Date Aired: _01/01/23	Time Aired:	0730AM	
Length: 28 Min.			

1. Jonas Borco, CEO of CO-Founder of Dwellsy

He gave a forecast for the 2023 rental market. He also talked about the growing problem of inflation.

Issues covered:

- 1. Economy
- 2. Inflation
- 2. Erin Prochnow, CEO of YWCA Cass Clay

She discussed her work with the Y and a grant provided by the Bezos Day 1 Families Fund. She also talked about the need for more funding for their various programs.

Issues covered:

- 1. Homeless
- 2. Women
- 3. Sarah Jannsen, Editor of World Almanac

She a preview of the new edition. She also talked about world geography and new features.

- 1. Consumerism
- 2. Communication

Date Aired: _	01/08/23	Time Aired: _	0730AM	
Length: 28 M	lin.			

1. Michele Raneli, Vice President and Head of U.S. Research for Transunion

She gave a report on inflation in the U.S. She also gave some tips on how people can better cope with higher prices.

Issues covered:

- 1. Economy
- 2. Inflation
- 2. Melisa Mullamphy, Author and Researcher

She talked about the lack of communication between patients and doctors. She also gave tips on communication can be improved.

Issues covered:

- 1. Health
- 2. Communication
- 3. Marni Goldman, Author

She gave her story of rebounding from depression. She also talked about ways people can better cope with life.

- 1. Depression
- 2. Communication

Date Aired:	01/15/23	Time Aired:	_0730AM	
Length: 28 N	/lin.			

1. Amri Johnson, Author of "Reconstructing Inclusion"

He detailed new ways corporations can think of inclusion/diversity policies. He also talked how all employees need to be involved in decision making.

Issues covered:

- 1. Diversity
- 2. Communication
- 2. Andrew Campbell, Policy Program Associate at the Urban Institute

He talked about the growing use of apprenticeships in union shops. He also talked about better education opportunities for students.

Issues covered:

- 1. Education
- 2. Youth
- 3. Michael Letts, Founder and CEO of Invest USA

He commented on defund the police movements. He also discussed efforts to decriminalize some crimes in cities.

- 1. Crime
- 2. Defund the Police

Date Aired:	01/22/23	Time Aired:	0730AM	
Length: 28 Mi	in.	-	·	

1. Joseph Radich, Founder and CEO of R3 Health and Medhouse

He exposed flaws in the American health system. He also talked about how doctors need to communicate better with their patients.

Issues covered:

- 1. Health
- 2. Communication
- 2. Dr. Gregory Jantz, Psychologist and Clinical Dependency Counselor

He discussed how the drug market has invaded the internet. He also discussed on the growing teen suicide rate.

Issues covered:

- 1. Drug Abuse
- 2. Suicide
- 3. Joe Hart, President and CEO of Dale Carnegie Institute

He discussed the importance of personal growth and development. He also stressed for teens to get mentors.

- 1. Youth
- 2. Personal Development

Date Aired: _01/29/23 Length: 28 Min.	Time Aired:0730AM
1. Dr. Scott Adzick, Surgeon Chi	ef at Childrens Hospital of Philadelphia
He discussed fetal surgery. He parents can be better informed	e also talked about birth defects and how display them.
Issues covered:	

- 1. Health
- 2. Youth
- 2. Jason Wilcox, Parenting Expert

He commented on how parents and teens can better communicate. He also talked about reactive motivation.

Issues covered:

- 1. Parenting
- 2. Youth
- 3. Michael Findlay, Director of Acquavella Galleries New York

He detailed how anyone can get involved in art. He also discussed NFT's.

- 1. NFT's
- 2. Consumerism

Date Aired: Length: 28 Mi		Time Aired: _	_0730AM
1. Khalid Gree	en, Former NBA Se	cout and High School	Coach
He discusse	ed the need to incre	ease diversity in youth	sports. He also

Issues covered:

- 1. Youth
- 2. Diversity
- 2. Udo Eramus, Health and Fitness Expert

decried the high cost of sports programs.

He gave some tips on staying healthy this winter. He also talked about natural remedies for some health conditions.

Issues covered:

- 1. Health
- 2. Education
- 3. Sharon Price John, CEO of Build a Bear Workshop

She talked about her book that weaves stories with life lessons. She also discussed the success of the workshops.

- 1. Youth
- 2. Consumerism

Date Aired: _02/12/23	Time Aired:	0730AM	
Length: 28 Min.		_	

1. Jim Marggraff, Education Expert

He detailed ways grandparents can tutor their grand kids. He also talked about technology and education.

Issues covered:

- 1. Education
- 2. Youth
- 2. Melissa Kelley, Elena Burke, Eating Disorder Experts

They discussed the growing problem of eating disorders in teens. They also talked about how social media influences youth.

Issues covered:

- 1. Eating Disorders
- 2. Youth
- 3. Dr. Amir Moursi, President of American Academy of Pediatric Dentistry

He commented on the importance of the very young visiting dentists. He also talked about the differences between pediatric dentists and adult physicians.

- 1. Youth
- 2. Health

Date Aired:	_02/19/23_	Time Aired:	_0730AM	
Length: 28 Min				

1. Sister Irene, Member of Sisters Rising

She detailed their organization's efforts to fight human trafficking. She also talked about their programs to improve community engagement.

Issues covered:

- 1. Human Trafficking
- 2. Poverty
- 2. Dr. Kulreet Chaudhary, Ayurvedic Medicine Expert

She discussed ayurvedic medicine and some remedies. She also talked about how the public can be better educated about alternative health.

Issues covered:

- 1. Health
- 2. Consumerism
- 3. Alvin Hall-Sarah Wassner, Co-Authors of "Common Cents"

They talked about the importance of parents talking to their kids about finances. They also discussed the current economy.

- 1. Youth
- 2. Economy

Date Aired: _	02/26/23	Time Aire	ed:	0730AM	
Length: 28 M	lin.				
1. Donna Ch	ristensen, I	Board Member of Consume	ers for	Quality C	Care

She discussed differences between commercial and non-profit hospitals. She also advocated for better communication protocols from hospitals for patients.

Issues covered:

- 1. Health
- 2. Poverty
- 2. Pamela Gockley, Certified Bullying Prevention Expert

She talked about the work of the Camel Project which deals with bullying. She also commented on how social media affects teens and bullying.

Issues covered:

- 1. Youth
- 2. Bullying
- 3. Jon Baldwin, Ex. Vice President of Government Solutions Damian Kivett, Member of SAFE Program

They discussed how local governments are dealing with traffic safety. They also talked about the need for less distracted drivers.

- 1. Traffic Safety
- 2. Crime

Date Aired: _	03/05/23	Time Aired:	0730AM	
Length: 28 M	in.			

1. Ashwin Bharath, CEO of Revature

He expressed his belief that there is a shortage of qualified high tech people to fill job positions. He gave some advice on how to stop the shortages.

Issues covered:

- 1. Unemployment
- 2. Education
- 2. Alison Bonds, Head of Private and Independent Wealth Management at State Street Global Adviser

She defined what exchange traded funds are. She also talked about ways they differ from other investments.

Issues covered:

- 1. Economy
- 2. Education
- 3. Ali Katz, Founder of Personal Family Law

She gave advice to siblings on how they can better plan their parents finances. She also talked about economic conditions.

- 1. Seniors
- 2. Education

Date Aired: _ Length: 28 M	03/12/23 in.	Time Aired:	_0730AM
1. Matthew W	/illiams, Founder and Dire	ector of HateLat	o, Criminology Professor
	ented on hate speech and also talked about more vi	_	eds to police social media y.
Issues	covered:		
1 Fre	e Speech		

2. James Bell, Director of Corporate Communications, KIA America

He gave the pros and cons of electric vehicles. He also commented on hydrogen fuel cell technology.

Issues covered:

2. Crime

- 1. Environment
- 2. Consumerism
- 3. Martin Grieder, Group Vice President, Consumer Hearing, Sonova

He discussed hearing loss in older people. He also detailed symptoms of hearing loss and the new generation of hearing aids.

- 1. Seniors
- 2. Hearing Loss

Date Aired:03/19/23 Time Aired:0730AM Length: 28 Min.
1. Dr. Mitchell and Emily Clionsky, Dementia Researchers and Authors
They discussed the importance of early prevention techniques for dementia. They also talked about the connection between inherited genes and the disease.
Issues covered:
Mental Health Seniors
2. Katrin Werner-Perez, Health Programs Manager, Alliance for Aging Research
She discussed the symptoms of heart valve disease. She also detailed the treatment options.
Issues covered:
Health Seniors
3. Tyler Martin, Sustainable Exercise Expert
He talked about the importance of sustainable exercise. He gave tips on how people can avoid exercise burnout.
Issues covered:
Health Seniors

Date Aired:	_03/26/23_	Time Aired: _	0730AM	
Length: 28 Min.				

1. Daniel Hatcher, Law Professor at University of Baltimore's Civil Advocacy Clinic

He addressed the problems that he sees in the American legal system. He also talked about racism and problems of the bail system.

Issues covered:

- 1. Legal System
- 2. Racism
- 2. Megan Lott, Deputy Director of Healthy Eating Research, Robert Wood Foundation

She discussed efforts to get more healthy lunches in the school systems. She also addressed the new federal guidelines for nutrition that are being developed.

Issues covered:

- 1. Youth
- 2. Health
- 3. Lee Gerdes, CEO and Founder of Cereset

He talked about problems many people have with sleeping. He commented on a new system that uses unique sounds to comfort people.

- 1. Sleep Disorders
- 2. Consumerism