



Program Log for Viewpoints

Program	15-39	Producers	Pat Reuter
Air Week	9/27/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Michael J. Fox Foundation/Partners in Parkinsons 2015 OUTCUE: ...Partners in Parkinsons.org.	:62
1:47	:02 PAUSE FOR LOCAL AVAIL	:02
1:49	SEGMENT 1: Foster Care: How can we make it better for everyone involved?	11:16
	<p>Synopsis: When a child is placed in foster care, she's already been through the traumatic experience of being removed from her family's care, and now faces an uncertain future in a new home – sometimes worse than the one she left. We discuss the successes and failures of the system and hear about what can be done to strengthen it so that children receive the best care available, foster families get the support they need to help a child with the transition, and caseworkers receive the support they need to do their jobs.</p> <p>Host: Gary Price. Guests: Howard Talenfeld, President of Florida's Children First, the state's leading child advocacy organization; Christine Spudeas, Executive Director of Florida's Children First; Ashley Rhodes-Courter, former foster child and now a foster mother, author of the book <i>Three More Words</i>.</p> <p>Links for more info: www.floridaschildrenfirst.org, www.floridachildadvocate.com, www.rhodes-courter.com</p> <p>Compliance Issues Covered: foster care, child abuse, adoption, government, family issues</p>	
13:35	SPOTBREAK 2: Anheuser Busch/Global Beer Responsibility Day Chattem Nasacort/Nose to Nose MOA Lumber Liquidators/End of Summer Sale ver. 2 OUTCUE: ...a store near you.	:61 :30 :30
15:36	02 PAUSE FOR LOCAL AVAIL	:02
15:39	SEGMENT 2: The Challenges of Co-Parenting	9:46
	<p>Synopsis: Separations and divorces are common in the U.S., and out of those split-ups come children living in two households. These kids often experience situations and conflicts that their friends living in an intact household don't. We talk to a co-parenting specialist about how the parents' behavior, ability to compromise, and desire to put the child's needs above their own, can lead to successful parenting and well-adjusted, happy kids.</p> <p>Host: Marty Peterson. Guest: Karen Bonnell, Co-parent Coach, author of "The Co-Parents' Handbook: Raising well-adjusted, resilient and resourceful kids in a two-home family from little ones to young adults."</p> <p>Links for more info: www.thecoparentshandbook.com</p> <p>Compliance Issues Covered: divorce, children & family issues, education</p>	
25:25	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax Free America's Best Value Inn/Fall Rate Promo Lumber Liquidators/End of Summer Sale ver. 2 OUTCUE: ...a store near you.	:60 :30 :30
27:25	Program Conclusion	:30
27:55	TOTAL TIME	



Program Log for Radio Health Journal

Program	15-39	Producers	Reed Pence & Polly Hansen
Air Week	9/27/15-10/3/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Shamrock Farms "Rockin' Refuel" OUTCUE:...complete list of retailers.	:54
1:54	:02 PAUSE FOR LOCAL AVAIL	:02
1:56	SEGMENT 1: THE RETURN ON WORKPLACE WELLNESS	13:08
	<p>Synopsis: Most medium and large businesses now have corporate wellness programs for employees in an effort to keep health insurance costs down. Many have incentives for reaching health goals. Experts discuss how these plans work and whether the effort shows up favorably on the bottom line.</p> <p>Host: Reed Pence. Guests: Dr. Katherine Baicker, Prof. of Health Economics, Harvard School of Public Health; Larry Chapman, President and CEO, Chapman Institute; Al Lewis, co-author, <i>Cracking Health Costs: How to Cut Your Company's Health Costs and Provide Employees Better Care</i></p> <p>Compliancy issues covered: health care; consumerism; economics; education; business and industry; employment</p> <p>Links for more information: http://www.hsph.harvard.edu/katherine-baicker/; https://www.chapmaninstitute.com; http://crackinghealthcosts.com</p>	
15:04	SPOTBREAK 2: America's Best Value Inn "Texting Gen Value" Lumber Liquidators "End of Summer Sale" OUTCUE: ...store near you.	:30 :30
16:04	:02 PAUSE FOR LOCAL AVAIL	:02
16:06	SEGMENT 2: THE IMPORTANCE OF PLAY	7:01
	<p>Synopsis: Many schools are cutting down on recess to focus on the 3R's, but child development experts say play is part of children's "work" and an important part of how they learn. One expert discusses.</p> <p>Host: Nancy Benson. Guest: Ann Gadzikowski, Early Childhood Coordinator, Center for Talent Development, Northwestern Univ. and author, <i>Creating a Beautiful Mess: The Essential Experiences for a Joyful Childhood</i></p> <p>Compliancy issues covered: youth at risk; education; parenting</p> <p>Links for more information: http://anngadzikowski.com</p>	
23:07	SPOTBREAK 3: Donate Cars "Going to Do" U.S. Tax Shield "Tax Settlement"	:60 :60
25:07	Medical Notes & News. Host: Shel Lustig	1:22
26:29	SPOTBREAK 4: Chattem Nasacort "Nose to Nose MOA" Lumber Liquidators "End of Summer Sale"	:30 :30
27:29	Program Conclusion	:30
27:57	TOTAL TIME	

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Program Log for Viewpoints

Program	15-38	Producers	Pat Reuter
Air Week	9/20/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Anheuser Busch/Global Beer Responsibility OUTCUE: "...to get home safely."	:62
1:47	:02 PAUSE FOR LOCAL AVAIL	:02
1:49	SEGMENT 1: Long-term Unemployed: What they need to succeed	8:55
	<p>Synopsis: Although unemployment is down across the nation, there are still pockets of workers who have been unemployed for years, with no hope of ever finding a good job. Our guest researched the sociological effects of long-term unemployment on out-of-work autoworkers in Michigan, and found out that the hurt, humiliation and family problems that unemployment brings aren't just about the financial losses. He also discusses how the global economy is making employment more difficult in the U.S., and suggests some ways to alleviate the burden of the unemployed and help all workers gain good, secure employment.</p> <p>Host: Gary Price. Guest: Victor Tan Chen, Asst. Prof. of Sociology, Virginia Commonwealth University, founding editor of <i>In the Fray</i> magazine, author of <i>Cut Loose: Jobless and Hopeless in an Unfair Economy</i>.</p> <p>Links for more info: www.victortanchen.com</p> <p>Compliancy Issues Covered: labor, unemployment, poverty, family issues, government programs, healthcare</p>	
10:44	SPOTBREAK 2: Copsync/Copsync 911 GEICO/Babbling Brook Lumber Liquidators/End of Summer Sale OUTCUE: "...to find a store near you."	:62 :30 :30
12:47	:02 PAUSE FOR LOCAL AVAIL	:02
12:49	SEGMENT 2: Unconventional Women: Two women who blazed their own trails	12:36
	<p>Synopsis: Many women today take for granted their independence and the rights they have socially and legally. It wasn't always that way, and we'll hear about two women – one a socialite and the other a bandit – who felt constrained by the codes of behavior imposed on women in the early part of the 20th century, so they decided to live their lives in non-traditional ways. You probably have never heard of them, but our guests say that there are thousands of unknown women like them who, in their own small ways, made modern women's lives much more free. We'll also hear how one author was inspired to open girls' schools to create more female leaders in the future.</p> <p>Host: Marty Peterson. Guests: Emily Bingham, author of <i>Irrepressible: The jazz age life of Henrietta Bingham</i>. Victoria Shorr, author of the historical novel, <i>Backlands</i>.</p> <p>Links for more info: www.emilybingham.net www.victoriashorr.com</p> <p>Compliancy Issues Covered: women's issues, mental health, literature, education, Native Americans, crime</p>	
25:25	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax Free Lumber Liquidators/End of Summer Sale Walmart/Treatment OUTCUE: "...as directed."	:60 :30 :30
27:25	Program Conclusion	:30
27:55	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-38	Producers	Reed Pence & Evan Rook
Air Week	9/20/15-9/26/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Michael J. Fox Foundation "Partners In Parkinson's 2015" OUTCUE:...that's PartnersInParkinsons.org.	:62
2:02	:02 PAUSE FOR LOCAL AVAIL	:02
2:04	SEGMENT 1: STEM CELL REGENERATION	11:46
	<p>Synopsis: Scientists have discovered that older research animals can seemingly be made young again with infusions of young blood which reactivate stem cells. Researchers have started to isolate factors in plasma that appear to be responsible, opening the door to possibly rolling back the clock on aging. Experts explain.</p> <p>Host: Reed Pence. Guests: Dr. Harold Katcher, Prof. of Biology, Univ. of Maryland Univ. College and co-founder, Turritopsis Corp.; Dr. Michael Conboy, researcher, Univ. of California, Berkeley; Nelson Yee, founder, XVitality Sciences</p> <p>Compliancy issues covered: aging; technology; public health</p> <p>Links for more information: http://www.programmed-aging.org/theory-3/Katcher.html; http://www.xvitality.com http://jcb.rupress.org/content/187/1/4.full</p>	
13:50	SPOTBREAK 2: Geico "Show on the Road" Lumber Liquidators "End of Summer Sale" OUTCUE: ...store near you.	:30 :30
14:50	02 PAUSE FOR LOCAL AVAIL	:02
14:52	SEGMENT 2: EXPLODING HEAD SYNDROME	7:07
	<p>Synopsis: A sleep disorder strangely named "exploding head syndrome" may keep more than 10 percent of people awake at night by inflicting them with crashing sounds that only they can hear. A sufferer and an expert discuss.</p> <p>Host: Nancy Benson. Guests: Walter Michka, health blogger and exploding head syndrome sufferer; Dr. Brian Sharpless, Asst. Prof. of Psychology, Washington State Univ. and author, <i>Sleep Paralysis</i></p> <p>Compliancy issues covered: health care; lifestyle issues</p> <p>Links for more information: http://www.chicagonow.com/open-heart/; http://www.briansharpless.com</p>	
21:59	SPOTBREAK 3: Amer. Academy of Orthopaedic Surgeons "Childhood Obesity" Donate Cars "Going to Do"	:58 :60
23:57	Medical Notes & News. Host: Shel Lustig	2:30
26:27	SPOTBREAK 4: Lumber Liquidators "End of Summer Sale" Walmart "Prevent Stock Up"	:30 :30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	

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Program # 15-37

Air week: 9/13/15

Producers: Pat Reuter

Production Directors: Sean Waldron, Nick Hofstra & Reed Pence

<u>Time</u>	<u>Segment</u>	<u>Segment time</u>
:00	Intro	:45
:45	SPOTBREAK #1 – Milk/PEP/Hunger Action Month OUTCUE: "...MilkLife.com/give."	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT #1 – Get More of What You Want: Negotiating in the new workplace	11:08

SYNOPSIS: Many American workers don't get raises or promotions because they don't know how to negotiate for them. We talk to two negotiation specialists about how to approach a salary increase request, get some psychological advice on how to gain the upper hand and find out why women are good at negotiating for others, but not themselves.

Host: Gary Price. **Guests:** Margaret Neale, Adams Dist. Prof. of Management at the Graduate School of Business, Stanford University. Thomas Lys, Eric L. Kohler Chair in Accounting at the Kellogg School of Management, Northwestern University. Both are co-authors of the book, "Getting More of What You Want: How the secrets of economics and psychology can help you negotiate anything, in business and in life."

Links for more info: www.basicbooks.com

COMPLIANCY ISSUES COVERED: employment, business, finances, women's issues

12:55	SPOT BREAK #2 – Copsync/Copsync 911 Nasacort/Nose to Nose MOA Rolaids Tablets/Advanced Party OUTCUE: "... with Rolaids Advanced."	:61 :30 :30
14:56	:02 PAUSE FOR LOCAL AVAIL	:02
14:58	SEGMENT #2- What Does It Mean to Be From Somewhere?	10:27

SYNOPSIS: When you ask an American, "where are you from?" most of them will say it's where they live now or where they were born. We talk to one man who thought long and hard about that question and went on a journey around the Midwest and Plains States to try and answer it. He learned a lot about his family's heritage and the cost in lives, land and culture that indigenous peoples paid so European settlers could call themselves Americans.

Host: Marty Peterson. **Guests:** Allan Johnson, author of "Not From Here: A memoir."

Links for more info: www.agjohnson.us

COMPLIANCY ISSUES COVERED: Native American issues, family, death, war

25:25	SPOTBREAK #3 – Donate Cars/Going to Do Rolaids/Advanced Wake Up Viviscal/Viviscal 2 Tab OUTCUE: "... That's 800-880-8950."	:60 :30 :30
27:25	Program Conclusion	:30
27:55	TOTAL TIME	



Program Log for Radio Health Journal

Program	15-37	Producers	Reed Pence & Amirah Zaveri
Air Week	9/13/15-9/19/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Hennion & Walsh "Municipal Bonds Tax Free" OUTCUE:...FINRA, SIPC.	:60
2:00	:02 PAUSE FOR LOCAL AVAIL	:02
2:02	SEGMENT 1: CAR CRASHES & PTSD	13:59
	<p>Synopsis: Auto accidents are the largest cause of post-traumatic stress disorder. About 25 percent of people injured in car crashes will suffer from it. Accident survivors and one of the world's foremost experts discuss variables that make PTSD worse and those that make recovery easier, as well as the essentials victims must carry out to recover.</p> <p>Host: Reed Pence. Guests: Bill Hansen, car accident survivor; Dr. Edward Hickling, Prof. of Psychology, Univ. at Albany and co-author, <i>After the Crash</i>; Debbie Miller Koziarz, car accident survivor</p> <p>Compliancy issues covered: public safety; auto & highway safety; mental health</p> <p>Links for more information: http://www.apa.org/pubs/books/4317028.aspx</p>	
16:01	SPOTBREAK 2: Roloids "Wake Up Non" Viviscal "Viviscal 30 2 Tab" OUTCUE: ...that's 800-880-5071.	:30
		:30
17:01	02 PAUSE FOR LOCAL AVAIL	:02
17:03	SEGMENT 2: PALCOHOL--POWDERED ALCOHOL	6:03
	<p>Synopsis: Newly-invented powdered alcohol is entering the market, but some experts and legislators believe it should be banned because it's likely to be abused by teens. Experts, the product's inventor and legislators discuss.</p> <p>Host: Nancy Benson. Guests: Mark Phillips, Palcohol inventor; David Jernigan, Assoc. Prof., Johns Hopkins Bloomberg School of Public Health; Rick Jones (R), State Senator, Michigan; Brian Kelsey (R), State Senator, Tennessee</p> <p>Compliancy issues covered: alcohol; youth at risk; laws and legislation; public health</p>	
23:06	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60
		:60
25:06	Medical Notes & News. Host: Shel Lustig	1:23
26:29	SPOTBREAK 4: Nasacort :Nose to Nose MOA" Vinoprin "Vinoprin 1061"	:30
		:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

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Program Log for Viewpoints

Program	15-36	Producers	Pat Reuter
Air Week	9/6/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Got Milk/Back to School OUTCUE: "...find out more at Milk Life.com."	:59
1:44	:02 PAUSE FOR LOCAL AVAIL	:02
1:46	SEGMENT 1: Hunting and Poaching Wild Animals: The good and the bad sides of the practice	9:52
	<p>Synopsis: When an American trophy hunter killed Cecil the Lion, a protected animal in an African game preserve, the internet was packed with Tweets and Facebook diatribes condemning the man who did it and big game hunting in general. Why are we so concerned about <i>one</i> animal when there are millions of them killed around the world every year? Is there a good reason to shoot large game for sport, or is it always wrong? We talk to several wildlife specialists about the Cecil incident, find out how this is only the tip of the iceberg when it comes to hunting and poaching wild animals, and hear about the good things that controlled and monitored trophy hunting can provide.</p> <p>Host: Gary Price. Guests: Dr. Samuel Richards, a senior lecturer in sociology at Penn State University; Keith Norris, director of government affairs & partnerships at the Wildlife Society; Mike Hoffmann, senior scientist for the International Union for Conservation of Nature, Species Survival Commission.</p> <p>Links for more info: www.wildlife.org, www.iucn.org, www.psu.edu</p> <p>Compliance Issues Covered: wildlife, recreation, poverty, crime, social media, conservation and the environment</p>	
11:38	SPOTBREAK 2: Michael J. Fox Foundation/Partners in Parkinson's 2015 Unison/Sleep Minis Late Nite Lumber Liquidators/Fall Flooring Kick-off Sale OUTCUE: "...a store near you."	:64 :30 :30
13:42	02 PAUSE FOR LOCAL AVAIL	:02
13:44	SEGMENT 2: Digital Job Search: The new look and sound of resumes and interviews	11:40
	<p>SYNOPSIS: These days, a phone or digital interview often precedes the face-to-face meeting for job hunters. If you think that all you have to do is sit in front of your computer or cell phone camera and talk, think again. Resumes are also changing, with online services such as LinkedIn and CareerBuilder the first places an employer looks to find an applicant. We talk to two employment specialists about how the interview and resume processes have changed, and how applicants can get the edge in the digital job search market.</p> <p>Host: Gary Price. Guests: Amy Kristof-Brown, Prof. in the Henry Tippie College of Business at the University of Iowa; Paul J. Bailo, CEO of Phone Interview Pro, author of <i>The Essential Digital Interview Handbook</i>,</p> <p>Links for more info: www.tippie.uiowa.edu www.phoneinterviewpro.com</p> <p>Compliance issues covered: employment; technology; communications; social media</p>	
25:24	SPOTBREAK 3: MilkPEP/Hunger Action Month Geico/Trailblazer Lumber Liquidators/Fall Flooring Kick-off Sale OUTCUE: "...a store near you."	:62 :30 :30
27:56	Program Conclusion	:30
	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-36	Producers	Reed Pence & Evan Rook
Air Week	9/6/15-9/12/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: VSL #3 "Back to School" OUTCUE:...for \$5 off.	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: LIQUID BIOPSIES	11:12
	<p>Synopsis: Cancer biopsies traditionally require surgery to remove a piece of tumor. But doctors are increasingly able to find evidence of cancer in the blood, eliminating the need for surgery. Researchers hope to eventually be able to use these liquid biopsies for cancer screening and early diagnosis. Experts discuss.</p> <p>Host: Reed Pence. Guests: Dr. Nicholas Papadopoulos, Prof. of Oncology, Johns Hopkins Univ; Dr. Scott Kopetz, Assoc. Prof. of Medical Oncology, Univ. of Texas MD Anderson Cancer Center; Dr. Terry Friedlander, Asst. Clinical Prof. of Medicine, Univ. of California at San Francisco</p> <p>Compliance issues covered: health care; public health; technology</p> <p>Links for more information: http://www.hopkinsmedicine.org/kimmel_cancer_center/; http://www.mdanderson.org; https://www.ucsf.edu</p>	
13:17	SPOTBREAK 2: Unisom "Sleep Minis Late Nite Jen" Lumber Liquidators "Fall Flooring Kickoff Sale" OUTCUE: ...store near you.	:30
		:30
14:17	02 PAUSE FOR LOCAL AVAIL	:02
14:19	SEGMENT 2: PET OBESITY	8:44
	<p>Synopsis: Just as people face an obesity crisis in the US, so do our pets, who have many of the same health consequences as overweight humans. Experts discuss why pet obesity is a problem and ways pet owners can keep their furry friends healthy.</p> <p>Host: Nancy Benson. Guests: Dr. Ernie Ward, Veterinarian and founder, Association for Pet Obesity Prevention; Dr. Deborah Linder, Research Asst. Prof., Cummings School of Veterinary Medicine, Tufts Univ.</p> <p>Compliance issues covered: family issues; pets and people</p>	
23:03	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60
		:60
25:03	Medical Notes & News. Host: Shel Lustig	1:26
26:29	SPOTBREAK 4: Lumber Liquidators "Fall Flooring Kickoff Sale" Geico "Consistent"	:30
		:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

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Program Log for Viewpoints

Program	15-35	Producers	Pat Reuter
Air Week	8/30/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Quaker/Healthy and Active. OUTCUE: "...Quaker Oats.com."	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Cohabitation and the Law	11:06
	<p>Synopsis: There are millions of Americans who live together as husband and wife, but they never became formally "married." What are their rights? Who gets the house, the car the bank accounts if they break up or one of them dies? We talk to a noted contract and family law attorney who has written extensively on the subject to find out how society and the courts view cohabitation relationships. We also discuss what cohabiting couples should do to prevent problems with the law.</p> <p>Host: Gary Price. Guests: Martha Ertman, professor of law specializing in contract and family at the Carey School of Law, University of Maryland, author of the book, <i>Love's Promises: How formal and informal contracts shape all kinds of families.</i></p> <p>Links for more info: www.law.umaryland.edu</p> <p>Compliancy Issues Covered: law, families, marriage, gay issues, culture</p>	
12:53	SPOTBREAK 2: Got Milk/Back to School Nasacort/Nose to Nose MOA Lumber Liquidators/Fall Flooring Kick-Off Sale OUTCUE: "...a store near you."	:60 :30 :30
14:53	02 PAUSE FOR LOCAL AVAIL	:02
14:55	SEGMENT 2: Intelligent Disobedience: Knowing when and how to say "no"	10:33
	<p>Synopsis: We're taught from a young age that we should obey authority and do what adults tell us to do. Those lessons usually work in our favor, however there are times when a child – and an adult – should say no to the ones in charge. Our guest has studied this issue and has come up with situations where refusing to do something is the right thing, and he discusses when and how to say "no" effectively and for the benefit of the individual and others.</p> <p>Host: Marty Peterson. Guests: Ira Chaleff, founder and president of Executive Coaching & Consulting Associates, Washington, D.C., author of the book <i>Intelligent Disobedience: Doing right when what you're told to do is wrong.</i></p> <p>Links for more info: www.intelligentdisobedience.net</p> <p>Compliancy Issues Covered: ethics, business, disabilities, military,</p>	
25:28	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax Free Lumber Liquidators/Fall Flooring Kick-off Sale Grainger/Air Handler OUTCUE: "...for the ones who get it done."	:60 :30 :30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for *Radio Health Journal*

Program	15-35	Producers	Reed Pence & Molly Nagle
Air Week	8/30/15-9/5/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Michael J. Fox Foundation "Partners in Parkinson's 2015" OUTCUE:...that's Partners in Parkinsons.org	:62
2:02	:02 PAUSE FOR LOCAL AVAIL	:02
2:04	SEGMENT 1: MISOPHONIA: RAGE AT THE SMALLEST SOUND	12:01
	<p>Synopsis: A surprisingly large number of people may become agitated or even enraged when they hear "mouth sounds" such as chewing or slurping, sniffing, or crunching of paper. This disorder, misophonia, is largely unknown, but researchers believe audio processing of these sounds is mis-routed to rage centers in the brain. Experts and a sufferer discuss the syndrome.</p> <p>Host: Reed Pence. Guests: Paul Tabachneck, IT professional, musician, and misophonia sufferer; Judy Krauthamer, author, <u>Sound Rage: A Primer of the Neurobiology and Psychology of a Little Known Anger Disorder</u>; Dr. Aage Moller, Prof. of Behavioral and Brain Sciences, Univ. of Texas at Dallas.</p> <p>Compliance issues covered: youth at risk; education; interpersonal relations; health care</p> <p>Links for more information: http://www.soundrage.com; http://www.sound-rage.com</p>	
14:05	SPOTBREAK 2: Grainger "The HMS Grainger" Lumber Liquidators "Fall Flooring Kickoff Sale" OUTCUE: ...store near you.	:30
		:30
15:05	02 PAUSE FOR LOCAL AVAIL	:02
15:07	SEGMENT 2: GRIEF	7:50
	<p>Synopsis: Everyone deals with grief at one time or another. An expert discusses how it's experienced by most people, and what separates normal grief from more problematic depression A writer/illustrator discusses his experience dealing with his spouse's sudden death.</p> <p>Host: Nancy Benson. Guests: Dr. Ronald Pies, Prof. of Psychiatry, State Univ. of New York Upstate Medical Univ. and Clinical Prof. of Psychiatry, Tufts Univ.; Danny Gregory, author and illustrator, <u>A Kiss Before You Go</u></p> <p>Compliance issues covered: mental illness: family issues</p>	
22:57	SPOTBREAK 3: Nestle Health Science "ENact" Donate Cars "Going to Do"	:62
		:59
25:00	Medical Notes & News. Host: Shel Lustig	1:27
26:27	SPOTBREAK 4: Lumber Liquidators "Fall Flooring Kickoff Sale" Nasacort "Nose to Nose MOA"	:30
		:30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	

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Program Log for *Radio Health Journal*

Program	15-34	Producers	Evan Rook, Molly Nagle & Reed Pence
Air Week	8/23/15-8/29/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Nestle Health Science "ENact" OUTCUE: ...at EnactNutrition.com.	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: HEART ATTACKS IN YOUNG WOMEN	11:15
	<p>Synopsis: Young women are at relatively low risk of heart attacks, but when they have one, a much greater proportion die than among men of the same age. Surveys show young women are often unaware of their risk and are much less likely to go to the emergency room when a heart attack occurs. Experts discuss reasons and possible remedies.</p> <p>Host: Reed Pence. Guests: Dr. Judith Lichtman, Assoc. Prof. and Chair of Epidemiology, Yale School of Public Health; Dr. Holly Andersen, attending cardiologist and Director of Education and Outreach, Perelman Heart Institute, New York Presbyterian Hospital.</p> <p>Compliancy issues covered: public health; health care; women's issues; education;</p> <p>Links for more information: https://www.goredforwomen.org/home/about-heart-disease-in-women/facts-about-heart-disease/</p>	
13:20	SPOTBREAK 2: Geico "Renters Mountain Bike" Gold Bond First Aid "Shaq's Friction Defense" OUTCUE: ...thank you. Oh boy.	:30
		:30
14:20	02 PAUSE FOR LOCAL AVAIL	:02
14:22	SEGMENT 2: ODD MEDICAL TREATMENTS OF THE PAST	7:38
	<p>Synopsis: An expert examines how far we've come in medicine by focusing on past practices, which lead him to conclude doctors in ancient Greece provided better care than those in the US 150 years ago.</p> <p>Host: Nancy Benson. Guest: Nathan Belofsky, author, <u>Strange Medicine: A Shocking History of Real Medical Practices Through the Ages.</u></p> <p>Compliancy issues covered: education; consumerism</p> <p>Links for more information: http://strangemedicine.com</p>	
22:00	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60
		:60
24:00	Medical Notes & News. Host: Shel Lustig	2:30
26:30	SPOTBREAK 4: Geico "Show on the Road" Grainger "The HMS Grainger"	:30
		:30
27:30	Program Conclusion	:30
28:00	TOTAL TIME	

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Program Log for Viewpoints

Program	15-33	Producers	Pat Reuter
Air Week	8/16/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: U.S. Tax Shield/Fresh Start OUTCUE: "...800-568-1647."	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Lists of Note: What lists tells us about the famous and the infamous	10:52
	<p>Synopsis: Everyone makes lists: shopping lists, to-do lists, Christmas lists, and many more. But what do your lists say about you? We talk to an author who looked at hundreds of lists compiled by the famous, the infamous and the unknown, and found out that they say a great deal about the times, our history and the list makers themselves.</p> <p>Host: Gary Price. Guests: Shaun Usher, author of <i>Lists of Note: An eclectic collections deserving of a wider audience</i>.</p> <p>Links for more info: www.shaunusher.com</p> <p>Compliancy Issues Covered: literature, popular culture, war, media, crime</p>	
12:39	SPOTBREAK 2: Donate Cars/Going to Do Gold Bond First Aid/Shaq's Friction Defense Lumber Liquidators/Back to Basics OUTCUE: "...a store near you."	:60 :30 :30
14:39	:02 PAUSE FOR LOCAL AVAIL	:02
14:41	SEGMENT 2: Kids and Financial Intelligence: Learning the basics	10:45
	<p>Synopsis: Millions of young people will soon head out on their own for the first time to attend college or start their first job. It will also be the first time that many of them are in charge of their own finances. How literate are they about banking, spending, saving, and credit? We talk to two financial specialists about what kids need to know about money and budgets, the best ways to organize their finances, and what they can do to prevent going into credit debt.</p> <p>Host: Marty Peterson. Guests: Dean Obenauer, Asst. Dir. of Financial Aid for Financial Literacy, Creighton University, Omaha, Nebraska; Jeff Reeves, Exec. Editor, InvestorPlace.com.</p> <p>Links for more info: www.creighton.edu/financial_aid www.investorplace.com</p> <p>Compliancy Issues Covered: personal finance, banking, education, family issues</p>	
25:26	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax Free Lumber Liquidators/Back to Basics Nasacort/Nose to Nose MOA OUTCUE: "...use as directed	:60 :30 :30
27:26	Program Conclusion	:30
27:56	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-33	Producers	Reed Pence & Evan Rook
Air Week	8/16/15-8/22/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Alzheimer's Association "Baby Boomers " OUTCUE: ...at ALZ.org.	:62
2:03	:02 PAUSE FOR LOCAL AVAIL	:02
2:05	SEGMENT 1: ENLISTING MEN AGAINST SEXUAL ASSAULT	13:19
	<p>Synopsis: Colleges are now required by Federal law to present anti-sexual assault training to new students, but rather than instilling "no means no," some experts think we need to do much more to enlist men to help prevent sexual assault. Experts discuss how it can be done by making men allies, rather than regarding them as potential perpetrators, and through bystander training.</p> <p>Host: Reed Pence. Guests: Dr. John Foubert, Prof. of Higher Education and Student Affairs, Oklahoma State Univ., National President, One in Four, and author of 7 books on preventing sexual assault; Ashley Warner, psychoanalyst and author, <i>The Year After: A Memoir</i>; Dorothy Edwards, Exec. Director, Green Dot, Etc.</p> <p>Compliancy issues covered: women's issues; sexual assault; crime; education; colleges and universities; gender issues; public safety; men's issues</p> <p>Links for more information: http://www.theyearaftermemoir.com; https://www.livethegreendot.com; http://www.oneinfourusa.org</p>	
15:24	SPOTBREAK 2: Nasacort "Nose to Nose MOA" Lumber Liquidators "Back to Basics" OUTCUE: ...store near you.	:30 :30
16:24	02 PAUSE FOR LOCAL AVAIL	:02
16:26	SEGMENT 2: THE POWER OF TEARS	6:32
	<p>Synopsis: Researchers are learning that tears shed for different reasons are chemically different. Emotional tears, for example, contain high levels of stress hormones, indicating they may be a way for the body to reduce stress. Experts discuss why it's good for people to cry.</p> <p>Host: Nancy Benson. Guests: Dr. William Frey, Univ. of Minnesota and Research Director, Health Partners Neuroscience; Dr. Judith Orloff, psychiatrist and author, <i>Emotional Freedom</i></p> <p>Compliancy issues covered: health; mental health; gender issues</p> <p>Links for more information: http://www.drjudithorloff.com/Emotional-Freedom/Description.htm; http://www.neuroscience.umn.edu/prostu/facprof/frey.html</p>	
22:58	SPOTBREAK 3: Nestle Health Science "ENact" Donate Cars "Going to Do"	:62 :61
25:01	Medical Notes & News. Host: Shel Lustig	1:27
26:28	SPOTBREAK 4: Gold Bond Firs Aid "Shaq's Friction Defense" Lumber Liquidators "Back to Basics"	:30 :30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for Viewpoints

Program	15-32	Producers	Amirah Zaveri
Air Week	8/9/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: U.S. Tax Shield/Fresh Start OUTCUE: ... 800-568-1647.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Women in Prison Part I: A look inside the bars	9:21
	<p>Synopsis: The Netflix television show, <i>Orange is the New Black</i>, depicts life in a women's prison – but is it real? Are the inmates whose lives they portray realistic? We toured a real women's medium-security prison, talked to the administration and some inmates there to find out. We also talk to the real-life Alex Vause from OITNB, Cleary Wolters – a former inmate and friend of Piper Kerman, author of the book <i>Orange is the New Black: My year in a women's prison</i>.</p> <p>Host: Gary Price. Guests: Lt. Brad Gray, Correctional Officer, Rockville Correctional Facility, Rockville, IN; Stacie Brown, Inmate; Cleary Wolters, former inmate, author of "Out of Orange: A memoir."</p> <p>Links for more info: http://www.in.gov/idoc/2402.htm</p> <p>Compliance Issues Covered: women's issues, correctional facilities, commerce, mental health, crime</p>	
10:06	SPOTBREAK 2: Donate Cars/Going to Do Icy Hot/Shaq Pains No Match Lumber Liquidators/Back to Basics Sale OUTCUE: ... a store near you.	:60 :30 :30
11:06	:02 PAUSE FOR LOCAL AVAIL	:02
11:08	SEGMENT 2: Women in Prison Part II: Changed lives – for the better	
	<p>Synopsis: What's a women's prison really like? Motherhood, drama and romantic relationships are all quite common. We visited Rockville Correctional Facility and sat down with two inmates to discuss their prison experience, past regrets and what they've learned while serving their sentences.</p> <p>Host: Marty Peterson. Guests: Kelly Patterson, Inmate; Toni Golightly, Inmate.</p> <p>Links for more info: http://www.in.gov/idoc/2402.htm</p> <p>Compliance Issues Covered: family issues, correctional facilities, domestic abuse, crime, mental health, education</p>	
25:27	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax Free Gold Bond MP/Shaquettes GB Powder Lumber Liquidators/Back to Basics Sale OUTCUE: ... a store near you.	:60 :30 :30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-32	Producer	Reed Pence
Air Week	8/9/15-8/15/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Alzheimer's Association "Baby Boomers " OUTCUE: ...at ALZ.org.	:62
2:02	:02 PAUSE FOR LOCAL AVAIL	:02
2:04	SEGMENT 1: ONLINE PHARMACIES, FAKE DRUGS	11:57
	<p>Synopsis: Consumers who purchase medicines online for convenience and price are taking a big risk-- experts say 97% of online "pharmacies" are rogue sites operating illegally. Often the medications they sell are counterfeit or substandard. Experts discuss the risks and how consumers can buy safely.</p> <p>Host: Reed Pence. Guests: Carmen Catizone, Exec. Dir., National Assoc. of Boards of Pharmacy; Libby Baney, Exec. Dir., Alliance for Safe Online Pharmacies; Dr. Roger Bate, scholar, American Enterprise Institute & author, <i>Phake: The Deadly World of Falsified and Substandard Medicines</i></p> <p>Compliancy issues covered: public health; public safety; consumerism; crime</p> <p>Links for more information: http://www.legitscript.com; http://www.pharmacychecker.com; http://www.nabp.net/programs/accreditation/vipps/find-a-vipps-online-pharmacy</p>	
14:01	SPOTBREAK 2: Icy Hot "Shaq Pain No Match" Lumber Liquidators "Back to Basics Sale" OUTCUE: ...store near you.	:30 :30
15:01	02 PAUSE FOR LOCAL AVAIL	:02
15:03	SEGMENT 2: MULTITASKING	8:06
	<p>Synopsis: Multitasking seems like a necessity for most people, and most of us think it improves our efficiency. However, studies show that only a tiny proportion of people can juggle tasks well. Researchers discuss why our brains can't do two things at once, and why "supertaskers" may be different.</p> <p>Host: Nancy Benson. Guests: Dr. David Strayer, Prof. of Cognition Neurosciences, Univ. of Utah; Dr. Jayson Watson, Assoc. Prof. of Psychology, Univ. of Utah</p> <p>Compliancy issues covered: workplace issues; consumerism</p> <p>Links for more information: http://www.psych.utah.edu/people/person.php?id=79</p>	
23:09	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60 :60
25:09	Medical Notes & News. Host: Shel Lustig	1:19
26:28	SPOTBREAK 4: Gold Bond MP "Shaquettes GB Powder" Lumber Liquidators "Back to Basics Sale"	:30 :30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for Viewpoints

Program	15-31	Producers	Pat Reuter
Air Week	8/2 - 8/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: U.S. Tax Shield/Fresh Start OUTCUE: "... 800-568-1647."	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: The Psychopath Inside: Not all psychopaths are dangerous criminals	11:59
	<p>Synopsis: When we hear the term "psychopath," we usually think of serial killers or other nasty villains. Rarely does anyone think of the mild-mannered neuroscientist next door. We talk to a psychologist and to a neuroscientist who happens to be psychopathic, about what the term actually means in the medical world, how it's tested for in various people, the traits that most often set it apart from other conditions, and how many people who have psychopathic tendencies can function in a non-violent, productive way.</p> <p>Host: Gary Price. Guests: Scott Lilienfeld, professor of psychology, Emory Univ., Atlanta, GA; James Fallon, neuroscientist at Univ. of California-Irvine, author of "The Psychopath Inside: A neuroscientists personal journey into the dark side of the brain."</p> <p>Links for more info: www.psychology.emory.edu; www.us.penguinroup.com</p> <p>Compliancy Issues Covered: mental health, disabilities, family issues, science & technology</p>	
13:46	SPOTBREAK 2: Donate Cars/Going to Do Gold Bond MP/Shaquettes GB Powder Grainger/Why Keep Stock OUTCUE: "...the ones who get it done."	:60 :30 :30
15:46	02 PAUSE FOR LOCAL AVAIL	:02
15:48	SEGMENT 2: Talking About Abortion and Other Touchy Topics in a New Way	9:37
	<p>Synopsis: Its seems that when the topic of abortion comes up in the media, there are two distinct sides voicing their opinions with no middle ground or real conversation on the topic. The debate over this issue and other touchy topics these days usually disintegrates into an "Us vs. Them" shouting match, leaving many on both sides and in the middle angry and dissatisfied. Our guest offers a new way to discuss abortion – without taking sides, without name-calling or raised voices -- that brings the issue to a more personal and compassionate level.</p> <p>Host: Marty Peterson. Guests: Aspen Baker, co-founder and executive director of Exhale, author of the book, "Pro-Voice: How to keep listening when the world wants a fight."</p> <p>Links for more info: exhaleprovoice.org; Exhale talk line: 1-866-4-EXHALE; www.aspenbaker.com</p> <p>Compliancy Issues Covered: abortion, social activism, politics, media, family issues</p>	
25:25	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax Free Grainger/Letters Geico/Inspiration OUTCUE:	:60 :30 :30
27:25	Program Conclusion	:30
27:55	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-31	Producers	Amirah Zaveri, Molly Nagle & Reed Pence
Air Week	8/2/15-8/8/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Alzheimer's Association "Women & Risk" OUTCUE: ...at ALZ.org.	:57
1:58	:02 PAUSE FOR LOCAL AVAIL	:02
2:00	SEGMENT 1: THE RISK OF THE FRONT PASSENGER SEAT	11:20
	<p>Synopsis: Few people are aware that the vehicle occupant most likely to be hurt in a crash is the one in the front passenger seat. Experts discuss why this occurs, the different injuries that can occur there, and many ways car occupants can protect themselves from injury.</p> <p>Host: Reed Pence. Guests: Meghan Smeenge, injured in auto accident; Dr. David Pedley, consultant, accident and emergency medicine, Dumfries & Galloway Royal Infirmary, Scotland; Dr. Peter Cummings, Emeritus Prof. of Epidemiology, Univ. of Washington; Dr. Elisa Braver, Adjunct Assoc. Prof. of Epidemiology, Univ. of Maryland School of Medicine</p> <p>Compliancy issues covered: public health; traffic & vehicle safety; public safety; consumerism</p> <p>Links for more information: http://www.iihs.org/iihs/ratings; http://www.nhtsa.gov/Vehicle+Safety</p>	
13:20	SPOTBREAK 2: Gold Bond MP "Shaquettes GB Powder" Grainger "Why Keep Stock?" OUTCUE: ...who get it done.	:30
14:20	:02 PAUSE FOR LOCAL AVAIL	:02
14:22	SEGMENT 2: TOWARD A MORE PEACEFUL DEATH	10:05
	<p>Synopsis: It's a fine line between preserving life and prolonging death. An award winning science writer discusses her experience observing how medical professionals and patients differ in their acceptance of impending death, and what families need to know to navigate the end of life toward a "good death."</p> <p>Host: Nancy Benson. Guest: Katy Butler, author, <u>Knocking on Heaven's Door: The Path to a Better Way of Death.</u></p> <p>Compliancy issues covered: ethics; health care; consumerism; family issues; technology and society</p> <p>Links for more information: http://katybutler.com/site/</p>	
22:33	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60
24:33	Medical Notes & News. Host: Shel Lustig	:60
26:26	SPOTBREAK 4: Grainger "Letters" Geico "Inspiration"	1:53
27:26	Program Conclusion	:30
27:56	TOTAL TIME	

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Program Log for Viewpoints

Program	15-30	Producers	Pat Reuter
Air Week	7/26/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: U.S. Tax Shield/Fresh Start OUTCUE: ...800-568-1647.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Happiness: What is it? How do we find it?	10:41
	<p>Synopsis: We hear that we should be happy, and that happiness helps you live longer, brings more tranquility to your life, and to the lives of your family and friends. But do you know what happiness truly is? We talk to a psychologist and a philosopher about the essence of happiness, how to find it and how it's different from person to person and across the globe.</p> <p>Host: Gary Price. Guests: Tim Bono, assistant dean in the college of arts and sciences, and a lecturer in psychology at Washington University, St. Louis; Frederic Lenoir, philosopher, sociologist and religious historian. Author of the book, <i>Happiness: A philosopher's guide</i>.</p> <p>Links for more info: www.wustl.edu www.fredericlenoir.com</p> <p>Compliancy Issues Covered: mental health, poverty, family, Alzheimer's disease</p>	
12:28	SPOTBREAK 2: Donate Cars/Going to Do Grainger/Why Keep Stock Lumber Liquidators/Hardwood Flooring Sale OUTCUE: ...to find a store near you.	:592 :30 :30
14:28	02 PAUSE FOR LOCAL AVAIL	:02
14:30	SEGMENT 2: George Washington: The man who created the modern presidency	10:54
	<p>Synopsis: The President of the United States has a lot of powers that we think are given to him by the U.S. Constitution. You might be surprised to find out, however, that very little in that document actually outlines the job or the authority the Commander-in-Chief possesses. We talk to a historian about how executive powers and privilege for the President were created not by Congress but by the first man to hold the nation's highest office.</p> <p>Host: Marty Peterson. Guests: Harlow Giles Unger, historian and author of the book, <i>Mr. President: George Washington and the making of the nation's highest office</i>.</p> <p>Links for more info: www.harlowgilesunger.com</p> <p>Compliancy issues covered: government, history, the Presidency, laws & the Constitution</p>	
25:24	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds/Tax-Free Lumber Liquidators/Hardwood Flooring Sale Grainger/Letters OUTCUE: ...who get it done.	:60 :30 :30
27:24	Program Conclusion	:31
27:55	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-30	Producers	Evan Rook, Polly Hansen, Amirah Zaveri & Reed Pence
Air Week	7/26/15-8/1/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Alzheimer's Association "Women & Risk" OUTCUE: ...at ALZ.org.	:57
1:57	:02 PAUSE FOR LOCAL AVAIL	:02
1:59	SEGMENT 1: YOUR BRAIN WITH TINNITUS	9:19
	<p>Synopsis: Scientists have discovered that tinnitus, or "ringing in the ears," involves many more areas of the brain than just those involved with hearing. Experts explain why the findings mean it will be difficult to develop treatments for tinnitus, and what sufferers can do now.</p> <p>Host: Reed Pence. Guests: Dr. Richard Salvi, Distinguished Prof. of Communicative Disorders and Sciences, Univ. at Buffalo; Dr. Phillip Gander, Univ. of Iowa</p> <p>Compliancy issues covered: health care; public health; consumerism; disabilities</p> <p>Links for more information: http://myweb.uiowa.edu/pgander/; http://cdswebserver.med.buffalo.edu/drupal/?q=user/25/view</p>	
11:18	SPOTBREAK 2: Lumber Liquidators "Hardwood Flooring Sale B" Grainger "Why Keep Stock?" OUTCUE: ...who get it done.	:30 :30
12:18	:02 PAUSE FOR LOCAL AVAIL	:02
12:20	SEGMENT 2: CHILD SUICIDE SURVIVORS	10:05
	<p>Synopsis: Children whose parents die by suicide face a difficult emotional recovery. Well-meaning adults often make it worse with their mistakes in how they talk about the death. Experts discuss the right and wrong ways to help children cope with parental suicide.</p> <p>Host: Nancy Benson. Guests: Wendy Parmley, psychotherapist and author, <u>Hope After Suicide: One Woman's Journey From Darkness to Light</u>; Donna Schuurman, CEO, Dougy Center for Grieving Children and Families, Portland, OR</p> <p>Compliancy issues covered: youth at risk; parenting issues; mental health and mental illness</p> <p>Links for more information: http://dougy.org/; http://wendyparmley.com/</p>	
22:25	SPOTBREAK 3: ACOP "Centennial" Donate Cars "Going to Do"	:62 :60
24:27	Medical Notes & News. Host: Shel Lustig	2:01
26:28	SPOTBREAK 4: Grainger "Simple" Lumber Liquidators "Hardwood Flooring Sale A"	:30 :30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for Viewpoints

Air Week	15-29	Producers	Pat Reuter
	7/19/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: US Tax Shield "Fresh Start" OUTCUE: ...800-568-1647	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: THE LIFE AND MUSIC OF JAZZ LEGEND SHEILA JORDAN	11:59
	<p>Synopsis: Jazz is the quintessential American music genre, and nobody sings it better than Sheila Jordan. We talk to Jordan and her biographer about Jordan's rise from poverty to her career singing with some of the most famous jazz musicians of the 20th century, the racism that jazz musicians – both black and white – experienced, and the need to preserve this music for future generations.</p> <p>Host: Gary Price. Guests: Sheila Jordan, jazz singer, teacher and composer); Ellen Johnson, singer, musician, author of "Jazz Child: A portrait of Sheila Jordan," (www.jazzchildthebook.com).</p> <p>Links for more info: www.sheilajordanjazz.com; www.jazzchildthebook.com</p> <p>Compliancy Issues Covered: music & the arts, racism, poverty, alcoholism & drug addiction</p>	
13:46	SPOTBREAK 2: Donate Cars "Going to Do" Roloids Tablets "Advanced Party" Lumber Liquidators "Bellwood Coupon Event" OUTCUE: ...store near you.	:60 :30 :30
15:46	:02 PAUSE FOR LOCAL AVAIL	:02
15:48	SEGMENT 2: THE ANATOMY OF A CRIME NOVEL	9:36
	<p>Synopsis: Crime novels are among the most popular reading in the U.S., and nobody writes a more engaging, suspenseful and factually accurate story than award-winning and best-selling novelist Patricia Cornwell. Her Kay Scarpetta series is full of detailed forensic information, and we talked to her about how she gathers her facts and actually experiences some of the dangerous situations that she puts her heroine through in her books.</p> <p>Host: Marty Peterson. Guests: Patricia Cornwell, crime novelist, author of "Flesh and Blood"</p> <p>Links for more info: www.patriciacornwell.com</p> <p>Compliancy Issues Covered: forensics, technology, prisons, media, law enforcement</p>	
25:24	SPOTBREAK 3: Hennion & Walsh "Municipal Bonds Tax Free" Gold Bond MP "Shaquettes GB Powder" Grainger "Simple" OUTCUE: ...ones who get it done.	:60 :30 :30
27:24	Program Conclusion	:30
27:54	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-29	Producers	Polly Hansen, Amirah Zaveri & Reed Pence
Air Week	7/19/15-7/25/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Hennion & Walsh "Municipal Bonds Tax Free" OUTCUE: ...FINRA, SIPC.	:59
1:59	:02 PAUSE FOR LOCAL AVAIL	:02
2:01	SEGMENT 1: MATERNAL MORTALITY	10:55
	<p>Synopsis: The death rate surrounding pregnancy in the US has been climbing to the point it compares with some third world countries rather than the western European nations we once compared to. Experts discuss possible reasons for the increase and one possible way to reverse it--more reliance on midwives.</p> <p>Host: Reed Pence. Guests: Dr. Kate Menard, Prof. and Chief, Obstetrics & Gynecology, Univ. of North Carolina School of Medicine; Patricia Harman, certified nurse-midwife and author, <u>The Midwife of Hope River</u> novel series.</p> <p>Compliancy issues covered: health care; public health; infants at risk; women's issues</p> <p>Links for more information: http://www.patriciaharman.com; http://stacks.cdc.gov/view/cdc/7062/ http://www.cdc.gov/nchs/data/databriefs/db124.htm#x2013;2011%3C/a%3E https://www.cia.gov/library/publications/the-world-factbook/fields/2223.html#149</p>	
12:56	SPOTBREAK 2: Roloids "Advanced-Wake Up" Lumber Liquidators "Bellwood Coupon Event" OUTCUE: ...store near you.	:30 :30
13:56	:02 PAUSE FOR LOCAL AVAIL	:02
13:57	SEGMENT 2: THE JOY OF SINGING	8:24
	<p>Synopsis: Research shows that singing in a group has health benefits, as well as simply making people feel good. Experts and participants discuss this increasing singing trend in society, and how singing is being used to treat one serious disease.</p> <p>Host: Nancy Benson. Guests: Stacy Horn, author, <u>Imperfect Harmony: Finding Happiness Singing With Others</u>; Dr. Barbara Reuer, CEO and Founder, Musicworx, Inc. music therapy practice, San Diego; Karen Hesley, speech pathologist and director, Tremble Clefs singing group</p> <p>Compliancy issues covered: health care; psychology; pop culture; elderly, senior citizens, and aging</p>	
22:22	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60 :60
24:22	Medical Notes & News. Host: Shel Lustig	2:04
26:26	SPOTBREAK 4: Gold Bond "Shaquettes GB Powder" Grainger "Simple"	:30 :30
27:26	Program Conclusion	:30
27:59	TOTAL TIME	

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Program Log for Viewpoints

Program	15-28	Producers	Pat Reuter
Air Week	7/12/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence
Time	Segment	Dur.	
:00	INTRO	:45	
:45	SPOTBREAK 1: U.S. Tax Shield/Fresh Start OUTCUE: ...	:60	
1:45	:02 PAUSE FOR LOCAL AVAIL	:02	
1:47	SEGMENT 1: Human Trafficking: What are the costs in ruined lives and heartbreak?	11:13	
	<p>Synopsis: Slavery is alive in the United States and around the world in the 21st century. That's hard to believe, but all over the world people are being forced to work long hours as laborers or in the sex trades, in horrible conditions for little or no money – and there's no way for them to get out. We talk to two specialists in human trafficking about the issue and what's being done to help the survivors of this horrible crime and their families.</p> <p>Host: Gary Price. Guests: Melysa Sperber, Dir. of the Alliance to End Slavery and Trafficking, a project of Humanity United; Kay Buck, CEO of Coalition to Abolish Slavery and Trafficking, CAST, Los Angeles, CA</p> <p>Links for more info: www.endslaveryandtrafficking.org www.castla.org National Hotline: 1-888-373-7888. CAST-LA Hotline: 1-888-539-2373.</p> <p>Compliance Issues Covered: slavery, labor, crime & law enforcement, immigration, criminal justice system, business</p>		
13:00	SPOTBREAK 2: Donate Cars/Going to Do Gold Bond/Shaquettes GB Powder Geico/Wow OUTCUE: ...	:60 :30 :30	
15:00	02 PAUSE FOR LOCAL AVAIL	:02	
15:02	SEGMENT 2: Philanthropy: Even small donations can have a BIG impact	10:25	
	<p>Synopsis: The huge donations by billionaires such as Bill and Melissa Gates, Oprah, and Warren Buffett get a lot of press – and they help a lot of charities and people around the world. You might be surprised to know, though, that most of the money that non-profits receive is from small donors giving much less to deserving causes. We'll talk to a philanthropy specialist about how to give wisely and make sure your money is used in the way you intend.</p> <p>Host: Marty Peterson. Guests: Carrie Morgridge, Vice President of The Morgridge Family Foundation, author of <i>Every Gift Matters: How your passion can change the world.</i></p> <p>Links for more info: www.carriemorgridge.com</p> <p>Compliance Issues Covered: philanthropy, business, personal finance, non-profits, government</p>		
25:27	SPOTBREAK 3: Hennion & Walsh/Municipal Bonds Tax Free Geico/Shooting Star Gold Bond/Shaquette GB Powder OUTCUE:	:60 :30 :30	
27:27	Program Conclusion	:30	
27:57	TOTAL TIME		

Program	15-28	Producers	Reed Pence, Evan Rook & Amirah Zaveri
Air Week	7/12/15-7/18/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Hennion & Walsh "Municipal Bonds Tax Free" OUTCUE: ...FINRA, SIPC.	:59
1:59	:02 PAUSE FOR LOCAL AVAIL	:02
2:01	SEGMENT 1: PERFECT PITCH	12:54
	<p>Synopsis: The ability to "know" the musical pitch of any sound has traditionally been thought to be learnable only at a very early age through musical training. But new research shows perfect pitch is teachable to adults as well. Experts discuss the implications on all forms of learning.</p> <p>Host: Reed Pence. Guests: Dr. Diana Deutsch, Prof. of Psychology, Univ. of California, San Diego; Stephen Van Hedger, PhD student in cognitive psychology, Univ. of Chicago; Dr. Howard Nusbaum, Prof. of Psychology, Univ. of Chicago</p> <p>Compliancy issues covered: education and learning; adult education</p> <p>Links for more information: http://deutsch.ucsd.edu/psychology/pages.php?i=101; http://psychology.uchicago.edu/people/students/hedger.shtml; http://psychology.uchicago.edu/people/faculty/hnusbaum.shtml</p>	
14:55	SPOTBREAK 2: Gold Bond "Shaquettes GB Powder" OUTCUE: ...how much you could save. Geico "Show on the Road"	:30
15:55	:02 PAUSE FOR LOCAL AVAIL	:02
15:57	SEGMENT 2: AIR POLLUTION AND LUNG HEALTH	7:01
	<p>Synopsis: Air pollution is blamed for one of every eight deaths worldwide, including 200,000 in the US each year. A noted lung physician discusses some of the diseases smog can cause and ways to keep your lungs safe.</p> <p>Host: Nancy Benson. Guest: Dr. Steven Nathan, Director, Advanced Lung Disease and Lung Transplant Program, Inova Fairfax Hospital, Falls Church, VA</p> <p>Compliancy issues covered: health care; public health; pollution and environment</p> <p>Link for more information: http://www.inova.org/healthcare-services/lung-transplant/index.jsp</p>	
22:58	SPOTBREAK 3: Donate Cars "Going to Do" OUTCUE: ...how much you could save. US Tax Shield "Tax Settlement"	:60
24:58	Medical Notes & News. Host: Shel Lustig	1:31
26:29	SPOTBREAK 4: Gold Bond "Shaquettes GB Powder" OUTCUE: ...how much you could save. Geico "Motor Mike"	:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	



Program Log for Viewpoints

Program	15-27	Producers	Pat Reuter
Air Week	7/5/15	Production Directors	Sean Waldron, Nick Hofstra, Reed Pence

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Alzheimer's Association/Ten Ways to Love Your Brain OUTCUE: ...that's ALZ.org.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: Comedy and Comedians: How do they get so funny?	10:40
	<p>Synopsis: Everyone likes a good comedy show, and these days there seems to be a comedian around every corner. Comedy club comics, television shows, movies and plays that try to make us laugh at the absurdities of life are very popular, but did you ever wonder just how they come up with their material? We talk to a veteran comedy writer about the process of writing funny stuff and the successes and failures that make a comedian a star.</p> <p>Host: Gary Price. Guests: Joe Randazzo, head writer for @Midnight on Comedy Central, former editor of <i>The Onion</i>, former creative editor of Adultswim.com, author of the book <i>Funny on Purpose: The definitive guide to an unpredictable career in comedy</i>.</p> <p>Links for more info: Twitter @Randazzoj</p> <p>Compliance Issues Covered: popular culture, media, the arts</p>	
12:25	SPOTBREAK 2: Suave/Confidence Geico/Squirrel America's Best Value Inn/Instant Man OUTCUE: ...saved me, instantly	:58 :30 :31
14:24	02 PAUSE FOR LOCAL AVAIL	:02
14:26	SEGMENT 2: Over-involved Parents: Do they hurt kids' creativity and independence?	11:00
	<p>Synopsis: Kids are little bundles of imagination and they can amuse themselves with the simplest of household goods: a pot and a spoon, becomes a drum; a cardboard box turns into a fort, and a towel can transform them into a caped crusader! However, some parents tend to micromanage their kids' time with structured activities and there's little left for the child to explore the world. We talk to a self-proclaimed "odd child" and imaginative artist and also to a psychotherapist about the pitfalls of over-involved parenting and the benefits of letting kids be on their own to use their imaginations and test their independence.</p> <p>Host: Marty Peterson. Guests: William Joyce, Oscar-winning filmmaker, author of the children's book, <i>Billy's Booger: A memoir, sort of</i>. Mary Jo Rapini, psychotherapist who deals with issues of family, relationships and intimacy.</p> <p>Links for more info: www.moonbotstudios.com www.maryjorapini.com</p> <p>Compliance Issues Covered: parenting issues, youth at risk, education</p>	
25:26	SPOTBREAK 3: U.S. Tax Shield/Fresh Start America's Best Value Inn/Instant Man Viviscal/ 2 Tab OUTCUE: ...that's 800-337-8312	:60 :30 :30
27:26	Program Conclusion	:30
27:56	TOTAL TIME	



Program Log for *Radio Health Journal*

Program	15-27	Producers	Molly Nagle, Evan Rook & Reed Pence
Air Week	7/5/15-7/11/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:01	SPOTBREAK 1: Hennion & Walsh "Municipal Bonds" OUTCUE: ...FINRA, SIPC.	:59
2:00	:02 PAUSE FOR LOCAL AVAIL	:02
2:02	SEGMENT 1: REFUSE WORKERS: THE DANGERS OF TRASH	12:12
	<p>Synopsis: Most people don't think much about what happens to their trash after they set it at the curb. But day in and day out, refuse workers have the most dangerous municipal job, with more injuries than police or firefighters. Two experts discuss the massive job of hauling our garbage away.</p> <p>Host: Reed Pence. Guests: Robin Nagle, Clinical prof. of Anthropology and Urban Studies, New York Univ., anthropologist in residence, New York Sanitation Dept., and author, <u>Picking Up: On the Streets and Behind the Trucks with the Sanitation Workers of New York City</u>; Sam Shick, franchise operator, 1-800-GOT-JUNK</p> <p>Compliancy issues covered: local and municipal government; worker safety; environment</p> <p>Links for more information: http://robinnagle.com; http://www.1800gotjunk.com/us_en</p>	
14:14	SPOTBREAK 2: Geico "Penny" America's Best Value Inn "Home Run" OUTCUE: ...at ABVI.com.	:30 :30
15:14	02 PAUSE FOR LOCAL AVAIL	:02
15:16	SEGMENT 2: TV DOCTORS: TRUTH OR FICTION?	7:17
	<p>Synopsis: TV doctors wield tremendous influence with patients, sometimes even more than a person's own doctor. Yet studies show that the advice you hear on TV is often unsupported by medical research. Experts discuss how celebrity doctors miss the mark and why they're so popular.</p> <p>Host: Nancy Benson. Guests: Dr. Christina Korownyk, Assoc. Prof. of Family Medicine, Univ. of Alberta; Dr. Georgianna Donadio, Program Director, National Institute of Whole Health; Dr. Lindsey Meredith, Prof. of Marketing, Beedie School of Business, Simon Fraser Univ.</p> <p>Compliancy issues covered: health care; public health; consumerism; mass media; pop culture</p> <p>Link for more information: http://www.bmj.com/content/349/bmj.g7346; http://www.wholehealtheducation.com/who/DrD_interviews_articles.shtml; http://beedie.sfu.ca/profiles/LindsayMeredith</p>	
22:33	SPOTBREAK 3: Donate Cars "Going to Do" US Tax Shield "Tax Settlement"	:60 :60
24:33	Medical Notes & News. Host: Shel Lustig	1:53
26:26	SPOTBREAK 4: America's Best Value Inn "Home Run" Viviscal "2 INT"	:30 :30
27:26	Program Conclusion	:30
27:56	TOTAL TIME	

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Program	15-26	Producers	Reed Pence, Molly Nagle & Evan Rook
Air Week	6/28/15-7/4/15	Production Directors	Sean Waldron & Nick Hofstra

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: VSL#3 "IBS Friendly Cooking" OUTCUE: ...for \$5 off.	:62
2:02	:02 PAUSE FOR LOCAL AVAIL	:02
2:04	SEGMENT 1: BELL'S PALSYP	14:06
	<p>Synopsis: Bell's palsy is a frightening malfunction in the nerve controlling half of the face that occurs for unknown reasons. Sufferers often think they're having a stroke. While Bell's palsy often resolves on its own, it can leave permanent effects. Experts and two people who've had the disorder discuss.</p> <p>Host: Reed Pence. Guests: Mandy, Bell's palsy patient; Dr. Steven Lewis, Prof. and Assoc. Chairman, Dept. of Neurological Sciences, Rush Univ. Medical Center; Dr. Lisa Ishii, Assoc. Prof. of Otolaryngology-Head and Neck Surgery, Johns Hopkins Univ. School of Medicine; Kerry Schrambeck, Bell's palsy patient</p> <p>Compliancy issues covered: health care; consumerism; disabilities</p> <p>Links for more information: http://patients.aan.com/resources/neurologynow/index.cfm?event=home.showArticle&id=ovid.com%3A%2Fbib%2Fovftdb%2F01222928-201107010-00012; http://www.hopkinsmedicine.org/healthlibrary/conditions/nervous_system_disorders/bells_palsy_85,P00774/;</p>	
16:11	SPOTBREAK 2: Grainger "The Choice" Gold Bond "Shaq's Friction Defense" OUTCUE: ...oh boy.	:30 :30
17:11	:02 PAUSE FOR LOCAL AVAIL	:02
17:13	SEGMENT 2: A DOCTOR'S EMOTIONS	6:40
	<p>Synopsis: Many doctors believe emotion is detrimental to medical practice, and many patients think doctors are cold and emotionless. But one influential physician explains why emotion is important to doctors.</p> <p>Host: Lynn Holley. Guest: Dr. Danielle Ofri, Assoc. Prof. of Medicine, New York Univ. School of Medicine and author, <i>What Doctors Feel: How Emotions Affect the Practice of Medicine</i></p> <p>Compliancy issues covered: health care; public health; consumerism</p> <p>Link for more information: http://danielleofri.com/books/what-doctors-feel/</p>	
23:53	SPOTBREAK 3: Alzheimer's Association "Ten Ways to Love Your Brain"	:60
24:53	Medical Notes & News. Host: Shel Lustig	1:34
26:27	SPOTBREAK 4: Geico "Squirrel" Lumber Liquidators "EOQ Sale"	:30 :30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	