Living Truth with Larry Burd

10-02-12 at 10pm

30 min.



Dealing with ultimate grief - Loss of a child

Larry Burd is joined by Husband and wife Hal and Joyce Mante for a difficult and frank discussion on the issues facing a family when a child dies unexpectedly. On June 24th 201 the Mante's son died unexpectedly. The Mante's discuss the continuing process of grief and offer the viewer advice on what they endured. Maintaining a close relationship with your spouse, avoid shutting down, intentionally seek help and don't be afraid to sk for help are some of the points discusssed.

Living Truth with Larry Burd

10-14-12 at 10pm 10-16-12 at 10pm



30 min.

Dealing with Depression

Larry Burd hosts and is visited by psychiatrist Dr. Karl Benzio, the executive director of Lighthouse Network. Lighthouse Network is a nonprofit organization dedicated to giving people guidance through life's personal storms. Lighthouse Network offers a free, confidential helpline 24 hours a day, seven days a week. They assist individuals and their loved ones who don't know where to go for help when wrestling with a drug, alcohol, psychological, or emotional struggle. Lighthouse Network has helped thousands of people and numerous organizations obtain effective treatment to overcome addiction or psychological struggles. Lighthouse also develops educational resources for individuals and their loved ones to understand the challenges and help achieve success.

Today's discussion centers on the topic of depression, how to identify depression vs temporary sadness and how depression affects different groups such as men, women, elderly, teens.

Also discussed are the outward signs such as suicidal thoughts, depressed mood, loss of interest in life. Attention is paid to the stigma of terms such as depression and mental health problems and the viewer gains a better understanding of the term depression

The discussion is geared to those suffering from depression as well as help for those living with a family member suffering from depression.

Viewers are invited to a seminar on depression to be held in Bethlehem on October 20th which will deal with all the topics discussed on the program and will be discussed in greater detail as numerous experts will be giving presentations on various areas of depression.

Living Truth with Larry Burd

10-21-12 at 10pm 10-23-12 at 10pm



30 min.

Dealing with Addiction to Drugs and Alcohol – Family and Social Issues.

Larry Burd hosts and is visited by Wayne Stewart, the director of community outreach for Lighthouse Network. Lighthouse Network is a nonprofit organization dedicated to giving people guidance through life's personal storms. Lighthouse Network offers a free, confidential helpline 24 hours a day, seven days a week. They assist individuals and their loved ones who don't know where to go for help when wrestling with a drug, alcohol, psychological, or emotional struggle. Lighthouse Network has helped thousands of people and numerous organizations obtain effective treatment to overcome addiction or psychological struggles. Lighthouse also develops educational resources for individuals and their loved ones to understand the challenges and help achieve success.

Today's discussion centers on the topic drug and alcohol abuse and its effect on the individual as well as those surrounding the individual. Wayne Stewart shares his personal story of success followed by a sharp self destruction which at age 42 was accelerated by his personal abuse of drugs. Wayne shares the process that many suffer, and offers his story as help to those suffering from Drug and Alcohol addiction. Wayne also offers the services of the Lighthouse Network to those who find themselves, or perhaps have a family member struggling with alcohol and drug addiction and the effects of the abuse.

Living Truth with Larry Burd

11-18-12 at 10pm 11-20-12 at 10pm



30 min.

Dealing with Addiction to Drugs and Alcohol – Family and Social Issues, reaching out for help

Larry Burd hosts and is visited for a second time by Wayne Stewart, the director of community outreach for Lighthouse Network. Lighthouse Network is a nonprofit organization dedicated to giving people guidance through life's personal storms. Lighthouse Network offers a free, confidential helpline 24 hours a day, seven days a week. They assist individuals and their loved ones who don't know where to go for help when wrestling with a drug, alcohol, psychological, or emotional struggle. Lighthouse Network has helped thousands of people and numerous organizations obtain effective treatment to overcome addiction or psychological struggles. Lighthouse also develops educational resources for individuals and their loved ones to understand the challenges and help achieve success.

Today's discussion is a follow up to and further discussion of a previous visit by Wayne Stewart where he shared his personal story of success followed by a sharp self destruction which at age 42 was accelerated by his personal abuse of drugs. Wayne shared the process that many suffer, and offered his story as help to those suffering from Drug and Alcohol addiction and also offered viewers to seek the services of the Lighthouse Network.

Today's shows centers on the response of 3 people who called the 800 hotline seeking help. The viewer is given a chance to hear first hand the struggles of the callers and the help the caller was given upon seeking help at the Lighthouse network. Audio recorded messages of a phone call are played for the viewer to hear. From family and behavioral issues to drug addiction and the effects on a familt as well as the relief of finding help. Viewers are given a close look at the process of seeking help and those who find themselves in a situation in need of help are offered the same help hotline.

Living Truth with Larry Burd

12-09-12 at 10pm 12-11-12 at 10pm



30 min.

Dealing with Addiction to Drugs and Alcohol – Family and Social Issues, From Self Destruction to Self Control

Larry Burd hosts and is again visited by a representative of Lighthouse Network. Today's interview is with Elvin Colon, a care guide with Lighthouse Network. Lighthouse Network is a nonprofit organization dedicated to giving people guidance through life's personal storms. Lighthouse Network offers a free, confidential helpline 24 hours a day, seven days a week. They assist individuals and their loved ones who don't know where to go for help when wrestling with a drug, alcohol, psychological, or emotional struggle. Lighthouse Network has helped thousands of people and numerous organizations obtain effective treatment to overcome addiction or psychological struggles. Lighthouse also develops educational resources for individuals and their loved ones to understand the challenges and help achieve success.

Today's discussion tracks the path of Elvin colon's life from alcohol to recreational drugs, to hard drugs including heroin. The path Elvin took eventually led him to homelessness.

Elvin shared his story which is similar to many and offered his story as help to those suffering from Drug and Alcohol addiction and also offered viewers to seek the services of the Lighthouse Network.

Living Truth with Larry Burd

12-23-12 at 10pm 12-25-12 at 10pm



30 min.

Military Family and the Wounded Soldier

Larry Burd hosts and is visited by Daryl Kennedy, a Lehigh Valley resident who shares details about his military career with the Army and the Pennsylvania National Guard. Daryl details his mission in Iraq and recounts the explosion that severely wounded him. Daryl details how it affected his family and detailed the Army process of family notification in such circumstances and how the process can cause family grief. The viewer gains and insight to the struggles of the wounded soldier as well as the sensitivities of family members.

Living Truth with Larry Burd

12-30-12 at 6:30pm



30 min.

Cancer and the Family

Larry Burd hosts and is visited by Dr. Michael Barry of the Cancer Treatment Centers of America. Dr Barry is Director of pastoral care at the Cancer Treatment Centers of America's Philadelphia hospital. Cancer Treatment Centers of America typically deals with complex and often late stage cancer situations. Dr. Barry discusses how the Cancer Treatment Centers of America offers help and hope to those suffering from cancer and family members. Dr Barry discusses stress, personal responses and attitudes and forgiveness and coping and healing tools in combating cancer.