WAQX Issues/Programs July-September 2019 "Street Talk" weekly program 30 minutes including some commercial content. Sundays 6:00-6:30am

7/7/19 **Rob O'Connor, Syracuse Nationals:** The 20th anniversary of the Syracuse Nationals is being celebrated July 19th through the 21st at the New York State Fairgrounds, with over 8,000 classic cars expected from all over the US and Canada. But even though the cars are the backdrop of this amazing event that brings millions of dollars to the Central New York economy, the Syracuse Nationals features so much more. Find out more at SyracuseNationals.com. **Eric Neubauer**, **Running of the Elks:** The second annual Running of the Elks takes place beginning and ending at the Liverpool Elks Lodge on Friday evening, July 19th to benefit Honor Flight Syracuse. Sign up at RunSignUp.com or look for Running With the Elks on Facebook. **Katie Oja, Hope for Bereaved:** Hope for Bereaved is once again holding their Remembrance Run/Walk. This takes place Sunday, July 21st at Long Branch Park in Liverpool. Sign up today at HopeForBereaved.com.

7/14/19 **Mike Casey, CMT Association:** Charcot Marie Tooth or CMT is a neurological disease that kills the nerves of those affected, mainly in the feet and hands. It is diagnosed frequently. But the CMT Association is hoping to change that. The Syracuse Branch is holding their first ever fundraiser walk on Saturday, September 14th. **Marc Saltzman, Tech ideas:** Our tech guru Marc Saltzman was just recently at the E3 where he checked out all of the fun stuff that is new in video games and the tech world. Check out Marc's columns in USA Today and many other publications nationwide.

7/21/19 Joanne Lenweaver, Laura Thorne, WISE Women's Business Center, Laura Thorne Consulting: The WISE Women's Business Center in downtown Syracuse continues to provide hundreds of women each year with mainly free services to help start a business or expand their current one. Joanne Lenweaver joins us again to fill us in on what is happening at WISE and this month's female entrepreneur is Laura Thorne, owner, operator and Performance Improvement Consultant for Laura Thorne Consulting. You can see more about Laura at LauraThorneConsulting.com and the WISE Women's Business Center at WiseCenter.org.

7/28/19 **Kevin Hopper, Dig Safely NY:** On Sunday, August 11th, Dig Safely New York is celebrating their 50th year here in New York State. They are based right in East Syracuse and they're holding a Free Community Day Celebration open to everyone to help remind you to call 811 before you dig on 8/11. Find out more at Dig Safely New York's Community Day at their website at DigSafelyNewYork.com. Colleen Merced, McMahon Ryan Child Advocacy Center: McMahon Ryan Child Advocacy Center is holding their second annual Over the Edge 4 Kids on Saturday August 17th. Community residents are invited to rappel down a 10 story building in downtown Syracuse, all to raise money for the center, dedicated to healing abused children and raising awareness to help prevent child abuse. Sign up for Over the Edge 4 Kids today at mcmahonryan.org. Joe Stanley, Stanley Law Office: Summer fun includes water whether it's in the form of boating, swimming or water parks. But Lawyer Joe Stanley says you better play it safe. For more information visit stanleylawoffices.com. Renee **Duffy. Philanthropic Foodies:** If you are hearing this show early enough, you still have time to head out to today's Philanthropic Foodies, an event that raises money for charitable causes in Central New York by allowing you to try different foods and

beverages from a variety of restaurants in Central New York. You can find out more on their website at PhilanthropicFoodies.org.

8/4/19 Janice Venditte, Tonya Kassler, CNY SNAP: CNY Snap is a Spay and Neuter Assistance program to help end the over population of cats and dogs in Central New York. It is based in Cortland but helps animals throughout the area and they're holding a special fundraiser next weekend at Destiny USA. See them at Destiny USA August 10th and 11th on the first floor near the Disney Store. Or see more on their organization at CNYSnap.Shutterfly.com. Janice Todeschini, Al Tedeschini Pancreatic Cancer **Fund:** Janice Todeschini's brother died of pancreatic cancer four and a half years ago. She is raising money to help cancer patients by holding a very unique annual fundraiser in Old Forge called The Paddle for Pancreatic Cancer. For more information on the Al Todeschini Pancreatic Cancer Fund and The Paddle for Pancreatic Cancer, visit upstate.edu/paddle. Emily Tripepi, American Red Cross: Sound the Alarm is a FREE smoke alarm service offered by the American Red Cross to make sure that houses and apartments have working smoke detectors that many times are the difference between life and death. For more information, visit soundthealarm.org/wcny. 8/11/19 **Peggy Fabic, Friends of Central Library:** The Friends Of Central Library have already started selling season tickets to their upcoming Rosamond Gifford Lecture Series which begins in September and benefits the Onondaga County Library System. For ticket information and to see more on their season's authors, visit foclsyracuse.org. Roslyn Rogers, Wendy Meyerson, Natur-Tyme: The extremely popular Customer Appreciation Day is happening Saturday, August 18th at Natur-Tyme on Erie Blvd. from 9 am to 6 pm featuring special speaker Roslyn Rogers who is a Certified Nutritional Consultant among other things. She'll be speaking about her book and how she got her title of the red hot lady of menopause. Find out more about Natur-Tyme during their annual Customer Appreciation Day on Saturday August 18th from 9 am to 6 pm at their

8/18/19 Joanne Lenweaver, Robin Cortese, WISE Women's Business Center, AT&T Premier Technologies: The WISE Women's Business Center continues to offer mainly free services to women who are starting a business or expanding their current one. Find out more about the WISE Women's Business Center at wisecenter.org and see more on A T and Premier Technologies, see PremierUNY.com.

store on Erie Blvd. near Bridge Street.

8/25/19 **Joanna Jewitt, ARC of Onondaga:** ARC of Onondaga is holding their annual Dunkin Run ARC Race on Saturday September 6th at Longbranch Park in Liverpool. For information on this year's ARC Run, go to ArcRun.org and for information on ARC itself go to ARCOn.org. **Joe Stanley, Stanley Law Office:** Joe Stanley wants everyone to take vacation but make sure your place of employment has you covered while you're gone: StanleyLawOffices.com. **Whitney Lash-Marshall, Baltimore Woods:** Baltimore Woods Nature Center in Marcellus is open to the public and offers miles of trails to enjoy all year round. For more information, visit BaltimoreWoods.org.

9/1/19 **Christine Corbett, Josh Haun, David's Refuge:** David's Refuge is an organization that offers respite, resources and support to parents of children with special needs or those who have chronic or terminal illnesses. Their popular Taste of David's Refuge" is being held at the RedBarn 20 in Cazenovia on September 13th. For more information, go to DavidsRefuge.org. **Gina Lazara, Salvation Army:** The Salvation Army is asking the Central New York community to become part of the Hero

Society by donating a small amount of money each month to help them run their many programs 365 days a year. For more, visit their website at sasyr.org.

9/8/19 **Mark Antony Jr., Home Builders and Remodelers of CNY:** The highly anticipated Parade of Homes with the Home Builders and Remodelers of Central New York is back this month! It's running September 14th through the 29th at Wildflower in Clay. For more information, go to H-B-R-C-N-Y-DOT-COM. **Cheryl Ciarrusso, Jennifer Jock, Contact Community Services:** Did you know that on average, one person dies by suicide every 12.3 minutes? World Suicide Prevention Day is coming up on Tuesday, September 10th. Contact Community Services and several local businesses are participating by wearing purple and teal and giving out purple and teal ribbons to symbolize suicide prevention awareness. Find out more at OnondagaSuicidePrevention.com.

9/15/19 Joanne Lenweaver, Barb Stone, WISE Women's Business Center: The WISE Women's Business Center continues to offer mainly free services to women who are starting their own business or expanding their current one and they are located in downtown Syracuse. For more information on the WISE Women's Business Center, visit wisecenter.org. For more on Barb Stone, visit Build Your Path LLC on Facebook. Jenni Gratien, Chadwick Residence: The annual Reds, Whites and the Blues fundraiser to benefit Chadwick Residence is happening Friday, September 27th at Drumlins. Chadwick Residence has been helping women and children in Central New York for the last 33 years. Learn more and get your tickets today at chadwickresidence.org.

9/22/19 Ed Suke, Jim Sleeper, National Center for Missing and Exploited **Children:** The Ride for Missing Children is happening Friday, September 27th across CNY and will be stopping at many area schools to spread the message of child safety. Still time to join in the ride, or at least see the route so that you can stand outside and cheer as they ride by. See details at TheRideForMissingChildren.com. Mike Nortman, Meals on Wheels: The 2nd Annual Meals on Wheels of Syracuse Meet and Mingle is happening Wednesday, August 25th on the roof of Rockbridge Investment Management on South Warren St. in Syracuse. For more information, go to meals.org. 9/29/19 Bryony Grealish, The Fingerless Kitchen: Bryony Grealish from The Fingerless Kitchen has been challenging local chefs to the "No Thumbs Challenge" in an effort to inspire cooks of all abilities to have the confidence to do their own cooking in the kitchen. For more information on Bryony, see The FingerlessKitchen.com. Amy Delia, Honor Flight Syracuse: Honor Flight Syracuse serves ten counties in the greater Central New York area by flying our local veterans to Washington DC to see the memorials honoring those who served our nation. For more on Honor Flight Syracuse and to nominate the veteran in your life for an upcoming flight, visit HonorFlightSyracuse.org. Andrew Sabbaghzadeh, Gina Lazara, Salvation Army: The 48th annual Civic Celebration Luncheon to benefit the Salvation Army is happening Tuesday, October 8th at the OnCenter. For more information and to get tickets go to sasyr.org.