



## 2nd Quarter 2017 Issue/Program List for KSTP-FM/KS95

Dates: 4.7.17, 4.14.17, 4.21.17, 4.28.17, 5.5.17, 5.12.17

Program: KS95 Morning Show

Times: 6:30-6:35 am

Issue Covered: Education. We talked to and honored our KS95 Teacher of the week. Discussed current educational needs of students and how teachers can make an impact in their lives.

Date: 4.2.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Henry A. Spiller, MS, D.ABAT., Director of the Central Ohio Poison Center at Nationwide Children's Hospital in Columbus, OH

Issues Covered; Poisoning Prevention, Drug Abuse. Each day In the United States, Poison Control Centers receive an average of 32 calls about children exposed to prescription opioids. Dr. Spiller explained what child is most at risk, how adults can prevent children and adolescents from gaining access to these drugs, and how to properly dispose of unused prescriptions.

Guest: Mark K. Claypool, founder and Chief Executive Officer of ChanceLight Behavioral Health, Therapy and Education, a provider of therapy and special education programs, author of

"How Autism is Reshaping Special Education: The Unbundling of IDEA"

Issues Covered: Autism, Government Policies, Education. Autism diagnoses have skyrocketed in recent years. Mr. Claypool discussed some of the underlying reasons for the increase. He also explained why it is important for children with

autism to receive special intervention at an early age. He said support systems for parents have improved dramatically in recent years.

Guest: Susanna Janssen, language expert, newspaper columnist and the author of “Wordstruck!: The Fun and Fascination of Language”

Issues Covered: Bilingualism, Career, Mental Health. Roughly 20% of American citizens are fluent in a second language. Ms. Janssen talked about the less obvious benefits of learning a second language, including enhanced abilities in focus and concentration, memory, interpersonal skills and problem-solving. She also noted that several recent studies have suggested that bilingualism may be a buffer against the development of Alzheimer’s disease. She said bilinguals earn on average about 20% more than those who speak a single language.

Date: 4.2.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Todd Krause, Warming Coordination Meteorologist for the National Weather Service

Issue Covered: Severe Weather Awareness Week. Severe Weather Awareness Week in Minnesota is April 17-21. This week, how to prepare and stay safe during severe weather. Part 1 – The severe weather season started extra early this year in Minnesota—a tornado touched down on March 6, setting a record. Krause discusses tornado watches and warnings and how severe weather is monitored by the Storm Prediction Center in Norman, Oklahoma. Part 2 – Being aware of the potential for severe weather is one of the most important ways to stay safe, says Krause. He recommends checking weather reports on local news media or on [weather.gov](http://weather.gov), owning a NOAA (National Oceanic and Atmospheric Administration) radio or following NOAA on social media.

Date: 4.9.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Sheryl Ryan, M.D., FAAP, Professor of Pediatrics at the Yale University School of Medicine, Chair of the American Academy of Pediatrics’ National Committee on Substance Abuse

Issues Covered: Drug Abuse, Parenting, Government Policies. 29 states and Washington, D.C. now allow the use of marijuana for medical purposes, recreational use or both. Dr. Ryan was one of the authors of a report titled

“Counseling Parents and Teens About Marijuana Use in the Era of Legalization of Marijuana,” which outlines why a relaxed attitude about the drug is dangerous and how parents should address the topic. She said marijuana is an addictive drug that can cause abnormal changes as teens’ brains develop.

Guest: James Noble, MD, MS, Assistant Professor of Neurology at Columbia University Medical Center in New York City

Issues Covered: Concussions, Personal Health, Women. Dr. Noble was the co-author of a recent study that found that female athletes appear to be significantly more likely than men to suffer concussions. He noted that once concussions occur, men and women experience them in very similar ways. He also discussed why most media attention on concussions seems to focus on men, despite the greater risk to women.

Guest: Heather Schafer, CEO for the National Volunteer Fire Council

Issues Covered: Volunteerism, Fire Safety, Disaster Preparedness. Ms. Schafer said volunteers make up 80% of all fire services across the United States. She said the call volume in recent years has tripled, but volunteer fire departments are struggling to find younger recruits. She said younger people have less spare time to volunteer than previous generations. She outlined the many benefits of volunteering.

Date: 4.9.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Jim Walsh, author and music writer

Issue Covered: Music writer Jim Walsh discusses his career documenting the Minnesota music scene and his time with the late, great Prince.

Part 1 – “Bar Yarns and Manic Depressive Mix Tapes” collects 30 years of Walsh’s writings for publications such as the Pioneer Press, City Pages, Southwest Journal and MinnPost.

Part 2 – Nearing the one year anniversary of Prince’s death, Walsh reflects on the artist’s legacy and discusses covering Prince in the mid-to-late 1990s—a time when he was misunderstood and dismissed by many fans and critics.

Date: 4.16.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: David Rabiner, PhD, Senior Research Scientist in the Department of Psychology & Neuroscience at Duke University

Issues Covered: Substance Abuse, Education. The use of “study drugs”-- prescription medications used illegally by college students improve their academic performance--is on the rise. Dr. Rabiner said the drugs of choice are those typically used to treat ADHD. He discussed the question of whether the practice is a form of academic cheating. He added that students who use these medications without a prescription typically have higher rates of drug and alcohol abuse, perform worse academically and are more stressed out about their grades.

Guest: Michael Thompson, Director of the Council of State Governments Justice Center

Issues Covered: Youth at Risk, Crime, Government Policies. Mr. Thompson’s organization conducted a study that examined whether juveniles who commit crimes fare better if they are sentenced to community-based supervision or state-run incarceration. The study found that youth who are locked up in state-run facilities are 21 percent more likely to be rearrested than those who remain under supervision closer to home. He said that community supervision programs are also far less expensive for taxpayers than state-secure facilities.

Guest: Doug Goodman, PhD, MPA Director, Associate Professor of Public Affairs in the School of Economic, Political, and Policy Sciences at The University of Texas at Dallas

Issues Covered: Workplace Matters, Parenting.

Date: 4.16.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Gayle Golden, Senior Lecturer in the School of Journalism & Mass Communication at the University of Minnesota

Issues Covered: Challenges Facing Journalism . Summary: As the traditional media business model changes and polls show the public is increasingly distrustful of the media, how are colleges preparing future journalists for this uncertain job market?

Part 1 – One of the main disruptors of the traditional media business model was Craigslist, says Golden. The loss of revenue from classified ads moving online resulted in layoffs at newspapers across the country. Since 2000, Golden says, there has been a 40-percent drop in journalism jobs.

Part 2 – Despite the uncertainty in the news business, Golden says her students are less concerned with income-prospects and more idealistic about the potential of journalism to tell powerful and meaningful stories.

Date: 4.23.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Ric Edelman, Chairman/CEO of Edelman Financial Services, LLC, author of "The Truth About Your Future: The Money Guide You Need Now, Later, and Much Later"

Issues Covered: Personal Finance, Parenting, Environment. Technology and science are evolving at a blistering pace. Mr. Edelman said the traditional paradigms of how Americans live, learn, and invest are shifting under our feet. He explained how smart investors can adapt and profit from today's changing environment. He offered advice for parents who want to guide their children into careers that will thrive in the future. He said within a few years technological advances will solve many of today's environmental concerns and humans will live dramatically longer lives.

Guest: Susan Peirce Thompson, PhD, food addiction and weight loss expert, author of "Bright Line Eating: The Science of Living Happy, Thin & Free"

Issues Covered: Food Addiction, Personal Health. Dr. Thompson discussed food addiction and the role it often plays in weight loss efforts. She explained why fewer than .01% of dieters are able to reach their goal weight and maintain it long term. She offered several suggestions for those trying to lose weight. She also recommended that those who are losing weight should take a break from working out.

Guest: Steve G. Jones EdD, clinical hypnotherapist, President of the American Alliance of Hypnotists, author of 22 books on hypnotherapy

Issues Covered: Hypnosis, Mental Health. Dr. Jones discussed the most common misconceptions about clinical hypnotherapy. He outlined the problems that hypnotherapy can solve, and he explained why self-hypnosis may be useful. He said everyone can be hypnotized, although some are more suggestible than others.

Date: 4.23.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Michelle Phelps, Assistant Professor in the Department of Sociology at the University of Minnesota and a Faculty Affiliate of the Law School's Robina Institute of Criminal Justice

Issue Covered: Criminal Justice Reform. America's prison population has surged since 1970. Scholars and lawmakers are exploring ways to reform our criminal justice system and reduce the rate of incarceration. Michelle Phelps discusses

the politics of mass incarceration and her new book, "Breaking the Pendulum: The Long Struggle Over Criminal Justice."

Part 1 – Rather than see criminal justice reform as a pendulum—swinging back and forth between attitudes of rehabilitation and punishment—Phelps argues that to understand these shifts and what has led to mass incarceration, we should look at reform measures as earthquakes. "We can think about these rupture moments as earthquakes," Phelps says. "They really shift the terrain, but if you don't understand that long buildup of pressure that happens before the earthquakes, you've misunderstood the earthquakes themselves."

Part 2 – How can we end mass incarceration in the US? While federal policy is important, 90 percent of the prison population is incarceration in state prisons. "It will take a 50 state effort," Phelps says. In Minnesota, the prison population has increased 150 percent in the past 25 years; but our incarceration rate is still much lower compared to the vast majority of states. In Minnesota, however, Phelps warns that we should pay greater attention to our massive probation population.

Date: 4.30.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Richard Watts, personal advisor and legal counsel to the super wealthy, author of "Entitlement: How Not to Spoil Your Kids, and What to Do if You Have"

Issues Covered: Parenting, Education. Mr. Watts said well-intentioned parents are creating a "me" generation of children who lack the wisdom and satisfaction of accomplishment that can only be learned through struggle and adversity. He offered examples of parental decisions that create a sense of entitlement in children in families of all income levels. He also outlined simple ways for parents to be a good example for children.

Guest: Matt Schulz, Senior Industry Analyst at CreditCards.com

Issues Covered: Personal Finance. It pays for consumers to reach out to a credit card provider when faced with unwanted fees and high interest rates. Mr. Schulz said 87% of credit cardholders who asked for a late fee waiver were successful and 69% who requested a lower interest rate received one. His organization's study found that only about half of consumers have made any request at all for credit card leniency.

Guest: Dana King, MD, MS, Professor and Chair of the Department of Family Medicine at the West Virginia University School of Medicine

Issues Covered: Senior Citizens, Personal Health, Retirement Planning. Dr. King led a study that examined whether retired, late middle-aged adults led a healthier lifestyle than those who were still in the workforce. He found that the spare time found in retirement did not translate to healthier lifestyle choices. He said that

90% of Americans of any age are not making healthy choices. He explained discussed the possible reasons why.

Date: 4.30.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Scott Abernathy, Associate Professor of Political Science at the University of Minnesota

Issue Covered: Increasing Civic Engagement. Despite an uptick in social activism among younger Americans, many of them remain disconnected from politics and government. A new textbook, "American Government: Stories of a Nation," seeks to link the mechanics of political science with real-world examples of how engaged citizens can influence our political system.

Part 1 – Professor Scott Abernathy had two main goals when writing his textbook "American Government": The first was to teach through narrative and stories and the second was for the stories to be more inclusive.

Part 2 – Abernathy discusses one of the most contentious of President Trump's cabinet nominations, Betsy DeVos for Secretary of Education. A look at why many oppose her stance on school choice and how choice and voucher programs affect public education.

Date: 5.7.17

Program: InfoTrak

Time: 5:00 – 5:30 am

Guest: Robert T. Kiyosaki, investor, entrepreneur, author of "Rich Dad Poor Dad: What The Rich Teach Their Kids About Money That the Poor and Middle Class Do Not"

Issues Covered: Personal Finance, Parenting, Education. Mr. Kiyosaki discussed the difference in how wealthy people view and use money, compared to middle and lower income Americans. He said it is not necessary to earn a high income to become rich. He explained why he thinks it is such a problem that few students receive any financial education in school. He also discussed the best job categories for young people who are ready to choose a career.

Guest: Thomas Beckman, MD, Fellow in Advanced General Internal Medicine at the Mayo Clinic

Issues Covered: Personal Health. Many patients seek a second opinion before treatment for a complex medical condition.

Dr. Beckman led a study at Mayo that found that only 12 percent of second opinions confirm that the original diagnosis was complete and correct. He explained what illnesses should merit the pursuit of a second opinion.  
Guest: Dennis C. Miller, businessman, former CEO of a New Jersey hospital, author of “Moppin’ Floors to CEO”  
Issues Covered: Career, Senior Citizens, Volunteering. Mentors often make a huge difference in a young person’s career. Mr. Miller explained why older generations may be key to enhancing the career prospects of Millennials. He offered ideas for how to locate a mentor. He also explained why volunteering may be a wise career move for older members of the workforce.

Date: 5.7.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Dudley Riggs, author and founder of the Brave New Workshop

Issue Covered: The Showman Dudley Riggs. Dudley Riggs transformed the Twin Cities theatre scene in 1958 when his Brave New Workshop introduced audiences to “instant theatre.” Today, the BNW is the longest running improv comedy theater in America and has helped launch the careers of some of Minnesota’s funniest entertainers including Louie Anderson, Liz Winstead and Al Franken. Riggs discusses how he conceived of this new type of theatre and his memoir, “Flying Funning: My Life without a Net.”

Part 1 – Born into a show biz family, Riggs performed vaudeville routines as a five-year-old and by age eight, moved up to the flying trapeze. Life in the circus taught Riggs how to adapt to changing environments and interact with an audience—skills that would lead him to invent a daring new form of theatre.

Part 2 – Improv comedy is the “theatre of now,” says Riggs. “You’re not using the words of a playwright from another time or another place; you’re allowed then to freely associate and bring forth a thought from that moment. And that moment is all that counts.”

Date: 5.14.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Gwendolen Wilder, domestic violence survivor, and author of It's Ok To Tell My Story!: Surviving Common Law Domestic Violence shared her story of years of domestic violence and her eventual escape. She talked about the hurdles that prevent women from leaving abusive relationships. She discussed

the sources of help and support available to victims, and offered advice for how to take the difficult step of leaving

Issues Covered: Escaping Domestic Violence. Why do people get trapped in abusive relationships, sometimes for years or decades, and what can they do to escape? A domestic violence survivor shares her harrowing story. Then, a recent research study shows the average teenager on social media may get exposed to some risky content, and some parents may not be aware of it at all.

Guest: Pamela Wisniewski, PhD , Assistant Professor of Computer Science at the University of Central Florida led a study at Penn State that found that teens rarely talk to their parents about potentially risky online experiences. She said that parents and children often have much different perceptions of and reactions to the same online events, such as cyberbullying, sexual exchanges and viewing inappropriate content online.

Issues Covered: Teens and Risky Online Content

Guest: Richard M. Gersberg, PhD, Professor and Head of the Division of Environmental Health in the Graduate School of Public Health

Issues Covered: Cigarette Litter. Cigarettes are the most common form of litter in the world, with more than 5.6 trillion filters finding their way into the environment every year. Richard M. Gersberg, PhD, Professor and Head of the Division of Environmental Health in the Graduate School of Public Health led a study that found that 50% of fish died when exposed to water polluted by cigarette butts. He talked about the reasons behind the findings and the overall environmental impact.

Date: 5.14.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Susanna Blumenthal, Professor of Law at the University of Minnesota

Issues Covered: Consciousness and Responsibility in the Law. : How did conceptions of consciousness and personhood shape the American legal system? Professor Susanna Blumenthal discusses her book “Law and the Modern Mind: Consciousness and Responsibility in American Legal Culture,” which was awarded the 2017 Merle Curti Award for the best book published in American intellectual history.

Part 1 – Blumenthal traces the history of how American courts decided cases surrounding issues of mental soundness. Influenced by Enlightenment philosophy and science of the mind, jurists in post-revolutionary America developed a kind of “default legal person” in which to judge moral responsibility.

Part 2 – While the issue of insanity and law is most often thought of in the context of a murder trial, Blumenthal looked at how jurists argued over the definition of

insanity in more common civil law cases and disputes over contracts and property.

Date: 5.21.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Irwin Redlener, PhD, Director of Columbia University's National Center for Disaster Preparedness

Issues Covered: Disaster Preparedness. Dr. Redlener said that a limited nuclear attack can be survivable. He said sheltering in place is the best way to avoid the radiation that would follow a nuclear detonation. He outlined emergency supplies that every household should have on hand, and he discussed the reasons that public officials are reluctant to discuss the topic.

Guest: Olympia LePoint, mathematician, rocket scientist, author of "Mathaphobia: How You Can Overcome Your Math Fears and Become a Rocket Scientist"

Issues Covered: Women's Issues, Education, Career. Ms. LePoint was a professional rocket scientist for NASA programs from 1998 to 2007, and was involved in 28 successful shuttle launches. She discussed the shortage of females in STEM (Science, Technology, Engineering & Math) careers and why it is important to encourage young women to enter these fields.

Guest: David M. Neyens, PhD, Assistant Professor in the Department of Industrial Engineering at Clemson University

Issues Covered: Automotive Safety, Driver Education. In a future filled with self-driving cars, how quickly will human drivers be able to regain control in the event of a system failure or sudden emergency? Dr. Neyens led a study that found that driver reaction times were poor. He said car designers will need to find ways to give drivers much earlier warnings. He added that driver education programs will also need to change significantly, once driverless cars hit the mass market

Date: 5.21.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Dr. Elizabeth Maloney, Family Practice Physician and the President of the Partnership for Tick-Borne Diseases Education

Issues Covered: Lyme Disease in MN. May is Lyme Disease Awareness month. Dr. Elizabeth Maloney discusses the symptoms and dangers of Lyme disease and how best to prevent infection.

Part 1 – Symptoms of Lyme disease begin anywhere from two to 30 days but can also take more than a year to show up in patients. Common symptoms include a circular rash, fatigue, fever, headache, chills and joint pain. In Minnesota, there were 1,806 new cases of Lyme disease in 2015 and over the past decade, the number of cases has increased by over 142 percent. Dr. Maloney suggests if you are going into areas where ticks are prevalent—wooded areas with tall grass and places where deer are found—she suggests using insecticides and repellants and wearing clothing that covers as much skin as possible

Part 2 – Lyme disease can be complicated to identify and treat. The symptoms are non-specific and similar to other illnesses and blood testing for Lyme disease still misses many patients. Dr. Maloney hopes more awareness of Lyme disease will help both doctors and patients be able to diagnose the disease as early as possible.

More information on Lyme disease and Dr. Maloney's research can be found at: [www.partnershipfortick-borne-diseases-education.org](http://www.partnershipfortick-borne-diseases-education.org).

Date: 5.28.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Mark Underwood, PhD, neuroscience researcher, expert on brain aging and cognitive function, President and co-founder of Wisconsin-based biotech company Quincy Bioscience

Issues Covered: Personal Health, Alzheimer's Disease, Senior Citizens. Dr. Underwood said most people start to experience mild memory loss by age 40. He explained the relationship of early memory problems to advanced forms of dementia as people enter their 70s and 80s. He outlined basic steps to take to keep the brain active, which may prevent or slow cognitive decline as a person ages.

Guest: Patty Osterberg, Education & Outreach Director of Sustainable Electronics Recycling International, an organization that sets standards for responsible electronics recycling

Issues Covered: Recycling, Environment, Consumer Matters. Ms. Osterberg discussed the most responsible ways to recycle unused mobile phones and other electronic gadgets. Her organization certifies recyclers with the R2 standard, which verifies that recycling companies perform their services in a responsible and ethical manner. She talked about the environmental impact of throwing a phone in the trash.

Guest: Tim Lohrentz, Program Manager of the Insight Center for Community Economic Development, a non-profit organization that focuses on policies to build economic health in lower income communities

Issues Covered: Payday Loans, Poverty, Government Regulations. Mr. Lohrentz conducted a study of payday loans and their net impact on the US economy. He found that the burden of repaying the high-interest loans results in \$774 million in lost consumer spending and 14,000 job losses annually. He outlined the alternatives to payday loans that are available to low-income borrowers.

Date: 5.28.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Christina Ewig, Faculty Director of the Center on Women, Gender, and Public Policy at the University of Minnesota's Humphrey School of Public Affairs

Issue Covered: Gender Policy Report. The Women's March that took place in January in the US and around the world cast attention on a variety of social issues and gender inequality. Christina Ewig from the Center on Women, Gender, and Public Policy at the University of Minnesota discusses the role gender plays in our politics and public policy debates and the center's new Gender Policy Report—an online, non-partisan analyses of state and federal policy proposals and how they might specifically impact women.

Part 1 – The Center on Women, Gender, and Public Policy began in the mid-1980s and, Ewig says, was the first center of its kind to provide comprehensive research, teaching and public engagement in local, national and international issues facing women. The center's new online Gender Policy Report asks university researchers to consider policy implications to gender equity and gender inequality.

Part 2 – In the current US congress, women represent 19 percent of the House and 21 percent of the Senate; worldwide, the US is in the middle compared to other nations in terms of the percentage of women in office. "It's not a fantastic record," Ewig says. "When you have more people with different perspectives coming to the table, you're more likely to have creative solutions to the problems that face you and greater understanding of the multitude of ways that one particular policy may impact different groups differently."

More information on the Gender Policy Report can be found at:  
[genderpolicyreport.umn.edu/](http://genderpolicyreport.umn.edu/)

Date: 6.4.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Gregory Plemmons, PhD, Associate Professor of Pediatrics at Monroe Carell Jr. Children's Hospital at Vanderbilt University

Issues Covered: Teen Suicide, Parenting. Dr. Plemmons led a study that found the percentage of younger children and teens hospitalized for suicidal thoughts or actions in the United States has doubled over the past decade. He talked about the possible reasons for such a steep increase, what ages are at the greatest risk, and how parents can recognize signs of suicidal thoughts in their children.

Guest: Jeff Stalnaker, President and Co-Founder of First Orion, a provider of data and phone call transparency solutions

Issues Covered: Consumer Matters, Crime. Mr. Stalnaker's company commissioned a survey that found that Millennials are more likely than any other generation to give away personal information to scammers over the phone. He said nearly 40 percent of those surveyed have been contacted by someone impersonating the IRS. He talked about other current scams, and offered advice on how to avoid falling prey to scammers

Guest: Kara Lusk-Dudley, Public Affairs Manager, Biomedical Communications, American Red Cross

Issues Covered: Blood Donation, Personal Health. Summertime is one of the most challenging times of the year for blood donations. Ms. Lusk-Dudley explained why, and outlined the process that a new blood donor can expect. She explained how to locate a donation center or blood drive nearby. She noted that the Red Cross is also in greater need of organizations to host blood drives during the summer months.

Date: 6.4.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Kathleen Hansen and Nora Paul from the University of Minnesota's School of Journalism and Mass Communication and the authors of "Future Proofing the News: Preserving the First Draft of History"

Issue Covered: Preserving the News. News outlets produce a huge volume of content. But much of what is printed, posted online or broadcast is uncatalogued or simply disappears. Newsprint, film and tapes deteriorate or get tossed out. And the lifespan of digital media is often fleeting. This week, a look at why many historians worry about our preservation of news and media. Newspapers, tapes and film are all susceptible to wear and decay, threatening the physical archives of the news. But even today's digital media, Hansen and Paul warn, is in danger of disappearing. Many of our cherished news archives—from colonial newspapers to WWII radio broadcasts—come not from news organizations but from

individuals who took it upon themselves to collect the archives. Hansen and Paul encourage the news media to be more proactive in protecting their work, or, to find an organization like a college or historical society to care for their documents.

More information on “Future Proofing the News” can be found at: [rowman.com](http://rowman.com).

Date: 6.11.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Elizabeth Rosenthal, MD, former reporter and senior writer at The New York Times, Editor in Chief of Kaiser Health News, former ER physician, author of “An American Sickness: How Healthcare Became Big Business and How You Can Take It Back”

Issues Covered: Personal Health, Consumer Matters. Dr. Rosenthal discussed the rapidly rising costs of healthcare in the past few decades and the reasons behind them. She gave examples of some of the more egregious differences in healthcare costs in the US, compared to other countries. She explained how healthcare consumers can learn to negotiate with hospitals and doctors.

Guest: Jodie Plumert, PhD, Professor in the Department of Psychological and Brain Sciences at the University of Iowa

Issues Covered: Traffic Safety, Parenting, Children’s Issues. For adults, crossing the street by foot seems easy. Yet it is anything but simple for a child.

Dr. Plumert led a study that found that perceptual judgment and motor skills are not fully developed in most kids until age 14. She explained what parents can do to help children learn these life and death skills as early as possible.

Guest: Adriana Zuniga-Teran, architect, postdoctoral research associate in the University of Arizona's Udall Center for Studies in Public Policy.

Issues Covered: Mental Health, Personal Health, Community Issues. Ms.

Zuniga-Teran conducted a study that examined how the design of a neighborhood can affect health and wellness. She found that those who live in traditional neighborhoods do the most walking, while those who live in suburban developments report the highest levels of mental well-being.

Date: 6.11.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: David Schultz, professor in the political science department at Hamline University

Issue Covered: MN Legislature 2017. The Minnesota Legislature went into overtime again this year, but issues linger. There's a showdown looming between Governor Dayton and the GOP leaders. Dayton cut all funding for the Legislature in response to what he called a "poison pill" provision in the tax bill which he reluctantly signed. This week, analysis of the state spending bills and the on-going conflict between Gov. Dayton and state Republicans. Professor Schultz calls special sessions at the Legislature the "new normal." Fundamental beliefs on the role of government divide the DFL and GOP and make it difficult for the two parties to compromise, even on simple and core issues, says Schultz. How the current budget conflicts will end—whether through further negotiations or a decision by the Minnesota Supreme Court—is still up in the air. Schultz says Republicans probably didn't cut spending as much as they hoped, but they saw a victory in their push for tax cuts.

Part 2 – A major issue this session concerned the role of local versus state government. "We're seeing the two parties play significant role reversals right now," Schultz says. Where more liberal areas in the metro area used to push for state-wide laws, cities like Minneapolis are now fighting for the right to determine wage and sick-time ordinances. The Republicans successfully blocked Minneapolis from enacting a ban on plastic bags in the city.

More information on David Schultz's writing on politics can be found at: [schultzstake.blogspot.com](http://schultzstake.blogspot.com)

Date: 6.14.17

Program: KS95 Morning Show

Issue Covered: Childhood Hunger. Talked about the problem some families face with childhood hunger when their kids are out of school for the summer and don't have access to school lunches. Talked about ways to donate and help.

Date: 6.18.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Sally Erny, National Stakeholder Engagement Officer of the National Court Appointed Special Advocate Association

Issues Covered: Child Abuse, Foster Care, Volunteerism. Ms. Erny explained how court-appointed special advocates (CASAs) look out for the interests of abused or neglected children. She discussed how CASA volunteers work with

attorneys and other court officers to ensure the youngsters are in safe and healthy foster care, and eventually, permanent homes. She also outlined the training that these volunteers receive, and how someone can volunteer.

Guest: Clint Emerson, retired Navy Seal, author of "100 Deadly Skills: Survival Edition: The SEAL Operative's Guide to Surviving in the Wild and Being Prepared for Any Disaster"

Issues Covered: Crime Prevention, Terrorism. Mr. Emerson offered numerous tips on how to crime-proof a house and how to avoid becoming a victim of crime in other environments, as well. He explained the importance of being aware of your environment, in order to react to dangerous situations or avoid them in the first place. He also talked about the options available to people caught in active shooter incidents or terrorist attacks.

Guest: Tracy Mehan, Manager of Translational Research for the Center for Injury Research and Policy at the Research Institute at Nationwide Children's Hospital in Columbus, Ohio

Issues Covered: Child Safety, Product Safety, Parenting. On an average day in the US, 13 children receive emergency treatment for a lawn mower-related injury. Ms. Mehan talked about the most common injuries and how they typically vary, depending on the age of the child. She offered suggestions for parents on how to prevent lawn mower-related injuries.

Date: 6.18.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Lorraine Little, Director of Community Engagement for Enbridge Energy; Kathryn Hoffman, Executive Director of the Minnesota Center for Environmental Advocacy and adjunct

Issue Covered: Pipeline Pros and Cons. The Minnesota Department of Commerce is holding a series of public meetings this month and taking written comment through July 10 seeking input on Enbridge Energy's proposed Line 3 crude oil pipeline replacement project. A draft environmental impact statement on the Enbridge proposal was released by the Commerce Department in May. Environmental groups and Native American tribes oppose the project citing concerns about potential oil spills along the pipeline's route in northern Minnesota. This week, a look at both sides of the pipeline argument. Part 1 – Little discusses the need for a replacement pipeline and how the Line 3 project can benefit Minnesota.

Part 2 – Hoffman argues the pipeline project threatens the environment in two major ways: It is a risk to Minnesota waters and tar sands oil would greatly increase the carbon footprint of the state.

The Minnesota Department of Commerce is accepting public comments on the Line 3 pipeline until July 10, 2017. More information on the pipeline project can be found at: [mn.gov/commerce/energyfacilities/line3/](http://mn.gov/commerce/energyfacilities/line3/)

Date: 6.25.17

Program: InfoTrak

Time: 5:00-5:30 am

Guest: Catherine Collinson, President of the Transamerica Center for Retirement Studies, a non-profit private foundation

Issues Covered: Retirement, Career. Ms. Collinson talked about the option of "phased retirement," in which an employee begins to gradually put in shorter work weeks. She said the strategy permits workers to test out retirement to see if they enjoy it and can afford it, and allows them to avoid tapping into Social Security or savings until truly necessary. She said many employers welcome it, because it allows the senior employee to mentor younger colleagues and the organization to retain institutional knowledge.

Guest: Brian Wansink, PhD, behavior economist, food psychologist, John Dyson Professor

of Consumer Behavior at Cornell University, Director of the Cornell Food and Brand Lab, author of "Slim By Design, Mindless Eating Solutions for Everyday Life"

Issues Covered: Health and Nutrition, Consumer Matters. Dr. Wansink discussed his research at Cornell, which examines how and why we make choices about the food we eat. He said the way a kitchen or other living environment is set up can encourage weight loss naturally. He outlined innovative but inexpensive steps restaurants, grocery stores and school cafeterias can make to encourage healthier dining choices.

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Issues Covered: Charitable Contributions, Volunteerism, Mental Health. At age thirty-five, Ms. Walker was diagnosed with multiple sclerosis. As she battled depression about her illness, she received an uncommon prescription from an African medicine woman: Give to others for 29 days. She shared her story of finding small ways to help others, and how it made a dramatic difference in her own health and happiness.

Date: 6.25.17

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Michelle Phelps, Assistant Professor in the Department of Sociology at the University of Minnesota and Faculty Affiliate at the Law School's Robina Institute and the Minnesota Population Center

Issue Covered: Racial Bias in Policing. A jury recently acquitted former St. Anthony police officer Jeronimo Yanez of wrongdoing in the shooting death of Philando Castile. But many questions linger about racial inequities in our law enforcement and criminal justice systems. Academic studies present a complicated picture of how race impacts interactions between the police and the public. This week, a look at the research surrounding racial bias in policing. This interview originally aired on Access Minnesota in July of 2016. Part 1 – Phelps sites studies that show African American drivers are three times more likely to be pulled over by police; Black men age 25 or younger have a 28% chance of being pulled over; and, police officers are more likely to rough-up Black suspects.

“Together that creates this pattern of bias,” Phelps says, “that creates differential outcomes for black and white Americans and deferential attitudes towards the police.” Bias exists on an individual level, both in police officers and in all of us, Phelps says, but also on a structural level. Inequality in neighborhoods, education and income also contribute to implicit bias.

Part 2 – How do we reduce racial bias and excessive use of force by police? Requiring police to wear body cameras and carry liability insurance are two proposals in Minnesota. Placing greater accountability on police officers could have beneficial results; however, Phelps worries these are “technological solutions to fundamental divides between communities and police.”