

# People & Perspectives

Airs Sundays at 6 AM  
Program length: 20 minutes

**Date: January 1, 2017**

**Issue:** Pink Hands of Hope. Brian and his wife, Laurie, started Pink Hands of Hope after her battle with Stage 1 breast cancer. As she was going through the process, they discovered a lack of items covered by health insurance and didn't want others to face the same problems. The organization is a non-profit with a thrift store set up to help with the costs. The proceeds from the store go directly to women fighting breast cancer. This includes providing wigs, prosthesis, bras, chemo caps and shawls. The organization also holds a fashion show each year with breast cancer survivors as the models.

**Guest: Brian Gaughen, Co-Founder, Pink Hands of Hope**

**Date: January 8, 2017**

**Issue:** Restorative Interventions. Angie founded Restorative Interventions and their goal is to provide a safe place for families who are dealing with an addict. Angie involves the entire family in a person's intervention and connects with them long after the process. She talked about the first step in getting help and why it's important for the family to be involved all along the way.

**Guest: Angie Jakubowski, Founder**

**Date: January 15, 2017**

**Issue:** Foundation for Hope. This organization is an outreach program started by Jesse Gantt that works to provide resources to those who have been bullied or are struggling with depression or thoughts of suicide. Jesse was bullied growing up and shared his story. His ability to overcome depression from that experience is what led him to start this Foundation. This issue is especially important to talk about now because of the recent suicide by beloved actor Robin Williams.

**Guest: Jesse Gantt, Founder & CEO**

**Guest:**

**Date: January 22, 2017**

**Issue:** Thyroid Awareness Month and Hashimoto's Thyroiditis. The American Association of Clinical Endocrinologists (AACE) is working to raise public awareness about Hashimoto's Thyroiditis, the most common cause of thyroid disease in the U.S. Doctors say you shouldn't take symptoms lightly, because they could be a sign that a much more serious health storm is brewing. With Hashimoto's, your immune system malfunctions, attacking and damaging the cells of the thyroid.

**Guest: Dr. Pauline Kamacho, endocrinologist & Marnie Goldberg, vlogger and Hashimoto Thyroiditis patient**

**Date: January 29, 2017**

**Issue:** Alzheimer's Association of Greater PA. The Alzheimer Association's mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. More than 5 million Americans are living with Alzheimer's, and as many as 16 million will have the disease by 2050. Last year, the chapter was able to provide services, in person, online and via teleconference to more than 240,000 people, respond to more than 6,000 calls through its 24/7 helpline.

**Guest: Kelly Phipps, Board member**

**Date: February 5, 2017**

**Issue:** Camp Dragonfly. Camp Dragonfly is a service of Hospice of Central PA and is a special weekend camp for youth grieving the death of a family member. Heather spoke about the family services offered by Hospice, including Camp Dragonfly. Stephanie talked about what kids do at the camp and why it's important to provide this support to kids. She is in charge of the volunteers and stressed how beneficial volunteering is and the need for all kinds of volunteers for the Camp. This year's camps are June 2-4 and June 9-11.

**Guest: Heather Lane, Bereavement Coordinator & Stephanie Schaeffer, volunteer**

**Date: February 12, 2017**

**Issue:** Heart Health. Many Americans are not getting the recommended 2.5 hours of exercise per week. A common misconception is that someone with heart disease needs to exercise the same amount as someone without heart disease. Dr. Cho says few participate in cardiac rehab even though they know it can reduce mortality rates.

**Guest: Dr. Leslie Cho, cardiologist**

**Date: February 19, 2017**

**Issue:** Cancer Registry. The first registry of its kind is providing an outlet for people with cancer. The Cancer Experience Registry collects the experiences of people who have volunteered to share their cancer journey in a 75-question survey and will connect them to a network of support and resources. The registry also includes separate projects designed specifically for people who have experienced breast cancer.

**Guest: Kim Thiboldeaux, President & CEO of The Wellness Community**

**Date: February 26, 2017**

**Issue:** Eating Disorders. For Eating Disorder Awareness Week, Dr. Ornstein is talking about the signs and symptoms that parents and other adults should watch for, and how they should initiate a conversation when such symptoms arise. Treatment can take different forms, depending on the severity. However, if a child receives treatment, especially early on, the chances of a full recovery are good.

**Guest: Dr. Rollyn Ornstein, Interim Chief, Division of Adolescent Medicine and Eating Disorders, Penn State Children's Hospital**

**Date: March 5, 2017**

**Issue:** Pagi & Colon Cancer. Colorectal cancer is the 3<sup>rd</sup> leading cause of cancer death in the U.S. March is National Colorectal Cancer Awareness Month, so Pagi is teaming up with the American Cancer Society to raise awareness and encourage colon cancer screenings. Dr. Peters talked about the process of a colon cancer screening and symptoms of a potential problem.

**Guest: Dr. David Peters, gastroenterologist with Pagi & Joan Bradbury, American Cancer Society spokesperson**

**Date: March 12, 2017**

**Issue:** Crusaders Against Bullying. Stand for the Silent was started in 2010 by a group of high school students in OK after they heard about an 11-year-old who took his own life after being bullied for more than 2 years. Gary heads up the Palmyra chapter of this organization. The mission is to offer education and tools that help prevent bullying. There is a support line that anyone can call for help.

**Guests: Gary Dunkin, President of Crusaders Against Bullying SFTS – The Palmyra Chapter**

**Date: March 19, 2017**

**Issue:** The Vista School. The Vista School is a private school geared towards students with autism. Although it's a private school, the tuition is usually donated or a grant is given so families can get the support their child needs without the additional costs. The Vista School also offers adult services. Jim talked about the school as well as autism in general.

**Guests: Jim Boudier, COO, The Vista School**

**Date: March 26, 2017**

**Issue:** Dog T.A.G.S. Dog T.A.G.S. (Train Assist Guide Serve) is a non-profit organization that trains dogs for veterans suffering from PTSD. Dog T.A.G.S. helps the veterans train their own dog with the help of experienced dog trainers.

**Guest: Joan Klinger, Founder of Dog T.A.G.S and trainer & Doug Jones, President, Faulkner Subaru of Mechanicsburg**