

WAQX Issues/Programs January-March 2019

“Street Talk” weekly program 30 minutes including some commercial content. Sundays 6:00-6:30am

1/6/19 **Molly Prichard, Onondaga County Foster Care:** Onondaga County is in desperate need for foster and adoptive homes for children that are currently in their care. Molly Prichard is a Home Finding Specialist, who recruits and trains foster parents in the county. They are currently taking applications for their January class. For more information, visit onfostercare.org. **Molly Morgan, Nutritionist/ Family Times:** Pretty much all parents know that giving young kids caffeinated products is not a good idea. But sometimes, it is hard to tell that they contain caffeine. Pick up Family Times throughout the month of January at a number of locations including grocery stores, doctor’s offices, gyms and schools all locally written and all free of charge. **Dr. Theresa Waters, Dr. Les Luke, St. Joseph’s Medcast:** St. Joseph’s Health has launched a new audio podcast series called St. Joseph’s Health Medcast. It’s a way to keep Central New York residents informed about a number of different topics by hearing from the health professionals themselves. You can find the St. Joseph’s Health Medcast at sjhsyr.org/medcast.

1/13/19 **Joanne Lenweaver, Jessica Franklin Benedict, WISE Women’s Business Center, Sixty55 Design:** The WISE Women’s Business Center is off and running for another year at their new location in the AXA towers in downtown Syracuse, offering mainly free services to women who are thinking about starting their own business or expanding their current one. Joanne Lenweaver from WISE joins us, along with another female entrepreneur, Jessica Franklin Benedict, founder of Sixty55 Design. To find out more about WISE, visit wisecenter.org. Jessica’s website can be found at SIXTY55.com. **Marsha Tait, Literacy CNY:** The 9th annual Scrabblemania to benefit Literacy CNY is being held on Friday, February 1st at the Marriott Syracuse Downtown. For more information, visit their website at literacycny.org.

1/20/19 **Anne Costa, Jackie Doe, Aurora of CNY:** Aurora of CNY has been helping those who are blind, visually impaired, deaf or hard of hearing and they have been doing it for 100 years. For more information visit auroraofcny.org. **Marc Salzman, CEO:** The Consumer Electronics Show just finished in Las Vegas featuring some of the most innovative technology advancements that consumers will see in the next few years. You can catch Marc in a number of different national publications throughout the country. He also hosts his own podcast.

1/27/19 **Amy Caputo, Denise Headd, GiveToOthers.com and Catholic Charities:** GiveToOthers.com is a website that facilitates the transfer of goods from individuals who want to donate to non-profits, specifically to the non-profits that are in need of those items. They have a new and improved website. Check out the new and improved website at givetoothers.com. **Dr. William Graber, St Joseph’s Medcast:** St. Joseph’s Health has launched a new audio podcast series called St. Joseph’s Health Medcast. It’s a way to keep Central New York residents informed about a number of different topics by hearing from the health professionals themselves. Find the St. Joseph’s Health Medcast at sjhsyr.org/medcast.

2/3/19 **Michael Metzgar, OCC:** The Workforce Development program at Onondaga Community College focuses on careers that are hiring here in CNY and can be completed in a much shorter time than a traditional college associate’s degree. For

more information, visit sunyocc.edu. **Andrew Sabbaghzadeh, Salvation Army:** It's been a COLD winter and the Salvation Army is doing all they can to FIGHT THE FREEZE. Again text the word FREEZE to 91999 to donate to emergency services at the Salvation Army. **Joe Stanley, Stanley Law Offices:** As we just mentioned, the winter has been a cold one. And if you live in a rented apartment or house where the furnace constantly doesn't work or turn on, what should you do? For more on Stanley Law, visit stanleylawoffices.com. **Bea Gonzalez, Kristy Smorol, Go Red for Women, American Heart Association:** Friday February 1st was National Wear Red Day with the American Heart Association. For more information, go to GoRedForWomen.org.

2/10/19 **Gina Rapasadi, Rescue Mission:** The Freeze Out 5K to End Homelessness is happening Friday, February 15th at Onondaga Community College. All proceeds will benefit the Rescue Mission. For more information or to register, go to FreezeOut5K.com. **Madeline Merwin, Yvette Rother, Ajene Arokium, Camp Kesem:** Camp Kesem is a national non-profit organization that provides a free summer camp and year-long support system for children whose parents are touched by cancer. They have a local chapter right here in Syracuse made up of a lot of volunteers, many of them Syracuse University students. Find out more and buy tickets to the Make the Magic Gala at campkesem.org/Syracuse.

2/17/19 **Joanne Lenweaver, Eileen Brophy, WISE Women's Business Center and Brophy Services:** The WISE Women's Business Center continues to provide mainly free services to women who are starting their own business or expanding their current one. Joanne Lenweaver once again joins us to fill us in on what's happening at the WISE Center. To find out more about the WISE Women's Business Center, visit WiseCenter.org. For more on Brophy Services, go to brophyservices.com. **Dr. Russell Silverman, St. Joe's Medcast:** St. Joseph's Health has launched a new audio podcast series called St. Joseph's Health Medcast. It's a way to keep Central New York residents informed about a number of different topics by hearing from the health professionals themselves. Find the St. Joseph's Health Medcast at sjhsyr.org/medcast.

2/24/19 **Dave White, NY Sea Grant:** The Central New York Boat show was just held last weekend, getting everyone ready for boating season ahead. To find out more about the New York Sea Grant, visit seagrantsunysb.edu. **Dr. Charles Lutz, St. Joe's Medcast:** St. Joseph's Health has launched a new audio podcast series called St. Joseph's Health Medcast. It's a way to keep Central New York residents informed about a number of different topics by hearing from the health professionals themselves. Find the St. Joseph's Health Medcast at sjhsyr.org/medcast.

3/3/19 **Ron Dumond, The Central New York Home and Garden Show:** The Central New York Home and Garden show has a new home this year – filling up the brand new Expo Center at the New York State Fairgrounds. It's being held March 15th through the 17th. For more information on the Home and Garden Show, visit hbrcnyc.com. **Louise Penny, Friends of Central Library:** The Friends of the Central Library continue their Rosamond Gifford Lecture series tomorrow night, March 4th at the Crouse Hinds Concert Theater with New York Times best-selling author Louise Penny. For ticket information on the entire lecture series, visit foclsyracuse.org. **Karrie Damm, The Oswego County Child Advocacy Center:** The Oswego County Child Advocacy Center held their annual chicken wing fundraiser over the weekend. To find out more about their services, visit oswegocac.org.

3/10/19 **Elise Penge, St. Jude:** The annual Syracuse for St. Jude Gala is happening March 23rd at the OnCenter. Again get ticket information at stjude.org/syracusegala. **Dr. Borys Buniak, St. Joseph's Hospital:** St. Joseph's Health has launched a new audio podcast series called St. Joseph's Health Medcast. Today we feature a portion of the podcast "Addressing Reflux Disease Misconceptions" with Dr. Borys Buniak. Find the St. Joseph's Health Medcast at sjhsyr.org/medcast.

Joe Stanley, Stanley Law Office: The Child Victim's Act Law just passed in New York State which changes the statute of limitations on child sexual abuse crimes to 28 in criminal cases and 50 in civil cases, which opens the door to a number of new lawsuits. Joe Stanley also fills us in on life insurance and how, if you have it, you should make sure YOU know what is included and also tell those that will handle arrangements when you pass on: For more on both of these issues, visit stanleylawoffices.com.

3/17/19 **John Bruzdinski, Big Brothers Big Sisters:** Bowl for Kid's Sake to benefit Big Brothers Big Sisters is happening Sunday, March 31st at Flamingo Bowl in Liverpool. For more visit bbbs-syracuse.org. **Shannon Amidon, Syracuse Community Connections:** March is Endometriosis Awareness Month and Syracuse Community Connections is a not-for-profit organization in the city of Syracuse whose mission is to be a health advocate for our diverse community. For more information visit Syracuse Community Connections on Facebook or call them at 315-435-3295.

3/24/19 **Joanne Lenweaver, Lynne Della Pelle Pascale, WISE Women's Business Center:** The Wise Women's Business Center continues to offer mainly free services to women who are starting their own business or expanding their current one. Lynne Della Pelle Pascale is the owner of Farmer Street Pantry. For information on the Wise Women's Business Center, including the WISE Symposium on April 25th, visit wisecenter.org. For information on Farmer Street Pantry, go to farmerstreetpantry.com.

Dr. Olivia Andrade, St. Joseph's Health: St. Joseph's Health has launched a new audio podcast series called St. Joseph's Health Medcast. It's a way to keep Central New York residents informed about a number of different topics by hearing from the health professionals themselves. Today we feature a portion of the podcast "Hospital, Urgent Care or ED?" with Dr. Olivia Andrade. Find the St. Joseph's Health Medcast at sjhsyr.org/medcast.

3/31/19 **Timothy Barclay, Matt Leyva, Tunnel to Towers Tower Climb:** A new event is happening on April 6th to benefit the Stephen Siller Tunnel to Towers Foundation called the Tower Climb. Preregister for the April 6th event at T2TClimb.org. **Wendy Meyerson, Spring Into Health:** Natur-Tyme's 19th annual Spring Into Health Fair will be happening on Sunday, April 7th at the New York State Fairgrounds Horticulture Building, featuring a full day of creating a healthier you. For presale tickets or more information on the April 7th Spring Into Health Fair, visit natur-tyme.com.