS Shelter, and to local food pantries. Find more information about drop-off locations at [Downeast Community Partners dot org](http://DowneastCommunityPartners.org). (:15 Community 6, 7)

### **3-4-19**

A new phone scam is posing as the Social Security Administration and telling residents that their social security number is at risk of being deactivated or deleted. In addition, they claim that the number has been linked to a crime and is in danger of being locked. Officials advise just hanging up, when receiving one of these calls, and never give out personal information. (:10 Crime 6, 7)

The Bangor Humane Society is looking for donations to help complete renovations to the building. So far, they've raised over a million dollars, but could use an additional five hundred thousand. Once completed, the front door will be closer to the parking lot, the dog kennels will be soundproof, so they don't freak out the cats, who will be getting vertical condos for climbing. (:10 Community 6, 7)

### **3-5-19**

The state of Maine is opening a temporary call center in Wilton, to help enroll low-income residents in Medicaid expansion. A job fair is being held Thursday at the Barclay facility in Wilton, which is closing its call center at the end of the month, putting 200 people out of work. (:10 Economy 6, 7)

State Officials are considering renewing a program that would grant work permits for 14-and-15-year-old teens. The Youth Employment and Steps to Success program would help employers partially cover wages for the teens, and help fill out their summer tourism industry positions. (:10 Economy 6, 7)

### **3-6-19**

The connection between opioid addiction and problem gambling is being explored at a conference in Bangor today. One expert feels that patients with opioid addiction should be screened for gambling patterns and provided with education. (:10 Health 6, 7)

The 5-year-old son of an Addison firefighter was so touched by the story of a woman falling through the ice while chasing her dog that he decided to help his father's department get a valuable piece of equipment. The woman and dog are fine, but Brady Emerson knew a bright orange life ring would have made the rescue easier, so he sold all his old toys and bought the ring for 59 dollars. Now, he's collecting dog and cat food to give to local food pantries through his Facebook page, Brady's Place. (:15 Public Safety 6, 7)

### **3-7-19**

Thorndike residents will be voting soon on whether or not to replace their current fire company with a municipal department. The votes come after all but one of the town's firefighters resigned last Wednesday, in response to a letter sent to the town selectman about safety concerns and a lack of leadership. (:10 Public Safety 6, 7)

It's been almost a year since Somerset County Sheriff's corporal Eugene Cole was killed in the line of duty, and his brother Tom has found a very special way to remember him. Musicians at heart, Gene had written many songs that Tom has now compiled onto an album and is selling, with the proceeds to benefit Gene's wife Sheryl. Find more information, about purchasing the album, by contacting the Cole family or the Maine Association of Police.com. (:15 Community 6, 7)

### **3-11-19**

Clocks were set ahead over the weekend, and so the Bangor Fire department has issued a reminder for residents to change the batteries in their smoke detectors. In addition, if the detector is more than 10 years old, it needs to be replaced altogether. Officials say detectors should be tested once a month to make sure they're working properly. (:10 Public Safety 6, 7)

Literacy Volunteers of Bangor will host the annual Literacy Tea on March 31<sup>st</sup>, which is the organization's biggest fundraising event. Each table at the event will be decorated around a different children's book theme, with tea and plenty of delicious snacks, as well as a visit from Maine author Liza Gardner Walsh. Find more information at Literacy Bangor dot org. (:10 Education, Community 6, 7)

### **3-12-19**

A blood drive is being held in Ellsworth on Wednesday and donors are needed to help boost the state's supply. Sponsored by the VFW Post 109 Ladies Auxiliary, the blood drive will take place from noon to five Wednesday at the VFW post on Main Street. Find more information about scheduling a time to donate at Red Cross Blood dot org. (:10 Health 6, 7)

A lobster stew supper this Saturday in Sullivan will collect donations of dog or cat food for local food pantries, in memory of a dog that was stolen from his owner and killed. Nathan Burke of Steuben and Justin Chipman of Winter Harbor have been charged with cruelty to animals for the death of Franky the pug. The supper starts at 4:00 Saturday at the Sorrento Sullivan Recreational Center. (:10 Community 6, 7)

### **3-13-19**

A spaghetti supper in Winterport on Saturday will benefit community member, Tom Drew, who's been diagnosed with stage 4 lung cancer. From 4 to 8 at the Samuel L. Wagner Middle School, folks can enjoy the supper, as well as a silent auction and raffles, all to benefit Tommy. Find more information on the Facebook event page for Team Tommy Benefit Spaghetti Supper. (:10 Community 6, 7)

### **3-14-19**

An annual dental clinic in Machias will return April 8<sup>th</sup> to the 13<sup>th</sup>, with the chance for children to get no-cost cleanings and complete dental care. Adults will be also seen but on a walk-in, first-come-first-served basis. Find more information on the Machias Dental Clinic Facebook page. (:10 Health 6, 7)

The weather's cooperating for this year's maple syrup industry, with warmer days and chilly nights. Maple producers are gearing up for Maine Maple Sunday, when they'll invite the public into their sugar houses to learn how the syrup is made and taste the treats. Find a complete list of producers taking part at Maine Maple Producers dot com. (:10 Environment, Community 6, 7)

### **3-15-19**

Coastal Health Center in Ellsworth is offering free vascular screenings to anyone suffering from painful varicose veins, leg swelling, venous leg ulcers, chronic leg fatigue, heaviness, or discomfort. The screenings are being held on the 4<sup>th</sup> Tuesday of every month at the center on Commerce Park. Find more information at Bucksport rhc dot org. (:10 Health 6, 7)

A group that provides workers compensation insurance is accepting applications for scholarships to children and spouses of workers who have been seriously injured on the job. Company officials say, while workers comp can help make up for lost wages, it doesn't take away all the stress an injury can have on a family. Find more information at memic dot com slash horizon. (:10 Economy, Education 6, 7)

### **3-18-19**

Voters in Thorndike approved an ordinance that replaces their independent fire company with a town fire department, which means the town has more oversight and will appoint a fire chief, rather than approving or rejecting one nominated by firefighters. The move came after twenty seven members of the town's fire department resigned last month over a dispute with the town. (:10 Public Safety 6, 7)

Hundreds of people will converge on the town of Columbia Falls next month for Downeast Salmon Federation's Annual Smelt Fry and Fisheries Celebration. The festival includes activities and displays about fisheries and conservation, and also serves up fried smelt, smoked mackerel, moose stew, and blueberries. (:10 Environment, Education, Community 6, 7)

### **3-19-19**

Residents of Waldo County will receive a text alert this week, as part of a test by the emergency management agency. A text message being sent out at around 3:00 Friday afternoon will say, This is a test of the Waldo County wireless emergency alert system. No action is required. (:10 Public Safety 6, 7)

Downeast Toyota in Brewer is going to the dogs this Wednesday, when they'll host an event with the Bangor Humane Society. Folks are asked to bring donations of towels, blankets, sheets, and other items to be used at the shelter. And they can bring their own pets for doggy massages, tricks for treats, and doggy makeovers. (:10 Community 6, 7)

### **3-20-19**

Governor Janet Mills signed legislation on Tuesday that protects healthcare coverage for Mainers. The bill requires that insurance companies include basic patient protections in Maine health care plans, including prohibiting charging seniors higher rates because of their age and allowing people up to age 26 to remain on their parents' insurance. (:10 Health 6, 7)

The City of Bangor is considering the development of solar arrays to help save money on electricity costs. City officials are seeking construction bids after ReVision Energy conducted a study on the viability and cost savings of the project. The company has suggested that the array should be located on a 13-acre parcel of land on Maine Avenue, near the airport. (:10 Environment, Economy 6, 7)

### **3-21-19**

Five people died from the flu in Maine last week, which has health officials reminding residents to take precautions. Washing hands often and avoiding touching eyes, nose, and mouth can help protect a person from getting sick while covering your cough and staying home once you do become sick can prevent others from catching it. Find more information at [Maine flu dot gov](http://Maine.flu.dot.gov). (:15 Health 6, 7)

Maine forestry officials are proposing a full quarantine to stop the spread of the gypsy moth, which is one of the most destructive forest pests in the country. The quarantine would place limits on the movement of products that could carry the moth, like logs, bark products, and some kinds of trees and shrubs. The public can offer feedback on the proposal until April 26<sup>th</sup>. (:15 Environment 6, 7)

### **3-22-19**

The American Cancer Society is looking for people who are willing to volunteer as drivers, taking cancer patients to their treatments. Currently, there are four drivers, but officials say they could really use 10. Anyone interested in helping can find more information at [cancer dot org slash road to recovery](http://cancer.dot.org/slash/road-to-recovery). (:10 Community, Health 6, 7)

### **3-25-19**

State Officials are looking for anyone who came in contact with a rabid bat in Bangor last weekend. The live bat was found near the Shaw House on Union Street, but officials that's not the only place the bat was handled. Anyone who had direct skin contact with the bat is urged to start medication immediately. (:10 Public Safety, Health 6, 7)

The Maine Emergency Management Agency is warning residents about the potential for flooding this spring, especially in Aroostook County. All areas are vulnerable, however, with swollen rivers and the potential for ice jams. Officials say it's important to be prepared for changing conditions and avoid driving on flooded roadways. (:10 Environment 6, 7)

### **3-26-19**



The battle over whether to allow Native American mascots in schools continues, despite the fact that the Skowhegan School Board recently voted to retire their Indians mascot, the last in the state. A push to overturn that decision prompted a public hearing in Augusta on a measure that would ban the monikers from being allowed in public schools. (:10 Education 6, 7)

Downtown Bangor is looking for some creative gardeners for its adopt a garden program, which opened its adoption process on Saturday. Community members are invited to choose a space downtown and make it their own, by designing, planting, and maintaining a garden space there. Get more information on the Downtown Bangor Facebook page. (:15 Environment, Community 6, 7)

### **3-27-19**

A bill before lawmakers would change the start time for Maine high school students so that classes would never begin before 8:30, citing studies that suggest it's harder for teens to get to sleep early. Supporters say a later start time would make teens more ready to learn, but critics say it would change bus schedules, causing younger students to have to start classes earlier. (:15 Education 6, 7)

A 5k Space Race this Saturday will benefit the Challenger Learning Center's STEM learning programs. Registration starts at 8:00 Saturday morning at the center on Venture Way in Bangor, but folks can save money by pre-registering at astronaut dot org. (:10 Education, Community 6, 7)

### **3-28-19**

A legislative committee will hold a pair of work sessions next month to discuss two bills that aim to reopen the Downeast Correctional Facility. One bill would use a 10 million dollar bond to reopen a smaller version of the prison while the other would open it at full capacity. The bills will be addressed by the Criminal Justice and Safety committee on April 3<sup>rd</sup>. (:10 Public Safety 6, 7)

Ellsworth's 13<sup>th</sup> annual giant community yard sale, flea market, and craft fair is happening this Saturday at Ellsworth Elementary-Middle School. Doors open at 8 Saturday morning and sales will last until 1:00. Find more information on the Annual Community Yard sale event page on Facebook. (:10 Community 6, 7)

### **3-29-19**

This week's social media threat has prompted Bangor school officials to clarify their lockdown procedures. In a hard lockdown, administrators say all doors are locked and no one is allowed in or out of the school, while a soft lockdown means students can leave with a guardian. Parents are asked to wait for official updates, and not spread unsubstantiated rumors about the situation. (:15 Public Safety, Education 6, 7)

Maine Maritime Academy is launching a scholarship campaign that hopes to generate 20 million dollars. School officials say the Opening Doors, Changing Lives campaign aims to attract students who might otherwise overlook the school in favor of larger institutions. (:10 Education, Economy 6, 7)

## **1<sup>st</sup> QUARTER MAINE CONCERNS TOPICS 2019**

**January 1 – March 31, 2019**

**"Townsquare Media Maine Concerns" is a long-form interview segment running every Sunday morning at 6:20 A.M. (WWMJ), 11:10 A.M. (WDEA), 6:00am (WQCB), 6:00 am (WBZN), and 6:12AM (WEZQ)**

**Each of the Maine Concerns reports is between 24 and 25 minutes in length. The following reports aired during the 1<sup>st</sup> quarter of 2019.**

### **1/6/19 Health-Community-Environment (Length 24:25):**

Carbon Monoxide Poisoning - State Toxicologist Andrew Smith discusses the signs and symptoms and what to do if you think you've been exposed. In addition, he goes over many scenarios in which someone could be poisoned, like generators that aren't properly vented, snow blocking heating exhaust vents in homes, or engines left running in enclosed spaces. Smith also emphasizes the importance of having working CO detectors in the home.

Flu Season - Cindy Campbell talks with Dr. Siiri Bennett of the Maine Centers for Disease Control and Prevention about how to avoid getting sick, symptoms of the flu, and when it's time to stay home. Dr. Bennett also discusses the value of getting a flu vaccine and who is most at risk from complications.

Salvation Army – Cindy chats with Captain Rebecca Kirk about the many programs of the Salvation Army, including its soup kitchen, heat assistance program, and thrift store. She discusses how the money raised in the thrift store is used to feed the hungry, help people heat their homes, and send kids to camp in the summer. In addition, she talks about how the Christmas programs fared this year and how people can continue to donate.

### **1/13/19 Education-Community-Health-Economy (Length – 24:40):**

Sleeping bag drive - Cindy Campbell chats with Andrea Littlefield, Executive Director of Health Equity Alliance in Bangor. The non-profit that deals with Greater Bangor's fringe populations is holding a donation drive for blankets and sleeping bags that will be distributed to those in need. Andrea explains that 'fringe' populations include anyone living with AIDS and HIV, those who use drugs, the homeless population, and the LBGTQ Community. HEA works to educate people on how to properly use Narcan, offers a safe syringe exchange, and acts as an advocate for all these folks in person and professional endeavors.

Empty Bowls Supper - Cindy interviews Leah Olson, who's a 3D arts teacher at Ellsworth High School about the Empty Bowls Supper. Leah's explains that her students make the artistic serving bowls by

hand, and each attendee gets to pick their bowl and take it home with them. Proceeds from the annual fundraiser will be kept in-house this year and be donated to the school's food pantry.

Cinderella Project of Maine – This program gives free prom dresses to high schoolers, with the requirement that they find a way to pay it forward. Cindy chatted with Amanda Simmons of the Waldo Community Action Partners about the project that makes prom more affordable for parents and enjoyable for students.

#### **1/20/19 Health-Public Safety-Environment-Economy-Community (Length 24:18):**

211 Maine - This non-profit service of the United Way of Eastern Maine acts as an information center for residents, connecting them to a wide variety of services, including mental health and substance abuse facilities, heating assistance, and the location of food pantries. Cindy Campbell talked with 211 Maine Program Manager Nikki Busman about the 24/7 service that's always valuable, but especially now for furloughed federal employees, who can find available resources to help with mortgage relief, child care services, and more.

Island Connections - Cindy chats with Doreen Whillett about Island Connections, a volunteer-run organization that provides free rides to seniors and the disabled on Mount Desert Island. The organization's biggest fundraiser, the Chowder Chowdown is coming up, and Doreen discusses the importance of fundraising for the group that takes its clients to doctor's appointments, chemo treatments, and even grocery shopping.

Snowmobile Safety - Cindy highlights snowmobile safety, after a weekend when 6 people were injured in crashes. Bob Meyers, Executive Director of the Maine Snowmobile Association offers tips from operating at a safe speed to not drinking and riding. In addition, he talks about the importance of letting someone know your trip plan so, if something should happen, wardens know where to start their search.

#### **1/27/19 Economy-Health-Community (Length 24:45):**

Child Abuse - Cindy Campbell talks with Denise Trafton of Penquis about warning signs that a child is being abused, what to do if you suspect a child is being mistreated, and what kinds of things parents can do when they're feeling angry, frustrated, or trapped. She offers information about how to report suspected abuse and resources for parents to help them cope with the changes children will bring.

Suicide – This is another 'if I had known I would've done something' topic. Cindy chats with Mary Gagnon of Health Affiliates Maine about the warning signs that someone may be considering suicide, and gives suggestions on what to do to help them. In addition, she discusses the importance of reaching out and asking for help if you're the one considering taking your own life.

211 Maine – As the shutdown continues, we feature more from Program Manager Nikki Busman about the non-profit, Maine-run agency that offers information about resources in each community across the state. With the continuing partial government shutdown, this has become a valuable tool

for federal workers, especially, who are seeking information about how to feed their families, get help with mortgage payments or childcare, and other issues.

### **2/3/19 Health-Community-Economy-Environment (Length 24:53):**

Recovery – Cindy Campbell talks with Jim Lapierre of the Bangor Area Recovery Network about the substance use disorder recovery programs offered at the center, which is peer-driven, with no federal or state funding. The center just won an award for public service for the great work they do offering a free, no-insurance-needed support program for those in recovery.

Flu Season - Dr. Siiri Bennett of the Maine Center for Disease Control about flu season. Dr. Bennett offers tips on staying healthy like washing hands often and not touching your face, as well as suggestions on when it's important to stay home from work and not spread the flu. She discusses the advantages of flu shots and the treatments that are available.

Pasta Drive - Cindy talks with Townsquare Media employee Chris Popper about the Ton of Pasta, a company-wide food drive that sends four radio stations into the communities to collect pasta. Chris and Cindy talk about the increased need this time of year and the fact that the food stays in the communities where it's donated.

Snowmobile Safety - Finally, Cindy talks snowmobile safety with Bob Meyers of the Maine Snowmobile Association. Riding to the right of the trails, watching your speed, keeping control of the sled, and the importance of leaving a 'trip plan' are all topics Bob covers, as well as the reminder not to drink and ride.

### **2/10/19 Education-Health-Public Safety-Environment-Community (Length 24:19):**

Maine Science Festival - Cindy Campbell talks with Founder and Executive Director Kate Dickerson about the types of STEM topics that will be covered, some of the more fun events that are scheduled, and how people can get involved through volunteering. The festival offers fun and unusual ways to learn, in a hands-on type environment.

Fire Safety - Cindy chats with the Bangor Fire Department's Education Officer Jake Johnson about fire safety, in which he offers tips on protecting the home to the importance of smoke detectors and escape plans. He gives tips about keeping heating systems clean and how to safely dispose of ashes.

Bangor Savings Bank's Community Matters More program - Cindy talked with BSB's Lisa Bird about how people can vote for their favorite non-profits, which are eligible to receive sizable grants from the bank's charitable foundation. Nominees range from food pantries to homeless shelters and even hospice organizations. Lisa explains the voting process and how people can 'write in' agencies that are not on the ballot.

Ton of Pasta - Finally, Cindy takes a moment to thank everyone who turned out for our Ton O' Pasta food drive that collects donations of pastas for area food pantries. She gives totals on the collections and details the agencies that benefitted from the donations.

**2/17/19 Health-Environment-Community-Economy (Length 24:52) :**

LifeFlight of Maine - Cindy Campbell talked with Cindy Beaton and Melissa Arndt of LifeFlight about the EMS service, what area it covers, and about the Isleboro Crossing fundraiser. Beaton discusses how the struggle to cross the ocean, between Northport and Isleboro is similar to the flight for patients across the skies.

Carbon Monoxide Poisoning – Cindy talks with State Epidemiologist Andrew Smith about Carbon Monoxide poisoning. Specifically, he addressed things like keeping chimneys and heating sources clean and clearing snow from outdoor heating vents, among other suggestions. He also discussed the symptoms of CO poisoning and what someone should do if they think they've been exposed.

Community Matters More Program – Cindy offers a reminder about the Bangor Savings Bank Community Matters More program that's allowing residents to vote online for their favorite non-profit to receive grants between 1 and 5 thousand dollars.

**2/24/19 Public Safety-Environment-Health-Community (:Length 24:49):**

Habitat for Humanity of Greater Bangor – Cindy Campbell talked with Executive Director Lynn Hempen about the financial qualifications and requirements of successfully applying to be an 'owner family' in the latest project, a three-unit condo structure in Old Town. She explains the income guidelines and how the financing works, and how folks can apply.

Open Forum on Opioids - Next, a public forum in Brewer will discuss a recently released report about Sensible Drug Policy, and folks are encouraged to join in the conversation. The meeting is being held at the Bangor Area Recovery Network or BARN and is hosted by Health Equity Alliance of Bangor. Cindy chatted with both the BARN's Executive Director, Jim Lapierre, and HEA's Executive Director, Andrea Littlefield, about their individual organizations and how they are working to serve people dealing with substance use disorder in the Greater Bangor area.

Snowmobile Safety - In our final segment, Cindy talks with Bob Meyers, Executive Director of the Maine Snowmobile Association about some important safety tips. After several fatal accidents in the past week, he discusses the importance of staying in control of the sled and making sure people know where folks plan to ride.

**3/2/19 Health-Education-Environment-Community (Length 24:27):**

Winter Beach Ball – Cindy Campbell talks with organizer Stephanie Oiler about this fundraising event that's sponsored by the Northern Light Eastern Maine Medical Center Foundation. The beach-themed dance offers dancing, refreshments, and auction items, all to benefit the NICU at Northern Light EMMC. Stephanie Oiler filled Cindy in on all the details, including how the money raised by the dance would be used, and especially that it would all stay in Maine.

Diaper Drive - In our second segment, Cindy talks with Sarah Hardison of Downeast Community Partners about its Fill-A-Bus Diaper Drive. The organization will be collecting donations of diapers

throughout the month of March, which will be distributed to low-income families throughout the Ellsworth region. She discusses the health benefits of keeping babies in clean diapers, but also the psychological effects an unhappy, screaming baby can have on the family dynamic.

Maine Science Festival - Finally, Cindy talks with Executive Director and Founder Kate Dickerson about the upcoming Maine Science Festival. It's less than two weeks away, and the group can still use volunteers for the festival that celebrates fun STEM learning. In addition, Kate details some of the newest additions to the event's agenda.

### **3/10/19 Community-Health-Public Safety (Length – 24:53)**

Hancock County Food Drive - Cindy Campbell talks with Rachel Emus of Healthy Acadia about the program that aims to raise \$25,000, as well as food donations, to help the food insecure in Downeast Maine. Emus explains how the program works and how people can make their donations, plus has details about two fun events that will benefit the food drive.

LifeFlight of Maine - Cindy talked with Cindy Beaton and Melissa Arndt of LifeFlight about the EMS service, what area it covers, and about the Isleboro Crossing fundraiser. Beaton discusses how the struggle to cross the ocean, between Northport and Isleboro is similar to the flight for patients across the skies.

Stroke - After the sudden death of actor Luke Perry from a massive stroke, Cindy talks with Dr. Gillian Gordon Perue of Northern Light Eastern Maine Medical Center about the warning signs of a stroke, how a stroke affects the body, and what folks should do if they think they, or someone they know, is having a stroke.

### **3/17/19 Education-Health-Environment-Community-Economy (Length – 24:50):**

Literacy Volunteers of Bangor - Cindy Campbell chats with Executive Director Mary Marin Lyon about how the organization helps improve the reading and comprehension skills of residents through volunteer tutors, and about the upcoming Literacy Tea. During this, the organization's biggest fundraising event, tables are decorated around book themes and a Maine author does a live performance of one of her books.

Brewer High School Yard Sale - Next, we shift gears to an upcoming yard sale that benefits an alternative education program through Brewer High School. Cindy talks with teacher Cindy McLaughlin about the Brewer High Outdoor Education program that offers students a more nature-themed PE program that focuses on activities like hiking, camping, and canoeing. The yard sale is a way for the program to fund all of its excursions.

Greater Bangor Bark – Organizer Sarah Smith and Cindy talking about the event that Cindy hosts each year. The dog-friendly Relay for Life raises money for the American Cancer Society. And finally, we offer a reminder to Hancock County residents of the Hancock County food drive. Cindy's interview with Healthy Acadia's Rachel Emus covers the organizations that will benefit from the collected food, and where folks can get more information about where to donate.

### **3/24/10 Community-Education-Economy-Environment (Length 24:15):**

Fresh Air Fund – Cindy Campbell talks with Jennifer Leavitt, who is an administrator and host mother for the Fresh Air Fund, which gives inner-city kids from New York City a chance to come to Maine for a week or more during the summer. She discusses the advantages to the kids, the requirements for the host families, and especially the rewards experienced by all.

Cinderella Project – Two more give-away dates are coming right up for this project that gives free prom dresses to Maine high school seniors. Cindy talks with Amanda Simmons of the Waldo Community Action Program about when and where the giveaways are taking place, the economics of prom, why the giveaways are so valuable, and how people can donate their own gently used dresses.

Downeast Community Partners – Cindy talks with Sarah Hardison of DCP about the month-long diaper drive, and gets the latest news about where folks can donate by stuffing a bus. Sarah explains who the drive will benefit, how the diapers will be distributed, and talks about the fact that diapers are so often overlooked when helping out young parents.

Greater Bangor Bark for Life – Cindy chats with organizer Sarah Smith about this dog-friendly Relay for Life-type event that features education about dog training services and about how the American Cancer Society donations are used to help cancer patients.

### **3/31/19 Community, Health, Education (24:55)**

Color Bangor – Cindy Campbell talks with American Folk Festival Executive Director Heather McCarthy about its upcoming Color Bangor 5k fundraising event. Participants are pelted with colored cornstarch as they make their way through the 5k course. All the proceeds from the event benefit the 3-day American Folk Festival, which is a free-to-the-public event on the Bangor Waterfront in August.

Flu – After 9 deaths due to influenza in two weeks, Cindy talks with Dr. Siiri Bennett about what people can do to protect themselves from catching the virus. Dr. Bennett also discusses how people who are sick can avoid spreading it to others, and what they should do when they start showing symptoms. She also directs people to the [Maineflu.gov](http://Maineflu.gov) website, that includes the latest statistics on influenza and valuable health tips.

Cinderella Project of Maine – Amanda Simmons of Waldo Community Action Partners reveals the last two dates for prom dress giveaways. The Cinderella Project offers free prom gowns to high school students from across the state, if they promise to pay it forward in some way. The hope is that all seniors get to enjoy prom, without the stress of paying for a dress.

Islesboro Crossing - Cindy Campbell talked with Cindy Beaton and Melissa Arndt of LifeFlight of Maine about the air EMS service, what area it covers, and about the Islesboro Crossing fundraiser. Beaton discusses how the struggle to cross the ocean, between Northport and Islesboro is similar to the flight for patients across the skies. The Islesboro Crossing is a swimming 5k that will help LifeFlight of Maine buy another helicopter.