

Issues/Programs Report

April – May – June 2020

WLYF(FM) (HD1) Miami, FL

File Date: July 1st, 2020

The following are significant problems and needs in the (WLYF) service area as identified by listeners and show guests. Under each, described are illustrative programs addressing these problems and needs. This list is not intended to be all inclusive, but is representative of the responsive programming broadcast on (WLYF).

The programs aired during the quarter were:

Locally produced program aired Sunday 4/5/20 (60 min.)

Radio Health Journal – aired (6:00a.m. and 11:00p.m.) Sunday 4/12-6/28/20 (30 min.)

Viewpoints – aired (6:30 and 11:30p.m.) Sunday 4/12-6/28/20 (30 min.)

The issues were discussed on the dates and times indicated.

April 5th 6:00a.m. and 11 p.m.– 30 min. Citrus Family Care Network This Foster Family program's goal is to oversee, modernize, integrate and improve the coordinated System of Care serving Miami-Dade and Monroe Counties, to be able to protect children, strengthen families, and engage community networks in order to ensure prompt, effective and high-quality services and care.

April 5th 6:30 p.m. , 11:30p.m. – 30 min. Nest Of Love Samantha G, President and Founder: This organization is committed to lead women from every culture and ethnicity to become a leader. They are uniting individuals who are seeking advancement and equality through our Mentorship, Leadership, Wellness and Spiritual Guidance Programs.

April 12th 6:00a.m and 11:00p.m. - 30 min.- Crime, Women's Health-Radio Health Journal

With hundreds of millions of Americans sheltering at home due to the COVID-19 pandemic, the odds and fear of domestic abuse are rising. The leader of a noted shelter and counseling program discusses the increase, the difficulty of counteracting it during a national lockdown, and what people can do to cope.

Guest: Irene Lindsey Brantley, Program Director, Women In Transition, Philadelphia

Disabilities

People who suddenly speak with what sounds like a foreign accent often have a brain injury due to a stroke or other trauma. Experts discuss the syndrome and chances of recovery

Guests: Dr. Sheila Blumstein, Professor Emerita of Cognitive Linguistics and Psychological Sciences, Brown University; Dr. Jack Ryalls, Professor of Communication Sciences and Disorders, University of Central Florida

April 12th 6:30a, 11:30p.m. -30 min.-Public Health-Viewpoints

On a typical day, the National School Lunch Program serves 20.2 million free lunches to students in need, according to the USDA. With sweeping school closures across the U.S. in response to the COVID-19 pandemic, millions of students are going hungry. Viewpoints discusses with Dan Giusti, founder, Brigaid; Betsy Zorio, vice president, U.S. programs and advocacy, Save the Children the new reality foodservice workers face and the balance between staying safe and serving meals.

Mental Health

The first published crossword was created in 1913 by journalist Arthur Wynne. Since then, the timeless puzzle has

stayed in style and graces newspapers from the New York Times to USA Today. Self-acclaimed lovers of crosswords are known as 'cruciverbalists' and compete online as well as create these puzzles for publishing. We speak with crossword expert, Adrienne Raphel to find out more about this beloved word game. Marty Peterson Adrienne Raphel, author *Thinking Inside the Box: Adventures with Crosswords* and *the Puzzling People Who Can't Live Without Them* Culture Crash: Viewpoints discusses some of our favorite classic reads by prominent authors.

April 19th 6:00a, 11:00p.m. -30 min. Radio Health Journal-Health Care

Hospitals are scrambling to get extra equipment and outfit more beds and ICU units for COVID-19 patients. Their treatment is time-consuming and expensive. At the same time, hospitals' lucrative elective procedure business has largely been eliminated. Will the combination bankrupt hospitals? Two experts who have studied the crisis discuss. Host & Producer: Reed Pence. Guests: Dr. Vivian Ho, Chair, Health Economics, and Director, Center for Health and Biosciences, Rice University and Professor of Medicine, Baylor College of Medicine; Dr. Heidi Russell, Associate Professor, Baylor College of Medicine

Fitness, Public Health

The national effort to shelter in place has closed gyms and led many people to complain of weight gain. Two exercise experts discuss how people can maintain fitness at home with no equipment.

Guests: Sabrina Wescott, nutrition health coach and Director of Marketing, Maxpro Fitness; Erin Sampson, yoga instructor on YouTube "Five Parks Yoga" channel

April 19th 6:30a, 11:30p.m. - 30 min. -Viewpoints - Technology

Drones are already a multi-billion-dollar business and only set to grow in revenue over the next five years, reaching an estimated 63 billion by 2025. The unmanned aircraft systems can be applied to a wide breadth of tasks and are an essential resource during war, rescue and public health crises, including the COVID-19 pandemic. Viewpoints speaks with two drone experts about innovation and security challenges facing the industry. Brendan Schulman, vice president of policy and legal affairs, DJI; Dan Gettinger, co-director, center for the study of the drone, Bard College

Technology, Science

Imagine finding out at 54-years-old that the father who raised you wasn't actually your biological dad. Novelist Dani Shapiro found herself in this position after she and her husband sent in an at home DNA test to Ancestry.com and it came back with some unexpected results. Marty Peterson Dani Shapiro, author, *Inheritance: A Memoir of Genealogy, Paternity and Love* & creator, host, podcast *Family Secrets*

Culture Crash: Video Games. We delve into the fantasy world and discuss some of our favorite classic and new release picks.

April 26th 6:00a, 11:00p.m. -30 min. - Radio Health Journal - Public Health and Safety

Many Americans are impatient with social distancing as a result of COVID-19 despite the success of the tactic. However, reopening the country too quickly could allow the virus to come roaring back, resulting in thousands more deaths and even more economic damage. Two experts explain how the rollout should happen to get us back to work safely. Guests: Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University School of Medicine; Dr. Gary Slutkin, CEO, Cure Violence Global

A lack of ventilators potentially puts doctors in the position of deciding which of their COVID-19 patients get a ventilator and live, and which ones don't get one and die. New rules for making such decisions have been released which are designed to be fair and independent. The designer of the rules explains. Guest: Dr. Douglas White, Professor of Critical Care Medicine and Director, Program on Ethics and Decision Making In Critical Illness, University of Pittsburgh

April 26th 6:30a, 11:30p.m. - 30 min.-Viewpoints- Environment

With billions across the world staying home right now due to coronavirus, air pollution in many major cities has cleared making way for blue skies and new views of nature. This week, Viewpoints speaks with journalist and author Thomas Kostigen about the role of geoengineering in tackling another approaching global crisis: climate change. Guest: Thomas Kostigen, journalist, author, Hacking Planet Earth: How Geoengineering Can Help Us Reimagine the Future.

The COVID-19 pandemic has exacerbated the housing crisis as many millions of Americans can no longer afford to pay rent or their monthly mortgage. Viewpoints speaks with two housing experts about why so many people struggle to find affordable housing in the U.S. and one possible solution to the problem. Guests: Conor Dougherty, New York Times economic reporter, author, Golden Gates, Fighting for Housing in America; Patricia Foreman, tiny homeowner, author, A Tiny Home to Call Your Own, Living Well in Just-Right Houses

May 3rd 6:00a, 11:00p.m. -30 min. - Radio Health Journal - Health

Mental health is difficult to maintain when people are required to stay inside at home. In fact, we're asked to engage in activities that normally would indicate mental distress. A noted psychologist with the NIH discusses ways to stay mentally healthy during the pandemic lockdown. Guest: Dr. Krystal Lewis, clinical psychologist, National Institute of Mental Health

Nursing homes have been a hotbed of fatal COVID-19 infections. The virus was loose in many of them before they could even know it. An industry expert discusses what nursing homes are doing now to keep the virus out and their patients safe. Guest: Dan Stockdale, certified nursing home administrator and consultant

May 3rd 6:30a, 11:30p.m. -30 min.- Viewpoints - Food, Business

Could you ever imagine that some imported white asparagus could cost upwards of \$250? Neither did we. This week on Viewpoints, we delve into the niche world of luxury and on-trend ingredients as well as roles in the food industry you've probably never heard of. Guests: Carrie Nahabedian, executive chef, co-owner, Brindille, Kostali; Susan Spungen, food stylist, cookbook author, Open Kitchen: Inspired Food for Casual Gatherings

Complex ingredients like maltodextrin and ferrous sulfate can seem scary, but are they actually bad for you in the long-term? We speak with chemist and author, George Zaidan about how food processing took hold in early human history and what to keep in mind when it comes to keeping a healthy diet. George Zaidan, chemist, journalist, author, Ingredients: The Strange Chemistry of What We Put In Us and On Us

CULTURE CRASH: EXPLORING THE TECH SHOW "HALT AND CATCH FIRE"

May 10th- 6:00a, 11:00p.m. 30 min- Radio Health Journal-Economy, Government

The COVID-19 pandemic has caused a quicker economic crash than we've ever seen. Opening the nation too fast will likely trigger a "W" shaped recovery with wide swings of growth then decline. Either way, the effects will last for years. Experts discuss likely scenarios. Guests: Dr. Martin Andersen, Assistant Professor of Economics, Bryan School of Business and Economics, University of North Carolina at Greensboro; Dr. Mark Muro, Senior Fellow, Metropolitan Policy Program, Brookings Institution

Health

Doctor's appointments via smartphone have been available for some time but were little used except in remote areas due to insurance reluctance. Now telemedicine has been forced on us and on insurers by COVID-19 restrictions, and many providers swear by them. Guests: Dr. Franziska Ringpfeil, Assistant Professor of Dermatology, Thomas Jefferson University; Dr. Brian Cole, Professor of Orthopedic Surgery, Rush University & Managing Partner, Midwest Orthopedics at Rush; Brian Slusser, CEO, Health In Motion Network

May 10th 6:30a, 11:30p.m. 30 min Viewpoints - Economy

In most states, construction is deemed an essential service during the COVID-19 pandemic. With roadways fairly clear and schools temporarily closed, crews are getting to work while still adhering to social distancing rules. In effect, construction spending was up 4.7 percent in March 2020 compared to March 2019. Viewpoints speaks with two people working in the industry to get an inside view on growth and job opportunities as well as current challenges facing the sector. Guests: Paul Robinson, CEO & Founder, ConstructReach; Jocelyn Lipscomb, carpenter

CULTURE CRASH: THE FATE OF THE OSCARS

Business

Even as Americans shelter-in-place, coffee consumption is up in the first four months of 2020. Why is coffee a drink that is so popular across the globe? The drink was first consumed by Sufi monks in the fifteenth century as part of a religious ceremony, but quickly gained popularity across the Middle East where it then eventually spread to Europe. Viewpoints discusses the complicated history of coffee production and American's reliance on this caffeine-packed drink. Guest: Augustine Sedgewick, author, *Coffeeland: One Man's Dark Empire and the Making of Our Favorite Drug*

May 17th 6:00a, 11:00p.m. 30 min Radio Health Journal -Mental Health

The COVID-19 lockdown has triggered increased alcohol use in many people, and an alcohol use disorder in some. Help can be difficult to access, as face-to-face counseling and group sessions have been halted. For women, it can be even more difficult, as they are much more comfortable in more rare single-sex sharing situations. Two experts discuss today's dangerous alcohol triggers and how to seek help. Guests: Jessica Foody, certified professional recovery coach; Dr. Kathleen Brady, Distinguished University Professor of Psychiatry, Medical University of South Carolina

Spring is the season of rituals—prom, graduation, commencement and weddings. Social distancing has taken most of these rituals away. An expert discusses the importance of rituals in our mental health and why it's OK to grieve their loss. She also discusses how changing rituals can be successful save for the tragic loss of funerals.

Guests: Dr. Maribel Alvarez, Associate Research Professor of Anthropology, University of Arizona

May 17th 6:30a, 11:30p.m. 30 min. Viewpoints - Mental Health

Iliana Regan has worked in the restaurant industry for more than two decades in almost every position imaginable. From fast service to high-end fine dining, she's a self-taught, Michelin-starred chef that's known for her ability to create masterful dishes using naturally sourced and foraged ingredients. As her career has skyrocketed up, she's also had several low points in her life that have impacted who she is today. Gary Price Iliana Regan, Michelin star chef, owner, Elizabeth, Milkweed Inn & author, *Burn the Place*

Technology, Finance

Jessica Byrne is a 26-year-old software engineer from Portland that's saved more than \$300,000 in a very short span of time. We speak with Byrne about how she grew her skill base in order to up her salary and then quickly save thousands through compounding interest, investing and maintaining a frugal lifestyle. Jessica Byrne, software engineer, founder, blog, *Financial Mechanic*; Ashley Feinstein Gerstley, money coach, author, *30-Day Money Cleanse*, founder, blog, *The Fiscal Femme*

CULTURE CRASH: THE ATHLETE, THE LEGEND: MICHAEL JORDAN

May 24th 6:00a, 11:00p.m. Radio Health Journal 30 min- At Risk Youth, Diet and Health

Over the last 8,000 years, the human jaw has been getting smaller due to an increasingly soft diet and a lack of jaw exercise. The result is an epidemic of crooked teeth and serious health consequences, as two experts explain. Guests: Dr. Paul Erlich, Professor Emeritus of Population Studies, Stanford University and co-author, *Jaws: The Story of a Hidden Epidemic*; Dr. Sandra Kahn, orthodontist and co-author, *Jaws: The Story of a Hidden Epidemic*

Public Health

For people under about age 70, covid-19 is much harder on men than on women, especially those with strong male characteristics like scalp balding and plentiful body hair. A group of researchers has a theory as to why—that male hormones provide the virus with an entry into the cell. One of the researchers discusses what that could mean in terms of treatment. Guest: Dr. Carlos Wambier, Assistant Professor of Dermatology, Brown University Warren Alpert Medical School

May 24th 6:30a, 11:30p.m. 30 min Viewpoints - History, Veterans

Memorial Day is on Monday, May 25 this year. It is a day that we remember those who have served and lost their lives protecting this country. To honor our veterans, we highlight a unique story from World War II about the heroic men of the U.S. Air Force 44th Bomb Group. Gary Price Mara Truslow, management consultant, applied researcher

Space, Technology

When we think back to the biggest space accomplishments in history, many of us instantly remember Apollo 11 – the mission that landed humans on the moon. However, we seldom talk about Apollo 8 when astronauts successfully orbited the moon. Author and historian, Jeffrey Kluger joins Viewpoints to discuss why Apollo 8 was a vital foundational mission for space travel and what it meant to the future of NASA. Marty Peterson Richard Cahan, co-author, *River of Blood: American Slavery From the People Who Lived It*

CULTURE CRASH: PARKS AND RECREATION: QUARANTINE EDITION

May 31st 6:00a, 11:00p.m. 30 min Radio Health Journal - Performing Arts, Public Health & Safety

Scientists have discovered that singing is an exceptionally effective way to spread viruses through the aerosolized particles it expels, which may travel much farther than the six foot safety zone many people follow. This means choruses and choirs may not get back to “normal” after the covid-19 pandemic until much later than most activities, and only with rapid, effective testing or a vaccine.

Dr. Robert Russell, Music Director, CHORALART, Portland, ME and Professor Emeritus of Music, University of Southern Maine; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina and President, Performing Arts Medicine Assn.

Women's Issues

Women may have been known through the centuries as the weaker sex, but researchers have learned that they are anything but weak. Their 2 X chromosomes are both active and cooperate with each other, especially in immune response. An expert discusses new findings on their genetic superiority.

Guest: Dr. Sharon Moalem, author, *The Better Half: On the Genetic Superiority of Women*

May 31st 6:30a, 11:30p.m. 30 min- Viewpoints- Grief, Mental Health

Losing someone you love – whether that's a partner, friend or a part of your family – can be devastating. Is there a way to 'correctly' deal with the process of death and grieve after the person has passed?

Guests: Michael Korda, author, *Passing: A Memoir of Love and Death*; Megan Devine, psychotherapist

Mental Health, Creative Arts

1,000,000 animal and plant species now face the threat of extinction. *Gilgamesh* is thought to be the oldest epic poem ever written, created in 2000BCE. Throughout time, poetry has stayed constant, with greats like Walt Whitman, Emily Dickinson and Henry Thoreau publishing cherished works still topical today. John Kenney is a modern poet whose work is frequently featured in the *New Yorker*. He's best known for his collection *Love Poems for Married People* and joins Viewpoints this week to share his many musings and provide some words of advice when it comes to writing. n 80 percent of all global biodiversity lives on private land, what is the role of corporations when it comes to protecting these endangered species? Viewpoints speaks with Margaret O' Gorman, president of the Wildlife Habitat Council, about the creative and adaptive policies companies can take to make a difference. Marty Peterson John Kenney, poet, author, *Love Poems for Married People*, *Love Poems for People with Children*, *Love Poems for Anxious People*

CULTURE CRASH: THE LIFE OF WRITER & DIRECTOR LYNN SHELTON

June 7th 6:00a, 11:00p.m. 30 min - Radio Health Journal - Health Care, Economics

It's illegal for health insurers to use genetic testing to discriminate against policyholders. However, life insurers can and do discriminate on that basis if the test is in your medical file. Private testing lets patients know their risk for many diseases without landing in health files. Advocates want to make it illegal for life insurers to also discriminate on this basis, but it may end up with higher costs for everyone.

Anya Prince, Associate Professor of Law, University of Iowa; Dr. Patricia Born, Professor and Payne H. and Charlotte Hodges Midyette Eminent Scholar in Risk Management and Insurance, Florida State University; Lisa Schlager, Vice President of Public Policy, Facing Our Risk of Cancer Empowered (FORCE)

Public Health, Youth At Risk

Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble. Guests: Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist

June 7th, 6:30a, 11:30p.m. 30 min. - Viewpoints- Politics & Government

Tensions between the people of Hong Kong and the Chinese communist government are quickly Time Duration Synopsis: 1:48 10:45 escalating in recent months. With the proposal of a new national security law in late May further tightening the grip on the semi-autonomous territory of Hong Kong, the city is a tipping point as protesters risk their lives to fight for political democracy and civil liberties.

Guest: Antony Dapiran, lawyer, writer, author, *City on Fire: The Fight for Hong Kong*

Science, History

Imagine finding a rough, circular rock-like object and spending many minutes, if not hours, trying to pry it open to see what's inside. Once you finally cracked it open, who would slurp down the slimy, raw interior of an oyster, praying that it wouldn't kill them? We discuss the many firsts throughout history and the bold civilizations who uncovered these discoveries.

CULTURE CRASH: REMAKING THE JUSTICE LEAGUE

June 14th, 6:00a, 11:00p.m. 30 min. - Radio Health Journal - Disability, Education

Stuttering is an extremely misunderstood disability. Many stutterers go to great lengths to avoid the words or phrases that trip them up, and are often successful in keeping their disability hidden. Yet then it may be mistaken for other problems. Experts explain, using former Vice President Joe Biden as an example. Guests: Jane Fraser, President, Stuttering Foundation of America; Dr. Eric Jackson, Assistant Professor of Communicative Sciences and Disorders, New York University

Public Health, Poverty

Scientists have learned that the habits and environments of our parents and grandparents can have a strong effect on our health and longevity as a result of imprinting on egg and sperm cells
Guest: Judith Finlayson, author, *You Are What Your Grandparents Ate: What You Need to Know About Nutrition, Experience, Epigenetics, and the Origins of Chronic Disease*

June 14th, 6:30a, 11:30p.m. 30 min- Viewpoints - Civil Rights, Police & Law Enforcement

George Floyd was 46 years old when he was murdered on the street by ex-Minneapolis police officer Derek Chauvin. The father of five moved to the Midwest city in 2014 where he worked driving a truck and providing security at a local restaurant. Due to the COVID-19 pandemic, Floyd lost his security job. On May 25, Floyd was suspected of using a counterfeit \$20 bill at a local store and officers were called to the scene. The question remains: how can a simple police call lead to the killing of an unarmed and unresisting man? For weeks, protests and outrage have spread across the U.S. and internationally as the killing of Floyd brings racial inequality and police brutality into focus once again. Even in the midst of a pandemic, people are showing up to say they're fed up with the lack of equal justice, rights and opportunities for all. Gary Price Gary Walker, cinematographer; Dr. Lauren Powell, social epidemiologist, executive director, Time's Up Healthcare

Business, Personal Finance

The white hair, rosy cheeks and stark complexion are what we often picture when we think of our first president. But behind his looks and historic accomplishments, what are some facts that are not as well publicized? Viewpoints' speaks with history buff and author, Alexis Coe to learn more about the man, the myth: George Washington. Marty Peterson Erika Hernandez-Fullerton, owner, The Greatest Adventure Weddings & Elopements

CULTURE CRASH: THE VOICES OF AFRICAN AMERICAN AUTHORS

June 21st 6:00a, 11:00p.m. 30 min - Radio Health Journal- Public Health & Safety, Coronavirus Pandemic

With thousands of people demonstrating in the streets after the death of George Floyd, health experts are concerned that the crowds, shouting, and lack of masks may contribute to a spike in COVID-19 cases. However, with many locations also “opening up,” they say a spike is inevitable, to be made worse by protests, but teasing out what’s responsible becomes more difficult.

Guests: Dr. Julie Swann, Dept. Head and Allison Distinguished Professor, Fitts Dept. of Industrial and Systems Engineering, North Carolina State Univ; Dr. Pinar Keskinocak, Professor of Industrial and Systems Engineering and Director, Center for Health and Humanitarian Systems, Georgia Tech University

Health, Consumerism

Summer is when people want to spend as much time outdoors as possible. Skin protection and sunscreen are something most of us consider, but overexposure to UV rays is extremely dangerous to the eyes as well. An expert discusses. Host: Nancy Benson. Producer: Hannah Swarm. Guest: Dr. Rachel Bishop, ophthalmologist, National Eye Institute

June 21st 6:30a, 11:30p.m. 30 min- Viewpoints- Business, Personal Finance

Business owners have had an extremely stressful year as COVID-19 forced millions of shops to close their doors for two plus months. Now, as much of the country is reopen, some salon, spa and wellness owners are still anxious about if many customers will return and the current changes to operations to protect both staff and clientele. We speak with three owners about adapting to this new reality and the challenges they’re facing. Gary Price ChiTaylor, owner, FlutterFabBoutique; Emma Graves, aesthetician and co-owner, Brooklyn Herborium; Dr. Carlos Charles, dermatologist and owner, Derma Di Colore

History, Consumerism

Finding the right wine is intimidating. Strolling through the wine aisle, it can sometimes be easier to give up and choose a bottle based off whether you like the label or not. Wine is complex. However, if you’re interested in finding out more about the refreshment, you have to start somewhere. Sommelier Elizabeth Schneider gives us an introduction to all things wine. Marty Peterson Elizabeth Schneider, certified sommelier, author, Wine for Normal People: A Guide for People Who Like Wine, But Not the Snobbery That Goes With It & podcast host, Wine for Normal People

CULTURE CRASH: THE ROLLOUT OF HBO MAX