

## Station KBHL Simulcast on KBHZ, KCGN & KNOF

## Issues/Programs

## 4th Quarter/2023

The following is a listing of some of the significant issues responded to by KBHL - Osakis which is simulcast to KBHZ - Willmar, KCGN - Ortonville/Milbank and KNOF - St. Paul along with the most significant programming treatment of those issues for the 4th quarter of 2023. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Central.

- 1. PARENTING: Developing positive values in a negative culture
- 2. WOMEN: Developing a growth mindset at every stage
- 3. MENTAL HEALTH: Anxiety and Depression during the holidays
- 4. GENEROSITY: Encouraging generosity beyond the list
- 5. SOCIAL HEALTH: Intentional community development

Issue	Program	Date	Time	Duration	Description of Issue
Parenting: Developing positive values in a negative culture					Systemic influences are working to reshape our culture through our children. It takes intentional leadership in the home to counter negative societal influence.
1.	Focus on the Family	10/17/23	11:00 am	29 minutes	Navigating the Middle School Years Cynthia Tobias and Sue Acuña address why the middle school season of parenting is challenging and how parents can adapt to the changes in an effective way. Emphasis is made of the importance of keeping communication open through listening, observing and understanding.
2.	Focus on the Family	11/20/23	11:00 am	29 minutes	Instilling Character Into the Heart of Your Children (Part 1 of 2) Dr. Kathy Koch examines the importance of character in your child's life and ways you can nurture and develop it. She'll reveal your child's core needs and some solid strategies for teaching character. (Part 1 of 2)
3.	Family Life Today	11/20/23	12:35 pm	25 minutes	Raising Kids Who Keep the Faith: Dr. Collin Outerbridge What can parents do to shape a faith that sticks with our kids? Dr. Collin Outerbridge offers practical ideas from extensive research.
4	Family Life Today	11/14/23	12:35 pm	25 minutes	Is Your Christian Kid Ready for College? Jeff Myers Summit Ministries President Jeff Myers helps you navigate the challenges, combat anxiety, and advocating for truth as you send a Christian kid to college.
WOMEN: Developing a support system for growth					Helping women develop support systems and relationships to fulfill their purpose and responsiblities

1.	Focus on the Family	12/19/23	11:00 am	29 minutes	Best of 2023: Making Time For What Matters Most In this best of 2023 broadcast, Crystal Paine shares her four-step system that can help moms feel less frazzled and have more room to breathe in your everyday life. She says that moms should pray for their day, prioritize their goals, plan out their time, and prep for new routines.
2.	Focus on the Family	12/1/23	11:00 am	29 minutes	Best of 2023: Guiding Your Daughter Into Womanhood In this best of 2023 broadcast, Robin Jones Gunn and Jenny Coffey stress that Mom should be the safest person in her daughter's life – where the conversation about puberty and development can be ongoing. The duo explains that a girl's self-image and self-esteem will be profoundly impacted by how parents navigate this child's first exposure to sexuality.
3.	Focus on the Family	10/9/23	11:00 am	29 minutes	Empowering Women to Take Control of Their Finances Deborah Smith Pegues equips women to manage finances wisely in a discussion based on her book The One-Minute Money Mentor for Women: 21 Strategies for Financial Empowerment.
4.	Family Life Today	12/15/23	12:25 pm	25 minutes	Women in the Bible: Do you Fear the Unknown? Nana Dolce with Nana Dolce December 15, 2023 Fear the unknown? Nana Dolce explores women's struggles in the Old Testament, revealing keys to overcoming fear and finding hope in tough times!
MENTAL HEALTH: Anxiety and Depression during the holidays					Depression, feelings of loss and anxiety often increase during the Holidays. There are tools available to help during this time.

1.	Focus on the Family	10/23/23	11:00 am	29 minutes	Helping Those Suffering From Mental Illness Dr. Matthew Stanford offers a compassionate look at mental illness, which affects one in five teens and adults in the United States. He discusses the need for overcoming the stigma of reaching out for help and encourages the church community to offer hope and healing for families with loved ones suffering with mental health issues.
2.	Family Life Today	10/5/23	12:25 pm	25 minutes	Searching for Peace in the Questions Jesus Asked: Amberly Neese with Amberly Neese October 5, 2023 Fear. Worry. Pain: They can feel all-consuming. Author and speaker Amberley Neese believes that in the questions Jesus asks in the Gospels, there are answers big enough for all three.
3.	Family Life Today	11/24/23	12:25 pm	25 minutes	Navigating Suffering Spaces: Heather MacFadyen with Heather MacFadyen November 24, 2023 Author Heather MacFadyen believes there's a deep humility in choosing to occupy our sacred spaces of pain—to the glory of God.
4.	Family Life Today	12/18/23	12:25 pm	25 minutes	How to Overcome Loneliness: Brant Hansen with Brant Hansen December 18, 2023 How can we overcome loneliness? Brant Hansen shares how to find peace in Jesus in this disconnnected world. Tune in to learn about the importance of community!
GENEROSITY: Encouraging generosity beyond the list					We are experiencing an economic season that is creating shortfall and need for many. Developing and encouraging a culture of generosity helps bridge the hope gap.
1.	Focus on the Family	10/27/23	11:00 am	29 min	Modeling Generosity for Your Children "Generosity" isn't just about money. In this upbeat talk, Brad Formsma explains how to have a giving mindset, and shares the importance

2.	Family Life Today	10/25/23	12:25 pm	25 minutes	of modeling generosity to your children. It goes beyond money: you can be generous with your thoughts, your words, your time, your influence, your attention, and your stuff. Brad encourages doing "generosity projects" Radical Kindness for Your Community: Stephen Viars
					with Stephen Viars October 25, 2023 What if your church—and your life—were known for their radical kindness? Pastor Stephen Viars chats about radical, community-altering outreach.
3.	Giving Tuesday	9/7/23	ros	segments	During Giving Tuesday, PraiseLive encouraged the support of a school for impoverished children in Namibia called You Can School.
SOCIAL HEALTH: Intentional community development					The social health of a culture is often seen through the lens of how the people of that culture interact. Negative social interaction like various forms of abuse permeate cultures in decline.One way to overcome is to intentionally look for and see the one in need in front of you.
1.	Focus on the Family	11/13/23	11:00 am	29 min	Becoming a Full-Time, Verbal, Visible Follower of Christ Being an Ambassador for Jesus is a role each of us can play, and it's not as difficult as you might think. In this upbeat message, Dr. Tony Evans will encourage you to become a full-time, verbal, visible follower of Christ in your everyday life.
2.	Family Life Today	12/18/23	12:25 pm	25 minutes	How to Overcome Loneliness: Brant Hansen with Brant Hansen December 18, 2023 How can we overcome loneliness? Brant Hansen shares how to find peace in Jesus in this disconnnected world. Tune in to learn about the importance of community!
	Family Life Today	12/29/23	12:25 pm	25 minutes	The Power of Feeling Seen: David & Meg Robbins with Amberly Neese, Dane Ortlund, David and Meg Robbins, Don Everts, Shelby Abbott December 29, 2023 Explore the power of "I see you" in relationships, with FamilyLife President David Robbins and his wife Meg, along with Real Life Loading host Shelby Abbott. They explore groundbreaking

					insights from top 2023 guests like Ted Lowe, Dane Ortlund, Don Eve
--	--	--	--	--	---