



## **Station KBHL Simulcast on KBHZ, KCGN & KNOF**

### **Issues/Programs**

### **3rd Quarter/2023**

The following is a listing of some of the significant issues responded to by KBHL - Osakis which is simulcast to KBHZ - Willmar, KCGN - Ortonville/Milbank and KNOF - St. Paul along with the most significant programming treatment of those issues for the 3rd quarter of 2023. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Central.

1. FAMILY: Talking to your Kids about their Identity and Gender
2. MARRIAGE: Proactive Relationships
3. MENTAL HEALTH: Anxiety and Depression
4. PHYSICAL HEALTH: Breaking the Power of Addiction
5. SOCIAL HEALTH: Restoration from Abuse

| <b>Issue</b>   |  | <b>Program</b>      | <b>Date</b> | <b>Time</b> | <b>Duration</b> | <b>Description of Issue</b>  |
|--|--|---------------------|-------------|-------------|-----------------|--|
| FAMILY: Talking to your Kids about their Identity and Gender |  |                     |             |             |                 | Cultural and Systemic influences are working to reshape God given identities in our children. Parents must take a deliberate and decisive role in protecting our children from harmful, abusive cultural re-engineering.   |
| 1.   |  | Focus on the Family | 7/10/23     | 11:00 am    | 29 minutes      | <i>Talking to Your Kids About Sexuality and Gender:</i> In a culture where your truth and identity seem to be the most important topic, it can be difficult to navigate conversations surrounding truth and grace with your children. Hillary Ferrer and Amy Davison discuss ways to educate your children about gender and sexuality in their schools, churches, and personal relationships, and point us toward the way that Christ encountered those around Him.  |
| 2.   |  | Focus on the Family | 9/18/23     | 11:00 am    | 29 minutes      | How Jesus Redeemed My Gender Confusion: Linda Seiler shares her remarkable story of growing up desperately wanting to be a boy. She describes her 20-year struggle with gender confusion and same-sex attractions, which were not resolved after her conversion to Christianity. After confessing her secret to a college pastor who exemplified God's compassion and grace, Linda spent the next 11 years seeking healing and restoration of her true identity as a woman. An identity that she whole-heartedly embraces today! |
| 3.   |  | Family Life Today   | 7/14/23     | 12:35 pm    | 25 minutes      | <i>Clothing, Sexual Identity and Your Influence:</i> Discover the influence of parents on teenage girls' fashion choices and insights on developing a healthy sexual identity. Join Dave, Ann Wilson, Ron Deal, and Dr. Meg Meeker.  |
| 4..  |  | Family Life Today   | 7/19/23     | 12:35 pm    | 25 minutes      | <i>Navigating Gender Questions with Gentleness:</i> Gender questions can set parents on their heels. Children's ministry vet Jared Kennedy offers thoughtful insight on navigating tough gender issues with humility and gentleness.   |

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| MARRIAGE:<br>Proactive<br>Relationships |  |                     |          |          |            | Strong, healthy and growing relationships require intentional development. We provide tips for strong marriages that last.   |
| 1.                                      |  | Focus on the Family | 8/220/23 | 11:00 am | 29 minutes | Embracing God's Purpose for Your Marriage<br>Debra Fileta explains how marriage requires unconditional love and sacrifice, which in turn draws us closer to God as we are sculpted more in His image. She urges us to embrace a selfless "we"-mindset over the more common self-focused mindset.   |
| 2.                                      |  | Focus on the Family | 9/5/23   | 11:00 am | 29 minutes | Rediscovering the Joy In Your Marriage<br>When you get married, you look forward to the ways you and your spouse can take on the grind of life full force. But what happens when your spouse becomes the grind? Ted Cunningham returns to describe how you can learn to communicate well with your spouse to have a joy-filled marriage, no matter what seasons come your way.       |
| 3.                                      |  | Focus on the Family | 8/11/23  | 11:00 am | 29 minutes | Three Kinds of Love You Need For Your Marriage<br>Dr. David Gudgel wants to equip couples to have successful and enjoyable marriages. In this broadcast, Dr. Gudgel reviews the three Greek words for love – AGAPE (sacrificial love), PHILEO (friendship love), and EROS (romantic love) – and encourages couples to intentionally work on all three to improve their relationship. |
| 4.                                      |  | Family Life Today   | 9/11/23  | 12:25 pm | 25 minutes | A Relationship that Lasts: Our Story: Bryan & Stephanie Carter<br><br>Bryan Carter, author of Made to Last, is joined by his wife Stephanie as they share their own story—and how it's built a stronger forever.   |
| 5.                                      |  | Family Life Today   | 9/18/23  | 12:25 pm | 25 minutes | How do I Teach My Kids God's Ideas on Marriage? Sam Allberry<br>Author and pastor Sam Allberry knows parents need key discussions with kids about the ways God's design and ideas for marriage get it right..  |

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| MENTAL HEALTH:<br>Anxiety and Depression            |  |                     |            |          |            | Social, political, economic changes seem to be fueling an increase in Anxiety and Depression in all age groups. What does the Bible say? What can we do to change the tide?  |
| 1.  |  | Focus on the Family | 9/12,13/23 | 11:00 am | 29 minutes | Clinging to God Through the Pain of Depression: Sarah Robinson struggled with suicidal ideation and depressive thoughts that plagued her soul. Sarah shares her story of clinging to Christ and gives practical help to those in need. (Part 1, 2 of 2)                      |
| 2.  |  | Family Life Today   | 7/3/23     | 12:25 pm | 25 minutes | When Anxiety Hits Your Marriage: How do you help an anxious spouse? Psychologist Dr. Ed Welch offers practical insights for the dark waters of fear—starting with bedrock trust in God's love.   |
| 3.  |  | Family Life Today   | 7/4/23     | 12:25 pm | 25 minutes | When Your Teen's Depressed and Anxious: Psychologist Dr. Ed Welch offers you-can-do-this guidance to shape a home environment that welcomes, supports, heals—and helps kids navigate their way to hope.  |
| 4.  |  | Family Life Today   | 8/3/23     | 12:25 pm | 25 minutes | What's God Think About My Anxiety?: Psychologist and author Dr. Ed Welch fumbled with his own anxiety, and eventually, it led him into life-altering encounters with God—who, it turned out, had beautiful things to say.  |
| 5.  |  | Family Life Today   | 8/4/23     | 12:25 pm | 25 minutes | Dealing with Debilitating Anxiety: How do you cope with debilitating anxiety? Author and scholar Jeremiah Johnston unpacks his story, and realizations that have gradually brought healing.  |
| PHYSICAL<br>HEALTH: Breaking the Power of Addiction |  |                     |            |          |            | Addictions come in many forms, physical, spiritual, sexual and they can destroy lives and relationships. We explore time tested ways with testimony on how to break the chains of addiction that bind and control.   |
| 1.  |  | Focus on the Family | 8/18/23    | 11:00 am | 29 min     | Helping Your Loved One Find Freedom From Addiction: When addiction steps in, your family may be turned upside down. In this compelling interview, Victor Torres shares his dramatic story of growing up on the streets of New York City as a gang member and a heroin addict |

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|  |  |                           |         |          |            | and how God intervened to change his life. He'll identify some signs of substance abuse and offer some first steps toward hope and healing for your addicted loved one.   |
| 2.                                       |  | Family Life Today         | 9/14/23 | 12:25 pm | 25 minutes | Family Life Today, Addiction—and Our Marriage's Happily Even After: Bob and Dannah Gresh<br>Bob and Dannah Gresh's marriage has traveled dark roads of addiction. Together, they discovered a love that endures, and happily even after.  |
| 3.                                       |  | The Full Story Podcast    | 9/7/23  | ros      | 25 minutes | Rescued By God's Grace: Kerry talks with Jimmy Watson who went from being a Navy SEAL to being lost in darkness and addiction until he was arrested. Jimmy shares how God miraculously rescued him and turned his life around and how he now shares God's truth with thousands of people on social media.   |
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| SOCIAL HEALTH:<br>Restoration from Abuse |  |                           |         |          |            | The social health of a culture is often seen through the lens of how the people of that culture interact. Negative social interaction like various forms of abuse permeate cultures in decline. We explore ways to identify and find restoration from such abuses.  |
| 1.                                       |  | Experiencing Hope Podcast | 7/20/23 | ros      | 29 minutes | From Abuse to Homosexuality; Then Jesus Changed Everything 20:12<br>Katrina grew up in a family about as dysfunctional as you can imagine. She was shamed, abused, addicted and afraid. The experiences of her youth led to a life of alcoholism and immorality. It all seemed hopeless. That is, until God brought a woman into her life who introduced her to Jesus as Savior. From then on, there was hope and a whole new outlook and lifestyle emerged. Listen to Katrina's amazing and inspiring story.<br>Jul 20, 2023 |
| 2.                                       |  | The Full Story Podcast    | 8/10/23 | ROS      | 25 minutes | How Prayer Helps Heal A Painful Past 53:22<br>Dr. Stacie Brown shares her testimony with Kelsi and reflects on how prayer has kept her connected to God throughout her life and helped her heal from a painful past.<br>Aug 10, 2023  |