



Program Log for *Viewpoints Radio*

Program	17-53	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	12/31/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Coast One Financial/New Start OUTCUE:forty-twenty-four.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Making Your New Year's Resolutions Stick	9:32
	<p>Synopsis: Every New Year's Eve, millions of Americans make resolutions. And most of the time, we struggle to live them out through January. We talk to an expert in the field of habit-making to talk about how we can make our resolutions last all year round.</p> <p>Host: Gary Price. Guests: MJ Ryan, author, <i>Habit Changers: 81 game-changing mantras to mindfully realize your goals</i></p> <p>Links for more info: http://www.mj-ryan.com/, http://www.habit-changers.com/</p> <p>Compliancy Issues Covered: Mental Health, Philosophy, Personal Achievement</p>	
11:19	SPOTBREAK 2: US Tax Shield/Fresh Start Geico/Zombie Disclaimer Ultra/Making Room Chelsea OUTCUE: ...in one place.	:60 :30 :30
13:19	02 PAUSE FOR LOCAL AVAIL	:02
13:21	SEGMENT 2: Staying In and Ringing in the New Year	10:11
	<p>Synopsis: Some people don't always feel up to the hustle and bustle of spending New Year's Eve out at a big party or a bar. We discuss ways you can make the night a special one without spending a fortune or staying out way too late.</p> <p>Host: Marty Peterson. Guests: Tim Federle, author of <i>Gone with the Gin: Cocktails with a Hollywood Twist</i>; Christian DeBenedetti, co-author with Andrea Slonecker of the book, <i>Beer Bites: Tasty recipes and perfect pairings for brew lovers</i></p> <p>Links for more info: http://www.timfederle.com/, http://www.christiandebenedetti.wordpress.com/</p> <p>Compliancy Issues Covered: Holidays, Culture, Leisure, Cooking</p>	
23:32	SPOTBREAK 3: Donate Cars/Going to Do PSA OUTCUE: seven-eight.	:60
24:32	Culture Crash: Dark	1:56
	<p>Synopsis: Netflix has a new binge-worthy show called <i>Dark</i>. The German-language show involves time travel, family drama, a small town, and a lot of mind-bending sci-fi.</p> <p>Host: Evan Rook Compliancy Issues Covered: Media, Television, Culture</p>	
26:28	SPOTBREAK 4: Geico/MTS Radio Speed Bump Ultra/Making Room Chelsea OUTCUE: in one place.	:30 :30
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com Guest information and segment podcasts are available at www.viewpointsonline.net



Program Log for Viewpoints Radio

Program	17-52	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	12/24/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Capital Gold Group/Fishing for Whales OUTCUE:oh-eight.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Hitting the Off Switch: Going offline in a digital age	10:11
	<p>Synopsis: Smart phones and social media apps take up a lot of time for many Americans. We can't watch TV or sit at the dinner table without checking for notifications or scrolling Twitter simultaneously. That's what worried Christina Crook, who took a 31-day vacation from the internet to reconnect with her physical life.</p> <p>Host: Gary Price. Guests: Christina Crook, communications professional and author, <i>The Joy of Missing Out: Finding balance in a wired world</i></p> <p>Links for more info: http://www.jomobook.com/</p> <p>Compliance Issues Covered: American Issues, Internet, Technology, Social Issues</p>	
11:03	SPOTBREAK 2: US Tax Shield/Fresh Start Geico/MTS Radio Speed Bump Chrysler/Ram Tungsten Bonus OUTCUE: ...U-S LLC.	:60 :30 :30
13:03	02 PAUSE FOR LOCAL AVAIL	:02
13:05	SEGMENT 2: America's Pearl Harbor Christmas	8:38
	<p>Synopsis: Christmas 1941 came just weeks after the devastating attack on Pearl Harbor dragged America into World War II. We talk to historian Stanley Weintraub about how America was getting ready for war while trying to celebrate the holiday season.</p> <p>Host: Marty Peterson. Guests: Stanley Weintraub, historian, author of <i>Pearl Harbor Christmas: A world at war 1941</i>.</p> <p>Links for more info: https://www.amazon.com/dp/B005P1A46E/ref=dp-kindle-redirect?_encoding=UTF8&btkr=1</p> <p>Compliance Issues Covered: History, War, America, Politics, Holidays</p>	
23:08	SPOTBREAK 3: Donate Cars/Going to Do PSA OUTCUE: seven-eight.	:60
24:08	Culture Crash: Black Mirror	2:42
	<p>Synopsis: Netflix's <i>Black Mirror</i> is like <i>The Twilight Zone</i> for the digital age. We discuss the show, its technologies, and how the unsettling drama has found a foothold exploring the future of our world.</p> <p>Host: Evan Rook Compliance Issues Covered: Media, Television, Technology, Culture</p>	
26:25	SPOTBREAK 4: Geico/Virus Chrysler/Ram Tungsten Fruit OUTCUE: U-S LLC.	:30 :30
27:25	Program Conclusion	:32
27:57	TOTAL TIME	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com Guest information and segment podcasts are available at www.viewpointsonline.net

Program Log for *Radio Health Journal*

Program	17-52	Producer	Reed Pence
Air Week	12/17/17-12/23/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: National Treatment Advisors OUTCUE: ...877-247-1585	:60
2:01	:02 PAUSE FOR LOCAL AVAIL	:02
2:03	SEGMENT 1: LONG TERM PSYCHOLOGICAL DAMAGE OF NATURAL DISASTERS	12:09
	<p>Synopsis: Mega-storms such as Hurricanes Harvey, Irma and Maria disrupt uncounted lives and leave psychological scars that can last for decades and recur every hurricane season. Experts who have tracked survivors of Hurricane Katrina 12 years ago explain what survivors of new storms can expect in their lives.</p> <p>Host: Shel Lustig. Guests: Dr. Howard Osofsky, Chrmn., Dept of Psychiatry, Louisiana State Univ. Health Sciences Center; Dr. Thomas Hauth, Medical Director, Jefferson Parish Human Services Authority</p> <p>Compliancy issues covered: mental health; environment and natural disasters; emergency preparedness; alcohol and drug abuse</p> <p>Links for more information: https://www.medschool.lsuhsu.edu/neuroscience/faculty_detail.aspx?name=osofsky_howard; https://www.healthcare6.com/physician/marrero-la/thomas-a-hauth-169256.html</p>	
14:12	SPOTBREAK 2: Geico "Zombie" Chrysler "Ram Tungsten Bonus" OUTCUE: ...FCA-US-LLC.	:30 :30
15:12	02 PAUSE FOR LOCAL AVAIL	:02
15:14	SEGMENT 2: 'BROKEN HEART SYNDROME'	7:37
	<p>Synopsis: When a person suffers a severe emotional shock, they may suffer what looks like a heart attack but is actually what doctors call "stress cardiomyopathy." Most patients recover but the condition can be fatal, confirming that it is possible to die of a broken heart. An expert explains.</p> <p>Host: Nancy Benson. Guest: Dr. Tracy Stevens, cardiologist, St. Luke's Mid America Heart Institute, Kansas City, MO.</p> <p>Compliancy issues covered: health care; consumerism; pop culture</p> <p>Links for more information: https://www.nlm.nih.gov/locallegends/Biographies/Stevens_Tracy.html</p>	
22:51	SPOTBREAK 3: US Tax Shield "Fresh Start" Donate Cars "Going to Do PSA"	:60 :60
24:51	Medical Notes & News. Host: Shel Lustig	1:38
26:29	SPOTBREAK 4: Geico "Fly" Chrysler "Ram Tungsten Fruit"	:30 :30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

Program Log for *Radio Health Journal*

Program	17-49	Producer	Reed Pence
Air Week	12/03/17-12/09/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Bristol Myers Squibb "Liver Cancer and Caregivers" OUTCUE...LiverCancerOutlook.com	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: HUMAN TRAFFICKING: SLAVERY BY ANOTHER NAME	12:16
	<p>Synopsis: Millions of vulnerable low-wage workers are exploited and trapped, both in the US and around the world. Experts discuss why foreigners are especially at risk of being intimidated into forced labor and how they might be rescued.</p> <p>Host: Reed Pence. Guests: Melysa Sperber, Director, Alliance to End Slavery and Trafficking; Catherine Longkumer, Project Manager, Human Trafficking Initiative, Legal Aid Society of Metropolitan Family Services of Chicago</p> <p>Compliance issues covered: youth at risk; labor and employment issues; police, crime and justice system; immigration; economics</p> <p>Links for more information: https://humantraffickinghotline.org; https://endslaveryandtrafficking.org; https://www.metrofamily.org/legal-aid/</p>	
14:21	SPOTBREAK 2: Geico "Moat" Grainger "Dancer" OUTCUE: ...who get it done.	:30
15:21	:02 PAUSE FOR LOCAL AVAIL	:02
15:23	SEGMENT 2: PANCREATIC CANCER	7:41
	<p>Synopsis: Survival rates for pancreatic cancer remain extremely low due in part to the lack of screening tests for early detection. An advocate and a genetic counselor discuss the state of pancreatic cancer screening and the few alternatives available.</p> <p>Host: Nancy Benson. Guests: Jim Rolfe, President and co-founder, Rolfe Pancreatic Cancer Foundation; Jessica Stoll, certified genetic counselor and Assistant Director, Gastrointestinal Center Risk and Prevention Clinic, Univ. of Chicago Medicine</p> <p>Compliance issues covered: health care; public health</p> <p>Links for more information: http://www.rolfefoundation.org; https://cancer.genetics.uchicago.edu/directory/jessica-stoll-ms-cgc</p>	
23:04	SPOTBREAK 3: National Treatment Advisors Donate Cars "Going to Do PSA"	:60
25:04	Medical Notes & News. Host: Shel Lustig	1:25
26:29	SPOTBREAK 4: Geico "Fly" Grainger "Simple"	:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for *Viewpoints Radio*

Program	17-49	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	12/3/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: The UPS Store/Holiday Made Easy OUTCUE: ...store dot com	:63
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: Making an Impact as a Citizen Scientist	9:51
	<p>Synopsis: We think of scientists as needing a lot of training before we can trust their findings. But for centuries, citizen scientists, not scientists by trade, have made some of the biggest discoveries. We talk to two experts about the need for average citizens to be the eyes and ears of big data collecting projects.</p> <p>Host: Gary Price. Guests: Mary Ellen Hannibal, author, <i>Citizen Scientist: Searching for heroes and hope in an age of extinction</i>; Geoff LeBaron, director of Audubon Society's annual Christmas Bird Count</p> <p>Links for more info: http://www.maryellenhannibal.com/, http://www.christmasbirdcount.org/</p> <p>Compliance Issues Covered: Science, Humanity, Education, Climate change</p>	
11:41	SPOTBREAK 2: Capital Gold Group/Fishing for Whales Geico/Virus Grainger/Dancer OUTCUE: ...who get it done.	:60 :30 :30
13:41	:02 PAUSE FOR LOCAL AVAIL	:02
13:43	SEGMENT 2: Author Jack London's Writings and Social Activism	10:30
	<p>Synopsis: Jack London is known for his rip-roaring adventure books, but he was also a social activist. We discover how London's own journey informed his writing, and how his books and stories reflect the plight of exploited workers and impoverished women and children.</p> <p>Host: Marty Peterson. Guests: Cecelia Tichi, William R. Kenan Jr. Professor of English and professor of American Studies at Vanderbilt University, author, <i>Jack London: A writer's fight for a better America</i>.</p> <p>Links for more info: http://www.jacklondonbook.com/</p> <p>Compliance Issues Covered: Literature, American History, Capitalism</p>	
23:13	SPOTBREAK 3: Donate Cars/Going to Do PSA OUTCUE: seventy-two.	:60
24:13	Culture Crash: The Simpsons's Apu Problem	2:15
	<p>Synopsis: <i>The Simpsons</i> is a cultural institution. But one character, Apu, is a racist stereotype, and some Indian-American actors and comedians think it's past time for a re-evaluation.</p> <p>Host: Evan Rook Compliance Issues Covered: Hollywood, Culture, Racism</p>	
26:28	SPOTBREAK 4: Geico/Moat Grainger/Simple OUTCUE: ...who get it done.	:30 :30
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com Guest information and segment podcasts are available at www.viewpointsonline.net

Program Log for Radio Health Journal

Program	17-48	Producer	Reed Pence
Air Week	11/26/17-12/02/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Bristol Myers Squibb "Liver Cancer and Caregivers" OUTCUE...LiverCancerOutlook.com	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: ALZHEIMER'S, SPOUSES, AND "CLOSE FRIENDS"	11:08
	<p>Synopsis: Spouses of Alzheimer's disease patients often struggle with depression while caregiving and are desperate for support. Some have started new relationships while their loved one is still alive but no longer recognizes them. Acceptance of such infidelity is highly individual. Experts and a woman involved in such a relationship discuss how it can benefit even the incapacitated spouse, as long as families find it acceptable.</p> <p>Host: Reed Pence. Guests: Dr. William Uffner, board certified geriatric psychiatrist, Friends Hospital, Philadelphia and Clinical Asst. Prof. of Psychiatry, Drexel Univ.; Sharon B. Shaw, Licensed Clinical Social Worker and Certified Group Psychotherapist, New York; Tammi Reeves, author, <i>Bleeding Hearts: A True Story of Alzheimer's, Family, and the Other Woman</i></p> <p>Compliance issues covered: health care; public health; elderly and senior citizens; family issues; ethics; mental health</p> <p>Links for more information: https://www.doximity.com/pub/william-uffner-md; https://www.linkedin.com/in/sharon-b-shaw-lcsw-cgp-01b1a92/; http://www.tamireeves.com/bleeding-hearts.html</p>	
13:13	SPOTBREAK 2: Geico "Virus" Stage Stores "Brand Default" OUTCUE: ...smaller price tags.	:30
		:30
14:13	:02 PAUSE FOR LOCAL AVAIL	:02
14:15	SEGMENT 2: CHILDHOOD TRAUMA, LATER DISEASE	8:05
	<p>Synopsis: Researchers have found that severe emotional trauma in childhood triggers physical disease later in life, and has a cumulative effect. An award-winning science writer who has researched the topic discusses findings.</p> <p>Host: Nancy Benson. Guest: Donna Jackson Nakazawa, author, <i>Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal</i></p> <p>Compliance issues covered: child abuse; mental health; public health</p> <p>Links for more information: https://donnajacksonnakazawa.com</p>	
22:20	SPOTBREAK 3: National Treatment Advisors Donate Cars "Going to Do PSA"	:60
		:60
24:20	Medical Notes & News. Host: Shel Lustig	2:07
26:27	SPOTBREAK 4: Geico "Moat" Stage Stores "Brand Default"	:30
		:30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	



Program Log for *Viewpoints Radio*

Program	17-48	Producers	Reed Pence, Evan Rook
Air Week	11/26/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: The UPS Store/Toys for Tots OUTCUE:slash literacy.	:56
1:43	:02 PAUSE FOR LOCAL AVAIL	:02
1:45	SEGMENT 1: Giving Back This Holiday Season	9:23
	<p>Synopsis: During the holidays, many parents fret over the materialistic messages their children are exposed to. We talk to a mom and an author who together have created a children's book and game designed to make giving back to others a fun pursuit.</p> <p>Host: Gary Price. Guests: Sarah Linden and Tyler Knott Gregson, co-authors, North Pole Ninjas: Mission: Christmas</p> <p>Links for more info: http://northpoleninjas.com/</p> <p>Compliancy Issues Covered: Charity, Holidays, Parenting, Family Issues</p>	
11:16	SPOTBREAK 2: Capital Gold Group/Fishing for Whales Geico/Virus Stage Stores/Brand Default OUTCUE: ...price tags.	:60 :30 :30
13:16	02 PAUSE FOR LOCAL AVAIL	:02
13:18	SEGMENT 2: W.E.B. Du Bois's Lasting Impact in Sociology	10:08
	<p>Synopsis: At the beginning of the 20th century, W.E.B. Du Bois revolutionized scientific sociology, but was denied accolades because of his race. Now, we talk to scholars about what exactly Du Bois did to improve the study of sociology and what his impact truly was.</p> <p>Host: Marty Peterson. Guests: Aldon D. Morris, professor of sociology and African-American studies at Northwestern University, author of the book, <i>The Scholar Denied: W.E.B. Du Bois and the birth of modern sociology</i>.</p>	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com
Guest information and segment podcasts are available at www.viewpointsonline.net



Program Log for *Viewpoints Radio*

	<p>Links for more info: http://www.ucpress.edu/, http://www.sociology.northwestern.edu/</p> <p>Compliance Issues Covered: Sociology, History, Race</p>	
23:32	<p>SPOTBREAK 3: Donate Cars/Going to Do PSA</p> <p>OUTCUE: seven-eight.</p>	:60
24:32	<p>Culture Crash: Greta Gerwig's Fantastic Film <i>Lady Bird</i></p>	1:54
	<p>Synopsis: Greta Gerwig's new film <i>Lady Bird</i> offers a fresh perspective on the coming-of-age story and seems bound to play a major role in this year's awards season.</p> <p>Host: Evan Rook</p> <p>Compliance Issues Covered: Media, Literature, Film, Culture</p>	
26:26	<p>SPOTBREAK 4: Geico/Moat</p> <p>Stage Stores/Brand Default</p> <p>tags.</p> <p>OUTCUE: price</p>	:30 :30
27:26	<p>Program Conclusion</p>	:32
27:58	<p>TOTAL TIME</p>	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com Guest information and segment podcasts are available at www.viewpointsonline.net



Program Log for *Radio Health Journal*

Program	17-47	Producer	Reed Pence
Air Week	11/19/17-11/25/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: American Heart Association "Catastrophic Costs" OUTCUE ...as high as \$177,000.	
	:02 PAUSE FOR LOCAL AVAIL	:02
	SEGMENT 1: NAVIGATING THE AGING PROCESS	12:31
	<p>Synopsis: As loved ones age, tough decisions need to be made on finances, housing, and other concerns, and these decisions need to be made far earlier than they typically are. This is especially true if a person does not have family to act as support and caregiver. Two experts discuss managing the transition from complete independence as we age.</p> <p>Host: Reed Pence. Guests: Melanie Merriman, author, <i>Holding the Net: Caring For My Mother On the Tightrope of Aging</i>; Joy Loverde, author, <i>Who Will Take Care of Me When I'm Old?</i></p> <p>Compliance issues covered: health care; aging and elderly; family issues; housing; economics</p> <p>Links for more information: http://greenwriterspress.com/book/holding-the-net/; http://www.elderindustry.com</p>	
14:33	SPOTBREAK 2: Grainger "Simple" OUTCUE: ...your money back.	:30
	Blue Star "Reviews C"	:30
15:33	:02 PAUSE FOR LOCAL AVAIL	:02
15:35	SEGMENT 2: "HELPFUL LIES"	6:54
	<p>Synopsis: Lies aren't always bad. Often, they're told to be polite, and compassionate people are most likely to tell whoppers. But as the stakes of lies rise, honesty trumps kindness. Yet few people are ever able to distinguish when they're being told lies. Experts explain.</p> <p>Host: Nancy Benson. Guests: Matthew Lupoli, social scientists, Univ. of California, San Diego; Dr. Paul Eckman, Prof. Emeritus of Psychology, Univ. of California, San Francisco.</p> <p>Compliance issues covered: ethics; public discourse</p> <p>Links for more information: https://matthewlupoli.wixsite.com/ucsd; http://www.paulekman.com/paul-ekman/</p>	
22:29	SPOTBREAK 3: Bristol Myers Squibb "Liver Cancer and Caregivers" OUTCUE: ...your money back.	:62
	Donate Cars "Going to Do PSA"	:60
24:31	Medical Notes & News. Host: Shel Lustig	1:58
26:29	SPOTBREAK 4: Geico "MOAT" OUTCUE: ...your money back.	:30
	Blue Star "Reviews A"	:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018 847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for *Viewpoints Radio*

Program	17-47	Producers	Reed Pence, Evan Rook
Air Week	11/19/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: EF Hutton/Meggalife OUTCUE: ...MeggaLife dot com.	:63
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: Terrorism in America, 1920	9:14
	<p>Synopsis: Americans pride themselves on never forgetting the attacks and terrorism of our history, but somehow a 1920 attack on New York City has slipped through the cracks. Author Jed Rubenfeld talks about the first car bomb attack on Wall Street, the backdrop for one of his historical fiction novels.</p> <p>Host: Gary Price. Guests: Jed Rubenfeld, author of <i>The Death Instinct</i></p> <p>Links for more info: https://www.amazon.com/dp/B003YL4A00/ref=dp-kindle-redirect?encoding=UTF8&btkr=1, http://www.history.com/news/the-mysterious-wall-street-bombing-95-years-ago</p> <p>Compliance Issues Covered: History, US Issues, Terrorism</p>	
11:04	SPOTBREAK 2: US Tax Shield/Fresh Start Geico/Virus Blue Star/Reviews B OUTCUE: ...your money back.	:60 :30 :30
13:04	02 PAUSE FOR LOCAL AVAIL	:02
13:06	SEGMENT 2: Developing Forensic Technology: New solutions for tracking and convicting criminals	9:30
	<p>Synopsis: New gadgets and programs are constantly being invented. We talk to two leading experts on the subjects to highlight some of the software and hardware helping police and lawyers find the right criminals and get them convicted.</p> <p>Host: Marty Peterson. Guests: Lee Reiber, COO for Oxygen Forensics Inc.; Jerry Ropelato, CEO of White Clouds</p> <p>Links for more info: http://www.oxygen-forensic.com/, https://www.whiteclouds.com/#home2</p> <p>Compliance Issues Covered: Law Enforcement, Technology, Science, Criminal Law</p>	
22:36	SPOTBREAK 3: Donate Cars/Going to Do PSA OUTCUE: seventy-two.	:60
23:36	Culture Crash: Hollywood's Sexual Assault Scandals	2:50
	<p>Synopsis: With sexual assault allegations coming against some of Hollywood's top producers, directors and stars, director Ridley Scott is taking a big step to distance his movie from Kevin Spacey's soiled reputation.</p> <p>Host: Evan Rook Compliance Issues Covered: Sexual Assault, Hollywood, Culture</p>	
26:26	SPOTBREAK 4: Grainger/Dancer Blue Star/Reviews C OUTCUE: ...your money back.	:30 :30
27:26	Program Conclusion	:32
27:58	TOTAL TIME	

Program	17-46	Producers	Polly Hansen & Reed Pence
Air Week	11/12/17-11/18/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: California Table Grapes "Festive Occasions" OUTCUE ...for more information	:58
1:59	:02 PAUSE FOR LOCAL AVAIL	:02
2:01	SEGMENT 1: HANDSHAKE BANS & HAND WASHING	11:37
	<p>Synopsis: Some hospital units have set up handshake bans because too few healthcare workers wash hands well enough to keep from spreading germs. The general public is even worse at washing hands, which has caused spread of serious disease. Some experts say handshakes foster important human connections and oppose bans. Experts discuss and describe what it takes to wash hands well enough to be "clean."</p> <p>Host: Reed Pence. Guests: Dr. Mark Sklansky, Prof. and Chief, Division of Pediatric Cardiology, UCLA Mattel Children's Hospital and UCLA David Geffen School of Medicine; Donna Cardillo, registered nurse and inspirational speaker, "The Inspirational Nurse;" Dr. Pamala Marquess, Atlanta pharmacist; Dr. Wilma Wooten, Public Health Officer, County of San Diego (CA).</p> <p>Compliancy issues covered: public health; health care</p> <p>Links for more information: https://www.uclahealth.org/mark-sklansky; http://donnacardillo.com; https://www.cecily.com/ncpa/tampa_2008/mtm_diabetes_insulin/marquess.htm; http://first5sandiego.org/wilma-j-wooten-m-d-m-p-h/</p>	
13:38	SPOTBREAK 2: Geico "Fly Disclaimer" OUTCUE: ...your money back.	:30
	Blue Star "Reviews C"	:30
14:38	:02 PAUSE FOR LOCAL AVAIL	:02
14:40	SEGMENT 2: "BIG CHICKEN"	7:49
	<p>Synopsis: Poultry farming has become heavily industrialized, in part through the use of antibiotics in feed. This contributes to the spread of antibiotic resistance, as an expert author describes.</p> <p>Host: Nancy Benson. Guest: Maryn McKenna, author, <i>Big Chicken: The Incredible Story of How Antibiotics Created Modern Agriculture and Changed the Way the World Eats</i></p> <p>Compliancy issues covered: public health; environment; economics; agriculture</p> <p>Links for more information: http://marynmckenna.com/big-chicken/</p>	
22:29	SPOTBREAK 3: Bristol Myers Squibb "Liver Cancer and Caregivers" :62	
	Donate Cars "Going to Do PSA" :60	
24:31	Medical Notes & News. Host: Shel Lustig 1:56	
26:27	SPOTBREAK 4: Grainger "Dancer" :30	
	Blue Star "Reviews A" :30	
27:27	Program Conclusion :30	
27:57	TOTAL TIME	



Program Log for *Viewpoints Radio*

Program	17-46	Producers	Reed Pence, Evan Rook
Air Week	11/12/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: EF Hutton/Meggalife OUTCUE: ...MeggaLife dot com.	:63
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: Learning Math Simpler	9:23
	<p>Synopsis: It's no secret: American students are way down the international list when it comes to math scores. Why is this? Is there something we could be doing to make learning math a simpler task? Our guests say yes, and have suggestions for kids- and adults- struggling to master mathematics.</p> <p>Host: Gary Price. Guests: Bob Sun, inventor of <i>The 24 Game</i> and <i>First in Math</i>; Jason Wilkes, author, <i>Burn Math Class: and reinvent mathematics for yourself</i></p> <p>Links for more info: http://www.24game.com/, http://www.firstinmath.com/, http://www.basicbooks.com/</p> <p>Compliance Issues Covered: Education, Mathematics, Calculus</p>	
11:13	SPOTBREAK 2: US Tax Shield/Fresh Start Geico/Virus Blue Star/Reviews B OUTCUE: ...your money back.	:60 :30 :30
13:13	02 PAUSE FOR LOCAL AVAIL	:02
13:15	SEGMENT 2: Sleeping Soundly: How getting quality sleep can enhance our health	9:09
	<p>Synopsis: We all sleep, it's human evolution. But the amount of sleep we get and the quality of that sleep can vary greatly. We talk to Matthew Walker, a professor at California-Berkeley, who says sleep in the single biggest thing we can do to help our physical and mental health both in the short-term and long-term.</p> <p>Host: Marty Peterson. Guests: Matthew Walker, professor of neuroscience and psychology at the University of California-Berkeley and author, <i>Why We Sleep: Unlocking the power of sleep and dreams</i></p> <p>Links for more info: https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap_bc?ie=UTF8</p> <p>Compliance Issues Covered: Sleep, Mental Health, Health, Science</p>	
22:24	SPOTBREAK 3: Donate Cars/Going to Do PSA OUTCUE: seventy-two.	:60
23:24	Culture Crash: Chicago's Own Chance the Rapper	3:01
	<p>Synopsis: Chance the Rapper has won three Grammys, headlined Lollapalooza, and given millions in charity to Chicago Public Schools. We talk about the impact he's made on his city.</p> <p>Host: Evan Rook Compliance Issues Covered: Culture, Music, Philanthropy</p>	
26:25	SPOTBREAK 4: Grainger/Simple Blue Star/Reviews C OUTCUE: ...your money back.	:30 :30
27:25	Program Conclusion	:32
27:57	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	17-45	Producer	Reed Pence
Air Week	11/05/17-11/11/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Healthways "Choose Fitness" OUTCUE ...at SilverSneakers.com	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: MORE CARBON DIOXIDE, LESS NUTRITIOUS FOOD CROPS	12:11
	<p>Synopsis: Rising levels of carbon dioxide in the atmosphere are making crops grow bigger & faster. However, researchers have found that these crops contain significantly lower levels of protein, iron, zinc, and other important nutrients, potentially endangering nutrition for hundreds of millions of people. Experts explain the effect will get worse as CO2 levels continue to rise, and what might be done to combat the problem.</p> <p>Host: Reed Pence. Guests: Dr. Sam Myers, Principal Research Scientist and Director, Planetary Health Alliance, Harvard Univ.; Dr. Kristie Ebi, Director, Center for Health and the Global Environment, Univ. of Washington</p> <p>Compliance issues covered: environment; climate change; agriculture; malnutrition; poverty; public health</p> <p>Links for more information: https://planetaryhealthalliance.org/people/sam-s-myers-md-mph; https://globalhealth.washington.edu/faculty/kristie-ebi</p>	
14:16	SPOTBREAK 2: Geico "MTS Radio Speed Bump" Tile Tech "Stuff" OUTCUE: ...together we find.	:30
		:30
15:16	02 PAUSE FOR LOCAL AVAIL	:02
15:18	SEGMENT 2: BODY DYSMORPHIC DISORDER	7:28
	<p>Synopsis: Some people who seek repeated plastic surgery are afflicted with a mental illness, body dysmorphic disorder, which distorts their view of their own appearance. Experts discuss symptoms and how the disorder may be treated, though few with the disorder agree to psychological treatment.</p> <p>Host: Nancy Benson. Guests: Dr. Elliot Hirsch, Los Angeles plastic surgeon; Dr. Angela Fang, Asst. Prof. of Psychology, Harvard Medical School and psychologist, Massachusetts General Hospital</p> <p>Compliance issues covered: health and beauty; health care; mental illness; suicide and prevention</p> <p>Links for more information: http://www.hirschplasticsurgery.com; https://mghocd.org/staff/angela-fang-ph-d/</p>	
22:46	SPOTBREAK 3: US Tax Shield "Fresh Start" Donate Cars "Going to Do PSA"	:60
		:60
24:46	Medical Notes & News. Host: Shel Lustig	1:37
26:23	SPOTBREAK 4: Geico "Charmer" Tile Tech "Stuff"	:30
		:30
27:23	Program Conclusion	:30
27:53	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.
 Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018 847-299-9500
 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com
 Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for *Viewpoints Radio*

Program	17-45	Producers	Reed Pence, Evan Rook
Air Week	12/5/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: EF Hutton/MeggLife OUTCUE: ...MeggLife dot com.	:63
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: Bumper Sticker Philosophy	9:04
	<p>Synopsis: We've all been amused or annoyed by someone's bumper sticker, but have you ever stopped to think that these strips of adhesive paper with the pithy statements on them could actually mean something? We talk to a teacher and philosopher about the deeper meanings of popular bumper stickers.</p> <p>Host: Gary Price. Guests: Jack Bowen, philosopher and teacher at Menlo School in Atherton, CA and author, <i>If You Can Read This: The philosophy of bumper stickers</i></p> <p>Links for more info: https://www.penguinrandomhouse.com/books/196584/if-you-can-read-this-by-jack-bowen/9780812981056/</p> <p>Compliance Issues Covered: Transportation, Culture, Politics, Media, Philosophy</p>	
10:54	SPOTBREAK 2: US Tax Shield/Fresh Start Geico/Fly Disclaimer Tile Tech/Stuff OUTCUE: ...together we find.	:60 :30 :30
12:54	:02 PAUSE FOR LOCAL AVAIL	:02
12:54	SEGMENT 2: Gardening Differently	11:00
	<p>Synopsis: Typically, we think of gardens as a place meant to look nice or grow some vegetables. But gardener and author Benjamin Vogt says he believes gardens can be about cultivating a better environment and reconnecting humans with the nature around us.</p> <p>Host: Marty Peterson. Guests: Benjamin Vogt, Garden Designer with Monarch Gardens and author, <i>A New Garden Ethic: Cultivating Defiant Compassion for an Uncertain Future</i></p> <p>Links for more info: https://www.newsociety.com/Books/N/A-New-Garden-Ethic</p> <p>Compliance Issues Covered: Environmental issues, Leisure, Nature</p>	
23:54	SPOTBREAK 3: Donate Cars/Going to Do PSA OUTCUE: seventy-two.	:60
23:51	Culture Crash: The Stretch Run of 2017 in Film	2:37
	<p>Synopsis: With just two months left in the year, there remain so many must-see movies set to be released before the new year. We look into a few of the titles that seem especially worth seeing.</p> <p>Host: Evan Rook Compliance Issues Covered: Film, Culture</p>	
26:28	SPOTBREAK 4: Geico/MTS Radio Speed Bump Tile Tech/Stuff OUTCUE: ...together we find.	:30 :30
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com Guest information and segment podcasts are available at www.viewpointsonline.net



Program Log for *Radio Health Journal*

Program	17-44	Producer	Reed Pence
Air Week	10/29/17-11/04/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Healthways "Choose Fitness" OUTCUE ...at SilverSneakers.com	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: INCLUDING FEMALES IN BASIC RESEARCH	12:00
	<p>Synopsis: Only about a third of research subjects in clinical studies are women. In basic research on animals and cells, female models are even more poorly represented. This results in poor understanding of how new drugs work on women and occasional drug recalls when major side effects are discovered after the fact. Experts discuss why such an imbalance occurs, its results, and how the problem is being addressed.</p> <p>Host: Reed Pence. Guests: Dr. Teresa Woodruff, Director, Women's Health Research Institute, Northwestern Univ.; Dr. Melina Kibbe, Prof. of Surgery, Northwestern Univ.; Dr. Kathryn Sandburg, Director, Center for the Study of Sex Differences in Health, Aging & Disease, Georgetown Univ.</p> <p>Compliance issues covered: health and medicine; women's issues; gender issues; federal govt.; economics</p> <p>Links for more information: https://www.womenshealth.northwestern.edu ; http://kibbelab.northwestern.edu ; http://csd.georgetown.edu</p>	
14:05	SPOTBREAK 2: Blue Star "Reviews B" Grainger "Dancer" OUTCUE: ...15 percent or more.	:30
		:30
15:05	02 PAUSE FOR LOCAL AVAIL	:02
15:07	SEGMENT 2: "EXPLODING HEAD SYNDROME"	6:51
	<p>Synopsis: A sleep disorder strangely named "exploding head syndrome" may keep more than 10 percent of people awake at night by inflicting them with crashing sounds that only they can hear. A sufferer and an expert discuss.</p> <p>Host: Nancy Benson. Guests: Walter Michka, health blogger and exploding head syndrome sufferer; Dr. Brian Sharpless, Asst. Prof. of Psychology, Washington State Univ. and author, <i>Sleep Paralysis</i></p> <p>Compliance issues covered: health care; lifestyle issues</p> <p>Links for more information: http://www.briansharpless.com</p>	
21:58	SPOTBREAK 3: CDC "Adult Heart Health" Donate Cars "Going to Do PSA"	:62
		:60
24:00	Medical Notes & News. Host: Shel Lustig	2:29
26:29	SPOTBREAK 4: Blue Star "Reviews C" Grainger "Simple"	:30
		:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018 847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for *Viewpoints Radio*

Program	17-44	Producers	Reed Pence, Evan Rook
Air Week	10/29/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: CDC/Adult Heart Health OUTCUE: ...vaccines-slash-heart.	:63
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: Stutters, Stammers, and Vocal Blunders	9:47
	<p>Synopsis: If you've had to speak in public, you know the nerves that come with public speaking. So you probably also know the pain of umming, uhing, or misspeaking. We explore where these vocal blunders come from and what they might mean.</p> <p>Host: Gary Price. Guests: Michael Erard, author of <i>Um: Slips, Stumbles and Verbal Blunders and What They Mean</i></p> <p>Links for more info: https://www.amazon.com/dp/B000VSPVLO/ref=dp-kindle-redirect?_encoding=UTF8&btkr=1,</p> <p>Compliance Issues Covered: Science, Psychology, Public speaking</p>	
11:37	SPOTBREAK 2: Zevo Bioscience/Algae Applications Grainger/Dancer Blue Star/Reviews A OUTCUE: ...your money back.	:63 :30 :30
13:40	02 PAUSE FOR LOCAL AVAIL	:02
13:42	SEGMENT 2: American Borders: How our states got their shapes	9:09
	<p>Synopsis: There are 48 states in the continental United States. Some of them have borders that make a lot of sense, like Illinois which is flanked by rivers. But what about Michigan, Rhode Island, and so many others? We talk to writer Mark Stein about the borders that we've come to take for granted.</p> <p>Host: Marty Peterson. Guests: Mark Stein, author of <i>How the States Got Their Shapes</i></p> <p>Links for more info: https://www.amazon.com/dp/B001NLL1I0/ref=dp-kindle-redirect?_encoding=UTF8&btkr=1</p> <p>Compliance Issues Covered: History, Geography, American issues</p>	
22:51	SPOTBREAK 3: Elite Rehab OUTCUE: seventy-two.	:60
23:51	Culture Crash: Obsessive Compulsive Disorder and John Green's "Turtles All The Way Down"	2:36
	<p>Synopsis: John Green is best-known for his 2012 hit novel <i>The Fault in Our Stars</i>. His latest book, <i>Turtles All The Way Down</i> chronicles the life of a teen with OCD. Drawing on Green's experiences with the disorder, the book offers a great story and pulls back the curtain on a misunderstood mental disorder.</p> <p>Host: Evan Rook Compliance Issues Covered: Literature, Culture, Art, Mental Health</p>	
26:27	SPOTBREAK 4: Grainger/Play It Safe Blue Star/ Reviews B OUTCUE: ...your money back.	:30 :30
27:27	Program Conclusion	:32
27:59	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	17-43	Producer	Reed Pence
Air Week	10/22/17-10/28/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Healthways "Choose Fitness" OUTCUE ...at SilverSneakers.com	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: THE BIOLOGY OF ADDICTION	12:40
	<p>Synopsis: Scientists are learning the specific workings of the brain when it is addicted to a substance or behavior, and showing that all addictions are similar. This gives hope of one day developing a drug to combat many addictions. However, the stigma of addictions—that they are a moral failing—still looms over the field.</p> <p>Host: Reed Pence. Guests: Dr. Rita Goldstein, Prof. of Psychiatry and Neuroscience, Icahn School of Medicine at Mt. Sinai, New York; Dr. Anna Rose Childress, Research Prof. of Psychology in Psychiatry, Univ. of Pennsylvania School of Medicine</p> <p>Compliancy issues covered: drug addiction and treatment; alcohol addiction; public health</p> <p>Links for more information: http://www.nationalgeographic.com/magazine/2017/09/the-addicted-brain/; http://www.mountsinai.org/profiles/rita-goldstein; http://www.med.upenn.edu/csa/bios_faculty.html</p>	
14:45	SPOTBREAK 2: Blue Star "Reviews A" Geico "Charmer" OUTCUE: ...15 percent or more.	:30
15:45	:02 PAUSE FOR LOCAL AVAIL	:02
15:47	SEGMENT 2: PREPARING FOR DISASTER	7:13
	<p>Synopsis: Many people will have to deal with a natural disaster at some point in their lives. Two civil defense experts discuss how to be ready before it comes.</p> <p>Host: Nancy Benson. Guests: Jonathan Jones and Kylene Jones, co-authors, <i>The Provident Prepper: A Common Sense Guide to Preparing for Emergencies</i></p> <p>Compliancy issues covered: natural disasters; emergency preparedness; public safety and public health</p> <p>Link for more information: http://theprovidentprepper.org</p>	
23:00	SPOTBREAK 3: CDC "Adult Heart Health" Donate Cars "Going to Do PSA"	:62
25:02	Medical Notes & News. Host: Shel Lustig	:60
26:28	SPOTBREAK 4: Geico "Mike" Blue Star "Reviews B"	:30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018 847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for *Viewpoints Radio*

Program	17-43	Producers	Reed Pence, Evan Rook
Air Week	10/22/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: CDC/Adult Heart Health OUTCUE: ...vaccines-slash-heart.	:63
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: Memory Loss and Alzheimer's Disease	9:29
	<p>Synopsis: As we get older, we all will suffer from some memory loss. The question becomes what memory loss is a normal byproduct of getting older and when is it a sign of a larger problem, like Alzheimer's Disease. We talk to experts about this question, and what, if anything, we can do to avoid losing their memories.</p> <p>Host: Gary Price. Guests: Martha Weinman Lear, author of <i>Where Did I Leave My Glasses?: The what, when, and why of normal memory loss</i>; Dr. Marwan Sabbagh, author of <i>The Alzheimer's Answer: Reduce your risk and keep your brain healthy</i></p> <p>Links for more info: https://www.amazon.com/Where-Did-Leave-My-Glasses/dp/B003P2VDYM, http://www.marwansabbaghmd.com/the-alzheimers-answer/</p> <p>Compliance Issues Covered: Disease, Elderly, Family Issues</p>	
11:48	SPOTBREAK 2: Donate Cars/Going to Do PSA Geico/Charmer Blue Star/Reviews C OUTCUE: ...your money back.	:60 :30 :30
13:19	02 PAUSE FOR LOCAL AVAIL	:02
13:21	SEGMENT 2: Narcissism: The manipulative, selfish disorder	9:20
	<p>Synopsis: Narcissists are always thinking about themselves. While this takes a toll on their wellbeing, it also takes a big toll on the people around them. We talk about the disorder and tips for people who feel they're drowning in the orbit of a true narcissist.</p> <p>Host: Marty Peterson. Guests: Dr. Linda Martinez-Lewi, author of <i>Freeing Yourself from the Narcissist in Your Life</i></p> <p>Links for more info: http://thenarcissistinyourlife.com/</p> <p>Compliance Issues Covered: Mental Health, Family Issues, Disorders</p>	
22:03	SPOTBREAK 3: Elite Rehab OUTCUE: seventy-two.	:60
23:03	Culture Crash: Blade Runner 2049	2:42
	<p>Synopsis: <i>Blade Runner 2049</i> is a sequel worth watching at the theater, but there is some confusion about how best to see its predecessor, <i>Blade Runner</i>. We discuss the merits of each and where to best watch the films.</p> <p>Host: Evan Rook Compliance Issues Covered: Film, Culture, Art, Finance</p>	
26:24	SPOTBREAK 4: Blue Star/Reviews A Geico/Fly Disclaimer OUTCUE: ... 15% or more.	:30 :30
27:24	Program Conclusion	:32
27:56	TOTAL TIME	

Viewpoints is a registered trademark of MediaTracks, Inc. Contents copyright 2017 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500 Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com Guest information and segment podcasts are available at www.viewpointsonline.net



Program Log for *Radio Health Journal*

Program	17-41	Producers	Reed Pence & Libby Foster
Air Week	10/08/17-10/14/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: California Table Grapes "Autumn Meals" OUTCUE ...for more information	:54
1:55	:02 PAUSE FOR LOCAL AVAIL	:02
1:57	SEGMENT 1: UNDOCUMENTED IMMIGRANTS SKIPPING HEALTHCARE	12:48
	<p>Synopsis: With the federal government's crackdown on undocumented immigrants, many of them are skipping going to the doctor or the emergency room for fear of deportation. Experts discuss.</p> <p>Host: Reed Pence. Guests: Dr. Evan Ashkin, Prof. of Family Medicine, Univ. of North Carolina, Chapel Hill; Dr. Elisabeth Poorman, primary care physician, Cambridge Health Alliance, Everett, MA</p> <p>Compliance issues covered: immigration; health care; public health; federal government; Hispanic and Latino issues; discrimination</p> <p>Links for more information: http://www.med.unc.edu/fammed/news/unique-partnershipbrings-doctors-to-statesunderserved-areas; https://www.facebook.com/elisabethpoorman/</p>	
14:45	SPOTBREAK 2: Geico "Lightning" OUTCUE: ...your money back.	:30
	Blue Star "Reviews A"	:30
15:45	:02 PAUSE FOR LOCAL AVAIL	:02
15:47	SEGMENT 2: PICA: A STRANGE "EAT ANYTHING" DISORDER	7:05
	<p>Synopsis: Pregnancy and early childhood are the most common time for a strange disorder that prompts people to eat non-food items such as clay or ice. Experts discuss its mysterious history.</p> <p>Host: Nancy Benson. Guests: Dr. Sera Young, Asst. Prof. of Anthropology and Global Health, Northwestern Univ.; Dr. Richard Kreipe, Prof. of Pediatrics and Director, Child and Adolescent Eating Disorder Program, Univ. of Rochester</p> <p>Compliance issues covered: health care; youth at risk</p> <p>Links for more information: https://www.nationaleatingdisorders.org; http://www.anthropology.northwestern.edu/people/faculty/sera-young.html; https://www.urmc.rochester.edu/people/20022129-richard-e-kreipe/patients</p>	
22:52	SPOTBREAK 3: CDC "Adult Heart Health" :62	
	Donate Cars "Going to Do PSA" :60	
24:54	Medical Notes & News. Host: Shel Lustig 1:34	
26:28	SPOTBREAK 4: Geico "Get Psyched" :30	
	Blue Star "Reviews B" :30	
27:28	Program Conclusion :30	
27:58	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for Viewpoints Radio

Program	17-41	Producers	Reed Pence, Evan Rook, Polly Hansen, Pat Reuter
Air Week	10/8/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: IAMS Dental Hygiene OUTCUE: ...IAMS dot com.	:64
1:49	:02 PAUSE FOR LOCAL AVAIL	:02
1:51	SEGMENT 1: Mythology and Fairy Tales, Good and Evil	8:44
	<p>Synopsis: We grow up hearing nursery rhymes and fairy tales that deal with good and evil. All of us fondly remember the cartoons of our youth and the stories we grew up with. We talk to Soman Chainani about authoring a new entry into the catalogue of mythology and his attempt to course-correct the lessons more modern stories have been teaching our children.</p> <p>Host: Gary Price. Guests: Soman Chainani, author of <i>The School for Good and Evil</i></p> <p>Links for more info: https://schoolforgoodandevil.com/, http://somanchainani.net/</p> <p>Compliance Issues Covered: Family Issues, Childhood Development, Culture, Mythology</p>	
10:35	SPOTBREAK 2: CDC/Adult Heart Health Geico/Game Show Great Answer Blue Star/ Reviews C OUTCUE: ...your money back.	:63 :30 :30
13:38	02 PAUSE FOR LOCAL AVAIL	:02
13:40	SEGMENT 2: Bats: Their value and their endangerment	9:56
	<p>Synopsis: Bats are often thought of as scary or dangerous. But two experts tell us... they're actually very helpful! They eat the insects we so desperately try to rid our yards and neighborhoods of. We explore the benefits of bats, and why their numbers are decreasing in alarming numbers.</p> <p>Host: Marty Peterson. Guests: Jodi Sedlock, Associate professor of biology, Lawrence University; Don Mitchell, author of <i>Flying Blind: One man's adventures battling buckthorn, making peace with authority, and creating a home for endangered bats</i></p> <p>Links for more info: http://www.lawrence.edu/academics/study/biology/faculty, http://www.chelseagreen.com/flying-blind</p> <p>Compliance Issues Covered: Nature, Education, Animals</p>	
23:36	SPOTBREAK 3: Elite Rehab OUTCUE: seventy-two.	:60
24:36	Culture Crash: Netflix's Mindhunter	1:49
	<p>Synopsis: This Friday the 13th comes in October. We discuss what to watch on the spookiest day of the year and explore Netflix's upcoming psychological thriller series "Mindhunter."</p> <p>Host: Evan Rook Compliance Issues Covered: Television, Culture, Art</p>	
26:25	SPOTBREAK 4: Geico/Get Psyched Blue Star/Reviews A OUTCUE: ...your money back.	:30 :30
27:25	Program Conclusion	:32
27:57	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	17-40	Producers	Reed Pence & Libby Foster
Air Week	10/01/17-10/07/17	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: US Tax Shield "Fresh Start" OUTCUE ...800-568-1647	:60
2:01	:02 PAUSE FOR LOCAL AVAIL	:02
2:03	SEGMENT 1: A POSSIBLE TREATMENT FOR FETAL ALCOHOL SYNDROME?	12:39
	<p>Synopsis: Fetal alcohol spectrum disorder affects around five percent of the US population with mental disabilities and behavioral problems. Researchers explain experiments on animals with a new treatment that could eliminate the disorder, perhaps even after birth.</p> <p>Host: Reed Pence. Guests: Maggie, parent of son with fetal alcohol syndrome; Dr. Eva Redei, Prof. of Psychiatry and Behavioral Sciences, Northwestern Univ.; Dr. Joanne Rovet, Senior Scientists, Hospital for Sick Children, Toronto, and Senior Prof. of Psychology, Univ. of Toronto.</p> <p>Compliance issues covered: youth at risk; parenting issues; alcohol abuse; technology; developmental disabilities</p> <p>Links for more information: http://www.nuin.northwestern.edu/members-2/e-redei/; http://www.sickkids.ca/AboutSickKids/Directory/People/R/Joanne-Rovet.html</p>	
14:42	SPOTBREAK 2: Geico "Winstorm" OUTCUE: ...your money back.	:30
	Blue Star "Reviews A"	:30
15:42	:02 PAUSE FOR LOCAL AVAIL	:02
15:44	SEGMENT 2: FERTILITY RATE DECLINES	7:18
	<p>Synopsis: Birth rates in the US are at an all time low, and fertility for all age groups under age 30 is dropping. Experts explain that it may not be as good a thing as we may think, and cite nations like Japan and Italy which are facing labor shortages and elderly populations as a result of less-than-replacement-level fertility.</p> <p>Host: Nancy Benson. Guests: Richard Jackson, President & founder, Global Aging Institute; Dr. Elise Berlan, Director, Young Women's Contraception Program, Nationwide Children's Hospital, Columbus, OH</p> <p>Compliance issues covered: health care; teen pregnancy; labor and employment; economics; generational conflict</p> <p>Links for more information: http://www.globalaginginstitute.org/about-gai/team.html; http://www.nationwidechildrens.org/elise-d-berlan</p>	
23:02	SPOTBREAK 3: Donate Cars "Going to Do PSA" Elite Rehab	:60
25:02	Medical Notes & News. Host: Shel Lustig	1:24
26:26	SPOTBREAK 4: Grainger "Dancer" Geico "Get Psyched"	:30
27:26	Program Conclusion	:30
27:56	TOTAL TIME	

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2016 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net



Program Log for Viewpoints Radio

Program	17-40	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	10/1/2017	Production Director	Sean Waldron

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: IAMS Dental Hygiene OUTCUE: ...IAMS dot com.	:64
1:49	:02 PAUSE FOR LOCAL AVAIL	:02
1:51	SEGMENT 1: Unconventional Vacation Destinations	10:13
	<p>Synopsis: When Americans take vacations, it's often to places like theme parks, resorts, or national parks. Our guest says that there's a treasure trove of unique destinations around the world if you veer off the beaten vacation path. He talks about a few of the places you probably never heard about but which offer unique experiences, educational opportunities and a lot of fun.</p> <p>Host: Gary Price. Guests: Dylan Thuras, co-author of <i>Atlas Obscura: An explorer's guide to the world's hidden wonders</i></p> <p>Links for more info: http://www.atlasobscura.com/</p> <p>Compliance Issues Covered: Family Issues, Geography, Culture</p>	
11:39	SPOTBREAK 2: Donate Car/Going to Do PSA Grainger/Play It Safe GEICO/Windstorm OUTCUE: ...homeowner's insurance.	:60 :30 :30
13:39	:02 PAUSE FOR LOCAL AVAIL	:02
13:41	SEGMENT 2: Non-Traditional Students	8:31
	<p>Synopsis: College is thought of as a ticket to a better life. Non-traditional students- those who go to college later in life- can face an uphill battle in their fight to obtain that ticket. We talk to Mike Rose from UCLA about accommodating these students.</p> <p>Host: Marty Peterson. Guests: Mike Rose, faculty member at the UCLA Graduate School of Education and Information Studies, and author of the book <i>Back to School: Why everyone deserves a second chance at education</i>.</p> <p>Links for more info: www.mikeroosebooks.com</p> <p>Compliance Issues Covered: Education, Policy Making, Student Issues</p>	
22:48	SPOTBREAK 3: Elite Rehab OUTCUE: seventy-two.	:30 :60
23:48	Culture Crash: Peak TV and the Battle for Streaming Supremacy	2:55
	<p>Synopsis: "Peak TV" is the choice term used to describe the current flood of options when it comes to what to watch. One thing this year's Emmys ceremony made very clear: Peak TV isn't going anywhere anytime soon.</p> <p>Host: Evan Rook Compliance Issues Covered: Television, Culture, Art</p>	
26:26	SPOTBREAK 4: Geico/Lightning Blue Star/Reviews B OUTCUE: ...your money back.	:30 :30
27:27	Program Conclusion	:32
27:59	TOTAL TIME	