Public Service Report for WATC TV: 2nd Quarter 2016

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MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

April 1, 2016 - June 30, 2016

Topic: Health and Lifestyle

During 2nd Quarter 2016, WATC aired programming that addressed a healthier and more productive lifestyle. Such programming included the following:

Atlanta Live

WATC's flagship program airs live weeknights from 7:00 -8:30 p.m. with an encore presentation the following weekday morning from 7:00-8:30 a.m. and again from 2:00-3:30 p.m. on 57.2.

April 11, 2016

Hosts Ann White and Rebecca Keener talked with Film Producer Bill Rahn of Tri-Rahn Pictures. Bill's personal struggles , some of which he shared in his first film titled *Pendulum Swings*, sends the message that even when you hit bottom and lost everything, there is still hope. Bill feels that his struggles prepared him for making family and faith based feature films. Twenty minute interview within the ninety minute program.

April 14, 2016

Hosts Sherry and Roy Tatum talked with Joy Callahan, Author of *God's Marriage Code of Conduct*. Through four years of biblical research in order to covey His truths on marriage and why so many fail. She will share how to escape the clutches of a lonely marriage and how to have victory over a roommate marriage. Twenty minute interview within the ninety minute program.

This entire program, which was part of the WATC 20th Anniversary Month, featured *Atlanta Live* hosts Camy and BJ Arnett and James and Regina Howard, in addition to the Tatums. A half hour of the ninety minute program was dedicated to the three couples sharing inspirational thoughts regarding relationships and marriage. Also on the program, Minister Sarah Hurd shared about overcoming the loss of her husband, Bobby.

April 20, 2016

Host JoAnna Ward talked with Teresa Shields Parker, Author of *Sweet Change: True Stories of Transformation*. Teresa shares her personal experience with extreme weight loss, and how it changed her life. Her 2013 weight loss memoir, *Sweet Grace: How I Lost 250 Pounds and Stopped Trying to Earn God's Favor*, is still the # 1 Christian Weight Loss memoir on Amazon, giving Teresa a platform to inspire others and share her secrets. Twenty minute interview within the ninety minute program.

Also, musical guest Steve Dalton shared in the program. Steve received the vision for the group during a rehearsal of a conference choir. A lover of Gospel music his entire life, he learned to play the saxophone, flute, keyboard and drums before the age of 11. At 19, he became the minister of music at his home church. While growing up, his father was absent and he found himself lost in music. But the emptiness wasn't filled, not until he attended a "Spiritual Encounter Face-to-Face

Weekend". God healed the brokenness of Steve's heart and inspired him to help other men in the same situation. Ministering to the hurting is of primary importance to Steve Dalton & The Leviticus Singers of Charlotte, North Carolina.

April 27, 2016

Host Dr. Deborah Isom talked with Author Dr. John DeGarmo. Dr. DeGarmo is the author of *Faith & Foster Care: How We Impact God's Kingdom.* Filled with personal stories and scripture, *Faith & Foster Care* shows how you can practically and specifically live out your faith in foster care ministry. An encouraging resource for novice or experienced advocates and parents, specific issues addressed include: how to be an effective advocate, advice on marriage and foster care, how to love the foster child and biological family, how to pray for you foster child and their biological family, and how to let go when they leave. See how your actions have a far-reaching impact on God's kingdom when you live out your faith. Twenty minute interview within the ninety minute program.

May 10, 2016

Hosts Sherry Tatum and Dottie Coffman talked with Author ShaRon Jamison of Lawrenceville, Georgia. ShaRon grew up in a pastor's home not able to address painful childhood issues, plunging into a depression that took years to overcome. ShaRon is now a life coach helping others know that it is not about getting knocked down; It is a story about getting up again. Twenty minute interview within the ninety minute program.

May 13, 2016

Host Leroy Doe talked with Regina Duvall of Myrtle Beach, South Carolina. After losing her son at the age of 10, Regina found refuge in crack cocaine for 17 years. Finally getting her life in order, Regina is now speaking to many going through the same situation and helping them to know life can be so much better. Twenty minute interview within the ninety minute program.

May 23,2016

Hosts John and Nikita Citizen talked with Pastor George E. Lawrence of Lithonia, Georgia. Pastor Lawrence has an athletic ministry at his church call "Fit 4 Life – Living 4 Christ" that offers free aerobics and personal training to the community along with offering food plans and personal training in person or by phone. Twenty minute interview within the ninety minute program.

May 24, 2016

Host Samuel McGill III talked with Donald D. Toldson, Sr. of Clermont, Florida. Donald is the author of *The Power of Living When You Take the Limits Off, d*eveloping a positive mindset. Donald shares stories and quotes of people from all walks of life that had to make tough decisions and navigate through difficult situations. Mr. Toldson is one of the leading authorities in understanding and stimulating human potential, utilizing powerful delivery and newly emerging insights to teach, inspire and channel people to new levels of achievement. Twenty minute interview within the ninety minute program.

June 22, 2016

Hosts E. John and Nikita Citizen talked with Michael Skardasis of Atlanta, Georgia. Millions of Americans are caught in a world that is plagued with fast food options around every corner. A lack of activity, high stress environments, insufficient sleep, and a "sick-care" health system. As a health coach, Michael has a mission to help men change

their lives through healthy eating and exercise. Twenty minute interview within the ninety minute program.

June 23, 2016

Hosts Roy and Sherry Tatum talked with Dr. Asa Andrew, also known as "America's Health Coach". Dr. Andrew host one of the fastest growing radio and television programs in North America designed to transform your health and your life. Dr. Asa is a health, nutrition, and fitness contributor to NBC, ABC, CBS, CNN, and FOX. Dr. Andrew has appeared on many shows including *Good Morning America* and *The 700 Club*. Dr. Andrew also founded "Diagnosis HOPE", a non-profit organization that encourages lifestyle, health, and wellness education to individuals and communities dedicated to diagnosing hope one person at a time. Twenty minute interview within the ninety minute program.

June 24, 2016

Pastor Leroy Doe of Concord Baptist Church in Atlanta, Georgia talked with Rebecca Keener of Gainesville, Georgia, author of *The Marvelous Madness of Motherhood*. Rebecca serves as a staff pastor in marriage ministry and staff development. Her desire is to bring healing to broken hearts and encouragement to women. Also, Mike Dean, author of *What If I Had A Father? The Man I Never Knew,* shared about how the absence of his father affected his life and how he overcame the brokenness. Twenty minute interviews within the ninety minute program.

June 28, 2016

Host Samuel McGill talked with Kendall Hunter of Villa Rica, Georgia, author of *The WEIGHT of My Past*. Kendall took a break from the music industry to deal with something that had affected his life: emotional obesity. He shared how there weer many factors that pushed him towards obesity: molestation, the sudden loss of his grandfather, neglect of his biological father at a young age and the untimely death of his mother. He decided it was time to take control of his issues and now has lost 80-plus pounds. Twenty minute interview within the ninety minute program.

Time For Hope

Thursdays at 11:30 a.m. and Saturdays at 7:30 a.m. on WATC.

Time for Hope is a weekly Faith-Based Mental Health talk and interview television show designed to help people find hope and meaning in their lives. Host and Certified Clinical Mental Health Counselor Dr. Freda V. Crews skillfully guides interactive interviews with nationally known authors, clinicians, biblical scholars and others who freely share their knowledge, expertise and life experiences to help hurting people find hope.

With in-depth discussions, Dr. Crews and her guests offer practical solutions to real life problems and challenge potentially millions of viewers each week to put their hope in Jesus Christ for genuine peace, healing and recovery.

Week of April 4, 2016

Title: Working Faith Works!: The Secret to Effortless Success and Triumphant Living Through Working Faith - Part Two

Guest: T. A. Koonce - Author, Evangelist, Teacher, and Entrepreneur

Host Dr. Freda Crews and guest Theresa Koonce discuss her book, Working Faith Works! and defines faith, how it works, and how it is developed. The building blocks to faith are explained, and she shares how God's covenant promises are available to you right now! This book tells us that God lives in the present, and according to the will of God, His promises are available to you now! To ascertain these promises, faith must be worked and cultivated, eliminating the hindrances that often cause us to fail. The book also shares supernatural experiences and how to obtain a position of priestly intimacy with God that causes him to come down supernaturally and respond to your needs, wants, and desires as you work your faith! If you are tired of the way you are living, you can change it by learning how to develop and work your faith, now! The choice is yours.

Week of April 11, 2016 (Part One) Week of April 18, 2016 (Part Two) Title: The Weapon of Prayer: Maximize Your Greatest Strategy Against the Enemy

Guest: David D. Ireland, Ph.D. - Founding and lead pastor of 8,000-member Christ Church in New Jersey and hosts seminars nationally and internationally on diversity, leadership, marriage, and prayer.

Host Dr. Freda Crews and guest Dr. David Ireland discuss his latest book, *The Weapon of Prayer.* The Christian walk is a warfare walk. We cannot sit idly by and expect to enter heaven loaded down with God's promises. We must fight our dreaded adversaries in a most skillful way. This is how we are going to fulfill the Great Commission, bring deliverance to the captives, build a hedge of protection around our families, and put Satan on the defense. Dr. Ireland provides an indepth, yet easily applicable, teaching to help you become a victorious warrior. You will learn how to adopt a new biblical mind-set; how to put faith in action in career, marriage, parenting, etc.; and how to seize your destiny. Prayer was Jesus's secret weapon, and it must be yours too. Just as a soldier goes through boot camp to learn how to skillfully use his weapons, this book will be your spiritual boot camp for mastering your greatest weapon—prayer.

Week of April 25, 2016 (Part One) Week of May 2, 2016 (Part Two) Title: Leaving a Legacy

Guest: Janie Price - Widow of Country Music Legend, Ray Price

Dr. Freda Crews has as her guest Janie Price, the widow of Country Music Legend Ray Price. She shares her thoughts on his life, music and legacy. The Prices' were married 43 and a half years before he passed away December 16, 2013, after a long battle with pancreatic cancer. Price used his final year to put together one last album, 'Beauty Is ...' Nostalgic, touching and full of love, the record was released on April 15 and quickly became the third most-downloaded country album on Amazon, also landing in the Top 30 on the iTunes chart. Because Price was not alive to promote the disc, his widow stepped in in his place, fulfilling one of her last promises to her husband. She had always been Ray's personal business manager since they were married and had taken care of all his business behind the scenes, but never out front in public. She tells us: "I'm here to see that his dream is fulfilled, and

that was for him to do a last album and a last project for him to leave so that his legacy would continue to live on long after he was gone. That's why I'm involved in the project, and I just want to see it come to fruition." "This was Ray's very last dream — a dream come true."

Week of May 9, 2016 (Part One) Week of May 16, 2016 (Part Two) Title: Full Tank 2.0

Guests: Dr. Ben and Dr. Jewel Tankard. founder and senior pastor of Destiny Center, Inc. in Murfreesboro, T ennessee and Ben Tankard Ministries. Tankard is a world-renowned Bible teacher, a much sought-after musician, and bestselling author who is widely recognized as the "Godfather of Gospel Jazz".

Dr. Freda Crews talks with Ben and Jewel Tankard and they discuss their lives and careers. Several years ago Ben Tankard's NBA pro basketball career ended almost before it even started......with an injury. However, Ben " rebounded from disappointment" to become one of the most successful musicians of all time with numerous Stellar, Dove, and Grammy awards, nominations, and gold and platinum albums. Ben's instrumental recordings are enjoyed by millions and he is frequently summoned by organizations to share his musical gifting and humorous testimonies of success. Ben is a Pastor, recording artist, book author, and suit designer. He is a motivational speaker for the National Basketball Association (NBA) and he and his wife Jewel star in the highest rated family Reality show on Bravo / NBC -TV, called "Thicker Than Water - The Tankards". Ben says his assignment in life is to provide the soundtrack for personal empowerment.

Week of May 23, 2016

Title: What Happened to Happily Ever After: Fixing the 10 Mistakes Most Couples Make

Guest: David E. Clarke, Ph.D.- Christian psychologist, popular speaker, and the author of nine books. He has been in full-time private marriage counseling practice for twenty-five years.

Dr. Freda Crews and guest Dr. David Clarke discuss his book *What Happened to Happily Ever After.* Current estimates suggest that forty to fifty percent of marriages will end in separation. Couples are struggling to maintain intimacy amidst hectic careers, raising children, and lack of knowledge on how to improve their marriage. Every couple wants to live happily ever after, but wives and husbands often repeat common mistakes and end up with intimacy-challenged marriages. It won't be too long before their "okay" marriage is a "bad" marriage, and divorce is a serious option. Happily ever after is not a fairy tale. But there is hope! Dr. Clarke, says couples can rejuvenate their marriages and discover the deep bond God wants them to enjoy. He shows them how they created an okay but boring marriage, and how they can fix intimacy-killing mistakes. As couples read this book and improve their marriage, they will begin to enjoy the journey to happily ever after.

Week of May 30, 2016

Title: Troubled Minds: Mental Illness & the Church's Mission

Guest: Amy Simpson - Author and Editor of *Christianity Today's Gifted* for Leadership

Dr. Freda Crews and guest Amy Simpson discuss her book, Troubled Minds, and her family's personal struggles with mental illness. Too often we reduce people who are mentally ill to caricatures and ghosts, and simply pretend they don't exist. They do exist, however—statistics suggest that one in four people suffer from some kind of mental illness. And then there are their friends and family members, who bear their own scars and anxious thoughts, and who see no safe place to talk about the impact of mental illness on their lives and their loved ones. Many of these people are sitting in churches week after week, suffering in stigmatized silence. In *Troubled Minds*, Amy Simpson, whose family knows the trauma and bewilderment of mental illness, reminds us that people with mental illness are our neighbors and our brothers and sisters in Christ. She shows us the path to loving them well and becoming a church that loves God with whole hearts and whole souls, with the strength we have and with minds that are whole as well as minds that are troubled.

Week of June 6, 2016

Title: I Don't Love You Anymore: What To Do When He Says,: An Action Plan to Regain Confidence, Power and Control

Guest: David E. Clarke, Ph.D. - Christian psychologist, popular speaker, and the author of nine books. He has been in full-time private marriage counseling practice for twenty-five years.

Dr. Freda Crews and guest Dr. David Clarke discuss his book *I Don't Love You Anymore*, the simple words that have the power to send the listener into shock, denial, and desperation. The obvious response is to ask oneself, "What can I do to win my partner back?" In *I Don't Love You Anymore*, Dr. David Clarke provides just the battle plan needed.

Contrary to what many relationship "experts" recommend-weak, passive plans that involve begging or romancing a spouse back-Clarke offers an approach that he calls guerilla love, which essentially turns the tables on the wandering spouse. He outlines the biblical view of marriage and instructs readers on drawing healthy boundaries, what he really means when he says, "I don't love you anymore", the most popular "exit lies" and how to see through them, and classic symptoms of a person who is having an affair. Most important, Clarke empowers and equips readers to make the best, most God-honoring, attempt at saving a marriage.

Title: Reaching Our Youth with the Truth

Guests: Rev. Seth Buckley – Minister to Students and Pastor at First Baptist Church in Spartanburg, South Carolina

Rev. Phil Vander Ploeg—Teaching Pastor, Music Pastor, Youth Pastor Evangelist and Missionary. Serves at the First Baptist Church in Spartanburg, South Carolina

Dr. Freda Crews and guests Seth Buckley and Phil Vander Ploeg discuss their passion for teaching the Bible as absolute truth and educating college students and young adults to understand why Christianity is not only something they believe in, but is also true and intelligent. Our youth face many pressures and anxiety with the issues in our society today and many are questioning authority while searching for direction. Truth and answers can be found by turning to and living by God's word. Seth and Phil seek to help their listeners know and understand the Bible in a way that causes them to live radically and sacrificially for Christ and for His Kingdom.

Week of June 20, 2016

Title: Power for Life: Keys to a Life Marked by the Presence of God

Guest: Matt Sorger - Revivalist, prophetic minister, healing evangelist, and the head of Matt Sorger Ministries. He travels nationally and internationally, ministering the Word and the power of the Holy Spirit, and hosts a weekly television program titled *Power for Life*, as well as numerous annual conferences.

Dr. Freda Crews and guest Matt Sorger discuss his ministry and book, *Power for Life,,* which shows people how to dwell in real, authentic spiritual power from within that transforms their daily lives. Each chapter deals with a principle, or key, that is essential for living an abundant life. Applying these principles--pursuing an intimate relationship with God, developing a strong identity in Christ, walking in the truth will enable people to overcome issues from their pasts, develop fresh vision for their futures, and walk in victory on a continual basis. The core theme of the book is that real power for life is found in the lifestyle one embraces on a daily basis. Choosing to follow certain key principles will release the supernatural power of God into a person's life so that he will exhibit God's character and experience His blessing in every area.

Friends & Neighbors

This half hour program features hosts Sherry Tatum and Kelly Ingram. The series airs weekdays at 6:30 a.m. and 4:30 p.m. and on Saturdays at 8:30 a.m. WATC TV 57 original production.

April 7, 2016

Dr. Klaus-Dieter John's journey took his family around the world,

the highlands of Peru where he founded the Diospi Suyana Hospital. He has written <i>I Have Seen God</i> to tell the world about the miracles God is doing in this top-quality health facility serving the Indians of the Peruvian Andes. Encore presentation.
Gospel artist Marcia Love has been singing all of her life. A powerhouse vocalist, she's thrilled audiences belting out inspiration through well-known Gospel songs for decades. She added the title "songwriter" to her resume in 2011. The following year was one of the most trying of her life as she was diagnosed with breast cancer. After multiple surgeries and the healing hand of God, she's now cancer-free and ready to sing about her renewed life through her new single appropriately titled, "Joy." Encore presentation.
In the blink of an eye, Samantha Ryan Chandler lost everything: Her home, her livelihood and her child. Her book, <i>A Love Story: How God Pursued Me and Found Me</i> , examines where she was at the time with her walk with God and where she is today.
Chaplain Kenneth Koon serves as Executive Director of Armed Forces Mission and the Master Resilience Institute. He shares about suicide

Mission and the Master Resilience Institute. He shares about suicide intervention for veterans in crisis. Encore presentation.

Katy Wilson shares about her years of being an award-winning athlete with Special Olympics and is joined by her mom, Jeanne. Guest co-host JoAnna Ward also shares some health tips. Encore presentation.

including stops in Ghana. South Africa and Ecuador, before settling in

Josh Kelley, author of *Radically Normal*, talks with co-host Kelly Ingram about discovering the deep and lasting joy of radical obedience to Christ in everyday life. Also, guest co-host JoAnna Ward shares about faith and fitness. Encore presentation.

Author and radio show host Joyce Oglesby shares about her books, *Grandma's Jewels and the Legacy Behind Them* and *Getting Past the Past*. Encore presentation.

Dr. Timothy Lane shares about his book, *Living Without Worry,* and discusses how to trade your anxieties for true, lasting peace. Encore presentation.

International speaker and author Jo Naughton will be sharing about her book titled *30-Day Detox For Your Soul* which focuses on finding a renewed purpose and fulfillment of one's true destiny in life. Encore presentation.

Darrell and Joanie Bolton share about their work on the mission field. While on a missions trip to the Far East, Darrell was rushed to the hospital in severe pain. Joanie shares his story of a doctor's betrayal and divine deliverance in the book *With Unwashed Hands*. Encore presentation.

"The Herbal Pharmacist" David Foreman returns to *Friends & Neighbors* to share about alleviating back pain and ways to make healthier food choices. Guest co-host Shana Thornton joins host Sherry Tatum for this

April 8, 2016

April 12, 2016

April 13, 2016

April 20, 2016

April 21, 2016

April 28, 2016

May 19, 2016

May 20, 2016

May 23, 2016

May 24, 2016

edition.

May 31, 2016

Sherry Tatum and Shana Thornton host this edition. Allison Brown shares her personal story of being in a near fatal car crash and how that affected her life then and today. Sixteen minute interview within the 30-minute program.

June 9, 2016

Author speaker Christy Johnson shares her story of how God brings beauty out of pain. Her book, *Love Junkies: 7 Steps for Breaking the Toxic Relationship Cycle*, helps to identify roots of bitterness, maintaining joy in the midst of adversity and developing drama-free habits that improve relationships. Encore presentation.

June 16, 2016

Jeff Bearden, known as "The Get Back on Your Feet Guy", inspires today's youth to get back on their feet, stand up to bullying, battle depression, and live lives free of alcohol and drugs through his motivational speaking. Encore presentation.

June 22, 2016

A Quest for Wellness, A Practical and Personal Wellness Plan for Optimum Health in your Body, Mind, Emotions and Spirit - is a guided journey from Dr. Mark Sherwood. The destination is a restored life filled with peace, more energy, focus and direction. You may have thought those days were gone and your youthful vitality has been replaced by aches, pains, sickness and fatigue...but you can get your life back! You will learn to live the wellness lifestyle by taking simple steps towards the Quest for Wellness. Encore presentation.

Babbie's House

Half hour series featuring host singer/songwriter Babbie Mason airing weekdays at 4 p.m. on 57.1 and weekdays at 12 noon on 57.2. WATC TV 57 original production.

April 4, 2016

Saying Yes to God chronicles the true story of the the family of Barbara Lachance and their decision to obey God's call, no matter the cost, no matter the comfort. This book will benefit every reader by reminding them that life is meant to be lived for others, not in word, but in deed. The inspirational book illuminates the relationship between Barbara Lachance, her family, and the community of moderate to severely developmentally disabled adults and children no one wanted until the Lachance family said "yes" to God.

April 26, 2016

In the new book, *Sweet Change: True Stories of Transformation*, author Teresa Shields Parker shares her personal experience with extreme weight loss, and how it changed her life. Her 2013 weight loss memoir, *Sweet Grace: How I Lost 250 Pounds and Stopped Trying to Earn God's Favor*, is still the #1 Christian Weight Loss memoir on Amazon, giving Parker a platform to inspire others and share her secrets.

April 27, 2016

In the book *Power to Heal*, Joan Hunter shares how God wants people to come into repentance and receive healing and how to learn the keys to true forgiveness. Encore presentation.

May 16, 2016

No one knows the number of days we have with our children. Imagine celebrating Easter Sunday and learning your child is dead. Are you prepared to live without your child? There is a way to prepare and make

every day count. In *What if I Outlive My Child?*, Johnna Moon reveals this dual celebration. See how she celebrated the resurrection of Christ and the eternal life of her son. Begin now to prepare with confidence and assurance to answer the question---what if I outlive my child?---in case you are chosen to live beyond their days.

May 17, 2016

Dr. Sheila Smalley shares about her book titled *Giving It All Up: Walk Away and Embrace Your Passion Today!* After 30 years of working in academia, Dr. Smalley walked away from a tenured position as an associate professor to embrace her passion, accept her calling and serve as assistant pastor in Leesburg, Florida. Encore presentation.

June 7, 2016

Ann White is Founder and President of In Grace Ministries (IGM), a non-profit organization dedicated to strengthening, equipping, and empowering the world for Christ. In order to fulfill this mission. Ann invests time both nationally and internationally speaking, teaching, writing, developing curriculum, and hosting Christian television talk shows. Her book, *7 Steps to Courage*, is a powerful resource for pastors and counselors who are in the trenches with individuals and couples who are fighting for their marriage, and it is a personal lifeline to individual readers suffering in silence.

June 9, 2016

If God is good then why does He allow terrible things to happen? It's a universal question asked by believers and skeptics alike. Some decide no answer exists, but not Sherri Burgess, the author of *Bronner: A Journey to Understand.* Encore presentation.

June 10, 2016

Saying Yes to God chronicles the true story of the the family of Barbara Lachance and their decision to obey God's call, no matter the cost, no matter the comfort. This book will benefit every reader by reminding them that life is meant to be lived for others, not in word, but in deed. The inspirational book illuminates the relationship between Barbara Lachance, her family, and the community of moderate to severely developmentally disabled adults and children no one wanted until the Lachance family said "yes" to God. Encore presentation.

McDougall, M.D.

Half hour medical series airing Saturdays at 6 a.m. on WATC and Mondays at 10:30 a.m. on WATC 57.2.

People are supposed to look good, feel great, and function perfectly for a lifetime. But most people don't. By knowing some key facts about how your body reacts to different foods, eating accordingly, exercising moderately, and staying away from toxic substances, you can maintain your optimum weight and health condition for a lifetime.

It features world renown best-selling author and internist, John McDougall, M.D. "Dr. John" and his co-host, Mary McDonough of TV's *The Waltons*, invite guest authorities and specialists to each program to illuminate specific health issues and help you find resolutions.

Dr. John McDougall knows what it takes to stay healthy – hundreds of thousands of success stories over the years prove it! On *McDougall, M.D.*, the doctor – and his guest experts – will teach you a clinically proven means of weight management, how to reverse or prevent many common illnesses, and how to live a healthier life – often simply by altering your diet.

This weekly series also features regular health-wise cooking segments with program guests and semi-regular Mary McDougall, Dr. John's wife and author of several popular vegetarian health cookbooks.

Lifestyle Magazine

Half hour series airing Saturdays at 6:30 a.m. on WATC and weekdays at 7 a.m. on WATC 57.2.

Healthy living is more than physical - it's mind, body AND soul. *Lifestyle Magazine* is a long running half-hour talk show that focuses on all aspects of whole life health to help viewers create their best life possible. In each episode the *Lifestyle Magazine* team of experts are joined by notable guests to bring our audience cutting edge information for creating health in all areas of life - wellness, nutrition, fitness, attitude and relationships. Hosts Mike and Gayle Tucker.

On Call with Dr. Asa

Weekdays at 2:30 p.m. and Saturdays at 8 a.m. on WATC 57.1 and Weekdays at 10 a.m. on WATC 57.2.

Dr. Asa Andrew is host of one of the fastest growing radio and television programs in North America designed toward empowering your health. Dr. Asa Andrew is a medical contributor to major media outlets and has appeared as a health expert on the most viewed morning shows in America. As a wellness physician to many professional athletes and celebrities, he is an internationally sought after speaker for many major corporations with his engaging message of empowering extraordinary lives.

The Christian View

Half hour weekly series featuring host Jackie Carpenter along with co-hosts Lee Adams, Rebecca Keener, Jacqueline Arnold, and Cameron Arnett. Guest co-hosts include Dr. Pauline Key and Trudy Davies Davis. Airs Tuesdays at 9:00 a.m. on WATC.

April 19, 2016 Topic: Tough Love

The hosts discuss the topic of "Tough Love." What is it? Are parents afraid of it? Have parents become their children's enablers? Discussion points included whether or not basic discipline today is considered

tough love.

April 26, 2016 Topic: Money/Greed/Envy

The panelists discuss the pros and cons of having lots of money, the benefits as well as the problems that come along with being rich. They also share about the difference between malicious envy and admiration

envy. Can a greedy person ever be happy?

May 3, 2016 Topic: Jealousy

The hosts discuss the topic of "Jealousy." When does jealousy become

obsession and when does obsession become detrimental and

dangerous? How do you overcome jealousy and keep it under control

so that it does not prevent one from living a happy life.

Right Now with Jennifer Schuchmann

Half hour series with host Jennifer Schuchmann and a panel of guests. Airs Thursdays at 11:30 p.m., Fridays at 11:30 a.m. and Saturdays at 12:30 p.m. on 57.1 and weekdays at 3:30 p.m. on 57.2. On WATC 57.1, the Saturday air date listed below is the first airing of the three airings per week on the channel. WATC TV 57 original production.

May 5, 2016 Topic: It's Not Fair

Melanie Dale, author of *It's Not Fair: Learning to Love the Life You Didn't Choose*, joins host Jennifer Schuchmann and panelist Josh Talkington to discuss the topic of "It's Not Fair." Sometimes when life

falls apart the only acceptable response is hysterical laughter. When things get so far gone, so spectacularly a world away from any plans you made or dreams you dreamed. you feel it bubbling up inside of you and you scream, "It's not fair!" And it isn't. Fair is an illusion, and life is weird. The panelists challenge people to learn to love the life they did not necessarily choose for themselves.

June 22, 2016 (57.2)

Topic: Questioning Authority. When, if ever is it okay to question authority? As parents we hate it when our kids question ours, but don't we want to be able to ask our bosses anything without getting in trouble? When is the right time to question authority? And is it ever okay to question God? Panelists included Gavin Adams, Mo Isom, Jessica Quinn and Mitchell McGhee. Encore presentation.

June 28, 2016 (57.2)

Topic: Giving and Receiving Criticism. Most of us want to get better at the things that are important to us but sometimes when people offer their help it sounds like criticism. "I would have done this" they say or "Why didn't you try that?" Is there a difference between constructive criticism and just plain criticism? And can those who give it really take it? Panelists Gavin Adams and Jessica Quinn . Encore presentation.

MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

April 1, 2016 - June 30, 2016

Topic: Highlighting the Work of Non-Profit Organizations

During 2nd Quarter 2016, WATC offered the opportunity for non-profit organizations to appear on *Atlanta Live* to discuss their work and the impact they have for the homeless, marriage and family. Programming included the following:

Babbie's House

Half hour series featuring host singer/songwriter Babbie Mason airing weekdays at 4 p.m. on 57.1 and weekdays at 12 noon on 57.2. WATC TV 57 original production.

April 13, 2016 The vision of Mothers4Sons began tragically when Dr. Sheryl Dillard's

youngest son was arrested two days before his high school graduation and was sentenced to a minimum of 10 years. On her way to the county jail, God spoke to her to create a forum by which she would be the first member and that is how Mothers4Sons began. Encore

presentation.

June 9, 2016 Hosts John Citizen and Jeff Daws talked with Jim Wood, Founder and

Executive Director of Wear Valley Ranch, Sevierville, Tennessee. Jim and his wife now have four homes for children, a school K-12, a Christian camp and conference center. Children are accepted into this program from all over America. Twenty minute program within the

ninety minute program.

June 15, 2016 Rivers of the World (ROW) was founded in 1995 by Reverend Ben

Mathes to tackle critical needs of unreached parts of the world. ROW goes into remote areas around the world to help anchor healthy, sus

tainable communities of faith. Encore presentation.

Right Now with Jennifer Schuchmann

Half hour series with host Jennifer Schuchmann and a panel of guests. Airs Thursdays at 11:30 p.m., Fridays at 11:30 a.m. and Saturdays at 12:30 p.m. (Saturday slot through April) on 57.1 and weekdays at 3:30 p.m. on 57.2. On WATC 57.1, the Thursday air date listed below is the first airing of the three airings per week on the channel. WATC TV 57 original production.

April 14, 2016 (57.1) Topic: Broken Arrows

Kids are like arrows in the hands of warriors according to the Bible and we're called to point them in the right direction. But what happens when they are broken arrows? Josh Talkington from Hope Center in Douglas, Georgia talks about how we can help disadvantaged kids.

Atlanta Live

WATC's flagship program airs live weeknights from 7:00 -8:30 p.m. with an encore presentation the following weekday morning from 7:00-8:30 a.m. and again from 2:00-3:30 p.m. on 57.2.

April 7, 2016

Host Philip Bray talked with Corey Hambrick of Conyers, Georgia. Corey not only strives to protect and serve his community through the Conyers Police Department, but also through Project T.U.F. (Thinking Under Fire), a program he developed to educate young men on proper interactions with police officials during lethal situations that could save lives. Twenty minute interview within the ninety minute program.

Also, Philip talked with Josh Bray, CEO/Safe House Outreach in Atlanta. Safe House has been instrumental in impacting lives and changing communities. Today, Safe House has matched over 500 caring adults as mentors with at-risk children through SHO's Mentor Plus program and educated hundreds of teen parents in parenting and life skills in SHO's A New Generation drop-out prevention program. Literally thousands in Atlanta have received a hot meal along with assistance to get back on their feet. Twenty minute interview within the ninety minute program.

Pastor Eileen Hunt is President of Kingmakers and has over 30 years of ministry experience, beginning on the college campus with the organization that she started, New Generation Campus Ministries, under Bishop Wellington Boone. Pastor Hunt is committed to seeing others grow in Christ and fulfill their purposes in God.

Also, Clay Dial will share about the ministry of Cornerstone Assembly of God in Flowery Branch, Georgia. Fifteen minute interviews within the various guests within the ninety minute window. Apostle Annie T. Broughton of A Shepherd's Heart Ministry located in Greenville, SC. loves to share that Jesus is our Lord and Savior and that He has great love for all of us through her ministry work and television program, *Just Call Me Sarah* which is currently airing Thursdays on WATC. All guests were interviewed for fourteen minutes within the ninety minute program.

Jeff Taylor of Taylor Ministries in Lawrenceville, Georgia was the host. Guests included Bishop Wiley Jackson of Gospel Tabernacle Cathedral of Atlanta, Georgia; Apostle Fred Musser, Founder of Tabernacle International Church in Lawrenceville, and Pastor Jeff Lyle of Meadow Church in Lawrenceville, Georgia. Each pastor shared about fourteen minutes about things going on within their ministries that is aiding the community.

Host Jennifer Schuchmann talked with Ray Haynes of Victory 91.5, a non-commercial radio station located in Cumming, Georgia. Ray shared about the impact of Christian radio. He says that they are trying to be real about the station's slogan "The Sound of Revival." He will be sharing about the outreach of the station as well. Fifteen minute interview within the ninety minute program.

Host JoAnna Ward talked with Michael Agwanda, a missionary who is the founder of Life for Children Ministry which serves Kenyan street children by providing food and other assistance, and provides micro loans to women entrepreneurs. Michael is celebrating 10 years and was honored recently in a ceremony in the Atlanta area. Eighteen minute interview within the ninety minute program.

April 11, 2016

April 12, 2016

April 19, 2016

April 20, 2016

June 1, 2016

Host Dr. Pauline Key talked with Martin Kumi of Loganville, Georgia, CEO of *The Soul Project International*. Mr. Kumi explained that The Soul Project is a shoe charity that collects gently worn shoes to give relief to those who are in need. Since 2007, The Soul Project has distributed over 500,000 pairs of shoes. Mr. Kumi stated they don't see themselves just giving away shoes, but as a bridge you can use to provide hope to another person in need.

Friends & Neighbors

This half hour program features hosts Sherry Tatum and Kelly Ingram. The series airs weekdays at 6:30 a.m. and 4:30 p.m. and on Saturdays at 8:30 a.m. WATC TV 57 original production.

April 29, 2016

Guest co-host JoAnna Ward leads an interview with Keith Schumaker representing the National Center for Fathering and his work as National Coordinator for Watch D.O.G.S. Fifteen minute interview within the 30-minute program. Encore presentation.

This Day with BJ Arnett

Series of fifteen minute programs that air Wednesdays at 10:30 a.m. (1 or 2 episodes) on 57.1 and as filler programming airing throughout the broadcast day on 57.2. Host BJ Arnett. WATC TV original production.

April 6, 2016

Katie Landes is the Director of the Georgia Statewide Afterschool Network. She is Youth Development Advocate for Voices of Georgia's Children. Georgia's afterschool and youth development programs provide thousands of youth – from kindergarten through high school – with safe and enriching environments in their time outside of the home and school. High quality afterschool and youth development programs can make important contributions to young people's development and well being. To ensure that Georgia's young people are equipped to thrive and succeed in their lives, our afterschool and youth development programs must provide environments and experiences that benefit youth socially, emotionally, and academically. Encore presentation.

April 14, 2016 (57.2)

Restoration ATL brings together groups (middle and high school, young adult, families with children, singles) from faith communities as well as businesses to experience an urban mission in one of Atlanta's most impoverished areas. RATL retreats include dining, praying, learning, singing, serving, and worshipping with some of Atlanta's most vulnerable children and their families. Combining worship, service and theological reflection, RATL provides an environment for individuals, from all walks of life, to experience God's restoration. Encore presentation.

Public Serice Announcements

Public service announcements for many non-profit organizations, such as American Red Cross, American Cancer Society, U.S. Department of Veterans Affairs, National Arbor Day Foundation, and American Association of Orthodontists, aired during this quarter.

WATC aired spots produced by the station for an annual event for the Golden Retriever Rescue of Atlanta. In

addition, WATC coordinates a local can food drive to assist local women's shelters and those organizations working to feed the homeless. Through this project, WATC produces public service spots of local churches and other non-profit organizations who participate.

Approximately 20 minutes per day on WATC 57.1 and 25 minutes per day on 57.2 are devoted to airing public service announcements from many different areas.

MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

April 1, 2016 - June 30, 2016

Topic: Domestic Violence and Sex Trafficking

WATC presented programming during 2nd Quarter 2016 that brought awareness to the problem of domestic and sexual violence and offered information on organizations available to help someone who finds themselves in the situation. Programming included the following:

Atlanta Live

WATC's flagship program airs live weeknights from 7:00 –8:30 p.m. with an encore presentation the following weekday morning from 7:00-8:30 a.m. and again from 2:00-3:30 p.m. on 57.2.

May 16, 2016 Hosts James and Regina Howard talked with Vanessa Bazemore of

Lawrenceville, Georgia about the House of Healing Wings, a shelter for domestic violence and abused women and their children. House of Healing Wings offers a safe and secure environment providing quality, compassionate, and nonjudgmental services in a manner that fosters self-respect and independence in persons experiencing domestic violence. Twenty minute interview within the ninety minute program.

June 6, 2016 Host Sharon Frame talked with Deadrick Leonard of Union City, Georgia.

Deadrick is a Motivational Speaker, entertainer, using his experiences of molestation, homelessness, psychological struggles and foster care to reach out as an advocate for those that are in the same situation.

Through education they can have a better life. Twenty minute interview

within the ninety minute program.

MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

April 1, 2016 - June 30, 2016

Topic: Women's Issues

WATC presented programming during 2nd Quarter 2016 to address issues to empower and educate women on a variety of subjects. Such programming included the following

Friends & Neighbors

This half hour program features hosts Sherry Tatum and Kelly Ingram. The series airs weekdays at 6:30 a.m. and 4:30 p.m. and on Saturdays at 8:30 a.m. WATC TV 57 original production.

April 4, 2016 Singer/songwriter and Marine Corps mom Jill Miller shares about *Grace*

Finds Wings: A Journey In Song. The book journals the stories behind the songs on her latest CD project, titled the same. Her past struggles with life and faith are often mirrored by the stories of women she has met along the way, including the story behind the title song, "Grace Finds Wings," which was inspired by the story of a nurse Jill met. Written about her but ministering to all, Miller reminds us that "when life comes down, crashing to the ground, that's when grace finds

wings." Encore presentation.

May 12, 2016 Author and speaker Deborah Ross shares about her ministry work,

including her book titled *Healing a Broken Marriage*. Encore

presentation.

Right Now with Jennifer Schuchmann

Half hour series with host Jennifer Schuchmann and a panel of guests. Airs Thursdays at 11:30 p.m., Fridays at 11:30 a.m. and Saturdays at 12:30 p.m. (Saturday slot through April) on 57.1 and weekdays at 3:30 p.m. on 57.2. On WATC 57.1, the Thursday air date listed below is the first airing of the three airings per week on the channel. WATC TV 57 original production.

April 28, 2016 Topic: Women Are Scary

Author Melanie Dale joins host Jennifer Schuchmann for a discussion based on Melanie's book, *Women Are Scary.* Melanie shares about the importance of "momlationships" by using a dating analogy to take women "around the bases" to their hone-run friendships, the ones that last a lifetime, not just a soccer season. She challenges women to find their people and being other people's people and to learn how to bless

each other and not destroy each other.

Atlanta Live

WATC's flagship program airs live weeknights from 7:00 –8:30 p.m. with an encore presentation the following weekday morning from 7:00-8:30 a.m. and again from 2:00-3:30 p.m. on 57.2.

April 13, 2016 Host Babbie Mason talked with Denise Gulledge about how she began her ministry during a time of serious storms in her life. Denise went

from failed adoptions, having cancer and a stroke, to being made well and completing an adoption just one year after her failed adoption took place. Fifteen minute interview within the ninety minute program.

Also, Babbie spoke with Patricia Holbrook of Soaring With Eagles Ministries. Patricia shared about the upcoming "She Soars Women's Conference" being held on Saturday, April 30 at Kennesaw First Baptist Church in Kennesaw, Georgia. The theme of the event is "Soaring with Jesus Above Life's Circumstances." Eight minute interview within the ninety minute program.

April 25, 2015

Host Kim Gravel talked with Aimee Born. Aimee is a former producer of *Atlanta Live* and returned as part of the 20th anniversary celebration. Aimee shared her testimony of living with alopecia. She says that God is more comforting that any wig or friend or parent could be through the experience. Aimee feels she has learned more about God through this and that He deserves all of her love and attention because of how faithful and unconditional He has been to her throughout the entire experience.

Dana Russell from Greenville, South Carolina also appeared on the program. Dana shared about her blog and book titled *In the Shadow of Elephants* and opened up about the impact of secrets on lives. She discussed how an affair broke up a marriage, how challenges came into her life and how she was able to overcome these challenges.

May 2, 2016

Host Sharon Frame talked with Mary Parker, author of *The Chick In Charge.* Mary has incorporated years of struggle, challenges, and triumph from childhood to corporate America and wisdom obtained from years as the CEO of one of the nation's largest, woman owned, full-service security firms. Mary equips people with the strength to not just succeed, but Take Charge! Fifteen minute interview within the ninety minute program.

June 3, 2016

Host Yves McKenzie talked with Treva Gordon of Clarksville, Tennessee. Treva reaches out women that are imprisoned at the Tennessee Prison for Women . Fifteen minute interview within the ninety minute program.

June 9, 2016

Hosts John Citizen and Jeff Daws talked with Khadija Bernard of Covington, Georgia. Khadija is an advocate for single mothers and works with various family and children organizations to ensure that the quality of life is sustained for struggling mothers and their children. Khadija also has a homeless shelter in Atlanta for homeless men call the Village of Succoth. Fifteen minute interview within the ninety minute program.

Babbie's House

Half hour series featuring host singer/songwriter Babbie Mason airing weekdays at 8:30 a.m. and 4 p.m. on 57.1 and weekdays at 12 noon on 57.2. WATC TV 57 original production.

April 28, 2016

Charlotte Cole is a writer and speaker whose passion is to draw all women towards the transforming power of God's unconditional love. Charlotte desires to see women set free from the bondage of lies,

unmet expectations and lost dreams. Encore presentation.

June 9, 2016

Babbie talks with life coach and speaker Erica Strong and her

book *Love Strong, Stand Strong, Finish Strong* which shares her personal story of two marriages that ended in divorce and how

she was an overcomer. Encore presentation.

June 16, 2016 No one knows the number of days we have with our children. Imagine

celebrating Easter Sunday and learning your child is dead. Are you prepared to live without your child? There is a way to prepare and make every day count. In *What if I Outlive My Child?*, Johnna Moon reveals this dual celebration. See how she celebrated the resurrection of Christ and the eternal life of her son. Begin now to prepare with confidence and assurance to answer the question---what if I outlive my child?---in case you are chosen to live beyond their days. Encore presentation.

Bee All You Can Be

Half hour teaching series aimed at women airing Thursdays at 9:30 a.m. on WATC 57.1.

For the past 30 years, Thelma has been dedicated to inspiring women to "Bee Their Best". Thelma was first in the corporate arena and later through her own ministry called A Woman of God Ministries. As a speaker she has encourage thousands of women across the nation at conferences hosted by organizations like Women of Faith, Extraordinary Women, Women in Christian Media, and countless other women's groups, workshops and conferences.

Her messages to inspire, encourage and rejuvenate women can be seen weekly on *Bee The Best with Thelma Wells*. This show offers a fresh perspective on today's issues for women through dialogue and teaching.

Sister 2 Sister

Half hour series featuring women from various walks of life who share about real life issues. Airs Fridays at 12:30 p.m. on WATC 57.2.

Join our "sisters" as they talk real life from a biblical perspective. From marriage to child-rearing— even politics — nothing is off limits to these ladies. Add special guests to the mix and it's a great combination! (PLUS, every 30-minute episode is taped before a studio audience!)

Among the five Sister 2 Sister co-hosts, you will find an attorney (Roxanne), a pastor (Amy), a missionary (Flo), a young mom (Corri), and a moderator (Kathy Svilar, the cheerleader of the group). These "sisters" are prone to "agree to disagree," but they always walk away loving each other ... Ultimately, they have the same core values and the same commitment to the Lord. Their example encourages viewers to re-examine the tough issues of life.

Public Serice Announcements

Public service announcements on topics aimed mostly at women, such as breast cancer awareness, air as part of the mix of spots airing on both channels. Approximately 20 minutes per day on WATC 57.1 and 25 minutes per day on 57.2 are devoted to airing public service announcements from many different areas.

QUARTERLY LIST OF ISSUES AND PROGRAMS REPRESENTING STATION WATC TV 57's MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

April 1, 2016 - June 30, 2016

Topic: Senior Citizens

WATC presented programming during 2nd Quarter 2016 to inspire and educate senior citizens and celebrate their accomplishments. Programming included the following:

Atlanta Live

WATC's flagship program airs live weeknights from 7:00 –8:30 p.m. with an encore presentation the following weekday morning from 7:00-8:30 a.m. and again from 2:00-3:30 p.m. on 57.2.

April 7, 2016

"Seniors Today" hosts Pat Mathis and Betty Cornett hosted this special edition which also celebrated WATC's 20th anniversary. Guests included Dan Curry, the Mayor of the City of Loganville, Georgia, who shared about being a part of the television station in the early days. Also, Pastor Leroy Doe of Concord Baptist Church in Atlanta shared. James Cossey, Executive Administrator, Division of World Evangelism/USA Missions shared about the work he is doing. Music by Three Bridges and James Cossey.

April 21, 2016

Host Betty Cornett celebrated some of the volunteers who were part of WATC in the early days during this special program during the 20th anniversary month. These seniors are still active at the station and in their communities. Guests included Minister Edna Dillard, Pastor Edith Johnson, Rabbi Gisela Tikka, and WATC staff members Wanda Helms and Charlotte Courtney.

MOST SIGNIFICANT TREATMENT OF THOSE ISSUES

April 1, 2016 - June 30, 2016

Topic: Historical Programming

WATC presented historical programming during 2nd Quarter 2016 to educate viewers on the people, places and events of the past. Such programming included the following:

Time For Hope

Thursdays at 11:30 a.m. and Saturdays at 7:30 a.m. on WATC.

Time for Hope is a weekly Faith-Based Mental Health talk and interview television show designed to help people find hope and meaning in their lives. Host and Certified Clinical Mental Health Counselor Dr. Freda V. Crews skillfully guides interactive interviews with nationally known authors, clinicians, biblical scholars and others who freely share their knowledge, expertise and life experiences to help hurting people find hope.

With in-depth discussions, Dr. Crews and her guests offer practical solutions to real life problems and challenge potentially millions of viewers each week to put their hope in Jesus Christ for genuine peace, healing and recovery.

Week of June 27, 2016 Title: America's Christian History

Guest: Gary DeMar - Author of countless essays, news articles, and more than 30 book titles, and president of American Vision.

Dr. Freda Crews and guest Gary DeMar discuss his book, *America's Christian History*. Gary DeMar presents well-documented facts that will change your perspective about what it means to be a Christian in America; the truth about America's Christian past as it relates to Supreme Court justices, and presidents; the Christian character of colonial charters, state constitutions, and the US Constitution; the Christian foundation of colleges, the Christian character of Washington, D.C.; the origin of Thanksgiving and so much more.

Chasing American Legends

Thursdays at 3:30 p.m. on WATC and Sundays at 6 p.m. on WATC 57.2.

Chasing American Legends is a fantastic series, because it promotes patriotism and educates families in the goals of our founding fathers. Author and radio host Rick Green and his family — wife Kara and children Trey, Rhett, Kamryn and Reagan — act out historical events and teach at Independence Hall in Philadelphia.

In episode one, titled "Bulletproof President?" Brad Stine reenacts George Washington's flight on horse at Braddock's Battlefield when he survived four bullet holes in his coat and one in his hat. Did a miracle happen? Rick Green's family members shoot paint balls at Brad, dressed as Washington, as he flees on a bicycle. With entertaining

reenactments, viewers will learn the truth behind this event in history.

In episode two, titled "Lives, Fortunes, and Sacred Honor," another miracle unfolds as the government shuts down and Rick is told his family will be unable to teach at Independence Hall, despite months of planning and an expected crowd. The family pursues Plan B of finding a new location, but they pray that God will still open the Hall to them. Step by step, everything falls into place for them, just in time. The Green kids emotionally move those in attendance through their teaching. The family reminds the audience of Benjamin Franklin's famous words, when he called on the founding fathers to pray before each session: "Have we now forgotten this powerful friend?"

The third episode, "Communist King or Peaceful Crusader" deals with a man's comment to Rick Green that Martin Luther King Jr. was actually a Communist. Rick and his family take on the challenge to visit Dr. King's niece, Alveda; the church he pastored, Ebenezer Baptist Church; and Ahmad Ward, at the Civil Rights Institute in Birmingham. Their goal is to learn the truth. Mr. Ward tells them the bombings were so terrible in Birmingham at one point during the '50s and '60s that the city earned the sad nickname, "Bombingham." However, the film clearly shows that MLK Jr. was not a Communist. He preached a social gospel that focused on taking care of all of God's children.

In the fourth episode, "A Grateful Nation," the Green family visits Arlington National Cemetery in Virginia, and John F. Kennedy's tomb, as well as the grave of Audie Murphy, a Texan and the most decorated World War II soldier. Lt. Col. Brian Birdwell also shares how he survived the plane crashing into the Pentagon building on 9/11 when he was there. This episode focuses on sacrifice.

The fifth episode, "Inside the Vault," explores the treasure troves of Historian David Barton. Documents from 1620, to the American Revolution, to World War II are part of his vast collection. Rick Green says, "It's like visiting the American Revolution in one room." David Barton asks Rick and Kara Green's kids to read from various old Bibles, including a 1612 King James Bible.

The sixth episode, "Who Shot First?" speaks of the "shot heard round the world" at Lexington and Concord and whether the Brits or Patriots shot first. The Greens also perform a reenactment of Paul Revere's warning to Pastor Clark about the British, as well as a reenactment of the battle between the Brits and the Patriots.

Episode seven, "Changing Seasons," focuses on the Green's eldest son, Trey, who graduated from Liberty University and took 42 credit hours in one semester. The Greens discuss hard work and achievements in this free country.

Episode eight, "The Crossing," features the Green family at the Delaware River, as they remember the events of that Christmas Eve in 1776 when Washington crossed it, a daring military move.

Episode nine, "Come and Take It," features the valor of Texans and an examination of the Alamo. It also features an historic hotel, the Gonzalez, and Brad Stine shoots an old, historic rifle.

In episode 10, "Midnight Riders," the family looks into the history of Paul Revere's famous ride, as well as that of Sybil Ludington, who rode horseback on the night of April 26, 1777, to call out Col. Ludington's regiment to repel the British at Danbury, Connecticut.

In episode 11, "Passing the Torch of Freedom," the family focuses on the Patriot Academy and teaches a future generation about the life of legislation. The Green kids enjoy looking back at photos of themselves when they were very young...well, at least most of them enjoy looking back.

In the final episode, "One Life to Give," the family finishes the Patriot Academy event and also works on a book titled "Legends of Liberty," which includes various authors. One Green son surprises the family and a certain girl, with an act of love. Rick Green concludes the episode and mentions historical figures, such as Martin Luther King Jr., and President John F. Kennedy, and the fact that we also have "one life to give."