

QUARTERLY LISTING OF COMMUNITY ISSUES AND PROGRAMS

WDRV-WWDV

WWDV is a simulcast of WDRV

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Section I. Issues

WDRV-WWDV have identified these significant issues facing our community in this quarter.

- **A. Non-Profits:** Organizations that assist those with Diabetes, Cystic Fibrosis and Respiratory illnesses.
- **B. Animals:** Experts discuss helping neglected pets, the demand for service dogs and our relationship with wildlife
- **C. Black History:** African American nurses who fought against Tuberculosis, a stunt a pilot from the early 1900s and soul musicians that shaped the genre.
- **D. Education:** Everything from the banning of books to the education system to the benefits of writing in cursive
- E. Mental Health: Issues facing inmates, school children and the military
- **F. Psychology:** Working through divorce, trauma, and anxiety

Section II. Responsive Programs

WDRV-WWDV has broadcast programming dealing with each of the above referenced issues. Details about said programming is set out below.

A. Non-Profits

1. "Hubbard Helps": Diabetes 01/14/24; 6:30AM CT; 12:00 Minutes

One in 10 adults worldwide currently live with diabetes, an estimated 537 million people. Dr. Nuzhat Chalisa is making Diabetes management and updated diabetes information more accessible and understandable for those who have the disease. Dr. Chalisa is a Clinical Endocrinologist, Diabetes, and Obesity specialist, the Medical Director for Endocrinology and diabetes education at Morris hospital & health care center in Chicago, the Chair Elect for The American Diabetes Association Clinical Centers and Programs Leadership Team, and the President and Founder of the Kisat Diabetes Organization. With us this morning to talk more about diabetes, her book "Diabetes Beyond Numbers: A Complete Guide to Understanding Diabetes Management", and her tv show "Diabetes Beyond Numbers" airing Thursdays at 7pm Central on Bold Brave TV is Dr. Nuzhat Chalisa. Interviewee: Dr. Nuzhat Chalisa. Contact: Dr. Nuzhat Chalisa nchalisa@aol.com

2. "Hubbard Helps": Cystic Fibrosis Foundation 02/18/24; 6:30AM CT; 09:51Minutes

There are close to 40,000 children and adults living with cystic fibrosis in the United States, and an estimated 105,000 people have been diagnosed with CF across 94 countries. The Cystic Fibrosis Foundation is the world's leader in the search for a cure for CF and supports a broad range of research initiatives to tackle the disease from all angles. With us this

morning to talk more about Cystic Fibrosis is Randell Gans. Interviewee: Randell Gans rgolman2@gmail.com . Contact: Olivia Coady ocoady@cff.org

3. "Hubbard Helps": Respiratory Health Association 03/03/24; 6:30 AM CT; 10:56 Minutes

The Respiratory Health Association, otherwise known as RHA, has been advocating since 1906 for clean air and healthy lungs. Through education, research and policy change, the RHA works to end diseases such as COPD, asthma and lung cancer, along with controlling tobacco use. With us this morning to talk more about the RHA and the work they are doing for people living with respiratory diseases is Joel Africk, the President and CEO of the RHA. Interviewee: Joel Africk JAfrick@resphealth.org. Contact: Sarah Meyer Hughes smeyeshughes@resphealth.org

B. Animals

1. "Hubbard Helps": Orphans Of The Storm 01/21/24; 6:30 AM CT; 12:31 Minutes

Orphans of the Storm take in every orphaned, abandoned, abused, or neglected dog and cat who reaches their doors. After providing the best medical and physical care for them, they find the animals warm, loving, adoptive homes. With us this morning to talk more about Orphans of the Storm and the work they are doing for animals is Sandy De Lisle, the Head of Development and Community Engagement. Interviewee: Sandy De Lisle. Contact: Sandy De Lisle sandy@orphansofthestorm.org

2. "Radio Health Journal": Service Dogs Are In High Demand – Here's How You Can Help

02/18/24; 6:13 AM CT; 09:30 Minutes

Service dogs have been used throughout history but were legally recognized by the US government in 1990. These animals can help people with physical challenges, like grocery shopping, and mental health struggles such as PTSD and anxiety. Our experts discuss the importance of service dogs and how you can get involved. Host: Greg Johnson. Producer: Kristen Farrah. Guests: James Schenck, CEO, PenFed Foundation; Kirsten Holley, US Army Veteran

3. "Viewpoints": Americans Love-Hate Relationship With This Furry Animal 03/24/24; 5:43 AM CT; 08:34 AM Minutes

In the early 1900's, deer almost went extinct after they were over-hunted for their meat, hides and antlers. Today, most parts of the country have a very different problem. We speak with wildlife expert Erika Howsare about our long and tangled relationship with the white-tailed deer. Host: Marty Peterson. Producer: Polly Hansen. Guest: Erika Howsare, author, The Age of Deer, Trouble and Kinship with Our Wild Neighbors

C. Black History

1. "Radio Health Journal": Black Angels: The Black Nurses Involved In The Fight Against Tuberculosis

02/04/24; 6:45 AM CT; 07:59 Minutes

Dr. Herbert Fox helped discover a cure for tuberculosis, but his work wouldn't have been possible without the help of the black nurses who monitored and cared for each patient. When all of the white nurses refused to work, these women stepped up. Our expert details their bravery that's gone largely unrecognized in society. Host: Greg Johnson. Producer: Polly Hansen. Guests: Maria Smilios, Author, The Black Angels

2. "Viewpoints": Celebrating Black History Month: The Daredevil Stunt Pilot You've Never Heard Of

02/18/24; 5:32 AM CT; 08:46 Minutes

Most Americans are well acquainted with the story of Amelia Earhart, but few have heard the name, Bessie Coleman. This fearless legend earned her pilot's license two years before Earhart became certified. This week, as we commemorate Black History Month, we cover the story of Coleman and the countless barriers she faced as an African American woman in the early 1900's set on making a name for herself in performance stunt flying. Host: Gary Price. Producer: Amirah Zaveri. Guest: Tanya Hart, host & producer, Hollywood Live with Tanya Hart, co-producer, Flying Free Films.

3. "Viewpoints": The Rise Of Soul Music: Stax, Motown & The Genre Today 03/03/24; 5:33 AM CT; 08:09 Minutes

Marvin Gaye, Stevie Wonder, Aretha Franklin. These are just some of the iconic soul artists that shaped the genre. We speak with two experts about the cultural relevance of soul music today and how current artists and organizations are carrying on the legacy of this music. Host: Marty Peterson. Producer: Tabor Brewster. Guests: Mark Anthony Neal, James B. Duke Distinguished Professor, African American Studies, Duke University; Isaac Daniel Executive Director, Stax Music Academy.

D. Education

1. "Viewpoints": Why Are We Banning More Books Than Ever Before? 01/21/24; 5:42 AM CT; 09:23 Minutes

Books have been taken off shelves since the colonial period, but, in recent years, more books than ever have been deemed unsuitable for young readers and are being removed from schools and local libraries. We cover the controversy by highlighting two differing perspectives on the debate. Host: Marty Peterson. Guests: Jonathon Friedman, director, free expression & education programs, Pen America; Tia Bess, volunteer, Moms for Liberty.

2. "Viewpoints": New Year, Same Challenges: Why American Education System Is At A Crossroads

01/28/24; 5:32 AM CT; 07:26 Minutes

For years, the media has covered teacher burnout and how more and more teachers are resigning. Yet, despite this increased coverage, little has been done to improve pay, working conditions and autonomy on a large-scale for educators. Now, many schools across the country are reaching a breaking point and lower-than-average student scores are reflecting this systemic breakdown. We speak with two education experts about what needs to

change and how listeners can get involved. Host: Gary Price. Producer: Amirah Zaveri. Guests: Becky Pringle, president, National Education Association; Lori Cash, retired first grade teacher, Columbus, Ind.

3. "Radio Health Journal": Why Science Says Kids Should Still Learn To Write In Cursive

02/25/24; 6:14 AM CT; 07:59 Minutes

In the age of cell phones and laptops, is handwriting obsolete? Our experts say that there's still a great benefit for students to write their notes down with pen and paper. Even cursive has its benefits. They discuss the research that shows why elementary students should still know how to use pens and pencils. Host: Greg Johnson. Producer: Libby Foster. Guests: Dr. Danny Oppenheimer, Professor of Decision Sciences, Carnegie Mellon University; Dr. Virginia Wise Berninger, Professor Emerita, University of Washington

E. Mental Health

1. "Radio Health Journal": Mentally III Inmates: Safety And Justice Or Suffering And Vengeance?

01/21/24; 6:02 AM CT; 12:28 Minutes

American prisons are full of people with mental illness, but does the system actually fulfill its promise of reform for these inmates? Dr. Christine Montross, a psychiatrist, says many of them aren't getting the correct help that will make a difference in their lives — and make our society a safer place when they're released. She breaks down the prison system and offers alternatives programs to solve this crisis. Host: Elizabeth Westfield. Producer: Reed Pence. Guests: Christine Montross, Associate Professor of Psychiatry and Human Behavior, Brown University

2. "Radio Health Journal": Do You Support Giving Children Mental Health Days Off Of School?

01/21/24; 6:15 AM CT; 07:43 Minutes

We're quick to pull our kids out of school when they're running a fever or throwing up, but what about when they've become burnt out or severely stressed? Just because we can't see the physical symptoms doesn't mean there isn't a problem. Our expert explains the benefits of giving your children mental health days and how to prepare them for future obstacles. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Andrea Bonior, Licensed Clinical Psychologist, Author

3. "Radio Health Journal": Mental Health In The Military: Stigmas, Resources, And Roadblocks

01/28/24; 6:14 AM CT; 08:39 Minutes

As a psychologist, Dr. Chuck Weber helped a lot of soldiers during his time in the military. However, limited resources held him back from being able to fully help the families of active-duty soldiers. He explains why this is such an important area of service and how he fought to prioritize mental health services. Host: Greg Johnson. Producer: Kristen Farrah.

Guests: Dr. Chuck Weber, Psychologist, Chief Medical Officer and Founder, Family Care Center

F. Psychology

 "Viewpoints": Why Divorce Rates Are Climbing Right Now & What To Know If You're Ever In This Situation 02/04/24; 5:32 AM; 07:48 Minutes

For many divorce attorneys, the beginning of the year is typically peak season for obtaining new clients. After the holiday season is over, struggling couples reassess their marriage in the new year and then, if they choose to move forward, start the process of divorce in February. We speak with prominent New York City divorce attorney Jacqueline Newman about the biggest misconceptions people have when it comes to divorce and why everyone – single or married – should keep these tips in mind. Host: Gary Price. Producer: Amirah Zaveri. Guest: Jacqueline Newman, divorce attorney, managing partner, Berkman, Bottger, Newman & Schein.

2. "Viewpoints": We All Experience Trauma: How To Best Work Through It 02/04/24; 5:41 AM; 09:21 Minutes

Even Trauma comes in many shapes and forms – and nearly everyone experiences trauma at some point in their life. Viewpoints speaks with psychiatrist, Dr. James S. Gordon to better understand a person's reaction to trauma and the body's resilience in dealing with these stressful events and situations. Host: Marty Peterson. Producer: Amirah Zaveri. Guest: Dr. James S. Gordon, psychiatrist, clinical professor, Georgetown Medical School, author, Transformation: Discovering Wholeness and Healing After Trauma.

3. "Viewpoints": Performance Anxiety: We All Struggle With It. How Do You Rise Above?

02/25/24; 5:41 AM; 09:56 Minutes

Before a big presentation or test or job interview, most of us struggle with different levels of anxiety, nerves, and self-doubt. Dr. Dana Sinclair has worked with Olympic athletes, A-list actors and actresses, and even surgeons on how to overcome this performance anxiety and get back in control in a matter of minutes. We speak with her to learn how everyone can utilize these same strategies in their daily lives. Host: Marty Peterson. Producer: Amirah Zaveri. Guest: Dr. Dana Sinclair, psychologist, author, Dialed In: Do Your Best When It Matters Most.