

Type	Time	Date	Description
News	6:00/7:00/8:00	10/1/2019	The U.S. military carried out two airstrikes with Al Qaeda linked fighters in Somalia after a base used by U.S. personnel was attacked by a vehicle-borne explosive yesterday. Thankfully the attack did not result in any deaths or injuries to U.S. or Somali personnel.
News	6:30/7:30/8:30	1-Oct-19	If you have used an Uber before, they are now becoming even more safe! Uber announced several new safety features debuting on the app to help both riders and drivers. The features include a 911 text, ride verification using Bluetooth, on-trip reporting and real-time identification checks. The 911 text feature allows riders and drivers to discreetly text for emergency help, sending 911 information like car make and model, license plate number and location details.
News	6:00/7:00/8:00	1-Oct-19	Amtrak is offering \$10 tickets for 10 days in October to celebrate a "Decade of Rail in Virginia. They say they will offer tickets at that price to anywhere Amtrak Northeast Regional travels throughout the Commonwealth and Washington, D.C. The deal applies for travel dates from Oct. 1 through Oct. 10. Amtrak's website says seating is limited and seats may not be available on all trains at all times.
News	6:30/7:30/8:30	1-Oct-19	Think of a science fair mixed with a high school football game, that's one way to describe tournaments like the Blue Ridge Brawl. Saturday from 8 a.m. to 5 p.m. at Salem High School, 20 high school robotics teams from four states will go head-to-head in a robotics competition. The event is free and open to the public.
News	6:00/7:00/8:00	1-Oct-19	If you are looking for the leaves to change in Central Virginia, you may be waiting a little longer this year. Due to the hot and dry weather conditions many leaves are simply falling off the trees instead of changing colors. What is normal peak time of early October for the mountains, and mid-October for other areas is now looking like Mid October for the mountains, and early November for other areas. So, although by the weekend it will start to feel like fall it still might not look like it.
News	6:30/7:30/8:30	1-Oct-19	The chief of police at Virginia Tech announced that he is leaving the force. Chief Kevin Foust made the announcement yesterday after 36 years in law enforcement and eight years at Virginia Tech. While he is leaving the Police Department, he is not leaving the school, instead he will be the associate vice president of campus safety and security, overseeing the Police Department.

News	6:00/7:00/8:00	1-Oct-19	A state trooper was injured in a crash while trying to stop a motorcycle. The chase ended in Surry County when the trooper lost control on a turn and crashed on Whitemarsh Road. The trooper was not seriously hurt, but the motorcyclist got away. State Police are still searching for the driver who was wearing a black vest with a green patch. Anyone with information is asked to call State Police.
News	6:30/7:30/8:30	1-Oct-19	Kohl's stores are revving up for a national hiring event on Saturday in search for seasonal workers. The event will allow candidates to walk in, apply, and interview for available seasonal positions with the possibility of a verbal offer on the spot. Hampton Roads stores are currently looking to fill 330 seasonal positions, while the retailer expects to hire around 5,000 seasonal associates across the country in one day for the event.
News	6:00/7:00/8:00	2-Oct-19	The United States and North Korea plan to resume working-level talks next week, according to the US State Department. Negotiations on denuclearization have stalled since February, when President Donald Trump cut short his meeting with North Korean leader Kim Jong Un. Trump left the meeting with no joint agreement after Kim insisted all US sanctions be lifted on his country.
News	6:30/7:30/8:30	2-Oct-19	Ahead of those talks on denuclearization, North Korea fired yet another missile testing an underwater launch for the first time in three years. South Korean and U.S. intelligence authorities are analyzing more details of the launch. Japan lodged an immediate protest against North Korea, saying the missile landed inside Japan's economic exclusive zone. If confirmed, it would be the first North Korean missile that has landed that close to Japan since 2017.
News	6:00/7:00/8:00	2-Oct-19	We have a date for you animal lovers! SeaQuest will open in Lynchburg's River Ridge Mall on Friday, Oct. 18! Mark your calendar for when you'll be able to see 1,200 animals from five different continents. Those who are members can attend an exclusive member previews on Oct. 16 and 17, and you can still sign up to be a member and get 50% off membership until Oct. 15.
News	6:30/7:30/8:30	2-Oct-19	The Smith Mountain Lake Chamber of Commerce has named its new executive director. Christopher Finley will be taking the spot held by Vicki Gardner, who stepped down in July after almost 17 years of leading the organization. Finley will officially step into his new role in later this month.

News	6:00/7:00/8:00	2-Oct-19	Gold stars aren't just something you can earn in elementary school now. Now your ID must have a gold star on it by Oct. 1, of next year according to the Department of Homeland Security. It's called the real ID and if you do not change your ID you will not be able to board an airplane, enter a federal building or go to a military base.
News	6:30/7:30/8:30	2-Oct-19	The USS Dwight D. Eisenhower is one step closer to becoming ready for deployment. The U.S. Navy said the aircraft carrier completed its final pre-deployment test and returned to Naval Station Norfolk. The next steps for the Eisenhower will include Composite Unit Training Exercise which will test all warfare mission areas of the ship and the strike group.
News	6:00/7:00/8:00	2-Oct-19	An elementary school in northeast North Carolina was evacuated yesterday. Hertford County Public Schools said that fire officials issued a mandatory evacuation at Ahoskie Elementary School due to a natural gas leak. The leak was not at the school, but was within close proximity, all should be back to normal today.
News	6:30/7:30/8:30	2-Oct-19	If you're looking for something fun to doo-doo-doo with your kids this weekend, consider the 2019 Virginia Children's Festival is this Saturday in Norfolk. Organizers plan to try and break the Guinness World Record for most people participating in a Baby Shark dance party in one place. The current record was set in Canada and featured more than 1,000 participants. Organizers say that twice during the festival, a Baby Shark dance party will be orchestrated and they encourage you to wear your favorite Baby Shark attire.
News	6:00/7:00/8:00	3-Oct-19	The U.S. Air Force has tested an unarmed Minuteman 3 intercontinental ballistic missile with a launch from the Vandenberg Air Force Base in California yesterday. An Air Force Global Strike Command statement says such tests demonstrate the capability of the intercontinental ballistic missile system and are not a response to world events or regional tensions in the pacific.
News	6:30/7:30/8:30	3-Oct-19	Governor Ralph Northam says that Virginia has been awarded over \$5 million in grant funding from the U.S. Department of Housing and Urban Development to help protect families from lead-based paint and home health hazards. The funding will help address lead hazards in 232 housing units across the commonwealth, providing safer homes for low- and very low-income families with children.

News	6:00/7:00/8:00	3-Oct-19	Several schools in southwest Virginia let our early yesterday due to excessive heat, and today could very well be the same with the temperatures again in the upper 90s. If you have students in Floyd, Dublin, Giles, or Pulaski County be aware of the potential for early dismissal.
News	6:30/7:30/8:30	3-Oct-19	Fellowship of Christian Athletes is putting on a Fields of Faith event next Wednesday the 9th on football fields across the country. The goal is that the event will offer hope in a world where students are faced with many challenges. It is open to all ages and times will vary. The event will start with prayer and students will be sharing their testimonies along with challenging their peers to read the Bible and to come to faith in Jesus Christ.
News	6:00/7:00/8:00	3-Oct-19	Multiple lives were lost in a WW11 era B-17 plane crash at Bradley International Airport in Connecticut yesterday. Officials say there were 14 involved, ten of those were passengers, three were crew members, and one person was working on the ground. The plane was associated with the "Wings of Freedom" vintage aircraft display, at the airport this week.
News	6:30/7:30/8:30	3-Oct-19	Senator Bernie Sanders has experienced chest discomfort and will suspend campaigning until further notice after doctors treated a blockage in an artery. Two stents have been successfully inserted and Sanders is conversing and in good spirits. Recovery is expected to be quick.
News	6:00/7:00/8:00	3-Oct-19	Emergency crews secured an ammonia leak yesterday that happened at a business in Norfolk. The leak at PadenCold Storage happened when a gasket blew during a repair to a compressor. Residences in the area were asked to evacuate but were allowed to return once the scene was cleared. Thankfully no injuries were reported.
News	6:30/7:30/8:30	3-Oct-19	Danville Mayor Alonzo Jones is continuing to tackle the bullying problem in his city by proclaiming October as Bullying Prevention Month. Police are also continuing to work in collaboration with the school district to investigate issues such as bullying, stalking and communicating threats.
News	6:00/7:00/8:00	4-Oct-19	New solar projects in Virginia are set to generate enough electricity to offset the CO2 emissions of more than 44,000 cars a year. Governor Ralph Northam announced that four projects have been issued permits that are expected to generate 192 megawatts of electricity, which will offset carbon dioxide emissions by almost 500 million pounds a year.

News	6:30/7:30/8:30	4-Oct-19	Constituents are invited to talk with their representatives, congressmen Ben Cline and Denver Riggleman, about the issues facing Virginians. The two will be at Central Virginia Community College in Bedford on Wednesday the 9th for a two-hour townhall that starts at 5 p.m. The registration website states that those who live in Bedford County will have first priority to ask questions. If you would like to attend, they ask the you pre-register.
News	6:00/7:00/8:00	4-Oct-19	According to the U.S. Food and Drug Administration Lipari Foods has issued a voluntary recall of some of its chicken salad products due to Listeria contamination concerns. Lipari Old Tyme Bulk Chicken Salad, Cranberry Almond Chicken Salad, their Chicken Salad Wedge Sandwiches, along with the Fresh Grab Chicken Salad Sandwiches, and the Cranberry Almond Chicken Salad on Croissant are all being recalled. The FDA said consumers who have purchased these products should not consume them and throw them out.
News	6:30/7:30/8:30	4-Oct-19	Virginia is one of only two states that will be part of a pilot program to expand a military childcare fee assistance program. The Department of Defense is looking to expand the “Military Child Care in your Neighborhood” program to support the military community and strengthen the quality of care.
News	6:00/7:00/8:00	4-Oct-19	Senator Bernie Sanders plans to return home to Vermont in the coming days before taking part in the next Democratic primary debate, as he is recovering following a heart procedure. Yesterday he was up and about and has not undergone any additional procedures since having two stents inserted after doctors discovered a blockage in one artery. He does plan to leave the hospital this weekend, but there is no word yet on when he will continue his campaign schedule.
News	6:30/7:30/8:30	4-Oct-19	Next time you get your prescription it could be filled by a robot. Carilion Roanoke Memorial Hospital just unveiled two new prescription-mixing robots that will cut out human error. Hospital representatives say in the long run, the robots will save them money and help them be more accurate. Carilion makes 42,000 prescriptions for patients monthly, and now the robots will help with 10,000 of those each month.
News	6:00/7:00/8:00	4-Oct-19	BWX Technologies announced that it is in the process of restarting its existing nuclear fuel production line and is planning to expand its existing capacity within the next 12 months. In conjunction with its capacity upgrades, BWXT has plans to hire up to 60 additional workers.

			Positions such as engineers, technicians, quality analysis specialists and others will need to be filled at the Lynchburg plant.
News	6:30/7:30/8:30	4-Oct-19	After several months, the transportation provider for Roanoke City Schools has increased its signing bonus for new School Bus drivers. The increase went from \$500 to now being \$2,500. The company, Durham School Services is short drivers and is hoping that this increase will help.
News	6:00/7:00/8:00	8-Oct-19	U.S. Troops started withdrawing from Syria yesterday. President Trump said that there were only about 50 soldiers in the area that is currently evacuating and that there are reportedly about 1,000 U.S. troops in various parts of Syria altogether. Many are worried that pulling troops out could lead to instability in the region, however President Trump believes leaving troops there is a waste of resources.
News	6:30/7:30/8:30	8-Oct-19	A \$60 million contract with the military will keep a local company busy and allow them to hire more hands. Lynchburg-based Capps Shoe Company currently has about 125 employees to help in the 40-step process to make shoes. Currently they make half of the men's dress shoes for the Army and all of the women's shoes. With this new contract they will now manufacture shoes for every branch of the military and be able to offer 50 new jobs at their plant in Gretna.
News	6:00/7:00/8:00	8-Oct-19	The Roanoke County School System is asking its current employees to help with a shortage of bus drivers. The county needs another eight to 10 full-time drivers and 10 substitute drivers to be fully staffed. To help the issue schools are asking current employees to drive buses on a short-term basis in the mornings and afternoons.
News	6:30/7:30/8:30	8-Oct-19	The Virginia Department of Forestry and federal partners are preparing for what could be a severe fall wildfire season across the state. The fire danger is increasing each day the state goes without a widespread, significant rain. More than 24 localities in Virginia have enacted a county-wide ban on all outdoor burning. The Department of Forestry believes the number will increase over the next several days as the drought continues.

News	6:00/7:00/8:00	8-Oct-19	U.S. Customs and Border Protection placed rare detention orders on goods imported from five countries based on allegations that those producing the items might be children, or adults subjected to forced labor. Shipments include baby pajamas from China, rubber gloves from Malaysia, bone charcoal from Brazil that's used to remove contaminants in U.S. water systems, diamonds from Zimbabwe and gold from eastern Democratic Republic of Congo.
News	6:30/7:30/8:30	8-Oct-19	A Coast Guard aircraft was stuck circling in the skies above Elizabeth City for several hours yesterday. A mechanical issue was discovered with the aircraft's landing gear. The plane did eventually land safely on the runway after using gravity to help deploy the gear.
News	6:00/7:00/8:00	8-Oct-19	After a six-month grace period, the tethering ordinance officially takes effect in Lynchburg. In the new ordinances, it will be illegal to tether a dog between 9 p.m. - 6 a.m., if the dog is sick, injured, if the dog is under four-months-old, or if the dog is tethered in an unsafe manner. It will also be illegal to leave dogs outside unattended for more than 30 minutes if temperatures are below 32 degrees or above 95 degrees, unless the dog house or kennel is heated and/or air conditioned.
News	6:30/7:30/8:30	8-Oct-19	The Bedford Area YMCA is getting a makeover and a massive expansion. The first phase of the project is expanding the parking which has members excited. With the facility's membership growth over the years, parking can be limited. Then after expanding the parking, crews will be increasing space in the wellness center and exercise rooms. They will also be building a new childcare facility and are even planning to construct an outdoor amphitheater.
News	6:00/7:00/8:00	9-Oct-19	China has demanded that America lift sanctions on Chinese tech companies. The Ministry of Commerce criticized curbs imposed on sales of U.S. technology to a group of Chinese companies as interference in the country's affairs. Despite the tension, China did say a trade delegation is going to happen with a trip to Washington scheduled this week to talk about ending the tariff war.
News	6:30/7:30/8:30	9-Oct-19	J. M. Smucker Company has announced a voluntary recall of Robin Hood All Purpose Flour due to possible E. coli contamination. The impacted products are the Robin Hood All Purpose Flour 5 lb bags with best by dates of June, 17, 20, and 21 of 2020. You are asked to email the company if you have this product.

News	6:00/7:00/8:00	9-Oct-19	The city of Charlottesville is preparing to appeal its defeat in a lawsuit over removing two Confederate monuments, statues of Robert E. Lee and Stonewall Jackson. Circuit Court Judge Richard Moore ruled that the monuments don't send a racially discriminatory message. He also issued a permanent injunction preventing the city from removing the statues.
News	6:30/7:30/8:30	9-Oct-19	A 12th grade English teacher at Salem High School has been crowned Virginia's Teacher of the Year. Andrea Johnson was selected from eight regional winners and is now the commonwealth's nominee for 2020 National Teacher of the Year. The National Teacher of the Year will be announced next spring at a White House ceremony.
News	6:00/7:00/8:00	9-Oct-19	The U.S. military says an F-16 fighter jet has crashed in western Germany, thankfully the pilot was able to eject to safety. Police said the plane came down near the U.S. Air Force's Air Base in Germany. There are no immediate details about the cause of the crash.
News	6:00/7:00/8:00	9-Oct-19	A drone operations command and control center is coming to Covington Virginia. Aeronyde Corporation is an aerial solutions provider focused on drone based data acquisition and machine learning analysis technologies. Governor Ralph Northam said the company's investment of \$350,000 will create 25 new jobs in the city.
News	6:30/7:30/8:30	9-Oct-19	There have been probably been some anxious moments for you if you were leaving the Roanoke-Blacksburg Regional airport these past few days with three emergency landings. American Airlines confirmed that on each of the flights smoke was detected in the bathroom shortly after departing the airport. All three incidents have involved the same plane and American is investigating.
News	6:00/7:00/8:00	9-Oct-19	A Lynchburg school is working to feed your kids' local foods. Virginia's Secretary of Agriculture and Forestry visited Perrymont Elementary School where she learned about a partnership between the school and a local dairy farm. All of the milk in the school comes from Homestead Creamery in Wirtz. By 2022 the state hopes to have \$22 million worth of local products in schools.
News	6:00/7:00/8:00	10-Oct-19	Prospects of a trade deal between the United States and China appear to be dimming as negotiators prepare to resume talks today. American negotiators are entering this set of talks with low expectations for major progress on reaching a comprehensive deal.

News	6:30/7:30/8:30	10-Oct-19	Winston-Salem Forsyth County School officials say they are pulling all 20,000 2015 model Chromebooks from use after one of the laptops began to smolder while a student was using it. It happened at Lewisville Elementary School and the Teachers immediately activated an evacuation plan. All 600 students were safely evacuated.
News	6:00/7:00/8:00	10-Oct-19	The USDA announced a recall of ready-to-eat chicken from Tip-Top Poultry after some samples tested positive for listeria. The frozen cooked, diced or shredded, ready-to-eat chicken products were produced between Jan. 21 and Sept. 24, and some chicken was used in additional products, such as wraps, sandwiches, frozen chicken dishes, and appetizers. The recalled products were sold at Kroger, Food Lion and ALDI in Virginia.
News	6:30/7:30/8:30	10-Oct-19	Nearly 10 years in the making, the final touches are going on the Virginia Women's Monument at Virginia's State Capitol of Richmond ahead of the dedication ceremony next week. "Voices from the Garden: the Virginia Women's Monument" is the first monument of its kind in the nation honoring women's contributions over the past 400 years of Virginia's history. The dedication ceremony is Monday, Oct. 14, at 11 a.m. and is open to the public.
News	6:00/7:00/8:00	10-Oct-19	Hundreds of thousands of homes and businesses are without power affecting millions in California, as a preventative measure to stop wildfires caused by faulty lines. Pacific Gas and Electric Co. said a forecast of extreme wind and dry weather has created fire danger of an unprecedented scope. Residents will have access to 30 community resource centers that are open during the day to provide restrooms, charging stations, bottled water and air-conditioned seating for up to 100. The outages could last as long as 5 days.
News	6:30/7:30/8:30	10-Oct-19	North Carolina Governor Roy Cooper expressed his disappointment after FEMA has denied North Carolina Individual Assistance funds following Hurricane Dorian. FEMA said that based on joint federal, state, and local government preliminary damage assessments, it has determined that the severity and magnitude of Dorian's impact to North Carolina residents do not warrant individual assistance funds. The denial can be appealed within 30 days after the letter was sent.
News	6:00/7:00/8:00	10-Oct-19	Ikea is recalling MATVRÅ (mat vera) bibs for infants sold in a two pack with one blue and one red bib with a snap at the back of the neck. The snap might detach from the bib posing a choking hazard. If you have these Bibs you

			should immediately stop using them and return them to any IKEA store for a full refund.
News	6:30/7:30/8:30	10-Oct-19	Downtown Lynchburg Association and Riverviews Artspace decided to turn a challenge into an opportunity for beauty and culture in downtown Lynchburg. They are currently looking for art that embodies Downtown to help transform the construction fencing around the Main Street Renewal Project into art. You have three weeks to submit your work and five designs will be chosen.
News	6:00/7:00/8:00	11-Oct-19	Even as the winds gusted dangerously just as forecasters predicted, California's biggest utility is facing backlash from many residents for shutting off electricity to millions to prevent its equipment from sparking wildfires. PG&E suggested however that it is already seeing the wisdom of its decision with wind gust topping 75 mph in the San Francisco Bay Area, and relatively small fires braking out around the state amid the dry, and windy weather, they stand by their decision. No word yet when power will be restored.
News	6:30/7:30/8:30	11-Oct-19	A new bed and breakfast will take you on a trip back in time. John & Olivia's Bed & Breakfast Inn is located just behind the Walton House, the boyhood home of Earl Hamner Jr., creator of "The Waltons." Tours of the house are available daily from 10 a.m. to 5 p.m., and you'll be able to see what life was like for the family more than 80 years ago. The grand opening is Saturday the 26th and several members of the original cast will be there. The ribbon-cutting ceremony is set to begin at 9 a.m.
News	6:00/7:00/8:00	11-Oct-19	The Salvation Army has begun taking Angel Tree applications for Christmas assistance in Roanoke, Vinton, Salem, Craig or Botetourt County residents. You can apply today, and then again October 14 – 18th from 10am-12:30pm, and 1pm – 6pm at The Salvation Army of Roanoke on Dale Ave. They ask that you bring all required documents and do not bring your children.
News	6:30/7:30/8:30	11-Oct-19	Crews are working to repair parts of NC Highway 12 after a storm cause dune erosion north of Rodanthe yesterday. The North Carolina Department of Transportation says motorists should drive with caution and expect some mild over wash on the road, especially during high tide. Cape Hatteras Elementary School and Cape Hatteras Secondary School will be on a three-hour delay today because of unsafe road conditions.

News	6:00/7:00/8:00	11-Oct-19	A Delta flight operated exclusively by women, and carrying 120 young females as passengers, took off this week to inspire more women to become aviators. The Delta "WING" flight, Women Inspiring our Next Generation, took girls between the ages of 12 to 18 from Salt Lake City to NASA headquarters in Houston to draw attention to the need to close the gender gap in aviation and promote STEM careers for girls.
	6:30/7:30/8:30	11-Oct-19	Virginia has the fourth lowest violent crime rate and 13th lowest property crime rate in the United States. Only Maine, Vermont and New Hampshire have a lower violent crime rates. Overall, violent crime in every major American city has decreased since the early 1990s due to things such as community outreach programs and changing sentencing laws.
	6:00/7:00/8:00	11-Oct-19	Virginia State Police and local police agencies will be stepping up patrols for this Columbus Day weekend. The Virginia DMV said more than 80 police agencies will be on heightened alert over the weekend when more families tend to travel because many schools and businesses are closed on Monday. The Department of Motor Vehicles is also joining law enforcement in pushing harder than ever for everyone to wear a seat belt, avoid distractions, obey speed limits.
	6:30/7:30/8:30	11-Oct-19	If you want to see a cool sight this weekend just look up! The moon will turn full this weekend, with perhaps a little added flare to it. It's called the Hunter's Moon and it rises very close to the time that the sun sets. Because of this, the moon will feed off the sun light and have an orange hue at the time it's low on the horizon.
	8:00	11-Oct-19	Game On Lu Interview
	6:00/7:00/8:00	14-Oct-19	Three have passed away in Southern California wildfires this week and more than 30 structures were destroyed. The cause of the Los Angeles blaze wasn't immediately known, though arson investigators said a witness reported seeing sparks or flames coming from a power line. PG & E had shut off power to several residents last week to avoid fires like this one, but power is now restored to all those residents.
	6:30/7:30/8:30	14-Oct-19	New Orleans' officials say a second person has lost their life in the partial collapse of a hotel under construction. The city's Office of Homeland Security & Emergency Preparedness is still searching for those who are missing. The collapse happened at the edge of the historic French Quarter. Nearby buildings were evacuated, and Governor John Edwards has warned residents and tourist to stay out of the area.

	6:00/7:00/8:00	14-Oct-19	The childhood home of war hero and recipient of the Medal of Honor Desmond Doss has been turned into a home for formerly homeless veterans. The Lynchburg Area Veterans Council now has two homeless veterans already living in the residence. 74 years later, Doss can still continue to live on in the place he was born and raised.
	6:30/7:30/8:30	14-Oct-19	A charity that helps children and their families impacted by cancer received a new car. The Carter Craft Foundation donated a Honda CR-V to the Claire Parker Foundation. The Claire Parker Foundation delivers Care Boxes filled with essentials to families battling pediatric cancer at hospitals across the country. Thanks to the new CR-V, they can continue to deliver those care boxes and make a difference for many. (mention hometown journal)
	6:00/7:00/8:00	14-Oct-19	Companies have welcomed a U.S.-Chinese trade truce as a possible step toward breaking a deadlock in a 15-month-old tariff war. President Donald Trump said Washington will suspend a tariff hike planned for tomorrow on \$250 billion of Chinese goods. In exchange, President Trump said China agreed to buy as much as \$50 billion of American farm goods.
	6:30/7:30/8:30	14-Oct-19	Tomorrow is the voter registration deadline for the Nov. 5 election. To register to vote in Virginia, you must be a U.S. citizen, a resident of Virginia, and 18 years old by Election Day. If you are registering by mail it must be postmarked no later than tomorrows date. For more information, visit the Department of Elections website.
	6:00/7:00/8:00	14-Oct-19	A new program in Amherst will allow local residents to volunteer their time to the police department as either sworn officers or administrative personnel. The officers would augment the department, assisting in a range of situations such as emergency situations, helping in the high school, facilitating neighborhood watches or writing grants for the department. The Amherst Town Council has given the program its stamp of approval and you will be able to start applying for the volunteer positions soon.
	6:30/7:30/8:30	14-Oct-19	Heart disease is the leading cause of death in America and hundreds walked in Roanoke over the weekend in an attempt to change that. More than 2,000 participated and raised more than \$350,000 for the American Heart Association.

	6:00/7:00/8:00	15-Oct-19	Targeting Turkey's economy, President Donald Trump announced sanctions yesterday aimed at restraining the Turkish assault against Kurdish fighters and civilians in Syria. The 1,000 U.S. troops who had been partnering with local Kurdish fighters are leaving the country but will remain in the Middle East to monitor the situation. As of yesterday, American troops had consolidated their positions and prepared to evacuate equipment in advance of a full withdrawal.
	6:30/7:30/8:30	15-Oct-19	Virginia's capital city of Richmond recognized Indigenous Peoples' Day yesterday. Richmond Mayor Levar Stoney asked city employees and residents to use the day as an opportunity to reflect on the culture and heritage of natives and their accomplishments in the face of hardship. Several states and cities nationwide have replaced Columbus Day in favor of Indigenous Peoples' Day.
	6:00/7:00/8:00	15-Oct-19	The principal of Deep Creek High School in Chesapeake assured students, parents, and staff after rumors regarding threats toward the school circulated yesterday. The Chesapeake Police Department said there was no credible threat to the students and staff after rumors on social media started spreading. The juveniles associated with the threat were taken into custody.
	6:30/7:30/8:30	15-Oct-19	A Charlottesville artist known for turning a crosswalk into interlocking fingers designed a mural on the side of a building that will represent citizens supporting one another. The artist designed the mural as a gift to the city for 100 years in business and to honor his grandfather's legacy. His vision for the mural grew from the idea that trees come in all shapes and sizes and like individuals, they grow stronger together.
	6:00/7:00/8:00	15-Oct-19	The fire on the edge of Los Angeles began beneath a high-voltage transmission tower owned by Southern California Edison. Arson investigators determined the origin of the Saddle Ridge Fire was beneath power lines on a dry, steep hillside. After several blazes in the past two years have been blamed on power lines and electrical equipment, utilities have been given authority to shut off power when fire risk is extremely high like PG & E did last week.
	6:00/7:00/8:00	15-Oct-19	The results of the 2020 Census will be used to redraw state and local electoral maps. In order to track traditionally undercounted populations and pinpoint vacant houses states will share records on food assistance and other programs. The states'

			administrative records could cover a host of topics, including citizenship.
	6:30/7:30/8:30	15-Oct-19	Officials claim that the bust of Orville Wright was stolen from the Wright Brothers Memorial in Dare County North Carolina. National Park Service Rangers add that the granite base was toppled over as well. Local law enforcement officials are investigating this as a crime. If you have information, please contact the Dare County Community Crime Line or the National Park Service's Investigative Services Branch.
	6:00/7:00/8:00	15-Oct-19	Registered voters over 60 years of age in Norfolk and Virginia Beach will have access to transportation to the voting polls on November 5. Senior Services of Southeastern Virginia and its community transportation partners Coastal Ride, Black and White Cabs, Norfolk Checker, and Yellow Cab of Norfolk are offering services to provide access for seniors to be able to vote. Individuals wanting to arrange for a ride should call them no later than Monday, Nov. 4 to set it up.
	6:30/7:30/8:30	16-Oct-19	Montana authorities say an improvised explosive device went off at an elementary school playground in Montana. Thankfully no one was injured. Before the incident there was no threat made against the school, authorities are investigating at this time. Students were evacuated after authorities made sure the path was clear.
	6:00/7:00/8:00	16-Oct-19	Mark your calendar. The Hampton Sheriff's Office is holding a special recruitment to hire event next month. The event will be held Saturday, November 16 at the Circuit Court on N. King Street in Hampton. The Sheriff's Office says the applicant will be able to complete several of the hiring requirements. Registration is between 8 a.m. and 10 a.m. and they are hiring for several positions.
	6:30/7:30/8:30	16-Oct-19	A Boeing B-17G bomber will be making a stop at the Lynchburg Regional Airport this weekend. The vintage WWII bomber owned by The Experimental Aircraft Association will be offering rides from 10 a.m. until 1 p.m. and ground tours will be from 2 p.m. to 5 p.m. on Saturday. Each flight experience is approximately one hour, of which about 24 minutes will be in the air. Once the B-17 is airborne, you will be allowed to walk about the bomber.

	6:00/7:00/8:00	16-Oct-19	If you've been waiting for the perfect moment to bring home a new furry friend, now's the time! Free Cat Friday is happening this Friday at the Lynchburg Humane Society and Appomattox County Pet Center. They're waiving adoption fees, spay/neuter, initial vaccines, a free wellness visit by a local vet and an engraved pet tag from Terry Subaru. You will have to pay a \$10 microchip fee.
	6:30/7:30/8:30	16-Oct-19	Vice President Mike Pence will be heading to the middle east to mediate and attempt a cease-fire agreement with Turkey and other factions now involved in combat activity in Syria. Pence had a strategy session with Secretary of State Pompeo, National Security Adviser Robert O'Brien and Ambassador James Jeffrey yesterday ahead of his trip.
	6:00/7:00/8:00	16-Oct-19	Several Taco Bell restaurants have voluntarily recalled over 2 million pounds of their seasoned beef due to the potential of metal shavings in the meat. A limited number of restaurants across 21 states were told to stop serving seasoned beef, and instead ask customers to try chicken or steak. It has not been reported when the ground beef will return to stores.
	6:30/7:30/8:30	16-Oct-19	The Lexington Police Department will be holding a Community Watch Meeting tonight from 6:00 p.m. to 7:00 p.m. to draw attention to Domestic Violence Awareness Month. They will have special guests coming from Project Horizon to give a presentation. The meeting will be held at the Lexington Police Department on Fuller Street in Lexington.
	6:00/7:00/8:00	16-Oct-19	The Fill the Boot fundraiser for muscular dystrophy is back. On Friday Lynchburg's firefighters will be accepting donations at shopping centers across the Hill City for the annual campaign. Arby's also donated \$20,000 towards MDA's summer camp to help children in the Central Virginia Area.
	6:30/7:30/8:30	17-Oct-19	Turkey's president says he won't halt its military offensive in northeast Syria, despite growing pressure and sanctions from NATO allies, including Washington. U.S. Vice President Mike Pence is in the region now trying to reach a cease-fire deal.
	6:00/7:00/8:00	17-Oct-19	According to the Virginia Department of Education Virginia students outscored their peers nationwide by significant margins on the ACT test this year. The percentage of Virginia graduating seniors who met the ACT's college-readiness benchmark in each content area was 20 or more points higher than the percentages for graduates nationwide.

	6:30/7:30/8:30	17-Oct-19	<p>There's a new tool to help recruit first responders in the Roanoke Valley.</p> <p>Valley Metro recently donated a bus to Roanoke Fire-EMS for them to use to transport recruits to off-site training exercises. It will also be essentially a rolling billboard for you with contact information if you want to apply for jobs. They hope to debut the bus at this year's Christmas parade.</p>
	6:00/7:00/8:00	17-Oct-19	<p>A New River Valley Landscaping company is looking for a resident in need of a yard makeover and you have a chance to nominate someone in need. Back to Nature landscaping has launched the Yard Angel Project for those suffering from illness or injury. The company is asking for nominations of someone they can help give a free yard makeover to. Find out more on the company's website.</p>
	6:30/7:30/8:30	17-Oct-19	<p>Negotiators from General Motors and the United Auto Workers union have reached a tentative deal to end a 31-day strike by nearly 50,000 workers. It is not yet certain when workers will start returning to work. The union statement said they would decide at today's meeting whether they should return to work or remain on strike until a vote takes place.</p>
	6:00/7:00/8:00	17-Oct-19	<p>A program to help reduce gang activity in Danville is being recognized. Project Imagine has won the Virginia Municipal League's top award for innovative solutions by a local government. It's a nine-week program that offers life coaching and allows at-risk teens to work for a city department and earn money. The goal is to show them they can be successful without being in a gang. The next session is scheduled to start Monday.</p>
	6:30/7:30/8:30	17-Oct-19	<p>You don't have to travel far to interact with animals from Australia, Africa, Asia or even places like Iceland because now they're at the brand new SeaQuest Lynchburg in River Ridge Mall. If you've purchased a membership you can get an exclusive opening experience today and tomorrow is the grand opening for the public.</p>
	6:00/7:00/8:00	17-Oct-19	<p>All is Wright again. Well, almost. The missing bust of Orville Wright, one of the Wright brothers, was found tucked in the dunes of Kill Devil Hills just a small distance away from its regular spot at the Wright Brothers National Memorial. While there appears to be no damage to the bust itself, the park service says there was damage to its granite mounting base, and the case is still under investigation.</p>

	6:00/7:00/8:00	18-Oct-19	Turkey has agreed to a cease-fire in Syria. The Vice President and U.S. officials met with Turkish President for 4 hours and agreed to a 5 day pause in military operations to allow the U.S. and allied Syrian Kurds to withdraw. The vice president says the U.S. and Turkey have mutually committed to peaceful resolution and future for the safe zone.
	6:30/7:30/8:30	18-Oct-19	The recently unveiled “Virginia Women’s Monument, Voices from the Garden” includes the names of localities from across Virginia the center of what will be 12 statues. Unfortunately, on county is misspelled, Loudoun county, is missing the second “u.” They are working on fixing this error. Right now half of the statues have been installed, and the rest will be brought to Richmond next year once they are finished.
	6:00/7:00/8:00	18-Oct-19	If you are planning on going to the grand opening of Seaquest today be aware of a protest going on in front of Cook Out on Wards Road at 9 a.m. PETA plans to protest the opening after filing a request last month urging the U.S. Department of Agriculture to revoke Seaquest’s exhibitor’s license. SeaQuest says PETA has targeted their organization for a long time.
	6:30/7:30/8:30	18-Oct-19	A series of burglaries in Pasquotank County hit a brick wall, literally, after the alleged suspect led authorities on a brief chase and then crashed his SUV into a brick wall at the intersection of Herrington Rd and Weeksville Rd near the Elizabeth City State University Campus. According to police, witnesses saw the suspect, burglarize a home in the Weeksville area, and followed him until sheriff’s deputies pursued.
	6:00/7:00/8:00	18-Oct-19	The White House chief of staff has announced that the 2020 G7 summit will be held at Trump National in Doral, Florida, in June. President Donald Trump is sure to face questions about whether he stands to profit financially from the large summit, but the Chief of staff said it just makes sense since Doral has some of the best facilities of all the sites under consideration.
	6:30/7:30/8:30	18-Oct-19	The Avon Fishing Pier is open back to the public after suffering damages from the Nor’easter that recently swept across Cape Hatteras last week. Owners and staff of the pier say they are dedicated to the Avon Pier as they understand, its impact and importance to this community. The public is encouraged to contribute to the “Save the Pier” campaign coming soon.

	6:00/7:00/8:00	18-Oct-19	Dr. Rita Bishop, superintendent of Roanoke City Public Schools, announced her retirement yesterday, effective at the end of this school year. Bishop said the decision was difficult but made easier by her two charming grandchildren. When she started the graduation rate for the district was 59%, and she has helped raise it to 90%.
	6:30/7:30/8:30	18-Oct-19	Over the next year or so, new signs might catch your eye across our area, making it easier to find fun attractions. The Community Foundation awarded grants to the regional wayfinding project in Virginia's Blue Ridge. Now, visitors and locals alike will have an easier time navigating to their destination.
	8:00	10/18/2019	Game On Lu Interview
	6:00/7:00/8:00	10/21/2019	U.S. Defense Secretary says that all U.S. troops leaving Syria will go to western Iraq and the American military will continue to conduct operations against the Islamic State group to prevent its resurgence. The troops going into Iraq will have two missions, one to help defend Iraq and two to perform counter missions against ISIS.
	6:30/7:30/8:30	10/21/2019	Governor Ralph Northam is teaming up with the Virginia Council for Women for the 9th annual STEM essay contest for young women in high school. The Contest was launched in 2012 with 170 young women from across the Commonwealth submitting essays focused on their vision for pursuing a STEM career. This year the Council has awarded nearly \$200,000 in scholarships for students.
	6:00/7:00/8:00	10/21/2019	Hundreds of walked single file through the streets of Norfolk for a united purpose, to bring an end to human trafficking. A21 is an organization that fights human trafficking and put together the walk to raise awareness. This year Virginia was ranked 15th in the nation with over 150 cases reported for human trafficking.
	6:30/7:30/8:30	10/21/2019	If you're driving or walking down Fifth Street in Lynchburg, you might notice some new, eye-catching artwork. Lynchburg Water Resources' "Art Storm" contest commissioned six storm drain murals on the street. The art aims to encourage you to think harder about their impact on the environment, because the water runoff from Fifth Street flows directly into the James River.
	6:00/7:00/8:00	10/21/2019	After the announcement that President Trump's Doral resort was going to host the G7 summit in 2020 was met with criticism he revoked the offer. President Donald Trump said that next year's G7 economic summit of world powers would not be held at Trump National in Doral, Florida, after facing bipartisan backlash.

	6:30/7:30/8:30	10/21/2019	<p>What keeps the lights on in state buildings will soon be a little “greener.”</p> <p>Virginia is trying to make 30 percent of its state buildings powered by solar and wind energy in the next few years. Governor Ralph Northam’s office just signed the largest state renewable energy contract in the nation with Dominion Energy to make it happen. The agreement with Dominion Energy includes using wind energy from the state’s first onshore wind farm, Apex Clean Energy.</p>
	6:00/7:00/8:00	10/21/2019	<p>Lynchburg Sheriff Don Sloan says doing drills will help keep his deputies one step ahead of the lawless. The Lynchburg Sheriff's Office's drill revolved around the city's court buildings, where deputies provide security. The Sheriff's Office shut down Court Street for the training and worked alongside the Lynchburg Police and Fire Departments to hone their skills.</p>
	6:30/7:30/8:30	10/21/2019	<p>Students soared in Danville over the weekend for the regional flying competition. The National Intercollegiate Flying Association held the competition at the Danville Regional Airport. Averett University hosted the event and competed against Liberty University, The Naval Academy and Guilford Tech.</p>
	6:00/7:00/8:00	10/22/2019	<p>Angry over the U.S. withdrawal from Syria, residents of a Kurdish-dominated city pelted American military vehicles with potatoes as they left. U.S. troops will stay in eastern Syria to protect Kurdish-held oil fields for at least the coming weeks, but the citizens are upset claiming that America is running away.</p>
	6:30/7:30/8:30	10/22/2019	<p>Lynchburg City Schools sent an email to parents saying there will be an increased police presence at E.C. Glass High School following recent rumors about a threat on social media. Lynchburg Police and E.C. Glass High School administrative teams are aware of concerning posts and there will be police presence at both Heritage High School and E.C. Glass High School today.</p>
	6:00/7:00/8:00	10/22/2019	<p>Three US soldiers with the 3rd Infantry Division lost their lives, and three others were injured during a training accident in Georgia. The soldiers were riding in a Bradley Fighting Vehicle when the vehicle rolled over into water. The accident is under investigation.</p>
	6:30/7:30/8:30	10/22/2019	<p>A military contract aircraft ran off the runway at the Newport News/Williamsburg airport yesterday. Airport fire and rescue crews responded to the scene and the preliminary investigation revealed it was a minor incident, due to an issue with landing gear. Thankfully there were no injuries and the incident did not impact any other flights.</p>

	6:00/7:00/8:00	10/22/2019	President Donald Trump said that his Trump National Doral resort would no longer be hosting the 2020 G7 summit which was criticized by members of both parties. Initially he had been offering the use of the resort for free and claimed he doesn't need to promote his businesses as president. Now president Trump and his team are looking at other locations.
	6:30/7:30/8:30	10/22/2019	Some frozen sausage patties sold at Walmart are being pulled off the shelves because of possible salmonella contamination. George's Prepared Foods, is recalling more than 6,000 pounds of ready-to-eat pork and turkey sausage patty products. If you have them throw them out or contact place of purchase for a refund.
	6:00/7:00/8:00	10/22/2019	The University of Lynchburg, along with parks and rec departments from the city of Lynchburg, Bedford and Campbell counties, will host the Regional 50+ Health Fair from 10 a.m. until 2:00 p.m. on Friday, November 8 at the Forest Recreation Center. The event is free and includes health screenings along with healthy food tastings, door prizes, wellness demonstrations, and health information.
	6:30/7:30/8:30	10/22/2019	The food delivery app Waitr, has launched its Share Thanksgiving food drive with hopes of feeding families in need by providing them with free Thanksgiving meals. Starting now if you order from Waitr, they will make a donation that will go toward buying meals for area families. During Thanksgiving Week, Waitr will team with local restaurants to deliver free hot meals to thousands of families.
	6:00/7:00/8:00	10/23/2019	A suspect and his accomplice have been arrested in connection with an incident just outside a California high school that wounded a teenager. The act of violence occurred just outside Ridgway High School, and there were no further reports of violence on the campus. The extent of the victim's injuries was not immediately clear. Officials locked down the school, as well as nearby Santa Rosa High School and the Santa Rosa Junior College.
	6:30/7:30/8:30	10/23/2019	After a social media threat prompted extra police presence at EC Glass and Heritage High School yesterday Lynchburg school officials held a community meeting to share updates, address safety concerns and have a conversation about the recent threat. Upon further investigation Police found no evidence that there was a direct threat to Lynchburg city schools.
	6:00/7:00/8:00	10/23/2019	Between the New River and Roanoke valleys, more than 1,200 IT jobs are expected in the next year-and-a-half. Leaders are pitching outdoor adventure, the lack of

			crowds and traffic and strong schools as ways to attract people.
	6:30/7:30/8:30	10/23/2019	A victim was recovered and sent to a hospital after a car went under water in the Chesapeake Bay. First responders said they spotted a vehicle with a person trapped inside in the water at the 700 block of Chesapeake Avenue. Rescuers quickly entered the water and were able to remove the victim from the car and they are currently in stable condition.
	6:00/7:00/8:00	10/23/2019	Less than two weeks after California's largest utility shut off power to hundreds of thousands of customers to help prevent wildfires, it says it may leave parts of the state in the dark again. Pacific Gas & Electric said it is monitoring extreme weather conditions and is considering cutting electricity across parts of 15 counties in northern and central California. PG&E did say they will let some 200,000 residents know via text and email before turning off the lights.
	6:30/7:30/8:30	10/23/2019	A Volvo Group has had to stop production at their facility in Dublin Virginia due to the United Auto Workers strike. A Volvo spokesperson said Mack Trucks is in negotiations with the United Auto Workers on a new collective bargaining agreement covering over 3,000 workers employed at six facilities in three states. This has resulted in the temporary layoff of those employees.
	6:00/7:00/8:00	10/23/2019	Campbell County Animal Control is holding a drive-through rabies clinic on Saturday, November 2 from 8:00 a.m. to 10:00 a.m. on Dennis Riddle Drive in Rustburg. The rabies vaccine will be \$5.00 and only cash or checks will be accepted. Anyone who is in line before 10:00 a.m. will be served. All dogs and cats in Campbell County are required to be vaccinated for rabies starting at four months of age.
	6:30/7:30/8:30	10/23/2019	VDOT workers are reminding you to move over when approaching an accident. Scott Livingston was helping a disabled car on I-264 near Rosemont Road in Virginia Beach when he saw a car coming up behind him. The driver hit the corner of his truck and two of his co-workers were also hit within a 12-hour period. He says VDOT workers are part of the Move Over Law and you need to remember that, and at the very least slow down.

	6:00/7:00/8:00	10/24/2019	Well it's happening. PG & E has confirmed that to reduce the risk of wildfires sparked by electrical power lines they will turn off power to 450,000 residents in Northern California. In Southern California Edison might follow suit cutting power to more than 160,000 customers, and San Diego Gas & Electric is warning of power shutoffs to about 24,000 customers.
	6:30/7:30/8:30	10/24/2019	More than 53,000 school buses have been recalled nationwide due to a safety issue involving the seats, according to the National Highway Traffic Safety Administration. Apparently, the seats lack of absorption increases the risk of injury in the event of a crash. The manufacturer will re stuff the seats free of charge, the recall is supposed to start Dec. 2nd.
	6:00/7:00/8:00	10/24/2019	The new VB Strong Center, created following the May 31 incident at the city's Municipal Center, is holding several upcoming open houses for the community. The center which is located in the second story of the offices at Landstown Commons on Princess Anne Road. It is a Sentara Healthcare facility that will provide counseling, therapy such as art, yoga and meditation, and other mental health resources. You can attend an open house starting October 30th to take a tour and meet the staff.
	6:30/7:30/8:30	10/24/2019	Virginia Attorney General Mark Herring and Norfolk Commonwealth's Attorney Gregory Underwood say they won't prevent Norfolk from moving a Confederate monument from downtown to a local cemetery. The city voted in 2017 to move the monument to Elmwood Cemetery when it was allowed to legally do so. Documents say that Herring and Underwood believe that the Virginia state law that prevents the removal of war memorials doesn't apply to Norfolk's monument, due to when it was erected.
	6:00/7:00/8:00	10/24/2019	President Donald Trump he will lift sanctions on Turkey after the NATO ally agreed to permanently stop fighting Kurdish forces in Syria and he defended his decision to withdraw American troops, saying the U.S. should not be the world's policeman. President Trump also said that if Turkey does not honor its pledge for a permanent cease-fire, he will reimpose sanctions. For now between 200 and 300 U.S. troops will remain at the southern Syrian outpost.

	6:30/7:30/8:30	10/24/2019	Roanoke County leaders approved a rezoning request for a new freestanding LewisGale emergency room in the Bonsack area. Neighbors said they're not opposed to the development, but rather the location. Instead they would like it across the street, on the nonresidential side of U.S. 460, but LewisGale maintains that the location on the westbound side of the road is critical to serving customers coming in from the outside region.
	6:00/7:00/8:00	10/24/2019	Most of us love candy but if you are over the age of 12 candy might just land you in jail next Thursday. In parts of Virginia, anyone 13 or older who goes trick-or-treating can be sent to jail for up to six months and whatever the age, going door to door after 8 p.m. can get you fined between \$25 and \$100. Also, the Virginia Wildfire Prevention Education Team wants to remind residents of fire safety like keeping decorations away from open flames and using battery-operated candles in pumpkins.
	6:30/7:30/8:30	10/24/2019	Thousands will be descending upon Martinsville this week for race weekend. This year's First Data 500 is scheduled for Sunday in Martinsville and kicks off the Round of 8 for the Monster Energy NASCAR Cup Series playoffs. Youth 17-and-under are admitted free to the NASCAR Gander Outdoors Truck Series and NASCAR Hall of Fame 200-lap race on Saturday, and tomorrow's practice day is free to everyone.
	6:00/7:00/8:00	10/25/2019	From performers to fans, many hearts are aching and asking for prayers for TobyMac and his family. He and his wife, Amanda, have five children. Truett, 21, the oldest, has passed away in the Nashville area. Details are not yet available. TobyMac was in Canada when he was informed of the loss and left at once to join his family, his shows there are postponed for now.
	6:30/7:30/8:30	10/25/2019	Two companies based in England have chosen Henry County for their first U.S. operation. They will invest about \$5 million in property and equipment along with hiring about 30 employees. Currently, both companies serve the U.S. market from overseas, but this operation will allow them better access to provide faster service. The Henry County plant is expected to be up and running in a few weeks.
	6:00/7:00/8:00	10/25/2019	Danville Police officers have hit the street on bikes. The first of many officers completed their training through the International Police Mountain Bike Association. The officers will be assigned to patrol shifts and will utilize police bikes for part of their patrol duties. Being on bikes allows for street-level community interaction and builds upon the goal of community engagement.

	6:30/7:30/8:30	10/25/2019	<p>This Christmas you can walk, at your own pace, through a half-mile wooded path filled with displays celebrating Christmas traditions in Roanoke County.</p> <p>Roanoke County and Center in the Square announced a partnership to host an annual holiday light show at Explore Park. This inaugural event will take place over 26 days between Friday, November 29 and Wednesday, January 1 and tickets are on sale now.</p>
	6:00/7:00/8:00	10/25/2019	<p>The grounding of the Boeing 737 Max will cost American and Southwest airlines at least \$1 billion between them. Southwest has 31 of the troubled jets, more than any other Boeing customer and says the costs will continue to mount in the fourth quarter and into next year as the planes remain out of commission.</p>
	6:30/7:30/8:30	10/25/2019	<p>Tessy Plastics is expanding and bringing new jobs to Lynchburg. The company is known for producing and selling plastic parts around the world in aviation, medical and other industries. Right now they have 225 employees, but they are adding 34 over the next three years in a number of technical positions.</p>
	6:00/7:00/8:00	10/25/2019	<p>If you were walking downtown Roanoke you may have gotten a sweet-smelling surprise. George's Flowers teamed up with the Berglund Center to pass out 2,000 flowers to unsuspecting shoppers. They each got two bouquets, one to keep and one to give away. The random acts of kindness effort is happening nationwide to help spread more smiles and less stress. This is the fifth year for Petal it Forward but the first time it's happened in Southwest Virginia.</p>
	6:30/7:30/8:30	10/25/2019	<p>A woman who says she's restored more than 12,000 cemeteries stopped in Lynchburg this week. Jenna Bearstein has traveled across the country for the last 5 years cleaning veteran cemeteries, from World War I to the Civil War. In Lynchburg, she was cleaning the headstones at Old City Cemetery, she primarily focuses on confederate cemeteries, because she wants you to remember that those soldiers were also Americans.</p>
	8:00	10/25/2019	Game on Lu Interview
	6:00/7:00/8:00	10/28/2019	<p>Police are looking for a suspect involved in an act of violence at an off-campus homecoming event near Greenville, Texas, that took the lives of two and sent 14 more to area hospitals. Investigators have yet to identify a suspect or motive, but evidence and witness accounts lead police to believe the man walked in the back door of the party. It also appears, from one witness account, that the suspect targeted his first victim before attacking others.</p>

	6:30/7:30/8:30	10/28/2019	A tractor trailer crash caused a traffic backup northbound on Interstate 81 through a section of Botetourt County yesterday. VDOT reported that all northbound lanes were closed due to a diesel spill at the scene. All should be cleared up now.
	6:00/7:00/8:00	10/28/2019	The Danville Family YMCA is working to battle bullying. Tonight, representatives from the Pittsylvania County and Danville school systems will talk about how to report a problem, how the school handles it and the school's ability to talk about the situation. You'll also have a chance to ask questions. The meeting begins tonight at 6 p.m. at the Y.
	6:30/7:30/8:30	10/28/2019	Parents of students at Sherwood Forest Elementary School in Norfolk protested over concerns of rodents and mold inside of the school. School officials acknowledged there was a "low to moderate infestation of rodents" in the School starting in September. One parent, who created a petition to "close and clean," the school says what's being done isn't enough. Parents have shared pictures of rodent traps and mold inside of the building.
	6:00/7:00/8:00	10/28/2019	Nearly 200,000 residents have been ordered from their Northern California homes, including inmates and more than 100 hospital patients because of winds that prompted the state's largest utility to cut off power to more than 2.5 million. Tens of thousands were ordered to leave in the middle of the night clogging highways and filling shelters.
	6:30/7:30/8:30	10/28/2019	Virginia State Police have issued an Amber Alert for a missing Louisa County girl. Isabel Hicks, 14, was abducted and is believed to be in extreme danger. She is 4 foot 11 inches tall and weighs 120 lbs. She has blond hair and blue eyes. Investigators believe Bruce Lynch is the abductor, he's 5 foot 10 and weighs 195 lbs. He has brown hair and brown eyes and may be driving a 2003 Toyota Matrix .
	6:00/7:00/8:00	10/28/2019	The Bedford Fire Department worked to restore power after smoke was seen coming out of a traffic signal at the intersection of North Bridge and East Main Street. Fire officials say there was a fire coming from inside the pole that was quickly put out and power should be restored now.
	6:30/7:30/8:30	10/28/2019	Three teenagers passed away following a vehicle accident in Yorktown over the weekend. Virginia State Police say the accident happened at the 800 block of Yorktown Rd. The preliminary investigation revealed that a 16-year-old boy was driving a 2015 BMW

			westbound on Yorktown Road when he lost control of the car, went off the road and struck a tree.
	6:00/7:00/8:00	10/29/2019	Washington's Afghan peace envoy remains in Pakistan to find and negotiate an end to Afghanistan's 18 -year war. After civilian casualties have gone way up officials in Pakistan, have been pushing for direct U.S.-Taliban talks to work to end the violence.
	6:30/7:30/8:30	10/29/2019	The Virginia Department of Transportation will hold three meetings to share information about the Route 220 and to receive input from residents. The meetings will be on Thursday, Nov. 7, from 4:30-6:30 p.m. at Clearbrook Elementary School in Roanoke, Wednesday, Nov. 13, from 5-7 p.m. at the Essig Recreation Center in Rocky Mount va, and Thursday, Nov. 14, from 4:30-6:30 p.m. at the Henry County Administration Building in Martinsville. The purpose of the meetings is to identify strategies to preserve capacity, enhance safety and support future growth along the Route 220 corridor.
	6:00/7:00/8:00	10/29/2019	Cracker Barrel Old Country Store will thank the brave men and women who have served our nation by offering military veterans' free desserts this Veterans Day. On Monday, Nov. 11, veterans will get a choice of a complimentary slice of Double Chocolate Fudge Coca-Cola Cake or the company's Pumpkin Pie Latte at all Cracker Barrel locations nationwide. They will also be offering \$25 off all U.S. military branch-themed rocking chairs and 25 percent off all other military licensed products from now through Nov. 11.
	6:30/7:30/8:30	10/29/2019	A B-17 bomber is making a stop at the Lynchburg Regional Airport today. The vintage World War II plane is offering rides from 10 a.m. until 1 p.m., and tours from 2 to 5 p.m. The Boeing B-17G plane is named 'Flying Fortress, Aluminum Overcast,' and is owned by The Experimental Aircraft Association.
	6:00/7:00/8:00	10/29/2019	Smoke breaks add up over time and one company is evening out the difference. A Japanese company has started giving its non-smoking employees extra paid leave to compensate them for their co-worker's cigarette breaks. Its non-smoking staff now gets six extra days of paid vacation annually.

	6:30/7:30/8:30	10/29/2019	Lyft is trying to play a role in lifting communities out of poverty with their new Jobs Access Program, offering free rides to and from job interviews. Lyft says one of the strongest factors in escaping poverty is commuting time. Debuting in 35 cities in the United States, the Job Access Program will provide rides to/from job training programs, to and from job interviews and even rides to and from the first three weeks of employment.
	6:00/7:00/8:00	10/29/2019	It's that time again. Don't forget to change your clocks back an hour this weekend as Daylight Saving time officially comes to an end. The clocks roll back one hour at 2 a.m. on Sunday, Nov. 3. This means that most Americans will get an extra hour of sleep but darkness will come an hour earlier as well.
	6:30/7:30/8:30	10/29/2019	Officials in Hampton have closed Outlook Beach until further notice as they investigate an oil spill. The spill, which may have originated at the mouth of the James River, has made its way toward Ft. Monroe. Officials believe the oil may be moving towards Buckroe Beach.
	6:00/7:00/8:00	10/30/2019	Sentara has partnered with the City of Virginia Beach to unveil the VB Strong Center. Yesterday the new VB Strong Center in the Landstown commons Shopping Center, opened as a safe space dedicated to providing community recovery in the aftermath of the May 31 incident. Governor Ralph Northam was present along with some of the family members of the victims.
	6:30/7:30/8:30	10/30/2019	A Virginia teen who has been missing for more than a week may have been seen in Hanover County late Monday night into Tuesday morning. 14-year-old Isabel Hicks, whom they believe is in extreme danger is believed to be with Bruce Lynch and authorities have asked you to be on the lookout for a 2003 blue Toyota Matrix. The car is missing the door handle for the rear passenger door, and there could be a camouflage tarp inside covering the passenger side.
	6:00/7:00/8:00	10/30/2019	Those searching for a job are in luck. Radial is planning to bring on an additional 1,200 workers in Martinsville to support the increased demand during the upcoming holiday season. Radial says that its seasonal workers are offered opportunities for overtime and on-the-job training, and that the fulfillment center in Martinsville also provides regular giveaways, awards and recognition, along with fun events like ice cream socials.

	6:30/7:30/8:30	10/30/2019	After nearly a year, the City of Virginia Beach and the developers behind the new “Dome” project have come to an agreement on the largest public-private partnership in state history. This mixed-use, multi-venue development will be between 18th and 20th streets and includes a 3,500 seat music venue, surf park, restaurants, office space and residential units. A public hearing to approve the project is scheduled for November 12th with a council vote on November 19th.
	6:00/7:00/8:00	10/30/2019	Vice President Mike Pence used a stop at an Army post in Texas to praise U.S. military forces in Syria whose weekend pursuit of an Islamic leader led to terrorist's death. Vice President Pence also observed Fort Hood troops in weapons exercises and was at a GOP fundraiser in Austin yesterday.
	6:30/7:30/8:30	10/30/2019	A produce company is recalling thousands of apples due to possible listeria contamination. North Bay Produce Inc. is voluntarily recalling over 2,000 cases of apples including McIntosh, Honeycrisp, Jonathan, Fuji, and Red Delicious. The apples were shipped to several states including North Carolina between Oct. 16 and Oct. 21.
	6:00/7:00/8:00	10/30/2019	Many Forest residents aren't happy about a new townhome complex now coming to the area. The Bedford County Board of Supervisors voted in favor of the new townhome complex along Perrowville Road near Jefferson Forest High School. Once the architectural plans are finalized in April, they can hammer out a construction schedule.
	6:30/7:30/8:30	10/30/2019	The Martinsville Public Works Department is preparing for its annual leaf collection. City officials say they will begin its leaf collection Monday, Nov. 4, through the end of December. Crews will run collection trucks Monday through Friday and pick up any properly bagged leaves at the edge of the street.
	6:00/7:00/8:00	10/31/2019	As Pacific Gas & Electric deliberately shut off power to homes and businesses to prevent wildfires, it has failed to communicate with California officials, given conflicting accounts about when the lights would go out. The power company is still struggling to get it right, weeks after it first started plunging millions into darkness to prevent strong winds from toppling its power lines and igniting fires. More than 500,000 remain in the dark.

	6:30/7:30/8:30	10/31/2019	With the holidays just around the corner, the United States Postal Service is giving Virginians a cheat sheet to help mail gifts to their intended recipients on time. According to a news release from the USPS, the busiest mailing and delivery days start about two weeks before Christmas. USPS also anticipates Dec. 16 will be the busiest day online with more than 8.5 million consumers predicted to visit the Postal Service website.
	6:00/7:00/8:00	10/31/2019	A local school board is considering whether to ban the Confederate flag from the school district's dress code. The topic was brought up at the Franklin County Public School Board meeting in October. The school board will discuss this again in their next meeting on Monday, Nov. 11 which is veteran's day.
	6:30/7:30/8:30	10/31/2019	All Hyde County Schools will have a full day instead of a previously scheduled non-school day on November 8 because of Hurricane Dorian. Hyde County Schools which are slightly south of Nags Head are required to have planned emergency make-up days. During Hurricane Dorian, schools in Hyde County missed three school days with Ocracoke missing a total of 22 days, however school officials were able to get the legislature to wave 20 of those days.
	6:00/7:00/8:00	10/31/2019	Boeing's CEO told congress yesterday that the flawed design of a stabilization system involved in two fatal crashes was among the company's mistakes in the 737 MAX aircrafts. An internal email was made public showing that an employee had concerns with the system well before the two crashes. Boeing says it anticipates the plane returns to commercial flight before the end of the year.
	6:30/7:30/8:30	10/31/2019	The search effort for Isabel Hicks, a missing 14-year-old from Louisa County, who authorities believe could have been abducted by her mother's ex-boyfriend, has now doubled after she was spotted in Hanover County. Local and federal investigators held a briefing yesterday to provide an update saying that 200 authorities had joined in the search efforts. Police approached a home where they received a call from but were unable to locate either subject, authorities also say that her abductor, Lynch has shaved his face.
	6:00/7:00/8:00	10/31/2019	Mast General Store has opened applications for its future location in Roanoke's historic building. The North Carolina-based retailer plans to call the Star City home in 2020. The company says more job postings will be available in the coming months, but for now, it is hiring a

			management team, visual merchandiser, store trainer and sales support.
	6:30/7:30/8:30	10/31/2019	A new building at Amherst County High school could have your name on it. Amherst County residents kicked off a 'buy a brick fundraiser' to raise money for a new building that would be next to the high school's baseball field. The facility would house things like concessions, restrooms, and locker rooms for baseball, softball, and wrestling teams. The goal is 100,000 dollars.
	6:00/7:00/8:00	11/1/2019	Isabel Shae Hicks has been returned safely and does not appear to be harmed after being abducted for two weeks. Police said she was believed to be traveling with Bruce Lynch, who was taken into police custody. Investigators did not provide details about where she was found, but they said they would offer more details as soon as possible.
	6:30/7:30/8:30	11/1/2019	Today is dedication day for a bridge in Chilhowie as Virginia legislators and state officials gather to ceremoniously dedicate the Interstate 81 bridge over Whitetop Road as the "Trooper Lucas B. Dowell Bridge." Trooper Dowell lost his life on Feb. 4, while assisting with a search warrant. The event will be at 2 p.m. on Apple Valley Road.
	6:00/7:00/8:00	11/1/2019	The Danville Transit System is offering free rides this month on the Mainline Trolley. The service runs Friday and Saturday night from 6 p.m. to midnight. The trolley runs a loop around the city, stopping at several landmarks and intersections. The first 100 passengers will receive a voucher for a free ornament.
	6:30/7:30/8:30	11/1/2019	There was a sad sight at the Virginia Beach Ocean Front as a young whale washed up dead. The juvenile humpback came ashore on the north end of Virginia Beach, and just south of the mouth of the Chesapeake Bay. Examiners said the whale was tossed around in the waves so much that there wasn't much left to test for a cause of death. They did say that a ship strike was unlikely.
	6:00/7:00/8:00	11/1/2019	A vote has laid down rules for the possible voting on whether to remove President Trump from office. It is likely to take weeks or more before the House decides whether to vote on actually impeaching the President, and if the House does vote for impeachment, the Senate would hold a trial to decide whether to remove the president from office.

	6:30/7:30/8:30	11/1/2019	Norfolk Police say a man is now in custody following a domestic incident near Norview High School which put the school on lockdown yesterday. According to reports, the school was placed on lockdown after a call came in regarding an individual with a weapon nearby. Norview high school said the safety and security of our students, faculty and staff, remains their top priority.
	6:00/7:00/8:00	11/1/2019	Tourism leaders said Amtrak is far exceeding expectations two years after they returned to Roanoke. Amtrak representatives said that ridership is the highest of any individual line in the commonwealth and benefits not only existing businesses, but future developments as well. The early success is raising the question of whether Amtrak could expand in Roanoke.
	6:30/7:30/8:30	11/1/2019	For the third consecutive year, Liberty University's School of Aeronautics and School of Nursing collaborated on a crisis simulation drill to replicate a real-life airshow disaster and the necessary emergency response protocols. EMS students performed triage, American Red Cross students assisted with family notification and emergency disaster relief, and aviation students determined severity and prepared media responses.
	6:00/7:00/8:00	11/4/2019	Authorities lifted all evacuation orders as firefighters made progress yesterday on a large blaze that sent thousands fleeing homes and farms northwest of Los Angeles. Firefighters have contained 70% of the blaze, and the more than 11,000 who were evacuated after the flames spread are now able to return home.
	6:30/7:30/8:30	11/4/2019	Aldi has recalled certain packs of frozen raspberries and frozen berry medley due to hepatitis A contamination. The recall is for Season's Choice Frozen Raspberries and Season's Choice Frozen Medley. Aldi said the recall includes stores in several states including North Carolina and West Virginia. You should discard the products immediately or return them to a local Aldi for a full refund.
	6:00/7:00/8:00	11/4/2019	Lynchburg Parks and Recreation announced that there won't be a Celebration of Lights in Riverside Park this year. They say that in order to reduce or eliminate the power outages that have happened during severe weather, they would need to upgrade the electrical system at the park. There will still be holiday events like the carriage ride at the Lynchburg Community Market on December 7 and 14 and Lynchburg Parks and Recreation is planning their own Tacky Lights Tour to see some of Lynchburg's 'finest' displays.

	6:30/7:30/8:30	11/4/2019	The CASA 5th Annual Superhero 5K run/Walk and Children's 1 Mile Fun Run took place at Percival's Island Trail in Downtown Lynchburg over the weekend. The event was hosted by CASA and Riverside Runners. The run benefits Court Appointed Special Advocates of Central Virginia, which provide children with a representative in court when the child is removed from their home because of abuse.
	6:00/7:00/8:00	11/4/2019	President Donald Trump is expected to nominate Dr. Stephen Hahn to be the next head of the US Food and Drug Administration. The acting commissioner of the FDA will return to his role as the director of the National Cancer Institute. To get the top FDA job, Hahn will have to be approved by the Senate.
	6:30/7:30/8:30	11/4/2019	In a proclamation sent out for the third time while in office, President Donald Trump has declared all of November as a time to honor the men and women of the U.S. military, and their families. Veterans events are typically scheduled throughout the month of November at VA hospitals, benefits offices and cemeteries across the United States. Veteran's day is Monday Nov. 11th.
	6:00/7:00/8:00	11/4/2019	The Nelson County Sheriff's Office says a high school student is in custody after bringing a weapon to school. Officials at Nelson County High School were alerted to the fact that a student had a weapon and building administrators isolated the student and took it away. The sheriff's office says the student is now in custody.
	6:30/7:30/8:30	11/4/2019	The Free Clinic of Central Virginia was awarded a grant from the Centra Community Benefits Committee for a Behavioral Health Integration Project. This is a new program designed to address the growing demand for mental health services in Lynchburg and the surrounding counties. The goal of the project is to expand access to behavioral health in order to improve both mental health and physical health outcomes for low-income uninsured and underinsured patients.
	6:00/7:00/8:00	11/5/2019	Iran has broken further away from its collapsing 2015 nuclear deal with world powers by announcing it is now doubling the number of advanced equipment it operates, calling the decision a direct result of President Donald Trump's withdrawal from the agreement. The announcement came as demonstrators across the country marked the 40th anniversary of the 1979 U.S. Embassy takeover.

	6:30/7:30/8:30	11/5/2019	<p>Mobile pay technology is coming to the Salvation Army's red kettle campaign.</p> <p>In an effort to expand its reach to those who don't carry cash, donors this year will be able to use Apple Pay or Google Pay. Users can tap their smartphones on a sticker and make a donation and you can also scan a QR code for the same process. Red kettle bell ringers will continue to accept cash as well.</p>
	6:00/7:00/8:00	11/5/2019	<p>Virginia has a problem with our littlest learners. The Virginia Kindergarten Readiness Program shows that 42% of students in the state are entering kindergarten unprepared in at least one of four critical learning domains. So now, a Virginia Beach preschool is among several across the state testing a new curriculum that aims to help more students succeed.</p>
	6:30/7:30/8:30	11/5/2019	<p>If you need a place to stay overnight this winter, To Our House in Christiansburg is helping single men and women back into society by giving them a leg up on what's available in the community. So far, they've sheltered almost 400 guests at different host sites from November to late March. The Winter Overnight Shelter is held at a different church every week and connects those staying with other community resources, along with providing food and evening activities.</p>
	6:00/7:00/8:00	11/5/2019	<p>Virginians will be heading to the polls today. In the Commonwealth, every seat in the Senate and the Virginia House of Delegates is up for grabs. Polls open at 6 a.m. and close at 7 p.m. As long as you're in line by 7 p.m., you will be allowed to vote.</p>
	6:30/7:30/8:30	11/5/2019	<p>Mann Packing Company announced the voluntary recall of a series of vegetable products under several different brands, sold to select retailers in the United States. The recall is a response to a notification by the Food and Drug Administration of a potential contamination with Listeria. The recalled products have "Best If Enjoyed By" date of October 11, 2019 to November 16, 2019.</p>
	6:00/7:00/8:00	11/5/2019	<p>Volunteers are still needed to help light up Explore Park in Roanoke for the holidays. Illuminights is taking over Explore Park for a 26-night event that will deck out the park with more than 500,000 lights starting Nov. 29. Positions include parking, guest services, concessions, and logistics. Individuals or organizations are able to volunteer together by signing up online. Advance tickets are available with prices ranging from \$6 to \$13.</p>

	6:30/7:30/8:30	11/5/2019	A local high school senior is partnering with the James River Association and Lynchburg Parks and Recreation to create a youth memorial trail along Percival's Island. Maggie Mace lost her friend and says that she wants to place five benches with signs indicating a place of reverence and contemplation for young lives lost. One bench has already been installed and the rest should be in place by May 2020.
	6:00/7:00/8:00	11/6/2019	California Governor Gavin Newsom met with Pacific Gas and Electric officials, days after threatening a possible takeover of the troubled utility that has been blamed for sparking deadly wildfires across the state. PG&E has come under more scrutiny in recent weeks as it cut off power to millions to avoid a repeat of last year's deadly fire season. The shutoffs have angered residents, businesses and local governments, who say the company has done a poor job of communicating.
	6:30/7:30/8:30	11/6/2019	Time is running out for North Carolina victims of Hurricane Dorian to get help at one of the four disaster recovery centers. North Carolina emergency management said centers are open through Thursday in Beaufort, Buxton, Wilmington and on Ocracoke Island. At the centers you can talk with state and federal officials about loans and grants to help repair and replace storm-damaged property.
	6:00/7:00/8:00	11/6/2019	The Walgreens at the intersection of Forest Road and Enterprise Drive in Lynchburg is preparing to close its doors on Tuesday, November 12. A spokesperson with Walgreens says the company announced a plan to close 200 stores across the country in August. If you get your prescriptions filled at that Walgreens they will transfer to the Walgreens on Timberlake Road.
	6:30/7:30/8:30	11/6/2019	Danville police officers partnered with Martinsville Vice-Mayor Chad Martin and others to host a youth engagement dinner. The teens bonded with officers over different topics and did listening experiments to see issues from each other's points of view. The goal is to help each other better understand what it's like to walk in each other's shoes.
	6:00/7:00/8:00	11/6/2019	Nine members of a Mormon family lost their lives on the Mexican side of the US-Mexico border, and authorities are investigating whether the attack was the result of mistaken identity. Funerals are expected to take place within the next 48 hours. Investigators believe the three vehicles were ambushed by criminal groups.

	6:30/7:30/8:30	11/6/2019	Construction began last week on the first new miles of barrier along the US-Mexico border. Unlike previous construction under the Trump administration, this is the installation of a barrier where none existed before. Construction of the 30-foot-tall barrier is taking place in the Rio Grande Valley, which is one of the busiest regions along the border.
	6:00/7:00/8:00	11/6/2019	With the weather getting colder, you might need help with your heat! A local nonprofit is one call away, Virginia 2-1-1 provides free to low cost referrals for health and human services for residents across the commonwealth. As it gets colder, they are reminding you to take advantage of their heating and fuel assistance programs. You can call in anytime to reach one of the specialists for help.
	6:30/7:30/8:30	11/6/2019	Several students have added fire safety to their class schedule this fall. Danville Fire Department, Danville Community College and Averett University are participating in the third annual Town/Gown Fire Safety Community Service Project. The project will raise awareness about fire and carbon monoxide safety in the community and on campus. The Fire Safety Project kicks off Wednesday, Nov. 13 throughout Danville.
	800	11/5/2019	John patterson lca superintendent int
	6:00/7:00/8:00	11/7/2019	President Donald Trump has accepted an invitation to kick off the New York City Veterans Day Parade next week. President Trump will offer a tribute to veterans at the opening ceremony of Monday's 100th annual parade. While presidents have always been invited to the parade in the past, President Donald Trump is the first to accept. After his remarks, the president will lay a wreath at the Eternal Light memorial in Madison Square Park.
	6:30/7:30/8:30	11/7/2019	New technology is coming to Virginia to help Social Workers remain out an about instead of at their desk doing paperwork. Virginia is investing \$10 million dollars on new iPads and the COMPASS mobile app which makes it a lot easier to document who the workers call and see while they are out. About 2,000 workers in the state will receive these early next year.
	6:00/7:00/8:00	11/7/2019	Virginia Beach City Public Schools says 27 schools had elevated levels of lead found in drinking and food prep water sources. The school division responded swiftly to fix the issues by taking certain fountains out of commission. Water sources have since been retested and have come back with results below dangerous levels

			and water sources not intended for drinking or cooking are also now labeled as such.
	6:30/7:30/8:30	11/7/2019	Lynchburg Nissan wants to help deserving families put a Thanksgiving dinner on the table this holiday season. They are giving away five \$100 Kroger gift cards toward a Thanksgiving meal and they want you to help nominate families who could benefit from this. The winners will be contacted November 25th along with those who nominated them.
	6:00/7:00/8:00	11/7/2019	The U.S. and China have taken another step toward finalizing a part of a longer-term trade deal. The two countries have agreed to roll back some tariffs on each other's goods in phases. There have been hopes that the first phase would be signed in coming weeks. Removing the tariffs has been a key sticking point in getting a deal down.
	6:30/7:30/8:30	11/7/2019	The US Coast Guard is helping with the search for a missing Air Force airman who fell out of a plane during a jump training mission. The missing staff sergeant deployed his parachute and fell about 1,500 feet into the Gulf of Mexico. His name and age have not been released.
	6:00/7:00/8:00	11/7/2019	The end of life can be really hard to go through alone. That's why Centra Hospice is looking for volunteers who can help other veterans during their end of life journey. While all volunteers offer companionship, there is a special connection that veteran patients feel when there is a fellow veteran as their volunteer. It seems that when a volunteer and a patient have something special in common such as serving in the military, there is a feeling of comradery that is unparalleled.
	6:30/7:30/8:30	11/7/2019	If you're taking a stroll at the Virginia Beach ocean front you might see a submerged pipeline being installed this week. It's all part of the Virginia Beach Hurricane and Storm Damage Reduction Project, which has successfully added more sand to 75% of the Oceanfront. The pipeline will be installed at 60th and 61st Street from November 4 through November 6 and the project will extend to Sandbridge this winter, with work estimated to be completed by May.

	6:00/7:00/8:00	11/8/2019	The Capitol Christmas Tree is set to make a stop in southwest Virginia as it makes its nearly 2,000-mile trek across the country. On Nov. 23, the tree will be at the White's Travel Center in Raphine Virginia from 2 to 3 p.m. The tree travels all the way from the Carson National Forest in New Mexico to Washington D.C. and starting Monday, you can track the tree's journey in real-time online.
	6:30/7:30/8:30	11/8/2019	Over130,000 pounds of raw ground beef products have been recalled because they may contain plastic. The products subject to the recall are 16-oz vacuum sealed packages of Nature's Rancher 100% Grass Fed Organic Ground Beef. These products, recalled by Rastelli Foods Group, have use or freeze by dates of 10/24, 10/31, 11/04, 11/07, and 11/11. The products were sent to distribution centers and then retail locations in several states.
	6:00/7:00/8:00	11/8/2019	First Baptist Church of Roanoke is preparing to send 750 backpacks filled with Christmas goodies to some kids who need a little holiday cheer. The backpacks will be spread throughout Southwest Virginia in some of the more low-income counties, but the church can still use your help filling about 20 more backpacks.
	6:30/7:30/8:30	11/8/2019	You now have the chance to see an escape tunnel underneath the Berlin Wall amid celebrations of the 30-year anniversary of the opening of East Germany's border. The tunnel, near the main Wall memorial, was opened yesterday and was built by those who had escaped earlier to West Berlin. They wanted to help friends and family flee to the West but days before it was finished, East German officials discovered the tunnel and partially destroyed it.
	6:00/7:00/8:00	11/8/2019	Governor Ralph Northam says a new program, created as part of Virginia's proposal to secure its bid for Amazon's second headquarters location, will eventually fix the shortage of tech talent in the commonwealth. Eleven Virginia colleges and universities will be getting state funding, through the Tech Talent Investment Program, to help boost computer science related-degree programs. While this program was created to help supply the local workforce needed to sustain a large company like Amazon, these graduates will also be able to support smaller businesses and start-ups.

	6:30/7:30/8:30	11/8/2019	As Thanksgiving Day approaches, the Virginia Living Museum in Newport News is holding a naming competition for the thankful male Turkey that will not be on the dinner menu this holiday. Currently they have narrowed it down to three names, Hokie, in celebration of Virginia Tech, Sir Vivor, or Monanow, a Powhatan word for "Turkey". The voting will take place on their Facebook page until Nov. 24 or you can fill out a paper ballot in the lobby. The winning vote will be announced on Nov. 27 at their annual Turkey Pardoning.
	6:00/7:00/8:00	11/8/2019	Construction is underway at the Lynchburg Regional Airport on a new addition to keep you dry, and warm as you board your plane. The airport is getting its first-ever passenger boarding bridge. Officials say the FAA is funding 90 percent of the roughly \$1 million cost and airport revenue will cover the rest. It should be done just in time for Christmas.
	6:30/7:30/8:30	11/8/2019	A new children's museum is now open, Wonder Universe of the New River Valley in Christiansburg is open again in its new location. The new space features 10 new exhibits and is five times bigger than the old location. Part of the expansion was to reach more families, and now they can have around 300 visitors.
	8:20	11/8/2019	Kris - Meals on Wheels
	8:50	11/8/2019	Matt Game on LU
	6:00/7:00/8:00	11/11/2019	American and Southwest airlines announced plans to resume commercial flights of the Boeing 737 Max aircraft in March 2020. Fort Worth-based American said their fleet of 24 Max jets will return to service on March 5, while Dallas-based Southwest plans for a March 6 return for its 34 aircraft. The Boeing Max jets have been grounded since two crashes took over 300 lives and the airlines have struggled with thousands of cancellations this summer.
	6:30/7:30/8:30	11/11/2019	Delegate Eileen Filler-Corn of the 41st District just became the first woman to be nominated for speaker of the Virginia House of Delegates. She will also be the first Jewish Speaker. The official vote for new Speaker will be made on the first day of the 2020 legislative session.
	6:00/7:00/8:00	11/11/2019	Colder temperatures and morning frost mean winter is coming and it's important to make sure vehicles are prepared before the weather hits. One of the biggest things you can forget is to check the antifreeze and oil levels because if the engine freezes, it can cause a lot of costly damage to vehicles. VDOT also suggest you always wear your seat belt, leave a few minutes early and take it slow.

	6:30/7:30/8:30	11/11/2019	The newest family tradition is set to return to Virginia Beach, on Dam Neck Road this coming holiday season. VB ICE, the city's only outdoor ice-skating rink, is gearing up for its second season starting this Friday, and will remain open through Sunday, January 5. The rink will be close on Thanksgiving Day and Christmas Day.
	6:00/7:00/8:00	11/11/2019	No US troops were injured after rockets targeted an Iraqi air base that houses American troops. There was no immediate claim of responsibility nor was it clear if any of the rockets struck the base. Iraq announced victory over ISIS two years ago, but the extremist group is still active and frequently mounts attacks on Iraqi security forces. The U.S. maintains about 5,000 troops in Iraq.
	6:30/7:30/8:30	11/11/2019	The National D-Day Memorial will remember those who serve today. It will hold a ceremony this morning at 11 a.m. with author and historian Peter Caddick-Adams as the keynote speaker. The memorial will dedicate new veteran bricks during the ceremony and admission to the memorial is free from 10 a.m. to noon. For a list of other events and freebies you can check our website myjourneyfm.com .
	6:00/7:00/8:00	11/11/2019	UnitedHealthcare is hosting a virtual job fair in hopes that it can hire 70 new employees in the Roanoke area. All positions will be full-time, and employees will have the flexibility to work any eight-hour shift during the normal business hours of 7 a.m. to 11 p.m., seven days a week. The event will be tomorrow from noon to 2 p.m. and 5 to 7 p.m.
	6:30/7:30/8:30	11/11/2019	There's a new way for you to experience the Science Museum of Western Virginia. Your Electronic Benefit Transfer (EBT) card will now get you in for free. The program was started this week by the Roanoke Department of Health and Human Services.
	8:20	11/11/2019	Bob Laughlin - Glorious Christmas Nights Int
	6:00/7:00/8:00	11/12/2019	A pair of veterans in Congress are pushing lawmakers to lock in a spot on the National Mall for the Global War on Terror Memorial. The Global War on Terror Memorial Foundation, which is handling fundraising and construction costs for the project, has announced a goal to have the groundbreaking in 2022 and the dedication of the site by 2024.
	6:30/7:30/8:30	11/12/2019	Donald Trump Jr. will speak at Liberty University's convocation tomorrow to discuss his new book. Convocation starts at 10:30 a.m. and will be livestreamed from the university's Facebook page. Liberty University President Jerry Falwell JR. said that

			<p>this is a great opportunity for students to hear from a major force in American politics.</p>
	6:00/7:00/8:00	11/12/2019	<p>The Salvation Army of Greater Lynchburg is kicking off the Angel Tree program with a 40th Anniversary Weekend event. The event will take place this Friday and Saturday beginning with a free concert at 7:30 p.m. at The Center for Music and Worship Arts Concert Hall featuring The Salvation Army National Capital Band. Then on Saturday there will be music, cookie decorating, tree lighting, and more. Angel Trees are located at River Ridge Mall and area businesses.</p>
	6:30/7:30/8:30	11/12/2019	<p>A group of Newport News residents is taking back the community. They're re-starting the Minute Men task force to keep kids safe, an initiative originally formed more than 20 years ago to watch after kids in the city. With the new name, Us 4 Us the group plans to work with Newport News Police and other city leaders to get the watch group re-established in the community, and they're looking for volunteers.</p>
	6:00/7:00/8:00	11/12/2019	<p>A senior U.S. coalition commander said that American troops who remain in Syria are redeploying to several bases and working with the Kurdish-led forces to keep up the pressure on the Islamic State militants. The mission's focus is to deny the Islamic State any chance to regroup.</p>
	6:30/7:30/8:30	11/12/2019	<p>Virginia Republicans have canceled a meeting where they were to present GOP-backed proposals to curb weapons violence. Republicans tasked the commission earlier this year to come up with ideas on how to improve public safety in the wake of the incident at the Virginia Beach municipal building. Instead lawmakers will vote on weapons control measures during a special session.</p>
	6:00/7:00/8:00	11/12/2019	<p>Kroger is offering a home delivery service this year through its new Kroger Seamless Delivery platform. 90 stores in the Mid-Atlantic region will launch the delivery service between now and Nov. 21, which you can utilize for \$9.95. In addition to expanding delivery options, Kroger will also be offering free Pickup service from now – Jan. 1.</p>

	6:30/7:30/8:30	11/12/2019	Liberty University covered its stage with 300 suitcases, one for every foster child in the area. LU partnered with Unclaimed Baggage Center to paint and pack each suitcase with a stuffed animal, toothbrushes, toothpaste, coloring books and a pillow. The goal is help foster children in the city keep their dignity. All suitcases were donated to Humankind, a Lynchburg organization, which will deliver them to local foster children.
	6:00/7:00/8:00	11/13/2019	Israel launched airstrikes against two senior Islamic Jihad commanders, taking the life of one in Gaza but missing another in Syria. This escalation of Israel's regional conflict with Iran, and return rocket fire from Gaza has been the worst bout of fighting there in recent months. Israeli military said more than 50 rockets were fired in just a few hours, with at least 20 intercepted by Israel's Iron Dome defense system.
	6:30/7:30/8:30	11/13/2019	Former President Jimmy Carter is recovering from surgery to relieve pressure from bleeding on his brain. Thankfully there were no complications from the procedure at Emory University Hospital. The Carters thank everyone for the many well-wishes they have received, and the former president does not anticipate making more announcements until he's released.
	6:00/7:00/8:00	11/13/2019	Lynchburg Water Resources is preparing to take your grease. They encourage you to properly dispose of and recycle grease because the buildup of fat, oil and grease in the sewer pipes is the biggest issues facing Lynchburg's sewer system. You can get a grease container Saturday, Nov. 23 from 12 p.m. to 5 p.m. at the Lynchburg Kroger Stores, and Wednesday, Nov. 27 from 10 am to 2 pm at the Lynchburg Community Market downtown. Then you can drop off the grease filled container between Thanksgiving day and Sunday, Dec. 1.
	6:30/7:30/8:30	11/13/2019	In this case the white flag doesn't mean surrender, but shelter. The Roanoke Rescue Mission has the white flag waving which means the shelter is open to anyone regardless of your situation. The flag goes go up when it's 42 degrees and dry or 48 degrees and wet. Even if the shelter is at full capacity workers there are prepared with additional mattresses to accommodate as many as possible.
	6:00/7:00/8:00	11/13/2019	Many Confederate monuments in Virginia could soon start coming down after Election Day gave Democrats control of the General Assembly for the first time in decades. Members of the new legislative majority say they plan to revive proposals to make it easier to

			remove the public displays honoring Civil War soldiers and generals in a state that was home to two Confederate capitals.
	6:30/7:30/8:30	11/13/2019	A U.S. Navy submarine missing for 75 years has been found off Okinawa, Japan. The USS Grayback was discovered by a group of undersea explorers whose mission is to find the wrecks of every American submarine lost in World War II. The three sailors who passed away aboard the USS Grayback were from North Carolina and all three were awarded the Purple Heart.
	6:00/7:00/8:00	11/13/2019	Lynchburg high school students will learn about diversity and prejudice over the next few days. Students from E. C. Glass and Heritage High Schools will take part in Project Inclusion where they will learn skills to help them bring unity and change to their schools. Nearly 50 students will take part in the program between now and Saturday.
	6:30/7:30/8:30	11/13/2019	The Salem VA Medical Center and other community agencies will hold a Stand Down for Homeless Veterans event today. The event will give veterans information about employment, benefits, housing and more. It runs from 9 a.m. to 3 p.m. at the Salem Civic Center.
	7:20	11/13/2019	Danny Gokey
	6:00/7:00/8:00	11/14/2019	Defense Secretary Mark Esper said that he is open to the possibility of altering American military activities in South Korea if it would help advance a diplomatic deal with North Korea to eliminate its nuclear program. Esper said any changes in military exercises or training would be done in ways that did not jeopardize troops' combat preparedness. He also said they would be done in consultation with the South Korean government.
	6:30/7:30/8:30	11/14/2019	Centra Home Health has announced it has been named a Top Agency of the 2019 HomeCare Elite in both the Lynchburg and Farmville areas. This designation recognizes top-performing home health agencies in the United States. Agencies are determined by an analysis of performance measures in, best practices, patient experience, quality improvement, consistency and financial health.
	6:00/7:00/8:00	11/14/2019	The River Ridge Mall is getting a new look. Announcements on specific stores or restaurants opening should come within the next week, including which sporting goods store will open as well. The goal is for River Ridge Mall to be a town center and not just a

			mall, incorporating outdoor spaces and lots of entertainment.
	6:30/7:30/8:30	11/14/2019	The Holy Cross Regional Catholic School has been a Lynchburg staple since 1879, but this year will be its last. The Diocese of Richmond announced yesterday it will shut down the school at the end of the academic year, citing low enrollment numbers. Holy Cross, which is a K-12 school, currently only has 156 students, including a graduating class of just four.
	6:00/7:00/8:00	11/14/2019	Last night the results of a 16-week probe into the Virginia Beach mass incident was shared in front of City Council. The presentation comes nearly six months after an attacker took the lives of 12 and seriously hurt four others at the city's Municipal Center. There still does not seem to be a strong motive other than that the attacker was unhappy at work. One of the key improvements that was suggested is for the city to expand its critical incident response system to include mass notifications and other functions.
	6:30/7:30/8:30	11/14/2019	Students at Hunter B. Andrews School in Hampton were evacuated yesterday due to a bomb threat. Hampton Police said there was nothing to substantiate the treat, but students were evacuated as a precaution. No device was located, but the investigation is ongoing.
	6:00/7:00/8:00	11/14/2019	A record number of travelers are expected to jam airports over Thanksgiving break and airlines are adding hundreds of flights a day in response. The Transportation Security Administration said that it expects a 4% increase over last year. The busiest days are the Wednesday before and the Sunday after the holiday, with the lightest day being the holiday itself. U.S. airlines are adding about 850 flights and over 100,000 seats per day to help.
	6:30/7:30/8:30	11/14/2019	Cape Lookout National Seashore on the Outer Banks has discovered three cows roaming the national park, and it is believed they got there by swimming four to five miles across the sound during Hurricane Dorian. Park staff spotted the first cow on the North Core barrier island about a month after the storm. The others revealed themselves in the past two weeks, the trio are now grazing peacefully together on federal grass.
	6:00/7:00/8:00	11/15/2019	One victim has passed away and several others were injured during an incident at Saugus High School in the city of Santa Clarita, California about 30 miles northwest of downtown Los Angeles. Authorities also said the

			student who was responsible for the attack was taken to the hospital by authorities after injuring himself.
	6:30/7:30/8:30	11/15/2019	In Virginia yesterday, Alleghany County Public Schools were put on lockdown, due to a student threat. The sheriff's office got a tip that a student at Alleghany High School was threatening to harm himself in front of students. The Sheriff's Office is currently investigating.
	6:00/7:00/8:00	11/15/2019	A Northampton County, North Carolina, deputy who had only been on the job for six months passed away in a crash while responding to a call. Deputy Makeem Brooks, of Gaston was traveling in an unmarked car with blue lights flashing when he crashed on Route 158 outside of Garysburg. They are not sure at this time what type of call Brooks was responding to.
	6:30/7:30/8:30	11/15/2019	Over the past several years, Patrick Henry Community College has been working to develop a Physical Therapist Assistant program. Now, they are ready to launch the first class in January. It will be the first program of its kind in the region. They say the college is currently accepting applications through Monday, Nov. 25.
	6:00/7:00/8:00	11/15/2019	A 16-year-old student is responsible for a tragic incident at a high school in Santa Clarita, California. Yesterday morning he took the lives of two, classmates, injured several others, and then was taken to the hospital for self-inflicted wounds. The suspect has not yet been identified, but the police said he was a student at the school.
	6:30/7:30/8:30	11/15/2019	Many businesses shut down and schools were put on lockdown in Roanoke yesterday because of a manhunt in the area. Roanoke City Police are urging you to be vigilant and report any suspicious activity. They are looking for Michael Brown, and believe the general public is not in any grave danger, but emphasized he is still believed to be armed and dangerous and may use force.
	6:00/7:00/8:00	11/15/2019	Residents and shoppers are saying goodbye to a Lynchburg staple today. A landmark business in downtown Lynchburg is leaving the neighborhood after more than 100 years. Farmer's Seed & Supply has operated on Main Street since 1900. The owner of the business has decided to leave her longtime location and consolidate inventory at the hardware store she owns in Boonsboro.

	6:30/7:30/8:30	11/15/2019	If you are looking to satisfy your sweet tooth, you now have a new option in Lynchburg. The food truck Batter Bar will be in the parking lot of Essex Bank on Old Forest Road on Tuesdays and at the Essex Bank off Timberlake Road on Thursdays from 10 a.m. to 4 p.m.. The crepes will come in both sweet and savory options.
	8:00	11/15/2019	Tammy Shank Salvation Army
	6:00/7:00/8:00	11/18/2019	Saugus high school in Santa Clarita California will remain closed until December 2nd after a student took the lives of two classmates. Detectives are still searching for a motive, even though the suspect has passed away. The suspect had shown no signs of violence prior to the attack.
	6:30/7:30/8:30	11/18/2019	After eight days of searching, there are still no confirmed sightings of Michael Brown. The hunt for the 22-year-old expanded to the New River Valley as Virginia State Police, Troopers, and SWAT checked the Interstate 81 rest stops in the Radford area. The Virginia Department of Transportation has also activated electronic signs asking you to keep an eye out and if you see anything call 9-1-1.
	6:00/7:00/8:00	11/18/2019	Go Raw is recalling its 2 lbs. frozen bags of "Quest Beef Cat Food" because of a possible Salmonella contamination. If you or your pet are experiencing any of the symptoms of Salmonella after being in contact with the product, please contact your healthcare provider or veterinarian.
	6:30/7:30/8:30	11/18/2019	Goodwill is holding a job fair in Danville today. Several employers will be there, taking applications and talking about open positions. It runs from 1 p.m. to 4 p.m. at the Goodwill Danville Career Center.
	6:00/7:00/8:00	11/18/2019	A candlelight vigil happened yesterday to remember two students that lost their lives in a Southern California high school as investigators try to determine what prompted the attack. Saugus High School will remain closed until Dec. 2 but counselors will be available to help students cope with their grief in the meantime.
	6:30/7:30/8:30	11/18/2019	A car seat that's properly installed can save your child's life, but there is one step you may not be aware of when buckling up your little one. It's the hidden danger every time you buckle in your children this winter, their coat. While it may be keeping them warm, it can be a risk because it can lessen the effectiveness of your child's car seat.

	6:00/7:00/8:00	11/18/2019	A portion of the Buckroe Fishing Pier collapsed yesterday after a barge came loose and struck the pier. Hampton Fire officials along with Hampton Police, the U.S. Coast Guard, and Virginia Marine Resources Commission responded to the scene. The beach was closed from Resort to Seaboard to all traffic, vehicular and foot. No injuries were reported during the incident.
	6:30/7:30/8:30	11/18/2019	The Amherst Police Department kicks off its Second Annual Toy Drive today. It's partnering with the Department of Social Services to give a bright Christmas to local children. You can drop off new toys at Amherst Town Hall now through Dec. 16.
	6:00/7:00/8:00	11/19/2019	There is still a long way to go in the impeachment process, with 8 more witnesses to be called before thanksgiving. After that the intelligence committee is expected to wrap up its part of the impeachment probe. Then, the three committees will submit a report to the Judiciary panel, which will hold its own hearings and eventually, vote on articles of impeachment. Finally, there is another vote and then a senate trial. If it comes to a Senate trial it wouldn't happen until next year.
	6:30/7:30/8:30	11/19/2019	Next on the no-fly list might just be a charger after one overheated inside a backpack in an overhead compartment on a Southwest flight yesterday. The charger sent smoke into the cabin and caused an evacuation of the plane. No injuries were reported.
	6:00/7:00/8:00	11/19/2019	A break in prompted a lockdown yesterday at schools in Roanoke. Virginia Heights Elementary, Wasena Elementary, Woodrow Wilson Middle School and Patrick Henry High School were all put on a precautionary lockdown while Roanoke police investigated a reported bank robbery that happened in Grandin Village.
	6:30/7:30/8:30	11/19/2019	Local students are lending a helping hand to feed their fellow classmates. Salem High School has officially launched the Salem Bread Food Pantry to provide meals to high school students and their families every weekend. Every Friday students pack bags with enough food to last a family of four the entire weekend. Then, the meal kits are distributed anonymously.
	6:00/7:00/8:00	11/19/2019	The Taliban said they have freed an American and an Australian hostage held since 2016 in exchange for three top Taliban figures. The hostages, Kevin King and Timothy Weeks were released after surviving more than three years in captivity. The swap was intended to try and restart talks to end Afghanistan's 18-year war and

			allow for the eventual withdrawal of U.S. troops from Afghanistan.
	6:30/7:30/8:30	11/19/2019	Several school districts across the state were recognized with the 2019 Dorothy S. McAuliffe School Nutrition Awards presented by No Kid Hungry Virginia. This award celebrates Virginia school divisions that have operated on all available federal child nutrition programs and achieved exceptional participation in the school breakfast program. First time winners included Franklin County Public Schools, Greensville County Public Schools, and Suffolk City Public Schools.
	6:00/7:00/8:00	11/19/2019	The New River Health District is offering free seasonal flu vaccines. The vaccine will be available free to anyone 18 years and older. You can get them Thursday from 9 a.m.-noon at the Pulaski County Health Department, and the Floyd County Health Department, then from 1-3 p.m. at the Montgomery County Health Department, and on Friday you can get it from 1-3 p.m. at the Radford City Health Department or the Giles County Health Department.
	6:30/7:30/8:30	11/19/2019	This upcoming summer, the University of Lynchburg will have a new president and for the first time it will be a female, and someone who wasn't born in the United States. Dr. Alison Morrison-Shetlar is to be the university's 11th president and her term will begin in July 2020 after the retirement of Dr. Kenneth R. Garren, who has served as president since 2001.
	6:00/7:00/8:00	11/20/2019	The U.S. House of Representatives approved legislation to avert a widespread government shutdown later this week with a bill extending temporary federal funding through Dec. 20. The legislation passed the House and now goes to the Senate, which will aim to approve it before midnight tomorrow when existing funds expire.
	6:30/7:30/8:30	11/20/2019	Select varieties of Breakstone's Cottage Cheese are voluntarily being recalled due to the potential presence of red plastic and metal. The company discovered the issue when it was notified by a consumer, so far there have been six consumer complaints, but thankfully no reports of illness or injury. If you have this product do not eat it and return it to the store where purchased for a full refund.

	6:00/7:00/8:00	11/20/2019	You might hear a familiar sound if you are out shopping the next few weeks, The Salvation Army bell ringers. They are out from 10am-8pm everyday but Sunday, until Christmas eve and they need your help. The Roanoke chapter has 55 locations and only 41 staff members to cover them, so they need volunteers. If you can't volunteer, they're asking you to give. New this year, you can donate at kettles using just your phone.
	6:30/7:30/8:30	11/20/2019	It's not officially Shark Week but for trackers along the East Coast, several great white sharks are putting on a show. Nine sharks tagged by the ocean data-gathering organization have appeared near the coast in a five-day span. Tracking shows two sharks near Charleston, South Carolina and five more are near the Outer Banks.
	6:00/7:00/8:00	11/20/2019	PG&E is at it again, cutting off power to hundreds of thousands of residents across 18 Northern California counties. A forecast of strong offshore winds and dry conditions led PG&E to decide to shut off power beginning between 6 a.m. and 7 a.m. central time and continuing in phases throughout the day until 4 p.m. PG&E said its goal would be to return power to customers by the end of the day Thursday.
	6:30/7:30/8:30	11/20/2019	The White House is gearing up for Christmas as First Lady Melania Trump is set to receive the official White House Christmas tree on Monday. The tree is from Pennsylvania and Owner of the tree, Larry Snyder won an annual contest held by the National Christmas Tree Association, earning the honor of gifting a tree from his farm to the White House. It will be delivered by horse-drawn carriage and become the focal point of Christmas in the White House Blue Room.
	6:00/7:00/8:00	11/20/2019	N.C. 12, the main roadway connecting North Carolina to the coast, remains closed due to unsafe travel conditions. Sections of the Outer Banks road are reportedly still covered with sand and water due to dune breaches and ocean over wash from a coastal storm over the weekend. Conditions remain poor as crews continue to clear the sand off the road between Rodanthe and Oregon Inlet. Officials are predicting the road to open today by 3 p.m.
	6:30/7:30/8:30	11/20/2019	This month, DePaul Community Resources, along with partner agencies, will host an Adoption Celebration on National Adoption Day to spread its message of hope and belonging. This event will be a chance to celebrate families formed through adoption and to raise awareness of the need for more foster/adoptive families. The event will be held on Saturday, Nov. 23

			from 10 a.m. to 1 p.m. at the New River Community College.
	6:00/7:00/8:00	11/21/2019	Two U.S. service members passed away yesterday when their helicopter crashed in Afghanistan. The cause of the crash is under investigation, however preliminary reports do not indicate it was caused by enemy fire. The names of the service members are being withheld until notification of their next of kin.
	6:30/7:30/8:30	11/21/2019	Another recall over possible pieces of plastic. This time it's a limited quantity of Cheese Nips. The company became aware of this issue when yellow plastic pieces were noticed on the manufacturing equipment. If you have it don't eat it.
	6:00/7:00/8:00	11/21/2019	Amazon has donated \$300,000 to a nonprofit that is building a homeless shelter in Alexandria Virginia. The donation is an example of how the company is trying to be a good corporate citizen in an area where it's building a second headquarters.
	6:30/7:30/8:30	11/21/2019	Jimmie Johnson is set to follow many other NASCAR superstars into retirement. The seven-time champion announced yesterday that he will retire from full-time competition after next season. Johnson has driven for Rick Hendrick his entire Cup career and all 83 of Johnson's wins have come in the No. 48.
	6:00/7:00/8:00	11/21/2019	Authorities are still searching for Michael Brown. The hunt is now in the Hollins area of Virginia. After receiving a tip authorities searched an abandoned house on Beaumont Road, but there has not been a confirmed sighting of him in the area. If you do see him call 9-1-1.
	6:30/7:30/8:30	11/21/2019	A North Carolina county has removed a Confederate statue from a historic courthouse, despite a law protecting it. The statue of a soldier has stood outside the historic Chatham County courthouse, since 1907. County officials argued that the monument was owned by the United Daughters of the Confederacy, so currently the statue will remain in a safe place until the Daughters of the Confederacy decide what to do with it.
	6:00/7:00/8:00	11/21/2019	The Danville Police Department is mourning one of its own. Officer Eric Goff passed away unexpectedly at his Patrick County home. Goff started working at the Danville Police Department in April 2018 and graduated from the Piedmont Regional Criminal Justice Training Academy in January 2019.

	6:30/7:30/8:30	11/21/2019	A new proposal could change start times as much as 40 minutes for some Chesapeake public schools in September 2020. The proposed changes come as Chesapeake faces a shortage of school bus drivers, they are even offering signing bonuses up to \$500 to get drivers on board. Chesapeake Schools say they want to streamline their bus operations, so drivers aren't dropping off one group of kids before returning to school to get another set. Plans call for three start times: 7:35 a.m., 8:15 a.m., 8:55 a.m.
	6:00/7:00/8:00	11/22/2019	Over 300 passengers were aboard a plane that made an emergency landing at Los Angeles International Airport when flames were seen coming out of one of its engines. The Philippines Airlines Flight 113, a Boeing 777, had just taken off for the Philippines when a mechanical issue was reported. Thankfully, there were no injuries.
	6:30/7:30/8:30	11/22/2019	If you recently bought a bagged salad mix, you need to check your fridge. Salad products sold at Aldi, Walmart and Target and other retailers are being recalled due to E. coli concerns. The recall says that the products contain meat or poultry and may be contaminated with E. coli.. These items were shipped to distribution locations in North Carolina, South Carolina, and Virginia along with several other states.
	6:00/7:00/8:00	11/22/2019	Police in Virginia are investigating after a man washed up on a beach at the Chesapeake Bay. The man's body came ashore in the Chic's Beach area of Virginia Beach near the Chesapeake Bay Bridge-Tunnel.
	6:30/7:30/8:30	11/22/2019	The University of Virginia's College at Wise is launching an initiative to help students of low-income families. Virginia families earning \$40,000 or less may send their children to the university at no cost for tuition or fees under a new program called UVA Wise Within Reach, starting in the fall of 2020. The program is only available to full-time, degree seeking students from Virginia who are eligible to receive in-state tuition.
	6:00/7:00/8:00	11/22/2019	Two airmen lost their lives in a mishap involving two T-38 Talon trainer aircraft at Vance Air Force Base in Oklahoma. The aircraft were on a routine training mission when the mishap occurred. Emergency response personnel responded to the scene and the crash is under investigation.
	6:30/7:30/8:30	11/22/2019	Two have been seriously injured after a suspect used a weapon at Smithfield Foods in Tar Heel NC yesterday. The suspect initially fled but surrendered to Deputies overnight and has been charged. The two victims were

			flown by life flight helicopters for treatment of their injuries.
	6:00/7:00/8:00	11/22/2019	The search for Michael Brown might have just gotten more difficult, as now there is a Facebook page encouraging Brown to stay hidden. Michael Brown is considered armed and dangerous and helping him is a crime, punishable by a fine and jail time. U.S. Marshals are taking this very seriously. Currently there is a \$10,000 reward being offered for information leading to Brown's arrest.
	6:30/7:30/8:30	11/22/2019	Faculty at the Campbell County Technical Center gave a sweet surprise for a deserving teacher Thursday. They gifted their automotive technology instructor with a new tool for his classroom, a pricey Snap-On-scan tool. The new equipment will help give his students a stronger understanding of how to properly diagnose issues in a vehicle.
	6:00/7:00/8:00	11/25/2019	Supreme Court Justice Ruth Bader Ginsburg was hospitalized after experiencing chills and a fever. Earlier this month Ginsburg, suffered what the court described as a stomach bug. She was absent from arguments on Nov. 13 but returned for the court's next public meeting, on Nov. 18. She has also been treated for cancer twice in the past year. Thankfully she is now safely back at home.
	6:30/7:30/8:30	11/25/2019	Around 700 people will be out of a job after Volvo announced it will lay off employees at the start of 2020. This comes after the manufacturer announced that it would invest nearly \$400 million in the New River Valley. Layoffs will start around January 20.
	6:00/7:00/8:00	11/25/2019	The Mill Mountain Star has now been shining down upon the Roanoke Valley for 70 years. Roanoke commemorated the landmark's birthday with a ceremony at the star's overlook. The 88-foot star, which is the largest free-standing man-made star in the world, first illuminated Roanoke in 1949. Since then, both the star and its overlook on Mill Mountain have become so popular, Roanoke is commonly called the "Star City."
	6:30/7:30/8:30	11/25/2019	The Salvation Army provided free, warm Thanksgiving meals to over 300 families yesterday. The feast was held at the Kroc Center in Norfolk and everyone was offered seated meals to partake in free food and fellowship. Then over 40 volunteers packed up boxed meals and headed out into the community delivering more than 200 additionally meals. On Thanksgiving Day from 10

			a.m.- 1 p.m., The Hope Center will be providing Thanksgiving meals to anyone in need.
	6:00/7:00/8:00	11/25/2019	You may be gearing up like many to watch the Macy's Thanksgiving Day Parade, but this year it could be missing a key element: its 16 giant character balloons. Officials in New York City may have to ground the iconic balloons due to windy conditions. They cannot be flown when sustained winds exceed 23 mph and gusts exceed 34 mph, per city regulations.
	6:30/7:30/8:30	11/25/2019	Four people face charges in connection to a human trafficking investigation in Virginia Beach. Homeland Security investigators and Virginia Beach police raided the three massage parlors and other businesses across the city. The raid included the massage parlor in the Kempsville Plaza, and other businesses on Princess Anne Road, Independence Boulevard and General Booth Boulevard.
	6:00/7:00/8:00	11/25/2019	The Halifax County Sheriff's Office is partnering with the Halifax County Department of Social Services to collect new toys, coats and gloves to help children have a merry Christmas. Donations will be for children between the ages of three and 17. Cruisers will be at the South Boston Walmart Saturday, November 30, and December 7th, and Sunday December 1st and the 8th. Donations can also be made at the Halifax County Sheriff's Office starting today through Friday, December 13.
	6:30/7:30/8:30	11/25/2019	A group of motorcyclists in Virginia Beach spent the weekend building bicycles for children. It was the 10th anniversary for the Bikes for Tykes event. The group raised over 15-thousand dollars and purchased more than 200 bikes which equated to about three truckloads of bikes for local children. The club will give the bikes away on December 7th at the IceHouse Restaurant in Virginia Beach.
	6:00/7:00/8:00	11/26/2019	If you are planning to travel out of town for the holidays be sure to give yourself some extra time. Thanksgiving travel headaches are likely as multiple storm systems are being tracked across the country with rain, snow and wind. More than 55 million travelers are expected to travel 50 miles or more from their homes so be sure to be patient and kind to one another in the coming days.

	6:30/7:30/8:30	11/26/2019	The U.S. military dog that played a role in the raid that took the life of an Islamic State leader was honored by President Donald Trump at the White House. Conan was injured when he was exposed to electric wires in the late October raid while chasing the terrorist in Syria.
	6:00/7:00/8:00	11/26/2019	The Suffolk Center for Cultural Arts unveiled their very own life-size "LOVE" artwork. The artwork is an extension of the iconic "Virginia is for Lovers" slogan which is celebrating 50 years. Students from four area high schools created the designs. Kings Fork High School did the "L", Lakeland did the "O", Nansemond River did the "V" and Nansemond Suffolk Academy, Upper School did the "E". You can see the sign at the fountain at the Suffolk City Center.
	6:30/7:30/8:30	11/26/2019	If you want to get a jump start on burning those thanksgiving calories, then you can participate in the 5k Turkey Trot in downtown Lynchburg. Not only is it a family tradition for many it also supports and helps others in the community through HumanKind. All proceeds benefit programs that provide social, mental, and financial services to those in need. You can still sign up if you are interested in participating.
	6:00/7:00/8:00	11/26/2019	Two turkeys spent part of the weekend at the Willard Hotel in Washington D.C. while the National Turkey Federation has opened up the voting on which one president Donald Trump will pardon. While only one bird will get the official pardon, both birds will be free to spend their retirement at Virginia Tech with other pardoned turkeys. The tradition of pardoning turkeys began in 1947 with president Harry Truman.
	6:30/7:30/8:30	11/26/2019	Michael Brown is still believed to be in the New River Valley and is now on FBI's most wanted list. The last confirmed sighting of him was November 14 in Roanoke. He is still believed to be armed and dangerous. There is a 10,000 reward for information that could lead to an arrest, and if you are found helping Brown or withholding information you can face jail time.
	6:00/7:00/8:00	11/26/2019	The holiday season means that Wreaths Across America will soon be decorating the graves of service members across the country. In Hampton Roads at the Hampton National Cemetery they are in need of sponsorships in order to honor every military member who is buried there. Two Navy wives are raising money for more wreaths, currently they are at 4,000 out of 33,000 graves sponsored. Sponsorship cost just \$15 per wreath and those wreaths will be placed on graves at a ceremony on December 14.

	6:30/7:30/8:30	11/26/2019	As of this morning a water main break has closed part of Roanoke's Hershberger Road. The eastbound lane of Hershberger near Williamson will be closed while crews work to clean up the damage, according to authorities. There is no estimate on how long repairs will take.
	6:00/7:00/8:00	11/27/2019	Carilion Clinic is planning to expand the Virginia Tech Carilion school of Health Sciences and Technology Campus with a world-class cancer center. The new center will enhance care in the region and open opportunities for research and clinical trials. The center will be built at the corner of Franklin Road and Reserve Avenue, and fundraising will play a large role in how quickly the center is built.
	6:30/7:30/8:30	11/27/2019	The personal information of over a million T-Mobile customers was exposed and there isn't much details on what actually happened. T-Mobile say that said that less than 1.5 percent of customers were affected, and no passwords were exposed, though hackers could possibly try to steal your identity or take over your accounts. T-Mobile says you should change your password just in case.
	6:00/7:00/8:00	11/27/2019	This coming Saturday is small business Saturday where you are encouraged to shop local! Members of the Roanoke Regional Chamber were outside their offices in downtown Roanoke passing out giveaways as a way to encourage you to support Small Business Saturday. The holiday shopping tradition celebrates small businesses, from corner stores to food trucks and boutiques.
	6:30/7:30/8:30	11/27/2019	Another retailer is closings its doors. The Arts and crafts store A.C. Moore will be closing all 145 of its stores and up to 40 of those locations will become Michaels. Specific plans for closing will be shared in the coming weeks.
	6:00/7:00/8:00	11/27/2019	The House Judiciary Committee is set to take over the impeachment probe of President Donald Trump next week, setting a hearing for Dec. 4. President Trump and his lawyers are invited to attend the hearing and make a request to question witnesses, it is however unlikely that the president himself will attend because he is scheduled to be overseas on Dec. 4 at a NATO summit.
	6:30/7:30/8:30	11/27/2019	More than 55 million are expected to travel over the Thanksgiving holiday and we want you to be safe. Remember that all the normal rules apply and the number one thing to remember is to always buckle up because car crashes are only second to falls as to why you might end up at the ER.

	6:00/7:00/8:00	11/27/2019	If you have a child at Amherst county schools, you may have gotten an alert yesterday. A student brought a weapon to a bus stop and the Amherst County Sheriff's Office is investigating. Thankfully there were no threats to any students or employees and appropriate actions were taken.
	6:30/7:30/8:30	11/27/2019	Think you might be missing money? Well representatives from the Virginia Department of the Treasury's Unclaimed Property Program will be in Danville next week to help citizens who might be owed funds they don't know about. They will set up at the City of Danville Treasurer's Office on memorial drive from 1 p.m. to 5 p.m. on Wednesday, and from 8:30 a.m. to 12:30 p.m. on Thursday.
	6:00/7:00/8:00	12/2/2019	Mexican security forces had an hour-long fight over the weekend in Villa Union, where at least 14 lost their lives. Among those four were police officers. The armed suspect attacked the town in convoy of trucks, targeting local government offices and prompting state and federal forces to intervene.
	6:30/7:30/8:30	12/2/2019	STANLEY brand 16 oz. wooden handle hammers have been recalled due to an issue with the grip slipping off and having the potential to cause injury. The hammers were sold exclusively at Walmart from July 2018 through August 2019. Purchasers of the product can return them to Walmart for a refund in the form of a Walmart gift card for the purchase price.
	6:00/7:00/8:00	Dec-19	Police are investigating a fatal crash at Gate 8 on Fort Story over the weekend. Police say a civilian male entered the outbound lane driving at a high rate of speed and crashed into a base security vehicle resulting in injuries to the suspect and the Master-at-Arms. The suspect remains in the hospital and the Master-at-Arms passed away from injuries following the crash. The incident remains under investigation.
	6:30/7:30/8:30	12/2/2019	Two big pieces of Southwest Virginia will soon be headed to Richmond to help celebrate the holidays. Sweet Providence Farm in Floyd is providing this year's state Christmas trees. Two years ago, the farm provided wreaths for former Governor Terry McAuliffe. The trees will be presented to the governor and first lady today.

	6:00/7:00/8:00	12/2/2019	The House Intelligence Committee is wrapping up the investigative phase of its impeachment inquiry and plans to vote on its report tomorrow. The House Judiciary Committee will then take the lead as the House pushes closer to a possible vote on charges against President Donald Trump. That committee's initial hearing is Wednesday and is expected to decide whether to write articles of impeachment. Then a final House vote is expected by Christmas, which would set the stage for a likely Senate trial in January.
	6:30/7:30/8:30	12/2/2019	A Confederate statue in Charlottesville, Virginia has been vandalized again, this time with graffiti saying, "Impeach Trump." The statue of Confederate General Robert E. Lee was also spray-painted with "This is Racist." Tarps have been put over the graffiti and city officials expect a clean-up effort to start today.
	6:00/7:00/8:00	12/2/2019	The University of North Carolina announced that a torn-down Confederate monument won't return to campus under a legal agreement that hands over the "Silent Sam" statue to a group of Confederate descendants. Under the agreement, university officials also will create a \$2.5 million private fund that can be used for expenses related to preserving the monument or potentially building a facility to house it. No state money will be used.
	6:30/7:30/8:30	12/2/2019	A U.S. Army base in Virginia known for its culinary training and competitions served up more than 17,000 pounds of food this Thanksgiving. Fort Lee fed around 10,000 soldiers for thanksgiving. On average, Fort Lee supports more than 90,000 soldiers, retirees, veterans, family members and civilian personnel throughout the year.
	6:00/7:00/8:00	12/3/2019	Michael Brown was arrested over the Thanksgiving holiday at the home of Rodney Brown on Woodthrush Circle in Franklin County. Yesterday the Franklin County Sheriff's Office released more information about Brown's arrest. They wanted to make it clear to everyone that at no point did Brown contact law enforcement and make arrangements to surrender or turn himself in.
	6:30/7:30/8:30	12/3/2019	The National Desert Storm War Memorial Association is pleased to announce the Memorial's design concept has been approved. This an important step toward remembering the service and sacrifice of America's brave men and women during Operation Desert Storm and Desert Shield. Final Design Approval is the next step to make this permanent memorial in Washington D.C.

			The design will include quotes, images, sculptures, and carvings.
	6:00/7:00/8:00	12/3/2019	Bring the family to Movie Night with the Botetourt Fire and EMS Department. They are hosting a Family Movie Night open to fire and EMS personnel and their families from 5:00 p.m. to 7:00 p.m. on Saturday, the 14. The movie will be immediately following the Buchanan Christmas Parade. They ask that you RSVP so there is an accurate headcount for the event.
	6:30/7:30/8:30	12/3/2019	Altavista On Track has designed and commissioned a unique LOVE sign for the town. This particular vertical four-sided stainless-steel structure reflects the town's manufacturing history, as well as other iconic representations of the town. One side depicts the old Lane smoke tower, another the Altavista Colonels (kurnels), the third represents STEM technology in both business and school programs, and the fourth side shows children enjoying the park.
	6:00/7:00/8:00	12/3/2019	The manhunt for Michael Brown has ended in an arrest and his court date has been set. Brown is scheduled to be in court in 2020 for a preliminary hearing. He was originally scheduled to be arraigned tomorrow however, court records show that Brown's case will be heard on March 19, at 2:30 p.m. in Franklin County General District Court.
	6:30/7:30/8:30	12/3/2019	Former U.S. President Jimmy Carter was admitted to a Georgia hospital for treatment of a urinary tract infection. He does seem to be feeling better and looks forward to returning home soon. This is one of several health issues the former president has overcome in recent months.
	6:00/7:00/8:00	12/3/2019	Ocracoke Island is now reopened to visitors following an evacuation order issued in the wake of Hurricane Dorian. The storm caused major damage to Hyde County island when it came through eastern North Carolina the first week of September. Hyde County officials originally wanted to lift the order back in November, but a recent nor'easter that caused damage to the main road on the Outer Banks, NC 12, delayed the process.
	6:30/7:30/8:30	12/3/2019	Set your DVR, mark your calendar, and tell your friends - 'A Charlie Brown Christmas' will air this week on ABC. The one-hour Emmy Award-winning PEANUTS special will air at 8 p.m. on Thursday.

	6:00/7:00/8:00	12/4/2019	The House released their impeachment report yesterday outlining evidence of what it calls President Donald Trump's wrongdoing toward Ukraine. These findings will serve as the foundation for debate over whether President Trump should be removed from office. Republicans have also released a 123-page rebuttal.
	6:30/7:30/8:30	12/4/2019	Newport News Shipbuilding has gained a new contract to build nine submarines for the U.S. Navy. The shipbuilding company was awarded a \$22-billion contract to team with General Dynamics Electric Board to build nine Virginia-Class submarines over a five-year period. Construction on the submarines will begin this year. Deliveries are scheduled between 2025 and 2029.
	6:00/7:00/8:00	12/4/2019	Today is the last day for operations at General Electric in Salem. The company announced last June it was closing the facility, with 265 employees losing their jobs. Other GE locations and supplier partners will pick up the work from the plant. GE has been a staple in the community since opening in 1955.
	6:30/7:30/8:30	12/4/2019	The Virginia Aquarium and Marine Science Center in Virginia Beach has a new underwater guest from North Pole. Scuba Santa is diving his way to Hampton Roads this holiday season. The program will run every weekend at the aquarium through December 22. Come watch Santa swim with the facility's spotted eagle rays and zebra shark. The event is included with an admission to the aquarium.
	6:00/7:00/8:00	12/4/2019	North Korea said that the Trump administration is running out of time to salvage nuclear negotiations. North Korea continues to dial up pressure on Washington ahead of leader Kim Jong Un's end-of-year deadline for the U.S. to offer mutually acceptable terms for a deal. Negotiations have faltered since October over what the North Koreans described as the Americans' "old stance and attitude."
	6:30/7:30/8:30	12/4/2019	Yesterday afternoon, Amherst and Roanoke Counties became a Second Amendment sanctuaries. Second amendment sanctuaries refers to resolutions to not use resources to enforce certain gun control measures that seem to violative the Second Amendment.
	6:00/7:00/8:00	12/4/2019	Appomattox County schools were on modified lockdown yesterday as authorities searched the area. Campbell County authorities were investigating after statements were possibly made, the nature of those statements was not known. School officials ultimately decided to put the modified lockdown in place as a precaution.

	6:30/7:30/8:30	12/4/2019	A Liberty University student has been selected as one of the 20 finalists for the Dr Pepper Tuition Giveaway during the upcoming College Football Conference Championship weekend. Finalists will take the field during the games and attempt to throw the greatest number of footballs into an oversized Dr Pepper can in 30 seconds. The winning contestant receives \$100,000 in tuition, and the runner-up receives \$25,000.
	6:00/7:00/8:00	12/5/2019	A U.S. sailor wounded three civilian Department of Defense employees at the Pearl Harbor shipyard. So far, the military hasn't released a motive or any identifying information about the sailor. The base was on lockdown but is now reopened.
	6:30/7:30/8:30	12/5/2019	Authorities in Henry County want to reassure you after social media rumors caused concern. Law enforcement investigated the rumors and there have been no recent abductions or attempted abductions. Inaccurate information was circulated on social media, causing lots of concern. The Sheriff's Office encourages citizens to call 911 first before posting about an incident on social media.
	6:00/7:00/8:00	12/5/2019	Richmond Fire Lt. Ashley Nicole Berry was protecting her young son when she lost her life. There will be a vigil service open to the public today at Huguenot High School, and a public viewing will be held for Lt. Berry on Friday, at Mimms Funeral Home, followed by a Celebration of Life Ceremony at noon on Saturday.
	6:30/7:30/8:30	12/5/2019	A Roanoke staple is getting national recognition. Texas Tavern has been serving up burgers, dogs and chili since 1930 and they have just been recognized as the best diner in Virginia by the Food Network. The diner was opened in Roanoke in Feb of 1930, and the rest is history.
	6:00/7:00/8:00	12/5/2019	A Navy warship has seized Iranian guided missile parts headed to rebels in Yemen marking the first time that such sophisticated components have been taken en route to the war there. The seizure from a small boat by the U.S. Navy and a U.S. Coast Guard boarding team happened in the northern Arabian Sea, and the weapons have been linked to Iran.
	6:30/7:30/8:30	12/5/2019	Schools in southside had extra police presence after Danville police say they received an alert of a potential threat against private Christian schools across Virginia. Authorities say the threat did not come from the southside area and was not directed at any specific

			school in the area. So the increased police presence was just a precaution.
	6:00/7:00/8:00	12/5/2019	The Trump administration unveiled a final rule that will require more food stamp recipients to work in order to receive benefits. The new requirement limits states' ability to waive existing work mandates and could result in over 600,000 people losing assistance.
	6:30/7:30/8:30	12/5/2019	'Tis the season for Salvation Army bell ringers to wish shoppers a "Merry Christmas" and collect donations in their famous red buckets. The Journey did it yesterday, but The Salvation Army of Greater Lynchburg has a critical need for you to ring the bell between now and Christmas eve. They are looking to fill 1,200 volunteer hours and due to the fewer number of volunteers, the Salvation Army is also experiencing a shortage in fundraising this season.
	6:00/7:00/8:00	12/6/2019	The U.S. House is pressing forward to draft articles of impeachment against President Donald Trump. Speaker of the House Nancy Pelosi delivered the historic announcement yesterday with Democrats pushing toward a vote, possibly before Christmas. At the core of the impeachment probe is a July call with the president of Ukraine.
	6:30/7:30/8:30	12/6/2019	The U.S. Postal Service issued a new stamp this week to help raise funds for veterans who are diagnosed with post-traumatic stress disorder. The stamp shows a green plant sprouting among fallen leaves, which is meant to be symbolic of healing. The stamp will be sold for 65 cents, and the revenue from the sales will go to the U.S. Department of Veterans Affairs.
	6:00/7:00/8:00	12/6/2019	A local college student is the December recipient of PETA's Star Student Activist Award. Na'sha Robertson's hard work helped Old Dominion University open its first all-vegan café. She encouraged the school to set up a fully vegan on-campus eatery which boosted ODU's score up from a B to an A on PETA's Vegan Report Card.
	6:30/7:30/8:30	12/6/2019	Get all of your holiday shopping done under one roof. Thousands of shoppers are headed to the Berglund Center this weekend for the third annual Holiday Craft and Vendor show. This is a free two-day event featuring more than 200 local businesses. You can also donate a new unwrapped gift for the Salvation Army Angel Tree. The event begins today at 10 a.m. and goes till 5 p.m. and continues Saturday from 9 a.m. to 4 p.m.

	6:00/7:00/8:00	12/6/2019	President Donald Trump helped light the National Christmas Tree yesterday. The 30-foot tree is decorated with 50,000 lights and 450 giant white star ornaments. The lighthearted honor came on an otherwise difficult day in President Trump's time in office because House Speaker Nancy Pelosi brought forth impeachment charges against President Trump.
	6:30/7:30/8:30	12/6/2019	Carilion Clinic says the number of local flu cases are picking up. The hospital's Infectious Disease Clinic reports almost 200 cases since September. Doctors are still pushing you to get your flu vaccine. There are several Carilion walk-in locations where you can get the flu shot.
	6:00/7:00/8:00	12/6/2019	Public school students in Suffolk are spreading holiday cheer through artwork. This marks the 19th year that the City of Suffolk and Suffolk Public Schools have partnered to bring a delightful touch to downtown businesses. More than 80 talented art students from elementary through high school are using their painting skills to decorate storefront windows in the area. The theme is "Home for the Holidays," and comes just in time for their Christmas Parade on Saturday, the 14.
	6:30/7:30/8:30	12/6/2019	Tonight, your kindness can earn you the thrill of a lifetime. It's part of Martinsville Speedway's annual toy drive. From 5 to 9 p.m., if you donate one toy or \$20, you get to drive one lap on the Henry County racetrack in your own car. If you donate \$60 worth of toys, you get to ride one lap in the speedway's NASCAR truck. New this year, the speedway is opening up Club 47 for pictures with Santa and hot cocoa. The toys and money will go to Grace Network of Martinsville and Henry County.
	6:00/7:00/8:00	12/9/2019	Authorities confirmed an incident at Naval Air Station Pensacola that took the lives of three and injured eight more. The attacker was a Saudi national and was among those who lost their lives. Joshua Watson, a recent graduate of the U.S. Naval Academy, was one of the victims. After being heavily injured he made it outside and told the first response team where the attacker was, and those details saved many others.
	6:30/7:30/8:30	12/9/2019	John F. Kennedy's daughter Caroline has christened a new aircraft carrier that is named after the 35th U.S. president at the shipyard in Newport News. The ship is the second of the U.S. Navy's new Ford-class aircraft carriers. The new carriers are designed to carry and fly more planes with fewer sailors.

	6:00/7:00/8:00	12/9/2019	The townhome project behind the historic Villa Maria has been canceled. The City of Lynchburg received information from Acres of Virginia that they will no longer be pursuing the development of the Villas due to opposition from the neighborhood and concern expressed by the Planning Division.
	6:30/7:30/8:30	12/9/2019	Liberty University student, Jack Underwood, won the half time contest during the ACC football championship game and Virginia Tech student, Hannah Pin came in second place. The first-place prize was worth \$100,000 and second place prize was \$25,000 dollars. Both students said they needed the extra funds for their college tuition.
	6:00/7:00/8:00	12/9/2019	A Princeton scholar held for three years in Iran on espionage charges was freed over the weekend as part of a prisoner exchange. America released a detained Iranian scientist, in a rare diplomatic breakthrough between Tehran and Washington after months of tensions.
	6:30/7:30/8:30	12/9/2019	Recently, there has a lot of talk about poor living conditions on and off military bases in Virginia. Earlier this week, Congress heard about everything from mold to rodents in housing. Senator Mark Warner says there aren't enough controls on the private companies that run military housing and he is calling on the military to take a stronger stance to protect the men and women who serve. He hopes change will come with the passage of the Defense Authorization Act.
	6:00/7:00/8:00	12/9/2019	A new alternative transportation program was introduced to law enforcement in Lynchburg. The vehicle is the first of its kind in Virginia, providing a ride to the hospital for those in a mental health crisis. According to Lynchburg Police, officers transported over 200 patients from January to August, so this program aims to alleviate officer involvement. The program will officially go into effect in Lynchburg on January 21.
	6:30/7:30/8:30	12/9/2019	A Lynchburg restaurant announced it is closing before the end of December. Main Street Eatery and Catering Company announced it is closing on Wednesday. If you have never been, they would love for you to give them a try, and if you are a regular, they would enjoy making memories with you one last time.
	6:00/7:00/8:00	12/10/2019	The House Judiciary continued its impeachment inquiry of President Donald Trump yesterday. It featured testimony from Democratic and Republican counsels.

			Democrats still look to have the full chamber vote before Christmas.
	6:30/7:30/8:30	12/10/2019	White Castle is issuing a voluntary recall on some of its frozen burgers due to possible listeria contamination. The voluntary recall includes specific lots of frozen 6-pack cheeseburgers, hamburgers, jalapeno cheeseburgers, as well as frozen 16-pack hamburgers and cheeseburgers. If you may have purchased any of the products you should dispose them or return them to the store.
	6:00/7:00/8:00	12/10/2019	Hundreds of students have moved into the new Fallon Park Elementary School in Roanoke City. The second through fifth graders moved into their new school, weeks ahead of schedule. The old building was built more than 40 years ago, and many classrooms didn't have doors, walls or windows. Now the brand-new space has added security, a designated room for science and technology, a new main office and a cafeteria with a bigger kitchen. The classrooms are also bigger, updated and feature new technology.
	6:30/7:30/8:30	12/10/2019	A Lynchburg sports reporter is receiving a great honor. Dennis Carter is being inducted into the Virginia Sports Hall of Fame in the 49th Induction Class. The induction ceremony will be Saturday, April 25 in Virginia Beach. Carter joins a class of six other athletes, contributors, and broadcasters. Carter will retire at the end of 2019.
	6:00/7:00/8:00	12/10/2019	The United States changed its mind and is now refusing to sign a letter that would have authorized the U.N. Security Council to hold a meeting on the human rights situation in North Korea. Without support from the United States, European and other countries that wanted to discuss human rights in North Korea can't do so because they are now one vote short of the minimum nine "yes" votes required.
	6:30/7:30/8:30	12/10/2019	A confirmed case of hepatitis A at Bristol Virginia restaurant has prompted a health division to launch a public vaccination effort for the first time this year. More than 1,000 have been vaccinated in southwest Virginia. Officials say there is no threat to the public from the case, but if you are concerned, get vaccinated.
	6:00/7:00/8:00	12/10/2019	Manteo Elementary students have started a tradition of reaching out to communities affected by natural disasters. This school year, students chose to help the Ocracoke Library, which was damaged by Hurricane Dorian. Donations are being collected through Downtown Books in Manteo throughout December.

	6:30/7:30/8:30	12/10/2019	BISSELL Pet Foundation is aiming to bring holiday hope to homeless pets across America with its Empty the Shelters Holiday Hope event. On Friday, and Saturday they will support over 110 shelters by offering reduced-fee pet adoptions. The event will include shelters in 22 states, including the Pittsylvania County Pet Center. All adoptable pets available during the event will be microchipped and spayed or neutered.
	6:00/7:00/8:00	12/11/2019	Richmond city council in Virginia unanimously passed an ordinance to fine you if you are caught using your cell phone while driving. Distracted drivers have injured or killed over 200 in city limits this year. The ordinance will take effect in six months along with a public awareness campaign to educate you about the change. Drivers in violation of the ordinance will be fined \$125 for the first offense and \$250 for the second offense.
	6:30/7:30/8:30	12/11/2019	The Centers for Disease Control and the Food Drug Administration are investigating a multi-state E.coli outbreak thought to be caused by a particular brand of pre-made salad kits. Fresh Express Sunflower Crisp chopped salad kits are a likely source of this outbreak. So far, 8 have been sickened in 3 states.
	6:00/7:00/8:00	12/11/2019	Seven more Virginia counties have voted to become a 'Second Amendment Sanctuaries'. The decision to start declaring localities a 'Second Amendment Sanctuary' comes after Virginia Democrats took control of the General Assembly in the latest election. Governor Ralph Northam said he does plan to pass stricter gun laws that include universal background checks.
	6:30/7:30/8:30	12/11/2019	A popular store is moving from one part of Lynchburg to another -- and adding 50% more space in the process. Dick's Sporting Goods will be leaving its current location at the Wards Crossing Shopping Center in Lynchburg and moving to a larger location at River Ridge Mall in 2020. Once that happens, the current location will close.
	6:00/7:00/8:00	12/11/2019	House Democrats announced two articles of impeachment against President Donald Trump, abuse of power and obstruction of Congress. They are pushing toward votes over charges that he corrupted the U.S. election process and endangered national security.
	6:30/7:30/8:30	12/11/2019	Eleven Chinese migrants were discovered hiding in furniture and appliances inside a truck at the U.S. - Mexico border crossing in Southern California. At least one person was crammed inside a washing machine and another was curled up inside a wooden chest. The truck driver was arrested on suspicion of human smuggling

			and the 11 Chinese citizens were detained pending criminal and immigration proceedings.
	6:00/7:00/8:00	12/11/2019	A monumental bronze sculpture of a young black man astride a galloping horse is set to be permanently installed in Virginia's capital city, not far from the Confederate monument it mimics. An unveiling ceremony for "Rumors of War" statue was held yesterday at the Virginia Museum of Fine Arts in Richmond. The piece was previously on display in Times Square.
	6:30/7:30/8:30	12/11/2019	Scammers claiming to be Appalachian Power employees are targeting customers in Roanoke. Appalachian Power reminds you that it will never demand payment in the form of prepaid debit cards or gift cards. If you receive a call from someone claiming to be from Appalachian Power, but they sound suspicious hang up immediately and call Appalachian Power directly.
	6:00/7:00/8:00	12/12/2019	The House Judiciary Committee took the first steps toward voting on articles of impeachment against President Donald Trump, beginning a two-day session to consider the charges with a hearing at the Capitol. The committee will likely vote to send the articles to the full House, which is expected to vote next week.
	6:30/7:30/8:30	12/12/2019	If you are used to eating breakfast on the go you may want to make sure you aren't eating ready-to-eat breakfast burritos. Over 27 tons of frozen, burritos have been recalled because they may contain pieces of plastic. The El Monterey Signature Burrito Egg, Sausage & Cheese, was shipped to retail locations nationwide.
	6:00/7:00/8:00	12/12/2019	Pittsylvania County will soon be home to a new type of farm. AeroFarms announced plans to open its largest vertical growing facility in the Cane Creek Centre. The facility will employ 92 workers and will be the largest of its kind in the world. There is no date yet on when the farm will open.
	6:30/7:30/8:30	12/12/2019	Nearly \$300,000 is how much it's expected to cost to repair structural damage found at the Roanoke Valley SPCA. The shelter is expected to be closed for six weeks as repairs are being made. You can help by adopting or fostering animals, so they won't be around as the renovations are being completed.

	6:00/7:00/8:00	12/12/2019	Governor Ralph Northam wants Virginia to spend over \$700 million in new funding on clean energy and the environment, including \$400 million for clean water initiatives to help improve the Chesapeake Bay. A bulk of the investments, will go toward helping local governments fight stormwater pollution, upgrading wastewater treatment plants, and helping farmers address farm runoff.
	6:30/7:30/8:30	12/12/2019	Waze, the app that lets you track traffic, preview driving directions, and find shortcuts, has added a new feature for the winter. You will now be able to report, in real-time, when a road has not been plowed and it will let you know when you're approaching a road that has already been identified as unplowed. Waze is working with the Virginia Department of Transportation to help keep drivers safe during winter weather.
	6:00/7:00/8:00	12/12/2019	STEM students at Old Dominion University are spreading Christmas cheer by building and delivering toys to sick children. The students, whose education focuses on science, technology, engineering and math, created brightly colored cubes, Lincoln logs and tic-tac-toe with a twist. The students created 60 toys as part of their final project and delivered them to children at CHKD.
	6:30/7:30/8:30	12/12/2019	Time magazine has announced their person of the year, and it's someone younger than you'd expect. Climate and environmental activist Greta Thunberg, the 16-year-old from Sweden is the youngest person to receive the distinction since the magazine began naming a Person of the Year in 1927. The title isn't necessarily an honor or award but recognizes the person who's had the most influence in the news in the past year.
	6:00/7:00/8:00	12/13/2019	The House Judiciary Committee did not vote on the impeachment inquiry into President Donald Trump yesterday as was expected. Late last night Chairman Nadler sent the committee to recess. They will be back this morning at 10 a.m.
	6:30/7:30/8:30	12/13/2019	Get Skilled, Get a Job, Give Back. That's what makes up Governor Ralph Northam's G3 program which is looking to provide tuition-free community college to low- and middle-income students who decide to pursue jobs in high-demand fields. This initiative will target key industries, like health care, information technology, skilled trades, public safety, and early childhood education.
	6:00/7:00/8:00	12/13/2019	Due to the freezing rain this morning lots of schools in central Virginia are closed or delayed. So be sure to give yourself extra time if you have to go out this morning.

			You can also check MyJourneyFM.com for a list of closings and delays.
	6:30/7:30/8:30	12/13/2019	To make it easier for you to get to Explore Park and enjoy Illuminights, free shuttling will be available for five nights. Visitors may park in the Carilion Clinic Riverside Parking Garage and pick up a shuttle on Dec. 15, 20, 21, 22, or 23. Buses will depart every half-hour beginning at 6 p.m. with the last return shuttle departing from Explore Park at 11 p.m. By riding the shuttle, you'll also receive a \$4 discount on admission.
	6:00/7:00/8:00	12/13/2019	U.S. Senator Tim Kaine applauded the HELP Committee's passage of the Child Abuse Prevention and Treatment Act which includes key provisions of his legislation to strengthen America's child welfare system. The pair of bills will help ensure there are enough well-trained child welfare workers and will improve outcomes for vulnerable youth.
	6:30/7:30/8:30	12/13/2019	The 12th annual Wreaths Across America ceremony will be taking place this Saturday at 12pm at Old City Cemetery on Taylor Street in Lynchburg. This free event is open to the public and honors those who have served and sacrificed their lives to keep our nation free. In keeping with this year's theme "Everyone Plays a Part", you are invited to participate by placing fresh evergreen wreaths on the graves of the fallen.
	6:00/7:00/8:00	12/13/2019	You can now vote for your favorite neighborhood light display in Roanoke. Each week until Jan. 10, you get to nominate and vote on houses from two neighborhoods. This week, the Greater Grandview Neighborhood and the Raleigh Court Neighborhood are competing. The winners of each weekly competition will be voted on to determine an overall winner.
	6:30/7:30/8:30	12/13/2019	Before you head out this morning to take the kids to school be sure to check MyJourneyFM.com. Due to the freezing rain lots of schools in central Virginia are closed or delayed. Give yourself extra time if you have to go out.
	6:00/7:00/8:00	12/16/2019	China's government says it will postpone planned tariffs on U.S. made automobiles and other goods following an interim trade deal with Washington. Washington agreed to also postpone a tariff hike on \$160 billion worth of Chinese goods and to cut in half penalties that already were imposed.

	6:30/7:30/8:30	12/16/2019	An ongoing expansion project closed the High-Rise Bridge again this weekend in Chesapeake. The bridge was fully closed, and a detour was in place for certain periods over the weekend, but things should be back to normal as of this morning.
	6:00/7:00/8:00	12/16/2019	The Horsepasture Volunteer Fire Department is mourning the loss of their beloved chief. Charles Bradshaw and his wife Sherri passed away when a tree fell on their vehicle while they were driving down a road in Henry County. Deputy Chief Hairston will now serve as the acting chief of the department, which he says are big shoes to fill.
	6:30/7:30/8:30	12/16/2019	Today is the last day to drop off your donation to the Amherst Police Department's Toy Drive. It's partnering with the Department of Social Services, making sure all children have something to open on Christmas Day. Last year, your donations helped 365 children in 175 homes. You can drop off new toys at Town Hall from 9 a.m. to 5 p.m.
	6:00/7:00/8:00	12/16/2019	President Donald Trump's impeachment is moving towards a historic vote by the full U.S. House as the Judiciary Committee approved charges of abuse of power and obstruction of Congress. President Trump is only the fourth U.S. president to face impeachment proceedings and the first to be running for reelection at the same time. With impeachment almost certain in the House, the pressure will be on Republicans in the Senate to hold the line in support of the president.
	6:30/7:30/8:30	12/16/2019	Amazon will officially be building its second headquarters in Arlington County. The Arlington County Board unanimously approved Amazon's proposal to build two 22-story towers clearing the way for construction to start on the first phase of the new development. The company says it will break ground in the first half of 2020 and hopes to have both towers built by 2023.
	6:00/7:00/8:00	12/16/2019	A group on the Southside is working to raising awareness of bullying. The Pittsylvania County Parents and Students Against Bullying hosted a community Christmas event to engage with the community, but also to provide a safe space for kids to talk about bullying.
	6:30/7:30/8:30	12/16/2019	Students at Patrick Henry High School in Roanoke will hold a March For Our Lives vigil today. They will remember and honor the 700,000 Americans who have lost their lives or been injured since Sandy Hook in 2012. The vigil begins tonight at 6:30 p.m. on campus.

	6:00/7:00/8:00	12/17/2019	House leaders are preparing for the final impeachment vote of President Donald Trump just as lawmakers are about to leave for the holiday break. Approval would set up a 2020 trial in the Senate. Votes on the two articles could come as soon as tomorrow.
	6:30/7:30/8:30	12/17/2019	Governor Ralph Northam has announced that his new budget will include one of the largest investments in K-12 education ever proposed in Virginia. The budget includes an increase for at risk schools, raises teacher salaries by three percent, and funds more school counselors. Teacher recruitment and retention also remain pressing challenges for the state.
	6:00/7:00/8:00	12/17/2019	Crews responded to the scene of a crash involving a van and a Lynchburg City School bus near FunQuest in Lynchburg yesterday. Graves Mill Road was shut down because of the crash and the driver of the van was transported to the hospital with minor injuries. Thankfully no students requested to be seen by medics. The accident is under investigation and no charges have been filed at this time.
	6:30/7:30/8:30	12/17/2019	The Corolla Wild Horse Fund is hosting a holiday open house featuring fun photos with Santa, horse-drawn wagon rides and more! The event is this Saturday at Young Rider Lane in Grandy, North Carolina. Guests will have the chance to meet the rescued Banker horses and Raymond the mule. The Corolla Wild Horse Fund recommends a \$10 donation per vehicle at the gate.
	6:00/7:00/8:00	12/17/2019	A defense bill expected to be passed by the U.S. Senate today seeks to prevent local government agencies from mistakenly warning residents of a ballistic missile attacks. The legislation includes a provision giving the U.S. government, not local authorities, the job of notifying residents of incoming threats. The House passed the the National Defense Authorization Act, last week which includes the missile alert measure. The measure will go to President Donald Trump after the Senate passes it and he is expected to sign it.
	6:30/7:30/8:30	12/17/2019	Expect to see more buses on Virginia roads next year. The Virginia Department of Rail and Public Transportation announced that two new express bus routes will be launched in 2020 to serve those on the Southside. The Piedmont Express, will connect Danville and Washington, D.C., and the Capital Connector, will connect Martinsville and Richmond. They are expected to start in spring 2020.

	6:00/7:00/8:00	12/17/2019	Lynchburg city officials and the University of Lynchburg announced that the first phase of the College Lake Dam Removal Project is underway. The purpose of the project is to remove the 85-year-old high-hazard dam and to restore the lakebed. The dam removal project is expected to take approximately 18 months.
	6:30/7:30/8:30	12/17/2019	A Navy veteran started a nonprofit to make sure the men and women who serve know that those at home care about them. Chelsea Mandello started Troopster back in 2015 and sent 500 care packages to troops. Since then, Troopster started partnering with businesses across the country and this year they will send 5,000 care packages to troops all around the world.
	6:00/7:00/8:00	12/18/2019	The Senate voted to send to President Donald Trump an annual defense policy bill with a Pentagon budget including providing federal employees with 12 weeks of paid parental leave. President Trump is expected to sign the bill. The bill also includes a repeal of the widow's tax on military death benefits which required those who's spouses have been killed in action to forfeit part of their Pentagon death benefit.
	6:30/7:30/8:30	12/18/2019	Canyon Creek Soup is being recalled because the products are mis-branded and contain wheat and soy allergens, which are not listed on the product label. The recall affects 16-ounce cartons of H-E-B Meal Simple Butter Chicken Soup. If you've purchased it throw it away or return to the place of purchase.
	6:00/7:00/8:00	12/18/2019	Gleaning For The World is partnering with Walmart and the Jefferson Forest High School Football team to provide Christmas dinners for 50 local families living in Lynchburg! Tomorrow at 6pm, the football team will shop for these families at the Forest Walmart then Gleaning will distribute these 50 meals throughout Lynchburg on Friday, Dec 20.
	6:30/7:30/8:30	12/18/2019	A fundraiser for Lynchburg Humane Society invites your kids to craft their own holiday gifts while you finish any last-minute shopping. This Sunday and Monday, LHS will host elf workshops where kids ages 5 to 12 can make gifts, watch Christmas movies, enjoy some popcorn and most importantly, cuddle with Lynchburg Humane Society animals. It costs \$30 per child and \$15 for any additional siblings.
	6:00/7:00/8:00	12/18/2019	President Donald Trump is on the cusp of being impeached by the House, with a historic debate set for today on charges that he abused his power and obstructed Congress. According to a tally President

			Trump will most likely be formally charged by a House majority and will face a senate trial in early 2020.
	6:30/7:30/8:30	12/18/2019	A Russian spy ship is maneuvering its way along the Southeast coastline particularly South Carolina and Florida. The Russian ship is being shadowed by the Norfolk-based U.S. guided-missile destroyer USS Mahan. The Coast Guard asks boaters off the Southeast coast to maintain a sharp lookout and use extreme caution.
	6:00/7:00/8:00	12/18/2019	There is a new effort to help domestic violence victims in Virginia. Under a new bill, landlords would not be able to deny housing to domestic abuse victims because of their credit. Applicants would be required to have proof of abuse, like a police report, in order to qualify.
	6:30/7:30/8:30	12/18/2019	This holiday season is a great time to partner with the American Red Cross and consider being a donor and giving the gift of life this season. There are several blood drives going on between now and Christmas. To find one in your area head to Red Cross Blood dot org.
	6:00/7:00/8:00	12/19/2019	President Donald Trump was impeached by the U.S. House of Representatives last night, becoming only the third President to be formally charged. The articles of impeachment now go to the Senate for trial, which is expected to begin in January where a vote of two-thirds is necessary for conviction. While Democrats had the majority in the House, Republicans control the Senate and their plan is to acquit the president ahead of election-year primary voting.
	6:30/7:30/8:30	12/19/2019	Before you cuddle up to your furry friend, they might be the reason you're feeling sick. The Center for Disease Control and Prevention says that puppies could be linked to an outbreak of an infection that has been reported in 30 states. Some of the illnesses date as far back as January and symptoms are similar to that of food poisoning. Ways to avoid getting infected include washing your hands and making sure you take any new dogs to the vet for a checkup.
	6:00/7:00/8:00	12/19/2019	School administrators decided to close all three First Flight schools in Dare County North Carolina yesterday as police investigated a bomb threat. All three schools were closed as a precautionary measure as Dare County deputies conducted an extensive search of the high school. They cleared all three schools from the threat, but they are continuing to investigate the source.

	6:30/7:30/8:30	12/19/2019	The General Manager of the Holiday Inn in Downtown Lynchburg said their agreement with the franchise will expire on January 1 and the hotel will go independent with a refresh and rebranding as the Lynchburg Grand Hotel. The hotel has been a Holiday Inn for more than 30 years, but in 2020, the hotel will undergo a complete property renovation.
	6:00/7:00/8:00	12/19/2019	A report by the Virginia Department of Health says more than 250 have died of the flu this season. The CDC is actively monitoring flu activity across the country and they say the number of cases is increasing in Virginia. It's never too late to get your flu shot, but you should definitely avoid close contact with others who are sick and stay home when you're sick to prevent spreading your illness to others.
	6:30/7:30/8:30	12/19/2019	California's new statewide earthquake early warning cellphone app sent out its first public alert for a magnitude 4.3 earthquake that ruptured this week. The MyShake app is available on iOS and Android systems. In this case the app took 8.7 seconds to issue an alert.
	6:00/7:00/8:00	12/19/2019	Lynchburg Regional Airport saw a 25% increase in passengers in just one month, which means they are one step closer to adding another airline. This will help with costs and allow more flight options for the community.
	6:30/7:30/8:30	12/19/2019	If you are all about the real tree, then you might just be getting it now and thanks to One Earth Landscapes you can get your tree and give back. One Earth Landscaping in Roanoke is offering Fresh Cut Local Virginia Christmas Trees and 100% of Proceeds will be donated to the Ronald McDonald House. They are on Brandon Ave. in Roanoke.
	6:00/7:00/8:00	12/20/2019	Minutes after the House impeached President Donald Trump, House Speaker Nancy Pelosi threw uncertainty into the process by refusing to say when or whether she would send the two articles to the Senate for a trial. Until the articles are submitted, the Senate cannot hold the trial that is nearly certain to acquit the president.
	6:30/7:30/8:30	12/20/2019	The CDC is concerned that bulk, fresh hard-boiled eggs produced by Almark Foods are contaminated with Listeria. These eggs were peeled, hard-boiled, and packaged in plastic pails of various sizes. The CDC says retailers and food service operators should know who supplies their bulk hard-boiled eggs because consumers will not be able to tell if products, they've purchased from stores contain these eggs.

	6:00/7:00/8:00	12/20/2019	A change in policy could be in the future for Lynchburg City Schools. Six of the nine board members voted in favor of changing the policy that bars anyone with a felony record from volunteering at Lynchburg City Schools. If this proposal is adopted, there would be a panel that would evaluate former felons based on things such as the severity of the crime and circumstances surrounding it.
	6:30/7:30/8:30	12/20/2019	A local nonprofit wants to help domestic violence survivors through art. The Friendship Lottery will host an art show Saturday at the Downing-Gross Cultural Arts Center in Newport News from 1 p.m.- 4 p.m. Local artists will display artwork that represents domestic violence. Speakers will also talk about the connection of abuse to the foster care system.
	6:00/7:00/8:00	12/20/2019	Virginia is going replace nearly 10,000 highway lights with LED lights that use less energy and increase visibility. Governor Northam announced a new contract with Trane to replace more than 9,000 lights on Virginia roads, rest areas and weigh stations. He said the upgrade will result in fewer greenhouse gas emissions and save the state \$4.6 million by 2036.
	6:30/7:30/8:30	12/20/2019	General Motors is issuing recalls for more than 900,000 vehicles worldwide in two separate campaigns to address brake software issues and fire risks. GM dealers will inspect vehicles for glue or other contamination and replace damaged components if necessary.
	6:00/7:00/8:00	12/20/2019	The city of Salem has chosen the interim city manager to serve in the role permanently. The city council has unanimously appointed Jay Taliaferro to city manager. He was originally appointed as interim city manager in late January. His first order of business is to get the city back up to full staff.
	6:30/7:30/8:30	12/20/2019	Virginia biochemist Camille Schrier won the crown of Miss America just minutes after wowing the crowd with science. She gave a colorful chemistry demonstration of the catalytic decomposition of hydrogen peroxide. She received a \$50,000 scholarship and the "job" of Miss America, a one-year paid position they hope to use as a public platform for their "social impact initiative."
	6:00/7:00/8:00	12/23/2019	House Speaker Nancy Pelosi is still stalling by not delivering the House-passed articles of impeachment against President Donald Trump. She is hoping the delay will help shape the upcoming Senate trial. Pelosi has declined to send the articles of impeachment to the Senate until Republicans provide details on witnesses and testimony.

	6:30/7:30/8:30	12/23/2019	Hallmark is recalling their frosted balsam soy blend jar candles. The scented candles are green and have three wicks. The candle's jar has the potential to break, resulting in fire damage to nearby items. If you have it immediately stop using and return them where purchased for a full refund and a \$10 Hallmark Gold Crown gift card.
	6:00/7:00/8:00	12/23/2019	Local police departments are adding to their forces. Nine more officers were sworn in for the city of Roanoke and Roanoke County gained eight officers. The city still has room for about 25 more officers to add to its staff of about 220. On average, about 40 officers leave per year because pay is still too low that it does not keep up with other departments in Virginia.
	6:30/7:30/8:30	12/23/2019	Liberty University has gone to and won their first ever bowl game! They beat Georgia Southern, 23-16 in the 2019 FBC Mortgage Cure Bowl. With the win, the Flames cap off the most memorable year in program history with an 8-5 record.
	6:00/7:00/8:00	12/23/2019	An American service member lost his life in Afghanistan this morning. The Taliban claimed they were behind a roadside bombing, bringing the number of U.S. deaths in Afghanistan this year to 20.
	6:30/7:30/8:30	12/23/2019	On the longest night of the year, the Hampton Roads community gathered to honor those who spend every night without a home. Nineteen passed away while homeless on the Peninsula this year. This is an annual event that happens nationwide and community members just want to raise awareness and ask you to look out for your neighbors.
	6:00/7:00/8:00	12/23/2019	A multi-vehicle accident caused delays on I-64 near Queens Creek Overpass in York County over the weekend. Virginia State Police said there were 35 vehicles involved in the chain-reaction accident. Police said there was ice on the bridge and heavy fog in the area at the time of the accident and that injuries ranged from minor to life-threatening.
	6:30/7:30/8:30	12/23/2019	The Appomattox Raiders football team is state champions! To celebrate their win, the town of Appomattox hosted a parade to honor them. This is the fourth year the town has treated the Raiders to a celebration of their accomplishments, and this year Mariah Hancock is the first female football player on the team.

	6:00/7:00/8:00	12/30/2019	The Taliban's ruling council has agreed to a temporary cease-fire in Afghanistan, providing a window in which a peace agreement with the United States can be signed. A peace deal would allow the U.S. to bring home its troops from Afghanistan and end its 18-year military engagement there.
	6:30/7:30/8:30	12/30/2019	The Navy is proposing construction cutbacks and accelerated ship retirements that would delay the Navy's goal of a larger fleet. The proposal would shrink the size of the fleet from 293 ships to 287 ships. Budget negotiations are ongoing though and no final decisions have been made.
	6:00/7:00/8:00	12/30/2019	A warming center has finally found a place to house those in need. Forest Hills Presbyterian Church in Martinsville has offered space in their building for the MHC Warming Center. The center will officially open in its new location today at 7 p.m. and will be open each day the temperature is under 35 degrees.
	6:30/7:30/8:30	12/30/2019	A new Virginia state park is in the works, focused around the Clinch River. The Clinch flows for about 130 miles through four mountainous Virginia counties before crossing into Tennessee. The park will likely open officially in the fall of 2020.
	6:00/7:00/8:00	12/30/2019	A Virginia lawmaker has filed a bill that would scrap the state's Lee-Jackson holiday. Lee-Jackson Day was established over 100 years ago and honors Confederate generals Robert E. Lee and Thomas "Stonewall" Jackson, both native Virginians.
	6:30/7:30/8:30	12/30/2019	16 different brands of dog food are under investigation. The Food and Drug Administration announced a possible link between a condition, which can cause heart failure, and grain-free pet foods, which replace grains with ingredients like peas, lentils or potatoes.
	6:00/7:00/8:00	12/30/2019	Sentara Leigh Hospital in Norfolk was placed on perimeter lockdown after a man threatened to injure a patient's family members and others. Being on perimeter lockdown means that visitors were asked to present a photo ID at the reception desk before visiting loved ones. All is back to normal this morning.
	6:30/7:30/8:30	12/30/2019	The City of Virginia Beach Waste Management is set to close its recycling centers at Oceana and West Neck due to high volume of illegal dumping. Officials say the availability of both centers depend on the capacity of the containers. The reopening of these sites will happen every morning once crews have cleared the area.

	6:00/7:00/8:00	12/31/2019	As we all ring in the new year tonight and many of us watch the iconic ball drop New York City's counterterrorism experts expect Times Square to be the safest place on Earth this New Year's Eve. Thousands of police officers will be on duty for the festivities, along with specialized units, and everyone going to the event will be wanded before entering.
	6:30/7:30/8:30	12/31/2019	Veggie Noodle Co. is voluntarily recalling its Cece's brand Fresh Veggie Ramen with Chicken Broth due to concerns the eggs may be contaminated with listeria. The recall impacts all expiration dates of the Fresh Veggie Ramen, but no other products.
	6:00/7:00/8:00	12/31/2019	Residents who live off Fisherman's Road in Ocean View woke up to no water yesterday. The Norfolk Department of Utilities says a watermain break happened when an old pipe burst causing the roads to flood and even a car to be swallowed up. The city says they're working as quickly as possible to get water restored to those who don't have it because of this incident.
	6:30/7:30/8:30	12/31/2019	What better way to bring in the New Year than with a new furry best friend? The Friends of Bedford County Animal Shelter said their dog side is full, so they are asking you to adopt starting at 1:00 p.m. today. If you can't make it today, they are asking that you come starting at 10:00 a.m. on Saturday. The Bedford County Animal Shelter is located on Falling Creek Road in Bedford County.
	6:00/7:00/8:00	12/31/2019	U.S. forces struck five Iran-backed militia strongholds in Iraq and Syria in retaliation for an attack on an Iraqi coalition base that took the life of one U.S. civilian. The locations included storage facilities and command-and-control centers that the Iran-backed group uses to carry out attacks.
	6:30/7:30/8:30	12/31/2019	Amazon has purchased land in Suffolk, but neither the company nor the city will say what's in the works. According to the city real estate assessment, Amazon.com Services purchased a little more than 87 acres at Northgate Commerce Parkway earlier this month.
	6:00/7:00/8:00	12/31/2019	One company is holding job fairs across the state next week. On Jan. 9, from 11 a.m. to 8 p.m., nine soon-to-be Gordmans stores will be hiring for a variety of positions. If you are interested apply online and then visit one of the stores holding a job fair.

	6:30/7:30/8:30	12/31/2019	Bedford county sheriff Mike Brown is preparing for retirement after 24 years. What he hopes to be remembered for is protecting the children in the community. And WSET sports reporter Dennis Carter has also stepped into retirement after covering sports in the Lynchburg community for many 37 years. He was also recently inducted into the Virginia sports hall of fame.