ISSUES AND PROGRAMS FIRST QUARTER 2024 WVHF 1140 WVAV 91.5 WSPB 89.7 W252DG 98.3FM

### ISSUE: YOUTH PROGRAMMING

01/12/2024 at 09:00 am to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa talked to Mary Lockwood who has been her friend for many years. Mary is an amazing pro life witness and does great work in the pro life movement. She does work with Silence No More and is a great speaker. Mary tells us that she belongs to Our Lady of Good Counsel Parish, where they have Rose Masses. At those masses we commemorate the unborn and those who have lost their lives to abortion.

01/26/2024 at 09:00 am...to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa talked to us about a Love Boat cruise that 800 married Catholic's would be sailing on. The Adventure of the Seas ship will be setting afloat on January 27, 2024 from Fort Canaveral, FL. The cruise is to support the sacrament of marriage and each other and praise the Lord and thank God for our relationships. Dr. Ray, Fr. Joe Krupt, Al Kresta and of course Dc Dom and Teresa Tomeo will be there. It will be an incredible week.

02/05/2024 at 09:00 am...to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Sherry Brownrigg speaks with Nancy Bandzuch founder of Catholic Sprouts, through the Augusta Institute's new "Catholic Parent" series. It's a brand new series on Form through the Augusta Institute. Check with your parish to see if they have access to Form. This series is to educate parents on the realities of raising children and help them understand how to live out their Catholic faith.

02/19/2024 at 09:00 am...to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa talked with Chris Faddis, who is the President of Solidarity Health Care. The news media is putting pressure on families and medical facilities to push for so called gender affirming care. Teresa made a comment that this term alone is so disceiving. Chris says the truth is being put out there. The American Academy of Pediatric's reviewed sixty studies on gender affirming therapies and whether or not they are affective and what the effects are. The studies found that the gender affirming treatments don't benefit you and they can have irreversible consequences.

03/13/2024 at 09:00 am...to 10:00 am ...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa talked about the gospel for today encourages us to be more like God. It tells us that because our heavenly Father is perfect we are suppose to be more like Him. It reminds us that Jesus always talked about following the Will of his Father. 03/20/2024 at 09:00 am...to 10:00 am ...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa talks about the Supreme Court ruling that Texas could go ahead with their law that would allow policy officers to be careful and conscious about who is coming over the border and arrest people that they think maybe here illegally. Now this law has been put on hold. Teresa tells up this morning that there is another effort in the courts to get it back on. Immigration is a very important issue.

## ISSUE: FAMILY, PARENTING AND RELATIONSHIPS

01/04/2024 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. A caller, Joseph, asked why do Catholic's bless their homes by chalking? Dr. Anders explains that this is a way of invoking the intercession of the three wise men. He said he couldn't tell us the origin of the practice. It is a traditional practice and he practices it. Catholic's bless their home by writing the letters C, M & B and the numbers of the year at the top of their doors.

01/18/2024 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. Tom Price has a most delightful question for Dr. Anders. Tanner who has a five year old daughter, Amelia, wanted to know if she could ask the pod cast man, who is Dr. Anders this question. Amelia asks, after we are done being in heaven and Jesus gives us our bodies back will we still have birthdays? Dr. Anders says this is a great question. We mark our birthdays by the sequence of the years because that's how the calendar works. He says I don't have a clue on how the new heavens and earth will be. They both agreed that she gets points for coming up with a great question. Dr. Anders says maybe for a five year old the right answer will be everyday will be a birthday celebration. Tom Price says good answer.

02/02/2024 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. Dr. Anders talked about the fact that God does not have emotions. He described emotions as passing from one state of consciousness to another one. He points out the God doesn't have passing states of consciousness. God is made of knowledge that he always knows everything in one instant. And we would be incompatible with the way we process information which is very temporal. God is the ultimate good from which all good flows. To encounter God is to encounter goodness.

02/14/2024 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. A caller asked how does purgatory mesh with the Resurrection? Dr. Anders tells the caller that the Catholic Church says that purgatory exists. He says there is no dogmatic claim about the time one spends in purgatory or the exact nature of the conditions of the souls in Purgatory. So it is perfectly conceivable that purgatory could be all but an instantaneous event, particularly for the souls at the end of time. These are Dr. Anders words.

03/07/2024 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. Dr. Anders talked about the fact that God did not punish Jesus for our sins. He says the Resurrection is a vindication of Christ. The scriptures don't say that God punished Jesus on our behalf. They say instead that the death of Christ should be conceived of as a sacrifice of atonement. That we are now reconciled with God. This is language drawn from the old testament sacrificial system.

03/20/2024 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host Dr. David Anders. Dr. Anders receives a call from Diane from Texas asking when do you need to admonish someone? Dr. Anders said you need three criteria to act. 1. The matter under consideration is of grave matter. He said you need to take the spec out of your own eye before you talk to your brother. 2. The person you are admonishing, you need to have some sort of good faith expectation that they are going to listen. It is important to know that sometimes when a person is admonished they have a tendency to do the opposite. This would provoke them to worse behavior. 3. Are you the best suited person to do the admonishing?

# ISSUE: HEALTH

01/02/2024 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in-show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray talked about physical exercise and how good it is for us especially as we get older. He lifts weights and says one of the frustrating things about lifting for a long time is that you do get to a point where your body says you know that no matter how hard and how much you lift you can't go any higher. As a matter of fact, all you can do is slow the slide. He says that is where I am at. But here's the key, you want to be strong for your age. As you get older there's less and less people doing what you do.

01/24/2024 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray talked about people apologizing multiple times for the same offense. We tend not to believe that they are sorry. Dr. Ray says a person can be truly contrite and fall into sin over and over again because they do not want to sin again. It doesn't mean their apology is insincere.

02/08/2024 at 1:00 pm...30 minutes...The Doctor is In...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on counseling.

Dr. Ray has an experiment for us. He wants us to predict what our children will be like at age 18 and if you already have older children, I would like you to predict what they would be like a year from now. He goes on with several other ways to predict what your children would be like at different ages of growth and maturity. Parents think if they could go back and make better decisions their children may have turned out better. But parents can't go back. Dr. Ray says the scary part of this is that when we start telling parents if you didn't do it right we can hold you accountable. This is absolutely frightening. 02/12/2024 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray has talked about who are you leaving our money to? Dr. Ray talked about adult children who don't want anything to do with their parents. Some parents haven't seen their children in years. The parents have reached out, if necessary apologized, did what they could and still their child or children resisted their company. When the parents pass away do they leave these particular children in their Will? Parents get upset because they feel if they leave their child or children out of their Will, their child/children will dislike them even more. Parents need to think about this. Maybe they should leave the child or children's inheritance to charity.

03/05/2024 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray was talking to us about finding a way to make himself more loving. He wants to develop a circle of love by being more tolerant, easy going, forgiving, more charitable with his family and friends whom he sees all the time. People who are his acquaintances find him to be extremely loving.

03/13/2024 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray talked about the fact that distress is not danger. He thanks God for anxiety and says it is the gift of fear from our Creator. Without anxiety we would jeopardize ourselves many times over. Anxiety can save your life. God has wired it into our systems for survival. Our senses tell us when to be afraid and they tell the brain, which tells the body and everything cascaded in this symphonic orchestration of protection. Dr. Ray said this is called fight or flight response and sometimes freeze is thrown in there. He says it mobilizes the body for action.

## ISSUES: EDUCATIONAL

01/04/2024 at 11:00 am...Women of Grace...Encore...30 minutes...Also 3:00 am...Host is Johnnette Williams.

Johnnette talked about the fact that Women of Grace has a website with all kinds of things listed on it. She also mentions things in her programming. On January 9, there is a Women of Grace foundational study. These on line studies are very popular because in many cases there is not an in person study happening in an area. Johnnette says she encourages people to become a facilitator so these studies would be available. Please listen to the callings of the Holy Spirit and act on His word to be a facilitator so you can help people listen and learn the good news.

1/17/2014 at 11:00 am...Women of Grace...30 minutes...Also 3:00 am...Host is Johnnette Williams. Johnnette and her husband, Jack are going to Boca Raton, Florida on Feb 3<sup>rd</sup>

for a marriage retreat at St. John the Evangelist Catholic Church. It's a power packed event for one day, 8-4 p m. They will be discussing the state of conditions that marriages are in because of the culture we live in and what we can do about it. Marriages are a sign and a witness to others.

02/01/2024 at 11:00 am...Women of Grace...30 minutes...Encore Host is Johnnette Williams. Johnnette talked to us about a marriage retreat on February 2<sup>nd</sup> at St. John the Evangelist Catholic Church in Boca Raton, FL. She and Jack Williams are hosting this retreat. It's about thriving in marriage in a post truth culture. Johnnette thinks this is a very interesting topic. Throughout last year and this year she has been working on this theme in a number of talks that she has been giving. She says that she first heard this term from our CEO, chairman of the board Michael Warsaw at a radio event last year.

02/20/2024 at 11:00 am...Women of Grace...30 minutes...Host is Johnnette Williams. Johnnette starts the program off by letting us know that she will be doing a TV production for two days this week. Her guests will be Donald Wallenfang and his wife Megan. Donald is the academy advisor for the Benedictine Institute for women. They will be doing two shows on Carmelite Spirituality and two shows on the Mystic Saints and Our Blessed Mother and you. Johnnette says she is very eager to explore those topic's with Donald.

03/01/2024 at 11:00 am...Women of Grace...30 minutes... Also 3:00 am...Host is Johnnette Williams. Johnnette talked to us about the Seasons of the Soul Book Study. She tells us it's a small book written by Blessed Conchita and that in her opinion it packs a powerful punch. You can sign up on their web site for this event.

03/19/2024 at 11:00 am...Women of Grace...30 minutes... Also 3:00 am...Host is Johnnette Williams. Johnnette talked about growing in her faith with St. Joseph. She has reading materials that she uses in keeping with her special devotion to St. Joseph. She invites her listeners to call in a story of their devotion to St. Joseph and share it with us. She will be sharing hers.

## ISSUE: NEWS, CURRENT EVENTS AND PUBLIC INTEREST

01/05/2024 at 4:00 pm...*Al Kresta in the Afternoon*...90 minutes...Al talked with Fr. Dwight Longeneeker about the real magi. The wise men's coming to see the infant Jesus has been disputed in recent years. We call them King, but one was a magi, one was a wise man but it is also speculated that they didn't exist at all. It is said that they are just a part of pious legion. Fr. Dwight has evidence for who they were and why we can believe they really visited the infant Christ.

01/18/2024 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al talked to Molly Yatso-Butz who shares how her organization brings the warming light of the Gospel to Wisconson's homeless. Al says the story has to do with the generosity of spirit that you see in Catholic parishes. There is a men and women's group that meets on Tuesday mornings to pray and to read scripture. And these men and women are homeless. The ministry began at the Most Blessed Sacrament Parish and has been expanding and now there is a full day by day shelter. This is an incredible story about the relationship between the ministry, Day by Day Shelter and the Parish.

02/01/2024 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al Kresta Comments: Matthew Bunson, Vice President of EWTN is sitting in for Al Kresta. Matthew starts off by telling us that the Doctors of the church by necessity are saints. It's their first requirement for becoming a Doctor of the church. We have calendars that are filled with saints so we can learn more about them on a daily basis. This is a beautiful part in the life of the church.

## 02/08/2024 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al Kresta is the host.

Al's guest was Fr. John Riccardo. Al started by asking can people tell to whom we belong? Then Fr. John answered. He said, Can people tell to whom we belong? He says to everything for the glory of God. Avoid giving offense to the Jews the Greeks or the church of God just as I try to please everyone in every way, not seeking my own benefit but that of the many that they may be saved. Be imitators of me as I am of Christ. First Corinthians, Chapter 10, Verse 31 and Chapter 11, Verse 1.

# 03/01/2024 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al Kresta Comments:

Al's guest is Jimmy Mitchell, who is the director of campus ministry in the Jesuit High School in Tampa, FL. Jimmy is the author of Let Beauty Speak, the art of being human in a culture of noise. Al read an article in the Catholic World Report which stated that the Jesuit High School was creating a culture of conversion. Al says they had 22 students convert in the past year. Al asked, how do you create a culture of conversion at a Catholic High School? Jimmy says it begins with visionary, prayerful and solid leadership.

## 03/07/2024 at 4:00 pm...Al Kresta in the Afternoon...90 minutes... Al Kresta Comments:

Al's guest is Roger Nutt from the Ave Maria University and his area of expertise is St. Thomas Aquinas. March 7 is the feast day of St. Thomas Aquinas and he is a common doctor of the church and a saint. Al says there is no other theologian that has done so much to shape our understanding of God, man and the church. January 28 commenorates the transit of his mortal remains from the Susterien Abbe in Itay where he pasted away.