

KWFL-FM
Issues and Programs Report
Covering the Fourth Quarter of 2015
October – November - December

Report Prepared and Submitted by Stephen S. Tanner



January 10, 2016

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:
All times listed are Mountain Standard Time

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Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Parenting	Intentional Living	10/1/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...If there was ever a time our kids need to see us be consistent in our words, our life, and our faith—it's now. Learn to raise intentional kids by being an intentional parent.
Relationships	Bill Ronning	10/1/2015	Noon - 2pm	1	call to pray for OR shooting victims' families
Relationships	Johnny & Stacey	10/1/2015	2pm-7pm	10	Being thankful for loved ones
Finances	Johnny & Stacey	10/2/2015	2pm-7pm	5	review of the latest movies
Marriage	Intentional Living	10/2/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Maybe you brought a lot of debt into your marriage. Maybe you were promiscuous before you were married. Maybe you had an addiction. We all have baggage, but how much will it affect your marriage? It's Getting Passed Your Past in Marriage
Relationships	News	10/2/2015	3am-8am	2	Call for prayer for families of OR shooting victims
Relationships	Johnny & Stacey	10/2/2015	2pm-7pm	5	listeners with illness believe they will be healed
Marriage	Intentional Living	10/5/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Oftentimes, it's the little things that matter, that make a difference. It's also those little things that we remember years later. Dr. Randy talks to you about The Little Things in Your Marriage, and the impact they have.
Relationships	Johnny & Stacey	10/5/2015	2pm-7pm	10	A husband is a man when he takes care of his responsibilities
Finances	Bill Ronning	10/6/2015	Noon - 2pm	1	T-mobile data breach
Finances	Johnny & Stacey	10/6/2015	2pm-7pm	10	People who live out their dreams no matter what the age
Work	Intentional Living	10/6/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...When you hear the word "job", does both your stress level and blood pressure rise, or does a smile come across your face because you love what you're doing? Intentional workplace expert Linda Swindling joins Dr. Randy to help you Take this Job... and Love It.

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Parenting	Intentional Living	10/7/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Today's program is for all you parents who can't deal with their kids in a calm and gentle way. You get frustrated, you get loud, and when they escalate, you escalate. Learn to raise your kids intentionally, and not raise your voice.
Relationships	Bill Ronning	10/7/2015	Noon - 2pm	4	Laura Story talking about overcoming fear with husband's brain tumor diagnosis and treatment
Relationships	Johnny & Stacey	10/7/2015	2pm-7pm	10	Marriage advice
Finances	News	10/8/2015	3am-8am	2	WI, CO & CA have inexpensive energy bills. MI & AZ have expensive bills
Health	Intentional Living	10/8/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Going to the doctor. Eating healthy. Going for a walk. Going to the gym. All ingredients to help you have a healthy lifestyle. It's time to get intentional for your health.
Health	News	10/9/2015	3am-8am	2	Vitamin D recommended during winter
Parenting	Intentional Living	10/9/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...They're over-protective, and sometimes over-the-top. Who are these wonderful people? Helicopter Parents...because they hover, hover, hover. Learn to land that helicopter, on the next Intentional Living.
Finances	Intentional Living	10/12/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...How are your finances? Are you scraping by or drowning in debt? Intentional financial coach, Parkey Thompson joins Dr. Randy, and they'll help you to become intentional with your finances.
Relationships	Johnny & Stacey	10/12/2015	2pm-7pm	10	helping out mom
Life	Intentional Living	10/13/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...How many times have we talked about your ONE THING? Well, a bunch of times; and on numerous occasions you've been asked to join the Intentional One Thing Challenge. But if you haven't figured out what your ONE THING is, Dr. Randy has help for you.
Relationships	Peter and Shannyn	10/13/2015	3am-8am	10	Leading By example
Relationships	Bill	10/13/2015	Noon -	1	dog ownership lowers stress

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	Ronning		2pm		
Relationships	News	10/13/2015	3am-8am	2	talking to your baby helps their language skills
Finances	Johnny & Stacey	10/14/2015	2pm-7pm	10	getting older is great
Finances	News	10/14/2015	3am-8am	2	insurances rates going up after security breach
Marriage	Intentional Living	10/14/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Everybody has issues; so if one person who has issues gets married to another person who has issues, do their issues have issues? Hmmm. I don't even want to go there. If your marriage has issues, listen to the next Intentional Living.
Relationships	Bill Ronning	10/14/2015	Noon - 2pm	8	How to be authentic
Faith	Intentional Living	10/15/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...“Why, Lord, do you reject me and hide your face from me?” That question's been asked a lot in the Bible. Have you ever been frustrated with God? Dr. Randy wants to hear your story, on the next Intentional Living
Relationships	Bill Ronning	10/15/2015	Noon - 2pm	4	Reminiscing how the past has taught us
Work	News	10/15/2015	3am-8am	2	Mid-morning coffee stimulates productivity at work
Parenting	Intentional Living	10/16/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Questions, questions, questions. If you're a parent, you've definitely got questions. So whether you're talking toddlers or teens, adult children or everything in between, it's Ask Dr. Randy...About Kids.
Relationships	Bill Ronning	10/16/2015	Noon - 2pm	1	baby born in flight
Family	Intentional Living	10/19/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you remember the robot from Lost in Space? I can see him waving his arms saying, “Alert, alert, incoming in-law; incoming in-law.” If you need to learn to be intentional with your in-laws catch the next intentional living
Relationships	News	10/19/2015	3am-8am	2	watching "chick flicks" helps facilitate open conversation in marriage
Finances	News	10/20/2015	3am-8am	2	auto industry sales up
Marriage	Intentional Living	10/20/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...When Dr. Randy talks

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					about the power of agreement, the most necessary place for agreement is faith. Dr. Randy helps your marriage succeed, even if you and your spouse don't have Same Page Faith, on Intentional Living
Family	Intentional Living	10/21/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Coming up, Dr. Randy is joined by Ron Deal, the Director of Blended Family Ministries at FamilyLife, and he will help you create harmony and not dissonance, in your blended family. So catch the next Intentional Living
Health	News	10/21/2015	3am-8am	2	avg wait time at a doctor's office is two hours
Relationships	Peter and Shannyn	10/21/2015	3am-8am	2	FLR founder inspired others to love family
Relationships	Bill Ronning	10/21/2015	Noon - 2pm	2	FLR founder inspired others to take time for what's important
Parenting	Intentional Living	10/22/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...I don't know who came up with this color thing, where pink is for girls and blue is for boys; but I do know how green works... as in green parents. So, if you're a rookie or newbie at parenting, listen to Rookie Parents on the next Intentional Living
Marriage	Intentional Living	10/23/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So, you've got your opponent on the ropes, which is a good thing, if you're in a boxing match; but what if it's your marriage? What do you do? It's Marriage on the Ropes on Intentional Living
Relationships	Amy Phillips	10/24/2015	9pm-Midnight	1	how to have inexpensive dates with your spouse
Faith	Intentional Living	10/26/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Maybe somebody invited you to church, or you heard it on the radio. Maybe a friend led you to Christ, or maybe a loss or an illness brought you. Who—or what—led you to Christ? Dr. Randy wants to hear about your first steps to faith in Christ.
Health	News	10/27/2015	3am-8am	2	processed meats can cause cancer
Marriage	Intentional Living	10/27/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Two fundamental acts and needs in a marriage are love and respect. So much so, that God said

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					to husbands: love your wives. And to wives: respect your husbands. Coming up, it's Love and Respect in Marriage on Intentional Living .
Health	News	10/28/2015	3am-8am	2	coffee cuts your risk of mouth and throat cancer
Life	Intentional Living	10/28/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...A Christian song from the 80s ended: Lord give me patience, I want it now. So how's yours? Running a bit thin for your spouse? Your kids totally exhausted it? Catch Practicing Patience with your Family, on Intentional Living.
Relationships	News	10/28/2015	3am-8am	2	Public School Students are allowed to lead prayer not teachers
Relationships	Bill Ronning	10/28/2015	Noon - 2pm	1	Doing the impossible inspires others
Relationships	Julia Taylor	10/28/2015	9am-11am	1	Mother of one shares her story of losing 2 children & rejoicing in the surviving child
Relationships	Johnny & Stacey	10/28/2015	2pm-7pm	2	Examples of ordinary people becoming extraordinary after going through difficult circumstances
Family	Intentional Living	10/29/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Did you know the word integrity doesn't have an adverb or adjective form? Like she's a very "integrous" woman; or, he's very "integritating". Regardless, Dr. Randy wants to help you be a person who keeps your word, especially to your family, on Intentional Living
Health	Bill Ronning	10/30/2015	Noon - 2pm	1	Games keep you mentally active
Parenting	Intentional Living	10/30/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It can be defined as: a test, a trial, a task, and a contest. And raising kids can be all of those. So, Dr. Randy wants to help you with your Parenting Challenge. Need help in the parenting department? Join Intentional Living.
Relationships	Bill Ronning	10/30/2015	Noon - 2pm	8	A father's influence
Health	Amy Phillips	10/31/2015	9pm - Midnight	1	tips for eating sweets with braces
Parenting	Intentional Living	11/2/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...In the Sermon on the Mount, Jesus said, "Let your light shine

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					before men, that they may see your good deeds and praise your Father in heaven.” If Your Kids Are Watching, what do they see? That’s the next Intentional Living
Relationships	Johnny & Stacey	11/2/2015	3pm-7pm	10	listeners share why they’re having a great day even on a Monday
Family	Intentional Living	11/3/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Ever seen a little brother screaming at his big sister: “I may have to love you, but I don’t have to like you!” Could this apply to in-laws? Coming up, it’s Being Intentional with the In-Laws on the next Intentional Living
Relationships	Johnny & Stacey	11/3/2015	3pm-7pm	10	bragging on kids
Life	Intentional Living	11/4/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It’s not exclusively a male problem, but a guy asking for help is rare. Now refusing to ask for directions is one thing, but refusing to get help for your marriage, or for your finances or health? Do you need help? Asking for Help is the next Intentional Living
Parenting	News	11/4/2015	4am-9am	2	Creating Christmas family traditions
Relationships	Bill Ronning	11/4/2015	1pm-3pm	8	Seeing the good in a bad situation
Relationships	Johnny & Stacey	11/4/2015	3pm-7pm	10	bragging on moms
Family	Intentional Living	11/5/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It’s as old as Cain and Abel—sibling rivalry. Of course not all sibling rivalries end that poorly—look at King David’s sons—well... that was bad too. But, you can bring reconciliation to your rivalry. That’s the next Intentional Living
Health	News	11/5/2015	4am-9am	2	taking statins lower effectiveness of flu vaccine
Faith	Intentional Living	11/6/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...How important is your faith? Do you seek your Heavenly Father in prayer? Does it guide your steps, fill your day? Or do you just kinda show up from time to time? Dr. Randy asks: What Difference Does Faith Make, on Intentional Living
Relationships	News	11/6/2015	4am-9am	2	TSA has dogs that didn't pass their test that needs homes
Marriage	Intentional	11/9/2015	12PM &	56	Dr. Randy Carlson taught on and spoke

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	Living		7PM		with callers about...Are you married? Do you have opposite sex friends? Dr. Randy helps you be intentional in your opposite sex friendships. So if you're struggling with one, or you're in one and you want to keep it healthy, join Intentional Living
Finances	Intentional Living	11/10/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Christmas is just a few weeks away and I've gotta ask: Do you have your holiday spending under control? If not, join Dr. Randy and our intentional financial coach, Parkey Thompson, on the next Intentional Living
Work	News	11/10/2015	4am-9am	2	The longer someone is out of work the faster they age
Faith	Intentional Living	11/11/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...The word "walk" in the New Testament, is not just about putting one foot in front of the other. It has more to do with how you live your life, your lifestyle, and even your worldview, so Dr. Randy wants to help you Walk by Faith, on the next Intentional Living
Finances	Bill Ronning	11/11/2015	1-3pm	1	Best States for Veterans to make a living
Health	News	11/11/2015	4am-9am	2	women who exercise while pregnant boost their baby's brain power
Relationships	Bill Ronning	11/11/2015	1pm-3pm	8	Family Perks
Finances	News	11/12/2015	4am-9am	2	Baby Boomers putting off retirement because of rising health care costs
Singles	Intentional Living	11/12/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So you're single. How do you feel about marriage? Don't know, don't care? Or maybe a bit too pre-occupied? Lisa Anderson, from Focus on the Family, joins Dr. Randy to talk about Singles and Marriage, on Intentional Living
Health	Bill Ronning	11/13/2015	1-3 pm	1	Longer life spans
Parenting	Intentional Living	11/13/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Billy Graham once remarked: A child who is allowed to be disrespectful to his parents will not have true respect for anyone. Is there a disrespectful child in your house? Dr.

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					Randy will teach you why children misbehave, and help you to respond in a loving, intentional way on Intentional Living
Relationships	Bill Ronning	11/13/2015	1pm-3pm	1	Ways to help others at Christmas
Work	News	11/13/2015	4am-9am	2	Web surfing during breaks makes you a more productive employee
Relationships	Amy Phillips	11/14/2015	9pm - Midnight	1	active listening advice
Family	Intentional Living	11/16/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Winston Churchill said: "There is nothing wrong with change if it is headed in the right direction." What kind of change is taking place in your family? Something you've looked forward to, or dreaded? When Change Hits the Family is the next Intentional Living
Health	News	11/16/2015	4am-9am	2	Fend off the flu with exercise
Life	Intentional Living	11/17/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...The holidays can be a time when there's celebrating, and family, and thinking about all the things that God has done for you. But for some, the holidays are a stressful time. It's How to Handle Holiday Stress, on Intentional Living
Relationships	Bill Ronning	11/17/2015	1-3pm	1	England police visit lonely couple
Relationships	Johnny & Stacey	11/17/2015	3pm-7pm	10	routines for strengthening your family
Communication s	Intentional Living	11/18/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Peter made a great confession to Christ: "Lord, to whom shall we go? You have the words of eternal life." The Lord speaks words of life. Do you or your spouse? Are your words critical or unkind? It's Words Matter, on Intentional Living
Relationships	Bill Ronning	11/18/2015	1pm-3pm	8	Swapping Thanksgiving Schedules
Relationships	News	11/18/2015	4am-9am	2	dogs can laugh
Adoption	Intentional Living	11/19/2015	12PM & 7PM	56	God's in the business of making you to be more like Jesus. What does that mean? Well, He's a loving God and you're to be a loving person. Another thing God does, He adopts us into His family. Have you adopted someone into

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					your family? Dr. Randy talks about adoption, on Intentional Living
Health	News	11/19/2015	4am-9am	2	American smoking population is decreasing
Relationships	Johnny & Stacey	11/19/2015	3pm-7pm	10	teaching kids gratitude
Health	News	11/20/2015	4am-9am	2	naps boost brain power
Life	Intentional Living	11/20/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Discontentment. Is it something you brought on yourself, or is it something which God has brought into your life? Be sure to catch Intentional Discontent, on Intentional Living
Relationships	Amy Phillips	11/21/2015	9pm-Midnight	1	learning to read your dogs tail wag
Family	Intentional Living	11/23/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Childhood memories. The words you use and emotions you feel when you describe them is key to understanding the person you are today. Your childhood memories are that important. Coming up, it's Childhood Memories on the next Intentional Living
Finances	News	11/23/2015	4am-9am	2	Americans plan to spend more for Christmas this year
Health	Intentional Living	11/24/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Holidays and health typically don't go together, so coming up, Dr. Randy's joined by our intentional health coach King Hoover, and together they're going to help you to be Healthy for the Holidays, on Intentional Living
Marriage	Intentional Living	11/25/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...This being Thanksgiving week we came up with an original question: "What are you thankful for in your marriage?" Hopefully there are a lot of things, but what's the ONE THING that's most important to you. That's on Intentional Living
Faith	Intentional Living	11/26/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Happy Thanksgiving! You have a lot to be thankful for; not the least of which is Jesus saved you. But what are some of the other things you're thankful for? Giving Thanks is the next Intentional Living
Finances	Bill Ronning	11/27/2015	1-3pm	1	Toy Safety

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Finances	Intentional Living	11/27/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's one of the greatest struggles you face in a marriage. And one of the greatest struggles our government faces; but at least the government can print more money. But what do you do, when your finances are less than intentional. Join Dr. Randy Carlson, on the next Intentional Living
Relationships	Amy Phillips	11/28/2015	9pm-Midnight	1	Psychology advice about grieving loss during the holidays
Relationships	News	11/30/2015	4am-9am	2	Taking pictures at family get togethers cuts short the memory of the experience
Singles	Intentional Living	11/30/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So, you've made it past Thanksgiving, and now Christmas is just around the corner. What are the holidays like when you're single? Is it family time, or lonely time? If you're single, Dr. Randy wants to talk to you, on Intentional Living
Finances	Bill Ronning	12/1/2015	1pm-3pm	1	cyber Monday sales
Health	News	12/1/2015	4am-9am	2	New York is requiring restaurants to include sodium content on menus
Marriage	Intentional Living	12/1/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...How many lives, relationships, or projects have been put on hold, or abandoned, because they weren't good enough? And doing your best wasn't good enough? Dr. Randy talks about the pointless pursuit of perfection; it's Married to a Perfectionist, on Intentional Living
Relationships	Bill Ronning	12/1/2015	1pm-3pm	1	Salvation Army gift of \$500 thousand
Mental Health	Intentional Living	12/2/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...You've got songs like "It's the most wonderful time of the year", and "Joy to the world". But maybe it's not looking so wonderful, or feeling too joyous. Dr. Gregg Jantz joins Dr. Randy to battle the Holiday Blues, on Intentional Living
Relationships	Bill Ronning	12/2/2015	1pm-3pm	1	call to pray for CA shooting victim's families
Relationships	News	12/2/2015	4am-9am	2	Lots of friends on social media can mean more stress for your teen

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Relationships	Johnny & Stacey	12/2/2015	3pm-7pm	10	advice for disciplining children
Parenting	Intentional Living	12/3/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...You know, being a rookie is all about having lots of questions and needing to learn lots of stuff. It's the same thing with rookie parents, and Dr. Randy wants to talk Rookie Parents, on the next Intentional Living
Relationships	News	12/3/2015	4am-9am	2	Fish can get stressed
Faith	Intentional Living	12/4/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...You've got dog lovers, dog whisperers, and dog rescuers; and a few of them are around here. One of our coworkers at the Center, Stacey Stone, joins Dr. Randy today, and talks about the lessons learned as a dog rescuer, and how we can be rescued by Jesus. That's Intentional Living with Dr. Randy Carlson
Health	News	12/4/2015	4am-9am	2	Wash your hands to wash away the blues
Relationships	Bill Ronning	12/4/2015	1pm-3pm	1	Founder of facebook giving away stock
Relationships	Amy Phillips	12/5/2015	9pm - Midnight	1	tips on emergency preparedness
Family	Intentional Living	12/7/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Have you ever thought what kind of legacy your marriage is leaving behind? How does it impact your kids, and those around you? Jim and Jerolyn Bogear join Dr. Randy, to help you leave an intentional legacy, on Intentional Living
Work	Intentional Living	12/8/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Who are you working for? Coming up on Intentional Living, that's the question Dr. Randy will be asking. So if you need to refocus your thinking and bring Christ and His influence into your job, you'll want to catch: Who Are You Working For? That's the next Intentional Living
Faith	Intentional Living	12/9/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...It's not about competing myths, nor cultural traditions. It's about Truth. So how do you keep Christ in Christmas? Dr. Randy wants to

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					hear how you're celebrating the birth of Jesus Christ. Keeping Christ in Christmas is the next Intentional Living
Life	Intentional Living	12/10/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Do you remember the phrase, "It's what's on the inside that counts." Dr. Randy is joined by Dr. Larry Crabb, and they'll be talking about how we must intentionally start with the inside first. That's the next Intentional Living
Parenting	Intentional Living	12/11/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...I don't know, but I like acronyms. Do you like acronyms? We used to call them Open Phones, but now we call them ADRs, which means Ask Dr. Randy. And this ADR is all about parenting, on the next Intentional Living
Relationships	Amy Phillips	12/12/2015	9pm-Midnight	1	Focusing on the positive gives you hope for the future
Finances	News	12/14/2015	4am-9am	2	America's middle class is shrinking
Step-Family	Intentional Living	12/14/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...So you're in a step-family, and the holidays are here! And there probably isn't a time when differences become more obvious. What do you do? Dr. Randy helps you have a Family Blend, this Christmas.
Family	Intentional Living	12/15/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Long-time friend and colleague—as well as the former co-host of ParentTalk—Dr. Kevin Leman joins Randy today and I'm sure you're in store for some great insight, wise counsel, and a few laughs. That's the next Intentional Living
Relationships	Johnny & Stacey	12/15/2015	3pm-7pm	10	sharing Christmas traditions
Relationships	News	12/16/2015	4am-9am	2	socially important topics vary from state to state. AZ & FL are talking about the 2nd amendment, New Mexico - Pluto, GA -dancing, WI - acronyms
Family	Intentional Living	12/16/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...When the angels announced the birth of Jesus to the shepherds, one thing they said was, "Fear not!" It may not be fear, but do you dread the holidays because of spending time with the in-laws, or sharing the grandkids? It's Christmas with the In-

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
					Laws, on Intentional Living
Relationships	Bill Ronning	12/16/2015	1pm-3pm	8	Sharing stories of serving our neighbors
Relationships	Johnny & Stacey	12/16/2015	3pm-7pm	10	Stories behind the favorite Christmas ornament
Relationships	News	12/17/2015	4am-9am	2	After green Christmas trees MI, WI, AZ residents like black, CO - Red, NM - silver
Marriage	Intentional Living	12/17/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...When you think about our culture, as shown on TV—can you think of a single NORMAL family? But then you ask what is normal? Dr. Randy asks how truth and pop culture impact your marriage, on the next Intentional Living
Finances	News	12/18/2015	4am-9am	2	some car maintenance practices are less expensive than they used to be
Life	Intentional Living	12/18/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Even in the midst of the holidays, there's just not enough celebrating going on around here; apparently Dr. Randy thinks so too, because he wants to help you Celebrate Success; how you've achieved, or will soon achieve that significant goal. It's Celebrate Success, on Intentional Living
Health	Amy Phillips	12/19/2015	9pm-Midnight	1	listing the items in proper nutrition that maintain health and prevents illness
Health	Bill Ronning	12/20/2015	2pm-6pm	1	Eating right to keep from getting sick
Relationships	Bill Ronning	12/20/2015	2pm-6pm	1	police buy kid a replacement toy after its stolen
Parenting	Intentional Living	12/21/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Just because it's Christmas, doesn't mean that the questions stop coming. Especially the questions you have about your kids. So coming up, it's Ask Dr. Randy on Parenting. That's on the next Intentional Living
Relationships	News	12/21/2015	4am-9am	2	3 year old barista follows in dad's footsteps
Relationships	Johnny & Stacey	12/21/2015	3pm-7pm	10	favorite Christmas memories
Finances	News	12/22/2015	4am-9am	2	Charitable giving options approved by Congress
Relationships	Peter and Shannyn	12/22/2015	4am-9am	2	Author Max Lucado shares his favorite Christmas memory

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Singles	Intentional Living	12/22/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...As wonderful as Christmas is, it can also be a challenging time. Maybe you're single, or a single parent. Do you struggle during the Christmas holidays? Dr. Randy offers you help and encouragement on the next Intentional Living
Family	Intentional Living	12/23/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...What's your favorite Christmas memory? Dr. Randy would like to hear your favorite Christmas Memory. So be sure to join the next Intentional Living with Dr. Randy Carlson, when you share your Christmas Memories
Relationships	Johnny & Stacey	12/23/2015	3pm-7pm	2	Moms want adult children home for Christmas
Relationships	News	12/23/2015	4am-9am	2	airport and airplane manners
Faith	Intentional Living	12/24/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Did you know that Christmas was a very intentional act on the part God? Hundreds of years before Christ was born, God declared the birth of Jesus through his prophets. Celebrate An Intentional Christmas, with Dr. Randy Carlson
Faith	Intentional Living	12/25/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...Did you know that Christmas was a very intentional act on the part God? Hundreds of years before Christ was born, God declared the birth of Jesus through his prophets. Celebrate An Intentional Christmas, with Dr. Randy Carlson
Finances	Amy Phillips	12/26/2015	9pm-Midnight	1	time is money in the grocery store, the longer you're there the more you spend
Health	Bill Ronning	12/28/2015	Noon-2pm	1	study show your physical health affects your mental health
Singles	Intentional Living	12/28/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...During this last week of the year, we're doing a countdown of The Top Five Broadcasts of 2015, and coming up next, it's #5 on Singles. So be sure to join us for #5 of The Top Five, on the next Intentional Living
Work	News	12/28/2015	4am-9am	2	over a 1/3 of incurable cancer patients continue to work
Finances	News	12/29/2015	4am-9am	2	New Mexico needs to upgrade their

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
					licenses
Communication s	Intentional Living	12/29/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...During this last week of the year, we're doing a countdown of The Top Five Broadcasts of 2015, and coming up next, it's #4 on Words. So be sure to join us for #4 of The Top Five, on the next Intentional Living
Faith	Intentional Living	12/30/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...During this last week of the year, we're doing a countdown of The Top Five Broadcasts of 2015, and coming up next, it's #3 on Forgiveness. So be sure to join us for #3 of The Top Five, on the next Intentional Living
Health	News	12/30/2015	4am-9am	2	Eating healthy doesn't mean you can eat more quantity
Family	Intentional Living	12/31/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about...During this last week of the year, we're doing a countdown of The Top Five Broadcasts of 2015, and coming up next, it's #2 on Aging Parents. So be sure to join us for #2 of The Top Five, on the next Intentional Living