

People & Perspectives

Airs Sundays at 6 AM
Program length: 20 minutes

Date: July 2, 2017

Issue: Preventing Falls & Fractures Among the Elderly. Each day, more than 800 Americans suffer a hip fracture. Most of those fractures are due to falls, and most happen to seniors, who have lower bone density and muscle mass than the rest of the population. Dr. Sciamanna talked about how important it is for elderly people to exercise to keep their bodies healthy and strong so that they don't succumb to fractures when they fall.

Guest: Dr. Chris Sciamanna, Professor of Medicine at Hershey Med

Date July 9, 2017

Issue: Blood Cancers and the Leukemia & Lymphoma Society. The annual meeting of the American Society of Clinical Oncology was held in June where advances in cancer were discussed. Precision medicine, targeting the therapy of a patient's individual genetic profile, and immunotherapy harnessing the patient's immune system to fight cancer, are drawing the most attention of the cancer community. Loriana also talked about her journey and advice to others about to take on the fight.

Guest: Louis DeGennaro, President and CEO of LLS and Loriana Hernandez-Aldama, Cancer Survivor

Date: July 16, 2017

Issue: Downtown Daily Bread. Downtown Daily Bread serves the hungry and homeless of Harrisburg, providing a daily lunch, counseling services, showers, lockers, mail delivery, and a safe and secure environment to rest and access a variety of other assistance.

Guest: Pastor Russell Sullivan and Anne Guenin, Church Administrator

Date: July 23, 2017

Issue: Cumberland County Library. The Cumberland County Library System's primary focus is to meet the cultural, educational and informational needs of library users and community residents. With the internet providing so much of what libraries used to provide, there's a push to focus on kids and offer more technology. The library offers free access to services that are essential for community residents' education, employment, enjoyment and self-governance.

Guest: Cynthia Thompson, Director of Amelia Givin Library & Cumberland County Library System

Date: July 30, 2017

Issue: Diabetes Summer Safety Awareness. Nearly 29 million Americans have diabetes. As temperatures heat up in the summer, it's important to remember those with diabetes are at a greater risk for heat-related illnesses and may need to take extra precautions to stay safe. Dr. Seck offered safety tips such as wearing sunblock, staying hydrated, keeping medication in a cool and dry location, and looking out for signs of heat exhaustion or heat stroke.

Guest: Dr. Thomas Seck

Date: August 6, 2017

Issue: Lung Cancer & Chronic Migraines. Dr. Donington talked about who should be screened for lung cancer as well as targeted therapy and immunotherapy. Lysa is celebrating 5 years since her diagnosis. The wife and mother of two was diagnosed at age 40 and given a 2% chance of living 5 years. ALSO ... Dr. Ashina and Lauri talked about the difference between a headache and a migraine as well as what treatments are available for people who experience chronic migraines.

Guest: Dr. Jessica Donington, Thoracic Surgeon and Lysa Buonanno, Stage 4 Cancer Patient --- Dr. Melanie Rosenblatt and Paul Gileno, U.S. Pain Foundation

Date: August 13, 2017

Issue: Randi's House of Angels. Randi Trimble was brutally murdered by a hit man hired by her husband in 2003. Since her death, her mother Nancy has been advocating for victims of domestic violence with the hope of creating an initiative for children who are victims. Randi's House of Angels is a healing place for children who are exposed to and/or are victims of domestic violence.

Guest: Nancy Chavez, Randi's mother and founder of Randi's House of Angels

Date August 20, 2017

Issue: ABA in PA. ABA in PA. Applied Behavior Analysis (ABA) is a science in which processes are systematically applied to improve socially significant behavior to a meaningful degree. It teaches an approach that involves breaking skills down into small, easy-to-learn steps. The ABA in PA Initiative is an advocacy organization made up of parents, industry professionals and lawmakers dedicated to change the future for all children in Pennsylvania with Autism Spectrum Disorder.

Guest: Dr. Cheryl Tierney, Penn State Hershey Children's Hospital

Date: August 27, 2017

Issue: Veggie Fest. The first-ever Harrisburg VeggieFest will take place at Strawberry Square in downtown Harrisburg on September 23. VeggieFest is a family-friendly, community centered celebration of food, drink, and products supporting a local, healthy living lifestyle. Proceeds benefit Jump Street, a private, non-profit community based arts incubator.

Guest: Brad Jones, President & CEO, Harristown Enterprises and Sara Bozich, Saraboizch.com

Date: September 3, 2017

Issue: Concussions & Kids. Dr. Osborn spoke about protecting kids from concussions. Many kids play sports and there are tens of thousands of them that sustain concussions. A concussion is a serious, traumatic brain injury, which usually has temporary effects but can lead to permanent damage such as chronic traumatic encephalopathy (CTE), a degenerative brain disease with symptoms similar to Alzheimer's. Dr. Osborn talked about the importance of helmets and also how to detect a concussion.

Guest: Dr. Brett Osborn, board-certified neurological surgeon and father

Date: September 10, 2017

Issue: Take Steps for Crohn's and Colitis Walk. Known collectively as inflammatory bowel diseases (IBD), Crohn's disease and ulcerative colitis affect more than 1.6 million Americans. That's one in every 200 Americans living with one of these debilitating, medically incurable diseases that attack the digestive system. The fastest growing patient population is children under the age of 18. This year's walk is happening on September 17 on City Island.

Guest: Dr. Kofi Clark, Div Chief of Gastroenterology at Hershey Med, Christine Ricci, Media Coordinator and John Moward, Honored Hero's Father

Date: September 17, 2017

Issue: Zero Prostate Cancer Run. ZERO – The End of Prostate Cancer is the leading national non-profit with the mission to end prostate cancer. ZERO advances research, improves the lives of men and families, and inspires action. Dr. Clements talked about the symptoms and treatments of prostate cancer as well as the upcoming run/walk on City Island. The event includes a Kids Superhero Dash for Dad.

Guest: Dr. Thomas Clements, urologist

Date: September 24, 2017

Issue: Girls on the Run. Girls on the Run is a non-profit organization that serves more than 1,700 girls in Dauphin, Cumberland, Perry and Lebanon Counties each year. The mission is to inspire girls to be joyful, healthy and confident. A recent study provides evidence that Girls on the Run is highly effective at helping girls in 3rd through 5th grades (ages 8 to 11) increase their physical activity while teaching critical life skills they can use at home, at school, and in their community. In fact, 97 percent of girls said that participating in Girls on the Run helped them learn to manage emotions, resolve conflicts, make intentional decisions, or help others.

Guest: Gillian Byerly, Executive Director