

Cumulus Media Quarterly Issues and Programs Reconciliation Report

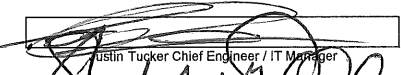
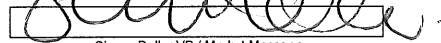
Station: WVWZ-FM

Quarter: 3

Year: 2018

Program	Air Date	Air Time
THE ILLUMINATION PROJECT...MAKING PROGRESS THRU LISTENING SESSIONS	July 7, 2018	6:02:35 AM
THE CHARLESTON LITERACY ASSOCIATION...WORKING TO TEACH THE LOW COUNTRY TO READ	July 14, 2018	6:01:41 AM
THE AMERICAN RED CROSS IS ALWAYS READY FOR ANYTHING	July 21, 2018	6:01:44 AM
FIXING THE CROSSTOWN...IN MEMORY OF ITS VICTIMS	July 28, 2018	6:02:06 AM
CHARLESTON WATERKEEPER...THE PUBLIC'S WATCHDOG ON THE LOCAL WATERWAYS	August 4, 2018	6:02:12 AM
CAROLINA YOUTH DEVELOPMENT...HELPING AT RISK AND ABUSED YOUTH THRU TO YOUNG ADULTHOOD	August 11, 2018	6:02:54 AM
FIRST DAY OF SCHOOL IS TOMORROW...KNOW HOW TO DRIVE AROUND BUSES...SCHOOLS...AND BUS STOPS	August 18, 2018	6:01:22 AM
THE ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED...WORKING TO GET KIDS READY FOR SCHOOL	August 25, 2018	6:19:33 AM
THE CHARLESTON AFRICAN AMERICAN MUSEUM	September 1, 2018	6:01:28 AM
NURITION DURING THE BACK-TO-SCHOOL DAYS	September 8, 2018	6:01:05 AM
CALLING ALL SENIORS FOR THE SENIOR SUMMIT	September 15, 2018	5:55:17 AM
EDUCATING EVERYONE ABOUT HEART DISEASE...EXPECIALLY YOUNG WOMEN	September 22, 2018	6:03:07 AM
OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH	September 29, 2018	6:01:32 AM

Report Filed on 10-11-18 by:
Due to Hurricane Michael
 Report Reviewed by


 Justin Tucker Chief Engineer / IT Manager

 Sherry Dollar VP / Market Manager

WWWZ-FM

Affidavit							
Cat	ID	Date	Aired	Sched	Length	Status	Description
COM	DA2000	18-07-07	06:02:35	06:01:20	28:58	on-air	ILLUMINATION PROJECT
COM	DA2000	18-07-14	06:01:41	06:01:20	29:08	on-air	TRIDENT LITERACY ASSOC
COM	DA2000	18-07-21	06:01:44	06:01:20	29:12	on-air	CHAS RED CROSS CA.
COM	DA2000	18-07-28	06:02:06	06:01:20	29:03	on-air	CROSSTOWN IMPROVEMEN
COM	DA2000	18-08-04	06:02:12	06:01:20	29:15	on-air	CHARLESTON WATERKEEP.
COM	DA2000	18-08-11	06:02:54	06:01:20	28:58	on-air	CAROLINA YOUTH DEVELOP
COM	DA2000	18-08-18	06:01:22	06:01:20	29:09	on-air	SCHOOL ROAD RULES C
COM	DA2000	18-08-25	05:54:41	06:01:20	28:53	on-air	STUDENT EYE HEALTH
COM	DA2000	18-08-25	06:19:33	>cpy<<<<	28:53	on-air	STUDENT EYE HEALTH
COM	DA2000	18-09-01	06:01:28	06:01:20	29:12	on-air	IAAM CAROLINA
COM	DA2000	18-09-08	06:01:05	06:01:20	29:01	on-air	SCHOOL TIME NUTRITION
COM	DA2000	18-09-15	05:55:17	06:01:20	29:11	on-air	SENIOR SUMMIT CAR.
COM	DA2000	18-09-22	06:03:07	06:01:20	29:05	on-air	HEART WALK CARD
COM	DA2000	18-09-29	06:01:32	06:01:20	28:47	on-air	MY SISTERS HOUSE CA

Affidavit Options:

Start Date: October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

End Date: September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

COM-DA2000 List
 NCU-DA2000
 AM4-Descrip
 PR4-Descrip
 PR2-Descrip
 CSU-Descrip Create
 PR3-Descrip
 PR1-Descrip Print
 PR5-Descrip Done

Start ID: Stop ID:

THE GIRL SCOUTS OF EASTERN SOUTH CAROLINA...EVOLVING TO
BETTER SERVE YOUNG GIRLS.

AIR DATE: JULY 1, 2018

GUESTS: DONNA LEE...DIRECTOR OF COMMUNICATIONS AND
MARKETING FOR THE GIRL SCOUTS OF EASTERN SOUTH
CAROLINA...AND REPUBLICAN NANCY MACE...STATE
REPRESENTATIVE OF DISTRICT 99

DISCUSSION CENTERED ON THE NEW DIRECTION OF THE GIRL
SCOUTS OF AMERICAN...AND THE LOCAL GIRL SCOUT COUNCIL. THE
BOY SCOUTS OF AMERICA ANNOUNCED LAST SPRING THAT IT
WOULD BEGIN ACCEPTING GIRLS. LEE SAYS BSA HAS BEEN LOSING
MEMBERS. IT'S BELIEVED THAT ADMITTING GIRLS WOULD BE A
WAY FOR THE BOY SCOUTS TO 'STAY ALIVE'.

THE LOCAL GIRL SCOUTS ORGANIZATION SAYS IT IS STRIVING TO BE
A BETTER PLACE FOR GIRLS AND YOUNG WOMEN BY OFFERING
MORE ACTIVITIES AND OPPORTUNITIES...SO YOUNG WOMEN TODAY
CAN BECOME THE YOUNG LEADERS OF TOMORROW.

STATE REPRESENTATIVE NANCY MACE IS HELPING THE LOCAL GIRL
SCOUT COUNCIL IN TAKING THE SCOUTS IN ITS NEW DIRECTION.
SHE IS EDUCATING YOUNG WOMEN ON THE ISSUES OF PUBLIC
POLICY AND MATTERS OF LEADERSHIP.

MACE SAYS HER SCOUTING YEARS HELPED READY HER FOR HER
YEARS AT THE CITADEL...HELPING HER BECOME THE FIRST WOMAN
TO GRADUATE WITH HONORS FROM THE LEGENDARY MILITARY
COLLEGE.

THE ILLUMINATION PROJECT....MAKING PROGRESS THRU LISTENING SESSIONS

AIR DATE: JULY 8, 2018

GUEST: REV KYLON MIDDLETON...OF THE MT ZION AME CHURCH DOWNTOWN CHARLESTON

DISCUSSION CENTERED ON PROGRESS MADE BY THE ILLUMINATION PROJECT. THE PROJECT HAD BEEN FORMING IN THE YEARS LEADING UP TO TWO HIGH-PROFILE NEWS STORIES IN 2015. THE PROJECT WENT PUBLIC ON A LARGE SCALE FOLLOWING THE APRIL 2015 POLICE SHOOTING OF MOTORIST WALTER SCOTT IN NORTH CHARLESTON....AND THE JUNE 2015 SHOOTING DEATHS OF 9 PEOPLE AT THE MOTHER EMANUEL AME CHURCH DOWNTOWN.

THE PROJECT CONTINUES TO SEEK COMMON GROUND BY ESTABLISHING LISTENING SESSIONS BETWEEN POLICE AND MEMBERS OF MINORITY COMMUNITIES. THE SESSIONS ENABLE THESE SESSIONS....SO COMMUNITY MEMBERS CAN LISTEN TO POLICE CONCERNS....AND POLICE CAN LISTEN TO THE RESIDENTS THEY PROTECT.

THE PROJECT HAS A NEW LEADER. REV MIDDLETON PLANS TO CONTINUE TO WORK WITH POLICE AND OTHERS TO EXPOSE MORE COMMON GROUND THAN DIFFERENCES AMONG THE PARTICIPANTS.

THE EFFORT CONTINUES TO GAIN GOOD REVIEWS FROM THOSE WHO PARTICIPATE. AND THE LISTENING SESSIONS CONTINUE.

THE CHARLESTON LITERACY ASSOCIATION...WORKING TO TEACH
THE LOW COUNTRY TO READ

AIR DATE: JULY 15, 2018

GUESTS: EILEEN CHEPENIK...EXECUTIVE DIRECTOR OF
CHARLESTON LITERACY ASSOC....KRISTIN WARRINGTON
BROXTON...DOWNTOWN CHARLESTON SITE MANAGER...AND
STELLA NECKER....ASSOCIATION'S PROGRAM DIRECTOR

DISCUSSION CENTERED ON THE ASSOCIATION'S CONTINUING QUEST
TO TEACH READING TO THOSE WHO HAVE NOT LEARNED THE
VALUABLE LIFE SKILL. THOSE WHO DON'T KNOW HOW TO
READ...OR READ RELATIVELY WELL...ARE SENTENCED TO A LIFE OF
LOW INCOME AND POVERTY. MANY TIMES THE KIDS OF THOSE WHO
CANNOT READ...PASS THE DEFICIT ALONG TO THEIR KIDS. THE THE
CYCLE CONTINUES.

BUT THE LITERACY ASSOC TEACHES READING....HELPS DROPOUTS
GET G-E-Ds....AND IN TURN...HELPS RESIDENTS GET JOBS.

WARRINGTON-BROXTON MANAGES THE DOWNTOWN SITE AND SAYS
THERE ARE NEW PROGRAMS THAT PAIR MOMS WHO ARE LEARNING
HOW TO READ WITH KIDS WHO ARE ALSO LEARNING. IT HAS
PROVEN TO BE A VALUABLE PROGRAM.

NECKER SAYS THE LITERACY ASSOC ALSO TEACHES MATH SKILLS.
SUCH SKILLS ARE NEEDED FOR MONEY MANAGEMENT AND
BUDGETS.

THE AMERICAN RED CROSS IS ALWAYS READY FOR ANYTHING

AIR DATE: JULY 22, 2018

GUEST: CUTHBERT LANGLEY...SPOKESMAN FOR THE LOW COUNTRY
AMERICAN RED CROSS

DISCUSSION CENTERED ON ASPECTS OF WHAT THE RED CROSS DOES EVERY DAY. THAT IS...PREPARED FOR WHATEVER THE DAY BRINGS! IT'S A TALL ORDER...BUT THAT'S IT'S JOB. IF THERE IS A NATURAL DISASTER...THE RED CROSS GOES TO WORK. IF THERE IS A TRAIN OR PLANE ACCIDENT...THE RED CROSS IS THERE. IF A FAMILY EXPERIENCES A HOUSE FIRE...THE RED CROSS IS ON THE SCENE. AND WHEN BLOOD IS NEEDED AT ANY OF THE LOW COUNTRY HOSPITAL SYSTEMS....THE RED CROSS PROVIDES.

THE RED CROSS LOSES AN ESTIMATED 550 PINTS OF BLOOD DAILY IN THE SUMMER...DUE TO FEWER DONORS. SCHOOLS ARE OUT OF SESSION...RESIDENTS TAKE VACATIONS....AND FEWER BLOOD DRIVES ARE SCHEDULED. SOMEHOW...THE RED CROSS FINDS THE BLOOD NEEDED FOR THE LOW COUNTRY.

THE RED CROSS CONTINUES TO WORK WITH LOCAL FIRE DEPARTMENTS AND EVEN THE MILITARY TO INSTALL FIRE AND SMOKE DETECTORS IN HOMES THAT DO NOT HAVE THEM. THE ALARMS AND THEIR INSTALLATION ARE FREE.

THE RED CROSS CAN'T DO ANYTHING WITHOUT A HOST OF VOLUNTEERS. AND LANGLEY SAYS VOLUNTEERS ARE ALWAYS NEEDED.

FIXING THE CROSSTOWN....IN MEMORY OF ITS VICTIMS

AIR DATE: JULY 29, 2018

GUEST: LYNNETTE RANZ....A MOTHER WHO LOST HER DAUGHTER IN AN AUTO-PEDESTRIAN ACCIDENT ON THE CROSSTOWN JANUARY 2014

DISCUSSION CENTERED ON THE CHANGES THE CITY OF CHARLESTON ANNOUNCED THIS WEEK ON THE SEPTIMA CLARK PARKWAY...OTHERWISE KNOWN AS THE CROSSTOWN.

RANZ LOST HER 21 YEAR OLD DAUGHTER LINDSAY AS SHE WAS HIT BY A PICK UP TRUCK WHILE JOGGING AND CROSSING THE CROSSTOWN AT COMING STREET.

RANZ HAS BEEN THE 'LONE WARRIOR' IN THE BATTLE TO GET IMPROVEMENTS MADE TO THE HIGHWAY. OTHERS WHO HAVE LOST LOVED ONES ALONG THE ROADWAY HAVE NEVER JOINED HER IN HER BATTLE TO GET BETTER SIGNAGE....TRAFFIC LIGHT CONTROL....AND ENFORCED SPEED LIMITS.

WHILE RANZ SAYS THE CHANGES MADE ARE 'BETTER THAN NOTHING'...SHE SAYS MORE NEEDS TO BE DONE ON THE DEADLY HIGHWAY. SHE ALSO SAYS DRIVERS ALONG THE CROSSTOWN NEVER SEEM TO SLOW DOWN FOR PEDESTRIANS. SHE ALSO FINDS FAULT WITH AN OVER-THE-HIGHWAY WALKWAY THAT SHE SAYS NO ONE CAN FIND. RANZ SAYS IT NEEDS TO BE MORE ACCESSIBLE.

RANZ SAYS SHE WILL NOT STOP IN HER CRUSADE TO MAKE THE ROADWAY SAFER. SHE SAYS SHE WILL CONTINUE TO WORK WITH CITY AND STATE OFFICIALS. RANZ CONTENDS THE ROADWAY IS STILL DANGEROUS....AND WISHES GOVERNMENTS WERE MORE RECEPTIVE TO THOSE WORKING TO MAKE IT SAFER

CHARLESTON WATERKEEPER...THE PUBLIC'S WATCHDOG ON THE LOCAL WATERWAYS

AIR DATE: AUGUST 5, 2018

GUEST: ANDREW WUNDERLY...EXECUTIVE DIRECTOR OF CHARLESTON WATERKEEPER

DISCUSSION CENTERED ON THAT CHARLESTON WATERKEEPER IS ALL ABOUT. THE ORGANIZATION WAS FORMED ONLY ABOUT 8 YEARS AGO....AND ACTS AS THE PUBLIC'S VOICE WHEN IT COMES TO THE HEALTH OF LOCAL WATERWAYS...CREEKS AND MARSHES.

BETWEEN MAY AND OCTOBER...WATERKEEPER TESTS THE WATERS OF THOSE AREAS FREQUENTED BY RESIDENTS. THESE AREAS INCLUDE SHEM CREEK...HOBCAW CREEK...JAMES ISLAND CREEK...WAPOO CUT...BATTERY BEACH....AS WELL AS OTHER AREAS.

WHILE FEDERAL AND STATE AGENCIES TEST A LOT OF THE WATERS...THE CREEKS AND MARSHES WERE NEGLECTED WITH SOME AREAS NOT TESTED FOR MORE THAN 10 YEARS BEFORE CHARLESTON WATERKEEPER STARTED ITS TESTING.

AND WHILE MANY LOOK AT THE HEAVY RAINS IN THE LOW COUNTRY AS A GOOD THING....WUNDERLY SAYS HE FRETS WHEN HE THINKS OF ALL THE RAIN. THAT RAIN WASHES OILS...FERTILIZER...PESTICIDES AND OTHER BAD THINGS INTO THE WATERWAYS.

AND HE ADVISES THAT WHEN THE HEAVY RAINS FILL AND FLOOD OUR NEIGHBORHOODS...NEVER INTERACT WITH THOSE WATERS. IT MAY SEEM FUN...BUT THE WATERS ARE FILLS WITH CHEMICALS AND SUBSTANCES THAT CAN MAKE US SICK.

CAROLINA YOUTH DEVELOPMENT...HELPING AT RISK AND ABUSE
YOUTH THRU TO YOUNG ADULTHOOD

AIR DATE: AUGUST 12, 2018

GUEST: BEVERLY HARDIN...EXECUTIVE DIRECTOR OF THE NON-
PROFIT CAROLINA YOUTH DEVELOPMENT AGENCY

DISCUSSION CENTERED ON THE MISSION OF THE AGENCY AND HOW IT HELPS AT- RISK AND ABUSED JUVENILES. THE ORGANIZATION HAS ITS ROOTS IN THE LATE 1700's IN CHARLESTON. IT IS AN UMBRELLA AGENCY THAT WORKS WITH CHILDREN AND TEENS IN CRISIS.

THE KIDS COME TO THE AGENCY THRU THE COURTS AND THE DEPT OF SOCIAL SERVICES. THE AGENCY WORKS TO PROVIDE A SAFE PLACE FOR THE KIDS TO STAY WHILE PROBLEMS WITH THEIR FAMILIES ARE REMEDIED. THESE KIDS OF OFTEN ABUSED AND NEGLECTED. THEY NEED A LOT OF HELP TO BOUNCE BACK FROM SUCH TRAUMAS...AND ALSO GROW UP.

AS WE NEAR THE START OF THE NEW SCHOOL YEAR...CAROLINA YOUTH DEVELOPMENT'S WORK CONTINUES IN OUR OF THE SCHOOLS...AS THESE AFFECTED KIDS CONTINUE TO GROW.

FAMILIES SITUATIONS TRY AND BE HEALED...BUT THAT DOES NOT ALWAYS HAPPEN. AND HELP IS ON THE WAY FOR THOSE WHO ARE GETTING READY TO AGE OUT OF THE SYSTEM VIA A TRANSITIONAL HOME WHERE THESE YOUNG PEOPLE CAN PREPARE FOR THE ADULT WORLD.

FIRST DAY OF SCHOOL IS TOMORROW.....KNOW HOW TO DRIVE
AROUND BUSES....SCHOOLS.....AND BUS STOPS

AIR DATE: AUGUST 19, 2018

GUEST: LANCE CORPORAL MATT SOUTHERN...LOW COUNTRY
SPOKESMAN FOR THE SOUTH CAROLINA DEPARTMENT OF PUBLIC
SAFETY AND HIGHWAY PATROL.

DISCUSSION WAS A BRUSH-UP ON THE RULES MOTORISTS ARE
REQUIRED TO ABIDE BY STARTING AUGUST 20TH... WHICH IS THE
FIRST DAY OF SCHOOL.

RULES INCLUDE WHEN TO STOP FOR A SCHOOL BUS. FOR THE
RECORD YOU STOP FOR A BUSES ON TWO LANE ROADWAYS. YOU
DO NOT STOP FOR THE BUS ON A MULTI LANE ROAD IF YOU ARE
TRAVELING IN THE OPPOSITE DIRECTION OF THE BUS.

SOUTHERN ALSO STRESSED THE NEED FOR PARENTS TO TALK TO
THEIR TEEN DRIVERS WHO MAY BE DRIVING TO SCHOOL FOR THE
FIRST TIME. NO TEXTING WHILE DRIVING...NO DISTRACTED
DRIVING.

AND KIDS IN NEIGHBORHOODS WALKING TO BUS STOPS SHOULD BE
INSTRUCTED TO STAY OUT OF THE ROAD WHILE WAITING FOR THE
BUS. THIS IS ESSENTIAL...ESPECIALLY IF THE BUS STOP IS ON A
BUSY ROADWAY. KIDS SHOULD ALSO BE INSTRUCTED ON BICYCLE
RIDING RULES.

RESPONSIBILITY RESTS WITH DRIVERS AND STUDENTS.

THE ASSOCIATION FOR THE BLIND AND VISUALLY
IMPAIRED....WORKING TO GET KIDS READY FOR SCHOOL

AIR DATE: AUGUST 26, 2018

GUEST: BROOKS HARKEN....DIRECTOR OF PROGRAMS WITH THE
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED IN
CHARLESTON

DISCUSSION CENTERED ON HOW THE ASSOCIATION IS REACHING
OUT TO TITLE-1 SCHOOLS IN GIVING YOUNG STUDENTS FREE EYE
EXAMS, GLASSES AND TREATMENTS IF NECESSARY.

THE ASSOCIATION IS TEAMING UP WITH THE STORM EYE INSTITUTE
AS WELL AS OTHER EYE PROFESSIONALS IN GIVING THESE EXAMS.

STUDENTS....EVEN THOSE AS YOUNG AS 3 YEARS OF AGE....CAN
HAVE EYE PROBLEMS. IF A 'LAZY'EYE IS DIAGNOSED....IT CAN BE
CORRECTED IF FOUND EARLY. OTHER JUVENILE EYE PROBLEMS
CAN BE FOUND AND FIXED. EYE HEALTH AND THE DIAGNOSIS OF
PROBLEMS CAN BE CORRECTED...HELPING STUDENTS EXCEL.

EYE PROBLEMS IN KIDS ARE FREQUENTLY FOUND 'JUST IN TIME'
AND CORRECTED. IT'S AN IMPORTANT ASPECT TO THE EDUCATION
CAREER. A STUDENT WHO CANNOT SEE PROPERLY CAN EASILY
STOP LEARNING. IT BECOMES A DOWNHILL TREND.

THE CHARLESTON AFRICAN AMERICAN MUSEUM

AIR DATE: SEPTEMBER 2, 2018

GUEST: MICHAEL B. MOORE....PRESIDENT AND CEO OF THE CHARLESTON INTERNATIONAL AFRICAN MUSEUM

DISCUSSION CENTERED OF A HUGE MILESTONE FOR THIS EFFORT....THE SUCCESSFUL GOAL REACHED OF RAISING 75 MILLION DOLLARS FOR THE BUILDING OF THE MUSEUM.

IT HAS TAKEN A COUPLE OF YEARS TO RAISE THE MONEY...BUT THE CONCEPT WAS BORN ALMOST 20 YEARS AGO BY FORMER CHARLESTON MAYOR JOE RILEY. HE STARTED THINKING ABOUT SUCH A MUSEUM AFTER READING THE BOOK 'SLAVE IN THE FAMILY'. RILEY....MAYOR OF CHARLESTON FOR 40 YEARS...DECIDED THAT THE CITY NEEDED A MUSEUM TO TELL THE STORY OF THE SLAVE TRADE AND HOW IT BEGAN ON GADSDEN WHARF...ON THE CITY'S HISTORIC WATERFRONT. MOORE SAYS AFTER THE MUSEUM WAS PROPOSED....THE CONCEPT HAD TO BE SHOPPED TO HUNDREDS OF PEOPLE AS IT BECAME FORMULATED.

FINALLY.....THE EFFORT BEGAN IN EARNEST...AND THE GOAL REACHED. MOORE DESCRIBED THE MUSEUM AS BEING MULTI-FUNCTIONING. IT WILL BE A MEETING PLACE...AND EDUCATIONAL CENTER....AND A PLACE WHERE RESIDENTS CAN FIND ANCESTORS THRU TRACING FAMILY TREES.

MOORE ALSO SAYS IT WILL BE A MUSEUM FOR ALL PEOPLE...NOT JUST FOR BLACKS.

ITS HOPED GROUND CAN BE BROKEN IN 2019 AND OPEN IN 2021.

NUTRITION DURING THE BACK-TO-SCHOOL DAYS

AIR DATE : SEPTEMBER 9, 2018

GUEST: DEBRA PEITIPAIN...MUSC OFFICE OF HEALTH PROMOTION AND SPOKESPERSON FOR THE ACADEMY OF NUTRITION AND DIETETICS

DISCUSSION CENTERED ON CHANGING SCHEDULES AND TIME CONSTRAINTS THAT COME ALONG WITH THE NEW SCHOOL YEAR...AND HOW NUTRITION IS IMPACTED.

THE GOOD NEWS IS THAT PETITPAIN SAYS THERE ARE BETTER BAG LUNCHESES FOR STUDENTS THAT PARENTS CAN MAKE FOR THEIR KIDS. HEALTHLIER CHOICES MEAN BETTER NUTRITION AND MORE ENJOYABLE LUNCHESES THAT KIDS WILL ACTUALLY EAT DURING THE SCHOOL LUNCH PLAN.

ALSO IMPORTANT...DINNER HOURS FOR FAMILIES. SCHEDULES ARE JAM PACKED...BUT THE EVENING MEAL IS IMPORTANT FOR NUTRITION AND FOR THE FUNCTIONING FAMILY UNIT. PETITPAIN URGES PARENTS NOT TO RESORT TO THE GREASY BAG-O-BURGERS ROUTE SEVERAL TIMES A WEEK. SHE SAYS NUTRITIOUS MEALS CAN BE MADE IN ADVANCE WITH ALITTLE PREP TIME.

DURING THE SUMMERTIME....SCHEDULES CAN BE RELAXED. IT CAN BE TOUGH TO GET BACK INTO A SOLID ROUTINE AGAIN. BUT TO DO SO HELPS INSURE THE HEALTH OF FAMILY MEMBERS

CALLING ALL SENIORS FOR THE SENIOR SUMMIT

AIR DATE: SEPTEMBER 16, 2018

GUESTS: TAMARA PRUETT...CASE MANAGEMENT DIRECTOR OF THE EAST COOPER MEDICAL CENTER....AND MAUREEN MAGUIRE....BOARD MEMBER OF THE THOMASENA STOKES-MARSHAL CENTER AND ORGANIZER OF THE SEPTEMBER 22ND SENIOR SUMMIT IN MT PLEASANT.

DISCUSSION CENTERED ON IMPORTANT ATTRACTIONS AT THE SUMMIT AT THE THOMASENA STOKES-MARSHAL SENIOR CENTER. MAGUIRE CALLS IT A 'ONE-STOP-SHOP' OF ALL THE IMPORTANT VENDORS AND AGENCIES IMPORTANT TO SENIORS. EVERYTHING FROM FREE HEALTH SCREENINGS TO EDUCATIONAL SEMINARS. THERE WILL EVEN BE GAMES, PRIZES, AND FOOD AT THE EVENT.

WHO SHOULD ATTEND? THOSE NEARING THOSE SENIOR YEARS ALONG WITH THOSE WHO LOVE THEM. TOURS OF THE SENIOR CENTER WILL ALSO BE OFFERED. THOSE WHO ATTEND WILL REPORTEDLY GET A NEW VIEW OF WHAT SENIOR LIVING IS LIKE FOR SENIORS.

MAGUIRE SAYS THE CENTER IS VIBRANT AND ACTIVE. SHE SAYS BRAND NEW EXERCISE ROOM EQUIPMENT HAS JUST BEEN PURCHASED...SINCE THE SENIOR WORE OUT THE OTHER EQUIPMENT.

PRUETT WAS ONHAND TO TALK ABOUT THE NUTS AND BOLTS OF WHAT SHOULD BE CONSIDERED BEFORE ANY OF US HIT OUR SENIOR YEARS. SHE ADVISES TIME TAKEN TO DRAW UP WILLS...POWER OF ATTORNEY...AND OTHER NECESSARY INSTRUMENTS. SHE STRESSED HOW IMPORTANT THOSE ASPECTS OF AGE ARE FOR THOSE LEFT TO MAKE DECISIONS FOR THEIR SENIORS.

THE SENIOR SUMMIT IS FREE AND OPEN TO THE PUBLIC

EDUCATING EVERYONE ABOUT HEART DISEASE...ESPECIALLY
YOUNG WOMEN

AIR DATE: SEPTEMBER 23, 2018

GUEST: JENNY POLICKY...VOLUNTEER WITH THE LOW COUNTRY
AMERICAN HEART ASSOC...AND CHAIR OF THE ASSOCIATION'S
PASSION COMMITTEE...AND A 42 YEAR OLD HEART ATTACK
SURVIVOR

DISCUSSION CENTERED ON THE AMERICAN HEART ASSOCIATIONS
NEW PUSH TO EDUCATE WOMEN ABOUT THEIR CARDIAC RISKS.
THREE YEARS AGO WHILE DRIVING...JENNY EXPERIENCED A HEART
ATTACK. BEFORE THAT SHE NAPPED A LOT, EXPERIENCED BACK
PAIN, GROUND HER TEETH AND WAS STRESSED OUT. BUT SHE
THOUGH NOTHING OF IT UNTIL THE CARDIAC EVENT OCCURRED.

NOW...SHE SPREADS THE WORD THAT PREVENTING HEART
PROBLEMS IS SIMPLE COMMON SENSE. IT BOILS DOWN TO A BETTER
LIFESTYLE. SHE NOW MAKES IT ESSENTIAL TO RELAX AND NOT
STRESS OUT. SHE ALSO EATS MORE FRUITS AND VEGGIES AND
MAKES TIME FOR HERSELF. IT'S NOT SELFISH...IT'S LIFESAVING.

THE LOCAL HEART ASSOCIATION HOLDS ITS ANNUAL HEART WALK
SEPTEMBER 29TH AT RIVERFRONT PARK IN NORTH CHARLESTON.
THE WALK GROWS LARGER EVERY YEAR BECAUSE HEART DISEASE
IS TOUCHING MORE FAMILIES. BUT THERE IS HOPE THRU
MEDICATIONS AND HEALTHIER LIFESTYLES.

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

AIR DATE: SEPTEMBER 30, 2018

GUEST: TOSHA CONNERS....EXECUTIVE DIRECTOR OF MY SISTER'S HOUSE...A SHELTER FOR BATTERED AND ABUSED WOMEN AND THEIR CHILDREN

DISCUSSION CENTERED ON OCTOBER BEING THE MONTH WE RECOGNIZE DOMESTIC VIOLENCE AS A BIG PROBLEM IN OUR SOCIETY. MY SISTER'S HOUSE....A NEARLY 40 YEAR OLD BATTERED WOMENS SHELTER....HAS EVENTS PLANNED TO HIGHLIGHT THE MONTH.

THE BIG LUNCHEON HAPPENS OCTOBER 3RD WITH SPEAKERS DETAILING THEIR JOURNEYS.

ON OCTOBER 13TH IS THE ALWAYS POPULAR 'WALK A MILE IN HER SHOES' FUNDRAISER IN PARK CIRCLE. NOTABLE MEN IN THE LOW COUNTRY WILL WALK PARK CIRCLE WEARING HIGH HEELS. AND ALL DURING THE MONTH....YOU ARE INVITED TO HOLD 'A PARTY WITH A PURPOSE'. MY SISTER'S HOUSE PROVIDES EVERYTHING NEEDED TO HOLD YOUR OWN EVENT AT YOUR HOME TO DISCUSS DOMESTIC VIOLENCE.

EVERY YEAR SOUTH CAROLINA RANKS IN THE TOP 5 STATES WITH THE HIGHEST NUMBERS OF THOSE WOMEN KILLED IN DOMESTIC VIOLENCE INCIDENTS. THE LATEST NUMBERS ON THAT STAT ARE DUE OUT IN OCTOBER.

MY SISTER'S HOUSE IS ALMOST ALWAYS FULL. THE SHELTER OFFERS NOT ONLY A SAFE PLACE FOR BATTERED WOMEN AND THEIR KIDS...BUT ALSO CONNECTS WOMEN TO JOB TRAINING...FINANCIAL ASSISTANCE....AND ONGOING COUNSELING.