Family Life Today Mon-Fri 10:00AM & 9:30PM

Jordan Raynor: Work-Life Balance: Purposeful, Present, & Wildly Productive

September 30, 2022

Jordan Raynor: Redeeming Your Time

September 29, 2022

Melissa Kruger: Growing Together: Taking Mentoring Beyond Small Talk

September 28, 2022

Bob Lepine: Build a Stronger Marriage September 27, 2022

Bob Lepine: Get Your Marriage Back

September 26, 2022

Jeff Norris: Powerful Parenting September 23, 2022

Jeff Norris: Rooted

September 22, 2022

Larry Fowler & Tim Kimmel: Get Serious about Grandparenting

September 21, 2022

Larry Fowler & Tim Kimmel: Leaving a Legacy that Matters

September 20, 2022

Michael & Melissa Kruger: 5 Things to Pray for Your Spouse

September 19, 2022

Karl Clauson: When Self-Help Isn't Enough

September 16, 2022

Karl Clauson: 7 Resolutions to Transform Your Life

September 15, 2022

Karl Clauson: Who is in Control? September 14, 2022

David and Meg Robbins: How to Handle Conflict without Tearing Your Hair Out

Date	Air Time CT	Issue	Host	Guest	Details
07/01/22	4:00 PM	Faith/Religion	Janet Parshall	Abdu Murray	Apologetics
07/01/22	5:00 PM	History	Janet Parshall	Joseph Ellis	History
07/04/22	4:00 PM	History	Janet Parshall	Jane Hampton Cook	American History
07/04/22	5:00 PM	History	Janet Parshall	John Perry	American History
07/05/22	4:00 PM	Faith/Religion	Janet Parshall	Drew Dyck	Goals
07/05/22	5:00 PM	Faith/Religion	Janet Parshall	Steven Bancarz	New Age
07/06/22	4:00 PM	Family-Children	Janet Parshall	Kevin Leman	Parenting
07/06/22	5:00 PM	Faith/Religion	Janet Parshall	Larnelle Harris	Autobiography
07/07/22	4:00 PM	Faith/Religion	Janet Parshall	Randy Newman	Evangelism
07/07/22	5:00 PM	Faith/Religion	Janet Parshall	Esther Ahmad	Autobiography
07/08/22	4:00 PM	Finances	Janet Parshall	Mary Hunt	Finances
07/08/22	5:00 PM	Faith/Religion	Janet Parshall	Sarah Williams	Autobiography
07/11/22	4:00 PM	Faith/Religion	Janet Parshall	Steve Lyon	Eternity
07/11/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Ron Rhodes	End Times
07/12/22	4:00 PM	Faith/Religion	Janet Parshall	Kasim Hafeez, Erin Odom	Documentary and Parenting
07/12/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Sam Storms	bible questions answered
07/13/22	4:00 PM	Computers/Technology	Janet Parshall	Andrew McDiarmid	Technology
07/13/22	5:00 PM	Faith/Religion	Janet Parshall	Dave Sterrett	Witnessing
07/14/22	4:00 PM	Current Events	Janet Parshall	Bruce Chapman, Steve Goreham	News and Commentary
07/14/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Karl Payne	spiritual warfare questions answered
07/15/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
07/15/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary

Date	Air Time CT	Issue	Host	Guest	Details
07/18/22	4:00 PM	Faith/Religion	Janet Parshall	Anne Paulk 2	Same-sex attraction
07/18/22	5:00 PM	Health	Janet Parshall	Laurel- Slade Waggoner	Narcicism
07/19/22	4:00 PM	Education	Janet Parshall	Dr. Douglas Groothuis	Critical theory
07/19/22	5:00 PM	Health	Janet Parshall	Debra Laaser	Trauma
07/20/22	4:00 PM	Faith/Religion	Janet Parshall	Mike Novotny	Faith
07/20/22	5:00 PM	Faith/Religion	Janet Parshall	Linda Znachko, Mikayla Munn	Unborn children
07/21/22	4:00 PM	Current Events	Janet Parshall	Karen Covell, Wesley Smith	News and Commentary
07/21/22	5:00 PM	Faith/Religion	Janet Parshall	Ray Comfort	Witnessing
07/22/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
07/22/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
07/25/22	4:00 PM	Current Events	Janet Parshall	Sarah Parshall Perry	News and Commentary
07/25/22	5:00 PM	Current Events	Janet Parshall	Glen Loury, John Knox	News and Commentary
07/26/22	4:00 PM	Faith/Religion	Janet Parshall	Alexandra DeSanctis	Abortion
07/26/22	5:00 PM	Current Events	Janet Parshall	Bill Gertz	News and Commentary
07/27/22	4:00 PM	Current Events	Janet Parshall	Joseph Vazquez, Todd Nettleton	News and Commentary
07/27/22	5:00 PM	Faith/Religion	Janet Parshall	Mark Moore	Disapointment
07/28/22	4:00 PM	Faith/Religion	Janet Parshall	Denise Shick	LGBTQ ISSUES
07/28/22	5:00 PM	Faith/Religion	Janet Parshall	David Clarke	Faith
07/29/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
07/29/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/01/22	4:00 PM	Faith/Religion	Janet Parshall	John Amanchukwu	Aboortion and racism
08/01/22	5:00 PM	Finances	Janet Parshall	Dave Ramsey	Money and family legacy

Date	Air Time CT	Issue	Host	Guest	Details
08/02/22	4:00 PM	Faith/Religion	Janet Parshall	Serene Hudson , Keith Glasgow	Keeping The Faith
08/02/22	5:00 PM	Faith/Religion	Janet Parshall	Ray Leight	Maturity
08/03/22	4:00 PM	Faith/Religion	Janet Parshall	Sanya Richards-Ross	Autobiography
08/03/22	5:00 PM	Faith/Religion	Janet Parshall	Matt Carter	History
08/04/22	4:00 PM	Faith/Religion	Janet Parshall	David Bennett	Homosexuality
08/04/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Micahel Keas	Science and faith
08/05/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/05/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/08/22	4:00 PM	Faith/Religion	Janet Parshall	Tim Chester	Angels
08/08/22	5:00 PM	Health	Janet Parshall	Dr. Mark Chironna	Anxiety
08/09/22	4:00 PM	Faith/Religion	Janet Parshall	Erwin Lutzer	Cultural Crisis
08/09/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Mark Hitchcock	End Times
08/10/22	4:00 PM	Current Events	Janet Parshall	Bruce Hausknecht, Dr. Jeff Barrows	News and Commentary
08/10/22	5:00 PM	Faith/Religion	Janet Parshall	Tony & Lauren Dungy	Advice
08/11/22	4:00 PM	Family-Children	Janet Parshall	Kathy Koch	Child Rearing
08/11/22	5:00 PM	Current Events	Janet Parshall	Dr. Linda Mintle	drug addiction
08/12/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/12/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/15/22	4:00 PM	Current Events	Janet Parshall	Michael New, Tom Doyle	News and Commentary
08/15/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Ron Rhodes	Church community
08/16/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Sam Storms	Faith
08/16/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Karl Payne	spiritual warfare questions answered

Date	Air Time CT	Issue	Host	Guest	Details
08/17/22	4:00 PM	Economics	Janet Parshall	Dr. Thomas J. DiLorenzo	Economics
08/17/22	5:00 PM	Faith/Religion	Janet Parshall	Ray Comfort	Witnessing
08/18/22	4:00 PM	Family-Children	Janet Parshall	Laurel- Slade Waggoner	Narcicism
08/18/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Douglas Groothuis	Critical theory
08/19/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/19/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/22/22	4:00 PM	Faith/Religion	Janet Parshall	Stuart Fuhlendorf	Autobiography
08/22/22	5:00 PM	Faith/Religion	Janet Parshall	Rabbi Kirt Schneider	Judaism
08/23/22	4:00 PM	Current Events	Janet Parshall	Tom Harris, Scott Powell	News and Commentary
08/23/22	5:00 PM	Faith/Religion	Janet Parshall	Mary Grabar	History
08/24/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Mark Christian	Autobiography
08/24/22	5:00 PM	Current Events	Janet Parshall	Karen Covell, Dr. Calvin Beisner	News and Commentary
08/25/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Sharon Hodde Miller	Faith
08/25/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. John Staddon	Science and faith
08/26/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/26/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
08/29/22	4:00 PM	Current Events	Janet Parshall	Sarah Parshall Perry	News and Commentary
08/29/22	5:00 PM	Family-Marriage	Janet Parshall	Dr. David Clarke	Marriage Advice
08/30/22	4:00 PM	Evangelism	Janet Parshall	Eric Johnson	Witnessing
08/30/22	5:00 PM	Faith/Religion	Janet Parshall	Chuck Swindoll	Suffering
08/31/22	4:00 PM	Current Events	Janet Parshall	Elaine Donnelly, David Prentice	News and Commentary
08/31/22	5:00 PM	Faith/Religion	Janet Parshall	Fernando Arroyo	Autobiography

Date	Air Time CT	Issue	Host	Guest	Details
09/01/22	4:00 PM	Health	Janet Parshall	Dan Seaborn	Mental well being
09/01/22	5:00 PM	Current Events	Janet Parshall	Zachary Mettler, Wesley Smith	News and Commentary
09/02/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
09/02/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
09/05/22	4:00 PM	Finances	Janet Parshall	Anne Bradley	Finances
09/05/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. David Goetsch	Work
09/06/22	4:00 PM	History	Janet Parshall	Avi Snyder	Jewish history and faith
09/06/22	5:00 PM	Faith/Religion	Janet Parshall	Carol Kent	Autobiography
09/07/22	4:00 PM	Faith/Religion	Janet Parshall	Judy Dunagan	Faith
09/07/22	5:00 PM	Faith/Religion	Janet Parshall	J.D. Peabody	Christian Living
09/08/22	4:00 PM	Current Events	Janet Parshall	Fazale Rana , Dr. Jim Studnicki	News and Commentary
09/08/22	5:00 PM	Faith/Religion	Janet Parshall	Dudley Delffs	The Queen of England (honoring her life after her death)
09/09/22	4:00 PM	Current Events	Janet Parshall	Keith Getty, Craig Parshall	News and Commentary
09/09/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	Commentary on important news stories of the week
09/12/22	4:00 PM	Faith/Religion	Janet Parshall	Al Fadi	Gospel
09/12/22	5:00 PM	Current Events	Janet Parshall	Hugh Brown, Todd Nettleton	News and Commentary
09/13/22	4:00 PM	Current Events	Janet Parshall	Dr. Calvin Beisner, David LeGates	News and Commentary
09/13/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Sam Storms	bible questions answered
09/14/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Linda Mintle	Communication
09/14/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Mike Bechtle	Communication
09/15/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Karl Payne	spiritual warfare questions answered
09/15/22	5:00 PM	Current Events	Janet Parshall	Bill Gertz	China push for world domination

Date	Air Time CT	Issue	Host	Guest	Details
09/16/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
09/16/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
09/19/22	4:00 PM	Faith/Religion	Janet Parshall	Jonathan Bernis	Prophecy
09/19/22	5:00 PM	Health	Janet Parshall	Robert J. Morgan	Anxiety
09/20/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Mark Hitchcock	End Times
09/20/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Ron Rhodes	Cults
09/21/22	4:00 PM	Current Events	Janet Parshall	David Robertson	News and Commentary
09/21/22	5:00 PM	Current Events	Janet Parshall	George Barna, John Greco	News and Commentary
09/22/22	4:00 PM	Current Events	Janet Parshall	Tim Winter , Jeff Myers	News and Commentary
09/22/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. Michael Youssef	End Times
09/23/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
09/23/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News and Commentary
09/26/22	4:00 PM	Faith/Religion	Janet Parshall	Dr. Jordan Ballor , Twila Brase, RN, PHN	Liberty And Privacy
09/26/22	5:00 PM	Faith/Religion	Janet Parshall	Jennifer Tucker	Breath As Prayer
09/27/22	4:00 PM	Faith/Religion	Janet Parshall	Sarah Parshall Perry	The Voice Of The People
09/27/22	5:00 PM	Mental Health	Janet Parshall	Dr. Greg Jantz	Keys To Dealing With Depression
09/28/22	4:00 PM	Faith/Religion	Janet Parshall	Nick Tucker	Things God Can't Do
09/28/22	5:00 PM	Faith/Religion	Janet Parshall	Dr. David Prentice & Tom Doyle	Truth and Freedom
09/29/22	4:00 PM	Health	Janet Parshall	Dr. Daniel Emina	The Suicide Solution
09/29/22	5:00 PM	Health	Janet Parshall	Dr. Alison Cook	The Best Of You
09/30/22	4:00 PM	Current Events	Janet Parshall	Craig Parshall	News In Review
09/30/22	5:00 PM	Current Events	Janet Parshall	Craig Parshall	News And Views

September 13, 2022

David and Meg Robbins: Marriage when You're Not Getting Along

September 12, 2022

Wayne Grudem: What Does the Bible Say About Birth Control?

September 9, 2022

Lifemark: The Kendrick Brothers' Latest

September 8, 2022

Don Everts: Great News About Open Doors

September 7, 2022

Don Everts: Messy Prayers, Loud Tables, Open Doors

September 6, 2022

Don Everts: The Spiritually Vibrant Home

September 5, 2022

Cheryl Shumake: Loving before You're Loved as a Stepmom

September 2, 2022

Cheryl Shumake: Waiting to Be Wanted

September 1, 2022

Gary Chapman: Got Teens? Don't Miss This

August 31, 2022

Gary Chapman: What Your Teen Really Wants from You August 30, 2022

Gary Chapman: Things I Wish I'd Known Before Teens August 29, 2022

Nicki Koziarz: When You're Struggling with Doubt as a Christian August 26, 2022

Nicki Koziarz: The Best Decisions to Make When Life Is Hard August 25, 2022

Joe Rigney: A Framework for Manhood

August 24, 2022

Blair and Shai Linne: Jesus for the Next Generation August 23, 2022

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Blair and Shai Linne: Finding My Father

August 22, 2022

Josh & Jenn Mulvihill: Vital Life Skills for Kids August 19, 2022

Josh & Jenn Mulvihill: 50 Things Every Child Needs to Know Before Leaving Home August 18, 2022

Terence Chatmon: Challenges of Today's Families (3 C'S)

August 17, 2022

Michael Kruger: Answering Teens' Tough Questions August 16, 2022

Michael Kruger: Surviving Religion 101

August 15, 2022

Sho and Patrice Baraka: Raising Kids on the Autism Spectrum

August 12, 2022

Sho and Patrice Baraka: Parenting Autism--and Dealing with Shame August 11, 2022

Jennie Allen: Doing Life Together August 10, 2022

Jennie Allen: Lean on Me August 9, 2022

Jennie Allen: Find your People August 8, 2022

Rob Singleton: Overliked: "Connection, Social Media, and Self-Esteem August 5, 2022

Rob Singleton: Overliked: Crippled by Social Media

August 4, 2022

Ron Deal: FamilyLife's Online Blended Ministry Certificate August 3, 2022

Eric Schumacher: "My Wife Had a Miscarriage"...We Both Did August 2, 2022

Eric Schumacher: Losing a Baby--and Grieving as a Man August 1, 2022

Mama Bear Special: How to Support Your Wife in the Way She's Made July 29, 2022

Teaching Your Kids to Think

July 28, 2022

Hillary Morgan Ferrer: Mama Bear Apologetics

July 27, 2022

Don Everts: What's it Look Like to Love My Community?

July 26, 2022

Don Everts: Why Community is Important

July 25, 2022

Uche Anizor: Hope When You're Struggling to Care July 22, 2022

Uche Anizor: Overcoming Apathy July 21, 2022

Paul Miller: When Love Hurts July 20, 2022

Paul Miller: Following the J-Curve July 19, 2022

Paul Miller: If God is Real, Why Do We Suffer? July 18, 2022

Kay Wyma: Help Me Be a Peaceful Parent (Like, Now)

July 15, 2022

Kay Wyma: Change Your Response--Change Your Brain

July 1, 2022

Kay Wyma: The Peace Project

July 13, 2022

Ryan & Jessica Ronne: Blended with Grit: Widowhood and Forming a New Family July 12, 2022

Ryan & Jessica Ronne: Blended with Grit: Widowhood and Forming a New Family July 11, 2022

Jen Oshman: What Lies Beneath July 8, 2022

Jen Oshman: Cultural Counterfeits July 7, 2022

Finding Freedom in Prison July 6, 2022

Carolyn Lacey: How to See People July 5, 2022

Carolyn Lacey: Extraordinary Hospitality (for Ordinary People)

July 4, 2022

Shelby Abbott: Growing up in a Blender

July 1, 2022

James Dobson's Family Talk Mon - Fri 1:00PM

Abundant Life: Engaging the Local Church to Support Adoption September 30, 2022

The Evidence of America's Christian Origins: A Conversation with Jerry Newcombe - II September 29, 2022

The Essential Legacy of Fathers: A Conversation with Jerry Newcombe - I September 28, 2022

Don't Miss Your Moment - II

September 27, 2022

Don't Miss Your Moment - I

September 26, 2022

Fighting Your Battles: Every Christian's Playbook for Victory - II

September 23, 2022

Fighting Your Battles: Every Christian's Playbook for Victory - I

September 22, 2022

Surviving Suicide Loss

September 21, 2022

Lighthouse Faith - II

September 20, 2022

Lighthouse Faith - I

September 19, 2022

Chad Robichaux: Still in the Fight, a Veteran's Journey - III

September 16, 2022

Chad Robichaux: Still in the Fight, My Service, My Battle - II

September 15, 2022

Chad Robichaux: Still in the Fight in Ukraine - I

September 14, 2022

Preventing Teen Suicide: Kids in Crisis

September 13, 2022

Search and Rescue with a Ground Zero Hero

September 12, 2022

Grandparenting: Using Your Best Years for Your Greatest Legacy - II

September 9, 2022

Grandparenting: Using Your Best Years for Your Greatest Legacy - I

September 8, 2022

Finding Jesus on the Streets - II

September 7, 2022

Finding Jesus on the Streets - I

September 6, 2022

Rick Rigsby: The Wisdom of a Third Grade Dropout

September 5, 2022

Return of the gods - II

September 2, 2022

Return of the gods - I

September 1, 2022

I Survived A Failed Abortion Attempt on My Life: Now I Stand for Those Who Can't

August 31, 2022

Back from the Brink of Divorce - II

August 30, 2022

Back from the Brink of Divorce - I

August 29, 2022

A Daring Faith in a Cowardly World - II

August 26, 2022

A Daring Faith in a Cowardly World - I

August 25, 2022

Ben Roethlisberger: Steeler for Life, Through Thick and Thin

August 24, 2022

The Ministry of Hymns - II

August 23, 2022

The Ministry of Hymns - I August 22, 2022

Christ-Centered Higher Education that Impacts the World with Truth - II

August 19, 2022

Christ-Centered Higher Education that Impacts the World with Truth - I

August 18, 2022

Moms in Prayer - II August 17, 2022

Moms in Prayer - I August 16, 2022

How to Reach School Children With the Bible August 15, 2022

The Mystique of A Woman August 12, 2022

God's Direction in My Life - II

August 11, 2022

God's Direction in My Life - I

August 10, 2022

Redeeming Your Time - II

August 9, 2022

Redeeming Your Time - I

August 8, 2022

Life with a Messy Mate - III August 5, 2022

Life with a Messy Mate - II

August 4, 2022

Life With a Messy Mate - I August 3, 2022

Being Men of God in a Lost Culture - II August 2, 2022

Being Men of God in a Lost Culture - I

August 1, 2022

Celebrating the Green Family and the 50th Anniversary of Hobby Lobby - II

July 29, 2022

Celebrating the Green Family and the 50th Anniversary of Hobby Lobby - I

July 28, 2022

Getting to Know Sarah Huckabee Sanders: Speaking for Herself

July 27, 2022

Is Genesis History? - II

July 26, 2022

Is Genesis History? - I

July 25, 2022

Mothers and Daughters of the Bible Speak

July 22, 2022

The Case for Miracles: The Supernatural in the 21st Century - II

July 21, 2022

The Case for Miracles: From Skeptic to Evangelist - I

July 20, 2022

Mama Bear Apologetics Guide to Sexuality

July 19, 2022

Mama Bear Apologetics

July 18, 2022

Hostages No More: The Fight for Education Freedom in America

July 15, 2022

A Historic Victory for Life: Dr. Dobson Reacts to the Reversal of Roe v. Wade - II July 14, 2022

A Historic Victory for Life: Dr. Dobson Reacts to the Reversal of Roe v. Wade - I July 13, 2022

Parenting Basics: Toddlerhood - II

July 12, 2022

Parenting Basics: Toddlerhood - I

July 11, 2022

Raising Worry-Free Girls - II

July 8, 2022

Raising Worry-Free Girls - I

July 7, 2022

A Conversation with a Pro-Life Governor

July 6, 2022

The New Black Robed Regiment - II

July 5, 2022

The New Black Robed Regiment - I

July 4, 2022

America's birthday: The Real Story

July 1, 2022

Focus On The Family Mon-Fri 10:30AM - 9:00PM

Living For an Audience of One (Part 2 of 2) Karen Ehman's journey as a recovering people-pleaser began when she realized she was seeking others' approval more than God's. In this conversation, Karen shares practical guidance on healthy boundaries and encourages you to serve God intentionally in the areas he's called you to serve. SEPTEMBER 30, 2022

<u>Living For an Audience of One (Part 1 of 2)</u> Karen Ehman's journey as a recovering people-pleaser began when she realized she was seeking others' approval more than God's. In this conversation, Karen shares practical guidance on healthy boundaries and encourages you to serve God intentionally in the areas he's called you to serve. SEPTEMBER 29, 2022

<u>Helping Your Daughter Navigate Friendships</u> Describing some of the challenges young girls face, Dannah Gresh exposes the lies girls are being told about their friendships, themselves, and God. She shares how parents can help their daughters combat these lies with the truth and discusses the importance of falling in love with God as their true source of fulfillment. SEPTEMBER 28, 2022

<u>Training Sons to be Confident, Capable Men</u> Jonathan Catherman believes today's parents need to be more intentional about teaching boys basic life-skills, like cooking, dressing well, changing a tire, treating a woman well, and more — so that they can behave in a manner worthy of respect and not embarrass themselves. Jonathan also addressed the important responsibility fathers have to engage with ... SEPTEMBER 27, 2022

<u>Fun Ways to Pep Up Your Marriage</u> Author Kathi Lipp offers practical, fun ideas for couples to improve their relationship and make time together a high priority. SEPTEMBER 26, 2022

Forming New Habits For Your Marriage (Part 2 of 2) Dr. Randy Schroeder returns once more to FOF to discuss habits you can integrate into your marriage! Jim talks to Randy about pursuing the daily essentials of affection in your marriage, promoting emotional closeness, and leaving and cleaving properly. (Part 1 of 2) SEPTEMBER 23, 2022

Forming New Habits For Your Marriage (Part 1 of 2) Dr. Randy Schroeder returns once more to Focus on the Family to discuss habits you can integrate into your marriage! Jim talks to Randy about pursuing the daily essentials of affection in your marriage, promoting emotional closeness, and leaving and cleaving properly. (Part 1 of 2) SEPTEMBER 22, 2022

<u>Trusting God When Times Are Hard (Part 2 of 2)</u> Crystal Evans Hurst shares fun stories about her family to make a serious point: only God has the right perspective on our life, especially when times are hard. We need to understand how being a child of God also makes us His responsibility, and what that really means in daily life. (Part 2 of 2) SEPTEMBER 21, 2022

<u>Trusting God When Times Are Hard (Part 1 of 2)</u> Crystal Evans Hurst shares fun stories about her family to make a serious point: only God has the right perspective on our life, especially when times are hard. We need to understand how being a child of God also makes us His responsibility, and what that really means in daily life. (Part 1 of 2) SEPTEMBER 20, 2022

<u>Building Healthy Friendships Among Men</u> Founders of the popular comedic group The Skit Guys, Eddie and Tommy's 30-year friendship didn't start out as one might expect. Eddie and Tommy met in high school when Tommy stole Eddie's girlfriend, and the Lord worked from there to spark in both of the men a love for friendship and Jesus! They describe the ... SEPTEMBER 19, 2022

<u>Raising Mission-Minded Kids</u> Shauna Pilgreen, author of Love Where You Live, discusses her family's experiences with church planting and describes how listeners can become missionaries right where they are, while teaching their kids to do the same. SEPTEMBER 16, 2022

<u>How to Help a Friend Who is Thinking About Suicide</u> According to Centers for Disease Control and Prevention (CDC) data, suicide is the second leading cause of death among people ages 10-34. And even though suicide is pervasive, the stigma around depression causes many to suffer silently. Tune in to learn key warning signs and find out how you can offer hope to loved ones ... SEPTEMBER 15, 2022

<u>Are You Ready to Remarry? (Part 2 of 2)</u> Ron Deal describes some of the unique challenges that couples experience through remarriage and the formation of a stepfamily. He discusses the importance of drawing a "family map," to identify the complex web of relationships with kids, stepkids, ex-spouses and their partners, and extended family. (Part 2 of 2) SEPTEMBER 14, 2022

<u>Are You Ready to Remarry? (Part 1 of 2)</u> Ron Deal describes some of the unique challenges that couples experience through remarriage and the formation of a stepfamily. He discusses the importance of drawing a "family map," to identify the complex web of relationships with kids, stepkids, ex-spouses and their partners, and extended family. (Part 1 of 2) SEPTEMBER 13, 2022

<u>How to Keep Your Emotions in Check</u> Deborah Pegues offers the tools you need to keep those emotions in check so that your relationships can remain healthy. From keeping God in the mix to managing your schedule and stress level to dealing with demanding people, you'll learn how to keep your emotions in check and abide in God's peace. SEPTEMBER 12, 2022

<u>How God Reunited a Birth Mom and Her Son</u> Nina Hendee and her son Kyle share their inspiring story of how God removed obstacles to reunite them nearly five decades after she had placed him for adoption at birth. SEPTEMBER 9, 2022

<u>Nurture Your Wife, Stay Married for Life!</u> In this 'classic' Promise Keepers message, Dan & Jane Seaborn take the stage together to provide a fun look at the differences between men and women. Then Dan delivers a serious, passionate message encouraging men to nurture their wives, avoid the dangers of pornography, and commit to staying married for life. SEPTEMBER 8, 2022

<u>Rediscovering Your Joy in Motherhood (Part 2 of 2)</u> Ashley Willis aims to encourage moms to hold tight to the peace of God through every moment of parenting. She introduces four "peace pirates" that steal joy and how to effectively combat them. (Part 2 of 2) SEPTEMBER 7, 2022

<u>Rediscovering Your Joy in Motherhood (Part 1 of 2)</u> Ashley Willis aims to encourage moms to hold tight to the peace of God through every moment of parenting. She introduces four "peace pirates" that steal joy and how to effectively combat them. (Part 1 of 2) SEPTEMBER 6, 2022

<u>Hospitality For Busy Families</u> One of the most countercultural things you can do as a Christian is to invite someone over for dinner. Karen Ehman helps busy families find opportunities for hospitality in everyday life SEPTEMBER 5, 2022

<u>Holding Tight to the American Dream</u> Senator Tim Scott shares how all things are possible with hard work, a willing attitude, and a focus on our Creator. He encourages listeners to avoid a victim mentality on racial issues, focusing rather on the positive strides that America has made in the past two hundred years. SEPTEMBER 2, 2022

<u>Building Bridges With Your Adult Child</u> Brenda Garrison shares her personal parenting journey with her oldest daughter, Katie. She offers some great keys to building relationships with older children and encourages parents to build bridges of love rather than walls of resentment. SEPTEMBER 1, 2022

<u>Building the Bridge to Forgiveness (Part 2 of 2)</u> Dr. Gary Chapman explains how we can begin to heal any relationship by taking responsibility for our part of the problem and seeking forgiveness from both God and the other person. He explains how small injustices can create bricks in a wall between us and our loved one, and the place to start is tearing ... AUGUST 31, 2022

<u>Building the Bridge to Forgiveness (Part 1 of 2)</u> Dr. Gary Chapman explains how we can begin to heal any relationship by taking responsibility for our part of the problem and seeking forgiveness from both God and the other person. He explains how small injustices can create bricks in a wall between us and our loved one, and the place to start is tearing ... AUGUST 30, 2022

<u>Celebrating the Bodies God Gave Us</u> Justin and Lindsey Holcomb describe the fundamental truth from scripture to teach kids about their bodies. And, they share practical implications of viewing others as people made in God's image. AUGUST 29, 2022

<u>Clearing Out the Clutter</u> Author Kathi Lipp explains how too much clutter can cause family stress and conflict, and offers practical strategies to get rid of what you don't need so that you can have the space and resources to serve God as He intended. AUGUST 26, 2022

<u>Embracing God's Gift of Life</u> Laura Lynn Hughes shares her powerful testimony of choosing life, facing heartbreak, and advocating for the rights of the pre-born in a discussion based on her book, Choose Zoe: A Story of UnPlanned Parenthood and the Case for Life. AUGUST 25, 2022

Parenting Teens Toward Adulthood (Part 2 of 2) Dr. Ken Wilgus encourages parents to deliberately work their way out of the parenting role by the time their child is 18, and instructs them to see their teenagers as young adults, not large children. He offers tips on how to progressively give your teen more responsibility, along with examples of how to have difficult ...AUGUST 24, 2022

<u>Parenting Teens Toward Adulthood (Part 1 of 2)</u> Dr. Ken Wilgus encourages parents to deliberately work their way out of the parenting role by the time their child is 18, and instructs them to see their teenagers as young adults, not large children. He offers tips on how to progressively give your teen more responsibility, along with examples of how to have difficult ... AUGUST 23, 2022

<u>Questions to Ask Before You Get Engaged</u> Pastor David Gudgel offers insight and wisdom into things you'll want to consider before making a lifelong commitment to your future spouse. From communication styles to spiritual beliefs, Dave encourages you to examine your own heart before giving it to someone else. AUGUST 22, 2022

<u>Building a Godly Legacy</u> When Pastor John Goodale turned age 60, he realized he wanted to make the most of his remaining years of life. In this broadcast, he recalls how many leaders in the Bible started out strong in their faith but failed to stay true to God by the end of their lives (eg. the kings of ... AUGUST 19, 2022

<u>Strengthen Your Marriage With a Meet Up</u> Bill and Pam Farrel describe how you can strengthen your marriage by affirming your spouse, cultivating healthy habits, and planning time for romance. AUGUST 18, 2022

<u>Overcoming the Heartaches of Life (Part 2 of 2)</u> Raised in Hollywood, California, Sheri Rose Shepherd grew up in the five blended families created by her oft-divorced parents. Despite finding success on the beauty pageant circuit, she struggled with bulimia and suicidal thoughts. An ex-drug dealer's prayers helped Sheri Rose find a relationship with Jesus Christ, where she found healing for her emotional wounds, ... AUGUST 17, 2022

<u>Overcoming the Heartaches of Life (Part 1 of 2)</u> Raised in Hollywood, California, Sheri Rose Shepherd grew up in the five blended families created by her oft-divorced parents. Despite finding success on the beauty pageant circuit, she struggled with bulimia and suicidal thoughts. An ex-drug dealer's prayers helped Sheri Rose find a relationship with Jesus Christ, where she found healing for her emotional wounds, ... AUGUST 16, 2022

<u>Equipping Your Kid to Resist Pornography</u> Josh Glaser and Daniel Weiss describe why "the talk" about abstinence isn't enough to guide your kids in our pornographic world. They offer wise habits and guidelines for technology use. AUGUST 15, 2022

<u>Raising Kids With Healthy Boundaries (Part 2 of 2)</u> Psychologist and author Dr. Henry Cloud describes how parents can strengthen their children's character by teaching them to take responsibility for themselves. (Part 2 of 2) AUGUST 12, 2022

<u>Raising Kids With Healthy Boundaries (Part 1 of 2)</u> Psychologist and author Dr. Henry Cloud describes how parents can strengthen their children's character by teaching them to take responsibility for themselves. (Part 1 of 2) AUGUST 11, 2022

How God Saved a Military Marriage (Part 2 of 2) Military veteran Chad Robichaux and his wife, Kathy, discuss his former struggles with PTSD, which led to the couple's separation, and how God helped Chad overcome PTSD and restored their marriage. (Part 2 of 2) AUGUST 10, 2022

<u>How God Saved a Military Marriage (Part 1 of 2)</u> Military veteran Chad Robichaux and his wife, Kathy, discuss his former struggles with PTSD, which led to the couple's separation, and how God helped Chad overcome PTSD and restored their marriage. (Part 1 of 2) AUGUST 9, 2022

<u>Learning to Love Others With the Heart of Jesus</u> John Burke encourages you to model Christ's heart for others rather than the heart of the Pharisees. You'll learn how unfair perceptions and judgments creep into the way you see and treat people. AUGUST 8, 2022

<u>Conquering Debt (Part 2 of 2)</u> Brian and Cherie Lowe discuss their lackadaisical attitude toward finances during their first nine years of marriage and the moment they realized with horror that they were in over \$127,000 in debt. They share the sacrifices they made, the determination they developed, and the challenges they faced when paying off their debt. (Part 2 of ... AUGUST 5, 2022

<u>Conquering Debt (Part 1 of 2)</u> Brian and Cherie Lowe discuss their lackadaisical attitude toward finances during their first nine years of marriage and the moment they realized with horror that they were in over \$127,000 in debt. They share the sacrifices they made, the determination they developed, and the challenges they faced when paying off their debt. (Part 1 of ...AUGUST 4, 2022

<u>How to Build Resilience in Your Child (Part 2 of 2)</u> Dr. Kathy Koch explores the importance of resilience in our lives and how we can nurture that trait in our children. As a parent, you are the key to your child's resilience! Through intentional modeling, ongoing conversation and observation, and encouragement, you can help them learn to bounce back from struggles, get unstuck, and move ...AUGUST 3, 2022

<u>How to Build Resilience in Your Child (Part 1 of 2)</u> Dr. Kathy Koch explores the importance of resilience in our lives and how we can nurture that trait in our children. As a parent, you are the key to your child's resilience! Through intentional modeling, ongoing conversation and observation, and encouragement, you can help them learn to bounce back from struggles, get unstuck, and move ...AUGUST 2, 2022

<u>Don't Give Up: Raising a Child with Autism</u> Julie Hornok discusses the tendencies of someone who has been diagnosed, dealing with grief and feelings of disappointment as a parent, and eventually realizing the hope that is found in Christ's purpose for you and your child. Julie encourages parents to seek support for both themselves and their children, surrender their plans for their family, ... AUGUST 1, 2022

<u>Finding Hope in the Messiah</u> As the daughter of Jewish holocaust survivors, Lily Isaacs was not interested in religion. But a tragedy in her husband's family brought Lily to her knees in a little country church, and she discovered that Jesus Christ was her Messiah, much to the dismay of her parents. Hear how Lily coped with her parents' rejection ...JULY 29, 2022

Loving the Story of Your Marriage (Part 2 of 2) Co-founders of Grace Marriage, Brad Rhoads and his wife, Marilyn, offer insight to couples as they describe how they've learned to love and serve each other well. Our guests discuss the importance of modeling a good marriage to our culture, and the work of their ministry, which assists local churches in strengthening marriages. (Part 2 ... JULY 28, 2022

Loving the Story of Your Marriage (Part 1 of 2) Co-founders of Grace Marriage, Brad Rhoads and his wife, Marilyn, offer insight to couples as they describe how they've learned to love and serve each other well. Our guests discuss the importance of modeling a good marriage to our culture, and the work of their ministry, which assists local churches in strengthening marriages. (Part 1 ...JULY 27, 2022

<u>A Strong Place for Boys to Grow Up as Men</u> Mark Hancock described how Trail Life USA (was founded in response to the Boy Scouts decision to step away from their moral and spiritual foundation). He described how many young boys don't have godly male role models today, and how Christian Men can step up to help fatherless boys JULY 26, 2022

<u>A Safe Place for Girls to Grow Up As Women</u> Patti Garibay describes how American Heritage Girls (AHG) was founded in response to the Girl Scout's decision to step away from their moral and spiritual foundation. She discusses the issues many young girls face with gender confusion today and cultural backlash about teaching young girls about God. JULY 25, 2022

<u>Staying Close to God as A Busy Mom (Part 2 of 2)</u> Courtney Ellis knows the struggle of finding time to connect with God in the midst of motherhood duties like diapers, dishes, laundry and countless to-do lists. In this interview, Courtney will encourage moms in their faith journey by sharing her tips for creating spiritual growth, intimacy, and renewal. (Part 2 of 2) JULY 22, 2022

<u>Staying Close to God as A Busy Mom (Part 1 of 2)</u> Courtney Ellis knows the struggle of finding time to connect with God in the midst of motherhood duties like diapers, dishes, laundry and countless to-do lists. In this interview, Courtney will encourage moms in their faith journey by sharing her tips for creating spiritual growth, intimacy, and renewal. (Part 1 of 2) JULY 21, 2022

Laughter Really is the Best Medicine Phil Callaway is certain that laughter and a sense of gratitude are the keys to overcoming the stresses of everyday life. He shares how the Lord reminded him of that lesson through the extreme stress of his wife's serious illness and subsequent remarkable recovery. JULY 20, 2022

<u>Establishing Healthy Boundaries With Your In-Laws (Part 2 of 2)</u> Well-known psychologists and authors, Dr. John Townsend and Dr. Henry Cloud share broadcast advice on how to relate with your in-laws. (Part 2 of 2) JULY 19, 2022

<u>Establishing Healthy Boundaries With Your In-Laws (Part 1 of 2)</u> Well-known psychologists and authors, Dr. John Townsend and Dr. Henry Cloud share broadcast advice on how to relate with your in-laws. (Part 1 of 2) JULY 18, 2022</u>

<u>Rethinking Godly Sexuality in Your Marriage (Part 2 of 2)</u> Dr. Juli Slattery recognizes that many couples possess a poor foundation for understanding God's design for intimacy — that our sexual relationship is a metaphor for the intimacy God longs to have with each one of us. Therefore, God is very interested in our sexuality and, in fact, designed sex for our pleasure. She encourages ... JULY 15, 2022

<u>Rethinking Godly Sexuality in Your Marriage (Part 1 of 2)</u> Dr. Juli Slattery recognizes that many couples possess a poor foundation for understanding God's design for intimacy — that our sexual relationship is a metaphor for the intimacy God longs to have with each one of us. Therefore, God is very interested in our sexuality and, in fact, designed sex for our pleasure. She encourages ... JULY 14, 2022

<u>Being There For Your Son (Part 2 of 2)</u> The late Steve Farrar encourages men to invest time and energy into the lives of their sons, in spite of the fact that our culture emphasizes the importance of a man's career. Steve reminds men that God wants them to love His Word deeply and teach Scriptural truths to their children and grandchildren. (Part 2 ... JULY 13, 2022

<u>Being There For Your Son (Part 1 of 2)</u> The late Steve Farrar encourages men to invest time and energy into the lives of their sons, in spite of the fact that our culture emphasizes the importance of a man's career. Steve reminds men that God wants them to love His Word deeply and teach Scriptural truths to their children and grandchildren. (Part 1 ... JULY 12, 2022

<u>Overcoming The Odds: Lt. Gov Winsome Sears</u> Lieutenant Governor Winsome Sears shares her incredible story of faith and freedom – detailing how God's hand has been in her life every step of the way. She also shares about overcoming racial division, education issues, and the value of every human life. JULY 11, 2022

<u>Helping Your Kids Know God Better</u> Chap Bettis encourages parents to be more intentional about sharing the Gospel with their children. Chap also addresses "pharisee parenting" where moms and dads need to be sure their own walk with the Lord is solid before preaching to their kids. JULY 8, 2022

<u>The Proof You Need to Believe in Jesus Christ (Part 2 of 2)</u> During his more than 20 years as a homicide detective, J. Warner Wallace successfully helped identify and convict killers, even without evidence from the scene. He utilizes these same detective skills and techniques to investigate the historical life and actions of Jesus – using the evidence of history alone to confirm the historicity and deity JULY 7, 2022

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<u>Creating Sustainable Rhythms in Your Marriage</u> Chris and Jenni Graebe both grew up with very strong opinions on how marriage should look. They eventually went to other couples who were years ahead of them, and compiled a list of biblical lifestyles of "rhythms" that married couples can create in their lives. In this interview, they'll focus on the important rhythms that … JULY 5, 2022

<u>The Day Independence Came</u> In this Adventures in Odyssey drama, Irwin Springer, a middle schooler interested in history, takes a wild journey back to the American Revolution, where he meets the men who shaped the United States. JULY 4, 2022

<u>Raising Selfless Kids</u> Blogger Sami Cone offers parents practical advice for teaching their children to overcome selfishness in a discussion based on her book, Raising Uncommon Kids. JULY 1, 2022