

**KFLT-FM**  
**Issues and Programs Report**  
**2023-Q1**  
**January - February - March**

Report Prepared and Submitted by Amy Rollins

*Amy Rollins*

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April 10, 2023

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:  
All times listed are Mountain Standard Time

## Summary

In this Quarter the station spent at least the amount of time indicated on the issues listed. In some cases, more time than documented.

| <b>ISSUE</b>  | <b>Total Minutes On-Air</b> |
|---------------|-----------------------------|
| Marriage      | 1070                        |
| Finances      | 176                         |
| Mental Health | 288                         |
| Health        | 178                         |
| Faith         | 505                         |
| Parenting     | 323                         |
| Work          | 127                         |
| Relationships | 657                         |
| Education     | 24                          |

## Issues and Programs

| Community Issue | Program Title Or Remote Description | Date Aired | Time Aired | Cumulative Minutes for all airings in that day | How program addressed Issue   |
|-----------------|-------------------------------------|------------|------------|--|---|
| Marriage        | Intentional Living                  | 1/2/2023   | 11a & 7p   | 56   | Dr. Randy helps you to have an intentional Marriage   |
| Finances        | Intentional Living                  | 1/3/2023   | 11a & 7p   | 56   | Dr. Randy helps you to make the necessary changes in your budget  |
| Health          | News                                | 1/3/2023   | 7a         | 1  | Your Christmas tree may be edible. A lot of evergreen species are used to make tea. You can burn them to make a salt substitute.  |
| Faith           | News                                | 1/3/2023   | 8a         | 1  | Tom Meyer is known as the Bible memory man and he can recite 20 books of the Bible. Some of his tips for memorization include reading scriptures aloud, listening to audio Bibles, and writing it out. How do you memorize scripture? |
| Faith           | Morning Show                        | 1/3/2023   | 6a         | 4  | listeners shared their new Year's Resolutions which revolved around sharing Jesus with others.  |
| Relationships   | Morning Show                        | 1/3/2023   | 7:12a      | 2  | Talking about estranged family members, Lynn (listener) shared how he would write letters to communicate so you can organize your thoughts better and show how much you care when it can be difficult to say the words outright.      |
| Relationships   | Morning Show                        | 1/3/2023   | 7:40a      | 2  | Sally shared about time she stayed at a lady's VRBO and experienced ultimate kindness when the owner gifted Sally with coffee mugs, she liked simply because Sally liked them.  |
| Mental Health   | Intentional Living                  | 1/4/2023   | 11a & 7p   | 56   | Dr. Randy helps you to de-clutter your cupboards  |
| Relationships   | Morning Show                        | 1/4/2023   | 6:12a      | 2  | Kathy (listener) mentioned her church's "clutter table" where people put their things, they don't want any more to offer to others that may want it.  |
| Mental Health   | Intentional Living                  | 1/5/2023   | 11a & 7p   | 56   | Dr. Randy helps you to de-clutter your schedule   |
| Faith           | Morning Show                        | 1/5/2023   | 6:40a      | 2  | A little boy went viral after his dad shared how he was worried. The boy talked about how we don't have to worry and that we just give it to God. Talked about the faith of a child.  |
| Marriage        | Morning Show                        | 1/5/2023   | 5-9a       | 4  | Joy Report - Erin (listener) shared how her marriage was impacted by counseling and it resulted in a newfound faith and love in their marriage.   |
| Health          | Intentional Living                  | 1/6/2023   | 11a & 7p   | 56   | Dr. Randy helps you to make the necessary changes in your health  |
| Faith           | Morning Show                        | 1/6/2023   | 8:10a      | 2  | Shared story of child genius who challenged Stephen Hawkins' theory on the creation of everything saying that it is illogical to think that something could come from nothing, it has to have been created, and the Creator is God.   |
| Faith           | Morning Show                        | 1/6/2023   | 4-8a       | 4  | Good News - Bobbi's husband finally overcame addiction after years of struggling, then suddenly hearing from God.   |
| Marriage        | Intentional Living                  | 1/9/2023   | 11a & 7p   | 56   | Dr. Randy shows you that marriage is for mature people only   |

|               |                    |           |          |    |  |
|---------------|--------------------|-----------|----------|----|--|
| Faith         | Intentional Living | 1/10/2023 | 11a & 7p | 56 | Dr. Randy asks, "How did you come to Christ?"  |
| Relationships | Morning Show       | 1/10/2023 | 7a       | 2  | Mike Donehey Interview - In relationships, we cannot assume we are always right. Doing so will put a roadblock in our relationships  |
| Parenting     | Intentional Living | 1/11/2023 | 11a & 7p | 56 | Dr. Randy asks you to share parenting advice   |
| Finances      | Afternoon Show     | 1/11/2023 | 6:10p    | 1  | If you donate blood this month with American Red Cross you could win a trip to the Super bowl  |
| Finances      | Afternoon Show     | 1/11/2023 | 2:10p    | 1  | An unofficial menu item is getting published at In N Out burger stands in WI, MI, IA, NM, CA, AZ, TX, CO and TN  |
| Parenting     | Intentional Living | 1/12/2023 | 11a & 7p | 56 | Dr. Randy asks what you do to be an intentional parent?  |
| Faith         | Intentional Living | 1/13/2023 | 11a & 7p | 56 | Dr. Randy asks listeners for their testimony.  |
| Faith         | Morning Show       | 1/13/2023 | 7-9a     | 6  | Blessing Offer Interview - Talked about how he got into music despite his blindness and how God answered his prayer "no" and what that meant for his faith.  |
| Work          | Intentional Living | 1/16/2023 | 11a & 7p | 56 | Who is it at work that inspires you?   |
| Faith         | News               | 1/16/2023 | 6a       | 2  | Talked about Buffalo Bills' QB Josh Allen's reinvigorated faith after the injury of friend and fellow player Damar Hamlin.   |
| Work          | News               | 1/16/2023 | 8a       | 2  | A doctor is saying that she learned valuable lessons at her first job at a fast-food restaurant that she uses even now – showing up ready to work early, actively listening to the customer and knowing her patients, and how teamwork makes all the difference. What's a valuable lesson you learned at your first job that you use even today? |
| Relationships | Morning Show       | 1/16/2023 | 6:30a    | 2  | Study shows that couples that use "we" instead of "I" were better at resolving conflict and being positive towards one another.  |
| Parenting     | Morning Show       | 1/16/2023 | 7a       | 2  | Andy and Sandra Stanley - "Finding the It of Parenting" - Find a goal of the kind of person you want your child to become and gear your parenting around that.   |
| Faith         | Morning Show       | 1/16/2023 | 7:40a    | 2  | You don't have to clean up before you meet God, meet Him where you are at right now and you can clean it up with His help.   |
| Marriage      | Intentional Living | 1/17/2023 | 11a & 7p | 56 | Dr. Randy helps you to have a successful Marriage  |
| Faith         | Intentional Living | 1/18/2023 | 11a & 7p | 56 | Dr. Randy wants to know the word that will define your life this year  |
| Mental Health | News               | 1/18/2023 | 6a       | 2  | A new study says one of the best things you can do to help lift your spirits when you're dealing with depression is to do something kind for someone else.   |
| Finances      | News               | 1/18/2023 | 8a       | 1  | Grocery saving tips  |
| Faith         | Intentional Living | 1/19/2023 | 11a & 7p | 56 | Dr. Randy asks you to share your word for the year.  |
| Marriage      | Intentional Living | 1/20/2023 | 11a & 7p | 56 | Dr. Randy has marriage advice  |
| Faith         | Morning Show       | 1/20/2023 | 5-9a     | 4  | Joy Report: Michelle (listener) shared how she went to dinner with her kids after her husband  |

|               |                          |                       |                |    |   |
|---------------|--------------------------|-----------------------|----------------|----|---|
|               |                          |                       |                |    | passed away. Even though she didn't want to go, she went and someone ended up paying for her and the rest of her 9-person party, totaling up to 400 dollars. She said she was blessed by that as a sign from God that He has her in the palm of His hand. |
| Education     | Community Calendar Spots | 1/14/2023 - 1/20/2023 | 12am - 11:59pm | 24 | Rincon Mountain Presbyterian Church holds Kids Club on Wednesday afternoons which includes games, life skills, crafting, hiking, and more.  |
| Marriage      | Intentional Living       | 1/23/2023             | 11a & 7p       | 56 | Dr. Randy helps you to be intentional with your in-laws   |
| Faith         | Morning Show             | 1/23/2023             | 4-8a           | 4  | Good News - listener normally doesn't ride with a helmet most days, but he hears God's voice to put it on one day and that was the same day he got in a massive accident which he would've died from had he not listened.                                 |
| Faith         | Intentional Living       | 1/24/2023             | 11a & 7p       | 56 | Dr. Randy points to the bible for answers to life's big questions   |
| Work          | Intentional Living       | 1/25/2023             | 11a & 7p       | 56 | Dr. Randy shares his experiences navigating life's big questions  |
| Relationships | Intentional Living       | 1/26/2023             | 11a & 7p       | 56 | Dr. Randy helps you to answer relationship questions  |
| Relationships | Intentional Living       | 1/27/2023             | 11a & 7p       | 56 | Dr. Randy answers your relationship questions   |
| Marriage      | Morning Show             | 1/27/2023             | 6:40a          | 2  | Talked about the best things we can say or do for our spouse to strengthen the relationship, also how to navigate arguments and argument styles   |
| Mental Health | Morning Show             | 1/27/2023             | 8:12a          | 2  | The power of compliments: Pam called in to share that those who complimented helped stave off her depression.   |
| Health        | Morning Show             | 1/27/2023             | 4-8a           | 4  | Good News - Care bear (listener) shared that he was 3 years sober and shared how faith-based interventions including Family Life Radio  |
| Work          | Morning Show             | 1/27/2023             | 5-9a           | 4  | Joy Report - Sherry shared about the joy that her job in caregiving gives her. She is able to minister as part of her job, but also show care and attention to those that need it.  |
| Parenting     | Community Calendar Spots | 1/21/2023 - 1/27/2023 | 12am - 11:59pm | 24 | Mom's Group at Oro Valley Church of the Nazarene with Bible study, crafts, breakfast, and more.   |
| Marriage      | Intentional Living       | 1/30/2023             | 11a & 7p       | 56 | Dr. Randy has advice on how to relate with your In-laws   |
| Relationships | Intentional Living       | 1/31/2023             | 11a & 7p       | 56 | Dr. Randy offers communication advice for smoother relationships  |
| Parenting     | News                     | 1/31/2023             | 6a             | 1  | Marie Kondo, famous for her impeccable organizational skills, says things changed rapidly after she had three children, and that while her home is now messy, she's spending time in the way that is right for her and her family, taking care of them.   |
| Parenting     | Morning Show             | 1/31/2023             | 6:12a          | 2  | Parent Annie shared how she carves out quiet time with God in order to have endurance in serving her family.  |
| Parenting     | Morning Show             | 1/31/2023             | 6:30a          | 2  | Shared adorable story of a dad singing "Hallelujah" to his baby and the baby raising his arms in worship.   |
| Relationships | Morning Show             | 1/31/2023             | 6:40a          | 2  | Study shows that Americans are more receptive to God and Christianity more than   |

|               |                    |           |          |    |  |
|---------------|--------------------|-----------|----------|----|--|
|               |                    |           |          |    | ever before which means there is less intimidation about in inviting them to church.   |
| Relationships | Morning Show       | 1/31/2023 | 7a       | 2  | Brittany (caller) shared how she reached out to an old friend who became an atheist to come to church and how that led to her friend accepting Christ.   |
| Faith         | Morning Show       | 1/31/2023 | 8:12a    | 2  | Jared (caller) shared how he evangelizes by changing the radio stations of the cars at his dealership to Christian radio.  |
| Parenting     | Intentional Living | 2/1/2023  | 11a & 7p | 56 | Dr. Randy answers your parenting questions   |
| Relationships | News               | 2/1/2023  | 6a       | 2  | Shared story of Peloton enthusiasts coming together to create a huge tip for a server who is a single mom. Talked about acts of kindness led by God's wisdom.  |
| Parenting     | Morning Show       | 2/1/2023  | 7:12a    | 2  | Shared fun family ideas for celebrating Valentine's Day together such as making goodies to give to neighbors or friends or volunteer at a shelter or food bank.  |
| Parenting     | Morning Show       | 2/1/2023  | 5-9a     | 4  | Joy Report - Ashley (caller) shared her greatest joy as a single parent  |
| Relationships | Intentional Living | 2/2/2023  | 11a & 7p | 56 | Dr. Randy talks about boundaries in relationships  |
| Relationships | News               | 2/2/23    | 6a       | 3  | Shared story of a lady who received a note saying her kids were too loud. Rather than retaliate in anger, bought the neighbor who wrote it a card and flowers to say they were adjusting to the new neighborhood. The neighbor reciprocated with a gift and a new note to say they will adjust together. Discussed how to politely deal with differences with new neighbors. |
| Parenting     | Morning Show       | 2/2/23    | 6:30     | 2  | To instill better self-esteem and sense of worth in your kids, research suggests complimenting something else about your kids' character rather than appearance.   |
| Faith         | Morning Show       | 2/2/23    | 7:12a    | 2  | If you feel that your church day feels like a routine, discussed ways to prepare oneself better for a day with God. Praying before getting to church, listening to worship music on the way there, etc.  |
| Faith         | Morning Show       | 2/2/23    | 7:40a    | 2  | A caller shared that she had a fear of dying and we discussed the spiritual implications of her fixation.  |
| Relationships | Morning Show       | 2/2/23    | 8:40a    | 2  | A gentleman caller shared an experience watching a younger couple as the guy was stuck in his phone. The gentleman encourages the young man to put the phone down and they ended up having an enjoyable conversation as a result.  |
| Faith         | Intentional Living | 2/3/2023  | 11a & 7p | 56 | Dr. Randy says faith helps with Life's big questions   |
| Faith         | Morning Show       | 2/3/23    | 7:12a    | 2  | "How do we know we're right?" - Discussed the case for Christ and why we as Christians believe He is the one true God.   |
| Relationships | Afternoon Show     | 2/03/2023 | 2:40p    | 1  | A Battle Creek Elementary school needs your help collecting Valentines from around the world. Asking for Arizona, California, New Mexico, Texas, Tennessee, Georgia, Florida, Wisconsin and Kansas residents to send them a valentine.   |

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|---------------|--------------------|-----------|----------|----|--|
| Marriage      | Intentional Living | 2/6/2023  | 11a & 7p | 56 | Dr. Randy helps you to face the challenges in your marriage  |
| Relationships | Morning Show       | 2/6/23    | 7-9a     | 8  | "Saying Goodbye" - Discussed the difficulties in being present for a person's last moments, but the power of celebrating a person's life with them and carrying their legacy.  |
| Faith         | Intentional Living | 2/7/2023  | 11a & 7p | 56 | Dr. Randy says contentment is the key to peace   |
| Finances      | Morning Show       | 2/7/23    | 7-8a     | 4  | Love Your Neighbor - Deb called in with a nomination for a need for a couple traveling to see their baby in the NICU which Harriet provided a gas card.  |
| Faith         | Morning Show       | 2/7/23    | 8:40a    | 2  | Jessica (caller) shared how she has come to rely on Jesus to help her through trials in her life.  |
| Relationships | Intentional Living | 2/8/2023  | 11a & 7p | 56 | Dr. Randy helps you find the good in your relationships  |
| Work          | Morning Show       | 2/8/23    | 8:12a    | 2  | Caller shared how he fulfilled his dream of working towards a cheesecake business.   |
| Parenting     | Intentional Living | 2/9/2023  | 11a & 7p | 56 | Dr. Randy says discipline is important in parenting  |
| Faith         | Morning Show       | 2/9/23    | 6:12a    | 2  | Shared video of a grandma talking about how to display the love of Jesus to others and opening conversations about faith   |
| Relationships | Afternoon Show     | 2/09/2023 | 2:40p    | 1  | A Chief's fan from Tucson bought his nephew a jersey at the AFC Championship game and forgot it. The person who found it contacted him through social media and got it back to him.  |
| Faith         | Intentional Living | 2/10/2023 | 11a & 7p | 56 | Dr. Randy says prayer is critical to answering your big life questions   |
| Relationships | News               | 2/10/23   | 8a       | 2  | Shared story of a fast-food worker who received a surprise 100-dollar bill from a customer which encouraged her, especially after she shared, she was considering taking her own life.   |
| Relationships | Morning Show       | 2/10/23   | 6a-7a    | 6  | Callers shared their engagement stories from revisiting the couple's "firsts", like revisiting a first date location.  |
| Marriage      | Intentional Living | 2/13/2023 | 11a & 7p | 56 | Dr. Randy helps you be proactive about communication in marriage   |
| Faith         | News               | 2/13/23   | 6a       | 1  | Studies show younger generations are not as interested in going to church, well there's a church in Singapore that's gained attention by having gen z run the service – they run lights, sound, do the church livestreams. Older members of the church are mentoring them. How is your church reaching out to younger generations? |
| Work          | Morning Show       | 2/13/23   | 6-7a     | 6  | Discussed how to manage emails, especially ones that don't seem to stop even when you "unsubscribe". One such suggestion was to have a "dummy" account for all of those offers.  |
| Mental Health | Morning Show       | 2/13/23   | 7-9a     | 4  | Coach Dar interview - shared how to embrace adversity.   |
| Faith         | Morning Show       | 2/13/23   | 7:40     | 2  | "What I Lost Praying" - talked about a man's response to "what do you gain by praying to God?" - He said, "it's more about what I lost: anger, ego, greed, depression, insecurity, and fear of death.  |

|               |                    |           |          |    |  |
|---------------|--------------------|-----------|----------|----|--|
| Health        | Morning Show       | 2/13/23   | 8:12a    | 2  | Discussed the power of encouragement and the effects it has on people to get better.   |
| Faith         | Morning Show       | 2/13/23   | 8:40a    | 2  | Ann (caller) shared how she was called to pray more in expectation.  |
| Health        | Evening Show       | 2/13/2023 | 8p       | 1  | Skipping a meal could cause weight gain.   |
| Marriage      | Intentional Living | 2/14/2023 | 11a & 7p | 56 | Dr. Randy says trust is important in your marriage   |
| Faith         | Morning Show       | 2/14/23   | 8:40a    | 3  | Different take on answered prayers: "I asked for strength, and God allowed me to go through difficulties to make me stronger.  |
| Mental Health | Intentional Living | 2/15/2023 | 11a & 7p | 56 | Dr. Randy helps you to overcome perfectionism  |
| Marriage      | Intentional Living | 2/16/2023 | 11a & 7p | 56 | Dr. Randy helps you to not be a nag  |
| Relationships | Intentional Living | 2/17/2023 | 11a & 7p | 56 | Dr. Randy helps you to understand and practice forgiveness   |
| Parenting     | Intentional Living | 2/20/2023 | 11a & 7p | 56 | Dr. Randy helps you to be an intentional parent  |
| Relationships | Intentional Living | 2/21/2023 | 11a & 7p | 56 | Dr. Randy says being intentional in one area of life affects the other areas   |
| Finances      | Intentional Living | 2/22/2023 | 11a & 7p | 56 | Dr. Randy helps you to be intentional with your finances   |
| Finances      | Intentional Living | 2/23/2023 | 11a & 7p | 56 | Dr. Randy says it's important to save more than you spend  |
| Faith         | Intentional Living | 2/24/2023 | 11a & 7p | 56 | Dr. Randy helps you to live an intentional life in Jesus Christ  |
| Mental Health | Intentional Living | 2/27/2023 | 11a & 7p | 56 | Dr. Randy says being intentional is good for your mental health  |
| Faith         | News               | 2/27/23   | 8a       | 2  | Shared stories of community and God moving through those to give their services at the Asbury revival in Kentucky.   |
| Faith         | Morning Show       | 2/27/23   | 7a       | 2  | John Bevere interview - talked about the difference between being afraid of God and in fear of God and why the latter is important and necessary.  |
| Relationships | Morning Show       | 2/27/23   | 8:12a    | 2  | Caller shared story of how giving cookies to strangers in her neighborhood saved a life and showed that she was important.   |
| Health        | Intentional Living | 2/28/2023 | 11a & 7p | 56 | Dr. Randy and King Hoover help you to be intentional with your health  |
| Health        | Intentional Living | 3/1/2023  | 11a & 7p | 56 | Dr. Randy and King Hoover help you to be intentional with your health  |
| Work          | News               | 3/1/23    | 8a       | 1  | A new study from UCLA says that if you treat your weekends like mini vacations, it can affect your mood for the upcoming Monday in a positive way, and even make your workweeks more productive. Have you ever tried this approach? If so, what do you do on your vacation weekends? |
| Health        | Morning Show       | 3/1/23    | 4-8a     | 4  | Good News - Jeff (caller) shared how he lost 88 lbs. by taking the biblical Daniel fast.   |
| Parenting     | Morning Show       | 3/1/23    | 8:40AM   | 2  | Shared audio of toddler trying to recite the Lord's prayer. Talked about the importance of training up your children young.  |
| Marriage      | Intentional Living | 3/2/2023  | 11a & 7p | 56 | Dr. Randy says forgiveness is key in marriage  |



|               |                    |           |          |    |   |
|---------------|--------------------|-----------|----------|----|---|
| Mental Health | Intentional Living | 3/3/2023  | 11a & 7p | 56 | Dr. Randy says to start small with new improvements   |
| Finances      | News               | 3/3/23    | 8a       | 1  | With the inflation we're dealing with, cash-strapped Americans are cutting out dating and social events to try to save money. How have you been able to get out and have fun for little to no money in these tough times?   |
| Parenting     | Morning Show       | 3/3/23    | 7:10AM   | 2  | Cathryn (caller) shared that to get some privacy from the kids, she'll hide in one of the kids' closets.  |
| Faith         | Morning Show       | 3/3/23    | 8:40AM   | 2  | The greatest version of you is not the "I can do anything" version of you. The greatest version of you is the disciplined version of you, where you say, I won't go there, I won't do that, I won't indulge in that, I won't be tempted by that, because I am focused on my relationship with God and THAT is a deterrent. The parameters you set to align yourself with God's will – that is what creates the greatest version of you. |
| Relationships | Intentional Living | 3/6/2023  | 11a & 7p | 56 | Dr. Randy helps you to live with understanding  |
| Marriage      | Intentional Living | 3/7/2023  | 11a & 7p | 56 | Dr. Randy answers your marriage questions   |
| Relationships | Intentional Living | 3/8/2023  | 11a & 7p | 56 | Dr. Randy helps you to deal with difficult people   |
| Marriage      | Intentional Living | 3/9/2023  | 11a & 7p | 56 | Dr. Randy helps you to have excellent communication in your marriage  |
| Marriage      | Intentional Living | 3/10/2023 | 11a & 7p | 56 | Dr. Randy takes your marriage questions   |
| Relationships | Intentional Living | 3/13/2023 | 11a & 7p | 56 | Dr. Randy helps you see others through God's eyes   |
| Marriage      | Intentional Living | 3/14/2023 | 11a & 7p | 56 | Dr. Randy offers marriage advice by answering your questions  |
| Relationships | Intentional Living | 3/15/2023 | 11a & 7p | 56 | Dr. Randy has suggestions on how to deal with negative people   |
| Marriage      | Intentional Living | 3/16/2023 | 11a & 7p | 56 | Dr. Randy talks about the importance of effective communication in marriage   |
| Marriage      | Intentional Living | 3/17/2023 | 11a & 7p | 56 | Dr. Randy shares why forgiveness is needed in marriage  |
| Marriage      | Intentional Living | 3/20/2023 | 11a & 7p | 56 | Dr. Randy helps you to reset your marriage  |
| Marriage      | Intentional Living | 3/21/2023 | 11a & 7p | 56 | Dr. Randy asks the people who've been married a long time to share advice with newer couples  |

