KYOR – 88.9 FM – Newport, OR Issues/Program List "COMMUNITY BRIDGE" A 5-Minute Program Heard Saturdays* at 6:25 AM and 6:55 PM January-March, 2023

DATE	ISSUE	GUEST AND DESCRIPTION
January 7, 2023	Ways Out of Poverty	Host: Carmen Shantz
January 7, 2025	and Homelessness	<u>Guest</u> : Major Phil Smith, Salvation Army, (Longview, WA).
	and moniciessness	www.salvationarmyusa.org
		<u>Description</u> : Home Village offers a way out of the cycle of poverty
		and homelessness. It is a housing readiness micro community. It i
		a gated community with 50 tiny (64 sq. ft.) homes designed for
		temporary single occupancy. There is a community shower. The
		Salvation Army provides two meals a day. There is staff and
		security on site 24/7. The Salvation Army is present in
		communities across the nation, so find your local outreach through
		their website.
January 14, 2023	Homeless and Low	Host: Charrie Slater
5	Income Assistance in	Guest: Kenny LePoint, Executive Director of Mid-Columbia
	Oregon	Community Action Council, (Salem, OR serving Pine Grove, OR)
		www.mccac.com
		Description: Mid Columbia Community Action Council
		(MCCAC) offers a variety of services to low-income families and
		individuals. MCCAC offers energy and utility assistance to assist
		families who have low or no incomes with utility and/or heating
		options. MCCAC also offers rent assistance and eviction
		prevention to help households who are facing an eviction notice
		and/or who are at risk of losing their housing because they are
		behind on rent. MCCAC houseless programs include assistance
		with shelter and time-limited financial assistance for eligible
L	Learning the Devilding	individuals and families.
January 21, 2023	Learning the Building Construction Industry	Host: Carmen Shantz
	in Oregon	<u>Guest</u> : Lee Kounovsky, Construction Trade Sector Specialist, Lane Educational Service District, (Eugene, OR).
	in Oregon	https://lesd.k12.or.us/cte/
		Description: The goal is to build 30 temporary shelters. Seven are
		being built in Lane County high schools. Teens and young adults
		learn the build construction industry from the ground up. They
		learn how to frame, lay floor, insulate, paint, drywall, and roof to
		get them started down a pathway of construction. The houses are
		built in 12-20 weeks. The goal is for every high school to have a
		chance to build a house. The students are very excited to learn a
		new trade, while learning about some of the needs and problems of
		the community and how to give back.

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DATE	ISSUE	GUEST AND DESCRIPTION
January 28, 2023	Samaritan House Serves Newport Families Without Homes	Host: Carmen Shantz <u>Guest</u> : Lola Jones, Executive Director, Samaritan House, (Newport, OR). <u>www.samfamshelter.org</u> <u>Description</u> : Samaritan House serves families with dependent children who are experiencing homelessness. They offer a variety of programs including transitional shelter and housing, parenting education, advocacy, and much more. Residents of Samaritan House go through a 10-month, three-phase program. As they go from one phase to the next, they learn to live, grow, and thrive. Samaritan House tries to mimic the obligations and responsibilities of the real world, but in a supportive environment. A person has to
		live a clean and sober lifestyle to live in Samaritan House. Similar outreach could be provided in your community by researching their website or online.
March 4, 2023	Computers 4 Kids Assist Youth in Academic Success	Host: Carmen Shantz <u>Guest</u> : Lewis Bair, Raymond Sherbourne and Aljandro Marmolejo, Staff Members, Computers 4 Kids, (Sacramento, CA). <u>https://www.c4kca.org</u> <u>Description</u> : Access to a household computer and connection to the Internet is important to many Americans. From accessing news sources to connecting to family and friends, the Internet provides an arena that provides service nearly all aspects of daily life. Students of all ages use computers and broadband connections to complete homework assignments and take online courses. Computers 4 Kids provides computers and internet access for disadvantaged youth and adults in the greater Sacramento Region to promote successful educational outcomes and productive lives. They rebuild donated computers and work with schools in the area to learn of students and even adults who wouldn't be able to afford a computer. They provide training to the students and families when they receive their computer to ensure success. In order to continue serving the disadvantaged youth in our community, Computers 4 Kids relies on volunteers and donations. Other communities may have similar programs.
March 11, 2023	Emotional Resilience in Oregon Youth	Host: Carmen Shantz <u>Guest</u> : Debbie Jones, Director of Youth Think, Wasco County (including The Dalles, OR). <u>https://www.youththink.net/</u>

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		Description: The mission of Youth Think is to inform and help
		create a unified community force that promotes the importance of
		emotional literacy and secure attachment to build resiliency and
		ultimately prevent youth substance abuse, as well as other risky
		behaviors and unhealthy choices. They carry out their mission by
		providing online classes or "Boost Camps" for parents who are
		seeking to improve their relationship with their children and
		provide a pathway of success within the home which will translate
		into success at school. Youth Think also provides in person
		training and classes to schools and organizations who want to
		better understand some of the challenges they face in their
		student/parent/societal relationships and solutions that can help
		resolve conflict that may arise within these relationships.
March 18, 2022	Help for Oregonians	Host: Carmen Shantz
	Suffering from	Guest: Jennifer Maclean/Executive Director, Lane County,
	Mental Illness	(Springfield, OR). <u>https://namilane.org/</u>
		Description: NAMI Lane County is a family-based, grass roots
		support service providing peer counseling groups to families and for those suffering from mental illness. Their resource center in
		downtown Springfield offers support, information and guidance to
		anyone who is seeking information and help.
March 25, 2023	Program Provides	Host: Carmen Shantz
	Nighttime Residences	<u>Guest</u> : Woody Crobar, Spokesperson, HELP Program, (Newport,
	for Newport Students	OR). https://lincoln.k12.or.us/resources/family/compass-center/
		Description: The HELP program within Newport provides services
		to McKinney-Vento Federal Education students who lack a fixed,
		regular, and adequate nighttime residence. These students can be
		eligible for specialized assistance with immediate enrollment,
		immunizations, school fees, school of origin transportation,
		referrals, and support to overcome barriers to education. The
		HELP program seeks to stabilize the students by offering guidance
		and counseling to their parents as they address specific housing
		needs unique to each student and family, such as complete
		homelessness, insecure housing, transitional housing, etc. Their
		goal is for families to find secure housing and educational success
		for their children.

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January 7, 2023	Wellness & Freedom	Host: Jenny Burkhiser
January 7, 2025	in Christ:	<u>Guest</u> : Tim Sanford, Clinical Director of Counseling Services,
	Stopping the Search	Focus on the Family (Colorado Springs, CO).
	for Control	https://www.focusonthefamily.com/
		<u>Description</u> : There are moments in everyone's lives when they
	(25-minute program)	can feel out of control. It could be a situation involving the loss
	()	of a job, losing a loved one or an unexpected illness – we all face
		seasons of intense uncertainty, fear, and perhaps hopelessness
		throughout our lives. However, Tim shared that a person only
		has control over two things: the present and his or her own self.
		The Bible lists self-control as a fruit of the Spirit. One is
		responsible to control himself or herself now and the rest is up to
		God, as He is sovereign in our lives. It is through seeking Christ
		and putting our trust in Him that we can manage uncertainty and
		fear, as well as enjoy the freedom of stopping the search for
		control. Tim gave tips for how to establish boundaries in
		relationships, whether family, work, or church-oriented,
		expressed the potential freedom that stopping the search for
		control gives to share the Gospel, recognize God's sovereignty
1.1.0000		and faithfulness personally, and experience more peace.
January 14, 2023	Coast-to-Coast	Hosts: Jenny Burkhiser, Carmen Shantz, Virginia Beehn, and
	Review on the	Charrie Slater
	Economy,	Guest: Pastor Dennis Kreiss, Pine Grove Community Church
	Educational System	(Pine Grove OR); Julia Foster, Executive Director of Read to Me
	and Housing	Project (Salinas, California); Denise Green, Online Coordinator for K-12 Shenandoah Community School district (Shenandoah,
	(25-minute program)	IA); Tia Unthank, Community Engagement Specialist,
	(25-minute program)	(Jacksonville, FL; Jeremy Montgomery, Sunday Breakfast
		Rescue Mission (Philadelphia, PA) and Katie Ollston, Marian
		House (Baltimore, MD).
		<u>Description</u> : On this special edition of Community Bridge, a
		Coast-to-Coast review of the top issues of the Economy, the
		Educational System and Housing were highlighted in Family
		Radio communities across the nation. were stepping up to help
		bridge the gap and were making a difference serving others in
		their community.
		The Economy: The Bible has much to say about servanthood and
		extending the love of Jesus to those in need. Our first story

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		featured a church in a small community in Pine Grove, OR, sharing the abundant harvest God has provided to bless others who are struggling with food insecurity. <u>Education:</u> One essential part of education is ensuring students are literate which is an important part to a child's emotional and intellectual development. Unfortunately, however, the literacy rate for school children continues to decline. Julia Foster, Executive Director of Read to Me Project in Salinas, CA, shared about how they are helping local children who are behind educationally. Shenandoah, IA, was once referred to as the "seed and nursery center of the world." Now, the school in this small community is planting seeds of skilled trades – such as electricity, construction and plumbing – offering students who may not go to college after high school and instead want to learn a skill trade – all while also helping people who are struggling to find affordable housing. As the country emerged out from the grips of the pandemic, many students returning to school found themselves afraid, not of what the school year would bring, or what their teach or classes would be like, but fear in being seen and wanting to hide. Tia Unthank, Community Engagement Specialist n Jacksonville, FL, disclosed that students are trying to hide behind their masks, not because they are afraid of Covid or contamination, but of being seen and wanting to hide. <u>Homelessness:</u> Sadly, in today's society with low wages, high rents, joblessness, increasing inflation and other factors contribute to the rise in homelessness. Jeremy Montgomery, Sunday Breakfast Rescue Mission of Philadelphia shared how one organization not only provided shelter, but also a warm meal and Christ's Love while Katie Ollston talked about how the Marian House in Baltimore, MD, is aiding women and children in these circumstances, comforting them in their darkest
January 21, 2023	Local Church Support for Mothers and their Developing Children (25-minute program)	moments and helping them recover from the trauma. <u>Host</u> : Jenny Burkhiser <u>Guest</u> : Robyn Chambers, Executive Director for Advocacy forChildren, Focus on the Family (Colorado Springs, CO)www.focusonthefamily.comDescription: Sadly, for many women with unexpectedpregnancies, when they hear the word "church," rejection comes

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DATE	ISSUE The Christian Perspective on	GUEST AND DESCRIPTIONto their mind. In a study conducted last year, it was revealed that many women with unexpected pregnancies go silently from the church pew to other sources that do not support life because they are convinced the church would rather gossip about their situation instead of helping them. This study, which was conducted by a nonprofit organization supporting more than 1,100 pregnancy centers across America, showed more than four
	Healthy Eating Habits and Exercise (25-minute program)	Health Monroe Medical Center and Member of the Christian Medical & Dental Association (Monroe, LA). <u>www.cmda.org</u> <u>Description:</u> Around the first part of each year, thousands of people begin making plans/resolutions to live healthier lifestyles by losing weight, start exercising, etc. They stock up on healthier food choices, sign up for a membership at the local gym, etc. but shortly thereafter, all the well intentions succumb back to old habits. Even though research and healthcare providers claim lifestyle modifications can improve a person's life, less than 3 percent of Americans have a healthy lifestyle. Dr. Givler shared her own struggles with over eating and obesity, as well as shared that the American diet, mainly focused on carbohydrates, is linked to a cycle of building more hunger and resultant overeating: corn, flour, sugar, and potatoes are all staples and do not satisfy the appetite well or for long. Dr. Givler recommended that a more meat and complex carbohydrate diet be considered. She encouraged listeners to go to Scripture for their comfort and strength, rather than the food pantry and comfort foods, which are often linked to sugar and other hunger inducing carbohydrates.

DATE	ISSUE	GUEST AND DESCRIPTION
DATE February 4, 2023	ISSUE Parenting – Building Successful Young Lives Amidst Diminishing Morals, Ethics and Values (30-minute program) Honoring God with our Finances in the	GUEST AND DESCRIPTION Host: Jenny Burkhiser Guests: Alex McFarland, Founder, Apologist, Evangelist and Author, Alex McFarland Ministries, (Pleasant Garden, NC). www.alexmcfarland.com Description: As America appears to be pulling further away from following God's Word, many young people, and sadly many adults, are turning their backs on their faith in God. Last year, a survey revealed the younger a person is, the less likely he or she is to believe in God. It showed only 27% of Americans 18-29 years of age say they pray daily, and only 31% of young adults say they believe in God as described in the Bible. Concerning statistics, especially for parents trying to raise their children during these troubling times. Alex encouraged Christians to become involved in youth ministry to reach American youth, as well as emphasized the importance of prayer and revival, as well as church and the family. People need to come back to church so they can become strengthened in fellowship and the Word and then reach out to the youth. Host: Jenny Burkhiser Guest: Shana Burt, Financial Advisor & Host of <i>Financial</i>
	Face of Rising Costs of Food, Gas and Housing (30-minute program)	<i>Issues</i> , Financial Issues Stewardship Ministries (FISM) (Exton, PA). <u>https://financialissues.org/</u> <u>Description</u> : Across the U.S., eggs, food, automobile fuel and housing rent has skyrocketed, rising by 40, 50, or even 100 percent as of the end of January. Shana alluded to Psalm 24 and encouraged that the earth is the Lord's and everything in it, as pointed to the parable of the talents in Matthew 25 and Luke 19. Using what God has given us wisely is the heart of the matter; she gave a story about how biblical investing was hard (even including her own story as a financial advisor that would only encourage investment in companies that did not engage in nonbiblical practices or support) but that when you do what the Bible say, He will honor that as a Good Father. She encouraged those who have the means to use their wise investments to support the church, other ministries and brothers and sisters in Christ financially struggling now. Many may have to tighten the belt around certain want items, but that those struggling for basic needs should go to their local church for support.

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February 18, 2022 Denta	al Healthcare for	Host: Jenny Burkhiser
-	Least of These	Guests: Dr. Elise Shockley & Dr. Taylyn Padgett, Christ
(Ui	nderprivileged	Community Services, Christian Medical and Dental Associations
	Children)	(CMDA), (Memphis, TN). www.cmda.gov
		Description: As Americans struggle with the rising cost of
(30-m	inute program)	inflation and budget constraints, underserved families are also
		faced with many barriers when trying to provide good dental
		care for their children. Statistics show about half of all
		American children do not receive regular dental care because of
		social, economic, and geographic obstacles. Sadly, this number
		is higher for the least of these (underprivileged children). Drs.
		Elise Shockley and Taylen Padgett shared the importance of
		caring for children unable to get themselves to dental care or
		who do not know how important basic oral hygiene can be on
		their overall health. Both dentists are part of the residency
		program of the CMDA and share the Gospel while doing dental
		work for underprivileged kids. They gave some practical tips for
		parents or grandparents caring for kids regarding hygiene tips,
		how to have a good attitude about going to the dentist and how
		important that having a confident smile is for kids' emotional
		health, as well as how oral health is related to systemic health.
- · ·	sponding with	Host: Jenny Burkhiser
	ustice in Our	<u>Guest</u> : Virgil Walker, Co Host of the <i>Just Thinking</i> podcast;
	ture with Godly	Executive Director of Operations, G3 Ministries, (Atlanta, GA).
	Discernment	<u>Description</u> : As Christians in America, we were all dismayed
(20	•	by news of the disturbing and tragic death of Tyre Nichols earlier
(30-m	inute program)	this year, a young man brutally beaten and killed by five police
		officers in Memphis, Tennessee. Virgil explained that justice is
		always connected to the very nature of God and when we understand His righteousness according to His Word, then we
		can measure everything in society to determine what is unjust.
		While it may seem that the challenges are worse and more
		daunting that they have even been before, the truth is that there is
		nothing new under the sun. It is imperative that believers believe
		that God's Word is sufficient. Stay informed and connected to a
		Bible believing church and rest in God's peace. The answer and
		truth all these issues is Gospel proclamation. Most are trying to
		effect change at the ballot box, but the reality is that nothing

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		about the president or governor transforms the heart. Only the Gospel transforms the human heart. We as God's people have an
		obligation to proclaim the Gospel, be connected to Gospel
M 1 4 2022		oriented ministries and churches and carry out His will.
March 4, 2023	Giving a Voice to Our	Host: Jenny Burkhiser
	Preborn Neighbors	Guest: Michael Spencer, Founder and President, Project
	through the Pulpit	LifeVoice, (Celina, OH). <u>www.projectlifevoice.com</u> Description: The mission of Project LifeVoice, is to "equip
		and inspire pro-life ambassadors to speak compellingly and to
	(25-minute program)	act sacrificially on behalf of the most vulnerable, most
		abandoned and most oppressed among us: our preborn
		neighbors targeted by elective abortion. Michael shared the
		importance of pastors and those in the church giving a voice for
		children not yet born, using a story of how he did not stand up
		for a little boy who was being beaten by some older boys and to
		this day, he regrets it. Michael shared Scripture that supports
		how Christ was incarnate in the womb and how we need to
		reason together with others on the importance of life, as well as
		to protect the vulnerable and voiceless. Regarding changing the
		cultural conversation, he shared the SLED argument (size,
		location, development, etc.) as well as the importance of
		focusing on whether the preborn child is in fact a human. He
		gave practical tips to respectfully share with your pastor the
		importance of life, how to support local crisis pregnancy centers,
		and even pray outside abortion clinics.
March 11, 2023	How American	Host: Jenny Burkhiser
	Farmers and the	Guest: Tammi Arender, Anchor/Reporter, Agricultural Network
	Farm Bill Impact Our	RFD-TV (Nashville, TN). <u>www.rfdtv.com</u>
	Food, Fuel, and Fiber	Description: Agriculture helps sustain life by providing the
		food we need to survive. It also contributes \$7 trillion to the U.S.
	(25-minute program)	economy. While we have been overwhelmed by the increase in
		food prices in the last year post COVID, (in 2022, food prices
		increased by 9.9 percent and all food price categories tracked by the USDA increased by more than 5 percent) farmers only take
		home \$0.13 of every dollar spent in a grocery store and the
		effects of the war on Ukraine are related to higher costs for
		fertilizer. When we think of agriculture, we often envision crop
		farming: the rich soil, tilling and cultivating of the land and
		ramming, the men son, thing and cultivating of the faild all

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		sowing, fertilizing, irrigating, and harvesting different types of plants and vegetation. However, crop farming is just one element - agriculture also involves raising livestock; industrial forestry and fishing; and agricultural support services. Overall, the Farm Bill's twelve titles help strengthen local infrastructure, support rural economic development initiatives, protect our nation's food supply, increase access to healthy food for low-income populations, and promote environmental stewardship and conservation. Learn more by
March 18, 2023	Respecting the legacy of Black women in American History	accessinghttps://www.agriculture.senate.gov/farm-bill.Host:Jenny BurkhiserGuest:Patti Garibay, Founder and Exwecutive Director,American Heritage Girls, (Westchester, OH).americanheritagegirls.org
	(25-minute program)	Description: Research shows that role models represent and expand what is possible for girls, inspire them to be more ambitious and aim higher, and demonstrate the mindsets and behaviors that help them be successful. American Heritage Girls was founded by a group of parents wanting a faith-based, scout- type character development program for their daughters in 1995. The AHG Program is dedicated to the mission of building women of integrity through service to God, family, community and country. AHG across the nation and the globe participate in badge programs, service projects, leadership opportunities, and outdoor experiences, all with an emphasis on Christian values and family involvement. AHG emphasizes godly role models in American history for their scouts, including the legacy of Black American Harriet Tubman. Harriet was disabled and even had a bounty on her head, but she continued to work to free slaves and be part of the Underground Railroad because she knew her God was a God of freedom. Join a local troop by going to their website and searching your zip code.
March 25, 2023	Parenting: Teaching Children about the Value of Finding Their Identity in Christ Alone	Host:Jenny BurkhiserGuest:Ryan and Bethany Bomberger, Co-Founders; ChiefCreative Officer & Executive Director, The Radiance Foundation(VA).www.radiance.life.Description:To be human is to be gendered — male or female.And one of the most important jobs of a parent is to help their

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	(25-minute program)	children develop as healthy boys or girls and into strong,
		confident men and women. Children's worldviews begin
		forming from a very young age (from 15 mos.) so children
		should be taught Biblical truth before a broken world reaches
		them. The Radiance Foundation is a faith-based, educational,
		life-affirming 501c3 nonprofit organization. The Radiance
		Foundation affirms that every human life has God-given
		purpose, leading congressional briefings and summits on Capitol
		Hill on abortion, adoption, and racism, as well as spoken to
		thousands of students on campuses around the world. Bethany
		and Ryan shared the story of Shadrach, Meshach and Abednego
		and how they lived in a time that seems to be more like today,
		but were met by Jesus in the fiery furnace. In the same way, they
		encouraged American Christians, parents and grandparents to be
		ready to stand for truth and teach children truth because God will
		show up. Psalms says that He knitted us together in our mother's
		womb and He knew us even before we were conceived and we
		can communicate this to children on who they were created to
		be: male or female and rooted in Christ.
		be, male of remaie and rooted in Christ.

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January 3, 2023	Providing Shelter for	A barber did his part to help save lives during the blizzard that hit
January 5, 2025	Winter Storm	Buffalo, NY, over the holiday weekend. Craig Elston, the owner of a
	Victims	local barbershop, turned his shop into a shelter for those who were
	v icennis	stuck outside in subzero cold! He posted a video to social media
		inviting people who needed shelter to come and stay at his barber shop.
		Some 50 people came in and out of his shop over the weekend with
		more than half staying all weekend! Some of the guests tried to repay
		Craig for his efforts, but he declined, saying that "it's what he's
		supposed to do."
January 4, 2023	Restoring Order	When thousands of flights were canceled over the holidays, "good
	Following Travel	Samaritans" were texting strangers with the location of their lost
	Chaos	luggage! One of those good Samaritans was Brittany Loubier, who
		found herself searching through what she called an "Armageddon of
		luggage" at the Tampa Airport the day after Christmas. Brittany said
		there were "hundreds, if not thousands" of bags piled up at the baggage
		claim from flights all over the country. Knowing she was stuck at the
		airport, she decided to reunite some travelers with their bags by texting the number listed on the luggage tag. She sent at least 50 text messages
		while sifting through all the luggage. Brittany said she was just trying
		to help people.
January 5, 2023	Giving Back with	A woman who lost her sight feared she would never be able to ride a
Junuary 3, 2023	Acts of Kindness	bike again, but she's back on two wheels, thanks to a local business' act
		of kindness! When Jeanette Stevens, an avid cyclist, lost her eyesight at
		age 34 years, she began cycling again with the help of <i>Charlotte</i>
		<i>Tandems</i> , a charity which loaned her a 2-person bicycle for a year after
		teaching her how to ride one. But when the bike had to be returned,
		Jeanette couldn't afford a new one. Well, when a local bike shop heard
		Jeanette's story, they decided to pitch in and buy her some new wheels!
January 6, 2023	Fatherhood	Chicago resident Joseph Williams is a father of five, so he knows a
	Engagement	thing or two about what it takes to be a good parent. Williams says his
		own experience of growing up without his dad inspired him to start
		reading books to students in his community. In 2017, Joseph founded
		"Mr. Dad's Father's Club." The Club encourages fathers and positive
		male mentors to be actively involved in children's lives through
		mentoring and literacy. "I thought it was so important to not only be involved in my shildren's lives " he said "but to ensure other
		involved in my children's lives," he said, "but to encourage other fathers to be engaged in their children's lives." Joseph said one of the
		organization's goals is to help fathers stay active in their community.
		organization 5 goars is to help fatters stay active in their confinulity.

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January 10, 2023	Youth Violence	If the key to reducing youth violence is simply to build bonds with the next generation, then some high schoolers in Sacramento have found their way on the asphalt! <i>Project Lifelong</i> helps kids develop a love for skateboarding while keeping them out of trouble! Once a week, skateboarders come rolling off the street and onto the Arden Middle School tennis courts. The program works by pairing up a high school student to mentor middle school students. In return, <i>Project Lifelong</i> takes the high schoolers on out-of-town educational trips.
January 11, 2023	Cancer Therapy	A loved one and a cancer diagnosis: it's an experience through which you hope you'll never have to go. But for Laura Sexton of North Carolina, the reality of her father's brain tumor brought not only a mix of emotions but a soothing burst of creativity, as well. It was during his journey through cancer therapy that Sexton drew upon her artistic talents as a means of healing. She took photographs "to remember the moments." And from those photographs painted a series of images depicting her father's battle with cancer. Sexton sees her art as a vehicle for connecting and empowering others to grow. She hopes the pieces give solace to other families going through similar circumstances.
January 12, 2023	Fundraiser for Destitute Employee	A waffle house's customers are raising money for a beloved employee who hides her personal struggle with a smile. Cynthia Morrison has worked at an Atlanta waffle house for 37 years and was recently diagnosed with Stage One Multiple Myeloma. Well, when the news of Cynthia's illness spread around the restaurant, customers began stepping up to help. One long-time customer left a \$120 tip for Morrison that day, but his generosity didn't stop there. In less than a week, friends set up a GoFundMe for Cynthia. More than \$5,000 had been donated in a matter of days. Cynthia faces eight more rounds of chemotherapy and for weeks she won't be able to work.
January 13, 2023	Empowering the Special Needs Community	If you have a child or friend with autism, then you know how difficult it can be for them to land a steady job. Well, a bakery in Brooklyn, NY, is helping to change that! Molly Sebastian and Alison Berkley, two mothers with special needs children, combined their expertise to open <i>Invictus Bakery</i> , where people with autism could gain these job skills with introductory cooking classes, cake school, and a business entrepreneurship class. A lot of the bakers Molly and Alison work with don't get many chances to work, even though the women say they're

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		all "super talented." Alison said, "They will stun you with what they can do in the bakery!"
January 16, 2023	Law Enforcement Community Engagement	A police officer in Denver went above and beyond the call of duty to help a citizen in needand just last week she received an award from the nonprofit <i>Citizens' Appreciate Police</i> . When Officer Melissa Martin responded to a noise complaint on New Year's Eve, she learned
		the woman there had just escaped an abusive relationship and recently moved into an apartment on her own. The woman told Martin she was struggling with mental illness and hadn't eaten in four or five days. Officer Martin found her refrigerator empty and decided to buy the woman groceries for the week with her own money.
January 18, 2023	Homeless Outreach	After his aunt took him to feed the homeless, one teenage boy started a non-profit dedicated to helping his newfound friends! Fourteen-year- old "Jahkil" is the founder of <i>Project I Am</i> , a nonprofit devoted to helping the homeless. <i>Project I Am</i> brings awareness to homelessness and provides support to those in need. Jahkil began the initiative when he was just 8 years old! Today, he packages "blessing bags," containing different daily essentials for the homeless. Jahkil says he hopes his actions inspire others to be change agents.
January 19, 2023	Children's Cancer Foundation	Every dog lover will tell you about how their dog makes their home a better place! And thanks to one non-profit dog foundation, they're making children's cancer centers better places, as well! The <i>Doug the</i> <i>Pug Foundation</i> brings joy and needed support to children battling cancer. <i>Doug The Pug</i> is a social media sensation, with over 18 million followers across the Internet and his owners decided it was time to spread more joy and kindness to children and families facing cancer. The Foundation also sends pug-love packages to children in hospitals and raises funds for families struggling financially. Doug's owners hope that just as their dog snuggles up to a child who needs the most love, others will sit with someone new at a lunch table or extend a hand to a neighbor in need.
January 20, 2023	Rewarding a Winter Storm Hero	A man who saved the lives of 24 people by breaking into a school in Buffalo, NY, during the historic blizzard was just given a pair of Super Bowl Tickets by his hometown team. Jay Withey, the 27-year-old mechanic and hero, received the reward from the Buffalo Bills and Blue Cross Blue Shield. Former Bills running back Thurman Thomas personally delivered the surprise to Withey. Jay broke the school window on Christmas Eve in order to get 2 dozen people, including

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		several seniors and two dogs, out of hurricane-force winds and frigid cold! The school declined to press any charges, nor did they accept the groups' repeated attempts to pay for the window.
January 24, 2023	Anonymous Generosity	For ten years, a farmer in Alabama has been anonymously paying his neighbors' pharmacy bills! Hody Childress, a farmer and U.S. Air Force veteran, had been keeping it a secret since 2012 when he walked into a drug store in his hometown of Geraldine. He would simply walk up to the counter and say, "Here, this \$100 is for anyone who can't afford their prescription. Do not tell a soul that the money came from me. Tell them it's a blessing from God." A month later, Hody walked back saying the same thing. His family said he contributed thousands of dollars to a pharmacy over the years. Hody passed away on New Year's Day and now his family and friends are paying it forward, keeping the pharmacy fund going.
January 27, 2023	Woman with Lifelong Illness Celebrates Longevity	A woman in South Carolina has just celebrated her 50th birthday after doctors said she wouldn't make it past the age of one. Rema Kabore has lived with cerebral palsy all her life. She wasn't able to walk until she was 13 years old, having several surgeries along the way. On Rema's recent birthday, a family friend planned a surprise party at a restaurant in Greenville. As the party was wrapping up, another act of kindness happened before the group could leave the restaurant. A woman from a different group decided to pay for the birthday lunch!
February 1, 2023	Football Fans Receive Free Big Game Tickets	A mother and son in Philadelphia were surprised with \$500 and playoff tickets after a random act of kindness. Bryanne McBride and her son Mason were out running errands Saturday afternoon, getting ready to watch the Eagles game at home when they encountered a stranger who asked them for some money. "Do you have a dollar by chance? I'm just trying to grab the bus" but this was no ordinary stranger. Zach Dereniowski runs the "MD Motivator" account on social media and is known for rewarding people for their acts of kindness. After giving Zach some money, he returned the favor by giving Bryanne and Mason \$500 in cash and two tickets to the Eagles-Giants playoff game.
February 3, 2023	Giving Inmates a Fresh Start	Inmates looking to get a fresh start out of prison are faced with a variety of challenges, but one bakery in St. Louis has the recipe for lasting success! Kalen McAllister, a former prison chaplain, knew that counseling from inside the prison walls was only a partial solution. Change was needed outside, too. So, after retirement, she opened

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		Laughing Bear Bakery in St. Louis, a nonprofit business where a
		criminal record is required to land the job. She says it all starts with a
		hiring model that considers a crime to be just one part of a person's
		past—instead of the whole of who someone is and has the potential to
		be. While Kalen takes no pay, she says her reward comes from seeing
		her employees figure out the "recipe for their lives."
February 6, 2023	Affordable Food	South LA Cafe is putting the community first, serving up coffee and
	Access	connection. Joe and Celia Ward-Wallace, two lifelong South Los
		Angeles residents, are passionate about coffee but wanted their
		community to have access to fresh, affordable and healthy food
		options. So, they created their very own grocery giveaway. Celia said
		that for more than 100 weeks now, the couple has distributed free
		groceries to 1,000 people a week in the community.
February 9, 2023	Boy Sells	Well, even though egg prices are slowly starting to decline, it's still
	Discounted Eggs	hitting the family pocketbook hard. But an 11-year-old is doing
		something to change that – he's supplying a local bakery with farm-
		fresh eggs for half the price! Courtney Johnson is the owner of Sweet
		Anna's Bakery in North Carolina and she's been struggling as egg
		prices have skyrocketed. Eleven-year-old "Rylen" and his family own
		chickens that produce about 20 eggs per day and recently he took to
		social media announcing they had a surplus and would sell them at half
February 14, 2023	Valentine's	price. Courtney saw the post and asked to purchase all of them.
rediuary 14, 2025	Generosity	A North Carolina woman is celebrating Valentine's Day by delivering hundreds of flower arrangements to widows. Last year, 30-year-old
	Generosity	Ashley Manning started her "Valentine's Day Widow Outreach" by
		asking her followers on Instagram to send her names and addresses of
		widows so she could bring them flower arrangements. She ended up
		delivering 121 arrangements, even though her goal was just 25. This
		year, with the help of 150 volunteers, Ashley plans to deliver 400
		arrangements thanks to donations from local businesses.
February 15, 2023	Organ Donation	An Ohio teen made the selfless decision to be an organ donor and little
	0	did he know his choice would save the life of 5 people, including a
		woman with a missing heart valve. Keisha Dulin waited for years on a
		transplant list. She worried about leaving her children with no parent.
		Then in June of 2020, she got a phone call saying she'd receive her
		new heart. But what was good news for Keisha meant sad news for
		another family. Aimee Cordrey's son Nick was only 15 years old when
		he suffered an aneurysm and died. Nick decided to be an organ donor

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		inst the year before and his mother never they alt she'd have to be an
		just the year beforeand his mother never thought she'd have to honor his desirion so soon. When Keishe reached out to Nick's family to
		his decision so soon. When Keisha reached out to Nick's family to
		thank them for the gift of life, Aimee shared how she found a note Nick wrote with a wish list. Well, Keisha has now made it her mission to
		finish Nick's bucket list, starting with his goal of visiting all 50 states!
February 21, 2023	Free Haircuts for	A barber in Cincinnati is giving free haircuts to children with special
1001uary 21, 2023	Children with	needs, and as a result, he's made a new friend! Two years ago, Vernon
	Special Needs	Jackson had an idea to raise money to give free haircuts to children
	Special Necus	with disabilities. He called the program GIFTED. That's how he met 7-
		year-old "Ellison." Ellison has Down's Syndrome and like most kids
		with special needs, he faces challenges daily. One of those being
		getting a haircut. Ellison's mother, Julie, said that navigating a haircut
		for a child with Down's Syndrome has been stressful, but that was
		before finding Jackson's GIFTED program. She now says having a
		barber who takes his time and gives her son a special experience is
		something every parent should be able to have.
February 22, 2023	Helping the Elderly	A family in South Carolina has raised thousands of dollars for an
	Retire Early	elderly delivery driver who fell on their front porch while delivering
		their food. Seventy-two-year old Barbara is a pizza delivery driver in
		South Carolina and earlier this month, she fell on the front porch of a
		family's home. Homeowner Lacey Kreighton posted the doorbell
		camera footage to social media and created an online fundraiser to help
		bless Barbara with some extra cash. The fundraiser immediately took
		off, raising over \$263,000 for Barbara. Thanks to the extra cash,
		Barbara's put in her two-week notice and is "officially retiring."
February 24, 2023	Youth Engagement	Brian Ferreira is a Detroit Police Officer who patrols the city's streets,
		always ready to respond to emergencies. But now he's also started
		making youth stops, handing out books and basketballs to kids from the
		trunk of his police cruiser. "Whenever I'm able to give that kid a book
		and see that smile, see them get excited, it makes my day," he said. As
		for funding the initiative, Officer Ferreira initially purchased books using his own money. He searched Facebook Marketplace for deals
		and later got donations from other officers and the public. Now with
		over 30 basketballs and more than 300 books distributed so far, this
		father of 2 girls is on a mission to bring a positive change within the
		community, one kid at a time.
February 28, 2023	Young Leaders of	With all the ingredients for success, an accomplished North Carolina
J - 7 - F	America	student runs her own bakery while balancing academics and athletics.

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		"Nicole" not only makes an effort as an involved student and athlete, but also operates her business <i>Homemade Nicole</i> , baking cupcakes, cakes, pies, and other sweets right out of her kitchen. When not serving delicious baked goods, Nicole serves as vice president of Future Business Leaders of America at her school and is also active in her church. "After college," she said, "I want to be a journalist or a filmmaker. But at the end of the day, I'm going to have my bakery one day. I'm going to have my own doors to open up and for everyone to come."
March 1, 2023	Good Samaritan at the Grocery Store	Thanks to a random act of kindness at a Louisiana grocery store, a new friendship was born between two complete strangers! Jason Boudreaux shared a story on his Facebook page describing the moment a grocery store cashier told him his card was declined. All of a sudden, Jason heard a voice speak up from behind saying "I got you." Jason said "No you don't you probably didn't hear the price." The man responded, "Yes Sir, I did, and I got you." Jason snapped a quick selfie with the good Samaritan before they parted ways. With help from social media, the two men celebrated a birthday together.
March 3, 2023	Police Assistance for the Needy	A pair of police officers in Michigan are being praised for going above and beyond the call of duty. When Lieutenant Allen and Officer Smith arrived at the scene of a serious accident, they saw that one of the drivers, Bryanna Fantozzi, was six months pregnant. She was on her way to make a grocery delivery when she got into the accident due to the icy roads! Well, not wanting a fellow member of the community to go hungry, Officers Allen and Smith switched their police hat for another hat! They loaded the entire grocery order into their police cruiser and made the delivery.
March 6, 2023	Positive Parenting	One father has become an internet sensation by giving fatherly advice to those who may not have had a dad to answer their questions. Rob Kenney started his YouTube channel, "Dad, how do I?" almost three years ago during the pandemic, posting "how to" videos on things such as how to tie a tie or change windshield wipers. He says he learned a lot of things the hard way when his dad left at 14 years and he's just trying to pass along some information! He believes his experience without a dad has helped him relate to the feeling of not having somebody there to walk him through some basic things. As he has forgiven his dad, he thinks it's important for dads to forgive!

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March 7, 2023	Assistance for Struggling Waffle House Employee	An 8-year-old boy in Arkansas is raising money to help a hard-working waffle house employee buy a car and find a decent apartment. "Kayzen" and his family are regulars at their local waffle house and they're on a mission to help Devonte! The family recently learned that Devonte was walking to and from work every day and that his wife and their two daughters were living in a motel room due to black mold in their apartment. Kayzen decided to create a GoFundMe to help Devonte get a car and find a clean rental property for his family. Kaizen set an initial goal of \$5,000 to get Devonte a reliable vehicle,
March 9, 2023	Youth Sponsored Shoe Drive	but already the online fundraiser has amassed more than \$57,000. A 9-year-old girl from Virginia has started her own shoe drive to help other students in need! Winter Davis started a nonprofit, <i>Winter's</i> <i>Place</i> , after a few of her friends weren't able to play with her outside because they didn't have proper shoes to protect their feet. Winter's mother, Kendra, said she's always had a caring heart. Kendra said they have all seven school districts in their area helping them bring the school drive together. So far, the drive has panned over seven cities and they've collected and donated about 75 pairs of shoes and counting.
March 10, 2023	Foster Parenting	A North Carolina foster dad is being hailed a hero after adopting a 13- year-old boy who was abandoned as a child at the hospital by his adoptive parents. Peter Mutabazi is a single, foster father who says it's truly been a joy to welcome 24 foster kids into his home over the last 3 years, and now, he's changed 13-year-old Tony's life forever. When he was 11 years old, Tony's adopted parents left him at a hospital and never returned. That's when Peter received a call asking if he could take Tony for the weekend. But then he learned Tony's story. Tony and Peter have been together ever since. Father and son are looking forward to welcoming a new foster child who will join their home soon.
March 14, 2023	Reuniting Lost Pet with Owner	A small puppy dumped on the side of the street now has a future as a beloved service dog! Lying on the sidewalk of a park in Colorado Springs, Bruno — a young pitbull, not even a year old — spent the night waiting for his owners, who would never return. Thankfully, Carl Anderson, an Air Force veteran who lives across from the park, found Bruno after seeing the car drop him off in the park. The next morning, Bruno was still laying in the same place, but Carl was able to bring him inside to give him food and water. Bruno was placed in the shelter at the Humane Society of the Pikes Peak Region, but a rescue eventually agreed to take Bruno in and allow Carl to become his foster home.

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March 16, 2023	Mental Health Awareness	A Southern Baptist Pastor in Missouri just set a world record for running 153 consecutive marathons to raise awareness for adoption, foster care, and youth mental health. Pastor Malachi O'Brien <i>of The</i> <i>Church at Pleasant Ridge</i> completed the feat on March 8, breaking his own world record, which he set just months ago. Pastor O'Brien was adopted when he was three years old. He and his wife recently adopted a child through the foster care system. They are also passionate advocates for mental health care after their oldest daughter survived a suicide attempt. And as for the 153 marathons that was inspired by
March 20, 2023	Creating Opportunity for the Homeless	the 153 fish the disciples catch in John 12:11. After 30 years of living on the streets, one California man was pulled to his feet and given a second chance by a man who lived on the opposite side of the country and now the two are best friends! Scott Kuczmarski was visiting California in 2019 when he met Robert Pineda as he was riding a bicycle with 300 pounds of personal stuff on it! After mustering up the courage to talk to Pineda, the two met for coffee. They instantly had a connection and proceeded to meet for breakfast "almost every day for the next two or three weeks. Scott eventually helped Robert get care through the Opportunity Center of the Midpeninsula, an affordable apartment complex for the homeless which also offers free health care.
March 22, 2023	Elementary School Kindness to Strangers	For the last 7 years, third grade students at an elementary school in British Columbia have performed acts of kindness for strangers in their community. It's part of Watson Elementary's <i>Kindness Project</i> . The project first started back in 2017 when teachers Jen Thiessen and Kyla Stradling came up with the idea. Over the years, either one or two Grade 3 classes from Watson have taken it on, but this year, five classes took part making it the biggest one to date. The students raise money for the project by selling cupcakes and then they go to local parks and hand out flowers, chocolates, dog treats and coffee to strangers. Some stay back and put together care packages for homeless people. So far this year, they've raised \$1,400.
March 27, 2023	School Lunch Debt	A North Carolina pastor has been helping children, whether they need clothes, housing, or even a family! When Pastor Dickie Spargo learned that a growing number of kids in his county have unpaid school lunch accounts totaling \$13,000, he decided his church was going to share the burden. In less than two weeks, the congregation raised \$23,000. "What a great opportunity to bless these kids," the pastor told his

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		congregation after delivering the check. The \$23,000 donation from the
		large Christian church will eliminate student lunch debt for the year,
		and the rest will help pay off debt for next school year.
March 31, 2023	Support for Nashville	A family in Nashville has launched a GoFundMe campaign for the
	School Shooting	family of Mike Hill, who was one of the six victims killed in a shooting
	Victims	at The Covenant School in Nashville, TN, this week. Mike served as
		the school's custodian for nearly 15 years he was a father to eight
		children and a grandfather to close to a dozen kids. As of yesterday
		morning, the GoFundMe for Mike the page has raised more than
		\$500,000 from a total of 7,600 donations. The page's original
		fundraising goal was \$25,000. Mike's family said Hill's family said
		they are "aware of this fundraising effort and has been beyond moved
		by the outpouring of love."